

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022**

**Results**

**Event 10 Girls 14 Year Olds 200 LC Meter Obstacle POOL JUNIORS**

SA REC 2022: 2:18,32 R 27 Apr 2017 Alexandra Chislett

Suncoast Pirates

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Keira van Heerden	14	Summerstrand Lifesaving Club	2:28,46	2:26,44
2 Erin Langenhoven	14	Big Bay Slc	2:31,39	2:27,87
3 Madison Alberts	14	Umhlanga Rocks Club	2:37,94	2:34,33
4 Jessica Harcus	14	Woodridge	2:38,73	2:34,70
5 Amber-Rose Berry	14	Fish Hoek Surf Lifesaving Club	2:41,86	2:40,70
6 Linique Rowles	14	Harties Reflections	2:44,14	2:42,31
7 Megan Hough	14	Kings Beach Lifesaving Club	2:42,99	2:45,98
8 Kianna Liversage	14	Clifton Lifesaving Club	2:55,23	2:54,19

**Event 10 Girls 14 Year Olds 200 LC Meter Obstacle POOL JUNIORS**

SA REC 2022: 2:18,32 R 27 Apr 2017 Alexandra Chislett

Suncoast Pirates

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Keira van Heerden	14	Summerstrand Lifesaving Club		2:28,46 q
2 Erin Langenhoven	14	Big Bay Slc		2:31,39 q
3 Madison Alberts	14	Umhlanga Rocks Club		2:37,94 q
4 Jessica Harcus	14	Woodridge		2:38,73 q
5 Amber-Rose Berry	14	Fish Hoek Surf Lifesaving Club		2:41,86 q
6 Megan Hough	14	Kings Beach Lifesaving Club		2:42,99 q
7 Linique Rowles	14	Harties Reflections		2:44,14 q
8 Kianna Liversage	14	Clifton Lifesaving Club		2:55,23 q
9 Yanelisa Nomoyi	14	Kings Beach Lifesaving Club		2:56,27
10 Anke van der Poel	14	Bloemfontein Sentraal LC		2:58,62
11 Georgia Singe	14	Fish Hoek Surf Lifesaving Club		3:00,08
12 Cailynn Foster	14	Tuks Lifesaving Club		3:06,09
13 Imani Magotsi	14	Clifton Lifesaving Club		3:07,59
14 Caitlynn Foster	14	Tuks Lifesaving Club		3:10,23
15 Joelle Buys	14	Fish Hoek Surf Lifesaving Club		3:10,69
16 Ella Thornton Burge	14	Clifton Lifesaving Club		3:11,02
17 Ava Ingel	14	Clifton Lifesaving Club		3:15,46
18 Kayleigh Smith	14	Umhlanga Rocks Club		3:22,37
19 Jesse Allott	14	Milnerton Lifesaving Club		3:29,80
20 Zara Brown	14	Seagulls Lifesaving Club		3:38,77
21 Ciara Conwood	14	Seagulls Lifesaving Club		3:58,37

**Event 10 Girls 15-16 200 LC Meter Obstacle POOL JUNIORS**

SA REC 2022: 2:16,79 R 23 Jun 2018 Alexandra Chislett

SA Orange Cup 18

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Savannah Voigt	16	Clifton Lifesaving Club	2:23,25	2:18,33
*2 Nicola Harcus	15	Woodridge	2:27,39	2:25,91
*2 Robyn Hough	16	Kings Beach Lifesaving Club	2:29,88	2:25,91
4 Teegan Pio	15	Kings Beach Lifesaving Club	2:32,39	2:26,40
5 Anya Hocking	16	Umhlanga Rocks Club	2:31,90	2:29,79
6 Keira King	15	Umhlanga Rocks Club	2:43,23	2:37,02
7 Kelsey Chiang	16	Milnerton Lifesaving Club	2:39,87	2:37,08
8 Jodi Wilson	15	Summerstrand Lifesaving Club	2:41,17	2:38,55

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**Results**

**Event 10 Girls 15-16 200 LC Meter Obstacle POOL JUNIORS**

SA REC 2022: 2:16,79 R 23 Jun 2018 Alexandra Chislett

SA Orange Cup 18

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Savannah Voigt	16	Clifton Lifesaving Club		2:23,25 q
2 Nicola Harcus	15	Woodridge		2:27,39 q
3 Robyn Hough	16	Kings Beach Lifesaving Club		2:29,88 q
4 Anya Hocking	16	Umhlanga Rocks Club		2:31,90 q
5 Teegan Pio	15	Kings Beach Lifesaving Club		2:32,39 q
6 Kelsey Chiang	16	Milnerton Lifesaving Club		2:39,87 q
7 Jodi Wilson	15	Summerstrand Lifesaving Club		2:41,17 q
8 Keira King	15	Umhlanga Rocks Club		2:43,23 q
9 Sune van Zyl	16	Harties Reflections		2:43,48
10 Tamica Visser	15	Harties Reflections		2:45,63
11 Aimee Langenhoven	16	Big Bay Slc		2:47,46
12 Aryn Ely	16	Umhlanga Rocks Club		2:47,71
13 Cayla Visser	15	Bloemfontein Sentraal LC		2:49,71
14 Kaylin Visser	15	Bloemfontein Sentraal LC		2:50,64
15 Zoey Booysen	15	Tuks Lifesaving Club		2:51,51
16 Victoria Seale	16	Clifton Lifesaving Club		2:54,09
17 Rebecca Harcombe	16	Summerstrand Lifesaving Club		2:57,25
18 Awande Mlangeni	15	Tuks Lifesaving Club		2:57,27
19 Lana Loots	16	Bloemfontein Sentraal LC		3:10,68
20 Milishca Geleta	16	Bloemfontein Sentraal LC		3:13,44
21 Kiersten Paulse	16	Xtream Lifesaving Club		3:16,62
22 Lily Day	15	Big Bay Slc		3:17,18
23 Ann-Mari de Villiers	16	Bloemfontein Sentraal LC		3:21,88
24 Karli van Heerden	16	Bloemfontein Sentraal LC		3:28,23
25 Angelina Rockman	16	Seagulls Lifesaving Club		3:56,41
26 Eliza Jenniker	16	Seagulls Lifesaving Club		4:10,32
27 Brooklynn Pienaar	16	Seagulls Lifesaving Club		5:29,73

**Event 10 Girls 17-18 200 LC Meter Obstacle POOL JUNIORS**

SA REC 2022: 2:14,92 R 17 Jul 2016 Kristin Bellinghan

Rescue 2016 SA T

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Tatum Botha	17	Umhlanga Rocks Club	2:21,06	2:17,47
2 Kendra du Toit	18	Tuks Lifesaving Club	2:22,13	2:21,49
3 Jessica Booth	18	Kings Beach Lifesaving Club	2:28,65	2:27,61
4 Mia Rule	18	Umhlanga Rocks Club	2:37,11	2:32,00
5 Anneke van Eeden	17	Harties Reflections	2:40,79	2:47,11
6 Chelsey Cooke	18	Kings Beach Lifesaving Club	3:07,00	3:03,37

**Event 10 Girls 17-18 200 LC Meter Obstacle POOL JUNIORS**

SA REC 2022: 2:14,92 R 17 Jul 2016 Kristin Bellinghan

Rescue 2016 SA T

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Tatum Botha	17	Umhlanga Rocks Club		2:21,06 q
2 Kendra du Toit	18	Tuks Lifesaving Club		2:22,13 q
3 Jessica Booth	18	Kings Beach Lifesaving Club		2:28,65 q
4 Mia Rule	18	Umhlanga Rocks Club		2:37,11 q
5 Anneke van Eeden	17	Harties Reflections		2:40,79 q

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**Results**

**Preliminaries ... (Event 10 Girls 17-18 200 LC Meter Obstacle POOL JUNIORS)**

Name	Age	Team	Seed Time	Prelim Time	
6 Chelsey Cooke	18	Kings Beach Lifesaving Club		3:07,00	q

**Event 10 Girls 19-29 200 LC Meter Obstacle POOL JUNIORS**

SA REC 2022: 2:09,58 R 2003

Erna Wedermeyer

SA Commonwealth

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Amica de Jager	22	Durban Surf Lifesaving Club	2:26,98	2:19,26
2 Sasha-Lee Nordegen	24	Umhlanga Rocks Club	2:29,88	2:24,27
3 Tove' van Zyl	24	Tuks Lifesaving Club	2:24,70	2:24,70
4 Lara Edwards	24	Pirates Lifesaving Club	2:35,48	2:33,18
5 Courtney Davidson	19	Summerstrand Lifesaving Club	2:43,18	2:36,51
6 Marlise Ferreira	19	Harties Reflections	2:36,31	2:37,25
7 Deborah Dredge	19	Tuks Lifesaving Club	2:56,21	2:40,04
8 Barbara Anne de Bruin	20	Marlin	3:06,43	3:08,47

**Event 10 Girls 19-29 200 LC Meter Obstacle POOL JUNIORS**

SA REC 2022: 2:09,58 R 2003

Erna Wedermeyer

SA Commonwealth

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Tove' van Zyl	24	Tuks Lifesaving Club		2:24,70	q
2 Amica de Jager	22	Durban Surf Lifesaving Club		2:26,98	q
3 Sasha-Lee Nordegen	24	Umhlanga Rocks Club		2:29,88	q
4 Lara Edwards	24	Pirates Lifesaving Club		2:35,48	q
5 Marlise Ferreira	19	Harties Reflections		2:36,31	q
6 Courtney Davidson	19	Summerstrand Lifesaving Club		2:43,18	q
7 Deborah Dredge	19	Tuks Lifesaving Club		2:56,21	q
8 Barbara Anne de Bruin	20	Marlin		3:06,43	q

**Event 11 Boys 14 Year Olds 200 LC Meter Obstacle POOL JUNIORS**

SA REC 2022: 2:13,01 R 07 Mar 2020

Aiden Bornman

Boksburg

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Wade Beukes	14	Fish Hoek Surf Lifesaving Club	2:20,63	2:15,04
2 Christiaan van Eeden	14	Harties Reflections	2:17,40	2:15,09
3 Neil Holtzhausen	14	Harties Reflections	2:19,05	2:15,36
4 Conor Moynihan	14	Kings Beach Lifesaving Club	2:23,41	2:17,13
5 Canaan Brice	14	Kings Beach Lifesaving Club	2:20,82	2:18,52
6 Ryan Voigt	14	Clifton Lifesaving Club	2:20,68	2:19,15
7 Alexander Moolman	14	Woodridge	2:25,35	2:19,25
8 Christiaan Bothma	14	Harties Reflections	2:29,34	2:32,44

**Event 11 Boys 14 Year Olds 200 LC Meter Obstacle POOL JUNIORS**

SA REC 2022: 2:13,01 R 07 Mar 2020

Aiden Bornman

Boksburg

Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Christiaan van Eeden	14	Harties Reflections		2:17,40	q
2 Neil Holtzhausen	14	Harties Reflections		2:19,05	q
3 Wade Beukes	14	Fish Hoek Surf Lifesaving Club		2:20,63	q
4 Ryan Voigt	14	Clifton Lifesaving Club		2:20,68	q
5 Canaan Brice	14	Kings Beach Lifesaving Club		2:20,82	q
6 Conor Moynihan	14	Kings Beach Lifesaving Club		2:23,41	q
7 Alexander Moolman	14	Woodridge		2:25,35	q

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**Preliminaries ... (Event 11 Boys 14 Year Olds 200 LC Meter Obstacle POOL JUNIORS)**

Name	Age	Team	Seed Time	Prelim Time
8 Christiaan Bothma	14	Harties Reflections		2:29,34 q
9 Liam Schweitzer	14	Woodridge		2:30,84
10 Wyatt Ludick	14	Kings Beach Lifesaving Club		2:33,07
11 Daniel Gerhard	14	Milnerton Lifesaving Club		2:36,68
12 Christian Middleton	14	Kings Beach Lifesaving Club		2:36,98
13 Matthew Brooker	14	Big Bay Slc		2:37,06
14 Liam Niewoudt	14	Bloemfontein Sentraal LC		2:51,99
15 Ryan Nell	14	Tuks Lifesaving Club		2:53,24
16 Tristan Theron	14	Aquamix Lifesaving Club		2:58,20
17 Matthew Benn	14	Seagulls Lifesaving Club		3:03,49
18 Sean Swart	14	Big Bay Slc		3:03,52
19 Cody Stallard	14	Fish Hoek Surf Lifesaving Club		3:04,30
20 David Buys	14	Big Bay Slc		3:10,49
21 Seth Jooste	14	Seagulls Lifesaving Club		3:14,81
22 Isaiah Douglas	14	Seagulls Lifesaving Club		3:15,94

**Event 11 Boys 15-16 200 LC Meter Obstacle POOL JUNIORS**

SA REC 2022: 2:05,59 R 27 Apr 2017 Calvin Coetzee

Suncoast Pirates

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Aiden Bornman	16	Boksburg Lifesaving Club	2:06,17	2:05,68
2 Jordan Denyer	16	Kings Beach Lifesaving Club	2:15,62	2:08,17
3 Matthew Allen	15	Durban Surf Lifesaving Club	2:14,58	2:12,21
4 Antonie Pieterse	16	Harties Reflections	2:16,23	2:15,67
5 Armand Jubber	15	Boksburg Lifesaving Club	2:16,10	2:15,76
6 Jamie Smuts	16	Big Bay Slc	2:17,84	2:18,21
7 Willem Basson	15	Belville Lifesaving Club	2:16,93	2:19,06
8 Damien Angel	15	Umhlanga Rocks Club	2:16,29	2:20,31

**Event 11 Boys 15-16 200 LC Meter Obstacle POOL JUNIORS**

SA REC 2022: 2:05,59 R 27 Apr 2017 Calvin Coetzee

Suncoast Pirates

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Aiden Bornman	16	Boksburg Lifesaving Club		2:06,17 q
2 Matthew Allen	15	Durban Surf Lifesaving Club		2:14,58 q
3 Jordan Denyer	16	Kings Beach Lifesaving Club		2:15,62 q
4 Armand Jubber	15	Boksburg Lifesaving Club		2:16,10 q
5 Antonie Pieterse	16	Harties Reflections		2:16,23 q
6 Damien Angel	15	Umhlanga Rocks Club		2:16,29 q
7 Willem Basson	15	Belville Lifesaving Club		2:16,93 q
8 Jamie Smuts	16	Big Bay Slc		2:17,84 q
9 Tiago Goncalves	15	Boksburg Lifesaving Club		2:18,60
10 Luc O'Brien	15	Umhlanga Rocks Club		2:21,56
11 Clayton Thompson	16	Tuks Lifesaving Club		2:23,45
12 Adrian Le Roux	16	Aquamix Lifesaving Club		2:23,77
13 Zack Waters	16	Clifton Lifesaving Club		2:25,45
14 Cameron Pritchard	16	Milnerton Lifesaving Club		2:26,48
15 Yusseni Furtado	15	Clifton Lifesaving Club		2:27,44
16 Ludolph Joubert	15	Tuks Lifesaving Club		2:31,97
17 Matthew Tucker	16	Kings Beach Lifesaving Club		2:34,06

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**Results**

**Preliminaries ... (Event 11 Boys 15-16 200 LC Meter Obstacle POOL JUNIORS)**

Name	Age	Team	Seed Time	Prelim Time
18 Luke Glock	16	Big Bay Slc		2:38,73
19 Bernard Mac Kay	15	Bloemfontein Sentraal LC		2:39,62
20 Jared Lawson	15	Milnerton Lifesaving Club		2:45,17
21 George Allen	16	Clifton Lifesaving Club		2:57,27
22 Diano Brandt	16	Seagulls Lifesaving Club		4:11,27
23 Conner Daniels	15	Seagulls Lifesaving Club		4:20,21

**Event 11 Boys 17-18 200 LC Meter Obstacle POOL JUNIORS**

SA REC 2022: 1:59,24 R 26 Apr 2012 Paul van Achterbergh				Kwa Zulu Natal	
Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Len-Douglas Mac Kay	17	Bloemfontein Sentraal LC	2:07,97	2:09,18	
2 Kyle Hultzer	18	Umhlanga Rocks Club	2:19,43	2:14,77	
3 Naor Lombard	17	Clifton Lifesaving Club	2:22,54	2:17,33	
4 Andries Jansen van Vuuren	18	Bloemfontein Sentraal LC	2:24,10	2:23,40	
5 Janeco Coetzee	17	Aquamartina	2:35,51	2:32,01	
6 Kyle Jansen van Vuuren	17	Harties Reflections	2:35,62	2:41,18	
7 Marnitz van den Berg	17	Aquamix Lifesaving Club	2:45,99	2:46,57	
8 Brian Young	18	Kings Beach Lifesaving Club	2:48,19	2:55,89	

**Event 11 Boys 17-18 200 LC Meter Obstacle POOL JUNIORS**

SA REC 2022: 1:59,24 R 26 Apr 2012 Paul van Achterbergh				Kwa Zulu Natal	
Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Len-Douglas Mac Kay	17	Bloemfontein Sentraal LC		2:07,97	q
2 Kyle Hultzer	18	Umhlanga Rocks Club		2:19,43	q
3 Naor Lombard	17	Clifton Lifesaving Club		2:22,54	q
4 Andries Jansen van Vuuren	18	Bloemfontein Sentraal LC		2:24,10	q
5 Janeco Coetzee	17	Aquamartina		2:35,51	q
6 Kyle Jansen van Vuuren	17	Harties Reflections		2:35,62	q
7 Marnitz van den Berg	17	Aquamix Lifesaving Club		2:45,99	q
8 Brian Young	18	Kings Beach Lifesaving Club		2:48,19	q
9 Hanre Potgieter	17	Bloemfontein Sentraal LC		3:04,22	
10 Prince Radebe	18	Aquamix Lifesaving Club		3:10,99	

