

LIFESAVING SOUTH AFRICA
DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022
Meet Program

Event 42 Girls 8 Year Olds 50 LC Meter Obstacle POOL NIPPERS

SA REC 2022: 39,78 28 Apr 2016 Lauren Bates

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

3	Nazreen Allexander	8	SGLS	NT
4	Yama Loni	7	SS	NT
5	Jana Serdyn	8	SS	NT

Heat 2 of 2 Finals

1	Addison Shaw	8	SS	NT
2	Tayla Stottelaar	8	SS	NT
3	Anna Maria Silva	8	DS	59,69
4	Racquelle Saporta	8	SS	55,65
5	Lienke Bester	8	HART	57,11
6	Zoe Harding	8	SS	NT
7	Kenzi du Preez	8	KB	NT

Event 43 Boys 8 Year Olds 50 LC Meter Obstacle POOL NIPPERS

SA REC 2022: 38,60 28 Apr 2016 Aiden Nel

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

2	Jude Theunissen	8	KB	NT
3	Kian Nel	8	SS	NT
4	Noah Rentzke	8	SS	NT
5	Stefan Jewel	8	KB	NT
6	Ross Muller	8	SS	NT
7	Joshua Flanagan	8	SS	NT

Heat 2 of 3 Finals

1	Daniel Verdon	8	KB	NT
2	Connor Louw	8	SS	NT
3	Ethan Egling	8	KB	NT
4	Edwin Mokoena	8	XTRM	1:16,17
5	Keegan Shapiro	8	KB	NT
6	Luke Reeves	8	SS	NT
7	Jake Smith	8	SS	NT
8	Joshua Richter	8	SS	NT

Heat 3 of 3 Finals

1	Jeff Larter	8	SS	58,59
2	Samueul Steyn	8	HART	56,43
3	Jamie White	8	SS	52,76
4	Lincoln Swanepoel	8	SEN	51,74
5	Oliver Steer	8	CLF	52,17
6	Juann Brits	8	AMX	56,05
7	Ahadi Magotsi	8	CLF	58,50
8	Cheyne Mukototsi	8	SEN	1:07,05

Event 44 Girls 9 Year Olds 50 LC Meter Obstacle POOL NIPPERS

SA REC 2022: 34,97 2002 Clarissa Enslin

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

3	Sienna Louw	9	SS	NT
4	Lyla Lesham	9	KB	NT
5	Mayah Maketa	9	KB	NT
6	Lyra Harmse	9	KB	NT

Heat 2 of 3 Finals

1	Leah van Rooyen	9	KB	NT
2	Jessica Hoflinger	9	KB	NT
3	Emma Pretorius	9	SS	52,99
4	Emma Darke	9	SS	48,70
5	Jodi Marais	9	BBAY	48,78
6	Maya White	9	MLN	54,91
7	Jemma Windsor	9	KB	NT
8	Olivia Latimer	9	FHK	NT

Heat 3 of 3 Finals

1	Hayley Holmes	9	SS	46,49
2	Katherine Pappas	9	SS	45,92
3	Caitlin Barnes	9	FHK	43,81
4	Amieka Henning	9	HART	42,81
5	Miya de Villiers	9	SS	43,70
6	Sarah Mocke	9	FHK	45,76
7	Emma de Viliers	9	SS	45,98
8	Rebecca Allderman	9	CLF	47,19

Event 45 Boys 9 Year Olds 50 LC Meter Obstacle POOL NIPPERS

SA REC 2022: 35,01 2002 David Lindeque

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Sha Eli Kannemeyer	9	KB	NT
2	Zeek Brown	9	SGLS	NT
3	Josh Parker	9	KB	NT
4	Nathan van der Merwe	9	KB	NT
5	Joshua Paxton	9	SS	NT
6	Luke Schulze	9	SS	NT
7	Hiram Robertson	9	SGLS	NT

Heat 2 of 2 Finals

1	Milan Edwards	9	DS	56,47
2	Tariq Eskinazi	9	CLF	53,20
3	Matthew Hudson	9	FHK	47,69
4	Petrus Jacobs	9	HART	44,00
5	CJ Hutchinson	9	FHK	45,72
6	Jaydon Allott	9	MLN	48,34
7	Dyla Froneman	9	BBAY	53,25
8	Mark Rosser	9	SS	NT

Event 46 Girls 10 Year Olds 100 LC Meter Obstacle POOL NIPPERS

SA REC 2022: 1:15,45 04 Oct 2021 Sienna Gous

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

3	Mia Diedericks	10	KB	NT
4	Carly Vencencie	10	KB	NT
5	Ashley Smith	10	ROX	NT
6	Bellemae Mostert	10	KB	NT

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Heat 2 Finals (#46 Girls 10 Year Olds 100 LC Meter Obstacle POOL NIP

1	Zoey Woods	10	KB	NT
2	Bailey Thomson	10	CLF	1:52,25
3	Lune Fouche	10	HART	1:43,83
4	Kate Cunningham	10	MLN	1:39,56
5	Tyler-Rose Nel	10	BBAY	1:43,47
6	Ivanke Jacobs	10	HART	1:46,62
7	Tlotliso Rakubutu	10	HART	1:54,81
8	Sophia Jansen	10	SS	NT

Heat 3 of 3 Finals

1	Margery Mokoena	10	XTRM	1:35,62
2	Hannah Levey	10	SS	1:35,00
3	Megan Waters	10	BBAY	1:30,40
4	Morgan Gous	10	SS	1:22,00
5	Kaitlyn Richter	10	SS	1:30,00
6	Bethany Harper	10	FHK	1:33,57
7	Ava Larter	10	SS	1:35,00
8	Isabelle Brooker	10	BBAY	1:36,65

Event 47 Boys 10 Year Olds 100 LC Meter Obstacle POOL NIPPERS

SA REC 2022: 1:16,60 28 Apr 2016 Elijah Dredge

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

3	Kyle Rosser	10	SS	NT
4	Bjo'rn Maree	10	KB	NT
5	Eden Whitaker	10	KB	NT

Heat 2 of 3 Finals

1	Oliver Robinson	10	SS	NT
2	Cole Muller	10	SGLS	NT
3	Joshua Steyn	10	HART	2:22,55
4	Jordan Smith	10	SS	1:55,00
5	Wian Bester	10	HART	1:56,16
6	Lunathi Plata	10	SGLS	NT
7	Chulumanco Qusheka	10	KB	NT
8	Oliver Hough	10	KB	NT

Heat 3 of 3 Finals

1	Rourke Saporta	10	SS	1:40,00
2	Tshepahalalo Pebane	10	HART	1:38,72
3	Nirvaan Bapoo	10	SEN	1:37,33
4	Troy Shosbree	10	FHK	1:33,57
5	Connor Miles	10	SS	1:35,00
6	Callum Faulkner	10	BBAY	1:37,59
7	Rourke Louw	10	BBAY	1:39,10
8	Ethan Curtis	10	BBAY	1:46,60

Event 48 Girls 11 Year Olds 100 LC Meter Obstacle POOL NIPPERS

SA REC 2022: 1:10,35 2004 Clarissa Enslin

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

3	Sasha Stottelaar	11	SS	NT
4	Rebecca Stottelaar	11	SS	NT
5	Hannah Harding	11	SS	NT

Heat 2 of 3 Finals

1	Jenna Gordon	11	MLN	2:02,44
2	Emme Wentzel	11	SS	1:40,65
3	Lizelke Rowles	11	HART	1:33,81
4	Carys Bloom	11	CLF	1:33,18
5	Teagan Hudson	11	FHK	1:33,30
6	Sabella Serdyn	11	SS	1:39,08
7	Kyla Allott	11	MLN	1:57,08
8	Shonice Ingram	11	SGLS	NT

Heat 3 of 3 Finals

1	Miya Krog	11	FHK	1:32,38
2	Casey Bruwer	11	BBAY	1:27,96
3	Amy Hartung	11	BEL	1:22,54
4	Riziki Magotsi	11	CLF	1:22,24
5	Sulize Henning	11	HART	1:22,38
6	Katya Bova-Olsen	11	FHK	1:24,65
7	Caitlin Rossiter	11	HART	1:30,31
8	Sadie Cupido	11	MLN	1:32,68

Event 49 Boys 11 Year Olds 100 LC Meter Obstacle POOL NIPPERS

SA REC 2022: 1:07,07 2002 Anton Duvenage

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Rasheed Rajaal	11	SGLS	NT
2	Rashaad Rajaal	11	SGLS	NT
3	Nathan Brown	11	KB	NT
4	Kai Bittencourt Marks	11	ROX	NT
5	Charles Frost	11	KB	NT
6	Kellan Jones	11	KB	NT
7	Christian Paxton	11	SS	NT
8	Hayden Herbst	11	BBAY	NT

Heat 2 of 2 Finals

1	Ceejay Miller	11	MLN	1:44,98
2	Benjamin Buitendag	11	SS	1:40,05
3	Tristan Kastern	11	FHK	1:32,62
4	Ben Harper	11	FHK	1:23,12
5	James Barber	11	SS	1:23,53
6	Ethan Darke	11	SS	1:33,92
7	Zackery Day	11	BBAY	1:40,09
8	Levi Ludick	11	KB	NT

Event 50 Girls 12 Year Olds 100 LC Meter Obstacle POOL NIPPERS

SA REC 2022: 1:06,81 05 Oct 2021 Rebecca Fury

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

2	Ammaarah Davids	12	XTRM	NT
3	Taylor Emslie	12	ELS	NT
4	Grace Holloway-Mulder	12	DS	NT
5	Jenna Charles	12	SGLS	NT
6	Kealah Plaatjies	12	SGLS	NT

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Heat 2 Finals (#50 Girls 12 Year Olds 100 LC Meter Obstacle POOL NIP

1	Chloe Jewell	12	KB	NT
2	Emma Souter	12	CLF	1:38,90
3	Carla Carolus	12	XTRM	1:35,59
4	Arabella Fox	12	BBAY	1:32,42
5	Olethiwe Mqadi	12	BBAY	1:32,50
6	Grace Prince	12	SEN	1:37,05
7	Abigail Kirkland	12	BBAY	1:39,32
8	Maria King	12	ROX	NT

Heat 3 of 3 Finals

1	Kezra van Heerden	12	FHK	1:27,32
2	Zia Petersen	12	XTRM	1:21,51
3	Daniela Harcus	12	SS	1:17,93
4	Hannah Burke	12	BBAY	1:17,50
5	Jesse-Leah Laderach	12	SS	1:17,66
6	Larissa Visagie	12	BEL	1:20,25
7	Zoe Steyn	12	HART	1:25,12
8	Layla Nixon	12	BKS	1:31,07

Event 51 Boys 12 Year Olds 100 LC Meter Obstacle POOL NIPPERS

SA REC 2022: 1:04,25 04 May 2018 Elijah Dredge

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

2	Tauro Botha	12	SGLS	NT
3	Andrew Ahmad	12	MLN	NT
4	Luke Jones	12	BKS	1:39,71
5	Joshua Huntingford	12	CLF	NT
6	Ronin Watt	12	FHK	NT
7	Troy Biddulph	12	KB	NT

Heat 2 of 3 Finals

1	Zach Gouws	12	FHK	1:37,93
2	AJ Brits	12	AMX	1:34,64
3	Jack de Beer	12	FHK	1:29,53
4	Callan MacIntyre	12	SEN	1:27,36
5	Jack Allott	12	MLN	1:27,56
6	Thomas Pienaar	12	FHK	1:32,90
7	Ivan Swart	12	BBAY	1:34,70
8	Jesse Swanepoel	12	SEN	1:38,49

Heat 3 of 3 Finals

1	Daniel Pappas	12	SS	1:22,47
2	Liam Visage	12	BEL	1:20,25
3	Lino Fouche	12	HART	1:19,51
4	Nicholas Pretorius	12	SS	1:17,39
5	Ruan Hotzhausen	12	HART	1:18,88
6	Riley Clarke	12	FHK	1:19,60
7	Sam Mocke	12	FHK	1:22,09
8	Leon Dupper	12	SS	1:22,49

