## SEAGULLS LIFESAVING CLUB NEWSLETTER FOR DHL LSA NATIONALS 2021

#### GENERAL

Seagulls Lifesaving Club would like to extend a warm welcome to the lifesaving competitors, family and officials to our beautiful city our wonderful beaches and amazing Newton Park Pool.

We look forward to hosting you and ensuring you have a wonderful competition ahead and enjoy the facilities we offer, In order to have a well-run event, we would like to encourage all managers, coaches parents etc. comply with all regulations and compliance as set out by Government and LSA.

All persons entering the pool will have to comply with all screening procedures required by LSA and the municipality.

ONLY competitors competing in their current event, officials and pool staff will be allowed on the pool deck. Unfortunately no spectators will be allowed in the pool as per COVID regulations.

#### FOOD AT THE POOL

The pool tuck-shop will be run by popular Continental Butchery and Deli. There is an attachment on this mail with regards to the food and meal options at the pool. No ticket will be sold at the pool. Only pre order lunch will be done via EFT.

Clubs are encouraged to pre order lunch pack meals (order form attached) there are great options with 5 main meal options available daily, each option is packaged together with a savory snack, sweet snack and a fresh fruit. These are pre ordered, made fresh daily packaged and boxed for club managers to collect daily from the Tuck-shop at lunch time.

We encourage everyone to make use of this option to avoid large gatherings at the Tuck-shop and delays in the programme.

The Tuck-shop will also be open from 7 AM to close of competition daily with a limited menu.

Please support our club and facilities as it plays an important role in hosting such large events.

# ABLUTIONS AND WATER RESTRICTIONS

Please ensure that chaperones and managers accompany younger members to the bathrooms should they require. Our metro is experiencing water restrictions as our local dams are far below 12 % capacity, please use water sparingly.

SEAGULLS LIFESAVING CLUB ARE EXCITED TO HOST YOU AT THE POOL WISHING YOU SAFE TRAVELS AND A FANTASTIC WEEK FUN FILLED WEEK AHEAD

For any queries relating to food, special requests, security, medics and general facilities please contact us on the below emails. (Please send queries to both)

Earl Ingram <a href="mailto:chairman@lifesavingnmb.co.za">chairman@lifesavingnmb.co.za</a>
Craig van Rooyen <a href="mailto:craig@catertrend.co.za">craig@catertrend.co.za</a>

### **BANKING DETAILS**

**Lifesaving Nelson Mandela Bay** 

**Standard Bank** 

Account: 37 171 688 8

Branch Code 051-001

Ref: (TP) + CLUB NAME

