

**LIFESAVING SOUTH AFRICA
STILLWATER NATIONALS 2010
Results - Saturday 27/02/2010 Seniors**

Event 150 Girls 14-15 180 LC Meter Rescue Tube Relay OPEN WATER

Team	Relay	Finals Time
1 WPSN	A	0.01
1) Di Andi Fontini 15	2) Lisa Cowling 15	
2 GNLSR	A	0.02
1) Jozanne Luyt 15	2) Nandi van der Sluys 15	
3 KZNSN	A	0.03
1) Samantha Rowe 14	2) Jenna Uniacke 15	
4 ESTSN	A	0.04
1) Samantha Nysschens 14	2) Katija Pimenta 15	
5 GATSN	A	0.05
1) Melissa Hemmings 14	2) Lyndall Smith 15	

Event 151 Boys 14-15 180 LC Meter Rescue Tube Relay OPEN WATER

Team	Relay	Finals Time
1 KZNSN	A	0.01
1) Jayde Perrins 15	2) Paul van Achterbergh 14	
2 WPSN	A	0.02
1) Liam Fourie 14	2) Dean Wesso 15	
3 GNLSR	A	0.03
1) Reenen du Plessis 15	2) Christiaan Malan 15	
4 GATSN	A	0.04
1) Itumeleng Lesenyeho 14	2) Brett Redmond 15	
5 FSSN	A	0.05
1) Dolfie Cronje 15	2) Ruan Viljoen 14	

Event 152 Girls 16-18 180 LC Meter Rescue Tube Relay OPEN WATER

Team	Relay	Finals Time
1 WPSN	A	0.01
1) Carmel Billson 17	2) Cristelle Davison 17	
2 GATSN	A	0.02
1) Chantelle Kuperus 16	2) Bronwyn Wolfaardt 16	
3 KZNSN	A	0.03
1) Demi du Toit 16	2) Bianca von Bargaen 16	
4 GNLSR	A	0.04
1) Michelle Bester 17	2) Rebecca Wepener 18	
5 ESTSN	A	0.05
1) Clarissa Enslin 17	2) Kerri-Ann Kobrin 18	
3) Kerrin Stainton 14		

Event 153 Boys 16-18 180 LC Meter Rescue Tube Relay OPEN WATER

Team	Relay	Finals Time
1 WPSN	A	0.01
1) Dawie Brink 17	2) AJ Lipowski 17	
2 GATSN	A	0.02
1) Cornelius Venter 17	2) William Smith 17	
3 KZNSN	A	0.03
1) Malec Odendaal 17	2) St John Jones 17	
4 GNLSR	A	0.04
1) Gustav Gröpp 18	2) Ruan Marais 17	
5 ESTSN	A	0.05
1) Khyle Stainton 16	2) Marc Mostert 14	
6 FSSN	A	0.06
1) Braam Burger 17	2) Christoff van der Schyff 17	

Event 154 Women 180 LC Meter Rescue Tube Relay OPEN WATER SENIORS

Team	Relay	Finals Time
1 WPSN	A	0.01
1) Jade Antunes 22	2) Eloise van Gysen 25	

2 ESTSN	A	0.02
1) Jayne Broderick 23	2) Samantha Plumb 20	
3 GATSN	A	0.03
1) Samantha Hunter 22	2) Donnay Stewart 19	
4 GNLSR	A	0.04
1) Lizette Peters 25	2) Natalie Joubert 19	
5 KZNSN	A	0.05
1) Stephanie Niemendt 16	2) Erin Phillips 20	

Event 155 Men 180 LC Meter Rescue Tube Relay OPEN WATER SENIORS

Team	Relay	Finals Time
1 KZNSN	A	0.01
1) Gareth Dias 19	2) Paul Dias 24	
2 GNLSR	A	0.02
1) Werner Bosman 21	2) Barjo van Niekerk 25	
3 GATSN	A	0.03
1) Stewart Hall 22	2) Michael Palmer 20	
4 WPSN	A	0.04
1) Andrew Hogg 25	2) Wesley Wesso 24	
5 ESTSN	A	0.05
1) Craig Dingle 28	2) Mark Dingle 25	
6 FSSN	A	0.06
1) Jacques Viljoen 19	2) Johann Roos 19	