Event 52 Girls 13 Year Olds 100 LC Meter Obstacle POOL NIPPERS

SA REC 2022: 1:06,02 05 Oct 2021 Keira van Heerden

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

2	Grace Coetzer	13	ROX	NT
3	Azarlia Jansen	13	SGLS	NT
4	Isabelle Allison	13	SGLS	NT
5	Tyra Jenniker	13	SGLS	NT
6	Jacqui Brown	13	MRN	NT
7	Jessi Whitebooi	13	KB	NT

Heat 2 of 4 Finals

1	Emma Glock	13	BBAY	NT
2	Samiya Vencencie	13	KB	NT
3	Janey-Heather Wood	13	ELS	NT
4	Anna Allen	13	CLF	1:46,28
5	Jemma Ascott	13	MLN	1:50,81
6	Jaedyn Smith	13	ROX	NT
7	Aarifah Haffijee	13	KB	NT
8	Kendra Begley	13	KB	NT

Heat 3 of 4 Finals

1	Meg Wentzel	13	SS	1:31,16
2	Jaime Schweitzer	13	SS	1:28,90
3	Rone Joubert	13	TUKS	1:22,97
4	Maria dos Santos	13	HART	1:22,02
5	Lane Fouche	13	HART	1:22,71
6	Lerato Molobye	13	HART	1:26,77
7	Madison Eskinazi	13	CLF	1:29,65
8	Hannah McClelland	13	CLF	1:33,72

Heat 4 of 4 Finals

1	Jenna Loubser	13	BBAY	1:20,34
2	Erin Burke	13	BBAY	1:17,03
3	Madison Fourie	13	SS	1:12,84
4	Rebecca Fury	13	CLF	1:06,81
5	Xanthe Nagel	13	HART	1:11,60
6	Leane Gouws	13	HART	1:13,78
7	Tayla Wilson	13	SS	1:19,20
8	Nicole Norman	13	TUKS	1:20,79

Event 53 Boys 13 Year Olds 100 LC Meter Obstacle POOL NIPPERS

SA REC 2022: 59,79 06 Apr 2006 Gideon du Toit

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

1	Marcelle Maree	13	KB	NT
2	Morgan Owen	13	ELS	NT
3	Jayden van Rooyen	13	KB	NT
4	Tristan Nel	13	MRN	NT
5	Hayden Thomas	13	KB	NT
6	Gal Bittencourt Marks	13	ROX	NT
7	Dominic Stegmann	13	ELS	NT
8	James Brice	13	KB	NT

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Heat 2 Finals (#53 Boys 13 Year Olds 100 LC Meter Obstacle POOL NIP)

1	Firaan Jones	13	SGLS	NT
2	Alex Sawyer	13	BBAY	1:42,71
3	Rocco Colonello	13	FHK	1:25,58
4	Tom Carter-Hutton	13	BBAY	1:24,48
5	Abraham Pienaar	13	FHK	1:24,54
6	Matthew Jibson	13	BBAY	1:38,94
7	Samuel Jibson	13	BBAY	1:43,14
8	Mikhaile Goliath	13	SGLS	NT

Heat 3 of 3 Finals

1	Sebastian Kastern	13	FHK	1:21,53
2	Hugo Taljaard	13	AMX	1:20,59
3	Noah Souter	13	CLF	1:17,59
4	Derick Kotze	13	BLM	1:10,11
5	Troy McWilliam	13	CLF	1:10,34
6	Michael van der Flaes	13	BBAY	1:18,53
7	Sebastian Steer	13	CLF	1:20,62
8	Michael Hodges	13	MLN	1:21,78

Event 54 Mixed 8-9 200 LC Meter 4 x 50m Obstacle Relay POOL NIPPE

SA REC 2022: 2:42,99 29 Mar 2019 Durban Surf

E Allen, C Ambrose, E Springate, N Taylor

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals

3	Summerstrand	E	NT
1) Jeff Larter M8	2) Ross Muller M8		
3) Luke Reeves M8	4) Jake Smith M8		
4	Kings Beach	C	NT
1) Jessica Hoflinger W9	2) Mayah Maketa W9		
3) Jude Theunissen M8	4) Leah van Rooyen W9		
5	Summerstrand	D	NT
1) Zoe Harding W8	2) Connor Louw M8		
3) Emma Pretorius W9	4) Racquelle Saporta W8		
6	Summerstrand	F	NT
1) Joshua Flanagan M8	2) Yama Loni W7		
3) Luke Schulze M9	4) Tayla Stottelaar W8		

Heat 2 of 2 Finals

1	Summerstrand	B	NT
1) Noah Rentzke M8	2) Joshua Richter M8		
3) Addison Shaw W8	4) Jamie White M8		
2	Fish Hoek	A	NT
1) Sarah Mocke W9	2) CJ Hutchinson M9		
3) Matthew Hudson M9	4) Caitlin Barnes W9		
3	Summerstrand	A	NT
1) Emma de Viliers W9	2) Miya de Villiers W9		
3) Hayley Holmes W9	4) Katherine Pappas W9		
4	Clifton	A	NT
1) Oliver Steer M8	2) Ahadi Magotsi M8		
3) Tariq Eskinazi M9	4) Rebecca Allderman W9		
5	Kings Beach	A	NT
1) Sha Eli Kannemeyer M9	2) Josh Parker M9		
3) Daniel Verdon M8	4) Jemma Windsor W9		
6	Harties	A	NT
1) Lienke Bester W8	2) Amieka Henning W9		
3) Petrus Jacobs M9	4) Samueul Steyn M8		
7	Kings Beach	B	NT
1) Lyra Harmse W9	2) Lyla Lesham W9		
3) Nathan van der Merwe M9	4) Keegan Shapiro M8		
8	Summerstrand	C	NT
1) Emma Darke W9	2) Sienna Louw W9		
3) Mark Rosser M9	4) Jana Serdyn W8		

Event 55 Mixed 10-11 200 LC Meter 4 x 50m Obstacle Relay POOL NIP

SA REC 2022: 2:20,52 04 Oct 2021 Summerstrand

D.Pappas, L.Dupper, PD Jacobs, JL Laderach

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals

1	Summerstrand	E	NT
1) Hannah Harding W11	2) Jordan Smith M10		
3) Rebecca Stottelaar W11	4) Sasha Stottelaar W11		
2	Summerstrand	C	NT
1) Benjamin Buitendag M11	2) Hannah Levey W10		
3) Oliver Robinson M10	4) Emme Wentzel W11		
3	Summerstrand	B	NT
1) Sophia Jansen W10	2) Christian Paxton M11		
3) Kaitlyn Richter W10	4) Sabella Serdyn W11		
4	Kings Beach	B	NT
1) Nathan Brown M11	2) Mia Diedericks W10		
3) Bellemae Mostert W10	4) Eden Whitaker M10		
5	Big Bay	B	NT
1) Ethan Curtis M10	2) Zackery Day M11		
3) Rourke Louw M10	4) Tyler-Rose Nel W10		
6	Kings Beach	C	NT
1) Charles Frost M11	2) Chulumanco Qusheka M10		
3) Carly Vencencie W10	4) Zoey Woods W10		
7	Summerstrand	D	NT
1) Ava Larter W10	2) Connor Miles M10		
3) Kyle Rosser M10	4) Rourke Saporta M10		

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Heat 2 Finals (#55 Mixed 10-11 200 LC Meter 4 x 50m Obstacle Relay I

1	Harties	A	NT
	1) Tshepahalo Pebane M10	2) Sulize Henning W11	
	3) Caitlin Rossiter W11	4) Lizelke Rowles W11	
2	Milnerton	A	NT
	1) Kyla Allott W11	2) Sadie Cupido W11	
	3) Jenna Gordon W11	4) CeeJay Miller M11	
3	Kings Beach	A	NT
	1) Oliver Hough M10	2) Kellan Jones M11	
	3) Levi Ludick M11	4) Bjo'rn Maree M10	
4	Seagulls	A	NT
	1) Rashaad Rajaal M11	2) Shonice Ingram W11	
	3) Rasheed Rajaal M11	4) Cole Muller M10	
5	Big Bay	A	NT
	1) Isabelle Brooker W10	2) Casey Bruwer W11	
	3) Callum Faulkner M10	4) Megan Waters W10	
6	Fish Hoek	A	NT
	1) Ben Harper M11	2) Katya Bova-Olsen W11	
	3) Miya Krog W11	4) Tristan Kastern M11	
7	Summerstrand	A	NT
	1) James Barber M11	2) Ethan Darke M11	
	3) Morgan Gous W10	4) Sienna Gous W11	
8	Harties	B	NT
	1) Wian Bester M10	2) Lune Fouche W10	
	3) Ivanke Jacobs W10	4) Tlotliso Rakubutu W10	

Event 56 Mixed 12-13 200 LC Meter 4 x 50m Obstacle Relay POOL NIP

SA REC 2022: 2:03,12 05 Oct 2021 Kings Beach

C.Brice, W.Ludick, C.Moynihan, B.Minderon

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Finals

3	Fish Hoek	B	NT
	1) Jack de Beer M12	2) Kezra van Heerden W12	
	3) Thomas Pienaar M12	4) Rocco Colonello M13	
4	Big Bay	B	NT
	1) Arabella Fox W12	2) Olethiwe Mqadi W12	
	3) Tom Carter-Hutton M13	4) Alex Sawyer M13	
5	Summerstrand	B	NT
	1) Daniela Marcus W12	2) Jesse-Leah Laderach W12	
	3) Meg Wentzel W13	4) Tayla Wilson W13	
6	Big Bay	C	NT
	1) Abigail Kirkland W12	2) Matthew Jibson M13	
	3) Samuel Jibson M13	4) Emma Glock W13	

Heat 2 of 3 Finals

1	Kings Beach	B	NT
	1) Aarifah Haffijee W13	2) Chloe Jewell W12	
	3) Marcelle Maree M13	4) Jessi Whitebooi W13	
2	Clifton	B	NT
	1) Madison Eskinazi W13	2) Hannah McClelland W13	
	3) Anna Allen W13		
3	Summerstrand	A	NT
	1) Leon Dupper M12	2) Madison Fourie W13	
	3) Daniel Pappas M12	4) Nicholas Pretorius M12	
4	Clifton	A	NT
	1) Joshua Huntingford M12	2) Noah Souter M13	
	3) Sebastian Steer M13	4) Troy McWilliam M13	
5	Kings Beach	A	NT
	1) Kendra Begley W13	2) Troy Biddulph M12	
	3) James Brice M13	4) Hayden Thomas M13	
6	East London	A	NT
	1) Taylor Emslie W12	2) Morgan Owen M13	
	3) Dominic Stegmann M13	4) Janey-Heather Wood W13	
7	Harties	B	NT
	1) Zoe Steyn W12	2) Lane Fouche W13	
	3) Lerato Molobye W13	4) Ruan Hotzhausen M12	
8	Seagulls	B	NT
	1) Mikhaile Goliath M13	2) Firaan Jones M13	
	3) Tauro Botha M12	4) Jenna Charles W12	

Heat 3 of 3 Finals

1	Harties	A	NT
	1) Lino Fouche M12	2) Leane Gouws W13	
	3) Maria dos Santos W13	4) Xanthe Nagel W13	
2	Seagulls	A	NT
	1) Isabelle Allison W13	2) Tyra Jenniker W13	
	3) Azarlia Jansen W13	4) Kealah Plaatjies W12	
3	Xtream	A	NT
	1) Carla Carolus W12	2) Zia Petersen W12	
	3) Margery Mokoena W10	4) Ammaarah Davids W12	
4	Fish Hoek	A	NT
	1) Riley Clarke M12	2) Sam Mocke M12	
	3) Abraham Pienaar M13	4) Sebastian Kastern M13	
5	Big Bay	A	NT
	1) Hannah Burke W12	2) Michael van der Flaes M13	
	3) Erin Burke W13	4) Jenna Loubser W13	
6	Rox	A	NT
	1) Gal Bittencourt Marks M13	2) Grace Coetzer W13	
	3) Maria King W12	4) Jaedyn Smith W13	
7	Milnerton	A	NT
	1) Andrew Ahmad M12	2) Jack Allott M12	
	3) Jemma Ascott W13	4) Michael Hodges M13	
8	Senathla	A	NT
	1) Callan MacIntyre M12	2) Grace Prince W12	
	3) Jesse Swanepoel M12	4) Nirvaan Bapoo M10	

