

2022 DHL South African Lifesaving Championship

Venue: Kings Beach, Gqebeha

Dates: Thursday 24th March to Saturday 26th March, 2022

SENIOR MEN SURF COMPETITION PROGRAMME

OPENING CEREMONY OF THE 2022 DHL SOUTH AFRICAN LIFESAVING CHAMPIONSHIPS: MONDAY, 21st MARCH, 2022 AT 07h45 AT KINGS BEACH

BRIEFINGS: Team Managers briefing by Chief Referee (Compulsory Attendance for all Team Managers) – Thursday 24th March 07h00 in Kings Beach Clubhouse

Technical Officials briefing by Chief Referee (Compulsory Attendance for all TO's) – Wednesday 23rd March 16h00 in Kings Beach Clubhouse

SENIOR MEN ARENA								
THURSDAY: 24 th MARCH			FRIDAY: 25 th MARCH			SATURDAY: 26 th MARCH		
Low Tide: 1:04; High Tide: 7:27; Low Tide: 13:33; High Tide: 19:49 Sunrise: 06:23; Sunset: 18:23			Low Tide: 1:52; High Tide: 8:23; Low Tide: 14:42; High Tide: 21:16 Sunrise: 06:24; Sunset: 18:22			Low Tide: 3:41; High Tide: 10:43; Low Tide: 17:37 Sunrise: 06:25; Sunset: 18:21		
TIME	EVENT	H/SF/F	TIME	EVENT	H/SF/F	TIME	EVENT	H/SF/F
06h45	Safety Meeting in Kings Beach Clubhouse		06h45	Safety Meeting in Kings Beach Clubhouse		06h45	Safety Meeting in Kings Beach Clubhouse	
07h00	Team Managers brief by Chief Referee in Kings Beach Club House		07h00	Team Managers briefing by Sectional Referee in arena		07h00	Team Managers briefing by Sectional Referee in arena	
08h15	Marshalling Commences		07h15	Technical Officials briefing by Sectional Referee in arena		07h15	Technical Officials briefing by Sectional Referee in arena	
09h00	Championship commences		07h30	Marshalling commences		07h30	Marshalling commences	
	Beach Sprint	H/SF	08h00	Championship commences		08h00	Championship commences	
	Board Rescue	H/SF		Single Ski Relay	H		Beach Flags	H/SF
	Rescue Tube Rescue Race	H/SF		Beach Relay	H/SF		Board Race	H/SF
	Run/Swim/Run	H		Single Ski	H/SF		Board Relay	H/SF
	Board Rescue	F		Surf Swim	H/SF		Taplin Relay	H/SF
	Rescue Tube Rescue Race	F		Iron Man	H		Double Ski	H/SF
	Beach Sprint	F		Single Ski Relay	F		Board Race	F
	Run/Swim/Run	F		Surf Swim	F		Beach Flags	F
	Beach Run	F		Beach Relay	F		Double Ski	F
MEDAL PRESENTATION CEREMONY AFTER LAST EVENT				Single Ski	F		Board Relay	F
				Iron Man	F		Board Relay	F
MEDAL PRESENTATION CEREMONY AFTER LAST EVENT				3 x 1 km Beach Run Relay	F		Taplin Relay	F
			MEDAL PRESENTATION CEREMONY AFTER LAST EVENT					

Notes

- The programme will be reviewed after entries have closed and may change due to conditions and exigencies of the situation.
- All **Covid-19 protocols** need to be always adhered to as specified at the briefings.
- If insufficient competitors or teams register with the Marshal before the start to constitute heats, a straight final will be run in place of the heats.
- Three competitors or teams must register to constitute an event, if 2 or less register, the event will **not** be held
- The lunch-break will be determined by the Sectional Referee in conjunction with the Chief Referee – preferably before the finals take place.
- Open Ladies Finals may be slotted into this programme as and when required or determined by the Chief Referee & relevant Sectional Referees
- The competition rules, a set out in the Competition Manual (16th Edition of February, 2020) will be applied at the 2022 DHL South African Lifesaving Senior and Junior Surf Championships.

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Technical Officials briefing by Chief Referee (Compulsory Attendance for all TO's) – Wednesday 23rd March 16h00 in Kings Beach Clubhouse