Event 156 Girls 14-15 330 Long Swim Open Water OPEN WATER SENIORS

Name	Age Team	Finals Time
1 Lisa Cowling	15 WPSN	0.01
2 Jenna Uniacke	15 KZNSN	0.02
3 Katija Pimenta	15 ESTSN	0.03
4 Nandi van der Sluys	15 GNLSR	0.04
5 Yorke Petty	15 KZNSN	0.05
6 Lyndall Smith	15 GATSN	0.06
7 Kirsten Gelderblom	15 WPSN	0.07
8 Jozanne Luyt	15 GNLSR	0.08
9 Marlette Smit	15 GNLSR	0.09
10 Melissa Hemmings	14 GATSN	0.10
11 Samantha Nysschens	14 ESTSN	0.11
12 Di Andi Fontini	15 WPSN	0.12
13 Naftalie van Niekerk	15 GATSN	0.13
14 Tayra Megannon	15 GATSN	0.14
15 Nienke de Beer	14 WPSN	0.15
16 Frances Muir	14 KZNSN	0.16
17 Eyna Mohamed	15 GNLSR	0.17
18 Candice Kobrin	15 ESTSN	0.18
19 Bronwynne Wilkens	14 ESTSN	0.19

Event 157 Boys 14-15 330 Long Swim Open Water OPEN WATER SENIORS

Name	Age Team	Finals Time
1 Paul van Achterbergh	14 KZNSN	0.01
2 Ferdi Louw	15 GNLSR	0.02
3 Dean Wesso	15 WPSN	0.03
4 Carl-Heinrich Gröpp	15 GNLSR	0.04
5 Liam Fourie	14 WPSN	0.05
6 Reenen du Plessis	15 GNLSR	0.06
7 Ross Borradaile	14 GATSN	0.07
8 Nevada Purchase	14 KZNSN	0.08
9 Dimitri Gomes	14 WPSN	0.09
10 Kyle Barends	14 WPSN	0.10

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(Event 157 Boys 14-15 330 Long Swim Open Water OPEN WATER SENIORS)

Name	Age	Team	Finals Time
11 Christiaan Malan	15	GNLSR	0.11
12 Itumeleng Lesenyeho	14	GATSN	0.12
13 Shivaan Pillay	14	KZNSN	0.13
14 Damian Wolfaardt	14	GATSN	0.14
15 Jayde Perrins	15	KZNSN	0.15
16 Kyle Gamble	15	GATSN	0.16
17 Ruan Viljoen	14	FSSN	0.17
18 Dolfie Cronje	15	FSSN	0.18
--- Stephan Weilbach	14	FSSN	DQ

Event 158 Girls 16-18 330 Long Swim Open Water OPEN WATER SENIORS)

Name	Age	Team	Finals Time
1 Carmel Billson	17	WPSEN	0.01
2 Clarissa Enslin	17	ESTSN	0.02
3 Silke Geugis	16	WPSEN	0.03
4 Cristelle Davison	17	WPSEN	0.04
5 Blaire Neely	17	ESTSN	0.05
6 Cassandra De Wet	16	GNLSR	0.06
7 Samantha Middlemost	17	GNLSR	0.07
8 Bianca von Bargaen	16	KZNSN	0.08
9 Demi du Toit	16	KZNSN	0.09
10 Chanelle Okes	16	GATSN	0.10
11 Chantelle Kuperus	16	GATSN	0.11
12 Bronwyn Wolfaardt	16	GATSN	0.12
13 Colette Saunt	17	KZNSN	0.13
14 Ilse Ras	16	KZNSN	0.14
15 Michelle Bester	17	GNLSR	0.15
16 Rebecca Wepener	18	GNLSR	0.16
17 Amy-Lee Davids	18	WPSEN	0.17
18 Kerry Gamble	16	GATSN	0.18

Event 159 Boys 16-18 330 Long Swim Open Water OPEN WATER SENIORS)

Name	Age	Team	Finals Time
1 William Smith	17	GATSN	0.01
2 AJ Lipowski	17	WPSEN	0.02
3 Reino von Wielligh	16	KZNSN	0.03
4 Cornelius Venter	17	GATSN	0.04
5 Ruan Marais	17	GNLSR	0.05
6 Werner Roussouw	16	WPSEN	0.06
7 Rikus Geldenhuys	18	WPSEN	0.07
8 Khyle Stainton	16	ESTSN	0.08
9 Corrie Van Niekerk	17	GATSN	0.09
10 Grae Pullen	16	ESTSN	0.10
11 Insolino Ourique	17	GATSN	0.11
12 Gustav Gröpp	18	GNLSR	0.12
13 Lloyd Langenhoven	16	WPSEN	0.13
14 St John Jones	17	KZNSN	0.14
15 Christoff van der Schyff	17	FSSN	0.15
16 Jason Kemp	17	GNLSR	0.16
17 Tiaan Smit	17	GNLSR	0.17
18 Marc Mostert	14	ESTSN	0.18
19 Michael Elion	17	KZNSN	0.19
20 Braam Burger	17	FSSN	0.20
21 Kerrin Stainton	14	ESTSN	0.21

