

**LIFESAVING SOUTH AFRICA**  
**GENERAL TIRE SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS**

**Results - MASTERS POOL FINALS**

**Event 1 Women 30-34 200 LC Meter Obstacle POOL MASTERS**

SA REC 2019: 2:49,33 R 01 May 2015 Regina van den Bout

Name	AgeTeam	Finals Time
1 Lindi Humphreys	33 Summerstrand	2:49,72

**Event 1 Women 35-39 200 LC Meter Obstacle POOL MASTERS**

SA REC 2019: 3:36,96 R 27 Apr 2017 Busisiwe Mdlalose

Name	AgeTeam	Finals Time
1 Nicolette Brand	36 Marine	3:07,68R

**Event 1 Women 40-44 200 LC Meter Obstacle POOL MASTERS**

SA REC 2019: 2:38,00 R 31 Mar 2018 Tracey Gous

Name	AgeTeam	Finals Time
1 Jeanne Topliss	43 Fish Hoek	3:46,13

**Event 1 Women 45-49 200 LC Meter Obstacle POOL MASTERS**

SA REC 2019: 4:31,90 R 28 Apr 2016 Sandra van Niekerk

Name	AgeTeam	Finals Time
1 Tanya Osborne	49 Marine	2:48,63R
2 Wendy Horn	48 Rox	3:19,45R

**Event 1 Men 30-34 200 LC Meter Obstacle POOL MASTERS**

Name	AgeTeam	Finals Time
1 Franklin Coetzee	34 Seagulls	4:00,89

**Event 1 Men 35-39 200 LC Meter Obstacle POOL MASTERS**

SA REC 2019: 2:59,79 R 28 Apr 2014 Gavin Strydom

Name	AgeTeam	Finals Time
1 Earl Rensburg	35 Seagulls	3:03,78
2 Eugene Such	38 Seagulls	3:34,23

**Event 1 Men 40-44 200 LC Meter Obstacle POOL MASTERS**

SA REC 2019: 2:28,66 R 31 Mar 2018 Bradely Reen

Name	AgeTeam	Finals Time
1 Justin Fletcher	42 Linden	3:02,62
2 Jubilee van Jaarseveld	40 Suncity	3:17,75
3 Michael Impson	43 Marine	3:34,68
4 Earl Ingram	40 Seagulls	3:44,40

**Event 1 Men 45-49 200 LC Meter Obstacle POOL MASTERS**

SA REC 2019: 3:23,84 R 31 Mar 2018 Fanta Gous

Name	AgeTeam	Finals Time
1 Mark Hultzer	49 Rox	3:16,44R
2 Shane Misdorp	46 Pirates	3:21,64R
3 Rowan Matthews	49 Pirates	3:25,70

**Event 2 Women 50-54 100 LC Meter Obstacle POOL MASTERS**

SA REC 2019: 1:27,02 R 03 Feb 2019 Lynn Callanan

Name	AgeTeam	Finals Time
1 Lynne Callanan	53 Senathla	1:26,38R
2 Michele Davey	54 Senathla	1:55,85

**Event 2 Men 50-54 100 LC Meter Obstacle POOL MASTERS**

SA REC 2019: 1:26,71 R 27 Apr 2017 Roy Ternett

Name	AgeTeam	Finals Time
1 Douglas Herbert	52 Linden	1:40,33

**Event 2 Men 55-59 100 LC Meter Obstacle POOL MASTERS**

SA REC 2019: 1:23,58 R 31 Mar 2018 Rob Smith

Name	AgeTeam	Finals Time
1 Rob Smith	57 Summerstrand	1:22,61R
2 Stanford Slabbert	59 Summerstrand	1:56,21
3 Patrick Lewis	58 Seagulls	1:57,09

**Event 2 Men 60-64 100 LC Meter Obstacle POOL MASTERS**

Name	AgeTeam	Finals Time
1 Marcus Burri	61 Kings Beach	1:16,80
2 Derek Morris	60 Rox	1:24,05

