

**LIFESAVING SOUTH AFRICA**  
**STILLWATER NATIONALS 2010**  
**Results - Friday 26/02/2010 Seniors**

**Event 92 Girls 14-15 100 LC Meter Manikin Rescue POOL SENIORS**

**SA Rec 2010: 1:03.78 R 1996 D Robinson**  
**ILS Rec 2010: 56.41 W**  
**1:08.40 HP10 High Perf 2010**  
**1:10.51 RS10 RESCUE 2010**  
**1:17.25 SA10 LSA 2010**

Name	Age Team	Finals Time	
1 Di Andi Fontini	15 WPSN	1:04.70	HP10
2 Katija Pimenta	15 ESTSN	1:06.94	HP10
3 Lyndall Smith	15 GATSN	1:06.99	HP10
4 Kayla Hoey	15 GATSN	1:10.34	RS10
5 Lisa Cowling	15 WPSN	1:10.55	SA10
6 Melissa Hemmings	14 GATSN	1:13.05	SA10
7 Samantha Nysschens	14 ESTSN	1:13.23	SA10
8 Jenna Uniacke	15 KZNSN	1:14.32	SA10
9 Gillian Jones	15 ESTSN	1:15.14	SA10
10 Nandi van der Sluys	15 GNLSR	1:16.47	SA10
11 Samantha Rowe	14 KZNSN	1:16.65	SA10
--- Nicola Coetzee	14 GNLSR	x1:17.57	
--- Chelsea Hayes	14 GNLSR	x1:18.63	
--- Candice Kobrin	15 ESTSN	x1:19.31	
--- Jessica Pryor	15 KZNSN	x1:19.47	
--- Frances Muir	14 KZNSN	x1:19.68	
--- Marishe Jordaan	15 FSSN	x1:19.94	
--- Janice Brooks	14 WPSN	x1:20.23	
--- Jozanne Luyt	15 GNLSR	x1:21.57	
--- Marlette Smit	15 GNLSR	x1:22.30	
--- Tayra Megannon	15 GATSN	x1:22.42	
--- Alexandra Grobbelaar	15 GNLSR	x1:22.43	
--- Marelize Snyman	15 FSSN	x1:22.65	
--- Yorke Petty	15 KZNSN	x1:25.52	
--- Eyna Mohamed	15 GNLSR	x1:27.78	
--- Bronwynne Wilkens	14 ESTSN	x1:32.70	
--- Kirsten Gelderblom	15 WPSN		DQ

**Event 93 Boys 14-15 100 LC Meter Manikin Rescue POOL SENIORS**

**SA Rec 2010: 53.28 R 07/04/2006 Armand Marais**  
**ILS Rec 2010: 48.36 W**  
**59.78 HP10 High Perf 2010**  
**1:00.45 RS10 RESCUE 2010**  
**1:10.77 SA10 LSA 2010**

Name	Age Team	Finals Time	
1 Christiaan Malan	15 GNLSR	59.47	HP10
2 Ferdi Louw	15 GNLSR	1:00.78	SA10
3 Dean Wesso	15 WPSN	1:01.76	SA10
4 Paul van Achterbergh	14 KZNSN	1:03.99	SA10
5 Viljoen Nel	15 WPSN	1:04.30	SA10
6 Reenen du Plessis	15 GNLSR	1:05.05	SA10
7 Ludick Nel	15 WPSN	1:06.33	SA10
8 Damian Wolfaardt	14 GATSN	1:08.81	SA10
9 Milan Swart	14 GNLSR	1:09.16	SA10
10 Carl-Heinrich Gröpp	15 GNLSR	1:09.24	SA10
--- Itumeleng Lesenyeho	14 GATSN	x1:10.97	
--- Werner Oosthuizen	15 GNLSR	x1:11.09	
--- Sydney de Kock	15 GNLSR	x1:11.52	
--- Albert Pretorius	14 GNLSR	x1:12.85	

--- Dolfie Cronje	15 FSSN	x1:13.38	
--- Brett Redmond	15 GATSN	x1:13.78	
--- Kalin Govender	15 GNLSR	x1:17.47	
--- Jayde Perrins	15 KZNSN	x1:18.00	
--- Shivaan Pillay	14 KZNSN	x1:32.51	
--- Varish Ramautar	14 KZNSN	x1:35.05	
--- Johan Lourens	14 GNLSR		DQ
--- Frikkie Pretorius	15 GNLSR		DQ
--- Liam Fourie	14 WPSN		DQ

**Event 94 Girls 16-18 100 LC Meter Manikin Rescue POOL SENIORS**

**SA Rec 2010: 59.72 R 2003 Erna Wedemeyer**  
**ILS Rec 2010: 56.41 W**  
**1:08.40 HP10 High Perf 2010**  
**1:10.51 RS10 RESCUE 2010**  
**1:14.29 SA10 LSA 2010**