Event 160 Women 330 Long Swim Open Water OPEN WATER SENIORS)

Name	Age	Team	Finals Time
1 Eloise van Gysen	25	WPSEN	0.01
2 Jade Antunes	22	WPSEN	0.02
3 Guinivere Rogers	19	WPSEN	0.03
4 Natalie Joubert	19	GNLSR	0.05
5 Samantha Plumb	20	ESTSN	0.06
6 Bronwyn Baumgart	28	ESTSN	0.07
7 Carla Rossouw	21	ESTSN	0.08
8 Jayne Broderick	23	ESTSN	0.09
9 Jenny Sagers	25	GATSN	0.10
10 Coreen Bester	21	GNLSR	0.11
11 Samantha Hunter	22	GATSN	0.12
12 Stephanie Niemendt	16	KZNSN	0.13
13 Jenske Roukema	19	WPSEN	0.14
14 Donnay Stewart	19	GATSN	0.15
15 Regina van den Bout	25	GNLSR	0.16
16 Jade Kleynhans-Rae	17	GATSN	0.17
17 Simone Kirkham	15	KZNSN	0.18

Event 161 Men 330 Long Swim Open Water OPEN WATER SENIORS)

Name	Age	Team	Finals Time
1 Barjo van Niekerk	25	GNLSR	0.01
2 Gareth Dias	19	KZNSN	0.02
3 Armand Marais	19	GNLSR	0.03
4 Robin Sagers	24	GATSN	0.04
5 Malcolm Hunter	21	GATSN	0.05
6 Prince Shazi	18	KZNSN	0.06
7 Werner Bosman	21	GNLSR	0.07
8 Paul Dias	24	KZNSN	0.08
9 Francois Jansen	19	GNLSR	0.09
10 Kegan Murphy	27	ESTSN	0.10
11 Mark Dingle	25	ESTSN	0.11
12 Tiaan Vogel	19	WPSEN	0.12
13 Kyle Goncalves-Jardim	16	GATSN	0.13
14 Michael Palmer	20	GATSN	0.14
15 Mpendulo Nondumo	24	ESTSN	0.15
16 Wesley Wesso	24	WPSEN	0.16
17 Craig Dingle	28	ESTSN	0.17
18 Kyle Irlam	19	WPSEN	0.18
19 Alvin Mtatshi	18	KZNSN	0.19

Event 162 Girls 14-15 300 Malibu Board Open Water OPEN WATER SENIORS)

Name	Age	Team	Finals Time
1 Lisa Cowling	15	WPSEN	0.01
2 Lyndall Smith	15	GATSN	0.02
3 Kirsten Gelderblom	15	WPSEN	0.03
4 Jenna Uniacke	15	KZNSN	0.04
5 Naftalie van Niekerk	15	GATSN	0.05
6 Di Andi Fontini	15	WPSEN	0.06
7 Jessica Pryor	15	KZNSN	0.07
8 Katija Pimenta	15	ESTSN	0.08
9 Yorke Petty	15	KZNSN	0.09
10 Samantha Nysschens	14	ESTSN	0.10
11 Chelsea Hayes	14	GNLSR	0.11
12 Nicola Coetzee	14	GNLSR	0.12
13 Tayra Megannon	15	GATSN	0.13

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Name	Age	Team	Finals Time
14 Marlette Smit	15	GNLSR	0.14
15 Bronwynne Wilkens	14	ESTSN	0.15

Event 163 Boys 14-15 300 Malibu Board Open Water OPEN WATER SENIORS

Name	Age	Team	Finals Time
1 Paul van Achterbergh	14	KZNSN	0.01
2 Jayde Perrins	15	KZNSN	0.02
3 Dean Wesso	15	WPSN	0.03
4 Reenen du Plessis	15	GNLSR	0.04
5 Dimitri Gomes	14	WPSN	0.05
6 Kyle Gamble	15	GATSN	0.06
7 Nevada Purchase	14	KZNSN	0.07
8 Marnus Nel	15	FSSN	0.08
9 Ferdi Louw	15	GNLSR	0.09
10 Damian Wolfaardt	14	GATSN	0.10
11 Brett Redmond	15	GATSN	0.11
12 Liam Fourie	14	WPSN	0.12
13 Albert Pretorius	14	GNLSR	0.13
14 Johann Keeve	15	FSSN	0.14
15 Pierre Keeve	14	FSSN	0.15

