

**LIFESAVING SOUTH AFRICA**  
**INTERPROVINCIAL POOL CHAMPIONSHIPS 2021**  
**Results - Day 1 Kings Park Pool**

**Event 1 Girls 14-18 50 LC Meter Line Throw Relay YOUTH**

SA REC 2021: 13,75 R 22 Apr 2009 Gauteng Seniors

World Record: 12,45 W 24 Nov 2018 Stott, Charbonneau

Team	Relay	Finals Time
1 KZN	A	18,47
1) Saskia Hockley 16	2) Tannah Smith 15	
2 GPLA	A	20,45
1) Tyler Hughes 15	2) Awande Mlangeni 14	
--- LEC	A	DQ
Did not finish		
1) Jodi Wilson 14	2) Georgia Stone 14	
--- NWL	A	DQ
Did not finish		
1) Bianca Opperman 18	2) Tamica Visser 14	
--- WC	A	DNF
Did not finish		
1) Savannah Voight 15	2) Kelsey Chiang 15	
--- FS	A	DNF
Did not finish		
1) Anieke Helmand 15	2) Lana Loots 15	

**Event 2 Boys 14-18 50 LC Meter Line Throw Relay YOUTH**

SA REC 2021: 9,17 R 24 Nov 2018 SA Youth Team

Milan Erasmus (t); Connor Botha

World Record: 9,17 W 24 Nov 2018 Milan Erasmus, Conner Bo

Team	Relay	Finals Time
1 WC	A	16,68
1) Wilan Basson 14	2) Pierre Botha 16	
2 LEC	A	24,33
1) Kellan Jones 18	2) Geoff Cowper-Johnson 14	
3 NWL	A	26,35
1) Marnitz van den Berg 16	2) Antonie Pieterse 15	
4 KZN	A	32,30
1) Kyle Hultzer 17	2) Leshen Pillay 16	
5 GPLA	A	1:05,43
1) Janeco Coetzee 16	2) Nikhil Pillay 15	
--- FS	A	48,73
Did not finish		
1) Andries Jansen van Vuuren	2) Bernard Mac Kay 14	

**Event 3 Women 50 LC Meter Line Throw Relay OPEN**

SA REC 2021: 13,43 R 2003

SA Commonwealth

Z Pieterse, M Ferreira

World Record: 10,40 W 20 Nov 2009 Peeters, Peulen

Team	Relay	Finals Time
1 NWL	A	38,83
1) Marlise Ferreira 18	2) Tanya Pieterse 20	
--- KZN	A	DNF
Did not finish		
1) Amica de Jager 21	2) Paige Horn 17	

**Event 4 Men 50 LC Meter Line Throw Relay OPEN**

SA REC 2021: 8,84 R 24 Apr 2010 Gauteng Province

World Record: 9,01 W 06 Oct 2010 Zollig, Stockli

Team	Relay	Finals Time
1 WC	A	15,69
1) Avron Manchest 25	2) Grantham Manchest 28	
2 NWL	A	16,57
1) Theuns Smit 38	2) Rinus Hattingh 19	
3 LEC	A	18,62
1) Luke Butler 20	2) Luke Johnson 22	

4 GPLA	A	33,81
1) Kian du Toit 19	2) Branden Willows 18	
5 KZN	A	39,22
1) Connor Botha 18	2) Chris Mc Glynn 25	

**Event 5 Girls 12-13 100 LC Meter Obstacle NIPPER**

SA REC 2021: 1:06,54 R 28 Apr 2016 Alexandra Chislett

Name	AgeTeam	Finals Time
1 Rebecca Fury	12 WC	1:08,65
2 Keira van Heerden	13 LEC	1:09,98
3 Erin Langenhoven	13 WC	1:10,96
4 Ruth Dredge	12 GPLA	1:12,12
5 Nika Maartens	13 GPLA	1:12,21
6 Xanthe Nagel	12 NWL	1:12,63
7 Jenna Coetzee	12 LEC	1:13,09
8 Linique Rowles	13 NWL	1:15,26
9 Madison Alberts	13 KZN	1:15,28
10 Annemi de Villiers	13 LEC	x1:16,05
11 Amy Rabe	13 KZN	1:16,96
12 Heili van den Bergh	13 NWL	x1:17,55
13 Anke van der Poel	13 FS	1:17,90
14 Jessica Sardinha	12 GPLA	x1:18,58
15 Chane Reineke	12 WC	x1:19,01
16 Zoe Hughes	12 KZN	x1:23,76
17 Kayla van Niekerk	12 FS	1:27,34