Name	Age Team	Finals Time	
1 Cassandra De Wet	16 GNLSR	1:03.37	HP10
2 Clarissa Enslin	17 ESTSN	1:08.52	RS10
3 Carmel Billson	17 WPSN	1:09.90	RS10
4 Kerri-Ann Kobrin	18 ESTSN	1:11.06	SA10
5 Marinette du Plessis	18 ESTSN	1:11.39	SA10
6 Chantelle Kuperus	16 GATSN	1:12.31	SA10
7 Samantha Middlemost	17 GNLSR	1:12.71	SA10
8 Bianca von Bargaen	16 KZNSN	1:13.49	SA10
--- Jessica Higman	16 WPSN	x1:14.83	
--- Cristelle Davison	17 WPSN	x1:15.72	
--- Bronwyn Wolfaardt	16 GATSN	x1:15.91	
--- Amy-Lee Davids	18 WPSN	x1:17.78	
--- Silke Geugis	16 WPSN	x1:19.76	
--- Rebecca Wepener	18 GNLSR	x1:21.14	

**Event 95 Boys 16-18 100 LC Meter Manikin Rescue POOL SENIORS**

**SA Rec 2010: 51.62 R 11/04/2008 Armand Marais**  
**ILS Rec 2010: 48.36 W**  
**59.78 HP10 High Perf 2010**  
**1:00.45 RS10 RESCUE 2010**  
**1:03.23 SA10 LSA 2010**

Name	Age Team	Finals Time	
1 Cornelius Venter	17 GATSN	57.17	HP10
2 Gustav Gröpp	18 GNLSR	59.86	RS10
3 AJ Lipowski	17 WPSN	1:00.35	RS10
4 Corrie Van Niekerk	17 GATSN	1:02.13	SA10
5 Rikus Geldenhuys	18 WPSN	1:02.50	SA10
--- Jason Kemp	17 GNLSR	x1:03.32	
--- Reino von Wielligh	16 KZNSN	x1:04.47	
--- Dawie Brink	17 WPSN	x1:05.02	
--- St John Jones	17 KZNSN	x1:06.76	
--- Braam Burger	17 FSSN	x1:06.81	
--- Dumisani Nyathi	17 GATSN	x1:08.17	
--- Christoff van der Schyff	17 FSSN	x1:08.40	
--- Khyle Stainton	16 ESTSN	x1:08.79	
--- Grae Pullen	16 ESTSN	x1:08.99	
--- Henko Roukema	17 WPSN	x1:09.40	
--- Michael Elion	17 KZNSN	x1:09.52	
--- Duane Smit	16 WPSN	x1:09.88	
--- Tiaan Smit	17 GNLSR	x1:11.27	

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**(Event 95 Boys 16-18 100 LC Meter Manikin Rescue POOL SENIORS)**

Name	Age	Team	Finals Time
--- Sibu Sithole	16	GNLSR	x1:32.84
--- William Smith	17	GATSN	DQ
--- Lloyd Langenhoven	16	WPSen	DQ

**Event 96 Women 100 LC Meter Manikin Rescue POOL SENIORS**

SA Rec 2010: 56.95 R 2003 Erna Wedemeyer

ILS Rec 2010: 56.41 W 28/03/2009 Marta Mozzanica

1:08.40 HP10 High Perf 2010

1:10.51 RS10 RESCUE 2010

1:15.72 SA10 LSA 2010

Name	Age	Team	Finals Time
1 Aline Hundt	22	HALS	1:01.53 HP10
2 Julia Schatz	23	HALS	1:03.69 HP10
3 Guinivere Rogers	19	WPSen	1:03.86 HP10
4 Jade Antunes	22	WPSen	1:04.77 HP10
5 Eloise van Gysen	25	WPSen	1:05.83 HP10
6 Samantha Hunter	22	GATSN	1:05.99 HP10
7 Carla Rossouw	21	ESTSN	1:07.07 HP10
8 Samantha Plumb	20	ESTSN	1:08.66 RS10
9 Jayne Broderick	23	ESTSN	1:09.46 RS10
10 Lizette Peters	25	GNLSR	1:09.94 RS10
11 Jenny Saggars	25	GATSN	1:11.73 SA10
12 Yolize Du Plessis	19	ESTSN	1:11.83 SA10
13 Bronwyn Baumgart	28	ESTSN	1:12.40 SA10
14 Jenske Roukema	19	WPSen	1:12.75 SA10
15 Natalie Joubert	19	GNLSR	1:13.77 SA10
--- Regina van den Bout	25	GNLSR	x1:17.36
--- Coreen Bester	21	GNLSR	x1:19.05
--- Carly Prinsloo	19	GNLSR	x1:36.44