Event 164 Girls 16-18 300 Malibu Board Open Water OPEN WATER SENIORS

Name	Age	Team	Finals Time
1 Cristelle Davison	17	WPSN	0.01
2 Clarissa Enslin	17	ESTSN	0.02
3 Carmel Billson	17	WPSN	0.03
4 Cassandra De Wet	16	GNLSR	0.04
5 Jessica Higman	16	WPSN	0.05
6 Samantha Middlemost	17	GNLSR	0.06
7 Bianca von Bargaen	16	KZNSN	0.07
8 Marinette du Plessis	18	ESTSN	0.08
9 Colette Saunt	17	KZNSN	0.09
10 Demi du Toit	16	KZNSN	0.10
11 Chantelle Kuperus	16	GATSN	0.11
12 Bronwyn Wolfaardt	16	GATSN	0.12
13 Michelle Bester	17	GNLSR	0.13
14 Kerry Gamble	16	GATSN	0.14
15 Kerri-Ann Kobrin	18	ESTSN	0.15

Event 165 Boys 16-18 300 Malibu Board Open Water OPEN WATER SENIORS

Name	Age	Team	Finals Time
1 Malec Odendaal	17	KZNSN	0.01
2 William Smith	17	GATSN	0.02
3 Michael Elion	17	KZNSN	0.03
4 Rikus Geldenhuys	18	WPSN	0.04
5 Corrie Van Niekerk	17	GATSN	0.05
6 Lloyd Langenhoven	16	WPSN	0.06
7 Dumisani Nyathi	17	GATSN	0.07
8 Reino von Wielligh	16	KZNSN	0.08
9 Tiaan Smit	17	GNLSR	0.09
10 Khyle Stainton	16	ESTSN	0.10
11 Ruan Marais	17	GNLSR	0.11
12 Henko Roukema	17	WPSN	0.12
13 Marc Mostert	14	ESTSN	0.13
14 Braam Burger	17	FSSN	0.14
15 Christoff van der Schyff	17	FSSN	0.15

16 Derek Ivirne	16	ESTSN	0.16
17 Jason Kemp	17	GNLSR	0.17

Event 166 Women 300 Malibu Board Open Water OPEN WATER SENIORS

Name	Age	Team	Finals Time
1 Eloise van Gysen	25	WPSN	0.01
2 Jade Antunes	22	WPSN	0.02
3 Guinivere Rogers	19	WPSN	0.03
4 Donnay Stewart	19	GATSN	0.04
5 Jayne Broderick	23	ESTSN	0.05
6 Samantha Hunter	22	GATSN	0.06
7 Simone Kirkham	15	KZNSN	0.07
8 Samantha Plumb	20	ESTSN	0.08
9 Jade Kleynhans-Rae	17	GATSN	0.09
10 Erin Phillips	20	KZNSN	0.10
11 Carla Rossouw	21	ESTSN	0.11
12 Shannon Elion	15	KZNSN	0.12
13 Lizette Peters	25	GNLSR	0.13
14 Coreen Bester	21	GNLSR	0.14
15 Regina van den Bout	25	GNLSR	0.15

Event 167 Men 300 Malibu Board Open Water OPEN WATER SENIORS

Name	Age	Team	Finals Time
1 Tiaan Vogel	19	WPSN	0.01
2 Gareth Dias	19	KZNSN	0.02
3 Malcolm Hunter	21	GATSN	0.03
4 Mark Dingle	25	ESTSN	0.04
5 Kyle Irlam	19	WPSN	0.06
6 Stewart Hall	22	GATSN	0.07
7 Francois Jansen	19	GNLSR	0.08
8 Robin Saggars	24	GATSN	0.09
9 Kegan Murphy	27	ESTSN	0.10
10 Andrew Hogg	25	WPSN	0.11
11 Armand Marais	19	GNLSR	0.12
12 Barjo van Niekerk	25	GNLSR	0.13
13 Craig Dingle	28	ESTSN	0.14
--- Paul Dias	24	KZNSN	DQ

Event 168 Girls 14-15 240 LC Meter Taplin Relay OPEN WATER SENIORS

Team	Relay	Finals Time
1 WPSN	A	0.01
1) Kirsten Gelderblom 15	2) Iman Jonas 14	
3) Lisa Cowling 15		
2 KZNSN	A	0.02
1) Jessica Pryor 15	2) Yorke Petty 15	
3) Jenna Uniacke 15		
3 GATSN	A	0.03
1) Melissa Hemmings 14	2) Tayra Megannon 15	
3) Lyndall Smith 15		
4 GNLSR	A	0.04
1) Nicola Coetzee 14	2) Alexandra Grobbelaar 15	
3) Jozanne Luyt 15		
5 ESTSN	A	0.05
1) Bronwynne Wilkens 14	2) Samantha Nysschens 14	
3) Katija Pimenta 15		

