

LIFESAVING SOUTH AFRICA
INTERPROVINCIAL POOL CHAMPIONSHIPS 2021

Results - Day 2 Kings Park Pool

Event 35 Girls 12-13 100 LC Meter Super Nipper NIPPER

SA REC 2021: 1:21,04 R 29 Mar 2019 Kelsey Chiang

Name	AgeTeam	Finals Time
1 Nika Maartens	13 GPLA	1:22,12
2 Rebecca Fury	12 WC	1:23,15
3 Jessica Sardinha	12 GPLA	1:24,57
4 Ruth Dredge	12 GPLA	x1:25,45
5 Anke van der Poel	13 FS	1:26,57
6 Keira van Heerden	13 LEC	1:26,88
7 Erin Langenhoven	13 WC	1:27,85
8 Gabby Aromin	13 KZN	1:28,13
9 Amy Rabe	13 KZN	1:32,23
10 Linique Rowles	13 NWL	1:32,51
11 Annemi de Villiers	13 LEC	1:32,69
12 Kayla van Niekerk	12 FS	1:34,67
13 Jenna Coetzee	12 LEC	x1:36,81
14 Lerato Molobye	12 NWL	1:38,26
15 Tasnim Nabbie	13 KZN	x1:40,98
16 Leane Gouws	12 NWL	x1:41,07
17 Nina Cullis	13 WC	x1:41,25

Event 36 Boys 12-13 100 LC Meter Super Nipper NIPPER

SA REC 2021: 1:09,82 R 29 Mar 2019 Elija Dredge

Name	AgeTeam	Finals Time
1 Christiaan van Eeden	13 NWL	1:12,14
2 Aiden Nel	13 FS	1:14,61
3 Jake Hutton	13 WC	1:15,76
4 Luc Brand	12 KZN	1:18,98
5 Derick Kotze	12 FS	1:19,96
6 Wade Beukes	13 WC	1:21,61
7 Neil Holtzhausen	13 NWL	1:21,65
8 Canaan Brice	13 LEC	1:22,24
9 Ryan Voigt	13 WC	x1:22,68
10 Tyne van Achterberg	13 KZN	1:24,95
11 Ryan Nell	13 GPLA	1:26,26
12 Wyatt Ludick	13 LEC	1:27,11
13 Bryce Minderton	13 LEC	x1:27,19
14 Nathan Burger	12 KZN	x1:31,15
15 Christiaan Bothma	13 NWL	x1:31,19
16 Liam Niewoudt	13 FS	x1:33,17
17 Elgar Stoltz	12 GPLA	1:44,74
18 Shaun Karuma	12 GPLA	x1:49,65

Event 37 Girls 14-18 200 LC Meter Super Lifesaver YOUTH

SA REC 2021: 2:29,45 R 22 Nov 2019 Bianca Opperman

World Record: 2:22,32 W 23 Nov 2019 Lani Pallister

2:37,56 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Bianca Opperman	18 NWL	2:34,08 WG
2 Sulinke van den Berg	18 GPLA	2:36,66 WG
3 Kendra du Toit	17 GPLA	2:40,08
4 Savannah Voight	15 WC	2:57,83
5 Paige Nicholson	17 KZN	3:01,61
6 Anneke van Eeden	16 NWL	3:04,80
7 Tyler Hughes	15 GPLA	x3:05,53
8 Kelsey Chiang	15 WC	3:05,84
9 Carese Abrahams	17 WC	x3:12,35

10 Tannah Smith	15 KZN	3:14,49
11 Elaine Snyman	17 NWL	x3:15,62
12 Miche Johns	14 FS	3:22,11
13 Courtney Davidson	18 LEC	3:27,09
--- Nicola Harcus	14 LEC	DQ
--- Jodi Wilson	14 LEC	DQ
--- Cara van der Bijl	14 FS	DQ
--- Guilma Lausberg	16 FS	DQ