**Event 11 Boys 19-29 200 LC Meter Obstacle POOL JUNIORS**

SA REC 2022: 1:57,69 R 11 Sep 2016 Johan Lourens				Rescue 2016 SA T	
Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Kian du Toit	20	Tuks Lifesaving Club	2:13,25	2:11,18	
2 Ockert van Schalkwyk	21	Tuks Lifesaving Club	2:13,37	2:11,77	
3 Taro Tomitsuka	20	Clifton Lifesaving Club	2:24,17	2:21,87	
4 Avron Manchest	26	Xtream Lifesaving Club	2:32,23	2:26,13	
5 Jason Rodgers	19	Tuks Lifesaving Club	2:31,09	2:29,98	
6 Tanner Gorille	22	Clifton Lifesaving Club	2:35,49	2:36,90	
7 Luke Mansvelt	22	Clifton Lifesaving Club	2:34,99	2:38,24	
8 Paul Lassen	29	Clifton Lifesaving Club	2:56,03	3:02,38	

**LIFESAVING SOUTH AFRICA**  
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**Results**

**Event 11 Boys 19-29 200 LC Meter Obstacle POOL JUNIORS**

SA REC 2022: 1:57,69 R 11 Sep 2016 Johan Lourens

Rescue 2016 SA T

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1	Kian du Toit	20 Tuks Lifesaving Club		2:13,25 q
2	Ockert van Schalkwyk	21 Tuks Lifesaving Club		2:13,37 q
3	Taro Tomitsuka	20 Clifton Lifesaving Club		2:24,17 q
4	Joshua Tucker	20 Kings Beach Lifesaving Club		2:30,75 q
5	Jason Rodgers	19 Tuks Lifesaving Club		2:31,09 q
6	Avron Manchest	26 Xtream Lifesaving Club		2:32,23 q
7	Luke Mansvelt	22 Clifton Lifesaving Club		2:34,99 q
8	Tanner Gorille	22 Clifton Lifesaving Club		2:35,49 q
9	Henk Heymel	21 Aquamix Lifesaving Club		2:48,14
10	Paul Lassen	29 Clifton Lifesaving Club		2:56,03
11	Bartho Visser	20 Clifton Lifesaving Club		3:34,98

**Event 12 Girls 14-18 200 LC Meter 4 x 50m Obstacle Relay POOL JUNIORS**

SA REC 2022: 1:57,06 R 2001

Kwa Zulu Natal

A.Chislett, B.Opperman, S.vd Berg, D.v Rensburg

Team	Relay	Finals Time
1 Umhlanga Rocks Club	A	2:08,65
1) Madison Alberts 14	2) Tatum Botha 17	3) Anya Hocking 16
4) Mia Rule 18		
2 Kings Beach Lifesaving Club	A	2:11,48
1) Jessica Booth 18	2) Megan Hough 14	3) Robyn Hough 16
4) Teegan Pio 15		
3 Harties Reflections	A	2:14,12
1) Liniqwe Rowles 14	2) Sune van Zyl 16	3) Anneke van Eeden 17
4) Tamica Visser 15		
4 Umhlanga Rocks Club	B	2:15,68
1) Aryn Ely 16	2) Saskia Hockly 17	3) Keira King 15
4) Georgia Hawkins 18		
5 Clifton Lifesaving Club	A	2:16,32
1) Savannah Voigt 16	2) Imani Magotsi 14	3) Victoria Seale 16
4) Holly Cleworth 17		
6 Tuks Lifesaving Club	A	2:16,35
1) Zoey Booysen 15	2) Kendra du Toit 18	3) Awande Mlangeni 15
4) Cailynn Foster 14		
7 Woodridge	A	2:21,20
1) Jessica Marcus 14	2) Nicola Harcus 15	3) Nicola Herbst 15
4) Hannah Praetorius 15		
8 Umhlanga Rocks Club	C	2:21,27
1) Nicollette Challenor 17	2) Kezia Elliott 18	3) Valma-Jean Hockly 15
4) Kayleigh Smith 14		
9 Bloemfontein Sentraal LC	A	2:25,46
1) Kaylin Visser 15	2) Cayla Visser 15	3) Anke van der Poel 14
4) Lana Loots 16		
10 Clifton Lifesaving Club	B	2:37,69
1) Eliza Jenniker 16	2) Brooklynn Pienaar 16	3) Angelina Rockman 16
4) Ciara Conwood 14		

**Event 13 Boys 14-18 200 LC Meter 4 x 50m Obstacle Relay POOL JUNIORS**

SA REC 2022: 1:48,54 R 22 Feb 2013 Western Province

JP van Zyl, C.Botha, M.Erasmus, C.Coetsee

Team	Relay	Finals Time
1 Umhlanga Rocks Club	A	1:56,07
1) Damien Angel 15	2) Matthew Coetzer 16	3) Kyle Hultzer 18
4) Luc O'Brien 15		
2 Clifton Lifesaving Club	A	1:58,57
1) Ryan Voigt 14	2) Zack Waters 16	3) Yusseni Furtado 15
4) Naor Lombard 17		
3 Harties Reflections	A	1:58,79
1) Christiaan Bothma 14	2) Neil Holtzhausen 14	3) Antonie Pieterse 16
4) Christiaan van Eeden 14		

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**Results**

**(Event 13 Boys 14-18 200 LC Meter 4 x 50m Obstacle Relay POOL JUNIORS)**

Team	Relay			Finals Time
4 Bloemfontein Sentraal LC	A			2:00,87
1) Bernard Mac Kay 15	2) Len-Douglas Mac Kay 17	3) Hanre Potgieter 17	4) Andries Jansen van Vuuren 18	
5 Big Bay Slc	A			2:00,92
1) Luke Glock 16	2) Matthew Brooker 14	3) Jamie Smuts 16	4) Jake Hutton 14	
6 Kings Beach Lifesaving Club	A			2:02,53
1) Canaan Brice 14	2) Jordan Denyer 16	3) Christian Middleton 14	4) Conor Moynihan 14	
7 Milnerton Lifesaving Club	A			2:06,87
1) Jared Lawson 15	2) Daniel Gerhard 14	3) Cameron Pritchard 16	4) Nico Zumpt 15	
8 Aquamix Lifesaving Club	A			2:13,17
1) Tristan Theron 14	2) Adrian Le Roux 16	3) Marnitz van den Berg 17	4) Prince Radebe 18	
9 Seagulls Lifesaving Club	A			2:30,02
1) Matthew Benn 14	2) Isaiah Douglas 14	3) Seth Jooste 14	4) Diano Brandt 16	
--- Invitational Team	A			X2:04,65
1) Tiago Goncalves 15	2) Ryan Nell 14	3) Ludolph Joubert 15	4) Janeco Coetzee 17	
--- Invitational Team	C			X2:30,17
1) Sean Swart 14				

**Event 14 Women 19-29 200 LC Meter 4 x 50m Obstacle Relay POOL JUNIORS**

Team	Relay			Finals Time
1 Umhlanga Rocks Club	A			2:07,11
1) Sasha-Lee Nordegen 24	2) Tatum Botha 17	3) Anya Hocking 16	4) Saskia Hockly 17	
2 Clifton Lifesaving Club	A			2:18,98
1) Savannah Voigt 16	2) Sylvie Gorille 20	3) Victoria Seale 16	4) Holly Cleworth 17	
--- Invitational Team	A			X2:11,27
1) Kelsey Chiang 16	2) Tove' van Zyl 24	3) Deborah Dredge 19	4) Marlise Ferreira 19	

**Event 15 Men 19-29 200 LC Meter 4 x 50m Obstacle Relay POOL JUNIORS**

Team	Relay			Finals Time
1 Tuks Lifesaving Club	A			1:54,00
1) Kian du Toit 20	2) Clayton Thompson 16	3) Jason Rodgers 19	4) Ockert van Schalkwyk 21	
2 Kings Beach Lifesaving Club	A			1:59,62
1) Kerwin Clarke 29	2) Keegan Cooke 24	3) Joshua Tucker 20	4) Jordan Denyer 16	
3 Clifton Lifesaving Club	A			2:00,15
1) Tanner Gorille 22	2) Taro Tomitsuka 20	3) Zack Waters 16	4) Naor Lombard 17	
4 Clifton Lifesaving Club	B			2:08,53
1) Paul Lassen 29	2) Bartho Visser 20	3) Luke Mansvelt 22	4) George Allen 16	
--- Invitational Team	A			X1:52,81
1) Aiden Bornman 16	2) Willem Basson 15	3) Armand Jubber 15	4) Branden Willows 19	
--- Invitational Team	B			X2:02,95
1) Liam Niewoudt 14	2) Luc Michaels 17	3) Avron Manchest 26	4) Henk Heymel 21	

**Event 16 Girls 14-18 50 LC Meter Line Throw Relay POOL JUNIORS**

Team	Relay			Finals Time
1 Umhlanga Rocks Club	A			16,71
1) Tatum Botha 17	2) Saskia Hockly 17			
2 Woodridge	A			20,97
1) Nicola Harcus 15	2) Nicola Herbst 15			
3 Bloemfontein Sentraal LC	C			22,88
1) Ann-Mari de Villiers 16	2) Anke van der Poel 14			

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022**

**Results**

**(Event 16 Girls 14-18 50 LC Meter Line Throw Relay POOL JUNIORS)**

<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>
4 Bloemfontein Sentraal LC	B	24,14
1) Lana Loots 16	2) Karli van Heerden 16	
5 Umhlanga Rocks Club	B	24,86
1) Aryn Ely 16	2) Keira King 15	
6 Summerstrand Lifesaving Club	A	26,18
1) Keira van Heerden 14	2) Jodi Wilson 15	
7 Tuks Lifesaving Club	A	40,46
1) Kendra du Toit 18	2) Awande Mlangeni 15	
8 Harties Reflections	A	40,78
1) Sune van Zyl 16	2) Linique Rowles 14	
9 Clifton Lifesaving Club	B	40,81
1) Ava Ingel 14	2) Kianna Liversage 14	
10 Bloemfontein Sentraal LC	A	44,33
1) Cayla Visser 15	2) Kaylin Visser 15	
--- Tuks Lifesaving Club	B	DQ
Did not finish		
1) Zoey Booysen 15	2) Cailynn Foster 14	
--- Kings Beach Lifesaving Club	B	DQ
Did not finish		
1) Jessica Booth 18	2) Robyn Hough 16	
--- Umhlanga Rocks Club	F	DQ
Did not finish		
1) Nicollette Challenor 17	2) Valma-Jean Hockly 15	
--- Woodridge	B	DQ
Did not finish		
1) Jessica Harcus 14	2) Hannah Praetorius 15	
--- Clifton Lifesaving Club	D	DQ
Did not finish		
1) Holly Cleworth 17	2) Ellen Hodgkinson 14	
--- Big Bay Slc	A	DQ
Did not finish		
1) Erin Langenhoven 14	2) Aimee Langenhoven 16	
--- Clifton Lifesaving Club	C	DQ
Did not finish		
1) Imani Magotsi 14	2) Ella Thorton Burge 14	
--- Clifton Lifesaving Club	A	DQ
Did not finish		
1) Savannah Voigt 16	2) Victoria Seale 16	
--- Seagulls Lifesaving Club	B	DQ
Did not finish		
1) Zara Brown 14	2) Brooklynn Pienaar 16	
--- Kings Beach Lifesaving Club	A	DNF
Did not finish		
1) Megan Hough 14	2) Teegan Pio 15	
--- Seagulls Lifesaving Club	A	DNF
Did not finish		
1) Ciara Conwood 14	2) Eliza Jenniker 16	
--- Umhlanga Rocks Club	C	DNF
Did not finish		
1) Georgia Hawkins 18	2) Mia Rule 18	

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**Results**

**(Event 16 Girls 14-18 50 LC Meter Line Throw Relay POOL JUNIORS)**

Team	Relay	Finals Time
--- Milnerton Lifesaving Club Did not finish	A	DNF
1) Jesse Allott 14	2) Kelsey Chiang 16	
--- Umhlanga Rocks Club Did not finish	E	DNF
1) Kezia Elliott 18	2) Kayleigh Smith 14	
--- Umhlanga Rocks Club Did not finish	D	DNF
1) Anya Hocking 16	2) Madison Alberts 14	

**Event 17 Boys 14-18 50 LC Meter Line Throw Relay POOL JUNIORS**

SA REC 2022: 9,17 R 24 Nov 2018 SA Youth Team WLC 2018

Milan Erasmus (t); Connor Botha

Team	Relay	Finals Time
1 Harties Reflections	A	14,00
1) Antonie Pieterse 16	2) Kyle Jansen van Vuuren 17	
2 Aquamix Lifesaving Club	A	15,89
1) Prince Radebe 18	2) Marnitz van den Berg 17	
3 Tuks Lifesaving Club	A	17,11
1) Ludolph Joubert 15	2) Ryan Nell 14	
4 Milnerton Lifesaving Club	B	17,16
1) Cameron Pritchard 16	2) Nico Zumpt 15	
5 Bloemfontein Sentraal LC	B	17,90
1) Andries Jansen van Vuuren 18	2) Bernard Mac Kay 15	
6 Harties Reflections	B	19,10
1) Christiaan Bothma 14	2) Neil Holtzhausen 14	
7 Clifton Lifesaving Club	A	19,17
1) George Allen 16	2) Naor Lombard 17	
8 Woodridge	A	19,74
1) Alexander Moolman 14	2) Liam Schweitzer 14	
9 Boksburg Lifesaving Club	A	20,15
10 Aquamix Lifesaving Club	B	20,74
1) Adrian Le Roux 16	2) Tristan Theron 14	
11 Clifton Lifesaving Club	B	21,34
1) Ryan Voigt 14	2) Zack Waters 16	
12 Kings Beach Lifesaving Club	A	22,92
1) Canaan Brice 14	2) Jordan Denyer 16	
13 Bloemfontein Sentraal LC	A	27,12
1) Len-Douglas Mac Kay 17	2) Liam Niewoudt 14	
14 Big Bay Slc	A	29,48
1) Luke Glock 16	2) Jamie Smuts 16	
15 Big Bay Slc	B	39,00
1) Matthew Brooker 14	2) Jake Hutton 14	
16 Umhlanga Rocks Club	B	40,13
1) Damien Angel 15	2) Luc O'Brien 15	
--- Umhlanga Rocks Club	A	DQ
1) Kyle Hultzer 18	2) Matthew Coetzer 16	
--- Kings Beach Lifesaving Club Did not finish	B	DQ
1) Brian Young 18	2) Wyatt Ludick 14	

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**Results**

**(Event 17 Boys 14-18 50 LC Meter Line Throw Relay POOL JUNIORS)**

<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>
--- Milnerton Lifesaving Club Did not finish	A	DNF
1) Daniel Gerhard 14	2) Jared Lawson 15	
--- Seagulls Lifesaving Club Did not finish	A	DNF
1) Matthew Benn 14	2) Isaiah Douglas 14	
--- Big Bay Slc Did not finish	C	DNF
1) David Buys 14	2) Sean Swart 14	
--- Seagulls Lifesaving Club Did not finish	C	DNF
1) Conner Daniels 15	2) Diano Brandt 16	
--- Seagulls Lifesaving Club Did not finish	B	DNF
1) Seth Jooste 14		

**Event 18 Women 19-29 50 LC Meter Line Throw Relay POOL JUNIORS**

SA REC 2022: 13,43 R 2003 SA Commonwealth Team

<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>
1 Harties Reflections	A	18,63
1) Marlise Ferreira 19	2) Anneke van Eeden 17	
2 Umhlanga Rocks Club	C	21,38
1) Mia Rule 18	2) Georgia Hawkins 18	
3 Clifton Lifesaving Club	A	21,68
1) Sylvie Gorille 20	2) Holly Cleworth 17	
4 Umhlanga Rocks Club	B	31,39
1) Tatum Botha 17	2) Saskia Hockly 17	
5 Tuks Lifesaving Club	A	39,48
1) Deborah Dredge 19	2) Tove' van Zyl 24	
6 Clifton Lifesaving Club	B	46,60
1) Savannah Voigt 16	2) Victoria Seale 16	
--- Umhlanga Rocks Club Did not finish	A	DNF
1) Sasha-Lee Nordegen 24	2) Anya Hocking 16	
--- Marine Lifesaving Club Did not finish	B	DNF
1) Keli Reynolds 22	2) Raquel Robbins 19	

**Event 19 Men 19-29 50 LC Meter Line Throw Relay POOL JUNIORS**

SA REC 2022: 8,84 R 24 Feb 2010 Gauteng Seniors

<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>
1 Senathla Lifesaving Club	A	13,27
1) Kai Davey 21	2) Branden Willows 19	
2 Xtream Lifesaving Club	A	19,80
1) Avron Manchest 26	2) Luc Michaels 17	
3 Clifton Lifesaving Club	C	21,54
1) Luke Mansvelt 22	2) Zack Waters 16	
4 Tuks Lifesaving Club	B	23,32
1) Jason Rodgers 19	2) Ockert van Schalkwyk 21	
5 Clifton Lifesaving Club	B	37,27
1) Bartho Visser 20	2) George Allen 16	
--- Clifton Lifesaving Club	A	DQ
1) Taro Tomitsuka 20	2) Tanner Gorille 22	

**LIFESAVING SOUTH AFRICA**  
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**Results**

**(Event 19 Men 19-29 50 LC Meter Line Throw Relay POOL JUNIORS)**

Team	Relay	Finals Time
--- Clifton Lifesaving Club Did not finish	D	DNF
1) Paul Lassen 29	2) Naor Lombard 17	
--- Seagulls Lifesaving Club Did not finish	A	DNF
1) Kerwin Clarke 29	2) Shurker Coetzee 20	
--- Tuks Lifesaving Club Did not finish	A	DNF
1) Kian du Toit 20	2) Andre Mouton 21	