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Meet Program

Event 57 Mixed 10-11 50 LC Meter 10m Ball Throw Relay POOL NIPPE

SA REC 2022: 38,63 20 Mar 2019 Harties Reflections

L Fouche, C Bothma, P Denysschen, L Rowles

Lane	Team	Relay	Seed Time
Heat 1 of 4 Finals			
1	Summerstrand	E	NT
	1) Hannah Harding W11	2) Ava Larter W10	
	3) Hannah Levey W10	4) Christian Paxton M11	
3	Kings Beach	C	NT
	1) Oliver Hough M10	2) Bjo'rn Maree M10	
	3) Levi Ludick M11	4) Eden Whitaker M10	
5	Summerstrand	C	NT
	1) Morgan Gous W10	2) Sienna Gous W11	
	3) Sophia Jansen W10	4) Kaitlyn Richter W10	
7	Summerstrand	D	NT
	1) Sabella Serdyn W11	2) Rebecca Stottelaar W11	
	3) Sasha Stottelaar W11	4) Emme Wentzel W11	
Heat 2 of 4 Finals			
1	Summerstrand	B	NT
	1) Oliver Robinson M10	2) Kyle Rosser M10	
	3) Rourke Saporta M10	4) Jordan Smith M10	
3	Kings Beach	B	NT
	1) Mia Diedericks W10	2) Bellemae Mostert W10	
	3) Carly Vencencie W10	4) Zoey Woods W10	
5	Big Bay	B	NT
	1) Ethan Curtis M10	2) Zackery Day M11	
	3) Rourke Louw M10	4) Tyler-Rose Nel W10	
7	Harties	B	NT
	1) Ivanke Jacobs W10	2) Joshua Steyn M10	
	3) Lizelke Rowles W11	4) Caitlin Rossiter W11	
Heat 3 of 4 Finals			
2	Fish Hoek	A	NT
	1) Bethany Harper W10	2) Ben Harper M11	
	3) Teagan Hudson W11	4) Tristan Kastern M11	
4	Kings Beach	A	NT
	1) Nathan Brown M11	2) Charles Frost M11	
	3) Kellan Jones M11	4) Chulumanco Qusheka M10	
6	Clifton	A	NT
	1) Bailey Thomson W10	2) Carys Bloom W11	
	3) Oliver Steer M8	4) Riziki Magotsi W11	
8	Summerstrand	A	NT
	1) James Barber M11	2) Benjamin Buitendag M11	
	3) Ethan Darke M11	4) Connor Miles M10	
Heat 4 of 4 Finals			
2	Milnerton	A	NT
	1) Kyla Allott W11	2) Sadie Cupido W11	
	3) Jenna Gordon W11	4) Ceejay Miller M11	
4	Big Bay	A	NT
	1) Isabelle Brooker W10	2) Casey Bruwer W11	
	3) Callum Faulkner M10	4) Megan Waters W10	
6	Seagulls	A	NT
	1) Rashaad Rajaal M11	2) Lunathi Plata M10	
	3) Rasheed Rajaal M11	4) Cole Muller M10	
8	Harties	A	NT
	1) Wian Bester M10	2) Tshpahalo Pebane M10	
	3) Tlotliso Rakubutu W10	4) Sulize Henning W11	

Event 58 Mixed 12-13 50 LC Meter 10m Ball Throw Relay POOL NIPPE

SA REC 2022: 30,88 29 Mar 2019 Boksborg Lifesaving Club

T Hughes, T Rademeyer, L Joubert, A Bornman

Lane	Team	Relay	Seed Time
Heat 1 of 5 Finals			
2	Big Bay	C	NT
	1) Abigail Kirkland W12	2) Olethiwe Mqadi W12	
	3) Samuel Jibson M13	4) Emma Glock W13	
4	Summerstrand	B	NT
	1) Madison Fourie W13	2) Jesse-Leah Laderach W12	
	3) Jaime Schweitzer W13	4) Meg Wentzel W13	
6	Fish Hoek	B	NT
	1) Kezra van Heerden W12	2) Riley Clarke M12	
	3) Ronin Watt M12	4) Sam Mocke M12	
8	Harties	B	NT
	1) Lane Fouche W13	2) Leane Gouws W13	
	3) Xanthe Nagel W13	4) Zoe Steyn W12	
Heat 2 of 5 Finals			
2	Kings Beach	B	NT
	1) Marcelle Maree M13	2) Samiya Vencencie W13	
	3) Jessi Whitebooi W13	4) Hayden Thomas M13	
4	Big Bay	B	NT
	1) Arabella Fox W12	2) Matthew Jibson M13	
	3) Alex Sawyer M13	4) Jenna Loubser W13	
6	Seagulls	B	NT
	1) Azarlia Jansen W13	2) Tauro Botha M12	
	3) Jenna Charles W12	4) Kealah Plaatjies W12	
8	Clifton	B	NT
	1) Madison Eskinazi W13	2) Hannah McClelland W13	
	3) Anna Allen W13		
Heat 3 of 5 Finals			
3	Big Bay	A	NT
	1) Hannah Burke W12	2) Tom Carter-Hutton M13	
	3) Michael van der Flaes M13	4) Erin Burke W13	
5	Clifton	A	NT
	1) Noah Souter M13	2) Troy McWilliam M13	
	3) Joshua Huntingford M12	4) Sebastian Steer M13	
7	Xtream	A	NT
	1) Carla Carolus W12	2) Ammaarah Davids W12	
	3) Margery Mokoena W10	4) Zia Petersen W12	
Heat 4 of 5 Finals			
1	Kings Beach	A	NT
	1) Kendra Begley W13	2) Troy Biddulph M12	
	3) James Brice M13	4) Jayden van Rooyen M13	
3	Senathla	A	NT
	1) Callan MacIntyre M12	2) Grace Prince W12	
	3) Jesse Swanepoel M12	4) Nirvaan Bapoo M10	
5	Summerstrand	A	NT
	1) Leon Dupper M12	2) Daniel Pappas M12	
	3) Nicholas Pretorius M12	4) Tayla Wilson W13	
7	Milnerton	A	NT
	1) Andrew Ahmad M12	2) Jack Allott M12	
	3) Jemma Ascott W13	4) Michael Hodges M13	

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Meet Program

Heat 5 Finals (#58 Mixed 12-13 50 LC Meter 10m Ball Throw Relay PO

2	Harties	A	NT
	1) Lino Fouche M12		2) Ruan Hotzhausen M12
	3) Maria dos Santos W13		4) Lerato Molobye W13
4	East London	A	NT
	1) Taylor Emslie W12		2) Morgan Owen M13
	3) Dominic Stegmann M13		4) Janey-Heather Wood W13
6	Seagulls	A	NT
	1) Isabelle Allison W13		2) Mikhaile Goliath M13
	3) Tyra Jenniker W13		4) Firaan Jones M13
8	Fish Hoek	A	NT
	1) Thomas Pienaar M12		2) Zach Gouws M12
	3) Rocco Colonello M13		4) Sebastian Kastern M13

Event 59 Girls 8 Year Olds 100 LC Meter Manikin with fins POOL NIPPI

SA REC 2022: 1:22,97 30 Apr 2015 Miche Johns

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
3	Jana Serdyn	8	SS	NT
4	Racquelle Saporta	8	SS	NT
5	Yama Loni	7	SS	NT
Heat 2 of 2 Finals				
1	Nazreen Allexander	8	SGLS	NT
2	Kenzi du Preez	8	KB	NT
3	Addison Shaw	8	SS	NT
4	Lienke Bester	8	HART	1:41,81
5	Anna Maria Silva	8	DS	2:07,53
6	Zoe Harding	8	SS	NT
7	Tayla Stottelaar	8	SS	NT

Event 60 Boys 8 Year Olds 100 LC Meter Manikin with fins POOL NIPPI

SA REC 2022: 1:19,19 30 Mar 2019 Nicholas Taylor

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals				
2	Noah Rentzke	8	SS	NT
3	Keegan Shapiro	8	KB	NT
4	Joshua Flanagan	8	SS	NT
5	Luke Reeves	8	SS	NT
6	Jude Theunissen	8	KB	NT
7	Ross Muller	8	SS	NT
Heat 2 of 3 Finals				
1	Jamie White	8	SS	NT
2	Kian Nel	8	SS	NT
3	Joshua Richter	8	SS	NT
4	Daniel Verdon	8	KB	NT
5	Ethan Egling	8	KB	NT
6	Connor Louw	8	SS	NT
7	Stefan Jewel	8	KB	NT
8	Jake Smith	8	SS	NT

Heat 3 of 3 Finals

1	Cheynne Mukototsi	8	SEN	1:57,47
2	Edwin Mokoena	8	XTRM	1:50,84
3	Juann Brits	8	AMX	1:43,79
4	Lincoln Swanepoel	8	SEN	1:34,84
5	Samueul Steyn	8	HART	1:43,44
6	Oliver Steer	8	CLF	1:50,08
7	Ahadi Magotsi	8	CLF	1:51,90
8	Jeff Larter	8	SS	2:15,54

Event 61 Girls 9 Year Olds 100 LC Meter Manikin with fins POOL NIPPI

SA REC 2022: 1:17,10 29 Apr 2016 Mari Nortje

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals				
3	Leah van Rooyen	9	KB	NT
4	Maya White	9	MLN	NT
5	Jessica Hoflinger	9	KB	NT
6	Sienna Louw	9	SS	NT
Heat 2 of 3 Finals				
1	Jemma Windsor	9	KB	NT
2	Lyla Lesham	9	KB	NT
3	Emma Pretorious	9	SS	1:50,69
4	Emma Darke	9	SS	1:49,23
5	Rebecca Alderman	9	CLF	1:49,31
6	Lyra Harmse	9	KB	NT
7	Mayah Maketa	9	KB	NT
8	Olivia Latimer	9	FHK	NT
Heat 3 of 3 Finals				
1	Hayley Holmes	9	SS	1:42,28
2	Miya de Villiers	9	SS	1:36,10
3	Emma de Viliers	9	SS	1:34,41
4	Amieka Henning	9	HART	1:30,52
5	Sarah Mocke	9	FHK	1:30,81
6	Caitlin Barnes	9	FHK	1:35,75
7	Jodi Marais	9	BBAY	1:39,75
8	Katherine Pappas	9	SS	1:46,86

Event 62 Boys 9 Year Olds 100 LC Meter Manikin with fins POOL NIPPI

SA REC 2022: 1:15,20 28 Apr 2017 Christiaan van Eeden

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
1	Mark Rosser	9	SS	NT
2	Zeek Brown	9	SGLS	NT
3	Nathan van der Merwe	9	KB	NT
4	Sha Eli Kannemeyer	9	KB	NT
5	Luke Schulze	9	SS	NT
6	Joshua Paxton	9	SS	NT
7	Josh Parker	9	KB	NT

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Heat 2 Finals (#62 Boys 9 Year Olds 100 LC Meter Manikin with fins PC)

1	Milan Edwards	9	DS	1:55,03
2	Dyla Froneman	9	BBAY	1:39,97
3	Matthew Hudson	9	FHK	1:37,40
4	CJ Hutchinson	9	FHK	1:27,86
5	Petrus Jacobs	9	HART	1:30,04
6	Jaydon Allott	9	MLN	1:39,44
7	Tariq Eskinazi	9	CLF	1:45,21
8	Hiram Robertson	9	SGLS	NT

