

NIPPERS POOL COMPETITION PROGRAMME

VENUE: Newton Park Pool, Port Elizabeth - DATES: Thursday 5th to Friday 6th April, 2018

NOTE:

The Opening ceremony for the GT South African Lifesaving Championships 2018 will be held on Sunday, 1st April, 2018 at 16h30 at Kings Beach

Thursday: 5th April, 2018

POOL COMPETITIONS: DAY 1: SESSION 1 – HEATS

TIME	GENDER	EVENT	AGE GROUP	TYPE
07H00	WARM-UP IN THE COMPETITION POOL			
07h30	Team Managers briefing by Chief Referee			
08h30	Technical Officials briefing by Chief Referee			
08h45	Preparation of Pool			
08h45	Marshalling commences			
09h00	Competition commences			
09h00	Boys	50m Obstacle Swim	U/9 & U/10	Heats
09h15	Girls	50m Obstacle Swim	U/9 & U/10	Heats
09h30	Boys	100m Obstacle Swim	U/11, U/12, U/13 & U/14	Heats
10h00	Girls	100m Obstacle Swim	U/11, U/12, U/13 & U/14	Heats
10h30	Preparation of Pool			
10h40	Boys	4x50m Obstacle Relay	U/10, U/12 & U/14	Heats
11h15	Girls	4x50m Obstacle Relay	U/10, U/12 & U/14	Heats
11h50	Preparation of Pool			
12h00	Boys	2x2 Rescue Ball Rescue Relay	U/12 & U/14	Heats
12h20	Girls	2x2 Rescue Ball Rescue Relay	U/12 & U/14	Heats
12h30	Lunch and Preparation of Pool			

POOL COMPETITIONS: DAY 1: SESSION 2 – FINAL

TIME	GENDER	EVENT	AGE GROUP	TYPE
13h45	Marshalling commences			
14h00	Competition commences			
14h00	Boys	50m Obstacle Swim	U/9 & U/10	Final
14h05	Girls	50m Obstacle Swim	U/9 & U/10	Final
14h10	Boys	100m Obstacle Swim	U/11, U/12, U/13 & U/14	Final
14h20	Girls	100m Obstacle Swim	U/11, U/12, U/13 & U/14	Final
14h30	Boys	4x50m Obstacle Relay	U/10, U/12 & U/14	Final
14h40	Girls	4x50m Obstacle Relay	U/10, U/12 & U/14	Final
15h00	Victory Ceremony 50m Obstacle Swim and 100m Obstacle Swim			
15h30	Boys	2x2 Rescue Ball Rescue Relay	U/12 & U/14	Final
15h45	Girls	2x2 Rescue Ball Rescue Relay	U/12 & U/14	Final
16h00	Victory Ceremony 4x50m Obstacle Relay			
16h30	Victory Ceremony 2x2 Rescue Ball Rescue Relay			
17h00	End of day proceedings			

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Friday: 6th April, 2018

POOL COMPETITIONS: DAY 2: SESSION 3 – HEATS				
TIME	GENDER	EVENT	AGE GROUP	TYPE
07h00	Warm-up in the competition pool			
07h15	Team Managers briefing by Chief Referee			
07h30	Technical Officials briefing by Chief Referee			
07h45	Preparation of Pool			
07h45	Marshalling commences			
08h00	Competition commences			
08h00	Boys	100m Manikin Carry with Fins	U/9, U/10, U/11, U/12, U/13 & U/14	Heats
09h00	Girls	100m Manikin Carry with Fins	U/9, U/10, U/11, U/12, U/13 & U/14	Heats
10h00	Boys	4x50m RTB Medley Relay	U/10, U/12 & U/14	Heats
10h20	Girls	4x50m RTB Medley Relay	U/10, U/12 & U/14	Heats
10h40	Boys	50m Manikin Carry	U/9, U/10, U/11, U/12, U/13 & U/14	Heats
11h20	Girls	50m Manikin Carry	U/9, U/10, U/11, U/12, U/13 & U/14	Heats
12h10	Boys	4x25m Manikin Relay	U/10, U/12 & U/14	Heats
12h30	Girls	4x25m Manikin Relay	U/10, U/12 & U/14	Heats
12h45	Boys	100m Rescue Medley	U/13 & U/14	Heats
13h15	Girls	100m Rescue Medley	U/13 & U/14	Heats
13h45	Boys	4x50m Lifesavers Pool Relay	U/10, U/12 & U/14	Heats
14h00	Girls	4x50m Lifesavers Pool Relay	U/10, U/12 & U/14	Heats
14h15	LUNCH			

POOL COMPETITIONS: DAY 1: SESSION 1 – FINAL				
TIME	GENDER	EVENT	AGE GROUP	TYPE
14h45	Marshalling commences			
15h00	Competition commences			
15h00	Boys	100m Manikin Carry with Fins	U/9, U/10, U/11, U/12, U/13 & U/14	Finals
15h20	Girls	100m Manikin Carry with Fins	U/9, U/10, U/11, U/12, U/13 & U/14	Finals
15h40	Boys	4x50m RTB Medley Relay	U/10, U/12 & U/14	Finals
15h55	Girls	4x50m RTB Medley Relay	U/10, U/12 & U/14	Finals
16h05	Victory Ceremony 100m Manikin Carry with Fins			
16h15	Victory Ceremony 4x50m RTB Medley Relay			
16h30	Boys	50m Manikin Carry	U/9, U/10, U/11, U/12, U/13 & U/14	Finals
17h00	Girls	50m Manikin Carry	U/9, U/10, U/11, U/12, U/13 & U/14	Finals
17h30	Boys	4x25m Manikin Relay	U/10, U/12 & U/14	Finals
17h55	Girls	4x25m Manikin Relay	U/10, U/12 & U/14	Finals
18h05	Victory Ceremony 50m Manikin Carry			
18h15	Victory Ceremony 4x25m Manikin Relay			
18h00	Boys	100m Rescue Medley	U/13 & U/14	Finals
18h05	Girls	100m Rescue Medley	U/13 & U/14	Finals
18h10	Boys	4x50m Lifesavers Pool Relay	U/10, U/12 & U/14	Finals
18h15	Girls	4x50m Lifesavers Pool Relay	U/10, U/12 & U/14	Finals
18h30	Victory Ceremony 100m Rescue Medley			
18h40	Victory Ceremony 4x50m Lifesavers Pool Relay			
18h50	End of day proceedings			

NOTES:

- Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.
- This is a draft program and subject to change. The programme will be finalized once entries for GT South African Lifesaving Nipper Pool Championships 2018 have closed.