**Event 20 Girls 14 Year Olds 100 LC Meter Manikin Tow + Tube POOL JUNIORS**

SA REC 2022: 1:07,01 R 29 Apr 2017 Deborah Dredge

TUKS

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Linique Rowles	14	Harties Reflections	1:17,35	1:11,65
2 Anke van der Poel	14	Bloemfontein Sentraal LC	1:11,06	1:12,52
3 Keira van Heerden	14	Summerstrand Lifesaving Club	1:25,81	1:16,51
4 Jessica Harcus	14	Woodridge	1:27,23	1:17,26
5 Erin Langenhoven	14	Big Bay Slc	1:23,10	1:21,72
6 Yanelisa Nomoyi	14	Kings Beach Lifesaving Club	1:35,15	1:27,32
7 Caitlynn Foster	14	Tuks Lifesaving Club	1:36,93	1:32,51
8 Megan Hough	14	Kings Beach Lifesaving Club	1:32,05	1:34,54

**Event 20 Girls 14 Year Olds 100 LC Meter Manikin Tow + Tube POOL JUNIORS**

SA REC 2022: 1:07,01 R 29 Apr 2017 Deborah Dredge

TUKS

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Anke van der Poel	14	Bloemfontein Sentraal LC		1:11,06 q
2 Linique Rowles	14	Harties Reflections		1:17,35 q
3 Erin Langenhoven	14	Big Bay Slc		1:23,10 q
4 Keira van Heerden	14	Summerstrand Lifesaving Club		1:25,81 q
5 Jessica Harcus	14	Woodridge		1:27,23 q
6 Megan Hough	14	Kings Beach Lifesaving Club		1:32,05 q
7 Yanelisa Nomoyi	14	Kings Beach Lifesaving Club		1:35,15 q
8 Caitlynn Foster	14	Tuks Lifesaving Club		1:36,93 q
9 Ava Ingel	14	Clifton Lifesaving Club		1:41,21
10 Ella Thorton Burge	14	Clifton Lifesaving Club		1:42,62
11 Cailynn Foster	14	Tuks Lifesaving Club		1:42,75
12 Imani Magotsi	14	Clifton Lifesaving Club		1:47,79
13 Jesse Allott	14	Milnerton Lifesaving Club		1:53,24
--- Demi-Leigh Campher	14	Kings Beach Lifesaving Club		DQ
--- Maya Geyers	14	Kings Beach Lifesaving Club		DQ
--- Madison Alberts	14	Umhlanga Rocks Club		DQ
--- Amber-Rose Berry	14	Fish Hoek Surf Lifesaving Club		DQ
--- Ciara Conwood	14	Seagulls Lifesaving Club		DQ
--- Ellen Hodgkinson	14	Clifton Lifesaving Club		DQ
--- Kianna Liversage	14	Clifton Lifesaving Club		DQ
--- Kayleigh Smith	14	Umhlanga Rocks Club		DQ
--- Zara Brown	14	Seagulls Lifesaving Club		DQ
--- Chante Killian	14	Seagulls Lifesaving Club		DQ

**LIFESAVING SOUTH AFRICA**  
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**Results**

**Event 20 Girls 15-16 100 LC Meter Manikin Tow + Tube POOL JUNIORS**

SA REC 2022: 1:03,42 R 27 Apr 2019 Bianca Opperman

NW

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Savannah Voigt	16	Clifton Lifesaving Club	1:18,62	1:11,06
2 Sune van Zyl	16	Harties Reflections	1:11,76	1:11,14
3 Anya Hocking	16	Umhlanga Rocks Club	1:14,34	1:12,49
4 Nicola Harcus	15	Woodridge	1:18,08	1:13,18
5 Tamica Visser	15	Harties Reflections	1:15,03	1:13,79
6 Kelsey Chiang	16	Milnerton Lifesaving Club	1:20,11	1:15,28
7 Ann-Mari de Villiers	16	Bloemfontein Sentraal LC	1:18,93	1:16,53
8 Jodi Wilson	15	Summerstrand Lifesaving Club	1:19,45	1:18,58

**Event 20 Girls 15-16 100 LC Meter Manikin Tow + Tube POOL JUNIORS**

SA REC 2022: 1:03,42 R 27 Apr 2019 Bianca Opperman

NW

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Sune van Zyl	16	Harties Reflections		1:11,76 q
2 Anya Hocking	16	Umhlanga Rocks Club		1:14,34 q
3 Tamica Visser	15	Harties Reflections		1:15,03 q
4 Nicola Harcus	15	Woodridge		1:18,08 q
5 Savannah Voigt	16	Clifton Lifesaving Club		1:18,62 q
6 Ann-Mari de Villiers	16	Bloemfontein Sentraal LC		1:18,93 q
7 Jodi Wilson	15	Summerstrand Lifesaving Club		1:19,45 q
8 Kelsey Chiang	16	Milnerton Lifesaving Club		1:20,11 q
9 Milishca Geleta	16	Bloemfontein Sentraal LC		1:20,21
10 Keira King	15	Umhlanga Rocks Club		1:20,97
11 Cayla Visser	15	Bloemfontein Sentraal LC		1:22,76
12 Kaylin Visser	15	Bloemfontein Sentraal LC		1:24,09
13 Lana Loots	16	Bloemfontein Sentraal LC		1:24,20
*14 Teegan Pio	15	Kings Beach Lifesaving Club		1:24,34
*14 Kiersten Paulse	16	Xtream Lifesaving Club		1:24,34
16 Robyn Hough	16	Kings Beach Lifesaving Club		1:24,40
17 Rebecca Harcombe	16	Summerstrand Lifesaving Club		1:26,03
18 Awande Mlangeni	15	Tuks Lifesaving Club		1:26,88
19 Aimee Langenhoven	16	Big Bay Slc		1:27,96
20 Aryn Ely	16	Umhlanga Rocks Club		1:28,62
21 Lily Day	15	Big Bay Slc		1:38,92
22 Eliza Jenniker	16	Seagulls Lifesaving Club		1:55,76
23 Brooklynn Pienaar	16	Seagulls Lifesaving Club		1:57,89
24 Karli van Heerden	16	Bloemfontein Sentraal LC		2:01,23
25 Angelina Rockman	16	Seagulls Lifesaving Club		2:01,54
--- Zoey Booysen	15	Tuks Lifesaving Club		DQ

**Event 20 Girls 17-18 100 LC Meter Manikin Tow + Tube POOL JUNIORS**

SA REC 2022: 1:03,36 R 22 Nov 2019 Bianca Opperman

SA Proteas 19

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Kendra du Toit	18	Tuks Lifesaving Club	1:11,94	1:02,84 R
2 Tatum Botha	17	Umhlanga Rocks Club	1:15,41	1:10,41
3 Anneke van Eeden	17	Harties Reflections	1:11,12	1:12,54
4 Georgia Hawkins	18	Umhlanga Rocks Club	1:15,61	1:13,06

**LIFESAVING SOUTH AFRICA**  
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**Results**

**Finals ... (Event 20 Girls 17-18 100 LC Meter Manikin Tow + Tube POOL JUNIORS)**

Name	Age	Team	Prelim Time	Finals Time
5 Saskia Hockly	17	Umhlanga Rocks Club	1:19,78	1:17,33
6 Holly Cleworth	17	Clifton Lifesaving Club	1:11,83	1:17,89
--- Jessica Booth	18	Kings Beach Lifesaving Club	1:23,38	DQ
--- Mia Rule	18	Umhlanga Rocks Club	1:22,01	DQ

**Event 20 Girls 17-18 100 LC Meter Manikin Tow + Tube POOL JUNIORS**

SA REC 2022: 1:03,36 R 22 Nov 2019 Bianca Opperman

SA Proteas 19

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Anneke van Eeden	17	Harties Reflections		1:11,12 q
2 Holly Cleworth	17	Clifton Lifesaving Club		1:11,83 q
3 Kendra du Toit	18	Tuks Lifesaving Club		1:11,94 q
4 Tatum Botha	17	Umhlanga Rocks Club		1:15,41 q
5 Georgia Hawkins	18	Umhlanga Rocks Club		1:15,61 q
6 Saskia Hockly	17	Umhlanga Rocks Club		1:19,78 q
7 Mia Rule	18	Umhlanga Rocks Club		1:22,01 q
8 Jessica Booth	18	Kings Beach Lifesaving Club		1:23,38 q
9 Chelsey Cooke	18	Kings Beach Lifesaving Club		2:10,46

**Event 20 Girls 19-29 100 LC Meter Manikin Tow + Tube POOL JUNIORS**

SA REC 2022: 1:03,36 R 22 Nov 2019 Bianca Opperman

SA Proteas 19

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Amica de Jager	22	Durban Surf Lifesaving Club	1:14,46	1:07,01
2 Tove' van Zyl	24	Tuks Lifesaving Club	1:15,40	1:08,50
3 Sasha-Lee Nordegen	24	Umhlanga Rocks Club	1:14,33	1:12,37
4 Marlise Ferreira	19	Harties Reflections	1:13,14	1:13,13
5 Barbara Anne de Bruin	20	Marlin	1:23,16	1:22,79
6 Sylvie Gorille	20	Clifton Lifesaving Club	1:30,96	1:34,59

**Event 20 Girls 19-29 100 LC Meter Manikin Tow + Tube POOL JUNIORS**

SA REC 2022: 1:03,36 R 22 Nov 2019 Bianca Opperman

SA Proteas 19

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Marlise Ferreira	19	Harties Reflections		1:13,14 q
2 Sasha-Lee Nordegen	24	Umhlanga Rocks Club		1:14,33 q
3 Amica de Jager	22	Durban Surf Lifesaving Club		1:14,46 q
4 Tove' van Zyl	24	Tuks Lifesaving Club		1:15,40 q
5 Barbara Anne de Bruin	20	Marlin		1:23,16 q
6 Sylvie Gorille	20	Clifton Lifesaving Club		1:30,96 q
7 Lara Edwards	24	Pirates Lifesaving Club		1:37,96 q
8 Keli Reynolds	22	Marine Lifesaving Club		1:45,81 q
9 Carmel Billson	29	Marine Lifesaving Club		1:48,79
10 Raquel Robbins	19	Marine Lifesaving Club		2:09,09
--- Deborah Dredge	19	Tuks Lifesaving Club		DQ

**Event 21 Boys 14 Year Olds 100 LC Meter Manikin Tow + Tube POOL JUNIORS**

SA REC 2022: 1:01,01 R 27 Mar 2020 Elijah Dredge

TUKS

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Neil Holtzhausen	14	Harties Reflections	1:12,36	1:06,83

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**Results**

**Finals ... (Event 21 Boys 14 Year Olds 100 LC Meter Manikin Tow + Tube POOL JUNIORS)**

	Name	Age	Team	Prelim Time	Finals Time
2	Christiaan van Eeden	14	Harties Reflections	1:03,12	1:07,37
3	Ryan Nell	14	Tuks Lifesaving Club	1:10,19	1:09,79
4	Canaan Brice	14	Kings Beach Lifesaving Club	1:15,62	1:11,54
5	Matthew Brooker	14	Big Bay Slc	1:12,64	1:12,15
6	Daniel Gerhard	14	Milnerton Lifesaving Club	1:15,80	1:13,88
7	Ryan Voigt	14	Clifton Lifesaving Club	1:14,65	1:17,24
---	Christian Middleton	14	Kings Beach Lifesaving Club	1:15,90	DQ

**Event 21 Boys 14 Year Olds 100 LC Meter Manikin Tow + Tube POOL JUNIORS**

SA REC 2022: 1:01,01 R 27 Mar 2020 Elijah Dredge

TUKS

	Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>					
1	Christiaan van Eeden	14	Harties Reflections		1:03,12 q
2	Ryan Nell	14	Tuks Lifesaving Club		1:10,19 q
3	Neil Holtzhausen	14	Harties Reflections		1:12,36 q
4	Matthew Brooker	14	Big Bay Slc		1:12,64 q
5	Ryan Voigt	14	Clifton Lifesaving Club		1:14,65 q
6	Canaan Brice	14	Kings Beach Lifesaving Club		1:15,62 q
7	Daniel Gerhard	14	Milnerton Lifesaving Club		1:15,80 q
8	Christian Middleton	14	Kings Beach Lifesaving Club		1:15,90 q
9	Wyatt Ludick	14	Kings Beach Lifesaving Club		1:16,13
10	Christiaan Bothma	14	Harties Reflections		1:17,39
11	Conor Moynihan	14	Kings Beach Lifesaving Club		1:17,78
12	Tristan Theron	14	Aquamix Lifesaving Club		1:27,29
13	Liam Niewoudt	14	Bloemfontein Sentraal LC		1:30,05
14	Sean Swart	14	Big Bay Slc		1:30,83
15	David Buys	14	Big Bay Slc		1:57,17
16	Isaiah Douglas	14	Seagulls Lifesaving Club		2:00,21
---	Liam Schweitzer	14	Woodridge		DQ
---	Alexander Moolman	14	Woodridge		DQ
---	Tristan Marais	14	Summerstrand Lifesaving Club		DQ
---	Matthew Benn	14	Seagulls Lifesaving Club		DQ

**Event 21 Boys 15-16 100 LC Meter Manikin Tow + Tube POOL JUNIORS**

SA REC 2022: 56,84 R 06 Oct 2021 Elijah Dredge

Tuks

	Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>					
1	Antonie Pieterse	16	Harties Reflections	57,58	57,38
2	Clayton Thompson	16	Tuks Lifesaving Club	1:03,57	59,76
3	Tiago Goncalves	15	Boksburg Lifesaving Club	1:02,81	1:00,74
4	Nico Zumpt	15	Milnerton Lifesaving Club	1:03,67	1:04,43
5	Yusseni Furtado	15	Clifton Lifesaving Club	1:07,56	1:05,24
6	Adrian Le Roux	16	Aquamix Lifesaving Club	1:05,97	1:05,75
7	Ludolph Joubert	15	Tuks Lifesaving Club	1:05,58	1:07,13
8	Armand Jubber	15	Boksburg Lifesaving Club	1:04,86	1:07,17

**Event 21 Boys 15-16 100 LC Meter Manikin Tow + Tube POOL JUNIORS**

SA REC 2022: 56,84 R 06 Oct 2021 Elijah Dredge

Tuks

	Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>					
1	Antonie Pieterse	16	Harties Reflections		57,58 q

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**Results**

**Preliminaries ... (Event 21 Boys 15-16 100 LC Meter Manikin Tow + Tube POOL JUNIORS)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
2	Tiago Goncalves	15	Boksburg Lifesaving Club		1:02,81	q
3	Clayton Thompson	16	Tuks Lifesaving Club		1:03,57	q
4	Nico Zumpt	15	Milnerton Lifesaving Club		1:03,67	q
5	Armand Jubber	15	Boksburg Lifesaving Club		1:04,86	q
6	Ludolph Joubert	15	Tuks Lifesaving Club		1:05,58	q
7	Adrian Le Roux	16	Aquamix Lifesaving Club		1:05,97	q
8	Willem Basson	15	Belville Lifesaving Club		1:06,76	q
9	Yusseni Furtado	15	Clifton Lifesaving Club		1:07,56	
10	Damien Angel	15	Umhlanga Rocks Club		1:08,56	
11	Zack Waters	16	Clifton Lifesaving Club		1:09,33	
12	Jordan Denyer	16	Kings Beach Lifesaving Club		1:10,06	
13	Cameron Pritchard	16	Milnerton Lifesaving Club		1:13,06	
14	George Allen	16	Clifton Lifesaving Club		1:14,03	
15	Bernard Mac Kay	15	Bloemfontein Sentraal LC		1:14,11	
16	Jared Lawson	15	Milnerton Lifesaving Club		1:15,90	
17	Jamie Smuts	16	Big Bay Slc		1:20,60	
18	Matthew Tucker	16	Kings Beach Lifesaving Club		1:21,96	
19	Diano Brandt	16	Seagulls Lifesaving Club		1:35,47	
20	Conner Daniels	15	Seagulls Lifesaving Club		1:53,29	
21	Corban Oliver	15	Kings Beach Lifesaving Club		2:11,67	
---	Luke Glock	16	Big Bay Slc			DQ
---	Aiden Bornman	16	Boksburg Lifesaving Club			DQ

**Event 21 Boys 17-18 100 LC Meter Manikin Tow + Tube POOL JUNIORS**

SA REC 2022: 54,36 R 02 Dec 2017 Milan Erasmus

SA Orange Cup 17

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>Finals</b>					
1	Len-Douglas Mac Kay	17	Bloemfontein Sentraal LC	59,56	58,85
2	Kyle Hultzer	18	Umhlanga Rocks Club	1:06,67	1:05,03
3	Janeco Coetzee	17	Aquamartina	1:19,88	1:10,10
4	Luc Michaels	17	Xtream Lifesaving Club	1:15,45	1:10,16
5	Andries Jansen van Vuuren	18	Bloemfontein Sentraal LC	1:04,80	1:12,20
6	Marnitz van den Berg	17	Aquamix Lifesaving Club	1:08,44	1:12,71
7	Kyle Jansen van Vuuren	17	Harties Reflections	1:09,32	1:12,89
8	Brian Young	18	Kings Beach Lifesaving Club	1:16,85	1:16,45

**Event 21 Boys 17-18 100 LC Meter Manikin Tow + Tube POOL JUNIORS**

SA REC 2022: 54,36 R 02 Dec 2017 Milan Erasmus

SA Orange Cup 17

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
<b>Preliminaries</b>						
1	Len-Douglas Mac Kay	17	Bloemfontein Sentraal LC		59,56	q
2	Andries Jansen van Vuuren	18	Bloemfontein Sentraal LC		1:04,80	q
3	Kyle Hultzer	18	Umhlanga Rocks Club		1:06,67	q
4	Marnitz van den Berg	17	Aquamix Lifesaving Club		1:08,44	q
5	Kyle Jansen van Vuuren	17	Harties Reflections		1:09,32	q
6	Luc Michaels	17	Xtream Lifesaving Club		1:15,45	q
7	Brian Young	18	Kings Beach Lifesaving Club		1:16,85	q
8	Janeco Coetzee	17	Aquamartina		1:19,88	q
9	Prince Radebe	18	Aquamix Lifesaving Club		1:31,54	
---	Hanre Potgieter	17	Bloemfontein Sentraal LC			DQ