**Event 6 Boys 12-13 100 LC Meter Obstacle NIPPER**

SA REC 2021: 59,79 R 06 Apr 2006 Gideon du Toit

Name	AgeTeam	Finals Time
1 Christiaan van Eeden	13 NWL	1:03,33
2 Luc Brand	12 KZN	1:03,60
3 Bryce Minderton	13 LEC	1:06,10
4 Aidan Nel	13 FS	1:06,37
5 Canaan Brice	13 LEC	1:06,83
6 Jake Hutton	13 WC	1:07,23
7 Neil Holtzhausen	13 NWL	1:08,46
8 Ryan Voigt	13 WC	1:08,71
9 Liam Clarke	13 WC	x1:10,35
10 Wyatt Ludick	13 LEC	x1:10,71
11 Tyne van Achterberg	13 KZN	1:12,70
12 Christiaan Bothma	13 NWL	x1:13,84
13 Derick Kotze	12 FS	1:14,13
14 Nathan Forster	12 KZN	x1:15,04
15 Ryan Nell	13 GPLA	1:21,28
16 Liam Niewoudt	13 FS	x1:21,92
17 Shaun Karuma	12 GPLA	1:28,94
18 Elgar Stoltz	12 GPLA	x1:33,50

**Event 7 Girls 14-18 200 LC Meter Obstacle YOUTH**

SA REC 2021: 2:14,92 R 13 Sep 2016 Kristin Bellingham

World Record: 2:06,11 W 20 Sep 2014 Chelsea Gillett

2:17,12 WG World Games Qualify

Name	AgeTeam	Finals Time
1 Bianca Opperman	18 NWL	2:17,83
2 Kendra du Toit	17 GPLA	2:22,02
3 Holly Cleworth	16 WC	2:24,32
4 Paige Nicholson	17 KZN	2:26,55
5 Guilma Lausberg	16 FS	2:26,96
6 Savannah Voight	15 WC	2:30,36
7 Anieke Helmand	15 FS	2:32,04
8 Nicola Harcus	14 LEC	2:33,38
9 Kelsey Chiang	15 WC	x2:34,21

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**(Event 7 Girls 14-18 200 LC Meter Obstacle YOUTH)**

Name	Age	Team	Finals Time
10 Tyler Hughes	15	GPLA	2:35,32
11 Courtney Davidson	18	LEC	2:35,98
12 Tannah Smith	15	KZN	2:40,42
13 Janell Maartens	16	GPLA	x2:41,32
14 Miche Johns	14	FS	x2:43,15
15 Anneke van Eeden	16	NWL	2:44,39
16 Dayna Deeble	14	KZN	x2:46,66
17 Georgia Stone	14	LEC	x2:49,48
18 Tamica Visser	14	NWL	x2:53,42

**Event 8 Boys 14-18 200 LC Meter Obstacle YOUTH**

SA REC 2021: 1:59,24 R 26 Apr 2012 Paul van Achterbach

World Record: 1:56,74 W 24 Nov 2018 Zac Reid

2:07,13 WG World Games Qualify

Name	Age	Team	Finals Time	WG
1 Aiden Bornman	15	GPLA	2:05,81	WG
2 Cullen Biddulph	18	LEC	2:08,80	
3 Elijah Dredge	15	GPLA	2:08,85	
4 Len-Douglas Mac Kay	16	FS	2:10,51	
5 Leshen Pillay	16	KZN	2:12,81	
6 Antonie Pieterse	15	NWL	2:16,86	
7 Lyon van Wijk	16	FS	2:19,20	
8 Armand Jubber	14	GPLA	x2:20,19	
9 Pierre Botha	16	WC	2:20,32	
10 Kyle Hultzer	17	KZN	2:20,47	
11 Christoffel Nel	16	NWL	2:21,84	
12 Andries Jansen van Vuurst	17	FS	x2:21,96	
13 George Edward	18	KZN	x2:22,82	
14 Daniel Butler	17	LEC	2:23,60	
15 Geoff Cowper-Johnson	14	LEC	x2:24,48	
16 Adrian Le Roux	15	NWL	x2:25,48	
17 Wilan Basson	14	WC	2:25,94	
18 Naor Lombard	16	WC	x2:28,40	

**Event 9 Women 200 LC Meter Obstacle OPEN**

SA REC 2021: 2:09,58 R 2003 Erna Wedemeyer

World Record: 2:01,88 W 23 Jul 2009 Lu Ying

2:17,12 WG World Games Qualify

Name	Age	Team	Finals Time
1 Tove' van Zyl	23	GPLA	2:21,68
2 Amica de Jager	21	KZN	2:21,93
3 Tanya Pieterse	20	NWL	2:34,39
4 Marlise Ferreira	18	NWL	2:41,34
5 Peta Leigh Venter	21	NWL	x2:56,85