**Event 2 Men 70 & Over 100 LC Meter Obstacle POOL MASTERS**

Name	AgeTeam	Finals Time
1 Kenneth Kingma	72 Fish Hoek	1:56,11

**Event 3 Women 101 & Over 200 LC Meter 4 X 50M Obstacle Relay POOL MASTERS**

Team	Relay	Finals Time
1 Marine	A	2:31,48
1) Michael Impson 43	2) Nicolette Brand 36	
3) Gary Hughes 47	4) Tanya Osborne 49	
2 Rox	A	2:34,86
1) Mike Rodda 51	2) Nick Horn 50	
3) Derek Morris 60	4) Mark Hultzer 49	
3 Seagulls	A	2:38,99
1) Earl Ingram 40	2) Earl Rensburg 35	
3) Claudio Jooste 41	4) Eugene Such 38	
4 Summerstrand	A	2:42,62
1) Johan Heath 39	2) Lindi Humphreys 33	
3) Stanford Slabbert 59	4) Rob Smith 57	

**Event 3 Men 101 & Over 200 LC Meter 4 X 50M Obstacle Relay POOL MASTERS**

Team	Relay	Finals Time
1 Marine	A	2:31,48
1) Michael Impson 43	2) Nicolette Brand 36	
3) Gary Hughes 47	4) Tanya Osborne 49	
2 Rox	A	2:34,86
1) Mike Rodda 51	2) Nick Horn 50	
3) Derek Morris 60	4) Mark Hultzer 49	
3 Seagulls	A	2:38,99
1) Earl Ingram 40	2) Earl Rensburg 35	
3) Claudio Jooste 41	4) Eugene Such 38	
4 Summerstrand	A	2:42,62
1) Johan Heath 39	2) Lindi Humphreys 33	
3) Stanford Slabbert 59	4) Rob Smith 57	

**Event 3 Mixed 101 & Over 200 LC Meter 4 X 50M Obstacle Relay POOL MASTERS**

Team	Relay	Finals Time
1 Marine	A	2:31,48
1) Michael Impson M43	2) Nicolette Brand W36	
3) Gary Hughes M47	4) Tanya Osborne W49	
2 Rox	A	2:34,86
1) Mike Rodda M51	2) Nick Horn M50	
3) Derek Morris M60	4) Mark Hultzer M49	
3 Seagulls	A	2:38,99
1) Earl Ingram M40	2) Earl Rensburg M35	
3) Claudio Jooste M41	4) Eugene Such M38	

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**(Event 3 Mixed 101 & Over 200 LC Meter 4 X 50M Obstacle Relay POOL**

Team	Relay	Finals Time
4 Summerstrand	A	2:42,62
1) Johan Heath M39	2) Lindi Humphreys W33	
3) Stanford Slabbert M59	4) Rob Smith M57	

**Event 4 Women 35-39 50 LC Meter Line Throw Relay POOL MASTERS**

Team	Relay	Finals Time
--- Marine	B	DQ
1) Nicolette Brand 36	2) Tanya Osborne 49	

**Event 4 Women 45-49 50 LC Meter Line Throw Relay POOL MASTERS**

Team	Relay	Finals Time
1 Rox	A	23,98
1) Antje Hockley 49	2) Wendy Horn 48	

**Event 4 Women 50-54 50 LC Meter Line Throw Relay POOL MASTERS**

SA REC 2019: 22,76 R 31 Mar 2018 Senathla Lifesaving Club

Michelle Davey

Team	Relay	Finals Time
1 Senathla	A	42,99
1) Lynne Callanan 53	2) Michele Davey 54	

**Event 4 Men 30-34 50 LC Meter Line Throw Relay POOL MASTERS**

Team	Relay	Finals Time
1 Seagulls	D	24,55
1) Franklin Coetzee 34	2) Roland Jerling 41	

**Event 4 Men 35-39 50 LC Meter Line Throw Relay POOL MASTERS**

SA REC 2019: 33,79 R 31 Mar 2018 Seagulls Lifesaving Club

Earl Ingram,

Team	Relay	Finals Time
--- Seagulls	B	DQ
1) Earl Rensburg 35	2) Eugene Such 38	

**Event 4 Men 40-44 50 LC Meter Line Throw Relay POOL MASTERS**

SA REC 2019: 16,06 R 29 Apr 2017 Boksburg Aquatic Saints

Team	Relay	Finals Time
--- Seagulls	A	DQ
1) Earl Ingram 40		

**Event 4 Men 45-49 50 LC Meter Line Throw Relay POOL MASTERS**

Team	Relay	Finals Time
1 Rox	B	17,29
1) Nick Horn 50	2) Mark Hultzer 49	
2 Marine	A	20,74
1) Michael Impson 43	2) Gary Hughes 47	
3 Pirates	A	21,97
1) Rowan Matthews 49	2) Shane Misdorp 46	
4 Milnerton	A	26,47
1) Marc Lawson 46	2) Marco Zumpt 47	