Event 63 Girls 10 Year Olds 100 LC Meter Manikin with fins POOL NIP

SA REC 2022: 1:17,69 30 Apr 2015 Guilma Lausberg

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

3	Ashley Smith	10	ROX	NT
4	Bellemae Mostert	10	KB	NT
5	Carly Vencencie	10	KB	NT
6	Mia Diedericks	10	KB	NT

Heat 2 of 3 Finals

1	Zoey Woods	10	KB	NT
2	Margery Mokoena	10	XTRM	1:47,43
3	Ivanke Jacobs	10	HART	1:44,54
4	Ava Larter	10	SS	1:42,65
5	Hannah Levey	10	SS	1:42,65
6	Lune Fouche	10	HART	1:46,61
7	Tlotliso Rakubutu	10	HART	1:58,49
8	Sophia Jansen	10	SS	NT

Heat 3 of 3 Finals

1	Kate Cunningham	10	MLN	1:35,72
2	Tyler-Rose Nel	10	BBAY	1:34,28
3	Morgan Gous	10	SS	1:27,50
4	Bailey Thomson	10	CLF	1:07,16
5	Megan Waters	10	BBAY	1:27,12
6	Kaitlyn Richter	10	SS	1:33,98
7	Isabelle Brooker	10	BBAY	1:35,15
8	Bethany Harper	10	FHK	1:36,44

Event 64 Boys 10 Year Olds 100 LC Meter Manikin with fins POOL NIP

SA REC 2022: 1:17,78 30 Mar 2019 Luc Brand

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

3	Kyle Rosser	10	SS	NT
4	Oliver Robinson	10	SS	NT
5	Bjo'rn Maree	10	KB	NT

Heat 2 of 3 Finals

1	Chulumanco Qusheka	10	KB	NT
2	Lunathi Plata	10	SGLS	NT
3	Jordan Smith	10	SS	2:00,12
4	Joshua Steyn	10	HART	1:54,89
5	Wian Bester	10	HART	1:59,95
6	Oliver Hough	10	KB	NT
7	Eden Whitaker	10	KB	NT
8	Cole Muller	10	SGLS	NT

Heat 3 of 3 Finals

1	Connor Miles	10	SS	1:45,22
2	Callum Faulkner	10	BBAY	1:35,50
3	Ethan Curtis	10	BBAY	1:32,30
4	Rourke Louw	10	BBAY	1:26,68
5	Rourke Saporta	10	SS	1:30,54
6	Nirvaan Bapoo	10	SEN	1:32,90
7	Troy Shosbree	10	FHK	1:41,81
8	Tshephalo Pebane	10	HART	1:45,28

Event 65 Girls 11 Year Olds 100 LC Meter Manikin with fins POOL NIP

SA REC 2022: 1:09,59 26 Jan 2019 Trinity Magumura

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

3	Sasha Stottelaar	11	SS	NT
4	Hannah Harding	11	SS	NT
5	Shonice Ingram	11	SGLS	NT

Heat 2 of 3 Finals

1	Sadie Cupido	11	MLN	2:09,90
2	Jenna Gordon	11	MLN	1:56,09
3	Riziki Magotsi	11	CLF	1:40,51
4	Teagan Hudson	11	FHK	1:35,20
5	Emme Wentzel	11	SS	1:36,68
6	Sabella Serdyn	11	SS	1:50,10
7	Kyla Allott	11	MLN	2:02,39
8	Rebecca Stottelaar	11	SS	NT

Heat 3 of 3 Finals

1	Miya Krog	11	FHK	1:29,84
2	Lizelke Rowles	11	HART	1:26,74
3	Caitlin Rossiter	11	HART	1:22,82
4	Amy Hartung	11	BEL	1:19,28
5	Sulize Henning	11	HART	1:21,10
6	Katya Bova-Olsen	11	FHK	1:26,68
7	Casey Bruwer	11	BBAY	1:29,13
8	Carys Bloom	11	CLF	1:32,47

Event 66 Boys 11 Year Olds 100 LC Meter Manikin with fins POOL NIP

SA REC 2022: 1:08,03 28 Apr 2017 Elijah Dredge

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Kellan Jones	11	KB	NT
2	Rashaad Rajaal	11	SGLS	NT
3	Levi Ludick	11	KB	NT
4	Christian Paxton	11	SS	NT
5	Hayden Herbst	11	BBAY	NT
6	Kai Bittencourt Marks	11	ROX	NT
7	Rasheed Rajaal	11	SGLS	NT
8	Charles Frost	11	KB	NT

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Heat 2 Finals (#66 Boys 11 Year Olds 100 LC Meter Manikin with fins F

1	CeeJay Miller	11	MLN	2:05,60
2	Zackery Day	11	BBAY	1:46,59
3	Ethan Darke	11	SS	1:33,45
4	James Barber	11	SS	1:27,00
5	Tristan Kastern	11	FHK	1:29,96
6	Ben Harper	11	FHK	1:34,27
7	Benjamin Buitendag	11	SS	1:48,22
8	Nathan Brown	11	KB	NT

Event 67 Girls 12 Year Olds 100 LC Meter Manikin with fins POOL NIP!

SA REC 2022: 1:06,16 28 Apr 2017 Guilma Lausberg

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

2	Emma Souter	12	CLF	NT
3	Grace Holloway-Mulder	12	DS	NT
4	Chloe Jewell	12	KB	NT
5	Kealah Plaatjies	12	SGLS	NT
6	Maria King	12	ROX	NT

Heat 2 of 3 Finals

1	Jenna Charles	12	SGLS	NT
2	Abigail Kirkland	12	BBAY	1:39,89
3	Carla Carolus	12	XTRM	1:35,41
4	Zoe Steyn	12	HART	1:25,92
5	Olethiwe Mqadi	12	BBAY	1:28,23
6	Kezra van Heerden	12	FHK	1:37,91
7	Taylor Emslie	12	ELS	NT
8	Ammaarah Davids	12	XTRM	NT

Heat 3 of 3 Finals

1	Zia Petersen	12	XTRM	1:24,41
2	Hannah Burke	12	BBAY	1:21,34
3	Daniela Harcus	12	SS	1:19,71
4	Grace Prince	12	SEN	1:12,83
5	Larissa Visagie	12	BEL	1:18,53
6	Jesse-Leah Laderach	12	SS	1:20,00
7	Layla Nixon	12	BKS	1:22,31
8	Arabella Fox	12	BBAY	1:25,06

Event 68 Boys 12 Year Olds 100 LC Meter Manikin with fins POOL NIP!

SA REC 2022: 1:02,39 05 May 2018 Elijah Dredge

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

2	Troy Biddulph	12	KB	NT
3	Joshua Huntingford	12	CLF	NT
4	Ivan Swart	12	BBAY	1:49,59
5	Andrew Ahmad	12	MLN	NT
6	Tauro Botha	12	SGLS	NT
7	Ronin Watt	12	FHK	NT

Heat 2 of 3 Finals

1	Zach Gouws	12	FHK	1:36,40
2	Jesse Swanepoel	12	SEN	1:31,50
3	Callan MacIntyre	12	SEN	1:29,67
4	Liam Visage	12	BEL	1:22,56
5	Riley Clarke	12	FHK	1:23,56
6	Sam Mocke	12	FHK	1:30,24
7	Jack Allott	12	MLN	1:33,75
8	Thomas Pienaar	12	FHK	1:47,65

Heat 3 of 3 Finals

1	Nicholas Pretorius	12	SS	1:20,96
2	AJ Brits	12	AMX	1:20,78
3	Lino Fouche	12	HART	1:19,06
4	Daniel Pappas	12	SS	1:11,57
5	Ruan Hotzhausen	12	HART	1:18,26
6	Leon Dupper	12	SS	1:20,35
7	Luke Jones	12	BKS	1:20,80
8	Jack de Beer	12	FHK	1:22,03

Event 69 Girls 13 Year Olds 100 LC Meter Manikin with fins POOL NIP!

SA REC 2022: 1:03,69 05 Apr 2018 Guilma Lausberg

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

2	Isabelle Allison	13	SGLS	NT
3	Aarifah Haffijjee	13	KB	NT
4	Kendra Begley	13	KB	NT
5	Jaedyn Smith	13	ROX	NT
6	Tyra Jenniker	13	SGLS	NT
7	Rebecca Fury	13	CLF	NT

Heat 2 of 4 Finals

1	Jessi Whitebooi	13	KB	NT
2	Janey-Heather Wood	13	ELS	NT
3	Jacqui Brown	13	MRN	NT
4	Anna Allen	13	CLF	1:46,28
5	Grace Coetzer	13	ROX	NT
6	Azarlia Jansen	13	SGLS	NT
7	Samiya Vencencie	13	KB	NT
8	Emma Glock	13	BBAY	NT

Heat 3 of 4 Finals

1	Hannah McClelland	13	CLF	1:31,93
2	Jaime Schweitzer	13	SS	1:26,82
3	Maria dos Santos	13	HART	1:25,95
4	Tayla Wilson	13	SS	1:24,01
5	Madison Eskinazi	13	CLF	1:24,78
6	Jenna Loubser	13	BBAY	1:26,15
7	Meg Wentzel	13	SS	1:27,80
8	Jemma Ascott	13	MLN	1:43,72

Heat 4 of 4 Finals

1	Lerato Moloby	13	HART	1:20,59
2	Nicole Norman	13	TUKS	1:16,38
3	Rone Joubert	13	TUKS	1:14,82
4	Xanthe Nagel	13	HART	1:11,93
5	Madison Fourie	13	SS	1:12,04
6	Leane Gouws	13	HART	1:16,37
7	Lane Fouche	13	HART	1:16,58
8	Erin Burke	13	BBAY	1:21,82

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Event 70 Boys 13 Year Olds 100 LC Meter Manikin with fins POOL NIP!

SA REC 2022: 56,76 05 Oct 2021 Christiaan van Eeden

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

1	Mikhaile Goliath	13	SGLS	NT
2	Jayden van Rooyen	13	KB	NT
3	Morgan Owen	13	ELS	NT
4	Marcelle Maree	13	KB	NT
5	Tristan Nel	13	MRN	NT
6	Gal Bittencourt Marks	13	ROX	NT
7	Firaan Jones	13	SGLS	NT
8	Hayden Thomas	13	KB	NT

Heat 2 of 3 Finals

1	Dominic Stegmann	13	ELS	NT
2	Samuel Jibson	13	BBAY	1:36,20
3	Rocco Colonello	13	FHK	1:26,15
4	Sebastian Kastern	13	FHK	1:24,10
5	Tom Carter-Hutton	13	BBAY	1:25,75
6	Matthew Jibson	13	BBAY	1:31,03
7	Alex Sawyer	13	BBAY	1:43,21
8	James Brice	13	KB	NT

Heat 3 of 3 Finals

1	Michael van der Flaes	13	BBAY	1:22,60
2	Troy McWilliam	13	CLF	1:15,84
3	Noah Souter	13	CLF	1:14,62
4	Derick Kotze	13	BLM	1:05,29
5	Hugo Taljaard	13	AMX	1:12,07
6	Michael Hodges	13	MLN	1:15,38
7	Sebastian Steer	13	CLF	1:19,80
8	Abraham Pienaar	13	FHK	1:23,65

Event 71 Mixed 8-9 200 LC Meter 4 x 50 Medley Rescue Relay POOL NI

SA REC 2022: 2:31,39 30 Mar 2019 Durban Surf

E Allen, C Ambrose, E Springate, N Taylor

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals

3	Summerstrand	E	NT
1)	Luke Reeves M8	2) Jana Serdyn W8	
3)	Kian Nel M8	4) Joshua Paxton M9	
4	Kings Beach	C	NT
1)	Ethan Egling M8	2) Stefan Jewel M8	
3)	Mayah Maketa W9	4) Jude Theunissen M8	
5	Summerstrand	D	NT
1)	Emma Darke W9	2) Jeff Larter M8	
3)	Connor Louw M8	4) Ross Muller M8	
6	Summerstrand	F	NT
1)	Racquelle Saporta W8	2) Tayla Stottelaar W8	
3)	Joshua Flanagan M8	4) Zoe Harding W8	