**Event 10 Men 200 LC Meter Obstacle OPEN**

SA REC 2021: 1:57,69 R 11 Sep 2016 Johan Lourens

World Record: 1:53,16 W 22 Nov 2019 Bradley Woodward

2:07,13 WG World Games Qualify

Name	Age	Team	Finals Time	WG
1 Johan Lourens	25	GPLA	2:01,19	WG
2 Robbie le Roux	21	GPLA	2:03,90	WG
3 Chris Mc Glynn	25	KZN	2:07,86	
*4 Travis Misdorp	21	KZN	2:07,91	
*4 Kian du Toit	19	GPLA	x2:07,91	
6 Wayne Jones	25	LEC	2:19,02	
7 Mark Kleinhans	19	WC	2:20,14	
8 James Matthews	18	KZN	x2:22,06	
9 Luke Butler	20	LEC	2:23,54	
10 Avron Manchest	25	WC	2:26,75	

11 Luke Johnson	22	LEC	x2:35,82
12 Marcel-Pierre Bezuidenh	19	NWL	2:39,69
13 Ethan Fall	21	WC	x2:46,08
14 Theuns Smit	38	NWL	2:52,32
15 Henk Heymel	20	NWL	x2:55,68

**Event 11 Girls 12-13 100 LC Meter 4 x 50m Obstacle Relay NI SA REC 2021: 1:26,67 R 10 Mar 2011 Gauteng North Nippers**

Team	Relay	Finals Time
1 LEC	A	2:13,93
1) Jenna Coetzee 12	2) Annemi de Villiers 13	
3) Jessica Harcus 13	4) Keira van Heerden 13	
2 WC	A	2:15,17
1) Eve Abrahams 12	2) Rebecca Fury 12	
3) Erin Langenhoven 13	4) Georgia Singe 13	
3 GPLA	A	2:19,37
1) Ruth Dredge 12	2) Nicole Norman 12	
3) Nika Maartens 13	4) Jessica Sardinha 12	
4 KZN	A	2:19,40
1) Amy Rabe 13	2) Gabby Aromin 13	
3) Madison Alberts 13	4) Tasnim Nabbie 13	
5 NWL	A	2:20,10
1) Leane Gouws 12	2) Xanthe Nagel 12	
3) Linique Rowles 13	4) Heili van den Bergh 13	

**Event 12 Boys 12-13 100 LC Meter 4 x 50m Obstacle Relay NI SA REC 2021: 1:21,55 R 26 Apr 2012 Gauteng North Nippers**

Team	Relay	Finals Time
1 WC	A	2:03,68
1) Jake Anderson 13	2) Wade Beukes 13	
3) Liam Clarke 13	4) Ryan Voigt 13	
2 LEC	A	2:03,72
1) Canaan Brice 13	2) Wyatt Ludick 13	
3) Bryce Minderton 13	4) Christian Middleton 13	
3 KZN	A	2:10,58
1) Tyne van Achterberg 13	2) Adrian Truter 13	
3) Luc Brand 12	4) Nathan Forster 12	
4 NWL	A	2:13,24
1) Christiaan Bothma 13	2) Neil Holtzhausen 13	
3) Hugo Taljaard 12	4) Christiaan van Eeden 13	
5 FS	A	2:22,27
1) Derick Kotze 12	2) Charlie Martinson 12	
3) Aiden Nel 13	4) Liam Niewoudt 13	

**Event 13 Girls 14-18 200 LC Meter 4 x 50m Obstacle Relay YC**

SA REC 2021: 1:57,06 R 2001 Kwa-Zulu Natal

World Record: 1:52,85 W 21 Sep 2019 Italy

2:02,08 WG World Games Qualify

Team	Relay	Finals Time
1 GPLA	A	2:04,92
1) Kendra du Toit 17	2) Tyler Hughes 15	
3) Janell Maartens 16	4) Sulinke van den Berg 18	
2 LEC	A	2:09,68
1) Courtney Davidson 18	2) Nicola Harcus 14	
3) Jenna Biddulph 15	4) Jodi Wilson 14	
3 KZN	A	2:11,07
1) Dayna Deeble 14	2) Saskia Hockley 16	
3) Paige Nicholson 17	4) Tannah Smith 15	
4 FS	A	2:11,28
1) Anieke Helmand 15	2) Miche Johns 14	
3) Guilma Lausberg 16	4) Cara van der Bijl 14	

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**Event 13 Girls 14-18 200 LC Meter 4 x 50m Obstacle Relay Y**

Team	Relay	Finals Time
5 WC	A	2:12,00
1) Carese Abrahams 17	2) Kelsey Chiang 15	
3) Holly Cleworth 16	4) Savannah Voight 15	
6 NWL	A	2:16,21
1) Bianca Opperman 18	2) Anneke van Eeden 16	
3) Sune van Zyl 15	4) Tamica Visser 14	