**Event 4 Men 50-54 50 LC Meter Line Throw Relay POOL MASTERS**

SA REC 2019: 20,58 R 31 Mar 2018 Linden Lifesaving

Douglas Herbert

Team	Relay	Finals Time
1 Rox	A	18,75R
1) Mike Rodda 51	2) Derek Morris 60	
2 Linden	A	19,93R
1) Justin Fletcher 42	2) Douglas Herbert 52	

**Event 4 Men 55-59 50 LC Meter Line Throw Relay POOL MASTERS**

Team	Relay	Finals Time
1 Seagulls	C	24,19
1) Patrick Lewis 58	2) Gordon Potgieter 47	
--- Summerstrand	A	DQ
1) Stanford Slabbert 59	2) Rob Smith 57	

**Event 5 Women 30-34 100 LC Meter Manikin Rescue fins POOL MASTERS**

SA REC 2019: 1:17,94 R 01 May 2015 Regina van den Bout

Name	AgeTeam	Finals Time
1 Lindi Humphreys	33 Summerstrand	1:30,63

**Event 5 Women 35-39 100 LC Meter Manikin Rescue fins POOL MASTERS**

SA REC 2019: 1:51,76 R 27 Apr 2017 Busisiwe Mdlalose

Name	AgeTeam	Finals Time
1 Nicolette Brand	36 Marine	1:32,72R

**Event 5 Women 40-44 100 LC Meter Manikin Rescue fins POOL MASTERS**

SA REC 2019: 1:31,62 R 31 Mar 2018 Tracy Gous

Name	AgeTeam	Finals Time
1 Jeanne Topliss	43 Fish Hoek	1:56,94

**Event 5 Women 45-49 100 LC Meter Manikin Rescue fins POOL MASTERS**

SA REC 2019: 1:27,97 R 22 Feb 2013 Sandra van Niekerk

Name	AgeTeam	Finals Time
1 Tanya Osborne	49 Marine	1:23,82R
2 Maria Moorlach	47 Fish Hoek	2:45,86

**Event 5 Women 50-54 100 LC Meter Manikin Rescue fins POOL MASTERS**

SA REC 2019: 1:40,08 R 27 Apr 2017 Michelle Davey

Name	AgeTeam	Finals Time
1 Lynne Callanan	53 Senathla	1:35,04R
2 Michele Davey	54 Senathla	1:46,40

**Event 5 Men 35-39 100 LC Meter Manikin Rescue fins POOL MASTERS**

SA REC 2019: 1:44,48 R 31 Mar 2018 Earl Ingram

Name	AgeTeam	Finals Time
--- Gustov Lokotsch	39 Kings Beach	DQ

**Event 5 Men 40-44 100 LC Meter Manikin Rescue fins POOL MASTERS**

SA REC 2019: 1:09,10 R 27 Apr 2017 Morne Muller

Name	AgeTeam	Finals Time
1 Francois Sisam	43 Alpha	1:23,60
2 Jubilee van Jaarseveld	40 Suncity	1:29,40
3 Justin Fletcher	42 Linden	1:29,49
4 Michael Impson	43 Marine	1:32,58
5 Tyrone Wicomb	44 Seagulls	1:34,66
6 Claudio Jooste	41 Seagulls	1:39,17
7 Roland Jerling	41 Seagulls	1:41,36

**Event 5 Men 45-49 100 LC Meter Manikin Rescue fins POOL MASTERS**

SA REC 2019: 1:16,93 R 22 Feb 2013 Douglas Herbert

Name	AgeTeam	Finals Time
1 Mark Hultzer	49 Rox	1:21,97
2 Shane Misdorp	46 Pirates	1:32,52
3 Rowan Matthews	49 Pirates	1:39,99
4 Marc Lawson	46 Milnerton	1:52,13
5 Darrel Penn	49 Fish Hoek	2:02,11
6 Gordon Potgieter	47 Seagulls	2:04,56

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**Results - MASTERS POOL FINALS**