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Event 169 Boys 14-15 240 LC Meter Taplin Relay OPEN WATER SENIORS

Team	Relay	Finals Time
1 KZNSN	A	0.01
1) Jayde Perrins 15	2) Paul van Achterbergh 14	
3) Nevada Purchase 14		
2 WPSN	A	0.02
1) Liam Fourie 14	2) Ludick Nel 15	
3) Dean Wesso 15		
3 GATSN	A	0.03
1) Kyle Gamble 15	2) Itumeleng Lesenyeho 14	
3) Brett Redmond 15		
4 GNLSR	A	0.04
1) Johan Lourens 14	2) Sydney de Kock 15	
3) Albert Pretorius 14		
5 FSSN	A	0.05
1) Dolfie Cronje 15	2) Johann Keeve 15	
3) Marnus Nel 15		

Event 170 Girls 16-18 240 LC Meter Taplin Relay OPEN WATER SENIORS

Team	Relay	Finals Time
1 WPSN	A	0.01
1) Carmel Billson 17	2) Cristelle Davison 17	
3) Silke Geugis 16		
2 KZNSN	A	0.02
1) Colette Saunt 17	2) Demi du Toit 16	
3) Bianca von Bargaen 16		
3 GNLSR	A	0.03
1) Samantha Middlemost 17	2) Florencia Mnisi 15	
3) Lani van Heerden 17		
--- ESTSN	A	DQ
1) Marinette du Plessis 18	2) Clarissa Enslin 17	
3) Kerri-Ann Kobrin 18	4) Kerrin Stainton 14	
--- GATSN	A	DQ
1) Kerry Gamble 16	2) Chantelle Kuperus 16	
3) Chanelle Okes 16		

Event 171 Boys 16-18 240 LC Meter Taplin Relay OPEN WATER SENIORS

Team	Relay	Finals Time
1 WPSN	A	0.01
1) Rikus Geldenhuys 18	2) Werner Roussouw 16	
3) Lloyd Langenhoven 16		
2 KZNSN	A	0.02
1) Malec Odendaal 17	2) Michael Elion 17	
3) St John Jones 17		
3 GATSN	A	0.03
1) Dumisani Nyathi 17	2) William Smith 17	
3) Cornelius Venter 17		
4 GNLSR	A	0.04
1) Ruan Marais 17	2) Jason Kemp 17	
3) Tiaan Smit 17		
5 ESTSN	A	0.05
1) Grae Pullen 16	2) Khyle Stainton 16	
3) Marc Mostert 14		

Event 172 Women 240 LC Meter Taplin Relay OPEN WATER SENIORS

Team	Relay	Finals Time
1 WPSN	A	0.01
1) Jade Antunes 22	2) Guinivere Rogers 19	
3) Eloise van Gysen 25		

2 ESTSN	A	0.02
1) Jayne Broderick 23	2) Samantha Plumb 20	
3) Carla Rossouw 21		
3 GATSN	A	0.03
1) Samantha Hunter 22	2) Jenny Saggars 25	
3) Donnay Stewart 19		
4 KZNSN	A	0.04
1) Shannon Elion 15	2) Erin Phillips 20	
3) Simone Kirkham 15		
5 GNLSR	A	0.05
1) Natalie Joubert 19	2) Lizette Peters 25	
3) Carly Prinsloo 19		

Event 173 Men 240 LC Meter Taplin Relay OPEN WATER SENIORS

Team	Relay	Finals Time
1 KZNSN	A	0.01
1) Alvin Mtatshi 18	2) Gareth Dias 19	
3) Paul Dias 24		
2 GATSN	A	0.02
1) Kyle Goncalves-Jardim 16	2) Stewart Hall 22	
3) Malcolm Hunter 21		
3 ESTSN	A	0.03
1) Craig Dingle 28	2) Mark Dingle 25	
3) Mpendulo Nondumo 24		
4 GNLSR	A	0.04
1) Francois Jansen 19	2) Armand Marais 19	
3) Werner Oosthuizen 15		
5 WPSN	A	0.05
1) Kyle Irlam 19	2) Tiaan Vogel 19	
3) Wesley Wesso 24		
6 FSSN	A	0.06
1) Braam Burger 17	2) Jacques Viljoen 19	
3) Christoff van der Schyff 17		