**Event 97 Men 100 LC Meter Manikin Rescue POOL SENIORS**

SA Rec 2010: 49.49 R 24/11/2007 Armand Marais

ILS Rec 2010: 48.36 W 28/03/2009 Simone Procaccia

59.58 SA10 LSA 2010

59.78 HP10 High Perf 2010

1:00.45 RS10 RESCUE 2010

Name	Age	Team	Finals Time
1 Armand Marais	19	GNLSR	53.02 SA10
2 Barjo van Niekerk	25	GNLSR	54.45 SA10
3 Werner Bosman	21	GNLSR	55.43 SA10
4 Robin Saggars	24	GATSN	55.59 SA10
5 Mark Dingle	25	ESTSN	56.23 SA10
--- Paul Dias	24	KZNSN	x1:00.22 RS10
--- Andrew Hogg	25	WPSen	x1:00.73
--- Kegan Murphy	27	ESTSN	x1:01.47
--- Wesley Wesso	24	WPSen	x1:02.45
--- Jacques Viljoen	19	FSSN	x1:06.93
--- Alvin Mtatshi	18	KZNSN	x1:08.19
--- Prince Shazi	18	KZNSN	x1:15.18
--- Mpendulo Nondumo	24	ESTSN	x1:17.38
--- Sibusiso Makwakwa	25	ESTSN	x1:20.35
--- Jasper Mocke	24	SURF	XDQ
--- Stewart Hall	22	GATSN	DQ
--- Craig Dingle	28	ESTSN	DQ

**Event 98 Girls 14-15 200 LC Meter 4X50 Rescue Tube Relay POOL SENIORS**

SA Rec 2010: 2:00.50 R 1997 Kwa Zulu Natal

ILS Rec 2010: 1:41.03 W

2:06.29 RS10 RESCUE 2010

Team	Relay	Finals Time
1 ESTSN	A	2:03.24 RS10
1) Gillian Jones 15	2) Candice Kobrin 15	
3) Samantha Nysschens 14	4) Katija Pimenta 15	
2 GNLSR	A	2:03.93 RS10
1) Chelsea Hayes 14	2) Jozanne Luyt 15	
3) Marlette Smit 15	4) Nandi van der Sluys 15	
3 KZNSN	A	2:05.42 RS10
1) Jessica Pryor 15	2) Samantha Rowe 14	
3) Frances Muir 14	4) Jenna Uniacke 15	
4 GATSN	A	2:08.66
1) Melissa Hemmings 14	2) Kayla Hoey 15	
3) Lyndall Smith 15	4) Naftalie van Niekerk 15	
--- WPSen	A	DQ
1) Nienke de Beer 14	2) Di Andi Fontini 15	
3) Kirsten Gelderblom 15	4) Lisa Cowling 15	

**Event 99 Boys 14-15 200 LC Meter 4x50 Rescue Tube Relay POOL SENIORS**

SA Rec 2010: 1:45.66 R 09/03/2007 Gauteng North

G Du Toit, J Ferreira, J Le Roux, R Oosthuizen

ILS Rec 2010: 1:29.35 W

1:51.69 RS10 RESCUE 2010

Team	Relay	Finals Time
1 GNLSR	A	1:46.81 RS10
1) Carl-Heinrich Gröpp 15	2) Ferdi Louw 15	
3) Christiaan Malan 15	4) Milan Swart 14	
2 WPSen	A	1:49.95 RS10
1) Kyle Barends 14	2) Liam Fourie 14	
3) Viljoen Nel 15	4) Dean Wesso 15	
3 GATSN	A	1:55.91
1) Ross Borradaile 14	2) Itumeleng Lesenyehlo 14	
3) Brett Redmond 15	4) Damian Wolfaardt 14	
4 KZNSN	A	1:56.09
1) Shivaan Pillay 14	2) Jayde Perrins 15	
3) Paul van Achterbergh 14	4) Nevada Purchase 14	
5 FSSN	A	2:05.97
1) Dolfie Cronje 15	2) Johann Keeve 15	
3) Marnus Nel 15	4) Ruan Viljoen 14	

**Event 100 Girls 16-18 200 LC Meter 4 x 50 Rescue Tube Relay POOL SENIORS**

SA Rec 2010: 1:58.66 R 25/02/2005 Easterns

Thiele, Mans, Roussouw, Verbie

ILS Rec 2010: 1:41.03 W

2:06.29 RS10 RESCUE 2010

Team	Relay	Finals Time
1 WPSen	A	2:00.99 RS10
1) Cristelle Davison 17	2) Silke Geugis 16	
3) Jessica Higman 16	4) Carmel Billson 17	
2 KZNSN	A	2:06.32
1) Demi du Toit 16	2) Ilse Ras 16	
3) Colette Saunt 17	4) Bianca von Bargaen 16	
3 GATSN	A	2:07.03
1) Kerry Gamble 16	2) Chantelle Kuperus 16	
3) Chanelle Okes 16	4) Bronwyn Wolfaardt 16	