**(Event 5 Men 45-49 100 LC Meter Manikin Rescue fins POOL MASTERS)**

Name	AgeTeam	Finals Time
--- PJ Duffy	48 Kings Beach	DQ

**Event 5 Men 50-54 100 LC Meter Manikin Rescue fins POOL MASTERS**

SA REC 2019: 1:18,16 R 27 Apr 2017 Douglas Herbert

Name	AgeTeam	Finals Time
1 Douglas Herbert	52 Linden	1:17,69R

**Event 5 Men 55-59 100 LC Meter Manikin Rescue fins POOL MASTERS**

SA REC 2019: 1:31,83 R 31 Mar 2018 Rob Smith

Name	AgeTeam	Finals Time
1 Rob Smith	57 Summerstrand	1:27,31R
2 Stanford Slabbert	59 Summerstrand	3:30,96
--- Patrick Lewis	58 Seagulls	DQ

**Event 5 Men 60-64 100 LC Meter Manikin Rescue fins POOL MASTERS**

Name	AgeTeam	Finals Time
1 Derek Morris	60 Rox	1:19,72

**Event 6 Women 30-34 50 LC Meter Manikin Rescue POOL MASTERS**

SA REC 2019: 45,89 R 29 Apr 2016 Regina van den Bout

Name	AgeTeam	Finals Time
1 Lindi Humphreys	33 Summerstrand	50,45

**Event 6 Women 35-39 50 LC Meter Manikin Rescue POOL MASTERS**

SA REC 2019: 1:09,37 R 27 Apr 2017 Busisiwe Mdlalose

Name	AgeTeam	Finals Time
1 Nicolette Brand	36 Marine	1:05,23R

**Event 6 Women 40-44 50 LC Meter Manikin Rescue POOL MASTERS**

SA REC 2019: 50,46 R 31 Mar 2018 Tracy Gous

Name	AgeTeam	Finals Time
1 Jeanne Topliss	43 Fish Hoek	1:18,73

**Event 6 Women 45-49 50 LC Meter Manikin Rescue POOL MASTERS**

SA REC 2019: 1:18,90 R 29 Apr 2016 Sandra van Niekerk

Name	AgeTeam	Finals Time
1 Tanya Osborne	49 Marine	51,19R
2 Wendy Horn	48 Rox	54,82R
3 Maria Moorlach	47 Fish Hoek	1:31,01

**Event 6 Women 50-54 50 LC Meter Manikin Rescue POOL MASTERS**

SA REC 2019: 1:03,23 R 03 Feb 2019 Lynne Callanan

Name	AgeTeam	Finals Time
1 Michele Davey	54 Senathla	1:06,98
--- Lynne Callanan	53 Senathla	DQ

**Event 6 Men 30-34 50 LC Meter Manikin Rescue POOL MASTERS**

SA REC 2019: 31,72 R 29 Apr 2016 Barjo van Niekerk

Name	AgeTeam	Finals Time
1 Franklin Coetzee	34 Seagulls	1:13,57

**Event 6 Men 35-39 50 LC Meter Manikin Rescue POOL MASTERS**

SA REC 2019: 46,49 R 28 Feb 2014 Gavin Strydom

Name	AgeTeam	Finals Time
1 Eugene Such	38 Seagulls	58,06
--- Earl Rensburg	35 Seagulls	DQ

**Event 6 Men 40-44 50 LC Meter Manikin Rescue POOL MASTERS**

SA REC 2019: 43,10 R 28 Apr 2017 Andre Nel

Name	AgeTeam	Finals Time
1 Justin Fletcher	42 Linden	50,11
2 Francois Sisam	43 Alpha	52,69
3 Michael Impson	43 Marine	56,57
4 Roland Jerling	41 Seagulls	56,86
5 Earl Ingram	40 Seagulls	58,20
6 Jubilee van Jaarseveld	40 Suncity	1:01,35

**Event 6 Men 45-49 50 LC Meter Manikin Rescue POOL MASTERS**

SA REC 2019: 51,24 R 22 Feb 2013 Douglas Herbert

Name	AgeTeam	Finals Time
1 Shane Misdorp	46 Pirates	54,99
2 Mark Hultzer	49 Rox	55,14
3 Rowan Matthews	49 Pirates	57,07
4 Gary Hughes	47 Marine	1:02,26
5 Darrel Penn	49 Fish Hoek	1:06,14
6 Marc Lawson	46 Milnerton	1:09,15