Event 174 Girls 14-15 550 Run Swim Run Open Water OPEN WATER S

Name	Age	Team	Finals Time
1 Lisa Cowling	15	WPSN	0.01
2 Jenna Uniacke	15	KZNSN	0.02
3 Yorke Petty	15	KZNSN	0.03
4 Katija Pimenta	15	ESTSN	0.04
5 Di Andi Fontini	15	WPSN	0.05
6 Jozanne Luyt	15	GNLSR	0.06
7 Kirsten Gelderblom	15	WPSN	0.07
8 Lyndall Smith	15	GATSN	0.08
9 Nandi van der Sluys	15	GNLSR	0.09
10 Samantha Nysschens	14	ESTSN	0.10
11 Marlette Smit	15	GNLSR	0.11
12 Chelsea Hayes	14	GNLSR	0.12
13 Frances Muir	14	KZNSN	0.13
14 Melissa Hemmings	14	GATSN	0.14
15 Iman Jonas	14	WPSN	0.15
16 Jessica Pryor	15	KZNSN	0.16
17 Tayra Megannon	15	GATSN	0.17
18 Naftalie van Niekerk	15	GATSN	0.18

Event 175 Boys 14-15 550 Run Swim Run Open Water OPEN WATER S

Name	Age	Team	Finals Time
1 Paul van Achterbergh	14	KZNSN	0.01
2 Ferdi Louw	15	GNLSR	0.02

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Name	Age	Team	Finals Time
3 Dean Wesso	15	WPSSEN	0.03
4 Liam Fourie	14	WPSSEN	0.04
5 Nevada Purchase	14	KZNSN	0.05
6 Reenen du Plessis	15	GNLSR	0.06
7 Christiaan Malan	15	GNLSR	0.07
8 Itumeleng Lesenyeho	14	GATSN	0.08
9 Carl-Heinrich Gröpp	15	GNLSR	0.09
10 Kyle Barends	14	WPSSEN	0.10
11 Dimitri Gomes	14	WPSSEN	0.11
12 Ross Borradaile	14	GATSN	0.12
13 Jayde Perrins	15	KZNSN	0.13
14 Kyle Gamble	15	GATSN	0.14
15 Damian Wolfaardt	14	GATSN	0.15
16 Varish Ramautar	14	KZNSN	0.16

Event 176 Girls 16-18 550 Run Swim Run Open Water OPEN WATER S

Name	Age	Team	Finals Time
1 Carmel Billson	17	WPSSEN	0.01
2 Clarissa Enslin	17	ESTSN	0.02
3 Cristelle Davison	17	WPSSEN	0.03
4 Cassandra De Wet	16	GNLSR	0.04
5 Silke Geugis	16	WPSSEN	0.05
6 Blaire Neely	17	ESTSN	0.06
7 Samantha Middlemost	17	GNLSR	0.07
8 Demi du Toit	16	KZNSN	0.08
9 Colette Saunt	17	KZNSN	0.09
10 Kerry Gamble	16	GATSN	0.10
11 Bronwyn Wolfaardt	16	GATSN	0.11
12 Amy-Lee Davids	18	WPSSEN	0.12
13 Chantelle Kuperus	16	GATSN	0.13
14 Michelle Bester	17	GNLSR	0.14
15 Rebecca Wepener	18	GNLSR	0.15

Event 177 Boys 16-18 550 Run Swim Run Open Water OPEN WATER S

Name	Age	Team	Finals Time
1 William Smith	17	GATSN	0.01
2 AJ Lipowski	17	WPSSEN	0.02
3 Reino von Wielligh	16	KZNSN	0.03
4 Corrie Van Niekerk	17	GATSN	0.04
5 Werner Roussouw	16	WPSSEN	0.05
6 Cornelius Venter	17	GATSN	0.06
7 Henko Roukema	17	WPSSEN	0.07
8 Ruan Marais	17	GNLSR	0.08
9 Rikus Geldenhuys	18	WPSSEN	0.09
10 Grae Pullen	16	ESTSN	0.10
11 Tiaan Smit	17	GNLSR	0.11
12 Jason Kemp	17	GNLSR	0.12
13 Khyle Stainton	16	ESTSN	0.13
14 St John Jones	17	KZNSN	0.14
15 Michael Elion	17	KZNSN	0.15
16 Kerrin Stainton	14	ESTSN	0.16

Event 178 Women 550 Run Swim Run Open Water OPEN WATER SEN

Name	Age	Team	Finals Time
1 Eloise van Gysen	25	WPSSEN	0.01
2 Jade Antunes	22	WPSSEN	0.02