Event 38 Boys 14-18 200 LC Meter Super Lifesaver YOUTH

SA REC 2021: 2:20,10 R 24 Nov 2017 Milan Erasmus

World Record: 2:11,58 W 02 Jul 2016 Christian Barbati

2:19,87 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Len-Douglas Mac Kay	16 FS	2:28,64
2 Aiden Bornman	15 GPLA	2:32,62
3 Antonie Pieterse	15 NWL	2:36,14
4 Clayton Thompson	15 GPLA	2:40,59
5 Armand Jubber	14 GPLA	x2:40,84
6 Pierre Botha	16 WC	2:42,58
7 George Edward	18 KZN	2:44,46
8 Kyle Hultzer	17 KZN	2:45,13
9 Lyon van Wijk	16 FS	2:45,74
10 Adrian Le Roux	15 NWL	2:47,00
11 Andries Jansen van Vuuren	17 FS	x2:49,14
12 Leshen Pillay	16 KZN	x2:49,66
13 Wilan Basson	14 WC	2:51,20
14 Daniel Butler	17 LEC	2:59,85
15 Marnitz van den Berg	16 NWL	x3:03,20
--- Kellan Jones	18 LEC	DQ
--- Geoff Cowper-Johnson	14 LEC	DQ

Event 39 Women 200 LC Meter Super Lifesaver OPEN

SA REC 2021: 2:29,45 R 22 Nov 2019 Bianca Opperman

World Record: 2:20,05 W 23 Nov 2019 Prue Davies

2:37,56 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Sasha-Lee Nordengen	23 KZN	2:35,55 WG
2 Tove' van Zyl	23 GPLA	2:37,90
3 Tanya Pieterse	20 NWL	2:50,11
4 Amica de Jager	21 KZN	2:50,85
5 Marlise Ferreira	18 NWL	2:57,41
6 Danielle Luyt	24 NWL	x2:57,43
7 Keli Reynolds	21 KZN	x3:09,37

Event 40 Men 200 LC Meter Super Lifesaver OPEN

SA REC 2021: 2:11,45 R 22 Nov 2019 Johan Lourens

World Record: 2:04,33 W 23 Apr 2017 Fererico Gilardi

2:19,87 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Johan Lourens	25 GPLA	2:19,76 WG
2 Ockert van Schalkwyk	20 GPLA	2:27,89
3 Branden Willows	18 GPLA	x2:29,08
4 Chris Mc Glynn	25 KZN	2:37,39
5 Rinus Hattingh	19 NWL	2:42,06
6 James Matthews	18 KZN	2:48,55
7 Wayne Jones	25 LEC	2:49,79
8 Grantham Manchest	28 WC	2:54,61

LIFESAVING SOUTH AFRICA
INTERPROVINCIAL POOL CHAMPIONSHIPS 2021

Results - Day 2 Kings Park Pool

(Event 40 Men 200 LC Meter Super Lifesaver OPEN)

Name	AgeTeam	Finals Time
9 Avron Manchest	25 WC	2:55,26
10 Ethan Fall	21 WC	x3:10,98
11 Theuns Smit	38 NWL	3:11,08
12 Henk Heymel	20 NWL	x3:11,22
13 Luke Butler	20 LEC	3:12,23
--- Connor Botha	18 KZN	DQ
--- Jason Jones	27 LEC	DQ

Event 41 Girls 12-13 50 LC Meter Manikin Carry NIPPER

SA REC 2021: 36,71 R 05 May 2018 Giulma Lausberg

Name	AgeTeam	Finals Time
1 Keira van Heerden	13 LEC	40,84
2 Ruth Dredge	12 GPLA	40,92
3 Nika Maartens	13 GPLA	41,53
4 Erin Langenhoven	13 WC	42,73
5 Madison Stewart	13 KZN	44,01
6 Amy Rabe	13 KZN	44,86
7 Nicole Norman	12 GPLA	x45,17
8 Anke van der Poel	13 FS	45,37
9 Linique Rowles	13 NWL	46,74
10 Tayla Wilson	12 LEC	46,99
11 Eve Abrahams	12 WC	47,22
12 Jenna Coetzee	12 LEC	x48,45
13 Nina Cullis	13 WC	x49,04
14 Heili van den Bergh	13 NWL	49,64
15 Zoe Hughes	12 KZN	x49,84
16 Kayla van Niekerk	12 FS	50,72
17 Leane Gouws	12 NWL	x51,05