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022**

**Results**

**Event 21 Boys 19-29 100 LC Meter Manikin Tow + Tube POOL JUNIORS**

SA REC 2022: 53,36 R 11 Sep 2016 Christiaan Malan

Rescue 2016 SA T

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Andre Mouton	21	Tuks Lifesaving Club	56,86	56,60
2 Branden Willows	19	Senathla Lifesaving Club	58,85	57,08
3 Kian du Toit	20	Tuks Lifesaving Club	56,91	1:01,80
4 Avron Manchest	26	Xtream Lifesaving Club	1:03,14	1:04,32
5 Henk Heymel	21	Aquamix Lifesaving Club	1:09,10	1:06,53
6 Jason Rodgers	19	Tuks Lifesaving Club	1:05,32	1:06,93
7 Kai Davey	21	Senathla Lifesaving Club	1:10,01	1:07,91
8 Luke Mansvelt	22	Clifton Lifesaving Club	1:13,93	1:12,66

**Event 21 Boys 19-29 100 LC Meter Manikin Tow + Tube POOL JUNIORS**

SA REC 2022: 53,36 R 11 Sep 2016 Christiaan Malan

Rescue 2016 SA T

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Andre Mouton	21	Tuks Lifesaving Club		56,86 q
2 Kian du Toit	20	Tuks Lifesaving Club		56,91 q
3 Branden Willows	19	Senathla Lifesaving Club		58,85 q
4 Avron Manchest	26	Xtream Lifesaving Club		1:03,14 q
5 Jason Rodgers	19	Tuks Lifesaving Club		1:05,32 q
6 Henk Heymel	21	Aquamix Lifesaving Club		1:09,10 q
7 Kai Davey	21	Senathla Lifesaving Club		1:10,01 q
8 Luke Mansvelt	22	Clifton Lifesaving Club		1:13,93 q
9 Paul Lassen	29	Clifton Lifesaving Club		1:14,53
10 Tanner Gorille	22	Clifton Lifesaving Club		1:15,35
--- Bartho Visser	20	Clifton Lifesaving Club		DQ

**Event 22 Girls 14 Year Olds 100 LC Meter Rescue Medley POOL JUNIORS**

SA REC 2022: 1:22,52 R 27 Apr 2019 Guilma Lausberg

Freestate

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Keira van Heerden	14	Summerstrand Lifesaving Club	1:28,78	1:27,59
2 Erin Langenhoven	14	Big Bay Slc	1:35,74	1:35,53
3 Linique Rowles	14	Harties Reflections	1:38,54	1:36,77
4 Amber-Rose Berry	14	Fish Hoek Surf Lifesaving Club	1:38,87	1:37,78
5 Caitlynn Foster	14	Tuks Lifesaving Club	1:58,12	1:55,33
6 Jessica Harcus	14	Woodridge	1:42,23	1:56,53
7 Megan Hough	14	Kings Beach Lifesaving Club	1:47,21	1:58,03
8 Cailynn Foster	14	Tuks Lifesaving Club	2:02,34	2:03,54

**Event 22 Girls 14 Year Olds 100 LC Meter Rescue Medley POOL JUNIORS**

SA REC 2022: 1:22,52 R 27 Apr 2019 Guilma Lausberg

Freestate

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Keira van Heerden	14	Summerstrand Lifesaving Club		1:28,78 q
2 Erin Langenhoven	14	Big Bay Slc		1:35,74 q
3 Linique Rowles	14	Harties Reflections		1:38,54 q
4 Amber-Rose Berry	14	Fish Hoek Surf Lifesaving Club		1:38,87 q
5 Jessica Harcus	14	Woodridge		1:42,23 q
6 Megan Hough	14	Kings Beach Lifesaving Club		1:47,21 q

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022**

**Results**

**Preliminaries ... (Event 22 Girls 14 Year Olds 100 LC Meter Rescue Medley POOL JUNIORS)**

Name	Age	Team	Seed Time	Prelim Time
7 Caitlynn Foster	14	Tuks Lifesaving Club		1:58,12 q
8 Cailynn Foster	14	Tuks Lifesaving Club		2:02,34 q
9 Ella Thornton Burge	14	Clifton Lifesaving Club		2:15,56
10 Jesse Allott	14	Milnerton Lifesaving Club		2:40,22
--- Madison Alberts	14	Umhlanga Rocks Club		DQ
--- Ava Ingel	14	Clifton Lifesaving Club		DQ
--- Maya Geyers	14	Kings Beach Lifesaving Club		DQ
--- Ellen Hodgkinson	14	Clifton Lifesaving Club		DQ
--- Kianna Liversage	14	Clifton Lifesaving Club		DQ
--- Zara Brown	14	Seagulls Lifesaving Club		DQ
--- Imani Magotsi	14	Clifton Lifesaving Club		DQ

**Event 22 Girls 15-16 100 LC Meter Rescue Medley POOL JUNIORS**

SA REC 2022: 1:17,29 R 04 May 2019 Bianca Opperman				SA Youth Team 19	
Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Savannah Voigt	16	Clifton Lifesaving Club	1:26,33	1:24,53	
2 Nicola Harcus	15	Woodridge	1:29,36	1:27,91	
3 Anya Hocking	16	Umhlanga Rocks Club	1:31,59	1:30,22	
4 Sune van Zyl	16	Harties Reflections	1:38,86	1:34,32	
5 Kelsey Chiang	16	Milnerton Lifesaving Club	1:35,73	1:36,14	
6 Zoey Booysen	15	Tuks Lifesaving Club	1:42,16	1:36,47	
7 Tamica Visser	15	Harties Reflections	1:36,55	1:40,08	
8 Keira King	15	Umhlanga Rocks Club	1:41,04	1:40,92	

**Event 22 Girls 15-16 100 LC Meter Rescue Medley POOL JUNIORS**

SA REC 2022: 1:17,29 R 04 May 2019 Bianca Opperman				SA Youth Team 19	
Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Savannah Voigt	16	Clifton Lifesaving Club		1:26,33 q	
2 Nicola Harcus	15	Woodridge		1:29,36 q	
3 Anya Hocking	16	Umhlanga Rocks Club		1:31,59 q	
4 Kelsey Chiang	16	Milnerton Lifesaving Club		1:35,73 q	
5 Tamica Visser	15	Harties Reflections		1:36,55 q	
6 Sune van Zyl	16	Harties Reflections		1:38,86 q	
7 Keira King	15	Umhlanga Rocks Club		1:41,04 q	
8 Zoey Booysen	15	Tuks Lifesaving Club		1:42,16 q	
9 Aryn Ely	16	Umhlanga Rocks Club		1:47,05	
10 Cayla Visser	15	Bloemfontein Sentraal LC		1:49,72	
11 Robyn Hough	16	Kings Beach Lifesaving Club		1:55,24	
12 Awande Mlangeni	15	Tuks Lifesaving Club		1:55,97	
13 Kiersten Paulse	16	Xtream Lifesaving Club		1:59,40	
14 Kaylin Visser	15	Bloemfontein Sentraal LC		2:00,08	
15 Milishca Geleta	16	Bloemfontein Sentraal LC		2:01,06	
16 Karli van Heerden	16	Bloemfontein Sentraal LC		2:03,41	
17 Lana Loots	16	Bloemfontein Sentraal LC		2:08,21	
--- Teegan Pio	15	Kings Beach Lifesaving Club		DQ	
--- Aimee Langenhoven	16	Big Bay Slc		DQ	
--- Ann-Mari de Villiers	16	Bloemfontein Sentraal LC		DQ	
--- Lily Day	15	Big Bay Slc		DQ	

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022**

**Results**

**Preliminaries ... (Event 22 Girls 15-16 100 LC Meter Rescue Medley POOL JUNIORS)**

Name	Age	Team	Seed Time	Prelim Time
--- Brooklynn Pienaar	16	Seagulls Lifesaving Club		DQ
--- Angelina Rockman	16	Seagulls Lifesaving Club		DQ
--- Eliza Jenniker	16	Seagulls Lifesaving Club		DQ

**Event 22 Girls 17-18 100 LC Meter Rescue Medley POOL JUNIORS**

SA REC 2022: 1:16,52 R 24 Apr 2021 Sulinke van den Berg Gauteng

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Kendra du Toit	18	Tuks Lifesaving Club	1:20,05	1:20,21
2 Anneke van Eeden	17	Harties Reflections	1:42,56	1:40,21

**Event 22 Girls 17-18 100 LC Meter Rescue Medley POOL JUNIORS**

SA REC 2022: 1:16,52 R 24 Apr 2021 Sulinke van den Berg Gauteng

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Kendra du Toit	18	Tuks Lifesaving Club		1:20,05 q
2 Anneke van Eeden	17	Harties Reflections		1:42,56 q

**Event 22 Girls 19-29 100 LC Meter Rescue Medley POOL JUNIORS**

SA REC 2022: 1:15,88 R 05 May 2018 Carmel Bilson KZN

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Tove' van Zyl	24	Tuks Lifesaving Club	1:20,88	1:19,71
2 Sasha-Lee Nordegen	24	Umhlanga Rocks Club	1:31,08	1:25,52
3 Marlise Ferreira	19	Harties Reflections	1:30,31	1:32,20
4 Lara Edwards	24	Pirates Lifesaving Club	1:52,03	1:54,86

**Event 22 Girls 19-29 100 LC Meter Rescue Medley POOL JUNIORS**

SA REC 2022: 1:15,88 R 05 May 2018 Carmel Bilson KZN

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Tove' van Zyl	24	Tuks Lifesaving Club		1:20,88 q
2 Marlise Ferreira	19	Harties Reflections		1:30,31 q
3 Sasha-Lee Nordegen	24	Umhlanga Rocks Club		1:31,08 q
4 Lara Edwards	24	Pirates Lifesaving Club		1:52,03 q
--- Sylvie Gorille	20	Clifton Lifesaving Club		DQ

**Event 23 Boys 14 Year Olds 100 LC Meter Rescue Medley POOL JUNIORS**

SA REC 2022: 1:14,88 R 01 May 2015 Calvin Coetzee Boksburg

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Christiaan van Eeden	14	Harties Reflections	1:13,82	1:12,65 R
2 Neil Holtzhausen	14	Harties Reflections	1:21,07	1:17,16
3 Canaan Brice	14	Kings Beach Lifesaving Club	1:17,52	1:17,80
4 Alexander Moolman	14	Woodridge	1:22,44	1:21,98
5 Ryan Voigt	14	Clifton Lifesaving Club	1:26,41	1:23,05
6 Ryan Nell	14	Tuks Lifesaving Club	1:25,21	1:26,98
7 Christian Middleton	14	Kings Beach Lifesaving Club	1:33,74	1:28,33
--- Liam Schweitzer	14	Woodridge	1:20,89	DQ

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022**

**Results**

**Event 23 Boys 14 Year Olds 100 LC Meter Rescue Medley POOL JUNIORS**

SA REC 2022: 1:14,88 R 01 May 2015 Calvin Coetzee

Boksburg

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1	Christiaan van Eeden	14 Harties Reflections		1:13,82 R q
2	Canaan Brice	14 Kings Beach Lifesaving Club		1:17,52 q
3	Liam Schweitzer	14 Woodridge		1:20,89 q
4	Neil Holtzhausen	14 Harties Reflections		1:21,07 q
5	Alexander Moolman	14 Woodridge		1:22,44 q
6	Ryan Nell	14 Tuks Lifesaving Club		1:25,21 q
7	Ryan Voigt	14 Clifton Lifesaving Club		1:26,41 q
8	Christian Middleton	14 Kings Beach Lifesaving Club		1:33,74 q
9	Wyatt Ludick	14 Kings Beach Lifesaving Club		1:39,68
10	Matthew Brooker	14 Big Bay Slc		1:40,74
11	Christiaan Bothma	14 Harties Reflections		1:41,43
12	Tristan Theron	14 Aquamix Lifesaving Club		1:46,58
13	Liam Niewoudt	14 Bloemfontein Sentraal LC		1:49,53
14	Sean Swart	14 Big Bay Slc		1:57,47
---	Conor Moynihan	14 Kings Beach Lifesaving Club		DQ
---	David Buys	14 Big Bay Slc		DQ
---	Matthew Benn	14 Seagulls Lifesaving Club		DQ
---	Isaiah Douglas	14 Seagulls Lifesaving Club		DQ

**Event 23 Boys 15-16 100 LC Meter Rescue Medley POOL JUNIORS**

SA REC 2022: 1:08,56 R 20 Nov 2021 Aiden Bornman

Boksburg

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1	Aiden Bornman	16 Boksburg Lifesaving Club	1:07,64	1:06,39 R
2	Antonie Pieterse	16 Harties Reflections	1:08,82	1:09,43
3	Clayton Thompson	16 Tuks Lifesaving Club	1:17,00	1:13,72
4	Armand Jubber	15 Boksburg Lifesaving Club	1:17,46	1:16,48
5	Adrian Le Roux	16 Aquamix Lifesaving Club	1:19,41	1:18,20
6	Tiago Goncalves	15 Boksburg Lifesaving Club	1:20,36	1:20,39
7	Zack Waters	16 Clifton Lifesaving Club	1:25,27	1:23,94

**Event 23 Boys 15-16 100 LC Meter Rescue Medley POOL JUNIORS**

SA REC 2022: 1:08,56 R 20 Nov 2021 Aiden Bornman

Boksburg

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1	Aiden Bornman	16 Boksburg Lifesaving Club		1:07,64 R q
2	Antonie Pieterse	16 Harties Reflections		1:08,82 q
3	Clayton Thompson	16 Tuks Lifesaving Club		1:17,00 q
4	Armand Jubber	15 Boksburg Lifesaving Club		1:17,46 q
5	Willem Basson	15 Belville Lifesaving Club		1:17,75 q
6	Adrian Le Roux	16 Aquamix Lifesaving Club		1:19,41 q
7	Tiago Goncalves	15 Boksburg Lifesaving Club		1:20,36 q
8	Zack Waters	16 Clifton Lifesaving Club		1:25,27 q
9	Ludolph Joubert	15 Tuks Lifesaving Club		1:25,63
10	Jamie Smuts	16 Big Bay Slc		1:25,90
11	Damien Angel	15 Umhlanga Rocks Club		1:26,59
12	Luke Glock	16 Big Bay Slc		1:26,77

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022**

**Results**

**Preliminaries ... (Event 23 Boys 15-16 100 LC Meter Rescue Medley POOL JUNIORS)**

Name	Age	Team	Seed Time	Prelim Time
13 Jordan Denyer	16	Kings Beach Lifesaving Club		1:27,09
14 Cameron Pritchard	16	Milnerton Lifesaving Club		1:30,07
15 Jared Lawson	15	Milnerton Lifesaving Club		1:31,23
16 Yusseni Furtado	15	Clifton Lifesaving Club		1:33,48
17 Bernard Mac Kay	15	Bloemfontein Sentraal LC		1:43,98
--- Matthew Tucker	16	Kings Beach Lifesaving Club		DQ
--- George Allen	16	Clifton Lifesaving Club		DQ

**Event 23 Boys 17-18 100 LC Meter Rescue Medley POOL JUNIORS**

SA REC 2022: 1:06,17 R 22 Sep 2007 Armand Marais

Gauteng North

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Len-Douglas Mac Kay	17	Bloemfontein Sentraal LC	1:09,28	1:11,04
2 Kyle Hultzer	18	Umhlanga Rocks Club	1:22,63	1:17,70
3 Janeco Coetzee	17	Aquamartina	1:23,25	1:22,20
4 Andries Jansen van Vuuren	18	Bloemfontein Sentraal LC	1:27,87	1:23,17
5 Marnitz van den Berg	17	Aquamix Lifesaving Club	1:35,28	1:33,41
6 Kyle Jansen van Vuuren	17	Harties Reflections	1:30,66	1:34,63
7 Prince Radebe	18	Aquamix Lifesaving Club	1:48,36	1:45,26
8 Brian Young	18	Kings Beach Lifesaving Club	1:51,43	1:52,40

**Event 23 Boys 17-18 100 LC Meter Rescue Medley POOL JUNIORS**

SA REC 2022: 1:06,17 R 22 Sep 2007 Armand Marais

Gauteng North

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Len-Douglas Mac Kay	17	Bloemfontein Sentraal LC		1:09,28 q
2 Kyle Hultzer	18	Umhlanga Rocks Club		1:22,63 q
3 Janeco Coetzee	17	Aquamartina		1:23,25 q
4 Andries Jansen van Vuuren	18	Bloemfontein Sentraal LC		1:27,87 q
5 Kyle Jansen van Vuuren	17	Harties Reflections		1:30,66 q
6 Marnitz van den Berg	17	Aquamix Lifesaving Club		1:35,28 q
7 Prince Radebe	18	Aquamix Lifesaving Club		1:48,36 q
8 Brian Young	18	Kings Beach Lifesaving Club		1:51,43 q

**Event 23 Boys 19-29 100 LC Meter Rescue Medley POOL JUNIORS**

SA REC 2022: 1:02,15 R 24 Nov 2018 Martin Binnedell

Protea WLC 2018

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Ockert van Schalkwyk	21	Tuks Lifesaving Club	1:08,96	1:09,17
2 Kian du Toit	20	Tuks Lifesaving Club	1:12,15	1:10,97
3 Branden Willows	19	Senathla Lifesaving Club	1:16,37	1:13,36
4 Andre Mouton	21	Tuks Lifesaving Club	1:17,70	1:19,34
5 Avron Manchest	26	Xtream Lifesaving Club	1:21,80	1:20,54
6 Jason Rodgers	19	Tuks Lifesaving Club	1:29,77	1:24,24
7 Henk Heymel	21	Aquamix Lifesaving Club	1:33,32	1:34,43
8 Tanner Gorille	22	Clifton Lifesaving Club	1:35,48	1:35,67

**Event 23 Boys 19-29 100 LC Meter Rescue Medley POOL JUNIORS**

SA REC 2022: 1:02,15 R 24 Nov 2018 Martin Binnedell

Protea WLC 2018

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Ockert van Schalkwyk	21	Tuks Lifesaving Club		1:08,96 q