3 Jayne Broderick	23	ESTSN	0.03
4 Guinivere Rogers	19	WPSSEN	0.04
5 Natalie Joubert	19	GNLSR	0.05
6 Samantha Plumb	20	ESTSN	0.06
7 Jenny Saggars	25	GATSN	0.07
8 Lizette Peters	25	GNLSR	0.08
9 Carla Rossouw	21	ESTSN	0.09
10 Samantha Hunter	22	GATSN	0.10
11 Coreen Bester	21	GNLSR	0.11
12 Jenske Roukema	19	WPSSEN	0.12
13 Jade Kleynhans-Rae	17	GATSN	0.13
14 Carly Prinsloo	19	GNLSR	0.14

Event 179 Men 550 Run Swim Run Open Water OPEN WATER SENIO

Name	Age	Team	Finals Time
1 Gareth Dias	19	KZNSN	0.01
2 Barjo van Niekerk	25	GNLSR	0.02
3 Armand Marais	19	GNLSR	0.03
4 Malcolm Hunter	21	GATSN	0.04
5 Prince Shazi	18	KZNSN	0.05
6 Robin Saggars	24	GATSN	0.06
7 Werner Bosman	21	GNLSR	0.07
8 Francois Jansen	19	GNLSR	0.08
9 Tiaan Vogel	19	WPSSEN	0.09
10 Michael Palmer	20	GATSN	0.10
11 Kyle Goncalves-Jardim	16	GATSN	0.11
12 Mark Dingle	25	ESTSN	0.12
13 Kegan Murphy	27	ESTSN	0.13
14 Kyle Irlam	19	WPSSEN	0.14
15 Paul Dias	24	KZNSN	0.15
16 Mpendulo Nondumo	24	ESTSN	0.16
17 Sibusiso Makwakwa	25	ESTSN	0.17

Event 180 Girls 14-15 850 Iron Lady Open Water OPEN WATER SENIO

Name	Age	Team	Finals Time
1 Lisa Cowling	15	WPSSEN	0.01
2 Jenna Uniacke	15	KZNSN	0.02
3 Yorke Petty	15	KZNSN	0.03
4 Katija Pimenta	15	ESTSN	0.04
5 Di Andi Fontini	15	WPSSEN	0.05
6 Kirsten Gelderblom	15	WPSSEN	0.06
7 Lyndall Smith	15	GATSN	0.07
8 Marlette Smit	15	GNLSR	0.08
9 Samantha Nysschens	14	ESTSN	0.09
10 Jessica Pryor	15	KZNSN	0.10
11 Chelsea Hayes	14	GNLSR	0.11
12 Naftalie van Niekerk	15	GATSN	0.12
13 Bronwynne Wilkens	14	ESTSN	0.13
14 Jozanne Luyt	15	GNLSR	0.14
--- Tayra Megannon	15	GATSN	DQ

Event 181 Boys 14-15 850 Iron Man Open Water OPEN WATER SENIO

Name	Age	Team	Finals Time
1 Paul van Achterbergh	14	KZNSN	0.01
2 Ferdi Louw	15	GNLSR	0.02
3 Dean Wesso	15	WPSSEN	0.03
4 Reenen du Plessis	15	GNLSR	0.04
5 Liam Fourie	14	WPSSEN	0.05

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Event 181 Boys 14-15 850 Iron Man Open Water OPEN WATER SENIORS

Name	Age	Team	Finals Time
6 Jayde Perrins	15	KZNSN	0.06
7 Christiaan Malan	15	GNLSR	0.07
8 Dimitri Gomes	14	WPSEN	0.08
9 Itumeleng Lesenyeho	14	GATSN	0.09
10 Ross Borradaile	14	GATSN	0.10
11 Damian Wolfaardt	14	GATSN	0.11

Event 182 Girls 16-18 850 Iron Lady Open Water OPEN WATER SENIORS

Name	Age	Team	Finals Time
1 Cristelle Davison	17	WPSEN	0.01
2 Clarissa Enslin	17	ESTSN	0.02
3 Carmel Billson	17	WPSEN	0.03
4 Silke Geugis	16	WPSEN	0.04
5 Cassandra De Wet	16	GNLSR	0.05
6 Blaire Neely	17	ESTSN	0.06
7 Samantha Middlemost	17	GNLSR	0.07
8 Bianca von Bargaen	16	KZNSN	0.08
9 Colette Saunt	17	KZNSN	0.09
10 Demi du Toit	16	KZNSN	0.10
11 Lani van Heerden	17	GNLSR	0.11
12 Chantelle Kuperus	16	GATSN	0.12
13 Chanelle Okes	16	GATSN	0.13