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**(Event 100 Girls 16-18 200 LC Meter 4 x 50 Rescue Tube Relay POOL SI**

Team	Relay	Finals Time
4 GNLSR	A	2:08.85
1) Florencia Mnisi 15	2) Samantha Middlemost 17	
3) Cassandra De Wet 16	4) Michelle Bester 17	
--- ESTSN	A	DQ
1) Marinette du Plessis 18	2) Clarissa Enslin 17	
3) Kerri-Ann Kobrin 18	4) Blaire Neely 17	

**Event 101 Boys 16-18 200 LC Meter 4x50 Rescue Tube Relay POOL SEN**

SA Rec 2010: 1:41.94 R 25/02/2005 Gauteng LS Seniors

G550 Hall, G551 Holloway, G555 Struwig, G553 Hunte

ILS Rec 2010: 1:29.35 W

1:51.69 RS10 RESCUE 2010

Team	Relay	Finals Time
1 WPSEN	A	1:45.94 RS10
1) Dawie Brink 17	2) Rikus Geldenhuys 18	
3) AJ Lipowski 17	4) Lloyd Langenhoven 16	
2 GNLSR	A	1:46.40 RS10
1) Gustav Gröpp 18	2) Jason Kemp 17	
3) Ruan Marais 17	4) Tiaan Smit 17	
3 GATSN	A	1:46.78 RS10
1) Insolino Ourique 17	2) William Smith 17	
3) Corrie Van Niekerk 17	4) Cornelius Venter 17	
4 KZNSN	A	1:51.16 RS10
1) Michael Elion 17	2) Malec Odendaal 17	
3) Reino von Wielligh 16	4) St John Jones 17	
5 ESTSN	A	1:59.27
1) Derek Ivirne 16	2) Grae Pullen 16	
3) Kerrin Stainton 14	4) Khyle Stainton 16	

**Event 102 Women 200 LC Meter 4x50 Rescue Tube Relay POOL SENIO**

SA Rec 2010: 1:45.01 R 2004 SA Rescue 2004 Team

ILS Rec 2010: 1:41.03 W 24/07/2009 China National Team

Lu / Huang / He / Gao

2:06.29 RS10 RESCUE 2010

Team	Relay	Finals Time
1 WPSEN	A	1:56.53 RS10
1) Jade Antunes 22	2) Guinivere Rogers 19	
3) Jenske Roukema 19	4) Eloise van Gysen 25	
2 ESTSN	A	1:57.89 RS10
1) Bronwyn Baumgart 28	2) Jayne Broderick 23	
3) Samantha Plumb 20	4) Carla Rossouw 21	
3 GNLSR	A	2:02.88 RS10
1) Coreen Bester 21	2) Natalie Joubert 19	
3) Lizette Peters 25	4) Regina van den Bout 25	
4 GATSN	A	2:05.12 RS10
1) Samantha Hunter 22	2) Jade Kleynhans-Rae 17	
3) Donnay Stewart 19	4) Jenny Saggars 25	
5 KZNSN	A	2:11.17
1) Shannon Elion 15	2) Simone Kirkham 15	
3) Stephanie Niemendt 16	4) Erin Phillips 20	

**Event 103 Men 200 LC Meter 4x50 Rescue Tube Relay POOL SENIORS**

SA Rec 2010: 1:34.04 R 2000 Dbn Surf Rescue

ILS Rec 2010: 1:29.35 W 29/03/2009 Marina Militare Csn

Giuglar / Mosconi / Fanella / Mastrostefano

1:51.69 RS10 RESCUE 2010

Team	Relay	Finals Time
1 GNLSR	A	1:38.70 RS10
1) Werner Bosman 21	2) Francois Jansen 19	
3) Armand Marais 19	4) Barjo van Niekerk 25	
2 GATSN	A	1:40.28 RS10
1) Stewart Hall 22	2) Malcolm Hunter 21	
3) Michael Palmer 20	4) Robin Saggars 24	
3 ESTSN	A	1:47.26 RS10
1) Craig Dingle 28	2) Mark Dingle 25	
3) Kegan Murphy 27	4) Mpendulo Nondumo 24	
4 KZNSN	A	1:49.17 RS10
1) Gareth Dias 19	2) Paul Dias 24	
3) Alvin Mtatshi 18	4) Prince Shazi 18	
5 WPSEN	A	1:52.11
1) Andrew Hogg 25	2) Kyle Irlam 19	
3) Tiaan Vogel 19	4) Wesley Wesso 24	
6 FSSN	A	1:52.81
1) Braam Burger 17	2) Jacques Viljoen 19	
3) Christoff van der Schyff 17	4) Johann Roos 19	