Event 42 Boys 12-13 50 LC Meter Manikin Carry NIPPER

SA REC 2021: 32,96 R 29 Apr 2017 Dieter Roux

Name	AgeTeam	Finals Time
1 Christiaan van Eeden	13 NWL	33,58
2 Canaan Brice	13 LEC	35,59
3 Luc Brand	12 KZN	35,82
4 Aiden Nel	13 FS	35,90
5 Bryce Minderton	13 LEC	36,79
6 Jake Anderson	13 WC	37,39
7 Neil Holtzhausen	13 NWL	37,50
8 Ryan Nell	13 GPLA	38,79
9 Derick Kotze	12 FS	39,15
10 Liam Clarke	13 WC	39,21
11 Ryan Voigt	13 WC	x39,68
12 Nathan Burger	12 KZN	40,32
13 Samuel van der Venter	13 LEC	x43,54
14 Adrian Truter	13 KZN	x44,40
15 Heinrich Geysler	12 FS	x45,20
16 Hugo Taljaard	12 NWL	x46,01
17 Shaun Karuma	12 GPLA	51,98
--- Elgar Stoltz	12 GPLA	DQ

Event 43 Girls 14-18 50 LC Meter Manikin Carry YOUTH

SA REC 2021: 37,43 R 21 Nov 2019 Bianca Opperman

World Record: 34,04 W 20 Feb 2021 Nina Holt

36,89 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Sulinke van den Berg	18 GPLA	38,24
2 Bianca Opperman	18 NWL	39,75
3 Guilma Lausberg	16 FS	41,37
4 Kendra du Toit	17 GPLA	42,63
5 Anieke Helmand	15 FS	43,02
6 Tyler Hughes	15 GPLA	x43,74
7 Jenna Biddulph	15 LEC	44,52
8 Kelsey Chiang	15 WC	44,96
9 Courtney Davidson	18 LEC	45,47
10 Savannah Voight	15 WC	45,65
11 Jodi Wilson	14 LEC	x45,72
12 Daisy Mowat	15 KZN	48,36
13 Carese Abrahams	17 WC	x48,42
14 Tamica Visser	14 NWL	48,73
15 Sune van Zyl	15 NWL	x49,36
16 Miche Johns	14 FS	x50,34
17 Dayna Deeble	14 KZN	51,07
18 Raquel Robbins	18 KZN	x51,99

Event 44 Boys 14-18 50 LC Meter Manikin Carry YOUTH

SA REC 2021: 32,14 R 15 Sep 2206 Armand Marais

World Record: 29,77 W 25 Sep 2015 Charlie Hayes

30,68 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Elijah Dredge	15 GPLA	33,07
2 Len-Douglas Mac Kay	16 FS	34,32
3 Antonie Pieterse	15 NWL	35,31
4 Aiden Bornman	15 GPLA	35,32
5 Clayton Thompson	15 GPLA	x35,33
6 Cullen Biddulph	18 LEC	35,92
7 Daniel Butler	17 LEC	36,70
8 Andries Jansen van Vuuren	17 FS	37,36
9 Leshen Pillay	16 KZN	37,98
10 Adrian Le Roux	15 NWL	38,48
11 Wilan Basson	14 WC	39,15
12 Marko van den Berg	16 FS	x39,63
13 Pierre Botha	16 WC	40,19
14 Kellan Jones	18 LEC	x40,29
15 Hendre van den Bergh	15 NWL	x42,19
16 William Pearse	18 KZN	44,55

Event 45 Women 50 LC Meter Manikin Carry OPEN

SA REC 2021: 36,99 R 05 May 2018 Kristin Bellingan

World Record: 32,79 W 06 Aug 2016 Laura Quilter

36,89 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Tove' van Zyl	23 GPLA	36,91
2 Sasha-Lee Nordengen	23 KZN	38,85
3 Amica de Jager	21 KZN	39,21
4 Tanya Pieterse	20 NWL	42,51
5 Danielle Luyt	24 NWL	43,86
6 Keli Reynolds	21 KZN	x45,00

LIFESAVING SOUTH AFRICA
INTERPROVINCIAL POOL CHAMPIONSHIPS 2021

Results - Day 2 Kings Park Pool

Event 45 Women 50 LC Meter Manikin Carry OPEN

Name	AgeTeam	Finals Time
7 Marlise Ferreira	18 NWL	x45,01

Event 46 Men 50 LC Meter Manikin Carry OPEN

SA REC 2021: 29,22 R 22 Nov 2013 Armand Marais

World Record: 27,27 W 22 Jul 2017 Danny Wieck

30,68 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Travis Misdorp	21 KZN	32,05
2 Ockert van Schalkwyk	20 GPLA	32,92
3 Robbie le Roux	21 GPLA	33,30
4 Rinus Hattingh	19 NWL	34,04
5 Mark Kleinmans	19 WC	36,05
6 Avron Manchest	25 WC	36,40
7 Sanele Nxumalo	25 KZN	36,44
8 James Matthews	18 KZN	x36,54
9 Wayne Jones	25 LEC	36,89
10 Jason Jones	27 LEC	38,62
11 Juan-Jacques Bezuidenhout	21 NWL	39,57
12 Ethan Fall	21 WC	x41,09
13 Luke Johnson	22 LEC	x42,25
14 Theuns Smit	38 NWL	x42,54
--- Johan Lourens	25 GPLA	DQ