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022**

**Results**

**Preliminaries ... (Event 23 Boys 19-29 100 LC Meter Rescue Medley POOL JUNIORS)**

Name	Age	Team	Seed Time	Prelim Time
2 Kian du Toit	20	Tuks Lifesaving Club		1:12,15 q
3 Branden Willows	19	Senathla Lifesaving Club		1:16,37 q
4 Andre Mouton	21	Tuks Lifesaving Club		1:17,70 q
5 Avron Manchest	26	Xtream Lifesaving Club		1:21,80 q
6 Jason Rodgers	19	Tuks Lifesaving Club		1:29,77 q
7 Henk Heymel	21	Aquamix Lifesaving Club		1:33,32 q
8 Tanner Gorille	22	Clifton Lifesaving Club		1:35,48 q
9 Luke Mansvelt	22	Clifton Lifesaving Club		1:40,46
10 Paul Lassen	29	Clifton Lifesaving Club		1:50,37
--- Bartho Visser	20	Clifton Lifesaving Club		DQ

**Event 24 Girls 14-18 200 LC Meter 4X50 Pool Lifesaver Relay POOL JUNIORS**

SA REC 2022: 2:21,87 R 05 May 2018 Northwest Seniors A

Team	Relay	Finals Time	
1 Harties Reflections	A	2:34,90	
1) Linique Rowles 14	2) Anneke van Eeden 17	3) Sune van Zyl 16	4) Tamica Visser 15
2 Umhlanga Rocks Club	A	2:37,08	
1) Tatum Botha 17	2) Georgia Hawkins 18	3) Mia Rule 18	4) Saskia Hockly 17
3 Clifton Lifesaving Club	A	2:39,97	
1) Holly Cleworth 17	2) Savannah Voigt 16	3) Victoria Seale 16	4) Kianna Liversage 14
4 Tuks Lifesaving Club	A	2:40,29	
1) Zoey Booysen 15	2) Kendra du Toit 18	3) Cailynn Foster 14	4) Awande Mlangeni 15
5 Umhlanga Rocks Club	B	2:40,46	
1) Keira King 15	2) Anya Hocking 16	3) Aryn Ely 16	4) Madison Alberts 14
6 Kings Beach Lifesaving Club	A	2:52,01	
1) Megan Hough 14	2) Jessica Booth 18	3) Robyn Hough 16	4) Teegan Pio 15
7 Woodridge	A	2:56,08	
1) Jessica Harcus 14	2) Nicola Harcus 15	3) Nicola Herbst 15	4) Hannah Praetorius 15
8 Bloemfontein Sentraal LC	A	3:11,87	
1) Anke van der Poel 14	2) Lana Loots 16	3) Milishca Geleta 16	4) Cayla Visser 15
9 Clifton Lifesaving Club	B	3:42,58	
1) Ellen Hodgkinson 14	2) Ella Thorton Burge 14	3) Ava Ingel 14	4) Imani Magotsi 14
10 Seagulls Lifesaving Club	A	4:27,16	
1) Ciara Conwood 14	2) Eliza Jenniker 16	3) Brooklynn Pienaar 16	4) Angelina Rockman 16

**Event 25 Boys 14-18 200 LC Meter 4X50 Pool Lifesaver Relay POOL JUNIORS**

SA REC 2022: 2:01,13 R 22 Feb 2013 Western Province Seniors

Team	Relay	Finals Time	
1 Harties Reflections	A	2:05,27	
1) Neil Holtzhausen 14	2) Kyle Jansen van Vuuren 17	3) Antonie Pieterse 16	4) Christiaan van Eeden 14
2 Bloemfontein Sentraal LC	A	2:09,09	
1) Andries Jansen van Vuuren 18	2) Bernard Mac Kay 15	3) Len-Douglas Mac Kay 17	4) Hanre Potgieter 17
3 Umhlanga Rocks Club	A	2:20,20	
1) Damien Angel 15	2) Matthew Coetzer 16	3) Kyle Hultzer 18	4) Luc O'Brien 15
4 Clifton Lifesaving Club	A	2:26,76	
1) Zack Waters 16	2) Ryan Voigt 14	3) Yusseni Furtado 15	4) Naor Lombard 17
5 Aquamix Lifesaving Club	A	2:30,72	
1) Adrian Le Roux 16	2) Prince Radebe 18	3) Tristan Theron 14	4) Marnitz van den Berg 17
6 Milnerton Lifesaving Club	A	2:32,02	
1) Daniel Gerhard 14	2) Cameron Pritchard 16	3) Nico Zumpt 15	4) Jared Lawson 15
--- Kings Beach Lifesaving Club	A	DQ	
1) Canaan Brice 14	2) Jordan Denyer 16	3) Christian Middleton 14	4) Conor Moynihan 14

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022**

**Results**

**(Event 25 Boys 14-18 200 LC Meter 4X50 Pool Lifesaver Relay POOL JUNIORS)**

Team	Relay	Finals Time
--- Seagulls Lifesaving Club	A	DQ
1) Matthew Benn 14	2) Diano Brandt 16	3) Isaiah Douglas 14
		4) Seth Jooste 14

**Event 26 Women 19-29 200 LC Meter 4X50 Pool Lifesaver Relay POOL JUNIORS**

SA REC 2022: 1:50,81 R 01 Oct 2011 SA Commonwealth Team

Team	Relay	Finals Time
1 Umhlanga Rocks Club	A	2:34,35
1) Sasha-Lee Nordegen 24	2) Mia Rule 18	3) Anya Hocking 16
2 Clifton Lifesaving Club	A	2:47,09
1) Holly Cleworth 17	2) Sylvie Gorille 20	3) Savannah Voigt 16
--- Invitational Team	A	X2:20,60
1) Kelsey Chiang 16	2) Tove' van Zyl 24	3) Deborah Dredge 19
--- Invitational Team	D	X2:49,85
1) Anneke van Eeden 17	2) Kiersten Paulse 16	3) Joelle Buys 14
--- Invitational Team	C	X3:12,86
1) Jesse Allott 14	2) Aimee Langenhoven 16	3) Erin Langenhoven 14
--- Invitational Team	B	XDQ
1) Ann-Mari de Villiers 16	2) Karli van Heerden 16	3) Milishca Geleta 16
		4) Amber-Rose Berry 14

**Event 27 Men 19-29 200 LC Meter 4X50 Pool Lifesaver Relay POOL JUNIORS**

SA REC 2022: 1:32,93 R 13 Oct 2010 Durban Surf

Team	Relay	Finals Time
1 Tuks Lifesaving Club	A	2:03,57
1) Kian du Toit 20	2) Andre Mouton 21	3) Jason Rodgers 19
2 Clifton Lifesaving Club	B	2:27,14
1) Zack Waters 16	2) Taro Tomitsuka 20	3) George Allen 16
3 Clifton Lifesaving Club	A	2:35,25
1) Luke Mansvelt 22	2) Naor Lombard 17	3) Paul Lassen 29
4 Kings Beach Lifesaving Club	A	2:35,40
1) Cullen Biddulph 19	2) Keegan Cooke 24	3) Joshua Tucker 20
--- Invitational Team	D	X2:16,20
1) Luc Michaels 17	2) Avron Manchest 26	3) Sean Swart 14
--- Invitational Team	A	X2:17,05
1) Liam Schweitzer 14	2) Alexander Moolman 14	3) Clayton Thompson 16
--- Invitational Team	C	X2:21,32
1) Tiago Goncalves 15	2) Janeco Coetzee 17	3) Henk Heymel 21
--- Invitational Team	B	XDQ
1) Aiden Bornman 16	2) Branden Willows 19	3) Willem Basson 15
		4) Armand Jubber 15

**Event 28 Girls 14 Year Olds 100 LC Meter Manikin with fins POOL JUNIORS**

SA REC 2022: 1:04,00 R 28 Mar 2019 Zanje van Rensburg

Name	Age	Team	Prelim Time	Harties	Finals Time
<b>Finals</b>					
1 Linique Rowles	14	Harties Reflections	1:15,61		1:09,44
2 Amber-Rose Berry	14	Fish Hoek Surf Lifesaving Club	1:15,79		1:11,10
3 Anke van der Poel	14	Bloemfontein Sentraal LC	1:11,91		1:12,32
4 Keira van Heerden	14	Summerstrand Lifesaving Club	1:18,03		1:13,25
5 Jessica Harcus	14	Woodridge	1:23,87		1:19,62
6 Erin Langenhoven	14	Big Bay Slc	1:19,00		1:22,48
7 Kianna Liversage	14	Clifton Lifesaving Club	1:24,26		1:27,48
8 Caitlynn Foster	14	Tuks Lifesaving Club	1:28,07		1:28,02

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022**

**Results**

**Event 28 Girls 14 Year Olds 100 LC Meter Manikin with fins POOL JUNIORS**

SA REC 2022: 1:04,00 R 28 Mar 2019 Zanje van Rensburg

Harties

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1	Anke van der Poel	14 Bloemfontein Sentraal LC		1:11,91 q
2	Linique Rowles	14 Harties Reflections		1:15,61 q
3	Amber-Rose Berry	14 Fish Hoek Surf Lifesaving Club		1:15,79 q
4	Keira van Heerden	14 Summerstrand Lifesaving Club		1:18,03 q
5	Erin Langenhoven	14 Big Bay Slc		1:19,00 q
6	Jessica Harcus	14 Woodridge		1:23,87 q
7	Kianna Liversage	14 Clifton Lifesaving Club		1:24,26 q
8	Caitlynn Foster	14 Tuks Lifesaving Club		1:28,07 q
9	Ellen Hodgkinson	14 Clifton Lifesaving Club		1:28,81
10	Megan Hough	14 Kings Beach Lifesaving Club		1:29,87
11	Cailynn Foster	14 Tuks Lifesaving Club		1:34,33
12	Ava Ingel	14 Clifton Lifesaving Club		1:34,79
13	Yanelisa Nomoyi	14 Kings Beach Lifesaving Club		1:37,07
14	Kayleigh Smith	14 Umhlanga Rocks Club		1:40,34
15	Zara Brown	14 Seagulls Lifesaving Club		1:41,73
16	Ella Thorton Burge	14 Clifton Lifesaving Club		1:53,03
17	Jesse Allott	14 Milnerton Lifesaving Club		1:53,24
18	Imani Magotsi	14 Clifton Lifesaving Club		1:54,07
19	Ciara Conwood	14 Seagulls Lifesaving Club		2:46,64

**Event 28 Girls 15-16 100 LC Meter Manikin with fins POOL JUNIORS**

SA REC 2022: 56,52 R 21 Nov 2019 Kendra du Toit

SA Presidents 19

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1	Anya Hocking	16 Umhlanga Rocks Club	1:10,93	1:06,25
2	Sune van Zyl	16 Harties Reflections	1:12,15	1:08,05
3	Kelsey Chiang	16 Milnerton Lifesaving Club	1:15,99	1:11,97
4	Zoey Booysen	15 Tuks Lifesaving Club	1:11,10	1:12,12
5	Nicola Harcus	15 Woodridge	1:14,31	1:12,73
6	Teegan Pio	15 Kings Beach Lifesaving Club	1:15,75	1:13,41
7	Tamica Visser	15 Harties Reflections	1:14,18	1:15,18
8	Aryn Ely	16 Umhlanga Rocks Club	1:17,06	1:17,55

**Event 28 Girls 15-16 100 LC Meter Manikin with fins POOL JUNIORS**

SA REC 2022: 56,52 R 21 Nov 2019 Kendra du Toit

SA Presidents 19

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1	Anya Hocking	16 Umhlanga Rocks Club		1:10,93 q
2	Zoey Booysen	15 Tuks Lifesaving Club		1:11,10 q
3	Sune van Zyl	16 Harties Reflections		1:12,15 q
4	Tamica Visser	15 Harties Reflections		1:14,18 q
5	Nicola Harcus	15 Woodridge		1:14,31 q
6	Teegan Pio	15 Kings Beach Lifesaving Club		1:15,75 q
7	Kelsey Chiang	16 Milnerton Lifesaving Club		1:15,99 q
8	Aryn Ely	16 Umhlanga Rocks Club		1:17,06 q
9	Ann-Mari de Villiers	16 Bloemfontein Sentraal LC		1:17,76
10	Savannah Voigt	16 Clifton Lifesaving Club		1:18,98

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022**

**Results**

**Preliminaries ... (Event 28 Girls 15-16 100 LC Meter Manikin with fins POOL JUNIORS)**

Name	Age	Team	Seed Time	Prelim Time
11 Lana Loots	16	Bloemfontein Sentraal LC		1:19,20
12 Robyn Hough	16	Kings Beach Lifesaving Club		1:22,23
13 Milishca Geleta	16	Bloemfontein Sentraal LC		1:22,28
14 Keira King	15	Umhlanga Rocks Club		1:22,35
15 Kaylin Visser	15	Bloemfontein Sentraal LC		1:22,92
16 Awande Mlangeni	15	Tuks Lifesaving Club		1:23,81
17 Nicola Herbst	15	Woodridge		1:24,30
18 Cayla Visser	15	Bloemfontein Sentraal LC		1:25,36
19 Aimee Langenhoven	16	Big Bay Slc		1:26,62
20 Karli van Heerden	16	Bloemfontein Sentraal LC		1:29,54
21 Kiersten Paulse	16	Xtream Lifesaving Club		1:35,14
22 Lily Day	15	Big Bay Slc		1:36,76
23 Angelina Rockman	16	Seagulls Lifesaving Club		1:54,24
24 Eliza Jenniker	16	Seagulls Lifesaving Club		2:07,27
25 Brooklynn Pienaar	16	Seagulls Lifesaving Club		2:10,14

**Event 28 Girls 17-18 100 LC Meter Manikin with fins POOL JUNIORS**

SA REC 2022: 56,37 R 21 Nov 2019 Bianca Opperman

SA Proteas 19

Name	Age	Team	Prelim Time	Finals Time
1 Kendra du Toit	18	Tuks Lifesaving Club	57,90	57,55
2 Anneke van Eeden	17	Harties Reflections	1:06,09	1:05,27
3 Holly Cleworth	17	Clifton Lifesaving Club	1:17,78	1:09,85
4 Jessica Booth	18	Kings Beach Lifesaving Club	1:18,06	1:14,24

**Event 28 Girls 17-18 100 LC Meter Manikin with fins POOL JUNIORS**

SA REC 2022: 56,37 R 21 Nov 2019 Bianca Opperman

SA Proteas 19

Name	Age	Team	Seed Time	Prelim Time
1 Kendra du Toit	18	Tuks Lifesaving Club		57,90 q
2 Anneke van Eeden	17	Harties Reflections		1:06,09 q
3 Holly Cleworth	17	Clifton Lifesaving Club		1:17,78 q
4 Jessica Booth	18	Kings Beach Lifesaving Club		1:18,06 q

**Event 28 Girls 19-29 100 LC Meter Manikin with fins POOL JUNIORS**

SA REC 2022: 55,40 R 27 Apr 2017 Carmel Bilson

Marine

Name	Age	Team	Prelim Time	Finals Time
1 Deborah Dredge	19	Tuks Lifesaving Club	1:07,51	1:03,54
2 Amica de Jager	22	Durban Surf Lifesaving Club	1:07,84	1:05,64
3 Sasha-Lee Nordegen	24	Umhlanga Rocks Club	1:18,86	1:09,54
4 Marlise Ferreira	19	Harties Reflections	1:11,99	1:09,57
5 Sylvie Gorille	20	Clifton Lifesaving Club	1:25,64	1:27,98

**Event 28 Girls 19-29 100 LC Meter Manikin with fins POOL JUNIORS**

SA REC 2022: 55,40 R 27 Apr 2017 Carmel Bilson

Marine

Name	Age	Team	Seed Time	Prelim Time
1 Deborah Dredge	19	Tuks Lifesaving Club		1:07,51 q
2 Amica de Jager	22	Durban Surf Lifesaving Club		1:07,84 q
3 Marlise Ferreira	19	Harties Reflections		1:11,99 q
4 Sasha-Lee Nordegen	24	Umhlanga Rocks Club		1:18,86 q

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022**

**Results**

**Preliminaries ... (Event 28 Girls 19-29 100 LC Meter Manikin with fins POOL JUNIORS)**

Name	Age	Team	Seed Time	Prelim Time
5 Sylvie Gorille	20	Clifton Lifesaving Club		1:25,64 q

**Event 29 Boys 14 Year Olds 100 LC Meter Manikin with fins POOL JUNIORS**

SA REC 2022: 56,89 R 12 Feb 2022 Christiaan van Eeden

Harties Reflect

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Alexander Moolman	14	Woodridge	1:09,05	1:00,86
2 Liam Schweitzer	14	Woodridge	1:05,65	1:01,78
3 Ryan Nell	14	Tuks Lifesaving Club	1:02,05	1:02,09
4 Neil Holtzhausen	14	Harties Reflections	1:09,46	1:05,60
5 Christian Middleton	14	Kings Beach Lifesaving Club	1:12,20	1:08,95
6 Matthew Brooker	14	Big Bay Slc	1:07,56	1:09,27
7 Canaan Brice	14	Kings Beach Lifesaving Club	1:05,17	1:10,44
8 Ryan Voigt	14	Clifton Lifesaving Club	1:08,47	1:14,67

**Event 29 Boys 14 Year Olds 100 LC Meter Manikin with fins POOL JUNIORS**

SA REC 2022: 56,89 R 12 Feb 2022 Christiaan van Eeden

Harties Reflect

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Ryan Nell	14	Tuks Lifesaving Club		1:02,05 q
2 Canaan Brice	14	Kings Beach Lifesaving Club		1:05,17 q
3 Liam Schweitzer	14	Woodridge		1:05,65 q
4 Matthew Brooker	14	Big Bay Slc		1:07,56 q
5 Ryan Voigt	14	Clifton Lifesaving Club		1:08,47 q
6 Alexander Moolman	14	Woodridge		1:09,05 q
7 Neil Holtzhausen	14	Harties Reflections		1:09,46 q
8 Christian Middleton	14	Kings Beach Lifesaving Club		1:12,20 q
9 Wyatt Ludick	14	Kings Beach Lifesaving Club		1:15,95
10 Conor Moynihan	14	Kings Beach Lifesaving Club		1:19,21
11 Matthew Benn	14	Seagulls Lifesaving Club		1:20,08
12 Christiaan Bothma	14	Harties Reflections		1:20,62
13 Isaiah Douglas	14	Seagulls Lifesaving Club		1:36,75
14 Sean Swart	14	Big Bay Slc		1:39,28
15 Liam Niewoudt	14	Bloemfontein Sentraal LC		1:41,76
--- Christiaan van Eeden	14	Harties Reflections		DQ