Heat 2 of 2 Finals

1	Summerstrand	B	NT
1)	Mark Rosser M9	2) Addison Shaw W8	
3)	Hayley Holmes W9	4) Katherine Pappas W9	
2	Clifton	A	NT
1)	Oliver Steer M8	2) Ahadi Magotsi M8	
3)	Tariq Eskinazi M9	4) Rebecca Allderman W9	
3	Fish Hoek	A	NT
1)	Caitlin Barnes W9	2) CJ Hutchinson M9	
3)	Olivia Latimer W9	4) Sarah Mocke W9	
4	Harties	A	NT
1)	Lienke Bester W8	2) Amieka Henning W9	
3)	Petrus Jacobs M9	4) Samuel Steyn M8	
5	Kings Beach	A	NT
1)	Sha Eli Kannemeyer M9	2) Josh Parker M9	
3)	Daniel Verdon M8	4) Nathan van der Merwe M9	
6	Summerstrand	A	NT
1)	Noah Rentzke M8	2) Joshua Richter M8	
3)	Emma de Viliers W9	4) Miya de Villiers W9	
7	Kings Beach	B	NT
1)	Jessica Hoflinger W9	2) Lyla Lesham W9	
3)	Keegan Shapiro M8	4) Jemma Windsor W9	
8	Summerstrand	C	NT
1)	Jake Smith M8	2) Jamie White M8	
3)	Sienna Louw W9	4) Emma Pretorious W9	

Event 72 Mixed 10-11 200 LC Meter 4 x 50 Medley Rescue Relay POOL

SA REC 2022: 2:11,22 04 Oct 2021 Summerstrand

JL Laderach, L Dupper, PD Jacobs, D Pappas

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals

1	Summerstrand	E	NT
1)	Hannah Harding W11	2) Christian Paxton M11	
3)	Oliver Robinson M10	4) Jordan Smith M10	
2	Summerstrand	C	NT
1)	Benjamin Buitendag M11	2) Ava Larter W10	
3)	Hannah Levey W10	4) Sabella Serdyn W11	
3	Big Bay	B	NT
1)	Ethan Curtis M10	2) Zackery Day M11	
3)	Rourke Louw M10	4) Tyler-Rose Nel W10	
4	Summerstrand	B	NT
1)	Sophia Jansen W10	2) Connor Miles M10	
3)	Kaitlyn Richter W10	4) Rourke Saporta M10	
5	Kings Beach	B	NT
1)	Nathan Brown M11	2) Bellemae Mostert W10	
3)	Eden Whitaker M10	4) Zoey Woods W10	
6	Kings Beach	C	NT
1)	Mia Diedericks W10	2) Charles Frost M11	
3)	Chulumanco Qusheka M10	4) Carly Vencencie W10	
7	Summerstrand	D	NT
1)	Kyle Rosser M10	2) Rebecca Stottelaar W11	
3)	Sasha Stottelaar W11	4) Emme Wentzel W11	

LIFESAVING SOUTH AFRICA
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Meet Program

Heat 2 Finals (#72 Mixed 10-11 200 LC Meter 4 x 50 Medley Rescue Re

1	Kings Beach	A	NT
	1) Oliver Hough M10	2) Kellan Jones M11	
	3) Levi Ludick M11	4) Bjo'rn Maree M10	
2	Big Bay	A	NT
	1) Isabelle Brooker W10	2) Casey Bruwer W11	
	3) Callum Faulkner M10	4) Megan Waters W10	
3	Seagulls	A	NT
	1) Rashaad Rajaal M11	2) Shonice Ingram W11	
	3) Rasheed Rajaal M11	4) Cole Muller M10	
4	Summerstrand	A	NT
	1) James Barber M11	2) Ethan Darke M11	
	3) Morgan Gous W10	4) Sienna Gous W11	
5	Milnerton	A	NT
	1) Kyla Allott W11	2) Sadie Cupido W11	
	3) Jenna Gordon W11	4) CeeJay Miller M11	
6	Fish Hoek	A	NT
	1) Bethany Harper W10	2) Ben Harper M11	
	3) Katya Bova-Olsen W11	4) Tristan Kastern M11	
7	Harties	A	NT
	1) Tshpahalo Pebane M10	2) Sulize Henning W11	
	3) Caitlin Rossiter W11	4) Lizelke Rowles W11	
8	Harties	B	NT
	1) Wian Bester M10	2) Lune Fouche W10	
	3) Ivanke Jacobs W10	4) Joshua Steyn M10	

Event 73 Mixed 12-13 200 LC Meter 4 x 50 Medley Rescue Relay POOL

SA REC 2022: 1:57,22 05 Oct 2021 Harties Reflections

L.Fouche, N.Holtzhausen, C.van Eeden, X.Nagel

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Finals

3	Big Bay	C	NT
	1) Abigail Kirkland W12	2) Samuel Jibson M13	
	3) Matthew Jibson M13	4) Emma Glock W13	
4	Kings Beach	B	NT
	1) Hayden Thomas M13	2) Jayden van Rooyen M13	
	3) Jessi Whitebooi W13	4) Samiya Vencencie W13	
5	Seagulls	B	NT
	1) Tauro Botha M12	2) Jenna Charles W12	
	3) Mikhaile Goliath M13	4) Firaan Jones M13	

Heat 2 of 3 Finals

1	Harties	B	NT
	1) Maria dos Santos W13	2) Lino Fouche M12	
	3) Lerato Molobye W13	4) Zoe Steyn W12	
2	Fish Hoek	B	NT
	1) Jack de Beer M12	2) Kezra van Heerden W12	
	3) Zach Gouws M12	4) Abraham Pienaar M13	
3	East London	A	NT
	1) Taylor Emslie W12	2) Morgan Owen M13	
	3) Dominic Stegmann M13	4) Janey-Heather Wood W13	
4	Milnerton	A	NT
	1) Andrew Ahmad M12	2) Jack Allott M12	
	3) Jemma Ascott W13	4) Michael Hodges M13	
5	Fish Hoek	A	NT
	1) Riley Clarke M12	2) Sam Mocke M12	
	3) Rocco Colonello M13	4) Sebastian Kastern M13	
6	Clifton	B	NT
	1) Madison Eskinazi W13	2) Hannah McClelland W13	
	3) Anna Allen W13		
7	Big Bay	B	NT
	1) Arabella Fox W12	2) Olethiwe Mqadi W12	
	3) Tom Carter-Hutton M13	4) Alex Sawyer M13	
8	Summerstrand	B	NT
	1) Daniela Harcus W12	2) Jesse-Leah Laderach W12	
	3) Meg Wentzel W13	4) Tayla Wilson W13	

Heat 3 of 3 Finals

1	Xtream	A	NT
	1) Carla Carolus W12	2) Ammaarah Davids W12	
	3) Margery Mokoena W10	4) Zia Petersen W12	
2	Seagulls	A	NT
	1) Isabelle Allison W13	2) Tyra Jenniker W13	
	3) Azarlia Jansen W13	4) Kealah Plaatjies W12	
3	Clifton	A	NT
	1) Joshua Huntingford M12	2) Noah Souter M13	
	3) Sebastian Steer M13	4) Troy McWilliam M13	
4	Summerstrand	A	NT
	1) Leon Dupper M12	2) Madison Fourie W13	
	3) Daniel Pappas M12	4) Nicholas Pretorius M12	
5	Big Bay	A	NT
	1) Hannah Burke W12	2) Michael van der Flaes M13	
	3) Erin Burke W13	4) Jenna Loubser W13	
6	Harties	A	NT
	1) Ruan Hotzhausen M12	2) Lane Fouche W13	
	3) Leane Gouws W13	4) Xanthe Nagel W13	
7	Kings Beach	A	NT
	1) Kendra Begley W13	2) Troy Biddulph M12	
	3) Aarifah Haffijee W13	4) Chloe Jewell W12	
8	Senathla	A	NT
	1) Callan MacIntyre M12	2) Grace Prince W12	
	3) Jesse Swanepoel M12	4) Nirvaan Bapoo M10	

Event 74 Girls 12 Year Olds 100 LC Meter Super Nipper POOL NIPPERS

SA REC 2022: 1:20,48 05 Oct 2021 Ruth Dredge

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

3	Chloe Jewell	12	KB	NT
4	Kealah Plaatjies	12	SGLS	NT
5	Jenna Charles	12	SGLS	NT

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Meet Program

Heat 2 Finals (#74 Girls 12 Year Olds 100 LC Meter Super Nipper POOL)

1	Maria King	12	ROX	NT
2	Taylor Emslie	12	ELS	NT
3	Emma Souter	12	CLF	2:01,47
4	Arabella Fox	12	BBAY	1:49,59
5	Abigail Kirkland	12	BBAY	1:56,26
6	Kezra van Heerden	12	FHK	NT
7	Holleway Mulder	12	DS	NT
8	Ammaarah Davids	12	XTRM	NT

Heat 3 of 3 Finals

1	Layla Nixon	12	BKS	1:39,17
2	Zoe Steyn	12	HART	1:34,87
3	Jesse-Leah Laderach	12	SS	1:32,00
4	Grace Prince	12	SEN	1:25,47
5	Daniela Harcus	12	SS	1:30,00
6	Hannah Burke	12	BBAY	1:33,80
7	Larissa Visagie	12	BEL	1:37,96
8	Olethiwe Mqadi	12	BBAY	1:48,40

Event 75 Boys 12 Year Olds 100 LC Meter Super Nipper POOL NIPPERSSA REC 2022: 1:19,65 05 May 2018 **Antonie Pieterse**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

2	Troy Biddulph	12	KB	NT
3	Ronin Watt	12	FHK	NT
4	Andrew Ahmad	12	MLN	NT
5	Joshua Huntingford	12	CLF	NT
6	Tauro Botha	12	SGLS	NT
7	Ivan Swart	12	BBAY	NT

Heat 2 of 3 Finals

1	Jack Allott	12	MLN	2:09,02
2	Thomas Pienaar	12	FHK	1:58,12
3	Riley Clarke	12	FHK	1:48,46
4	Callan MacIntyre	12	SEN	1:45,56
5	Liam Visage	12	BEL	1:48,26
6	Jesse Swanepoel	12	SEN	1:50,13
7	Luke Jones	12	BKS	2:02,97
8	Zach Gouws	12	FHK	2:13,20

Heat 3 of 3 Finals

1	AJ Brits	12	AMX	1:44,61
2	Jack de Beer	12	FHK	1:42,02
3	Nicholas Pretorius	12	SS	1:26,00
4	Leon Dupper	12	SS	1:25,00
5	Daniel Pappas	12	SS	1:25,00
6	Ruan Hotzhausen	12	HART	1:36,38
7	Sam Mocke	12	FHK	1:43,69
8	Lino Fouche	12	HART	1:45,29

Event 76 Girls 13 Year Olds 100 LC Meter Super Nipper POOL NIPPERSSA REC 2022: 1:19,12 05 Oct 2021 **Nika Maartens**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

2	Rebecca Fury	13	CLF	NT
3	Tyra Jenniker	13	SGLS	NT
4	Janey-Heather Wood	13	ELS	NT
5	Jaedyn Smith	13	ROX	NT
6	Emma Glock	13	BBAY	NT
7	Grace Coetzer	13	ROX	NT

Heat 2 of 4 Finals

1	Jacqui Brown	13	MRN	NT
2	Isabelle Allison	13	SGLS	NT
3	Samiya Vencencie	13	KB	NT
4	Aarifah Haffijee	13	KB	NT
5	Jessi Whitebooi	13	KB	NT
6	Azarlia Jansen	13	SGLS	NT
7	Anna Allen	13	CLF	NT
8	Kendra Begley	13	KB	NT

Heat 3 of 4 Finals

1	Hannah McClelland	13	CLF	1:58,53
2	Jaime Schweitzer	13	SS	1:52,10
3	Maria dos Santos	13	HART	1:44,26
4	Tayla Wilson	13	SS	1:37,63
5	Jenna Loubser	13	BBAY	1:41,02
6	Madison Eskinazi	13	CLF	1:46,20
7	Meg Wentzel	13	SS	1:52,15
8	Jemma Ascott	13	MLN	2:09,02