Event 47 Girls 14-18 100 LC Meter Manikin Tow + Tube YOUTH

SA REC 2021: 1:03,36 R 22 Nov 2019 Bianca Opperman

World Record: 59,03 W 13 Jul 2019 Alessia Cappai

1:02,33 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Kendra du Toit	17 GPLA	1:03,46
2 Bianca Opperman	18 NWL	1:08,34
3 Janell Maartens	16 GPLA	1:10,72
4 Guilma Lausberg	16 FS	1:12,79
5 Savannah Voight	15 WC	1:13,09
6 Anneke van Eeden	16 NWL	1:13,22
7 Sune van Zyl	15 NWL	x1:15,70
8 Milishca Geleta	15 FS	1:16,85
9 Cara van der Bijl	14 FS	x1:17,12
10 Kelsey Chiang	15 WC	1:17,51
11 Saskia Hockley	16 KZN	1:19,14
12 Carese Abrahams	17 WC	x1:19,91
13 Jenna Biddulph	15 LEC	1:22,92
14 Dayna Deeble	14 KZN	1:23,93
15 Georgia Stone	14 LEC	1:29,71
--- Courtney Davidson	18 LEC	DQ
--- Paige Nicholson	17 KZN	DQ
--- Sulinke van den Berg	18 GPLA	DQ

Event 48 Boys 14-18 100 LC Meter Manikin Tow + Tube YOUTH

SA REC 2021: 54,36 R 12 Feb 2017 Milan Erasmus

World Record: 52,19 W 20 Nov 2015 David Laufkotter

55,15 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Aiden Bornman	15 GPLA	59,02
2 Len-Douglas Mac Kay	16 FS	1:00,68
3 Antonie Pieterse	15 NWL	1:01,01
4 Andries Jansen van Vuuren	17 FS	1:01,79

5 Damien Stoltz	18 GPLA	1:03,78
6 Lyon van Wijk	16 FS	x1:04,71
7 George Edward	18 KZN	1:05,56
8 Adrian Le Roux	15 NWL	1:06,16
9 Pierre Botha	16 WC	1:06,89
10 Wilan Basson	14 WC	1:07,21
11 Clayton Thompson	15 GPLA	x1:08,18
12 Naor Lombard	16 WC	x1:10,79
13 Leshen Pillay	16 KZN	1:12,38
14 Kellan Jones	18 LEC	1:12,63
15 Hendre van den Bergh	15 NWL	x1:12,64
16 Cullen Biddulph	18 LEC	1:12,75
17 Kyle Hultzer	17 KZN	x1:13,53
18 Geoff Cowper-Johnson	14 LEC	x1:17,65

Event 49 Women 100 LC Meter Manikin Tow + Tube OPEN

SA REC 2021: 1:03,36 R 22 Nov 2019 Bianca Opperman

World Record: 55,40 W 22 Sep 2019 Federica Volpini

1:02,33 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Tanya Pieterse	20 NWL	1:06,31
2 Tove' van Zyl	23 GPLA	1:06,49
3 Sasha-Lee Nordengen	23 KZN	1:07,43
4 Amica de Jager	21 KZN	1:07,94
5 Peta Leigh Venter	21 NWL	1:29,25
--- Keli Reynolds	21 KZN	DQ
--- Marlise Ferreira	18 NWL	DQ

Event 50 Men 100 LC Meter Manikin Tow + Tube OPEN

SA REC 2021: 53,36 R 11 Sep 2016 Christiaan Malan

World Record: 49,02 W 22 Jul 2017 Jacopo Musso

55,15 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Johan Lourens	25 GPLA	54,97 WG
2 Rinus Hattingh	19 NWL	55,53
3 Branden Willows	18 GPLA	56,94
4 Ockert van Schalkwyk	20 GPLA	x57,37
5 Avron Manchest	25 WC	1:01,30
6 Juan-Jacques Bezuidenhout	21 NWL	1:05,40
7 Marcel-Pierre Bezuidenhout	19 NWL	x1:05,66
8 Jason Jones	27 LEC	1:08,04
9 Grantham Manchest	28 WC	1:08,27
10 Sanele Nxumalo	25 KZN	1:09,08
11 Mark Kleinmans	19 WC	x1:09,36
12 Luke Butler	20 LEC	1:16,49
--- Luke Johnson	22 LEC	DQ