**Event 104 Girls 14-15 50 LC Meter Manikin Rescue POOL SENIORS**

SA Rec 2010: 42.10 R 2003 Carla Rossouw

ILS Rec 2010: 35.26 W

42.63 HP10 High Perf 2010

44.08 RS10 RESCUE 2010

49.77 SA10 LSA 2010

Name	Age Team	Finals Time
1 Di Andi Fontini	15 WPSEN	42.30 HP10
2 Katija Pimenta	15 ESTSN	44.43 SA10
3 Lyndall Smith	15 GATSN	45.55 SA10
4 Kayla Hoey	15 GATSN	45.73 SA10
5 Chelsea Hayes	14 GNLSR	45.96 SA10
6 Nandi van der Sluys	15 GNLSR	45.98 SA10
7 Samantha Rowe	14 KZNSN	46.69 SA10
8 Lisa Cowling	15 WPSEN	46.73 SA10
9 Melissa Hemmings	14 GATSN	47.63 SA10
10 Marelize Snyman	15 FSSN	47.71 SA10
11 Jessica Pryor	15 KZNSN	48.06 SA10
12 Jozanne Luyt	15 GNLSR	48.46 SA10
13 Yorke Petty	15 KZNSN	48.49 SA10
14 Gillian Jones	15 ESTSN	48.55 SA10
15 Naftalie van Niekerk	15 GATSN	48.65 SA10
--- Marlette Smit	15 GNLSR	x50.20
--- Samantha Nysschens	14 ESTSN	x50.43
--- Jenna Uniacke	15 KZNSN	x50.49
--- Kirsten Gelderblom	15 WPSEN	x51.25
--- Marishe Jordaan	15 FSSN	x51.51
--- Melissa Lindecke	14 GNLSR	x52.51
--- Eyna Mohamed	15 GNLSR	x52.70
--- Janice Brooks	14 WPSEN	x52.81
--- Nienke de Beer	14 WPSEN	x54.47
--- Candice Kobrin	15 ESTSN	x55.86

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**Event 105 Boys 14-15 50 LC Meter Manikin Rescue POOL SENIORS**

**SA Rec 2010:** 33.26 R 07/04/2006 Armand Marais  
**ILS Rec 2010:** 28.94 W  
 24.58 HP10 High Perf 2010  
 36.18 RS10 RESCUE 2010  
 43.23 SA10 LSA 2010

Name	Age Team	Finals Time	
1 Ferdi Louw	15 GNLSR	35.89	RS10
2 Christiaan Malan	15 GNLSR	37.61	SA10
3 Dean Wesso	15 WPSEN	37.83	SA10
4 Liam Fourie	14 WPSEN	37.93	SA10
5 Viljoen Nel	15 WPSEN	38.70	SA10
6 Paul van Achterbergh	14 KZNSN	39.61	SA10
7 Albert Pretorius	14 GNLSR	40.19	SA10
8 Werner Oosthuizen	15 GNLSR	40.59	SA10
9 Kyle Barends	14 WPSEN	40.61	SA10
10 Dimitri Gomes	14 WPSEN	40.68	SA10
11 Milan Swart	14 GNLSR	41.23	SA10
12 Sydan de Kock	15 GNLSR	42.78	SA10
--- Reenen du Plessis	15 GNLSR	x43.97	
--- Dolfie Cronje	15 FSSN	x45.07	
--- Kalin Govender	15 GNLSR	x45.30	
--- Johan Lourens	14 GNLSR	x46.08	
--- Varish Ramautar	14 KZNSN	x47.48	
--- Shivaan Pillay	14 KZNSN	x52.90	
--- Jayde Perrins	15 KZNSN	x54.33	

**Event 106 Girls 16-18 50 LC Meter Manikin Rescue POOL SENIORS**

**SA Rec 2010:** 40.12 R 07/04/2006 Jade Antunes  
**ILS Rec 2010:** 35.26 W  
 42.63 HP10 High Perf 2010  
 44.08 RS10 RESCUE 2010  
 47.67 SA10 LSA 2010