Heat 4 of 4 Finals

1	Lane Fouche	13	HART	1:34,60
2	Nicole Norman	13	TUKS	1:33,72
3	Xanthe Nagel	13	HART	1:28,87
4	Rone Joubert	13	TUKS	1:24,18
5	Madison Fourie	13	SS	1:28,75
6	Lerato Molobye	13	HART	1:32,72
7	Erin Burke	13	BBAY	1:33,91
8	Leane Gouws	13	HART	1:34,68

Event 77 Boys 13 Year Olds 100 LC Meter Super Nipper POOL NIPPERSSA REC 2022: 1:09,77 05 Oct 2021 **Christiaan van Eeden**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

1	James Brice	13	KB	NT
2	Firaan Jones	13	SGLS	NT
3	Gal Bittencourt Marks	13	ROX	NT
4	Jayden van Rooyen	13	KB	NT
5	Hayden Thomas	13	KB	NT
6	Tristan Nel	13	MRN	NT
7	Dominic Stegmann	13	ELS	NT
8	Marcelle Maree	13	KB	NT

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Heat 2 Finals (#77 Boys 13 Year Olds 100 LC Meter Super Nipper POOL)

1	Mikhaile Goliath	13	SGLS	NT
2	Alex Sawyer	13	BBAY	2:05,18
3	Rocco Colonello	13	FHK	1:48,95
4	Tom Carter-Hutton	13	BBAY	1:42,44
5	Abraham Pienaar	13	FHK	1:43,21
6	Matthew Jibson	13	BBAY	1:54,50
7	Samuel Jibson	13	BBAY	2:08,00
8	Morgan Owen	13	ELS	NT

Heat 3 of 3 Finals

1	Michael van der Flaes	13	BBAY	1:36,50
2	Troy McWilliam	13	CLF	1:34,91
3	Hugo Taljaard	13	AMX	1:30,15
4	Derick Kotze	13	BLM	1:17,48
5	Noah Souter	13	CLF	1:24,32
6	Michael Hodges	13	MLN	1:30,29
7	Sebastian Steer	13	CLF	1:35,50
8	Sebastian Kastern	13	FHK	1:41,03

Event 78 Mixed 8-9 200 LC Meter 4x50 Pool Lifesaver Relay POOL NIP

SA REC 2022: 3:13,37 30 Mar 2019 Durban Surf

E Allen, C Ambrose, N Taylor, E Springate

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals

3	Summerstrand	E	NT
1)	Luke Reeves M8	2)	Jana Serdyn W8
3)	Yama Loni W7	4)	Joshua Paxton M9
4	Summerstrand	C	NT
1)	Jake Smith M8	2)	Jamie White M8
3)	Sienna Louw W9	4)	Emma Pretorious W9
5	Summerstrand	D	NT
1)	Emma Darke W9	2)	Jeff Larter M8
3)	Connor Louw M8	4)	Ross Muller M8
6	Summerstrand	F	NT
1)	Racquelle Saporta W8	2)	Tayla Stottelaar W8
3)	Joshua Flanagan M8	4)	Zoe Harding W8

Heat 2 of 2 Finals

1	Summerstrand	B	NT
1)	Mark Rosser M9	2)	Addison Shaw W8
3)	Hayley Holmes W9	4)	Katherine Pappas W9
2	Harties	A	NT
1)	Lienke Bester W8	2)	Amieka Henning W9
3)	Petrus Jacobs M9	4)	Samueul Steyn M8
3	Summerstrand	A	NT
1)	Noah Rentzke M8	2)	Joshua Richter M8
3)	Emma de Viliers W9	4)	Miya de Villiers W9
4	Clifton	A	NT
1)	Oliver Steer M8	2)	Ahadi Magotsi M8
3)	Tariq Eskinazi M9	4)	Rebecca Allderman W9
5	Fish Hoek	A	NT
1)	Caitlin Barnes W9	2)	CJ Hutchinson M9
3)	Olivia Latimer W9	4)	Sarah Mocke W9
6	Kings Beach	A	NT
1)	Sha Eli Kannemeyer M9	2)	Josh Parker M9
3)	Daniel Verdon M8	4)	Nathan van der Merwe M9
7	Kings Beach	B	NT
1)	Jessica Hoflinger W9	2)	Lyla Lesham W9
3)	Keegan Shapiro M8	4)	Jemma Windsor W9
8	Kings Beach	C	NT
1)	Ethan Egling M8	2)	Lyra Harmse W9
3)	Jude Theunissen M8	4)	Leah van Rooyen W9

Event 79 Mixed 10-11 200 LC Meter 4x50 Pool Lifesaver Relay POOL N

SA REC 2022: 2:47,76 04 Oct 2021 Harties Reflections

L.Fouche, N.Hartman, R.Holtzhausen, Z.Steyn

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals

1	Summerstrand	E	NT
1)	Hannah Harding W11	2)	Christian Paxton M11
3)	Oliver Robinson M10	4)	Kyle Rosser M10
2	Summerstrand	C	NT
1)	Benjamin Buitendag M11	2)	Ethan Darke M11
3)	Connor Miles M10	4)	Jordan Smith M10
3	Summerstrand	B	NT
1)	Sophia Jansen W10	2)	Hannah Levey W10
3)	Kaitlyn Richter W10	4)	Sabella Serdyn W11
4	Harties	B	NT
1)	Wian Bester M10	2)	Lune Fouche W10
3)	Ivanke Jacobs W10	4)	Joshua Steyn M10
5	Big Bay	B	NT
1)	Ethan Curtis M10	2)	Zackery Day M11
3)	Rourke Louw M10	4)	Tyler-Rose Nel W10
6	Kings Beach	C	NT
1)	Mia Diedericks W10	2)	Charles Frost M11
3)	Chulumanco Qusheka M10	4)	Bellemae Mostert W10
7	Summerstrand	D	NT
1)	Rebecca Stottelaar W11	2)	Sasha Stottelaar W11
3)	Ava Larter W10	4)	Emme Wentzel W11

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Heat 2 Finals (#79 Mixed 10-11 200 LC Meter 4x50 Pool Lifesaver Relays)

1	Milnerton	A	NT
	1) Kyla Allott W11	2) Sadie Cupido W11	
	3) Jenna Gordon W11	4) CeeJay Miller M11	
2	Big Bay	A	NT
	1) Isabelle Brooker W10	2) Casey Bruwer W11	
	3) Callum Faulkner M10	4) Megan Waters W10	
3	Fish Hoek	A	NT
	1) Ben Harper M11	2) Katya Bova-Olsen W11	
	3) Tristan Kastern M11	4) Teagan Hudson W11	
4	Seagulls	A	NT
	1) Shonice Ingram W11	2) Cole Muller M10	
	3) Rashaad Rajaal M11	4) Rasheed Rajaal M11	
5	Summerstrand	A	NT
	1) James Barber M11	2) Morgan Gous W10	
	3) Sienna Gous W11	4) Rourke Saporta M10	
6	Harties	A	NT
	1) Tshepahalo Pebane M10	2) Lizelke Rowles W11	
	3) Sulize Henning W11	4) Caitlin Rossiter W11	
7	Kings Beach	A	NT
	1) Oliver Hough M10	2) Kellan Jones M11	
	3) Bjo'rn Maree M10	4) Eden Whitaker M10	
8	Kings Beach	B	NT
	1) Nathan Brown M11	2) Levi Ludick M11	
	3) Carly Vencencie W10	4) Zoey Woods W10	

Event 80 Mixed 12-13 200 LC Meter 4X50 Pool Lifesavers Relay POOL

SA REC 2022: 2:16,92 05 Oct 2021 Kings Beach

C.Brice, W.Ludick, J.Brice, B.Minderson

Lane	Team	Relay	Seed Time
Heat 1 of 3 Finals			
3	Big Bay	C	NT
	1) Emma Glock W13	2) Matthew Jibson M13	
	3) Samuel Jibson M13	4) Abigail Kirkland W12	
4	Summerstrand	B	NT
	1) Daniela Harcus W12	2) Jesse-Leah Laderach W12	
	3) Jaime Schweitzer W13	4) Tayla Wilson W13	
5	Seagulls	B	NT
	1) Mikhaile Goliath M13	2) Tauro Botha M12	
	3) Jenna Charles W12	4) Firaan Jones M13	

Heat 2 of 3 Finals

1	Harties	B	NT
	1) Maria dos Santos W13	2) Lino Fouche M12	
	3) Lerato Molobye W13	4) Zoe Steyn W12	
2	Kings Beach	B	NT
	1) Aarifah Haffijee W13	2) Chloe Jewell W12	
	3) Hayden Thomas M13	4) Jayden van Rooyen M13	
3	Xtream	A	NT
	1) Carla Carolus W12	2) Ammaarah Davids W12	
	3) Margery Mokoena W10	4) Zia Petersen W12	
4	Summerstrand	A	NT
	1) Leon Dupper M12	2) Madison Fourie W13	
	3) Daniel Pappas M12	4) Nicholas Pretorius M12	
5	Big Bay	A	NT
	1) Erin Burke W13	2) Hannah Burke W12	
	3) Jenna Loubser W13	4) Michael van der Flaes M13	
6	Clifton	B	NT
	1) Emma Souter W12	2) Madison Eskinazi W13	
	3) Rebecca Fury W13		
7	Big Bay	B	NT
	1) Arabella Fox W12	2) Tom Carter-Hutton M13	
	3) Olethiwe Mqadi W12	4) Alex Sawyer M13	

Heat 3 of 3 Finals

1	Senathla	A	NT
	1) Callan MacIntyre M12	2) Grace Prince W12	
	3) Jesse Swanepoel M12	4) Nirvaan Bapoo M10	
2	Harties	A	NT
	1) Lane Fouche W13	2) Leane Gouws W13	
	3) Ruan Hotzhausen M12	4) Xanthe Nagel W13	
3	Kings Beach	A	NT
	1) Kendra Begley W13	2) Troy Biddulph M12	
	3) James Brice M13	4) Jessi Whitebooi W13	
4	Milnerton	A	NT
	1) Andrew Ahmad M12	2) Jack Allott M12	
	3) Jemma Ascott W13	4) Michael Hodges M13	
5	Clifton	A	NT
	1) Joshua Huntingford M12	2) Noah Souter M13	
	3) Sebastian Steer M13	4) Troy McWilliam M13	
6	Seagulls	A	NT
	1) Isabelle Allison W13	2) Tyra Jenniker W13	
	3) Azarlia Jansen W13	4) Kealah Plaatjies W12	
7	East London	A	NT
	1) Taylor Emslie W12	2) Morgan Owen M13	
	3) Dominic Stegmann M13	4) Janey-Heather Wood W13	
8	Fish Hoek	A	NT
	1) Kezra van Heerden W12	2) Abraham Pienaar M13	
	3) Rocco Colonello M13	4) Sebastian Kastern M13	

Event 81 Girls 8 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2022: 51,98 30 Apr 2016 Lauren Bates

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
3	Zoe Harding	8	SS	NT
4	Addison Shaw	8	SS	NT
5	Yama Loni	7	SS	NT

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Heat 2 Finals (#81 Girls 8 Year Olds 50 LC Meter Manikin Carry POOL 1

1	Tayla Stottelaar	8	SS	NT
2	Jana Serdyn	8	SS	NT
3	Racquelle Saporta	8	SS	1:25,93
4	Anna Maria Silva	8	DS	1:08,72
5	Lienke Bester	8	HART	1:09,96
6	Kenzi du Preez	8	KB	NT
7	Nazreen Allexander	8	SGLS	NT

Event 82 Boys 8 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2022: 54,60 30 Apr 2016 Aiden Nel

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

2	Luke Reeves	8	SS	NT
3	Jude Theunissen	8	KB	NT
4	Noah Rentzke	8	SS	NT
5	Kian Nel	8	SS	NT
6	Joshua Flanagan	8	SS	NT
7	Ross Muller	8	SS	NT

Heat 2 of 3 Finals

1	Keegan Shapiro	8	KB	NT
2	Connor Louw	8	SS	NT
3	Stefan Jewel	8	KB	NT
4	Cheyne Mukototsi	8	SEN	1:40,40
5	Ethan Egling	8	KB	NT
6	Daniel Verdon	8	KB	NT
7	Jake Smith	8	SS	NT
8	Joshua Richter	8	SS	NT