Event 51 Girls 12-13 200 LC Meter 4 x 25 Manikin Relay NIPPER

SA REC 2021: 1:23,90 R 29 Apr 2017 Western Cape Nippers

Team	Relay	Finals Time
1 GPLA	A	1:27,90
1) Ruth Dredge 12	2) Rone Joubert 12	
3) Nika Maartens 13	4) Jessica Sardinha 12	
2 WC	A	1:33,46
1) Joelle Buys 13	2) Nina Cullis 13	
3) Rebecca Fury 12	4) Erin Langenhoven 13	

LIFESAVING SOUTH AFRICA
INTERPROVINCIAL POOL CHAMPIONSHIPS 2021

Results - Day 2 Kings Park Pool

(Event 51 Girls 12-13 200 LC Meter 4 x 25 Manikin Relay NIPPER)

Team	Relay	Finals Time
3 LEC	A	1:34,21
1) Jenna Coetzee 12	2) Annemi de Villiers 13	
3) Keira van Heerden 13	4) Tayla Wilson 12	
4 KZN	A	1:36,68
1) Amy Rabe 13	2) Gabby Aromin 13	
3) Zoe Hughes 12	4) Madison Stewart 13	
5 NWL	A	1:44,22
1) Leane Gouws 12	2) Lerato Molobye 12	
3) Linique Rowles 13	4) Heili van den Bergh 13	

Event 52 Boys 12-13 200 LC Meter 4 x 25 Manikin Relay NIPPER

SA REC 2021: 1:16,78 R 29 Apr 2017 Northwest Nippers

Team	Relay	Finals Time
1 NWL	A	1:21,34
1) Christiaan Bothma 13	2) Neil Holtzhausen 13	
3) Hugo Taljaard 12	4) Christiaan van Eeden 13	
2 WC	A	1:22,78
1) Wade Beukes 13	2) Liam Clarke 13	
3) Jake Hutton 13	4) Ryan Voigt 13	
3 LEC	A	1:23,39
1) Canaan Brice 13	2) Wyatt Ludick 13	
3) Bryce Minderton 13	4) Dominic Stegmann 12	
4 KZN	A	1:25,88
1) Tyne van Achterberg 13	2) Luc Brand 12	
3) Adrian Truter 13	4) Nathan Burger 12	
5 FS	A	1:28,76
1) Heinrich Geyser 12	2) Derick Kotze 12	
3) Aiden Nel 13	4) Charlie Martinson 12	

Event 53 Girls 14-18 100 LC Meter 4 x 25 Manikin Relay YOUTH

SA REC 2021: 1:33,79 R 23 Jun 2018 SA Youth Orange Cup 18

A.Chislett, B.Opperman, S.vd Berg, D.v Rensburg

World Record: 1:24,93 W 22 Sep 2019 Germany

1:29,27 WG World Games Qualify

Team	Relay	Finals Time
1 GPLA	A	1:42,77
1) Kendra du Toit 17	2) Tyler Hughes 15	
3) Janell Maartens 16	4) Sulinke van den Berg 18	
2 NWL	A	1:56,62
1) Bianca Opperman 18	2) Elaine Snyman 17	
3) Sune van Zyl 15	4) Tamica Visser 14	
3 WC	A	1:56,97
1) Carese Abrahams 17	2) Kelsey Chiang 15	
3) Holly Cleworth 16	4) Savannah Voight 15	
4 FS	A	1:58,59
1) Milishca Geleta 15	2) Anieke Helmand 15	
3) Cara van der Bijl 14	4) Guilma Lausberg 16	
5 LEC	A	2:00,84
1) Courtney Davidson 18	2) Nicola Harcus 14	
3) Jenna Biddulph 15	4) Jodi Wilson 14	
6 KZN	A	2:01,39
1) Saskia Hockley 16	2) Daisy Mowat 15	
3) Raquel Robbins 18	4) Tannah Smith 15	