**Event 14 Boys 14-18 200 LC Meter 4 x 50m Obstacle Relay YC**

SA REC 2021: 1:48,54 R 22 Feb 2013 Western Province Seniors

World Record: 1:42,24 W 26 Sep 2019 Italy

1:49,02 WG World Games Qualify

Team	Relay	Finals Time
1 FS	A	1:55,51
1) Andries Jansen van Vuuren	2) Len-Douglas Mac Kay 16	
3) Marko van den Berg 16	4) Lyon van Wijk 16	
2 KZN	A	1:55,59
1) George Edward 18	2) Kyle Hultzer 17	
3) William Pearse 18	4) Leshen Pillay 16	
3 LEC	A	1:55,71
1) Daniel Butler 17	2) Cullen Biddulph 18	
3) Kellan Jones 18	4) Geoff Cowper-Johnson 14	
4 GPLA	A	1:55,99
1) Aiden Bornman 15	2) Elijah Dredge 15	
3) Janeco Coetzee 16	4) Armand Jubber 14	
5 NWL	A	1:56,52
1) Adrian Le Roux 15	2) Christoffel Nel 16	
3) Antonie Pieterse 15	4) Hendre van den Bergh 15	
6 WC	A	2:00,63
1) Wilan Basson 14	2) Pierre Botha 16	
3) Naor Lombard 16	4) Jonathan Lucas 17	

**Event 15 Women 200 LC Meter 4 x 50m Obstacle Relay OPEN**

SA REC 2021: 1:55,98 R 2004 SA German Cup Team 2004

World Record: 1:46,16 W 22 Nov 2018 Spain

2:02,08 WG World Games Qualify

Team	Relay	Finals Time
1 KZN	A	2:11,39
1) Amica de Jager 21	2) Paige Horn 17	
3) Sasha-Lee Nordengen 23	4) Keli Reynolds 21	
2 NWL	A	2:12,97
1) Marlise Ferreira 18	2) Danielle Luyt 24	
3) Tanya Pieterse 20	4) Peta Leigh Venter 21	

**Event 16 Men 200 LC Meter 4 x 50m Obstacle Relay OPEN**

SA REC 2021: 1:42,47 R 29 Sep 2011 SA Protea Commonwealth

World Record: 1:34,80 W 20 Oct 2019 China

1:49,02 WG World Games Qualify

Team	Relay	Finals Time
1 GPLA	A	1:47,90 WG
1) Robbie le Roux 21	2) Johan Lourens 25	
3) Ockert van Schalkwyk 20	4) Kian du Toit 19	
2 KZN	A	1:51,04
1) Connor Botha 18	2) Chris Mc Glynn 25	
3) Travis Misdorp 21	4) Sanele Nxumalo 25	
3 LEC	A	1:55,83
1) Luke Butler 20	2) Jason Jones 27	
3) Wayne Jones 25	4) Luke Johnson 22	
4 WC	A	1:56,88
1) Ethan Fall 21	2) Mark Kleinhans 19	
3) Avron Manchest 25	4) Grantham Manchest 28	

5 NWL	A	2:02,36
1) Juan-Jacques Bezuidenhout	2) Rinus Hattingh 19	
3) Marcel-Pierre Bezuidenhout	4) Theuns Smit 38	

**Event 17 Girls 12-13 100 LC Meter Manikin with fins NIPPER**

SA REC 2021: 1:03,69 R 05 Apr 2018 Guilma Lausberg

Name	Age	Team	Finals Time
1 Anke van der Poel	13	FS	1:08,88
2 Nika Maartens	13	GPLA	1:11,89
3 Rone Joubert	12	GPLA	1:12,23
4 Keira van Heerden	13	LEC	1:12,50
5 Jessica Sardinha	12	GPLA	x1:12,77
6 Erin Langenhoven	13	WC	1:14,99
7 Kayla van Niekerk	12	FS	1:15,16
8 Jessica Harcus	13	LEC	1:15,38
9 Gabby Aromin	13	KZN	1:16,00
10 Tasnim Nabbie	13	KZN	1:16,04
11 Linique Rowles	13	NWL	1:17,30
12 Tayla Wilson	12	LEC	x1:17,69
13 Madison Alberts	13	KZN	x1:19,05
14 Georgia Singe	13	WC	1:19,41
15 Joelle Buys	13	WC	x1:19,46
16 Heili van den Bergh	13	NWL	1:19,60