**Event 6 Men 50-54 50 LC Meter Manikin Rescue POOL MASTERS**

SA REC 2019: 52,22 R 01 Oct 2016 Douglas Herbert

Name	AgeTeam	Finals Time
1 Douglas Herbert	52 Linden	52,69

**Event 6 Men 55-59 50 LC Meter Manikin Rescue POOL MASTERS**

SA REC 2019: 55,70 R 22 Feb 2013 Ian Broderick

Name	AgeTeam	Finals Time
1 Rob Smith	57 Summerstrand	59,85
2 Stanford Slabbert	59 Summerstrand	2:08,26
--- Patrick Lewis	58 Seagulls	DQ

**Event 6 Men 60-64 50 LC Meter Manikin Rescue POOL MASTERS**

Name	AgeTeam	Finals Time
1 Derek Morris	60 Rox	45,54

**Event 7 Women 101 & Over 200 LC Meter 4 X 25m Manikin Relay POOL**

Team	Relay	Finals Time
1 Rox	A	2:09,63
	1) Mark Hultzer 49	2) Derek Morris 60
	3) Mike Rodda 51	4) Nick Horn 50
2 Marine	A	2:27,61
	1) Michael Impson 43	2) Nicolette Brand 36
	3) Gary Hughes 47	4) Tanya Osborne 49
3 Seagulls	A	2:56,21
	1) Earl Ingram 40	2) Earl Rensburg 35
	3) Claudio Jooste 41	4) Eugene Such 38

**Event 7 Men 101 & Over 200 LC Meter 4 X 25m Manikin Relay POOL M/**

Team	Relay	Finals Time
1 Rox	A	2:09,63
	1) Mark Hultzer 49	2) Derek Morris 60
	3) Mike Rodda 51	4) Nick Horn 50
2 Marine	A	2:27,61
	1) Michael Impson 43	2) Nicolette Brand 36
	3) Gary Hughes 47	4) Tanya Osborne 49
3 Seagulls	A	2:56,21
	1) Earl Ingram 40	2) Earl Rensburg 35
	3) Claudio Jooste 41	4) Eugene Such 38

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**Results - MASTERS POOL FINALS**

**Event 7 Mixed 101 & Over 200 LC Meter 4 X 25m Manikin Relay POOL M**

Team	Relay	Finals Time
1 Rox	A	2:09,63
1) Mark Hultzer M49	2) Derek Morris M60	
3) Mike Rodda M51	4) Nick Horn M50	
2 Marine	A	2:27,61
1) Michael Impson M43	2) Nicolette Brand W36	
3) Gary Hughes M47	4) Tanya Osborne W49	
3 Seagulls	A	2:56,21
1) Earl Ingram M40	2) Earl Rensburg M35	
3) Claudio Jooste M41	4) Eugene Such M38	

**Event 8 Women 30-34 100 LC Meter Manikin Tow + Tube POOL MASTE**

SA REC 2019: 1:24,08 R 01 May 2015 Regina van den Bout

Name	AgeTeam	Finals Time
1 Lindi Humphreys	33 Summerstrand	1:24,41

**Event 8 Women 35-39 100 LC Meter Manikin Tow + Tube POOL MASTE**

SA REC 2019: 1:32,95 R 29 Apr 2017 Busisiwe Mdlalose

Name	AgeTeam	Finals Time
---	Nicolette Brand 36 Marine	DQ

**Event 8 Women 45-49 100 LC Meter Manikin Tow + Tube POOL MASTE**

SA REC 2019: 1:32,97 R 30 Apr 2016 Sandra van Niekerk

Name	AgeTeam	Finals Time
1 Wendy Horn	48 Rox	1:27,17R

**Event 8 Women 50-54 100 LC Meter Manikin Tow + Tube POOL MASTE**

SA REC 2019: 1:38,96 R 29 Apr 2017 Michelle Davey

Name	AgeTeam	Finals Time
1 Lynne Callanan	53 Senathla	1:35,06R
2 Michele Davey	54 Senathla	1:38,20