Event 54 Boys 14-18 100 LC Meter 4 x 25 Manikin Relay YOUTH

SA REC 2021: 1:16,92 R 25 Nov 2018 SA Youth Lwc 2018

JP van Zyl, C.Botha, M.Erasmus, C.Coetzee

World Record: 1:09,98 W 20 Sep 2014 Germany

1:13,65 WG World Games Qualify

Team	Relay	Finals Time
1 LEC	A	1:31,26
1) Cullen Biddulph 18	2) Kellan Jones 18	
3) Geoff Cowper-Johnson 14	4) Daniel Butler 17	
2 GPLA	A	1:31,32
1) Aiden Bornman 15	2) Elijah Dredge 15	
3) Nikhil Pillay 15	4) Clayton Thompson 15	
3 FS	A	1:31,65
1) Andries Jansen van Vuuren 17	2) Len-Douglas Mac Kay 16	
3) Lyon van Wijk 16	4) Marko van den Berg 16	
4 NWL	A	1:35,35
1) Adrian Le Roux 15	2) Antonie Pieterse 15	
3) Marnitz van den Berg 16	4) Hendre van den Bergh 15	
5 WC	A	1:38,89
1) Wilan Basson 14	2) Pierre Botha 16	
3) Peter Copeland 17	4) Jonathan Lucas 17	
6 KZN	A	1:39,44
1) George Edward 18	2) Kyle Hultzer 17	
3) William Pearse 18	4) Leshen Pillay 16	

Event 55 Women 100 LC Meter 4 x 25 Manikin Relay OPEN

SA REC 2021: 1:27,93 R 24 Nov 2018 SA Protea Team

S.Corris, C.Billson, K.Bellingan, B.von Bargaen

World Record: 1:17,63 W 30 Nov 2018 Rane Rosse

1:29,27 WG World Games Qualify

Team	Relay	Finals Time
1 KZN	A	1:42,00
1) Amica de Jager 21	2) Paige Horn 17	
3) Sasha-Lee Nordengen 23	4) Keli Reynolds 21	
2 NWL	A	1:48,14
1) Marlise Ferreira 18	2) Danielle Luyt 24	
3) Tanya Pieterse 20	4) Peta Leigh Venter 21	

Event 56 Men 100 LC Meter 4 x 25 Manikin Relay OPEN

SA REC 2021: 1:11,69 R 11 Sep 2016 Rescue 2016 SA Senior Team

World Record: 1:04,04 W 22 Jul 2017 Germany

1:13,65 WG World Games Qualify

Team	Relay	Finals Time
1 KZN	A	1:21,44
1) Connor Botha 18	2) Matthew Bouman 44	
3) Travis Misdorp 21	4) Sanele Nxumalo 25	
2 GPLA	A	1:26,86
1) Robbie le Roux 21	2) Johan Lourens 25	
3) Ockert van Schalkwyk 20	4) Kian du Toit 19	
3 NWL	A	1:31,16
1) Juan-Jacques Bezuidenhout 21	2) Rinus Hattingh 19	
3) Henk Heymel 20	4) Theuns Smit 38	
4 WC	A	1:32,24
1) Ethan Fall 21	2) Mark Kleinhans 19	
3) Avron Manchest 25	4) Grantham Manchest 28	
5 LEC	A	1:35,57
1) Luke Butler 20	2) Jason Jones 27	
3) Wayne Jones 25	4) Luke Johnson 22	

LIFESAVING SOUTH AFRICA
INTERPROVINCIAL POOL CHAMPIONSHIPS 2021

Results - Day 2 Kings Park Pool

Event 57 Girls 12-13 200 LC Meter 4 x 50 Medley Rescue Relay NIPPER
SA REC 2021: 2:02,86 R 07 Apr 2020 Gauteng North Nippers

Team	Relay	Finals Time
1 GPLA	A	2:06,16
1) Ruth Dredge 12	2) Nicole Norman 12	
3) Nika Maartens 13	4) Jessica Sardinha 12	
2 LEC	A	2:08,46
1) Jenna Coetzee 12	2) Annemi de Villiers 13	
3) Keira van Heerden 13	4) Jessica Harcus 13	
3 WC	A	2:09,01
1) Eve Abrahams 12	2) Rebecca Fury 12	
3) Erin Langenhoven 13	4) Georgia Singe 13	
4 NWL	A	2:09,96
1) Leane Gouws 12	2) Xanthe Nagel 12	
3) Linique Rowles 13	4) Heili van den Bergh 13	
5 KZN	A	2:19,62
1) Amy Rabe 13	2) Gabby Aromin 13	
3) Madison Alberts 13	4) Tasnim Nabbie 13	