**Event 18 Boys 12-13 100 LC Meter Manikin with fins NIPPER**

SA REC 2021: 57,86 R 16 Apr 2016 Malcolm Botha

Name	Age	Team	Finals Time
1 Christiaan van Eeden	13	NWL	57,29
2 Aiden Nel	13	FS	1:03,79
3 Luc Brand	12	KZN	1:04,80
4 Wade Beukes	13	WC	1:06,32
5 Derick Kotze	12	FS	1:07,14
6 Ryan Nell	13	GPLA	1:07,47
7 Bryce Minderton	13	LEC	1:08,32
8 Canaan Brice	13	LEC	1:08,52
9 Neil Holtzhausen	13	NWL	1:09,63
10 Ryan Voigt	13	WC	1:11,25
11 Christian Middleton	13	LEC	x1:12,20
12 Tyne van Achterberg	13	KZN	1:13,16
13 Heinrich Geysler	12	FS	x1:13,58
14 Jake Anderson	13	WC	x1:13,86
15 Hugo Taljaard	12	NWL	x1:16,31
16 Nathan Forster	12	KZN	x1:22,00
17 Elgar Stoltz	12	GPLA	1:26,47
18 Shaun Karuma	12	GPLA	x1:39,07

**Event 19 Girls 14-18 100 LC Meter Manikin with fins YOUTH**

SA REC 2021: 56,37 R 21 Nov 2019 Bianca Opperman

World Record: 49,33 W 22 Sep 2019 Lucrezia Fabretti

55,50 WG World Games Qualify

Name	Age	Team	Finals Time
1 Sulinke van den Berg	18	GPLA	57,83
2 Bianca Opperman	18	NWL	59,16
3 Kendra du Toit	17	GPLA	1:02,23
4 Guilma Lausberg	16	FS	1:02,73
5 Tyler Hughes	15	GPLA	x1:08,05
6 Paige Nicholson	17	KZN	1:08,82
7 Anneke van Eeden	16	NWL	1:10,02
8 Courtney Davidson	18	LEC	1:13,80
9 Kelsey Chiang	15	WC	1:14,99
10 Cara van der Bijl	14	FS	1:15,35
11 Milishca Geleta	15	FS	x1:16,64

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**(Event 19 Girls 14-18 100 LC Meter Manikin with fins YOUTH)**

Name	Age	Team	Finals Time
12 Carese Abrahams	17	WC	1:17,00
13 Savannah Voight	15	WC	x1:17,42
14 Sune van Zyl	15	NWL	x1:18,53
15 Jenna Biddulph	15	LEC	1:19,47
16 Raquel Robbins	18	KZN	1:25,00
17 Tannah Smith	15	KZN	x1:29,72
18 Jodi Wilson	14	LEC	x1:31,52

**Event 20 Boys 14-18 100 LC Meter Manikin with fins YOUTH**

SA REC 2021: 49,32 R 23 Jun 2018 Juan-Pierre van Zyl

World Record: 45,96 W 26 May 2019 Marco Hetfeld

49,55 WG World Games Qualify

Name	Age	Team	Finals Time
1 Len-Douglas Mac Kay	16	FS	55,53
2 Aiden Bornman	15	GPLA	55,63
3 Antonie Pieterse	15	NWL	56,89
4 Damien Stoltz	18	GPLA	59,16
5 Armand Jubber	14	GPLA	x1:00,08
6 Lyon van Wijk	16	FS	1:00,52
7 Cullen Biddulph	18	LEC	1:00,95
8 Andries Jansen van Vuure	17	FS	x1:02,02
9 Leshen Pillay	16	KZN	1:02,95
10 Hendre van den Bergh	15	NWL	1:03,06
11 Wilan Basson	14	WC	1:03,50
12 Adrian Le Roux	15	NWL	x1:04,42
13 Pierre Botha	16	WC	1:05,86
14 George Edward	18	KZN	1:05,87
15 Kyle Hultzer	17	KZN	x1:06,35
16 Geoff Cowper-Johnson	14	LEC	1:07,31
17 Daniel Butler	17	LEC	x1:07,93

**Event 21 Women 100 LC Meter Manikin with Fins OPEN**

SA REC 2021: 55,40 R 27 Apr 2017 Carmel Bilson

World Record: 49,33 W 22 Sep 2019 Lucrezia Fabretti

55,50 WG World Games Qualify

Name	Age	Team	Finals Time
1 Tove' van Zyl	23	GPLA	1:00,79
2 Tanya Pieterse	20	NWL	1:04,06
3 Amica de Jager	21	KZN	1:06,40
4 Danielle Luyt	24	NWL	1:09,22
5 Marlise Ferreira	18	NWL	x1:13,54
6 Peta Leigh Venter	21	NWL	x1:31,76