**Event 29 Boys 15-16 100 LC Meter Manikin with fins POOL JUNIORS**

SA REC 2022: 50,99 R 27 Apr 2017 Juan-Pierre van Zyl

Harties Reflecti

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Aiden Bornman	16	Boksburg Lifesaving Club	52,61	50,56
2 Antonie Pieterse	16	Harties Reflections	49,94	50,76
3 Clayton Thompson	16	Tuks Lifesaving Club	56,87	54,81
4 Tiago Goncalves	15	Boksburg Lifesaving Club	55,30	55,67
5 Adrian Le Roux	16	Aquamix Lifesaving Club	1:02,27	59,84
6 Armand Jubber	15	Boksburg Lifesaving Club	59,29	1:00,35
7 Willem Basson	15	Belville Lifesaving Club	59,65	1:01,86
8 Luke Glock	16	Big Bay Slc	1:00,84	1:03,64

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022**

**Results**

**Event 29 Boys 15-16 100 LC Meter Manikin with fins POOL JUNIORS**

SA REC 2022: 50,99 R 27 Apr 2017 Juan-Pierre van Zyl

Harties Reflecti

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1	Antonie Pieterse	16 Harties Reflections		49,94 R q
2	Aiden Bornman	16 Boksburg Lifesaving Club		52,61 q
3	Tiago Goncalves	15 Boksburg Lifesaving Club		55,30 q
4	Clayton Thompson	16 Tuks Lifesaving Club		56,87 q
5	Armand Jubber	15 Boksburg Lifesaving Club		59,29 q
6	Willem Basson	15 Belville Lifesaving Club		59,65 q
7	Luke Glock	16 Big Bay Slc		1:00,84 q
8	Adrian Le Roux	16 Aquamix Lifesaving Club		1:02,27 q
9	Damien Angel	15 Umhlanga Rocks Club		1:04,38
10	Matthew Allen	15 Durban Surf Lifesaving Club		1:04,56
11	Yusseni Furtado	15 Clifton Lifesaving Club		1:05,20
12	Ludolph Joubert	15 Tuks Lifesaving Club		1:05,23
13	Jordan Denyer	16 Kings Beach Lifesaving Club		1:07,47
14	Nico Zumpt	15 Milnerton Lifesaving Club		1:08,51
15	Zack Waters	16 Clifton Lifesaving Club		1:08,69
16	Jared Lawson	15 Milnerton Lifesaving Club		1:10,22
17	George Allen	16 Clifton Lifesaving Club		1:13,44
18	Bernard Mac Kay	15 Bloemfontein Sentraal LC		1:14,24
19	Cameron Pritchard	16 Milnerton Lifesaving Club		1:16,04
---	Conner Daniels	15 Seagulls Lifesaving Club		DQ

**Event 29 Boys 17-18 100 LC Meter Manikin with fins POOL JUNIORS**

SA REC 2022: 49,32 R 23 Jun 2018 Juan-Pierre van Zyl

SA Orange Cup 20

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1	Len-Douglas Mac Kay	17 Bloemfontein Sentraal LC	52,62	52,88
2	Andries Jansen van Vuuren	18 Bloemfontein Sentraal LC	1:00,85	59,71
3	Janeco Coetzee	17 Aquamartina	1:04,10	1:02,16
4	Kyle Hultzer	18 Umhlanga Rocks Club	1:06,05	1:03,72
5	Kyle Jansen van Vuuren	17 Harties Reflections	1:06,27	1:05,36
6	Luc Michaels	17 Xstream Lifesaving Club	1:10,39	1:08,74
7	Marnitz van den Berg	17 Aquamix Lifesaving Club	1:10,63	1:09,20
8	Hanre Potgieter	17 Bloemfontein Sentraal LC	1:17,15	1:13,58

**Event 29 Boys 17-18 100 LC Meter Manikin with fins POOL JUNIORS**

SA REC 2022: 49,32 R 23 Jun 2018 Juan-Pierre van Zyl

SA Orange Cup 20

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1	Len-Douglas Mac Kay	17 Bloemfontein Sentraal LC		52,62 q
2	Andries Jansen van Vuuren	18 Bloemfontein Sentraal LC		1:00,85 q
3	Janeco Coetzee	17 Aquamartina		1:04,10 q
4	Kyle Hultzer	18 Umhlanga Rocks Club		1:06,05 q
5	Kyle Jansen van Vuuren	17 Harties Reflections		1:06,27 q
6	Luc Michaels	17 Xstream Lifesaving Club		1:10,39 q
7	Marnitz van den Berg	17 Aquamix Lifesaving Club		1:10,63 q
8	Hanre Potgieter	17 Bloemfontein Sentraal LC		1:17,15 q
9	Prince Radebe	18 Aquamix Lifesaving Club		1:21,35

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022**

**Results**

**Event 29 Boys 19-29 100 LC Meter Manikin with fins POOL JUNIORS**

SA REC 2022: 47,29 R 18 Sep 2016 Christiaan Malan

Marine

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1	Branden Willows	19 Senathla Lifesaving Club	50,44	50,53
2	Kian du Toit	20 Tuks Lifesaving Club	50,45	50,90
3	Andre Mouton	21 Tuks Lifesaving Club	56,28	53,29
4	Avron Manchest	26 Xtream Lifesaving Club	59,53	58,18
5	Jason Rodgers	19 Tuks Lifesaving Club	1:03,22	1:03,42
6	Henk Heymel	21 Aquamix Lifesaving Club	1:07,40	1:06,21
7	Kai Davey	21 Senathla Lifesaving Club	1:08,09	1:10,10
8	Luke Mansvelt	22 Clifton Lifesaving Club	1:13,93	1:11,11

**Event 29 Boys 19-29 100 LC Meter Manikin with fins POOL JUNIORS**

SA REC 2022: 47,29 R 18 Sep 2016 Christiaan Malan

Marine

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1	Branden Willows	19 Senathla Lifesaving Club		50,44 q
2	Kian du Toit	20 Tuks Lifesaving Club		50,45 q
3	Andre Mouton	21 Tuks Lifesaving Club		56,28 q
4	Avron Manchest	26 Xtream Lifesaving Club		59,53 q
5	Jason Rodgers	19 Tuks Lifesaving Club		1:03,22 q
6	Henk Heymel	21 Aquamix Lifesaving Club		1:07,40 q
7	Kai Davey	21 Senathla Lifesaving Club		1:08,09 q
8	Luke Mansvelt	22 Clifton Lifesaving Club		1:13,93 q
9	Paul Lassen	29 Clifton Lifesaving Club		1:19,16
10	Tanner Gorille	22 Clifton Lifesaving Club		1:20,80
11	Taro Tomitsuka	20 Clifton Lifesaving Club		1:20,91
12	Bartho Visser	20 Clifton Lifesaving Club		1:21,64

**Event 30 Girls 14 Year Olds 50 LC Meter Manikin Carry POOL JUNIORS**

SA REC 2022: 40,98 R 27 Apr 2019 Guilma Lausberg

Freestate

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1	Keira van Heerden	14 Summerstrand Lifesaving Club	48,60	41,89
2	Linique Rowles	14 Harties Reflections	49,79	46,87
3	Jessica Harcus	14 Woodridge	49,69	47,37
4	Anke van der Poel	14 Bloemfontein Sentraal LC	49,94	50,15
5	Madison Alberts	14 Umhlanga Rocks Club	54,07	50,85
6	Amber-Rose Berry	14 Fish Hoek Surf Lifesaving Club	50,15	51,11
7	Megan Hough	14 Kings Beach Lifesaving Club	52,23	51,55
8	Erin Langenhoven	14 Big Bay Slc	47,81	52,89

**Event 30 Girls 14 Year Olds 50 LC Meter Manikin Carry POOL JUNIORS**

SA REC 2022: 40,98 R 27 Apr 2019 Guilma Lausberg

Freestate

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1	Erin Langenhoven	14 Big Bay Slc		47,81 q
2	Keira van Heerden	14 Summerstrand Lifesaving Club		48,60 q
3	Jessica Harcus	14 Woodridge		49,69 q
4	Linique Rowles	14 Harties Reflections		49,79 q
5	Anke van der Poel	14 Bloemfontein Sentraal LC		49,94 q

**LIFESAVING SOUTH AFRICA**  
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**Results**

**Preliminaries ... (Event 30 Girls 14 Year Olds 50 LC Meter Manikin Carry POOL JUNIORS)**

Name	Age	Team	Seed Time	Prelim Time
6 Amber-Rose Berry	14	Fish Hoek Surf Lifesaving Club		50,15 q
7 Megan Hough	14	Kings Beach Lifesaving Club		52,23 q
8 Madison Alberts	14	Umhlanga Rocks Club		54,07 q
9 Caitlynn Foster	14	Tuks Lifesaving Club		55,79
10 Kianna Liversage	14	Clifton Lifesaving Club		57,69
11 Ellen Hodgkinson	14	Clifton Lifesaving Club		57,74
12 Yanelisa Nomoyi	14	Kings Beach Lifesaving Club		59,30
13 Kayleigh Smith	14	Umhlanga Rocks Club		1:00,39
14 Cailynn Foster	14	Tuks Lifesaving Club		1:00,61
15 Ella Thornton Burge	14	Clifton Lifesaving Club		1:10,53
16 Imani Magotsi	14	Clifton Lifesaving Club		1:11,03
17 Jesse Allott	14	Milnerton Lifesaving Club		1:15,86
18 Zara Brown	14	Seagulls Lifesaving Club		1:16,21
19 Demi-Leigh Campher	14	Kings Beach Lifesaving Club		1:17,36

**Event 30 Girls 15-16 50 LC Meter Manikin Carry POOL JUNIORS**

SA REC 2022: 38,30 R 05 May 2018 Alexander Chislett				KZN A	
Name	Age	Team	Prelim Time	Finals Time	
<b>Finals</b>					
1 Kelsey Chiang	16	Milnerton Lifesaving Club	44,13	42,64	
*2 Savannah Voigt	16	Clifton Lifesaving Club	45,80	43,03	
*2 Zoey Booyesen	15	Tuks Lifesaving Club	43,83	43,03	
4 Anya Hocking	16	Umhlanga Rocks Club	45,38	43,07	
5 Tamica Visser	15	Harties Reflections	45,24	43,86	
6 Nicola Harcus	15	Woodridge	46,44	44,32	
7 Teegan Pio	15	Kings Beach Lifesaving Club	45,80	46,71	
8 Aryn Ely	16	Umhlanga Rocks Club	46,78	47,14	

**Event 30 Girls 15-16 50 LC Meter Manikin Carry POOL JUNIORS**

SA REC 2022: 38,30 R 05 May 2018 Alexander Chislett				KZN A	
Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Zoey Booyesen	15	Tuks Lifesaving Club		43,83	q
2 Kelsey Chiang	16	Milnerton Lifesaving Club		44,13	q
3 Tamica Visser	15	Harties Reflections		45,24	q
4 Anya Hocking	16	Umhlanga Rocks Club		45,38	q
*5 Savannah Voigt	16	Clifton Lifesaving Club		45,80	q
*5 Teegan Pio	15	Kings Beach Lifesaving Club		45,80	q
7 Nicola Harcus	15	Woodridge		46,44	q
8 Aryn Ely	16	Umhlanga Rocks Club		46,78	q
9 Jodi Wilson	15	Summerstrand Lifesaving Club		46,91	
10 Keira King	15	Umhlanga Rocks Club		47,35	
11 Robyn Hough	16	Kings Beach Lifesaving Club		48,27	
12 Cayla Visser	15	Bloemfontein Sentraal LC		48,73	
13 Sune van Zyl	16	Harties Reflections		48,89	
14 Awande Mlangeni	15	Tuks Lifesaving Club		50,18	
15 Ann-Mari de Villiers	16	Bloemfontein Sentraal LC		51,71	
16 Milishca Geleta	16	Bloemfontein Sentraal LC		53,83	
17 Kaylin Visser	15	Bloemfontein Sentraal LC		54,06	
18 Aimee Langenhoven	16	Big Bay Slc		55,65	

**LIFESAVING SOUTH AFRICA**  
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**Results**

**Preliminaries ... (Event 30 Girls 15-16 50 LC Meter Manikin Carry POOL JUNIORS)**

Name	Age	Team	Seed Time	Prelim Time
19 Lana Loots	16	Bloemfontein Sentraal LC		57,71
20 Kiersten Paulse	16	Xtream Lifesaving Club		58,25
21 Karli van Heerden	16	Bloemfontein Sentraal LC		59,28
22 Lily Day	15	Big Bay Slc		1:07,40
23 Eliza Jenniker	16	Seagulls Lifesaving Club		1:31,97
--- Angelina Rockman	16	Seagulls Lifesaving Club		DQ

**Event 30 Girls 17-18 50 LC Meter Manikin Carry POOL JUNIORS**

SA REC 2022: 37,43 R 21 Nov 2019 Bianca Opperman				SA Proteas 19	
Name	Age	Team	Seed Time	Prelim Time	Finals Time
<b>Finals</b>					
1 Kendra du Toit	18	Tuks Lifesaving Club		39,38	39,43
2 Tatum Botha	17	Umhlanga Rocks Club		40,91	39,44
3 Holly Cleworth	17	Clifton Lifesaving Club		42,07	40,33
4 Georgia Hawkins	18	Umhlanga Rocks Club		48,03	46,07
5 Anneke van Eeden	17	Harties Reflections		46,66	47,13
6 Jessica Booth	18	Kings Beach Lifesaving Club		49,68	47,92
7 Kezia Elliott	18	Umhlanga Rocks Club		51,13	54,82

**Event 30 Girls 17-18 50 LC Meter Manikin Carry POOL JUNIORS**

SA REC 2022: 37,43 R 21 Nov 2019 Bianca Opperman				SA Proteas 19	
Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Kendra du Toit	18	Tuks Lifesaving Club		39,38	q
2 Tatum Botha	17	Umhlanga Rocks Club		40,91	q
3 Holly Cleworth	17	Clifton Lifesaving Club		42,07	q
4 Anneke van Eeden	17	Harties Reflections		46,66	q
5 Georgia Hawkins	18	Umhlanga Rocks Club		48,03	q
6 Jessica Booth	18	Kings Beach Lifesaving Club		49,68	q
7 Kezia Elliott	18	Umhlanga Rocks Club		51,13	q

**Event 30 Girls 19-29 50 LC Meter Manikin Carry POOL JUNIORS**

SA REC 2022: 36,62 R 08 Oct 2021 Tove van Zyl				Tuks	
Name	Age	Team	Seed Time	Prelim Time	Finals Time
<b>Finals</b>					
1 Tove' van Zyl	24	Tuks Lifesaving Club		37,59	37,17
2 Amica de Jager	22	Durban Surf Lifesaving Club		41,22	38,67
3 Sasha-Lee Nordegen	24	Umhlanga Rocks Club		41,05	40,93
4 Marlise Ferreira	19	Harties Reflections		42,95	41,60
5 Lara Edwards	24	Pirates Lifesaving Club		1:05,91	50,41
6 Sylvie Gorille	20	Clifton Lifesaving Club		1:00,33	1:01,26

**Event 30 Girls 19-29 50 LC Meter Manikin Carry POOL JUNIORS**

SA REC 2022: 36,62 R 08 Oct 2021 Tove van Zyl				Tuks	
Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Tove' van Zyl	24	Tuks Lifesaving Club		37,59	q
2 Sasha-Lee Nordegen	24	Umhlanga Rocks Club		41,05	q
3 Amica de Jager	22	Durban Surf Lifesaving Club		41,22	q
4 Marlise Ferreira	19	Harties Reflections		42,95	q
5 Barbara Anne de Bruin	20	Marlin		58,02	q
6 Sylvie Gorille	20	Clifton Lifesaving Club		1:00,33	q

**LIFESAVING SOUTH AFRICA**  
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**Results**

**Preliminaries ... (Event 30 Girls 19-29 50 LC Meter Manikin Carry POOL JUNIORS)**

Name	Age	Team	Seed Time	Prelim Time
7 Lara Edwards	24	Pirates Lifesaving Club		1:05,91 q

**Event 31 Boys 14 Year Olds 50 LC Meter Manikin Carry POOL JUNIORS**

SA REC 2022: 34,72 R 05 Oct 2019 Elijah Dredge

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Christiaan van Eeden	14	Harties Reflections	35,16	34,50
2 Canaan Brice	14	Kings Beach Lifesaving Club	37,10	36,75
3 Neil Holtzhausen	14	Harties Reflections	39,41	38,09
4 Liam Schweitzer	14	Woodridge	38,48	38,39
5 Alexander Moolman	14	Woodridge	41,20	38,41
6 Ryan Nell	14	Tuks Lifesaving Club	41,64	41,69
7 Christian Middleton	14	Kings Beach Lifesaving Club	43,48	44,26
8 Conor Moynihan	14	Kings Beach Lifesaving Club	44,91	46,72