Heat 3 of 3 Finals

1	Jeff Larter	8	SS	1:23,21
2	Samueul Steyn	8	HART	1:20,31
3	Oliver Steer	8	CLF	1:12,19
4	Ahadi Magotsi	8	CLF	1:01,03
5	Lincoln Swanepoel	8	SEN	1:09,46
6	Jamie White	8	SS	1:16,96
7	Edwin Mokoena	8	XTRM	1:22,15
8	Juann Brits	8	AMX	1:26,19

Event 83 Girls 9 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2022: 46,93 01 May 2015 Luchelle Oosthuizen

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

3	Leah van Rooyen	9	KB	NT
4	Lyla Lesham	9	KB	NT
5	Mayah Maketa	9	KB	NT
6	Olivia Latimer	9	FHK	NT

Heat 2 of 3 Finals

1	Lyra Harmse	9	KB	NT
2	Jemma Windsor	9	KB	NT
3	Emma Darke	9	SS	1:15,36
4	Katherine Pappas	9	SS	1:07,61
5	Maya White	9	MLN	1:14,16
6	Emma Pretorious	9	SS	1:17,66
7	Sienna Louw	9	SS	NT
8	Jessica Hoflinger	9	KB	NT

Heat 3 of 3 Finals

1	Hayley Holmes	9	SS	1:04,86
2	Emma de Viliers	9	SS	1:01,63
3	Miya de Villiers	9	SS	59,78
4	Amieka Henning	9	HART	57,02
5	Sarah Mocke	9	FHK	58,22
6	Rebecca Alderman	9	CLF	1:00,94
7	Jodi Marais	9	BBAY	1:04,47
8	Caitlin Barnes	9	FHK	1:07,23

Event 84 Boys 9 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2022: 50,29 27 Apr 2012 Seyuren Perumal

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Nathan van der Merwe	9	KB	NT
2	Joshua Paxton	9	SS	NT
3	Zeek Brown	9	SGLS	NT
4	Luke Schulze	9	SS	NT
5	Sha Eli Kannemeyer	9	KB	NT
6	Mark Rosser	9	SS	NT
7	Hiram Robertson	9	SGLS	NT

Heat 2 of 2 Finals

1	Milan Edwards	9	DS	1:19,15
2	Dyla Froneman	9	BBAY	1:16,69
3	Matthew Hudson	9	FHK	1:03,93
4	CJ Hutchinson	9	FHK	59,43
5	Petrus Jacobs	9	HART	59,50
6	Jaydon Allott	9	MLN	1:14,74
7	Tariq Eskinazi	9	CLF	1:17,40
8	Josh Parker	9	KB	NT

Event 85 Girls 10 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2022: 45,53 06 Apr 2018 Trinity Magamura

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

3	Bellemae Mostert	10	KB	NT
4	Zoey Woods	10	KB	NT
5	Sophia Jansen	10	SS	NT
6	Mia Diedericks	10	KB	NT

Heat 2 of 3 Finals

1	Carly Vencencie	10	KB	NT
2	Ivanke Jacobs	10	HART	1:12,12
3	Ava Larter	10	SS	1:06,99
4	Tyler-Rose Nel	10	BBAY	1:04,23
5	Kaitlyn Richter	10	SS	1:05,00
6	Tlotliso Rakubutu	10	HART	1:10,45
7	Bailey Thomson	10	CLF	1:12,63
8	Ashley Smith	10	ROX	NT

LIFESAVING SOUTH AFRICA
DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022
Meet Program

Heat 3 Finals (#85 Girls 10 Year Olds 50 LC Meter Manikin Carry POOL)

1	Hannah Levey	10	SS	1:02,00
2	Margery Mokoena	10	XTRM	58,87
3	Lune Fouche	10	HART	58,48
4	Morgan Gous	10	SS	53,41
5	Kate Cunningham	10	MLN	58,03
6	Megan Waters	10	BBAY	58,59
7	Isabelle Brooker	10	BBAY	59,47
8	Bethany Harper	10	FHK	1:02,06

Event 86 Boys 10 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2022: 47,39 30 Apr 2016 Elijah Dredge

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

3	Oliver Robinson	10	SS	NT
4	Cole Muller	10	SGLS	NT
5	Kyle Rosser	10	SS	NT

Heat 2 of 3 Finals

1	Eden Whitaker	10	KB	NT
2	Chulumanco Qusheka	10	KB	NT
3	Oliver Hough	10	KB	NT
4	Wian Bester	10	HART	1:27,10
5	Joshua Steyn	10	HART	1:27,62
6	Connor Miles	10	SS	NT
7	Bjo'rn Maree	10	KB	NT
8	Lunathi Plata	10	SGLS	NT

Heat 3 of 3 Finals

1	Jordan Smith	10	SS	1:13,47
2	Ethan Curtis	10	BBAY	1:08,32
3	Troy Shosbree	10	FHK	1:01,75
4	Nirvaan Bapoo	10	SEN	57,38
5	Callum Faulkner	10	BBAY	58,59
6	Rourke Louw	10	BBAY	1:06,15
7	Tshepahalalo Pebane	10	HART	1:09,69
8	Rourke Saporta	10	SS	1:19,13

Event 87 Girls 11 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2022: 40,72 30 Apr 2016 Cloe Le Roux

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

3	Sasha Stottelaar	11	SS	NT
4	Rebecca Stottelaar	11	SS	NT
5	Shonice Ingram	11	SGLS	NT

Heat 2 of 3 Finals

1	Kyla Allott	11	MLN	1:14,62
2	Jenna Gordon	11	MLN	1:06,22
3	Miya Krog	11	FHK	1:01,78
4	Sabella Serdyn	11	SS	59,31
5	Sadie Cupido	11	MLN	1:00,87
6	Emme Wentzel	11	SS	1:03,00
7	Teagan Hudson	11	FHK	1:08,09
8	Hannah Harding	11	SS	NT

Heat 3 of 3 Finals

1	Caitlin Rossiter	11	HART	56,61
2	Casey Bruwer	11	BBAY	52,14
3	Sulize Henning	11	HART	49,58
4	Amy Hartung	11	BEL	45,25
5	Riziki Magotsi	11	CLF	48,51
6	Katya Bova-Olsen	11	FHK	52,14
7	Lizelke Rowles	11	HART	54,77
8	Carys Bloom	11	CLF	58,34

Event 88 Boys 11 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2022: 38,71 29 Apr 2017 Elijah Dredge

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Hayden Herbst	11	BBAY	NT
2	Christian Paxton	11	SS	NT
3	Nathan Brown	11	KB	NT
4	Rasheed Rajaal	11	SGLS	NT
5	Kai Bittencourt Marks	11	ROX	NT
6	Charles Frost	11	KB	NT
7	Kellan Jones	11	KB	NT
8	Rashaad Rajaal	11	SGLS	NT

Heat 2 of 2 Finals

1	Benjamin Buitendag	11	SS	1:11,70
2	Ethan Darke	11	SS	1:04,98
3	James Barber	11	SS	56,98
4	Ben Harper	11	FHK	50,82
5	Ceejay Miller	11	MLN	56,22
6	Tristan Kastern	11	FHK	1:00,74
7	Zackery Day	11	BBAY	1:08,04
8	Levi Ludick	11	KB	NT

Event 89 Girls 12 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2022: 37,12 29 Apr 2017 Guilma Lausberg

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

2	Taylor Emslie	12	ELS	NT
3	Jenna Charles	12	SGLS	NT
4	Kealah Plaatjies	12	SGLS	NT
5	Maria King	12	ROX	NT
6	Grace Holloway-Mulder	12	DS	NT

Heat 2 of 3 Finals

1	Ammaarah Davids	12	XTRM	NT
2	Arabella Fox	12	BBAY	1:01,10
3	Emma Souter	12	CLF	58,15
4	Jesse-Leah Laderach	12	SS	52,75
5	Zoe Steyn	12	HART	53,44
6	Abigail Kirkland	12	BBAY	58,38
7	Carla Carolus	12	XTRM	1:02,43
8	Chloe Jewell	12	KB	NT

LIFESAVING SOUTH AFRICA
DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022
Meet Program

Heat 3 Finals (#89 Girls 12 Year Olds 50 LC Meter Manikin Carry POOL)

1	Layla Nixon	12	BKS	51,92
2	Kezra van Heerden	12	FHK	49,65
3	Hannah Burke	12	BBAY	45,33
4	Grace Prince	12	SEN	43,86
5	Larissa Visagie	12	BEL	44,31
6	Zia Petersen	12	XTRM	46,48
7	Daniela Marcus	12	SS	51,28
8	Olethiwe Mqadi	12	BBAY	52,06

Event 90 Boys 12 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2022: 35,21 05 May 2018 Elijah Dredge

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

2	Ronin Watt	12	FHK	NT
3	Andrew Ahmad	12	MLN	NT
4	Zach Gouws	12	FHK	1:07,59
5	Tauro Botha	12	SGLS	NT
6	Joshua Huntingford	12	CLF	NT
7	Troy Biddulph	12	KB	NT

Heat 2 of 3 Finals

1	Thomas Pienaar	12	FHK	1:02,06
2	Jack Allott	12	MLN	52,84
3	Sam Mocke	12	FHK	52,19
4	Luke Jones	12	BKS	50,87
5	Jack de Beer	12	FHK	51,06
6	Nicholas Pretorius	12	SS	52,74
7	Callan MacIntyre	12	SEN	53,33
8	Ivan Swart	12	BBAY	1:03,40

Heat 3 of 3 Finals

1	Lino Fouche	12	HART	49,59
2	Ruan Hotzhausen	12	HART	48,05
3	Riley Clarke	12	FHK	45,47
4	AJ Brits	12	AMX	43,37
5	Daniel Pappas	12	SS	43,72
6	Liam Visage	12	BEL	47,77
7	Jesse Swanepoel	12	SEN	48,39
8	Leon Dupper	12	SS	50,36

Event 91 Girls 13 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2022: 36,71 05 May 2018 Guilma Lausberg

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

2	Samiya Vencencie	13	KB	NT
3	Aarifah Haffijee	13	KB	NT
4	Tyra Jenniker	13	SGLS	NT
5	Jacqui Brown	13	MRN	NT
6	Azarlia Jansen	13	SGLS	NT
7	Janey-Heather Wood	13	ELS	NT

Heat 2 of 4 Finals

1	Grace Coetzer	13	ROX	NT
2	Anna Allen	13	CLF	NT
3	Jessi Whitebooi	13	KB	NT
4	Emma Glock	13	BBAY	NT
5	Kendra Begley	13	KB	NT
6	Jaedyn Smith	13	ROX	NT
7	Rebecca Fury	13	CLF	NT
8	Isabelle Allison	13	SGLS	NT

Heat 3 of 4 Finals

1	Meg Wentzel	13	SS	1:06,92
2	Maria dos Santos	13	HART	54,62
3	Lane Fouche	13	HART	54,14
4	Jenna Loubser	13	BBAY	51,38
5	Hannah McClelland	13	CLF	53,50
6	Lerato Molobye	13	HART	54,30
7	Jaime Schweitzer	13	SS	59,13
8	Jemma Ascott	13	MLN	1:07,96

Heat 4 of 4 Finals

1	Tayla Wilson	13	SS	48,47
2	Erin Burke	13	BBAY	46,38
3	Madison Fourie	13	SS	43,76
4	Rone Joubert	13	TUKS	42,93
5	Xanthe Nagel	13	HART	43,75
6	Nicole Norman	13	TUKS	44,80
7	Leane Gouws	13	HART	47,66
8	Madison Eskinazi	13	CLF	50,78

Event 92 Boys 13 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2022: 32,96 29 Apr 2017 Dieter Roux

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

1	Tristan Nel	13	MRN	NT
2	Firaan Jones	13	SGLS	NT
3	Jayden van Rooyen	13	KB	NT
4	Gal Bittencourt Marks	13	ROX	NT
5	James Brice	13	KB	NT
6	Marcelle Maree	13	KB	NT
7	Mikhaile Goliath	13	SGLS	NT
8	Dominic Stegmann	13	ELS	NT