**Event 22 Men 100 LC Meter Manikin with fins OPEN**

SA REC 2021: 47,29 R 18 Sep 2016 Christiaan Malan

World Record: 44,04 W 26 May 2019 Jan Malkowski

49,55 WG World Games Qualify

Name	Age	Team	Finals Time
1 Johan Lourens	25	GPLA	49,63
2 Rinus Hattingh	19	NWL	50,19
3 Branden Willows	18	GPLA	50,90
4 Kian du Toit	19	GPLA	x52,79
5 Travis Misdorp	21	KZN	57,34
6 Mark Kleinhans	19	WC	58,19
7 Avron Manchest	25	WC	59,39
8 Juan-Jacques Bezuidenho	21	NWL	59,67
9 Wayne Jones	25	LEC	1:02,07
10 Connor Botha	18	KZN	1:04,40
11 Marcel-Pierre Bezuiden	19	NWL	x1:05,11
12 Jason Jones	27	LEC	1:06,25

13 Ethan Fall	21	WC	x1:09,18
14 Luke Butler	20	LEC	x1:13,90

**Event 23 Girls 12-13 100 LC Meter Rescue Medley NIPPER**

SA REC 2021: 1:16,62 R 05 May 2018 Guilma Lausberg

Name	Age	Team	Finals Time
1 Ruth Dredge	12	GPLA	1:24,94
2 Nika Maartens	13	GPLA	1:27,91
3 Georgia Singe	13	WC	1:32,23
4 Jessica Sardinha	12	GPLA	x1:32,59
5 Gabby Aromin	13	KZN	1:34,27
6 Madison Stewart	13	KZN	1:35,34
7 Erin Langenhoven	13	WC	1:35,53
8 Tasnim Nabbie	13	KZN	x1:35,62
9 Linique Rowles	13	NWL	1:36,65
10 Annemi de Villiers	13	LEC	1:36,95
11 Anke van der Poel	13	FS	1:37,74
12 Tayla Wilson	12	LEC	1:39,91
13 Jessica Harcus	13	LEC	x1:40,47
14 Leane Gouws	12	NWL	1:42,04
15 Joelle Buys	13	WC	x1:45,73
16 Kayla van Niekerk	12	FS	1:50,47

**Event 24 Boys 12-13 100 LC Meter Rescue Medley NIPPER**

SA REC 2021: 1:09,99 R 01 Mar 2019 Elija Dredge

Name	Age	Team	Finals Time
1 Christiaan van Eeden	13	NWL	1:11,30
2 Aiden Nel	13	FS	1:16,81
3 Canaan Brice	13	LEC	1:17,27
4 Luc Brand	12	KZN	1:19,68
5 Wade Beukes	13	WC	1:21,71
6 Bryce Minderton	13	LEC	1:21,94
7 Neil Holtzhausen	13	NWL	1:22,30
8 Derick Kotze	12	FS	1:25,20
9 Ryan Voigt	13	WC	1:27,53
10 Jake Anderson	13	WC	x1:28,14
11 Christiaan Bothma	13	NWL	x1:28,78
12 Wyatt Ludick	13	LEC	x1:28,82
13 Tyne van Achterberg	13	KZN	1:28,84
14 Nathan Burger	12	KZN	x1:30,19
15 Ryan Nell	13	GPLA	1:30,61
16 Liam Niewoudt	13	FS	x1:37,32
17 Shaun Karuma	12	GPLA	1:51,00
18 Elgar Stoltz	12	GPLA	x1:57,59

**Event 25 Girls 14-18 100 LC Meter Rescue Medley YOUTH**

SA REC 2021: 1:17,29 R 04 Oct 2019 Bianca Opperman

World Record: 1:10,21 W 28 Nov 2018 Lani Pallister

Name	Age	Team	Finals Time
1 Sulinke van den Berg	18	GPLA	1:16,52R
2 Bianca Opperman	18	NWL	1:17,10
3 Guilma Lausberg	16	FS	1:23,70
4 Kendra du Toit	17	GPLA	1:23,90
5 Savannah Voight	15	WC	1:30,18
6 Tyler Hughes	15	GPLA	x1:34,86
7 Nicola Harcus	14	LEC	1:35,13
8 Kelsey Chiang	15	WC	1:35,38
9 Courtney Davidson	18	LEC	1:36,47
10 Miche Johns	14	FS	1:36,63
11 Cara van der Bijl	14	FS	x1:38,82
12 Sune van Zyl	15	NWL	1:40,17
13 Anneke van Eeden	16	NWL	x1:44,96

**LIFESAVING SOUTH AFRICA**  
**INTERPROVINCIAL POOL CHAMPIONSHIPS 2021**  
**Results - Day 1 Kings Park Pool**

**(Event 25 Girls 14-18 100 LC Meter Rescue Medley YOUTH)**

Name	Age	Team	Finals Time
14 Jodi Wilson	14	LEC	x1:49,28
15 Daisy Mowat	15	KZN	1:51,55
16 Dayna Deeble	14	KZN	1:58,09
--- Raquel Robbins	18	KZN	DQ