**Event 31 Boys 14 Year Olds 50 LC Meter Manikin Carry POOL JUNIORS**

SA REC 2022: 34,72 R 05 Oct 2019 Elijah Dredge

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Christiaan van Eeden	14	Harties Reflections		35,16 q
2 Canaan Brice	14	Kings Beach Lifesaving Club		37,10 q
3 Liam Schweitzer	14	Woodridge		38,48 q
4 Neil Holtzhausen	14	Harties Reflections		39,41 q
5 Alexander Moolman	14	Woodridge		41,20 q
6 Ryan Nell	14	Tuks Lifesaving Club		41,64 q
7 Christian Middleton	14	Kings Beach Lifesaving Club		43,48 q
8 Ryan Voigt	14	Clifton Lifesaving Club		43,97 q
9 Conor Moynihan	14	Kings Beach Lifesaving Club		44,91
10 Matthew Brooker	14	Big Bay Slc		45,24
11 Matthew Benn	14	Seagulls Lifesaving Club		45,77
12 Christiaan Bothma	14	Harties Reflections		50,18
13 Tristan Theron	14	Aquamix Lifesaving Club		52,22
14 Wyatt Ludick	14	Kings Beach Lifesaving Club		52,31
15 Liam Niewoudt	14	Bloemfontein Sentraal LC		52,77
16 Isaiah Douglas	14	Seagulls Lifesaving Club		57,23
--- Sean Swart	14	Big Bay Slc		DQ

**Event 31 Boys 15-16 50 LC Meter Manikin Carry POOL JUNIORS**

SA REC 2022: 32,57 R 08 Oct 2021 Elijah Dredge

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Aiden Bornman	16	Boksburg Lifesaving Club	33,53	33,21
2 Antonie Pieterse	16	Harties Reflections	33,90	34,37
3 Clayton Thompson	16	Tuks Lifesaving Club	35,78	35,44
4 Willem Basson	15	Belville Lifesaving Club	37,21	37,21
5 Adrian Le Roux	16	Aquamix Lifesaving Club	39,44	37,50
6 Armand Jubber	15	Boksburg Lifesaving Club	37,35	37,78
7 Jordan Denyer	16	Kings Beach Lifesaving Club	39,21	37,97
8 Tiago Goncalves	15	Boksburg Lifesaving Club	37,67	38,82

**LIFESAVING SOUTH AFRICA**  
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**Results**

**Event 31 Boys 15-16 50 LC Meter Manikin Carry POOL JUNIORS**

SA REC 2022: 32,57 R 08 Oct 2021 Elijah Dredge

Tuks

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Aiden Bornman	16	Boksburg Lifesaving Club		33,53 q
2 Antonie Pieterse	16	Harties Reflections		33,90 q
3 Clayton Thompson	16	Tuks Lifesaving Club		35,78 q
4 Willem Basson	15	Belville Lifesaving Club		37,21 q
5 Armand Jubber	15	Boksburg Lifesaving Club		37,35 q
6 Tiago Goncalves	15	Boksburg Lifesaving Club		37,67 q
7 Jordan Denyer	16	Kings Beach Lifesaving Club		39,21 q
8 Adrian Le Roux	16	Aquamix Lifesaving Club		39,44 q
9 Matthew Allen	15	Durban Surf Lifesaving Club		39,46
10 Jared Lawson	15	Milnerton Lifesaving Club		40,39
11 Damien Angel	15	Umhlanga Rocks Club		40,59
12 Ludolph Joubert	15	Tuks Lifesaving Club		40,63
13 Nico Zumpt	15	Milnerton Lifesaving Club		41,01
14 Cameron Pritchard	16	Milnerton Lifesaving Club		41,23
15 Luke Glock	16	Big Bay Slc		45,69
16 Yussen Furtado	15	Clifton Lifesaving Club		45,80
17 George Allen	16	Clifton Lifesaving Club		47,52
18 Bernard Mac Kay	15	Bloemfontein Sentraal LC		51,27

**Event 31 Boys 17-18 50 LC Meter Manikin Carry POOL JUNIORS**

SA REC 2022: 32,14 R 15 Sep 2006 Armand Marais

Gauteng North

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Len-Douglas Mac Kay	17	Bloemfontein Sentraal LC	34,04	33,94
2 Kyle Hultzer	18	Umhlanga Rocks Club	37,35	34,74
3 Andries Jansen van Vuuren	18	Bloemfontein Sentraal LC	38,74	39,00
4 Luc Michaels	17	Xtream Lifesaving Club	40,18	39,26
5 Janeco Coetzee	17	Aquamartina	41,13	40,75
6 Marnitz van den Berg	17	Aquamix Lifesaving Club	43,45	42,09
7 Kyle Jansen van Vuuren	17	Harties Reflections	48,50	46,55
8 Hanre Potgieter	17	Bloemfontein Sentraal LC	46,56	51,71

**Event 31 Boys 17-18 50 LC Meter Manikin Carry POOL JUNIORS**

SA REC 2022: 32,14 R 15 Sep 2006 Armand Marais

Gauteng North

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Len-Douglas Mac Kay	17	Bloemfontein Sentraal LC		34,04 q
2 Kyle Hultzer	18	Umhlanga Rocks Club		37,35 q
3 Andries Jansen van Vuuren	18	Bloemfontein Sentraal LC		38,74 q
4 Luc Michaels	17	Xtream Lifesaving Club		40,18 q
5 Janeco Coetzee	17	Aquamartina		41,13 q
6 Marnitz van den Berg	17	Aquamix Lifesaving Club		43,45 q
7 Hanre Potgieter	17	Bloemfontein Sentraal LC		46,56 q
8 Kyle Jansen van Vuuren	17	Harties Reflections		48,50 q
9 Prince Radebe	18	Aquamix Lifesaving Club		50,67

**LIFESAVING SOUTH AFRICA**  
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**Results**

**Event 31 Boys 19-29 50 LC Meter Manikin Carry POOL JUNIORS**

SA REC 2022: 29,22 R 22 Nov 2013 Armand Marais

SA German Cup 13

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Ockert van Schalkwyk	21	Tuks Lifesaving Club	32,73	33,17
2 Kian du Toit	20	Tuks Lifesaving Club	33,95	33,34
3 Andre Mouton	21	Tuks Lifesaving Club	33,99	34,42
4 Avron Manchest	26	Xtream Lifesaving Club	36,77	36,07
5 Jason Rodgers	19	Tuks Lifesaving Club	37,72	37,41
6 Branden Willows	19	Senathla Lifesaving Club	36,74	37,68
7 Henk Heymel	21	Aquamix Lifesaving Club	40,73	40,17
8 Luke Mansvelt	22	Clifton Lifesaving Club	40,73	42,42

**Event 31 Boys 19-29 50 LC Meter Manikin Carry POOL JUNIORS**

SA REC 2022: 29,22 R 22 Nov 2013 Armand Marais

SA German Cup 13

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Ockert van Schalkwyk	21	Tuks Lifesaving Club		32,73 q
2 Kian du Toit	20	Tuks Lifesaving Club		33,95 q
3 Andre Mouton	21	Tuks Lifesaving Club		33,99 q
4 Branden Willows	19	Senathla Lifesaving Club		36,74 q
5 Avron Manchest	26	Xtream Lifesaving Club		36,77 q
6 Jason Rodgers	19	Tuks Lifesaving Club		37,72 q
*7 Henk Heymel	21	Aquamix Lifesaving Club		40,73 q
*7 Luke Mansvelt	22	Clifton Lifesaving Club		40,73 q
9 Taro Tomitsuka	20	Clifton Lifesaving Club		43,06
10 Tanner Gorille	22	Clifton Lifesaving Club		43,62
11 Kai Davey	21	Senathla Lifesaving Club		44,57
12 Paul Lassen	29	Clifton Lifesaving Club		46,38
13 Bartho Visser	20	Clifton Lifesaving Club		1:00,04

**Event 32 Girls 14 Year Olds 200 LC Meter Super Lifesaver POOL JUNIORS**

SA REC 2022: 2:40,84 R 30 Apr 2015 Tanya Pieterse

Harties Reflect

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Linique Rowles	14	Harties Reflections	3:11,16	2:59,60
2 Erin Langenhoven	14	Big Bay Slc	3:09,23	3:08,76
3 Jessica Harcus	14	Woodridge	3:15,29	3:14,32
4 Amber-Rose Berry	14	Fish Hoek Surf Lifesaving Club	3:23,23	3:14,39
5 Megan Hough	14	Kings Beach Lifesaving Club	3:32,08	3:38,50
6 Cailynn Foster	14	Tuks Lifesaving Club	3:46,22	3:43,51
7 Kianna Liversage	14	Clifton Lifesaving Club	3:43,68	3:57,69
--- Keira van Heerden	14	Summerstrand Lifesaving Club	3:13,74	DQ

**Event 32 Girls 14 Year Olds 200 LC Meter Super Lifesaver POOL JUNIORS**

SA REC 2022: 2:40,84 R 30 Apr 2015 Tanya Pieterse

Harties Reflect

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Erin Langenhoven	14	Big Bay Slc		3:09,23 q
2 Linique Rowles	14	Harties Reflections		3:11,16 q
3 Keira van Heerden	14	Summerstrand Lifesaving Club		3:13,74 q
4 Jessica Harcus	14	Woodridge		3:15,29 q

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022**

**Results**

**Preliminaries ... (Event 32 Girls 14 Year Olds 200 LC Meter Super Lifesaver POOL JUNIORS)**

Name	Age	Team	Seed Time	Prelim Time	
5 Amber-Rose Berry	14	Fish Hoek Surf Lifesaving Club		3:23,23	q
6 Megan Hough	14	Kings Beach Lifesaving Club		3:32,08	q
7 Kianna Liversage	14	Clifton Lifesaving Club		3:43,68	q
8 Cailynn Foster	14	Tuks Lifesaving Club		3:46,22	q
9 Ellen Hodgkinson	14	Clifton Lifesaving Club		3:55,83	
10 Ava Ingel	14	Clifton Lifesaving Club		3:56,33	
11 Yanelisa Nomoyi	14	Kings Beach Lifesaving Club		3:58,03	
12 Caitlynn Foster	14	Tuks Lifesaving Club		3:59,39	
13 Ella Thornton Burge	14	Clifton Lifesaving Club		4:19,51	
14 Jesse Allott	14	Milnerton Lifesaving Club		4:22,69	
15 Zara Brown	14	Seagulls Lifesaving Club		4:32,04	
--- Imani Magotsi	14	Clifton Lifesaving Club			DQ

**Event 32 Girls 15-16 200 LC Meter Super Lifesaver POOL JUNIORS**

SA REC 2022: 2:32,92 R 24 Nov 2018 Sulinke van den Berg				SA Youth LWC2018	
Name	Age	Team	Seed Time	Prelim Time	Finals Time
<b>Finals</b>					
1 Savannah Voigt	16	Clifton Lifesaving Club		2:55,27	2:48,68
2 Nicola Harcus	15	Woodridge		3:07,38	2:54,97
3 Sune van Zyl	16	Harties Reflections		3:08,44	2:55,10
4 Kelsey Chiang	16	Milnerton Lifesaving Club		3:08,57	2:58,21
5 Tamica Visser	15	Harties Reflections		3:06,32	3:03,97
6 Zoey Booyesen	15	Tuks Lifesaving Club		3:13,15	3:15,50
7 Teegan Pio	15	Kings Beach Lifesaving Club		3:15,74	3:16,64
8 Cayla Visser	15	Bloemfontein Sentraal LC		3:17,70	3:17,88

**Event 32 Girls 15-16 200 LC Meter Super Lifesaver POOL JUNIORS**

SA REC 2022: 2:32,92 R 24 Nov 2018 Sulinke van den Berg				SA Youth LWC2018	
Name	Age	Team	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Savannah Voigt	16	Clifton Lifesaving Club		2:55,27	q
2 Tamica Visser	15	Harties Reflections		3:06,32	q
3 Nicola Harcus	15	Woodridge		3:07,38	q
4 Sune van Zyl	16	Harties Reflections		3:08,44	q
5 Kelsey Chiang	16	Milnerton Lifesaving Club		3:08,57	q
6 Zoey Booyesen	15	Tuks Lifesaving Club		3:13,15	q
7 Teegan Pio	15	Kings Beach Lifesaving Club		3:15,74	q
8 Cayla Visser	15	Bloemfontein Sentraal LC		3:17,70	q
9 Robyn Hough	16	Kings Beach Lifesaving Club		3:21,70	
10 Kaylin Visser	15	Bloemfontein Sentraal LC		3:22,35	
11 Lana Loots	16	Bloemfontein Sentraal LC		3:30,92	
12 Awande Mlangeni	15	Tuks Lifesaving Club		3:36,67	
13 Aimee Langenhoven	16	Big Bay Slc		3:39,18	
14 Milishca Geleta	16	Bloemfontein Sentraal LC		3:40,99	
15 Kiersten Paulse	16	Xtream Lifesaving Club		3:49,79	
16 Karli van Heerden	16	Bloemfontein Sentraal LC		3:59,51	
17 Lily Day	15	Big Bay Slc		4:11,02	
18 Eliza Jenniker	16	Seagulls Lifesaving Club		5:17,69	

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**Results**

**Event 32 Girls 17-18 200 LC Meter Super Lifesaver POOL JUNIORS**

SA REC 2022: 2:25,45 R 22 Nov 2019 Bianca Opperman

SA Proteas 19

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Kendra du Toit	18	Tuks Lifesaving Club	2:49,17	2:50,14
2 Anneke van Eeden	17	Harties Reflections	3:00,42	2:57,63
3 Jessica Booth	18	Kings Beach Lifesaving Club	3:25,79	3:00,80
4 Holly Cleworth	17	Clifton Lifesaving Club	2:53,19	3:03,58

**Event 32 Girls 17-18 200 LC Meter Super Lifesaver POOL JUNIORS**

SA REC 2022: 2:25,45 R 22 Nov 2019 Bianca Opperman

SA Proteas 19

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Kendra du Toit	18	Tuks Lifesaving Club		2:49,17 q
2 Holly Cleworth	17	Clifton Lifesaving Club		2:53,19 q
3 Anneke van Eeden	17	Harties Reflections		3:00,42 q
4 Jessica Booth	18	Kings Beach Lifesaving Club		3:25,79 q

**Event 32 Girls 19-29 200 LC Meter Super Lifesaver POOL JUNIORS**

SA REC 2022: 2:25,45 R 22 Nov 2019 Bianca Opperman

SA Proteas 19

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Amica de Jager	22	Durban Surf Lifesaving Club	2:57,79	2:42,49
2 Tove' van Zyl	24	Tuks Lifesaving Club	2:44,27	2:43,98
3 Sasha-Lee Nordegen	24	Umhlanga Rocks Club	2:55,17	2:44,17
4 Deborah Dredge	19	Tuks Lifesaving Club	3:06,15	2:53,11
5 Marlise Ferreira	19	Harties Reflections	3:01,93	2:57,51
6 Sylvie Gorille	20	Clifton Lifesaving Club	4:02,98	3:41,73

**Event 32 Girls 19-29 200 LC Meter Super Lifesaver POOL JUNIORS**

SA REC 2022: 2:25,45 R 22 Nov 2019 Bianca Opperman

SA Proteas 19

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Tove' van Zyl	24	Tuks Lifesaving Club		2:44,27 q
2 Sasha-Lee Nordegen	24	Umhlanga Rocks Club		2:55,17 q
3 Amica de Jager	22	Durban Surf Lifesaving Club		2:57,79 q
4 Marlise Ferreira	19	Harties Reflections		3:01,93 q
5 Deborah Dredge	19	Tuks Lifesaving Club		3:06,15 q
6 Sylvie Gorille	20	Clifton Lifesaving Club		4:02,98 q

**Event 33 Boys 14 Year Olds 200 LC Meter Super Lifesaver POOL JUNIORS**

SA REC 2022: 2:37,95 R 30 Apr 2015 Milan Erasmus

Flash

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Christiaan van Eeden	14	Harties Reflections	2:37,93	2:31,60 R
2 Neil Holtzhausen	14	Harties Reflections	2:36,87	2:41,92
3 Canaan Brice	14	Kings Beach Lifesaving Club	2:55,93	2:45,77
4 Ryan Voigt	14	Clifton Lifesaving Club	2:52,22	2:47,86
5 Christian Middleton	14	Kings Beach Lifesaving Club	2:58,16	2:50,20
6 Ryan Nell	14	Tuks Lifesaving Club	3:00,59	2:58,33
7 Christiaan Bothma	14	Harties Reflections	3:12,49	3:09,56
8 Conor Moynihan	14	Kings Beach Lifesaving Club	3:05,88	3:23,24

**LIFESAVING SOUTH AFRICA**  
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**Results**

**Event 33 Boys 14 Year Olds 200 LC Meter Super Lifesaver POOL JUNIORS**

SA REC 2022: 2:37,95 R 30 Apr 2015 Milan Erasmus

Flash

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1	Neil Holtzhausen	14 Harties Reflections		2:36,87 R q
2	Christiaan van Eeden	14 Harties Reflections		2:37,93 q
3	Ryan Voigt	14 Clifton Lifesaving Club		2:52,22 q
4	Canaan Brice	14 Kings Beach Lifesaving Club		2:55,93 q
5	Christian Middleton	14 Kings Beach Lifesaving Club		2:58,16 q
6	Ryan Nell	14 Tuks Lifesaving Club		3:00,59 q
7	Conor Moynihan	14 Kings Beach Lifesaving Club		3:05,88 q
8	Matthew Brooker	14 Big Bay Slc		3:10,44 q
9	Christiaan Bothma	14 Harties Reflections		3:12,49
10	Liam Niewoudt	14 Bloemfontein Sentraal LC		3:31,09
11	Sean Swart	14 Big Bay Slc		3:37,27
12	Matthew Benn	14 Seagulls Lifesaving Club		3:39,25
13	Seth Jooste	14 Seagulls Lifesaving Club		4:10,91
---	Wyatt Ludick	14 Kings Beach Lifesaving Club		DQ
---	Daniel Gerhard	14 Milnerton Lifesaving Club		DQ
---	Isaiah Douglas	14 Seagulls Lifesaving Club		DQ