JUNIOR MEN ARENA (U/15, U/17 & U/19)								
THURSDAY: 24 th MARCH			FRIDAY: 25 th MARCH			SATURDAY: 26 th MARCH		
Low Tide: 1:04; High Tide: 7:27; Low Tide: 13:33; High Tide: 19:49 Sunrise: 06:23; Sunset: 18:23			Low Tide: 1:52; High Tide: 8:23; Low Tide: 14:42; High Tide: 21:16 Sunrise: 06:24; Sunset: 18:22			Low Tide: 3:41; High Tide: 10:43; Low Tide: 17:37 Sunrise: 06:25; Sunset: 18:21		
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08h15	Marshalling Commences		07h15	Technical Officials briefing by Sectional Referee in arena		07h15	Technical Officials briefing by Sectional Referee in arena	
09h00	Championship commences		07h30	Marshalling commences		07h30	Marshalling commences	
	Board Race: U/19, U/17, U/15	H/SF	08h00	Championship commences		08h00	Championship commences	
	Run/Swim/Run: U/19, U/17, U/15	H/SF		Beach Flags: U/19, U/17, U/15	H/SF		Beach Sprint: U/19, U/17, U/15	H/SF
	Board Relay	H/SF		Rescue Tube Rescue	H/SF		Single Ski: U/19, U/17, U/15	H/SF
	Double Ski	H/SF		Surf Swim: U/19, U/17, U/15	H/SF		Beach Relay	H/SF
	Taplin Relay	H/SF		Board Rescue	H/SF		Single Ski Relay	H
	Board Race: U/19, U/17, U/15	F		Surf Swim: U/19, U/17, U/15	F		Iron Man: U/19, U/17, U/15	H
	Run/Swim/Run: U/19, U/17, U/15	F		Rescue Tube Rescue	F		Single Ski: U/19, U/17, U/15	F
	Board Relay	F		Board Rescue	F		Beach Relay	F
	Double Ski	F		Beach Flags: U/19, U/17, U/15	F		Single Ski Relay	F
	Taplin Relay	F		Beach Run: U/19, U/17, U/15	F		Iron Man: U/19, U/17, U/15	F
	3 x 1 km Beach Run Relay	F					Beach Sprint: U/19, U/17, U/15	F
MEDAL PRESENTATION CEREMONY AFTER LAST EVENT			MEDAL PRESENTATION CEREMONY AFTER LAST EVENT			MEDAL PRESENTATION CEREMONY AFTER LAST EVENT		

Notes

1. The programme will be reviewed after entries have closed and may change due to conditions and exigencies of the situation.
2. Subject to entries received, age groups may be combined
3. All **Covid-19 protocols** need to be always adhered to as specified at the briefings.
4. If insufficient competitors or teams register with the Marshal before the start to constitute heats, a straight final will be run in place of the heats.
5. Three competitors or teams must register to constitute an event, if 2 or less register, the event will **not** be held
6. The lunch-break will be determined by the Sectional Referee in conjunction with the Chief Referee – preferably before the finals take place.
7. The competition rules, a set out in the Competition Manual (16th Edition of February, 2020) will be applied at the 2022 DHL South African Lifesaving Senior and Junior Surf Championships.

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JUNIOR & SENIOR WOMEN ARENA (OPEN, U/15, U/17 & U/19)								
THURSDAY: 24 th MARCH			FRIDAY: 25 th MARCH			SATURDAY: 26 th MARCH		
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09h00	Championship commences		07h30	Marshalling commences		07h30	Marshalling commences	
	Beach Flags: Open, U/19, U/17, U/15	H/SF	08h00	Championship commences		08h00	Championship commences	
	Single Ski: Open, U/19, U/17, U/15	H/SF		Beach Sprint: Open, U/19, U/17, U/15	H/SF		Surf Swim: Open, U/19, U/17, U/15	H
	Beach Relay: Open & Junior	H/SF		Double Ski: Open & Junior	H/SF		Taplin: Open & Junior	H
	Ironwoman: Open, U/19, U/17, U/15	H/SF		Board Relay: Open & Junior	H/SF		Board Rescue: Open & Junior	H/SF
	Single Ski Relay: Open & Junior	H		Run/Swim/Run: Open, U/19, U/17, U/15	H/SF		Rescue Tube Rescue: Open & Junior	H/SF
	Beach Relay: Open & Junior	F		Board Race: Open, U/19, U/17, U/15	H/SF		Beach Run: Open, U/19, U/17, U/15	F
	Single Ski: Open, U/19, U/17, U/15	F		Double Ski: Open & Junior	F		Board Rescue : Open & Junior	F
	Beach Flags: Open, U/19, U/17, U/15	F		Board Relay: Open & Junior	F		Rescue Tube Rescue: Open & Junior	F
	Single Ski Relay: Open & Junior	F		Run/Swim/Run: Open, U/19, U/17, U/15	F		Surf Swim: Open, U/19, U/17, U/15	F
	Ironwoman: Open, U/19, U/17, U/15	F		Board Race: Open, U/19, U/17, U/15	F		Taplin: Open & Junior	F
				Beach Sprint: Open, U/19, U/17, U/15	F			
				3 x 1 km Beach Run Relay: Open & Junior	F			
MEDAL PRESENTATION CEREMONY AFTER LAST EVENT			MEDAL PRESENTATION CEREMONY AFTER LAST EVENT			MEDAL PRESENTATION CEREMONY AFTER LAST EVENT		

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 - The competition rules, a set out in the Competition Manual (16th Edition of February, 2020) will be applied at the 2022 DHL South African Lifesaving Senior and Junior Surf Championships
 - Open Ladies Finals may be slotted into the Senior Male arena as and when required or determined by the Chief Referee & relevant Sectional Referees.