**Event 26 Boys 14-18 100 LC Meter Rescue Medley YOUTH**

SA REC 2021: 1:06,17 R 22 Sep 2007 Armand Marais

World Record: 1:02,12 W 21 Nov 2015 Bradley Woodward

Name	Age	Team	Finals Time
1 Len-Douglas Mac Kay	16	FS	1:10,16
2 Aiden Bornman	15	GPLA	1:10,40
3 Elijah Dredge	15	GPLA	1:10,63
4 Antonie Pieterse	15	NWL	1:13,21
5 Cullen Biddulph	18	LEC	1:13,99
6 Clayton Thompson	15	GPLA	x1:15,38
7 Daniel Butler	17	LEC	1:19,78
8 Adrian Le Roux	15	NWL	1:21,46
9 Pierre Botha	16	WC	1:23,38
10 Geoff Cowper-Johnson	14	LEC	x1:24,24
11 Kyle Hultzer	17	KZN	1:24,34
12 Wilan Basson	14	WC	1:25,46
13 Hendre van den Bergh	15	NWL	x1:26,29
14 William Pearse	18	KZN	1:40,15
15 Bernard Mac Kay	14	FS	1:42,13

**Event 27 Women 100 LC Meter Rescue Medley OPEN**

SA REC 2021: 1:15,88 R 05 May 2018 Carmel Bilson

World Record: 1:08,86 W 21 Nov 2015 Samantha Lee

Name	Age	Team	Finals Time
1 Tove' van Zyl	23	GPLA	1:18,64
2 Tanya Pieterse	20	NWL	1:23,54
3 Sasha-Lee Nordengen	23	KZN	1:23,94
4 Danielle Luyt	24	NWL	1:25,79
5 Marlise Ferreira	18	NWL	x1:32,01
6 Paige Horn	17	KZN	1:33,29
7 Keli Reynolds	21	KZN	x1:42,18

**Event 28 Men 100 LC Meter Rescue Medley OPEN**

SA REC 2021: 1:02,15 R 24 Nov 2018 Martin Binnedell

World Record: 57,66 W 27 Jan 2021 Francesco Ippolito

Name	Age	Team	Finals Time
1 Robbie le Roux	21	GPLA	1:06,81
2 Ockert van Schalkwyk	20	GPLA	1:08,75
3 Travis Misdorp	21	KZN	1:09,75
4 Kian du Toit	19	GPLA	x1:11,14
5 Rinus Hattingh	19	NWL	1:14,23
6 Chris Mc Glynn	25	KZN	1:15,70
7 Wayne Jones	25	LEC	1:16,94
8 Mark Kleinhans	19	WC	1:18,59
9 Avron Manchest	25	WC	1:19,10
10 James Matthews	18	KZN	x1:22,86
11 Jason Jones	27	LEC	1:25,21
12 Grantham Manchest	28	WC	x1:27,08
13 Luke Butler	20	LEC	x1:27,30
14 Theuns Smit	38	NWL	1:31,59
15 Henk Heymel	20	NWL	x1:39,75

**Event 29 Girls 12-13 200 LC Meter 4X50 Pool Lifesaver Relay**

SA REC 2021: 2:20,95 R 27 Apr 2012 Gauteng North Nippers

Team	Relay	Finals Time
1 GPLA	A	2:39,32
1) Ruth Dredge 12	2) Rone Joubert 12	
3) Nika Maartens 13	4) Jessica Sardinha 12	
2 LEC	A	2:48,65
1) Jenna Coetzee 12	2) Jessica Harcus 13	
3) Keira van Heerden 13	4) Annemi de Villiers 13	
3 NWL	A	2:52,45
1) Leane Gouws 12	2) Lerato Moloby 12	
3) Linique Rowles 13	4) Heili van den Bergh 13	
4 WC	A	3:03,02
1) Zoe Beresford 13	2) Joelle Buys 13	
3) Nina Cullis 13	4) Erin Langenhoven 13	
--- KZN	A	DQ
1) Amy Rabe 13	2) Gabby Aromin 13	
3) Madison Alberts 13	4) Madison Stewart 13	

**Event 30 Boys 12-13 200 LC Meter 4X50 Pool Lifesaver Relay**

SA REC 2021: 2:18,50 R 29 Apr 2016 Gauteng Provincial Lifesav

Team	Relay	Finals Time
1 NWL	A	2:20,79
1) Christiaan Bothma 13	2) Neil Holtzhausen 13	
3) Hugo Taljaard 12	4) Christiaan van Eeden 13	
2 LEC	A	2:22,23
1) Canaan Brice 13	2) Wyatt Ludick 13	
3) Bryce Minderton 13	4) Samuel van der Venter 13	
3 FS	A	2:32,49
1) Heinrich Geyser 12	2) Derick Kotze 12	
3) Charlie Martinson 12	4) Aiden Nel 13	
--- WC	A	DQ
1) Jake Anderson 13	2) Wade Beukes 13	
3) Ryan Voigt 13		
--- KZN	A	DQ
1) Tyne van Achterberg 13	2) Nathan Burger 12	
3) Adrian Truter 13	4) Luc Brand 12	