**Event 33 Boys 15-16 200 LC Meter Super Lifesaver POOL JUNIORS**

SA REC 2022: 2:20,07 R 08 Oct 2021 Len-Douglas MacKay

Bloem Sentraal

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1	Antonie Pieterse	16 Harties Reflections	2:31,61	2:25,56
2	Willem Basson	15 Belville Lifesaving Club	2:38,27	2:33,65
3	Armand Jubber	15 Boksburg Lifesaving Club	2:38,05	2:34,55
4	Tiago Goncalves	15 Boksburg Lifesaving Club	2:41,62	2:37,93
5	Zack Waters	16 Clifton Lifesaving Club	2:45,93	2:44,56
6	Clayton Thompson	16 Tuks Lifesaving Club	2:53,87	2:49,23
7	Ludolph Joubert	15 Tuks Lifesaving Club	2:52,49	2:50,10
8	Aiden Bornman	16 Boksburg Lifesaving Club	2:37,72	2:52,00

**Event 33 Boys 15-16 200 LC Meter Super Lifesaver POOL JUNIORS**

SA REC 2022: 2:20,07 R 08 Oct 2021 Len-Douglas MacKay

Bloem Sentraal

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1	Antonie Pieterse	16 Harties Reflections		2:31,61 q
2	Aiden Bornman	16 Boksburg Lifesaving Club		2:37,72 q
3	Armand Jubber	15 Boksburg Lifesaving Club		2:38,05 q
4	Willem Basson	15 Belville Lifesaving Club		2:38,27 q
5	Tiago Goncalves	15 Boksburg Lifesaving Club		2:41,62 q
6	Zack Waters	16 Clifton Lifesaving Club		2:45,93 q
7	Ludolph Joubert	15 Tuks Lifesaving Club		2:52,49 q
8	Clayton Thompson	16 Tuks Lifesaving Club		2:53,87 q
9	Jordan Denyer	16 Kings Beach Lifesaving Club		3:00,40
10	Luke Glock	16 Big Bay Slc		3:02,61
11	George Allen	16 Clifton Lifesaving Club		3:05,40
12	Adrian Le Roux	16 Aquamix Lifesaving Club		3:07,27
13	Cameron Pritchard	16 Milnerton Lifesaving Club		3:08,42

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**Results**

**Preliminaries ... (Event 33 Boys 15-16 200 LC Meter Super Lifesaver POOL JUNIORS)**

Name	Age	Team	Seed Time	Prelim Time
14 Jared Lawson	15	Milnerton Lifesaving Club		3:12,42
15 Bernard Mac Kay	15	Bloemfontein Sentraal LC		3:16,96
16 Yussen Furtado	15	Clifton Lifesaving Club		3:36,83

**Event 33 Boys 17-18 200 LC Meter Super Lifesaver POOL JUNIORS**

SA REC 2022: 2:20,07 R 08 Oct 2021 Len-Douglas MacKay

Bloem Sentrra

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Len-Douglas Mac Kay	17	Bloemfontein Sentraal LC	2:42,36	2:23,23
2 Kyle Hultzer	18	Umhlanga Rocks Club	2:46,90	2:37,36
3 Andries Jansen van Vuuren	18	Bloemfontein Sentraal LC	2:53,32	2:47,97
4 Janeco Coetzee	17	Aquamartina	2:51,60	2:49,11
5 Kyle Jansen van Vuuren	17	Harties Reflections	2:59,21	2:56,46
6 Marnitz van den Berg	17	Aquamix Lifesaving Club	3:02,45	3:01,69
7 Luc Michaels	17	Xtream Lifesaving Club	3:07,14	3:12,03
8 Hanre Potgieter	17	Bloemfontein Sentraal LC	3:29,45	3:37,82

**Event 33 Boys 17-18 200 LC Meter Super Lifesaver POOL JUNIORS**

SA REC 2022: 2:20,07 R 08 Oct 2021 Len-Douglas MacKay

Bloem Sentrra

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Len-Douglas Mac Kay	17	Bloemfontein Sentraal LC		2:42,36 q
2 Kyle Hultzer	18	Umhlanga Rocks Club		2:46,90 q
3 Janeco Coetzee	17	Aquamartina		2:51,60 q
4 Andries Jansen van Vuuren	18	Bloemfontein Sentraal LC		2:53,32 q
5 Kyle Jansen van Vuuren	17	Harties Reflections		2:59,21 q
6 Marnitz van den Berg	17	Aquamix Lifesaving Club		3:02,45 q
7 Luc Michaels	17	Xtream Lifesaving Club		3:07,14 q
8 Hanre Potgieter	17	Bloemfontein Sentraal LC		3:29,45 q
9 Prince Radebe	18	Aquamix Lifesaving Club		3:40,71

**Event 33 Boys 19-29 200 LC Meter Super Lifesaver POOL JUNIORS**

SA REC 2022: 2:11,45 R 22 Nov 2019 Johan Lourens

SA Proteas 19

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Ockert van Schalkwyk	21	Tuks Lifesaving Club	2:22,13	2:21,96
2 Branden Willows	19	Senathla Lifesaving Club	2:27,16	2:28,42
3 Kian du Toit	20	Tuks Lifesaving Club	2:43,27	2:30,81
4 Andre Mouton	21	Tuks Lifesaving Club	2:48,94	2:32,88
5 Avron Manchest	26	Xtream Lifesaving Club	2:48,31	2:47,11
6 Jason Rodgers	19	Tuks Lifesaving Club	2:53,44	3:00,27
7 Henk Heymel	21	Aquamix Lifesaving Club	3:07,92	3:08,76
8 Tanner Gorille	22	Clifton Lifesaving Club	3:10,21	3:10,52

**Event 33 Boys 19-29 200 LC Meter Super Lifesaver POOL JUNIORS**

SA REC 2022: 2:11,45 R 22 Nov 2019 Johan Lourens

SA Proteas 19

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Ockert van Schalkwyk	21	Tuks Lifesaving Club		2:22,13 q
2 Branden Willows	19	Senathla Lifesaving Club		2:27,16 q
3 Kian du Toit	20	Tuks Lifesaving Club		2:43,27 q

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022**

**Results**

**Preliminaries ... (Event 33 Boys 19-29 200 LC Meter Super Lifesaver POOL JUNIORS)**

Name	Age	Team	Seed Time	Prelim Time
4 Avron Manchest	26	Xtream Lifesaving Club		2:48,31 q
5 Andre Mouton	21	Tuks Lifesaving Club		2:48,94 q
6 Jason Rodgers	19	Tuks Lifesaving Club		2:53,44 q
7 Henk Heymel	21	Aquamix Lifesaving Club		3:07,92 q
8 Tanner Gorille	22	Clifton Lifesaving Club		3:10,21 q
9 Kai Davey	21	Senathla Lifesaving Club		3:10,79
10 Paul Lassen	29	Clifton Lifesaving Club		3:34,62
11 Bartho Visser	20	Clifton Lifesaving Club		3:39,42
12 Luke Mansvelt	22	Clifton Lifesaving Club		3:46,34

**Event 34 Girls 14-18 200 LC Meter 4 x 50 Medley Relay POOL JUNIORS**

SA REC 2022: 1:49,30 R 24 Jun 2018 SA Youth Orange cup 2018 SA Youth Orange

A.Chislett, D.Dredge, B.Opperman, S.vd Berg

Team	Relay	Finals Time
1 Umhlanga Rocks Club	A	1:56,27
1) Madison Alberts 14	2) Tatum Botha 17	3) Anya Hocking 16
4) Mia Rule 18		
2 Harties Reflections	A	1:59,36
1) Linique Rowles 14	2) Anneke van Eeden 17	3) Sune van Zyl 16
4) Tamica Visser 15		
3 Tuks Lifesaving Club	A	2:05,95
1) Zoey Booysen 15	2) Kendra du Toit 18	3) Caitlynn Foster 14
4) Awande Mlangeni 15		
4 Kings Beach Lifesaving Club	A	2:07,40
1) Jessica Booth 18	2) Megan Hough 14	3) Robyn Hough 16
4) Teegan Pio 15		
5 Umhlanga Rocks Club	B	2:07,94
1) Nicollette Challenor 17	2) Aryn Ely 16	3) Georgia Hawkins 18
4) Keira King 15		
6 Woodridge	A	2:09,52
1) Jessica Harcus 14	2) Nicola Harcus 15	3) Nicola Herbst 15
4) Hannah Praetorius 15		
7 Clifton Lifesaving Club	A	2:12,63
1) Imani Magotsi 14	2) Savannah Voigt 16	3) Ellen Hodgkinson 14
4) Holly Cleworth 17		
8 Bloemfontein Sentraal LC	A	2:20,03
1) Anke van der Poel 14	2) Lana Loots 16	3) Cayla Visser 15
4) Kaylin Visser 15		
9 Seagulls Lifesaving Club	A	3:03,78
1) Ciara Conwood 14	2) Eliza Jenniker 16	3) Brooklynn Pienaar 16
4) Chante Killian 14		

**Event 35 Boys 14-18 200 LC Meter 4 x 50 Medley Relay POOL JUNIORS**

SA REC 2022: 1:35,32 R 25 Nov 2018 SA Youth Lwc 2018 SA Youth LWC2018

C.Coetzee, JP van Zyl, C.Botha, M.Erasmus

Team	Relay	Finals Time
1 Harties Reflections	A	1:47,42
1) Christiaan Bothma 14	2) Neil Holtzhausen 14	3) Antonie Pieterse 16
4) Christiaan van Eeden 14		
2 Umhlanga Rocks Club	A	1:49,08
1) Damien Angel 15	2) Matthew Coetzer 16	3) Kyle Hultzer 18
4) Luc O'Brien 15		
*3 Kings Beach Lifesaving Club	A	1:51,89
1) Canaan Brice 14	2) Jordan Denyer 16	3) Christian Middleton 14
4) Conor Moynihan 14		
*3 Clifton Lifesaving Club	A	1:51,89
1) Ryan Voigt 14	2) Zack Waters 16	3) Yusseni Furtado 15
4) George Allen 16		
5 Bloemfontein Sentraal LC	A	1:52,48
1) Bernard Mac Kay 15	2) Andries Jansen van Vuuren 18	3) Len-Douglas Mac Kay 17
4) Liam Niewoudt 14		
6 Milnerton Lifesaving Club	A	2:00,16
1) Daniel Gerhard 14	2) Jared Lawson 15	3) Cameron Pritchard 16
4) Nico Zumpt 15		
7 Aquamix Lifesaving Club	A	2:03,13
1) Adrian Le Roux 16	2) Prince Radebe 18	3) Tristan Theron 14
4) Marnitz van den Berg 17		

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**Results**

**Event 36 Women 19-29 200 LC Meter 4 x 50 Medley Relay POOL JUNIORS**

SA REC 2022: 1:45,01 R 2004

SA Rescue Team 2004

Team	Relay	Finals Time
1 Umhlanga Rocks Club	A	1:56,92
1) Sasha-Lee Nordegen 24	2) Tatum Botha 17	3) Mia Rule 18
4) Anya Hocking 16		
--- Invitational Team	A	X1:53,04
1) Tove' van Zyl 24	2) Deborah Dredge 19	3) Amica de Jager 22
4) Marlise Ferreira 19		

**Event 37 Men 19-29 200 LC Meter 4 x 50 Medley Relay POOL JUNIORS**

SA REC 2022: 1:32,77 R 11 Sep 2016

Rescue 2016 SA Senior

SA Senior

Team	Relay	Finals Time
1 Tuks Lifesaving Club	A	1:42,42
1) Kian du Toit 20	2) Andre Mouton 21	3) Clayton Thompson 16
4) Ockert van Schalkwyk 21		
2 Clifton Lifesaving Club	A	1:52,15
1) Luke Mansvelt 22	2) Paul Lassen 29	3) Tanner Gorille 22
4) Bartho Visser 20		
3 Kings Beach Lifesaving Club	A	1:52,50
1) Cullen Biddulph 19	2) Keegan Cooke 24	3) Joshua Tucker 20
4) Jordan Denyer 16		
4 Clifton Lifesaving Club	B	1:57,01
1) Zack Waters 16	2) Taro Tomitsuka 20	3) George Allen 16
4) Yussen Furtado 15		
--- Invitational Team	A	X1:47,82
1) Aiden Bornman 16	2) Branden Willows 19	3) Tiago Goncalves 15
4) Armand Jubber 15		

**Event 38 Girls 14-18 100 LC Meter 4 x 25 Manikin Relay POOL JUNIORS**

SA REC 2022: 1:33,79 R 23 Jun 2018

SA Youth Orange Cup 18

Orange Cup 2018

A.Chislett, B.Opperman, S.vd Berg, D.v Rensburg

Team	Relay	Finals Time
1 Harties Reflections	A	1:50,27
1) Liniqwe Rowles 14	2) Anneke van Eeden 17	3) Sune van Zyl 16
4) Tamica Visser 15		
2 Umhlanga Rocks Club	A	1:53,25
1) Tatum Botha 17	2) Georgia Hawkins 18	3) Anya Hocking 16
4) Mia Rule 18		
3 Tuks Lifesaving Club	A	1:56,71
1) Zoey Booysen 15	2) Kendra du Toit 18	3) Caitlynn Foster 14
4) Awande Mlangeni 15		
4 Umhlanga Rocks Club	B	1:57,06
1) Madison Alberts 14	2) Aryn Ely 16	3) Saskia Hockly 17
4) Keira King 15		
5 Woodridge	A	2:03,15
1) Jessica Marcus 14	2) Nicola Marcus 15	3) Nicola Herbst 15
4) Hannah Praetorius 15		
6 Bloemfontein Sentraal LC	A	2:07,22
1) Lana Loots 16	2) Milishca Geleta 16	3) Cayla Visser 15
4) Karli van Heerden 16		
7 Clifton Lifesaving Club	A	2:09,80
1) Holly Cleworth 17	2) Savannah Voigt 16	3) Ellen Hodgkinson 14
4) Kianna Liversage 14		
8 Kings Beach Lifesaving Club	A	2:14,57
1) Jessica Booth 18	2) Megan Hough 14	3) Robyn Hough 16
4) Teegan Pio 15		
9 Umhlanga Rocks Club	C	2:15,66
1) Nicollette Challenor 17	2) Kezia Elliott 18	3) Valma-Jean Hockly 15
4) Kayleigh Smith 14		
10 Seagulls Lifesaving Club	A	3:28,01
1) Ciara Conwood 14	2) Eliza Jenniker 16	3) Brooklynn Pienaar 16
4) Angelina Rockman 16		

**Event 39 Boys 14-18 100 LC Meter 4 x 25 Manikin Relay POOL JUNIORS**

SA REC 2022: 1:16,92 R 25 Nov 2018

SA Youth Lwc 2018

LWC 2018

JP van Zyl, C.Botha, M.Erasmus, C.Coetzee

Team	Relay	Finals Time
1 Umhlanga Rocks Club	A	1:31,48
1) Damien Angel 15	2) Matthew Coetzer 16	3) Kyle Hultzer 18
4) Luc O'Brien 15		

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**Results**

**(Event 39 Boys 14-18 100 LC Meter 4 x 25 Manikin Relay POOL JUNIORS)**

Team	Relay			Finals Time
2 Kings Beach Lifesaving Club	A			1:42,87
1) Canaan Brice 14	2) Jordan Denyer 16	3) Christian Middleton 14	4) Conor Moynihan 14	
3 Clifton Lifesaving Club	A			1:45,18
1) Ryan Voigt 14	2) Zack Waters 16	3) George Allen 16	4) Yusseni Furtado 15	
4 Bloemfontein Sentraal LC	A			1:45,69
1) Andries Jansen van Vuuren 18	2) Bernard Mac Kay 15	3) Len-Douglas Mac Kay 17	4) Hanre Potgieter 17	
5 Milnerton Lifesaving Club	A			1:54,15
1) Daniel Gerhard 14	2) Jared Lawson 15	3) Cameron Pritchard 16	4) Nico Zumpt 15	
6 Aquamix Lifesaving Club	A			1:56,24
1) Adrian Le Roux 16	2) Prince Radebe 18	3) Tristan Theron 14	4) Marnitz van den Berg 17	
7 Seagulls Lifesaving Club	A			2:12,38
1) Matthew Benn 14	2) Diano Brandt 16	3) Isaiah Douglas 14	4) Seth Jooste 14	
--- Harties Reflections	A			DQ
1) Neil Holtzhausen 14	2) Kyle Jansen van Vuuren 17	3) Antonie Pieterse 16	4) Christiaan van Eeden 14	

**Event 40 Women 19-29 100 LC Meter 4 x 25 Manikin Relay POOL JUNIORS**

SA REC 2022: 1:27,93 R 24 Nov 2018 SA Protea Team - Lwc 2018

S. Corris, C. Billson, K. Bellingham, B van Bargaen

Team	Relay			Finals Time
1 Umhlanga Rocks Club	A			1:48,86
1) Sasha-Lee Nordegen 24	2) Mia Rule 18	3) Anya Hocking 16	4) Georgia Hawkins 18	
--- Invitational Team	A			X1:43,81
1) Tove' van Zyl 24	2) Deborah Dredge 19	3) Amica de Jager 22	4) Marlise Ferreira 19	

**Event 41 Men 19-29 100 LC Meter 4 x 25 Manikin Relay POOL JUNIORS**

SA REC 2022: 1:11,69 R 11 Sep 2016 Rescue 2016 SA Senior

SA Senior

Team	Relay			Finals Time
1 Tuks Lifesaving Club	A			1:24,02
1) Kian du Toit 20	2) Clayton Thompson 16	3) Ockert van Schalkwyk 21	4) Andre Mouton 21	
2 Clifton Lifesaving Club	B			1:44,75
1) Zack Waters 16	2) Taro Tomitsuka 20	3) George Allen 16	4) Yusseni Furtado 15	
3 Kings Beach Lifesaving Club	A			1:49,40
1) Cullen Biddulph 19	2) Keegan Cooke 24	3) Joshua Tucker 20	4) Jordan Denyer 16	
4 Clifton Lifesaving Club	A			1:59,84
1) Luke Mansvelt 22	2) Tanner Gorille 22	3) Paul Lassen 29	4) Bartho Visser 20	
--- Invitational Team	A			X1:30,68
1) Aiden Bornman 16	2) Branden Willows 19	3) Tiago Goncalves 15	4) Armand Jubber 15	