



South African Lifesaving Inter-Provincial Championships 2021
Youth and Open Ocean and Beach Programme
Venue: North Beach: 26th April, 2021

BRIEFINGS:

Monday: 26th April: 07:00 - Team Managers at Durban Surf LS Club
07:30 - Technical Officials Roll Call and Briefing at Durban Surf LS Club.

Tides: High: 03:08 (2.20 m) and 15:26 (2.04 m)
Low: 09:20 (0.12 m) and 09:32 (0.08 m)

Sun Rise: 06:21

Sun Set: 17:25

Event No.	Time (Aprox.)		Gender	No. of Teams or Athletes	Type
	07:45	Opening Ceremony			
	08:00	Marshalling commences			
1	08:15	Single Ski: Youth & Open	Male & Female	2 Male/2 Female	Final
2		Board Race: Youth & Open	Male & Female	2 Male/2 Female	Final
3		Iron Man/Woman: Youth & Open	Male & Female	2 Male/2 Female	Final
4		Beach Sprint: Youth & Open	Male & Female	2 Male/2 Female	Final
5		Beach Flags: Youth & Open	Male & Female	2 Male/2 Female	Final
6		Board Rescue: Youth & Open	Male & Female	1 Team of 2	Final
7		Rescue Tube Rescue: Youth & Open	Male & Female	1 Team of 2	Final
8		Surf Swim Race: Youth & Open	Male & Female	2 Male/2 Female	Final
9		Single Ski Relay: Youth & Open	Male & Female	1 Team of 3	Final
10		Board Relay: Youth & Open	Male & Female	1 Team of 3	Final
11		Beach Relay: Youth & Open	Male & Female	1 Team of 4	Final
12		Taplin Relay: Youth & Open	Male & Female	1 Team of 4	Final
		End of Inter-Provincial Championships			
		Prize giving after last event on the beach			

Note:

1. Individuals and teams must be available at the commencement of the session for marshalling and competition of an event listed.
2. This is a draft programme and subject to change.
3. The Chief Referee may combine events in order to save time.
4. Order of events will be 1 - Youth Male, 2 - Youth Female, 3 - Open Male, 4 - Open Female
5. Order of events may be changed by the Chief Referee depending on surf conditions.
6. The draw for Iron Man/Woman and Ocean Lifesavers Relay to be done at the Managers Meeting.
7. No parents, no siblings and or spectators other than the officials, coaches and chaperones will be allowed access into the arena or marshalling areas.
8. Social distancing of 2 m between all persons is compulsory at all times – Team Managers/ Chaperones to help monitoring social distances & wearing of mask.
9. Athletes to always wear their own face mask when not participating in their events. (Face mask to be stored in clearly marked Ziploc bag in the kit bag and not to be left lying around.)
10. No smoking in the arena or marshalling areas.