**Event 31 Girls 14-18 200 LC Meter 4X50 Pool Lifesaver Relay**

SA REC 2021: 2:21,87 R 05 May 2018 Northwest Seniors A

World Record: 2:03,42 W 04 Nov 2017 Nieder-Olm Worrstadt

Team	Relay	Finals Time
1 GPLA	A	2:24,66
1) Kendra du Toit 17	2) Tyler Hughes 15	
3) Janell Maartens 16	4) Sulinke van den Berg 18	
2 NWL	A	2:31,66
1) Bianca Opperman 18	2) Anneke van Eeden 16	
3) Sune van Zyl 15	4) Elaine Snyman 17	
3 FS	A	2:34,09
1) Anieke Helmand 15	2) Miche Johns 14	
3) Guilma Lausberg 16	4) Lana Loots 15	
4 WC	A	2:43,44
1) Carese Abrahams 17	2) Kelsey Chiang 15	
3) Holly Cleworth 16	4) Savannah Voight 15	
5 KZN	A	2:51,33
1) Raquel Robbins 18	2) Saskia Hockley 16	
3) Paige Nicholson 17	4) Tannah Smith 15	
--- LEC	A	DQ
1) Courtney Davidson 18	2) Nicola Harcus 14	
3) Jenna Biddulph 15	4) Georgia Stone 14	

**LIFESAVING SOUTH AFRICA**  
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**Event 32 Boys 14-18 200 LC Meter 4X50 Pool Lifesaver Relay**

SA REC 2021: 2:01,13 R 22 Feb 2013 Western Province Seniors

World Record: 1:48,89 W 13 Oct 2018 Germany

Team	Relay	Finals Time
1 GPLA	A	2:03,78
1) Aiden Bornman 15	2) Elijah Dredge 15	
3) Armand Jubber 14	4) Clayton Thompson 15	
2 NWL	A	2:09,98
1) Adrian Le Roux 15	2) Christoffel Nel 16	
3) Antonie Pieterse 15	4) Hendre van den Bergh 15	
3 FS	A	2:11,00
1) Marko van den Berg 16	2) Andries Jansen van Vuuren	
3) Lyon van Wijk 16	4) Len-Douglas Mac Kay 16	
4 LEC	A	2:16,76
1) Kellan Jones 18	2) Cullen Biddulph 18	
3) Geoff Cowper-Johnson 14	4) Daniel Butler 17	
5 KZN	A	2:21,62
1) George Edward 18	2) Kyle Hultzer 17	
3) William Pearse 18	4) Leshen Pillay 16	
6 WC	A	2:24,79
1) Wilan Basson 14	2) Pierre Botha 16	
3) Peter Copeland 17	4) Jonathan Lucas 17	

**Event 33 Women 200 LC Meter 4X50 Pool Lifesaver Relay OP**

SA REC 2021: 1:50,81 R 01 Oct 2011 SA Commonwealth Team

World Record: 2:00,83 W 13 Oct 2018 Schwerte

Team	Relay	Finals Time
1 KZN	A	2:28,29
1) Amica de Jager 21	2) Paige Horn 17	
3) Sasha-Lee Nordengen 23	4) Keli Reynolds 21	
2 NWL	A	2:30,49
1) Marlise Ferreira 18	2) Danielle Luyt 24	
3) Tanya Pieterse 20	4) Peta Leigh Venter 21	

**Event 34 Men 200 LC Meter 4X50 Pool Lifesaver Relay OPEN**

SA REC 2021: 1:32,93 R 13 Oct 2010 Durban Surf Lsc

World Record: 1:38,78 W 22 Oct 2016 Stralsund

Team	Relay	Finals Time
1 GPLA	A	1:59,97
1) Robbie le Roux 21	2) Kian du Toit 19	
3) Andre Mouton 20	4) Ockert van Schalkwyk 20	
2 NWL	A	2:10,23
1) Juan-Jacques Bezuidenhout	2) Marcel-Pierre Bezuidenhout	
3) Rinus Hattingh 19	4) Theuns Smit 38	
3 KZN	A	2:12,12
1) Connor Botha 18	2) Matthew Bouman 44	
3) Chris Mc Glynn 25	4) Sanele Nxumalo 25	
4 WC	A	2:13,96
1) Ethan Fall 21	2) Mark Kleinhans 19	
3) Avron Manchest 25	4) Grantham Manchest 28	
5 LEC	A	2:18,82
1) Luke Butler 20	2) Jason Jones 27	
3) Wayne Jones 25	4) Luke Johnson 22	