Event 183 Boys 16-18 850 Iron Man Open Water OPEN WATER SENIORS

Name	Age	Team	Finals Time
1 William Smith	17	GATSN	0.01
2 Malec Odendaal	17	KZNSN	0.02
3 AJ Lipowski	17	WPSEN	0.03
4 Corrie Van Niekerk	17	GATSN	0.04
5 Ruan Marais	17	GNLSR	0.05
6 Michael Elion	17	KZNSN	0.06
7 Rikus Geldenhuys	18	WPSEN	0.07
8 Lloyd Langenhoven	16	WPSEN	0.08
9 Khyle Stainton	16	ESTSN	0.09
10 Tiaan Smit	17	GNLSR	0.10
11 Cornelius Venter	17	GATSN	0.11
12 St John Jones	17	KZNSN	0.12
13 Grae Pullen	16	ESTSN	0.13
14 Gustav Gröpp	18	GNLSR	0.15
--- Marc Mostert	14	ESTSN	DQ

Event 184 Women 850 Iron Lady Open Water OPEN WATER SENIORS

Name	Age	Team	Finals Time
1 Eloise van Gysen	25	WPSEN	0.01
2 Jade Antunes	22	WPSEN	0.02
3 Guinivere Rogers	19	WPSEN	0.03
4 Jayne Broderick	23	ESTSN	0.04
5 Natalie Joubert	19	GNLSR	0.05
6 Samantha Hunter	22	GATSN	0.07
7 Carla Rossouw	21	ESTSN	0.08
8 Jenny Saggars	25	GATSN	0.09
9 Donnay Stewart	19	GATSN	0.10
10 Simone Kirkham	15	KZNSN	0.12
11 Coreen Bester	21	GNLSR	0.13
--- Samantha Plumb	20	ESTSN	DQ
--- Stephanie Niemendt	16	KZNSN	DQ

Event 185 Men 850 Iron Man Open Water OPEN WATER SENIORS

Name	Age	Team	Finals Time
1 Gareth Dias	19	KZNSN	0.01
2 Paul Dias	24	KZNSN	0.02
3 Prince Shazi	18	KZNSN	0.03
4 Robin Saggars	24	GATSN	0.04
5 Tiaan Vogel	19	WPSEN	0.05
6 Francois Jansen	19	GNLSR	0.06
7 Barjo van Niekerk	25	GNLSR	0.07
8 Mark Dingle	25	ESTSN	0.08
9 Malcolm Hunter	21	GATSN	0.09
10 Armand Marais	19	GNLSR	0.10
11 Kyle Irlam	19	WPSEN	0.11
12 Kyle Goncalves-Jardim	16	GATSN	0.12
13 Kegan Murphy	27	ESTSN	0.13
14 Craig Dingle	28	ESTSN	0.14

Event 186 Men 10 LC Meter Malibu score Relay OPEN WATER SENIORS

Team	Relay	Finals Time
1 WPSEN	A	0.01
2 GATSN	A	0.02
3 ESTSN	A	0.03
4 GNLSR	A	0.04

Event 187 Women 10 LC Meter Malibu score Relay OPEN WATER SENIORS

Team	Relay	Finals Time
1 WPSEN	A	0.01
2 GATSN	A	0.02
3 ESTSN	A	0.03
4 KZNSN	A	0.04
5 GNLSR	A	0.05

Event 188 Boys 16-18 10 LC Meter Malibu score Relay OPEN WATER SENIORS

Team	Relay	Finals Time
1 KZNSN	A	0.01
2 GATSN	A	0.02
3 WPSEN	A	0.03
4 GNLSR	A	0.04
5 ESTSN	A	0.05

Event 189 Girls 16-18 10 LC Meter Malibu score Relay OPEN WATER SENIORS

Team	Relay	Finals Time
1 WPSEN	A	0.01
2 GNLSR	A	0.02
3 ESTSN	A	0.03
4 KZNSN	A	0.04
5 GATSN	A	0.05

Event 190 Boys 14-15 10 LC Meter Malibu score Relay OPEN WATER SENIORS

Team	Relay	Finals Time
1 KZNSN	A	0.01
2 WPSEN	A	0.02
3 GNLSR	A	0.03
4 GATSN	A	0.04
5 FSSN	A	0.05

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Event 191 Girls 14-15 10 LC Meter Malibu score Relay OPEN WATER S

Team	Relay	Finals Time
1 WPSEN	A	0.01
2 KZNSN	A	0.02
3 GATSN	A	0.03
4 ESTSN	A	0.04
5 GNLSR	A	0.05