Event 58 Boys 12-13 200 LC Meter 4 x 50 Medley Rescue Relay NIPPER
SA REC 2021: 1:54,28 R 1999 Easterns Nippers

Team	Relay	Finals Time
1 LEC	A	1:57,77
1) Canaan Brice 13	2) David Emslie 13	
3) Wyatt Ludick 13	4) Bryce Minderton 13	
2 NWL	A	1:59,71
1) Christiaan Bothma 13	2) Neil Holtzhausen 13	
3) Hugo Taljaard 12	4) Christiaan van Eeden 13	
3 WC	A	2:00,27
1) Jake Hutton 13	2) Liam Clarke 13	
3) Jake Anderson 13	4) Ryan Voigt 13	
4 KZN	A	2:04,95
1) Nathan Forster 12	2) Nathan Burger 12	
3) Tyne van Achterberg 13	4) Luc Brand 12	
5 FS	A	2:07,30
1) Derick Kotze 12	2) Charlie Martinson 12	
3) Aiden Nel 13	4) Liam Niewoudt 13	

Event 59 Girls 14-18 200 LC Meter 4 x 50 Medley Relay YOUTH
SA REC 2021: 1:49,30 R 24 Jun 2018 SA Youth Orange cup 2018

A.Chislett, D.Dredge, B.Opperman, S.vd Berg

World Record: 1:41,63 W 12 Sep 2018 Italy
1:52,09 WG World Games Qualify

Team	Relay	Finals Time
1 GPLA	A	1:57,47
1) Kendra du Toit 17	2) Janell Maartens 16	
3) Awande Mlangeni 14	4) Sulinke van den Berg 18	
2 FS	A	2:00,42
1) Miche Johns 14	2) Anieke Helmand 15	
3) Guilma Lausberg 16	4) Cara van der Bijl 14	
3 WC	A	2:01,66
1) Carese Abrahams 17	2) Kelsey Chiang 15	
3) Holly Cleworth 16	4) Savannah Voight 15	
4 LEC	A	2:04,74
1) Courtney Davidson 18	2) Jenna Biddulph 15	
3) Jodi Wilson 14	4) Georgia Stone 14	

5 KZN	A	2:10,15
1) Dayna Deeble 14	2) Saskia Hockley 16	
3) Paige Nicholson 17	4) Tannah Smith 15	
--- NWL	A	DQ
1) Bianca Opperman 18	2) Elaine Snyman 17	
3) Sune van Zyl 15	4) Tamica Visser 14	

Event 60 Boys 14-18 200 LC Meter 4 x 50 Medley Relay YOUTH

SA REC 2021: 1:35,32 R 25 Nov 2018 SA Youth Lwc 2018

C.Coetzee, JP van Zyl, C.Botha, M.Erasmus

World Record: 1:30,23 W 06 Sep 2017 Italy
1:39,12 WG World Games Qualify

Team	Relay	Finals Time
1 FS	A	1:44,54
1) Andries Jansen van Vuuren 17	2) Len-Douglas Mac Kay 16	
3) Marko van den Berg 16	4) Lyon van Wijk 16	
2 NWL	A	1:44,94
1) Adrian Le Roux 15	2) Christoffel Nel 16	
3) Antonie Pieterse 15	4) Hendre van den Bergh 15	
3 GPLA	A	1:45,24
1) Aiden Bornman 15	2) Elijah Dredge 15	
3) Janeco Coetzee 16	4) Damien Stoltz 18	
4 KZN	A	1:46,82
1) George Edward 18	2) Kyle Hultzer 17	
3) William Pearse 18	4) Leshen Pillay 16	
5 LEC	A	1:51,50
1) Geoff Cowper-Johnson 14	2) Cullen Biddulph 18	
3) Kellan Jones 18	4) Daniel Butler 17	
6 WC	A	1:56,02
1) Wilan Basson 14	2) Pierre Botha 16	
3) Peter Copeland 17	4) Naor Lombard 16	

Event 61 Women 200 LC Meter 4 x 50 Medley Relay OPEN

SA REC 2021: 1:45,01 R 2004 SA Rescue Team 2004

World Record: 1:37,47 W 29 Nov 2018 Wroclaw
1:52,09 WG World Games Qualify

Team	Relay	Finals Time
1 KZN	A	1:59,15
1) Amica de Jager 21	2) Paige Horn 17	
3) Sasha-Lee Nordengen 23	4) Keli Reynolds 21	
2 NWL	A	2:00,60
1) Marlise Ferreira 18	2) Danielle Luyt 24	
3) Tanya Pieterse 20	4) Peta Leigh Venter 21	

