

29 JUNE 2006

One...

MEDIA RELEASE FOR IMMEDIATE USE BY SPORT EDITORS

LIFESAVING DURBAN AFRICA WINTER CARNIVAL

Lifesaving South Africa in partnership with Durban Africa is hosting the 2006 NATIONAL WINTER LIFESAVING CHAMPIONSHIP, the Premier Lifesaving Event of the Year! Lifesavers from all over the country, from about 300 Clubs will be competing in this adrenalin-pumping, Surf and Stillwater Events.

This scintillating two-day Carnival takes place on the 8th and 9th of July. The Stillwater Competition will be held at King Park's Swimming Pool on Saturday, 8 July and the Surf Events will be held at Addington Beach on Sunday, 9 July. Spectators are urged to attend as entrance is free.

Featuring gruelling displays of skill, speed and heroism, from Nipper and Senior Lifesavers, the exciting activities include several beach sprints, flag and crafts races guaranteed to make waves amongst spectators.

In addition to the great entertainment and display of lifesaving skills, this Lifesaving Carnival is intended both as a recruitment drive and to educate the public about the service Lifesaving SA offers. The aim is to create awareness of lifesaving as a disciplined sport and a community service.

This Winter Carnival promises to be an action-packed programme of both Nipper and Senior events and will showcase the speed, strength and endurance of Lifesaving SA's best athletes.

ENDS.

Issued by:

Miss Nelanjini Govender - Operations & Marketing Manager

Lifesaving South Africa

Ph.: 031-3129215

Fax: 031-3125612

E-Mail: marketing@lifesaving.co.za