Name	Age Team	Finals Time	
1 Clarissa Enslin	17 ESTSN	41.73	HP10
2 Cassandra De Wet	16 GNLSR	42.85	RS10
3 Samantha Middlemost	17 GNLSR	43.35	RS10
4 Marinette du Plessis	18 ESTSN	45.16	SA10
5 Cristelle Davison	17 WPSEN	45.79	SA10
6 Blaire Neely	17 ESTSN	45.80	SA10
7 Lani van Heerden	17 GNLSR	45.81	SA10
8 Chantelle Kuperus	16 GATSN	46.59	SA10
--- Carmel Billson	17 WPSEN	x48.04	
--- Anke Engelbrecht	16 WPSEN	x48.25	
--- Rebecca Wepener	18 GNLSR	x48.91	
--- Bianca von Bargaen	16 KZNSN	x49.05	
--- Michelle Bester	17 GNLSR	x49.10	
--- Amy-Lee Davids	18 WPSEN	x49.14	
--- Melissa Crous	16 WPSEN	x51.13	
--- Demi du Toit	16 KZNSN	x51.47	
--- Jessica Higman	16 WPSEN	x51.54	
--- Colette Saunt	17 KZNSN	x52.42	
--- Silke Geugis	16 WPSEN	x52.98	
--- Ilse Ras	16 KZNSN	x53.66	
--- Florencia Mnisi	15 GNLSR	DQ	

**Event 107 Boys 16-18 50 LC Meter Manikin Rescue POOL SENIORS**

**SA Rec 2010:** 32.14 R 15/09/2006 Armand Marais  
**ILS Rec 2010:** 28.94 W  
 34.58 HP10 High Perf 2010  
 36.18 RS10 RESCUE 2010  
 38.86 SA10 LSA 2010

Name	Age Team	Finals Time	
1 William Smith	17 GATSN	34.94	RS10
2 Werner Roussouw	16 WPSEN	35.54	RS10
3 Rikus Geldenhuys	18 WPSEN	35.82	RS10
4 AJ Lipowski	17 WPSEN	36.35	SA10
5 Cornelius Venter	17 GATSN	37.35	SA10
6 Lloyd Langenhoven	16 WPSEN	38.12	SA10
7 Dawie Brink	17 WPSEN	38.22	SA10
8 Malec Odendaal	17 KZNSN	38.60	SA10
--- St John Jones	17 KZNSN	x39.42	
--- Braam Burger	17 FSSN	x39.87	
--- Jason Kemp	17 GNLSR	x39.96	
--- Gustav Gröpp	18 GNLSR	x40.17	
--- Grae Pullen	16 ESTSN	x41.10	
--- Christoff van der Schyff	17 FSSN	x41.84	
--- Michael Elion	17 KZNSN	x41.89	
--- Henko Roukema	17 WPSEN	x41.90	
--- Reino von Wielligh	16 KZNSN	x41.99	
--- Duane Smit	16 WPSEN	x42.34	
--- Khyle Stainton	16 ESTSN	x43.30	
--- Dumisani Nyathi	17 GATSN	x45.04	
--- Derek Ivirne	16 ESTSN	x48.69	
--- Kerrin Stainton	14 ESTSN	x55.44	
--- Sibu Sithole	16 GNLSR	x1:04.60	
--- Ruan Marais	17 GNLSR	DQ	

**Event 108 Women 50 LC Meter Manikin Rescue POOL SENIORS**

**SA Rec 2010:** 38.23 R 07/04/2006 Erna Wedemeyer  
**ILS Rec 2010:** 35.26 W 31/03/2006 Elena Prella  
 42.63 HP10 High Perf 2010  
 44.08 RS10 RESCUE 2010  
 48.25 SA10 LSA 2010

Name	Age Team	Finals Time	
1 Jade Antunes	22 WPSEN	40.14	HP10
2 Eloise van Gysen	25 WPSEN	40.35	HP10
3 Jayne Broderick	23 ESTSN	40.71	HP10
4 Guinivere Rogers	19 WPSEN	40.77	HP10
5 Carla Rossouw	21 ESTSN	43.06	RS10
6 Natalie Joubert	19 GNLSR	43.81	RS10
7 Bronwyn Baumgart	28 ESTSN	44.64	SA10
8 Jenny Saggars	25 GATSN	44.95	SA10
9 Samantha Plumb	20 ESTSN	45.18	SA10
10 Erin Phillips	20 KZNSN	45.58	SA10
11 Lizette Peters	25 GNLSR	46.54	SA10
12 Coreen Bester	21 GNLSR	46.60	SA10
13 Yolize Du Plessis	19 ESTSN	46.61	SA10
14 Regina van den Bout	25 GNLSR	46.68	SA10
15 Donnay Stewart	19 GATSN	46.99	SA10
16 Samantha Hunter	22 GATSN	47.74	SA10
--- Jade Kleynhans-Rae	17 GATSN	x49.23	

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**(Event 108 Women 50 LC Meter Manikin Rescue POOL SENIORS)**

Name	Age	Team	Finals Time
--- Stephanie Niemendt	16	KZNSN	x49.99
--- Jenske Roukema	19	WPSEN	x51.01
--- Carly Prinsloo	19	GNLSR	x58.50