Event 62 Men 200 LC Meter 4 x 50 Medley Relay OPEN

SA REC 2021: 1:32,77 R 11 Sep 2016 Rescue 2016 SA Senior Team

World Record: 1:26,19 W 23 Nov 2018 Germany
1:39,12 WG World Games Qualify

Team	Relay	Finals Time
1 GPLA	A	1:36,66 WG
1) Robbie le Roux 21	2) Johan Lourens 25	
3) Andre Mouton 20	4) Branden Willows 18	
2 KZN	A	1:41,04
1) Connor Botha 18	2) Matthew Bouman 44	
3) Travis Misdorp 21	4) Sanele Nxumalo 25	
3 LEC	A	1:46,24
1) Luke Butler 20	2) Luke Johnson 22	
3) Jason Jones 27	4) Wayne Jones 25	

LIFESAVING SOUTH AFRICA
INTERPROVINCIAL POOL CHAMPIONSHIPS 2021

Results - Day 2 Kings Park Pool

(Event 62 Men 200 LC Meter 4 x 50 Medley Relay OPEN)

Team	Relay	Finals Time
4 WC	A	1:47,19
1) Ethan Fall 21	2) Mark Kleinhans 19	
3) Avron Manchest 25	4) Grantham Manchest 28	
5 NWL	A	1:50,41
1) Juan-Jacques Bezuidenhout 21	2) Marcel-Pierre Bezuidenhout 19	
3) Rinus Hattingh 19	4) Henk Heymel 20	

Event 63 Men 100 LC Meter Manikin with Fins OPEN

SA REC 2021: 47,29 R 18 Sep 2016 Christiaan Malan
 49,55 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Branden Willows	18 GPLA	49,99
2 Rinus Hattingh	19 NWL	50,78

Event 64 Women 50 LC Meter Manikin Carry OPEN

SA REC 2021: 37,07 R 30 Apr 2015 Pamela Hendry
 36,89 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Tove' van Zyl	23 GPLA	37,83
2 Kendra du Toit	17 GPLA	41,86

Event 65 Women 100 LC Meter Manikin Tow with Tub OPEN

SA REC 2021: 1:15,96 R 11 Sep 2016 Carmel Bilson
 1:02,33 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Sulinke van den Berg	18 GPLA	1:05,96R
2 Sasha-Lee Nordengen	23 KZN	1:13,51R

Event 66 Women 200 LC Meter Obstacle OPEN

SA REC 2021: 2:09,58 R 2003 Erna Wedemeyer
 2:17,12 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Bianca Opperman	18 NWL	2:22,18

Event 67 Men 200 LC Meter Obstacle Relay OPEN

SA REC 2021: 1:32,77 R 11 Sep 2016 Rescue 2016 SA Senior Team
 1:49,02 WG World Games Qualify

Team	Relay	Finals Time
1 LSA 1	A	1:43,87 WG
1) Johan Lourens 25	2) Robbie le Roux 21	
3) Cullen Biddulph 18	4) Travis Misdorp 21	
2 LSA 3	A	1:47,14 WG
1) Ockert van Schalkwyk 20	2) Kian du Toit 19	
3) Aiden Bornman 15	4) Elijah Dredge 15	

Event 68 Women 200 LC Meter Obstacle Relay OPEN

SA REC 2021: 1:45,01 R 2004 SA Rescue Team 2004
 2:02,08 WG World Games Qualify

Team	Relay	Finals Time
1 LSA 1	A	2:03,83
1) Sasha-Lee Nordengen 23	2) Sulinke van den Berg 18	
3) Bianca Opperman 18	4) Tove' van Zyl 23	

Event 69 Men 50 LC Meter Manikin Carry OPEN

SA REC 2021: 29,22 R 22 Nov 2013 Armand Marais
 30,68 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Johan Lourens	25 GPLA	31,90

Event 70 Men 100 LC Meter Manikin Tow with Tub OPEN

SA REC 2021: 1:02,40 R 23 Nov 2013 Armand Marais
 55,15 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Andre Mouton	20 GPLA	57,70R

Event 71 Men 200 LC Meter Obstacle OPEN

SA REC 2021: 1:57,69 R 11 Sep 2016 Johan Lourens
 2:07,13 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Elijah Dredge	15 GPLA	2:05,28 WG