

MASTERS SURF COMPETITION PROGRAMME

VENUE: King's Beach, Port Elizabeth - DATES: Sunday 1st April, 2018

Competitors Registration:	From 07h30 at King's Beach SLS Club House
Managers & Technical Officials Meeting:	08h00 King's Beach SLC Club House
Marshalling commences:	08h30
Start of first event:	09h00

HIGH TIDE: 04: 30; LOW TIDE: 10:31; HIGH TIDE: 16:44; LOW TIDE: 22:42. SUNRISE: 06:30; SUNSET 18:12

ARENA 1: Ages 30-34, 35-39, 40-44 Male/Female		ARENA 2: Ages 45-50, 50-54, 55-59,60-64,65-69, 70+ Male/Female	
Beach Flags	Heat/Semi Final/ Final	Beach Sprint	Heat/Semi Final/ Final
Surf Swim	Heat/Semi Final/ Final	Run/Swim/Run	Heat/Semi Final/ Final
Single Ski	Heat/Semi Final/ Final	Board Race	Heat/Semi Final/ Final
Run/Swim Run	Heat/Semi Final/ Final	Beach Flags	Heat/Semi Final/ Final
Beach Sprint	Heat/Semi Final/ Final	Surf Swim	Heat/Semi Final/ Final
Board Race	Heat/Semi Final/ Final	Single Ski	Heat/Semi Final/ Final
2 km Beach Run	Heat/Semi Final/ Final	2 km Beach Run	Heat/Semi Final/ Final for 45-49, 50-54; 55-59 Age groups
Ironman/Woman	Heat/Semi Final/ Final	1 km Beach Run	Heat/Semi Final/ Final for 60-64; 65-69 and 70+ Age groups
		Ironman/Woman	Heat/Semi Final/ Final

At the conclusion of the individual events for both arenas, all Masters and Officials to gather in Arena 1 to commence with the team events programme

ARENA 1: TEAM EVENTS (All age groups)		
Event	Teams of	Type
Board Rescue	Teams of 2 – All age groups	Heat/Semi Final/ Final
Beach Relay	Teams of 3 – Age groups: 110-129 years, 130-149 years, 150-169 years, and 170 years or more	Heat/Semi Final/ Final
Double Ski	Teams of 2 – All age groups	Heat/Semi Final/ Final
2 x 1km Beach Run Relay	Teams of 2 – All age groups	Heat/Semi Final/ Final

NOTES:

- Individual events and the Board Rescue, 2 x 1 km Beach Run Relay and Double Ski Race, the events are conducted in age groups. In these events, the two-person team shall compete in the age group of the younger competitor.
- Beach Relay events are conducted as total-age events with competitors whose ages total 110-129 years, 130-149 years, 150-169 years, and 170 years or more. The total of the three Competitors' ages determines the team's age-group. For example, a team composed of a 30-year-old, a 40-year-old, and a 50-year-old (= 120 years) would compete in the 110-129 years age group. Competitors may only compete in one age group Beach Relay Race.
- Master competitors may not compete in more than one age category in individual and team events.
- Master competitors may enter the championships as an individual member of a club and may participate in individual events.
- In team events, the team **may not** be made up of competitors from multiple clubs.
- Competitors may only compete in one team event.
- The Chief Referee will determine when the specific arena will conduct the Beach events – that is subject to the availability of the beach geography.
- Different age groups and gender events may be run concurrently (while maintaining their individual age group status).
- The competition rules, as set out in the Surf Competition Manual (15th Edition of October, 2015) and amendments as set out in circulars 02/17 and 203/17 will be applied at the GT South African Lifesaving Masters Surf Championships 2018.