**Event 109 Men 50 LC Meter Manikin Rescue POOL SENIORS**

SA Rec 2010: 30.89 R 11/04/2008 Barjo van Niekerk

ILS Rec 2010: 28.94 W 27/03/2009 Federico Pinotti

34.58 HP10 High Perf 2010

36.18 RS10 RESCUE 2010

37.00 SA10 LSA 2010

Name	Age	Team	Finals Time
1 Barjo van Niekerk	25	GNLSR	31.62 HP10
2 Paul Dias	24	KZNSN	32.09 HP10
3 Armand Marais	19	GNLSR	32.23 HP10
4 Werner Bosman	21	GNLSR	34.10 HP10
5 Stewart Hall	22	GATSN	34.59 RS10
6 Andrew Hogg	25	WPSEN	34.73 RS10
7 Craig Dingle	28	ESTSN	36.05 RS10
8 Francois Jansen	19	GNLSR	36.84 SA10
9 Robin Saggars	24	GATSN	36.87 SA10
10 Mark Dingle	25	ESTSN	36.91 SA10
--- Malcolm Hunter	21	GATSN	x37.01
--- Wesley Wesso	24	WPSEN	x37.99
--- Gareth Dias	19	KZNSN	x41.57
--- Mpendulo Nondumo	24	ESTSN	x43.19
--- Jacques Viljoen	19	FSSN	x45.03
--- Prince Shazi	18	KZNSN	x45.06
--- Madoda Menye	22	GATSN	x46.61
--- Alvin Mtatshi	18	KZNSN	x48.61
--- Enoch Nyathi	21	GNLSR	x51.05
--- Sibusiso Makwakwa	25	ESTSN	x53.06
--- Kegan Murphy	27	ESTSN	DQ

**Event 110 Girls 14-15 200 LC Meter 4 x 50 Medley Rescu Relay POOL S**

SA Rec 2010: 2:28.03 R 25/02/2005 Gauteng North

T Cronje, S Strydom, van Niekerk,

ILS Rec 2010: 2:09.66 W

Team	Relay	Finals Time
1 GATSN	A	2:32.60
1) Melissa Hemmings 14	2) Kayla Hoey 15	
3) Lyndall Smith 15	4) Naftalie van Niekerk 15	
2 ESTSN	A	2:37.48
1) Gillian Jones 15	2) Candice Kobrin 15	
3) Samantha Nysschens 14	4) Katija Pimenta 15	
3 GNLSR	A	2:38.35
1) Nicola Coetzee 14	2) Chelsea Hayes 14	
3) Jozanne Luyt 15	4) Nandi van der Sluys 15	
4 WPSEN	A	2:41.66
1) Nienke de Beer 14	2) Di Andi Fontini 15	
3) Kirsten Gelderblom 15	4) Lisa Cowling 15	
5 KZNSN	A	2:44.09
1) Jessica Pryor 15	2) Samantha Rowe 14	
3) Yorke Petty 15	4) Jenna Uniacke 15	

**Event 111 Boys 14-15 200 LC Meter 4 x 50 Medley Rescu Relay POOL S**

SA Rec 2010: 2:08.14 R 07/04/2006 Gauteng North

C Brink, F Jansen, A Marais, P Whelpton

ILS Rec 2010: 1:45.66 W

Team	Relay	Finals Time
1 GNLSR	A	2:11.95
1) Carl-Heinrich Gröpp 15	2) Albert Pretorius 14	
3) Ferdi Louw 15	4) Christiaan Malan 15	
2 WPSEN	A	2:25.27
1) Kyle Barends 14	2) Dimitri Gomes 14	
3) Ludick Nel 15	4) Dean Wesso 15	
3 GATSN	A	2:33.37
1) Ross Borradaile 14	2) Itumeleng Lesenyeho 14	
3) Brett Redmond 15	4) Damian Wolfaardt 14	
4 FSSN	A	2:47.26
1) Dolfie Cronje 15	2) Johann Keeve 15	
3) Ruan Viljoen 14	4) Stephan Weilbach 14	
5 KZNSN	A	3:14.09
1) Shivaan Pillay 14	2) Jayde Perrins 15	
3) Paul van Achterbergh 14	4) Nevada Purchase 14	