**Event 8 Men 30-34 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2019: 1:11,53 R 22 Feb 2013 Craig Dingle

Name	AgeTeam	Finals Time
---	Franklin Coetzee 34 Seagulls	DQ

**Event 8 Men 35-39 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2019: 1:20,47 R 28 Feb 2014 Gavin Strydom

Name	AgeTeam	Finals Time
1 Eugene Such	38 Seagulls	1:30,25

**Event 8 Men 40-44 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2019: 1:11,12 R 30 Apr 2016 Morne Muller

Name	AgeTeam	Finals Time
1 Justin Fletcher	42 Linden	1:23,59
2 Jubilee van Jaarseveld	40 Suncity	1:31,55
3 Michael Impson	43 Marine	1:31,72
4 Earl Ingram	40 Seagulls	1:45,18
---	Roland Jerling 41 Seagulls	DQ

**Event 8 Men 45-49 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2019: 1:17,91 R 22 Feb 2013 Douglas Herbert

Name	AgeTeam	Finals Time
1 Shane Misdorp	46 Pirates	1:26,59
2 Mark Hultzer	49 Rox	1:30,44
3 Rowan Matthews	49 Pirates	1:48,85
---	Darrel Penn 49 Fish Hoek	DQ

**Event 8 Men 50-54 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2019: 1:18,61 R 04 Mar 2017 Douglas Herbert

Name	AgeTeam	Finals Time
1 Nick Horn	50 Rox	1:22,85
2 Douglas Herbert	52 Linden	1:24,60
---	Mike Rodda 51 Rox	DQ

**Event 8 Men 55-59 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2019: 1:59,17 R 31 Mar 2018 Patrick Lewis

Name	AgeTeam	Finals Time
---	Rob Smith 57 Summerstrand	DQ
---	Patrick Lewis 58 Seagulls	DQ

**Event 8 Men 60-64 100 LC Meter Manikin Tow + Tube POOL MASTERS**

Name	AgeTeam	Finals Time
1 Derek Morris	60 Rox	1:34,76

**Event 9 Women 101 & Over 200 LC Meter 4 x 50 Medley Rescue Relay P**

Team	Relay	Finals Time
1 Rox	A	2:16,19
1) Nick Horn 50	2) Mark Hultzer 49	
3) Derek Morris 60	4) Mike Rodda 51	
2 Marine	A	2:19,64
1) Michael Impson 43	2) Nicolette Brand 36	
3) Gary Hughes 47	4) Tanya Osborne 49	
3 Summerstrand	A	2:30,29
1) Johan Heath 39	2) Lindi Humphreys 33	
3) Stanford Slabbert 59	4) Rob Smith 57	
4 Seagulls	A	2:37,66
1) Earl Ingram 40	2) Earl Rensburg 35	
3) Claudio Jooste 41	4) Eugene Such 38	

**Event 9 Men 101 & Over 200 LC Meter 4 x 50 Medley Rescue Relay POO**

Team	Relay	Finals Time
1 Rox	A	2:16,19
1) Nick Horn 50	2) Mark Hultzer 49	
3) Derek Morris 60	4) Mike Rodda 51	
2 Marine	A	2:19,64
1) Michael Impson 43	2) Nicolette Brand 36	
3) Gary Hughes 47	4) Tanya Osborne 49	
3 Summerstrand	A	2:30,29
1) Johan Heath 39	2) Lindi Humphreys 33	
3) Stanford Slabbert 59	4) Rob Smith 57	
4 Seagulls	A	2:37,66
1) Earl Ingram 40	2) Earl Rensburg 35	
3) Claudio Jooste 41	4) Eugene Such 38	

**Event 9 Mixed 101 & Over 200 LC Meter 4 x 50 Medley Rescue Relay PO**

Team	Relay	Finals Time
1 Rox	A	2:16,19
1) Nick Horn M50	2) Mark Hultzer M49	
3) Derek Morris M60	4) Mike Rodda M51	
2 Marine	A	2:19,64
1) Michael Impson M43	2) Nicolette Brand W36	
3) Gary Hughes M47	4) Tanya Osborne W49	
3 Summerstrand	A	2:30,29
1) Johan Heath M39	2) Lindi Humphreys W33	
3) Stanford Slabbert M59	4) Rob Smith M57	

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<b>(Event 9 Mixed 101 &amp; Over 200 LC Meter 4 x 50 Medley Rescue Relay P)</b>		
<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>
4 Seagulls	A	2:37,66
1) Earl Ingram M40	2) Earl Rensburg M35	
3) Claudio Jooste M41	4) Eugene Such M38	