**Event 112 Girls 16-18 200 LC Meter 4 x 50 Medley Rescu Relay POOL S**

SA Rec 2010: 2:22.52 R 07/04/2006 Easterns

T Coetzee, Z Mans, S Plumb, C Roussouw

ILS Rec 2010: 2:09.66 W

Team	Relay	Finals Time
1 GNLSR	A	2:28.86
1) Michelle Bester 17	2) Cassandra De Wet 16	
3) Samantha Middlemost 17	4) Rebecca Wepener 18	
2 ESTSN	A	2:29.81
1) Clarissa Enslin 17	2) Kerri-Ann Kobrin 18	
3) Blaire Neely 17	4) Marinette du Plessis 18	
3 WPSEN	A	2:37.27
1) Cristelle Davison 17	2) Amy-Lee Davids 18	
3) Anke Engelbrecht 16	4) Silke Geugis 16	
4 GATSN	A	2:37.77
1) Kerry Gamble 16	2) Chantelle Kuperus 16	
3) Chanelle Okes 16	4) Bronwyn Wolfaardt 16	
5 KZNSN	A	2:55.91
1) Demi du Toit 16	2) Ilse Ras 16	
3) Colette Saunt 17	4) Bianca von Bargaen 16	

**Event 113 Boys 16-18 200 LC Meter 4 x 50 Medley Rescu Relay POOL S**

SA Rec 2010: 2:01.43 R 24/04/2009 Gauteng North Seniors

G Gröpp, J Kemp, A Marais, R Oosthuizen

ILS Rec 2010: 1:45.66 W

Team	Relay	Finals Time
1 GNLSR	A	2:04.71
1) Gustav Gröpp 18	2) Jason Kemp 17	
3) Ruan Marais 17	4) Tiaan Smit 17	
2 WPSEN	A	2:07.16
1) Dawie Brink 17	2) Rikus Geldenhuys 18	
3) AJ Lipowski 17	4) Lloyd Langenhoven 16	
3 KZNSN	A	2:28.57
1) Michael Elion 17	2) Malec Odendaal 17	
3) Reino von Wielligh 16	4) St John Jones 17	

**LIFESAVING SOUTH AFRICA  
STILLWATER NATIONALS 2010  
Results - Friday 26/02/2010 Seniors**

**(Event 113 Boys 16-18 200 LC Meter 4 x 50 Medley Rescu Relay POOL S**

Team	Relay	Finals Time
--- ESTSN	A	DQ
1) Derek Ivirne 16	2) Marc Mostert 14	
3) Grae Pullen 16	4) Khyle Stainton 16	
--- GATSN	A	DQ
1) Insolino Ourique 17	2) William Smith 17	
3) Corrie Van Niekerk 17	4) Cornelius Venter 17	

**Event 114 Women 200 LC Meter 4 x 50 Medley Rescu Relay POOL SENI**

SA Rec 2010: 2:19.21 R 21/11/2003 SA German Cup Team

E Wedemeyer, B Baumgart, K Thiele, K van Deventer

ILS Rec 2010: 2:09.66 W 21/11/2003 Ned National Team

Temmermann / Driessen / van Keulen / Goossens

Team	Relay	Finals Time
1 WPSN	A	2:22.18
1) Jade Antunes 22	2) Guinivere Rogers 19	
3) Jenske Roukema 19	4) Eloise van Gysen 25	
2 ESTSN	A	2:24.16
1) Jayne Broderick 23	2) Bronwyn Baumgart 28	
3) Samantha Plumb 20	4) Carla Rossouw 21	
3 GNLSR	A	2:32.07
1) Coreen Bester 21	2) Natalie Joubert 19	
3) Lizette Peters 25	4) Carly Prinsloo 19	
4 GATSN	A	2:34.17
1) Samantha Hunter 22	2) Jade Kleynhans-Rae 17	
3) Jenny Saggars 25	4) Donnay Stewart 19	
5 KZNSN	A	2:50.98
1) Shannon Elion 15	2) Simone Kirkham 15	
3) Stephanie Niemendt 16	4) Erin Phillips 20	

**Event 115 Men 200 LC Meter 4 x 50 Medley Rescu Relay POOL SENIOR**

ILS Rec 2010: 1:45.66 W 26/07/2003 Italy National Team

Savastano / Bernardini / Lochhi / Malvaso

Team	Relay	Finals Time
1 GNLSR	A	1:54.44
1) Werner Bosman 21	2) Francois Jansen 19	
3) Armand Marais 19	4) Barjo van Niekerk 25	
2 ESTSN	A	2:08.63
1) Craig Dingle 28	2) Mark Dingle 25	
3) Kegan Murphy 27	4) Mpendulo Nondumo 24	
3 WPSN	A	2:15.57
1) Andrew Hogg 25	2) Kyle Irlam 19	
3) Tiaan Vogel 19	4) Wesley Wesso 24	
4 FSSN	A	2:19.98
1) Braam Burger 17	2) Christoff van der Schyff 17	
3) Jacques Viljoen 19	4) Johann Roos 19	
--- GATSN	A	DQ
1) Stewart Hall 22	2) Malcolm Hunter 21	
3) Michael Palmer 20	4) Robin Saggars 24	
--- KZNSN	A	DQ
1) Gareth Dias 19	2) Paul Dias 24	
3) Alvin Mtatshi 18	4) Prince Shazi 18	