Heat 2 of 3 Finals

1	Hayden Thomas	13	KB	NT
2	Matthew Jibson	13	BBAY	1:03,97
3	Hugo Taljaard	13	AMX	53,91
4	Rocco Colonello	13	FHK	52,72
5	Tom Carter-Hutton	13	BBAY	52,92
6	Alex Sawyer	13	BBAY	59,13
7	Samuel Jibson	13	BBAY	1:07,10
8	Morgan Owen	13	ELS	NT

LIFESAVING SOUTH AFRICA
DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022
Meet Program

Heat 3 Finals (#92 Boys 13 Year Olds 50 LC Meter Manikin Carry POOL)

1	Abraham Pienaar	13	FHK	45,62
2	Michael van der Flaes	13	BBAY	44,44
3	Michael Hodges	13	MLN	41,81
4	Derick Kotze	13	BLM	39,89
5	Troy McWilliam	13	CLF	41,72
6	Noah Souter	13	CLF	43,16
7	Sebastian Steer	13	CLF	44,75
8	Sebastian Kastern	13	FHK	46,56

Event 93 Mixed 8-9 200 LC Meter 4 x 25 Manikin Relay POOL NIPPERS

SA REC 2022: 1:50,87 30 Mar 2019 Durban Surf

E Allen, C Ambrose, E Springate, N Taylor

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals

3	Summerstrand	E	NT
	1) Jake Smith M8	2) Joshua Flanagan M8	
	3) Zoe Harding W8	4) Kian Nel M8	
4	Kings Beach	C	NT
	1) Kenzi du Preez W8	2) Jessica Hoflinger W9	
	3) Stefan Jewel M8	4) Mayah Maketa W9	
5	Summerstrand	D	NT
	1) Sienna Louw W9	2) Emma Pretorious W9	
	3) Connor Louw M8	4) Ross Muller M8	
6	Summerstrand	F	NT
	1) Luke Reeves M8	2) Racquelle Saporta W8	
	3) Tayla Stottelaar W8	4) Luke Schulze M9	

Heat 2 of 2 Finals

1	Summerstrand	B	NT
	1) Mark Rosser M9	2) Addison Shaw W8	
	3) Hayley Holmes W9	4) Jamie White M8	
2	Kings Beach	A	NT
	1) Sha Eli Kannemeyer M9	2) Josh Parker M9	
	3) Daniel Verdon M8	4) Jemma Windsor W9	
3	Fish Hoek	A	NT
	1) Sarah Mocke W9	2) CJ Hutchinson M9	
	3) Matthew Hudson M9	4) Caitlin Barnes W9	
4	Harties	A	NT
	1) Lienke Bester W8	2) Amieka Henning W9	
	3) Petrus Jacobs M9	4) Samueul Steyn M8	
5	Summerstrand	A	NT
	1) Noah Rentzke M8	2) Joshua Richter M8	
	3) Emma de Villiers W9	4) Miya de Villiers W9	
6	Clifton	A	NT
	1) Oliver Steer M8	2) Ahadi Magotsi M8	
	3) Tariq Eskinazi M9	4) Rebecca Allderman W9	
7	Kings Beach	B	NT
	1) Lyra Harmse W9	2) Lyla Lesham W9	
	3) Keegan Shapiro M8	4) Nathan van der Merwe M9	
8	Summerstrand	C	NT
	1) Jana Serdyn W8	2) Katherine Pappas W9	
	3) Emma Darke W9	4) Jeff Larter M8	

Event 94 Mixed 10-11 200 LC Meter 4 x 25 Manikin Relay POOL NIPPE

SA REC 2022: 1:38,67 04 Oct 2021 Summerstrand

L.Dupper, S.Gous, D.Pappas, D.Harcus

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals

1	Summerstrand	E	NT
	1) Hannah Harding W11	2) Christian Paxton M11	
	3) Rourke Saporta M10	4) Jordan Smith M10	
2	Summerstrand	C	NT
	1) Sophia Jansen W10	2) Ava Larter W10	
	3) Connor Miles M10	4) Kaitlyn Richter W10	
3	Big Bay	B	NT
	1) Ethan Curtis M10	2) Zackery Day M11	
	3) Rourke Louw M10	4) Tyler-Rose Nel W10	
4	Summerstrand	B	NT
	1) Benjamin Buitendag M11	2) Hannah Levey W10	
	3) Sabella Serdyn W11	4) Emme Wentzel W11	
5	Harties	B	NT
	1) Lune Fouche W10	2) Ivanke Jacobs W10	
	3) Tlotliso Rakubutu W10	4) Joshua Steyn M10	
6	Kings Beach	C	NT
	1) Mia Diedericks W10	2) Bellemae Mostert W10	
	3) Carly Vencencie W10	4) Zoey Woods W10	
7	Summerstrand	D	NT
	1) Oliver Robinson M10	2) Kyle Rosser M10	
	3) Rebecca Stottelaar W11	4) Sasha Stottelaar W11	

Heat 2 of 2 Finals

1	Summerstrand	A	NT
	1) James Barber M11	2) Ethan Darke M11	
	3) Morgan Gous W10	4) Sienna Gous W11	
2	Seagulls	A	NT
	1) Rashaad Rajaal M11	2) Rasheed Rajaal M11	
	3) Shonice Ingram W11	4) Cole Muller M10	
3	Kings Beach	A	NT
	1) Oliver Hough M10	2) Kellan Jones M11	
	3) Bjo'rn Maree M10	4) Eden Whitaker M10	
4	Milnerton	A	NT
	1) Kyla Allott W11	2) Sadie Cupido W11	
	3) Jenna Gordon W11	4) CeeJay Miller M11	
5	Fish Hoek	A	NT
	1) Ben Harper M11	2) Katya Bova-Olsen W11	
	3) Miya Krog W11	4) Tristan Kastern M11	
6	Big Bay	A	NT
	1) Isabelle Brooker W10	2) Casey Bruwer W11	
	3) Callum Faulkner M10	4) Megan Waters W10	
7	Harties	A	NT
	1) Sulize Henning W11	2) Tshpahalo Pebane M10	
	3) Caitlin Rossiter W11	4) Lizelke Rowles W11	
8	Kings Beach	B	NT
	1) Nathan Brown M11	2) Charles Frost M11	
	3) Levi Ludick M11	4) Chulumanco Qusheka M10	

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DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022
Meet Program

Event 95 Mixed 12-13 200 LC Meter 4 x 25 Manikin Relay POOL NIPPE

SA REC 2022: 1:21,35 30 Mar 2019 Boksburg

A Bornman, T Hughes, L Nel, T Goncalves

Lane	Team	Relay	Seed Time
Heat 1 of 3 Finals			
3	Big Bay	C	NT
	1) Abigail Kirkland W12	2) Samuel Jibson M13	
	3) Matthew Jibson M13	4) Emma Glock W13	
4	Seagulls	B	NT
	1) Tauro Botha M12	2) Mikhaile Goliath M13	
	3) Firaan Jones M13	4) Jenna Charles W12	
5	Clifton	B	NT
	1) Emma Souter W12	2) Madison Eskinazi W13	
	3) Hannah McClelland W13		
Heat 2 of 3 Finals			
1	Harties	B	NT
	1) Maria dos Santos W13	2) Lino Fouche M12	
	3) Lerato Molobye W13	4) Zoe Steyn W12	
2	Fish Hoek	B	NT
	1) Jack de Beer M12	2) Sam Mocke M12	
	3) Thomas Pienaar M12	4) Rocco Colonello M13	
3	Milnerton	A	NT
	1) Andrew Ahmad M12	2) Jack Allott M12	
	3) Jemma Ascott W13	4) Michael Hodges M13	
4	Kings Beach	A	NT
	1) Kendra Begley W13	2) Aarifah Haffijjee W13	
	3) Jayden van Rooyen M13	4) Jessi Whitebooi W13	
5	Fish Hoek	A	NT
	1) Kezra van Heerden W12	2) Riley Clarke M12	
	3) Sebastian Kastern M13	4) Abraham Pienaar M13	
6	Big Bay	B	NT
	1) Arabella Fox W12	2) Tom Carter-Hutton M13	
	3) Olethiwe Mqadi W12	4) Alex Sawyer M13	
7	Kings Beach	B	NT
	1) James Brice M13	2) Chloe Jewell W12	
	3) Hayden Thomas M13	4) Samiya Vencencie W13	
8	Summerstrand	B	NT
	1) Daniela Harcus W12	2) Jesse-Leah Laderach W12	
	3) Nicholas Pretorius M12	4) Jaime Schweitzer W13	

Heat 3 of 3 Finals

1	Harties	A	NT
	1) Lane Fouche W13	2) Leane Gouws W13	
	3) Ruan Hotzhausen M12	4) Xanthe Nagel W13	
2	Clifton	A	NT
	1) Joshua Huntingford M12	2) Noah Souter M13	
	3) Sebastian Steer M13	4) Troy McWilliam M13	
3	Summerstrand	A	NT
	1) Leon Dupper M12	2) Madison Fourie W13	
	3) Daniel Pappas M12	4) Tayla Wilson W13	
4	Big Bay	A	NT
	1) Erin Burke W13	2) Hannah Burke W12	
	3) Michael van der Flaes M13	4) Jenna Loubser W13	
5	East London	A	NT
	1) Taylor Emslie W12	2) Morgan Owen M13	
	3) Dominic Stegmann M13	4) Janey-Heather Wood W13	
6	Seagulls	A	NT
	1) Isabelle Allison W13	2) Tyra Jenniker W13	
	3) Azarlia Jansen W13	4) Kealah Plaatjies W12	
7	Xtream	A	NT
	1) Carla Carolus W12	2) Ammaarah Davids W12	
	3) Margery Mokoena W10	4) Zia Petersen W12	
8	Senathla	A	NT
	1) Callan MacIntyre M12	2) Grace Prince W12	
	3) Jesse Swanepoel M12	4) Nirvaan Bapoo M10	

Event 96 Girls 12 Year Olds 100 LC Meter Rescue Medley POOL NIPPEI

SA REC 2022: 1:19,93 29 Apr 2017 Guilma Lausberg

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals				
2	Kezra van Heerden	12	FHK	NT
3	Taylor Emslie	12	ELS	NT
4	Hannah Burke	12	BBAY	NT
5	Chloe Jewell	12	KB	NT
6	Holleway Mulder	12	DS	NT
Heat 2 of 3 Finals				
1	Ammaarah Davids	12	XTRM	NT
2	Jenna Charles	12	SGLS	NT
3	Abigail Kirkland	12	BBAY	NT
4	Olethiwe Mqadi	12	BBAY	1:54,30
5	Carla Carolus	12	XTRM	2:16,63
6	Maria King	12	ROX	NT
7	Kealah Plaatjies	12	SGLS	NT
8	Emma Souter	12	CLF	NT
Heat 3 of 3 Finals				
1	Zoe Steyn	12	HART	1:49,58
2	Larissa Visagie	12	BEL	1:44,28
3	Daniela Harcus	12	SS	1:43,00
4	Grace Prince	12	SEN	1:37,05
5	Arabella Fox	12	BBAY	1:41,22
6	Jesse-Leah Laderach	12	SS	1:44,01
7	Zia Petersen	12	XTRM	1:49,18
8	Layla Nixon	12	BKS	1:50,16

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DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022
Meet Program

Event 97 Boys 12 Year Olds 100 LC Meter Rescue Medley POOL NIPPEI

SA REC 2022: 1:15,60 05 May 2018 Elijah Dredge

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

3	Tauro Botha	12	SGLS	NT
4	Andrew Ahmad	12	MLN	NT
5	Ronin Watt	12	FHK	NT

Heat 2 of 3 Finals

1	Thomas Pienaar	12	FHK	NT
2	Joshua Huntingford	12	CLF	NT
3	Jack Allott	12	MLN	2:07,60
4	Jesse Swanepoel	12	SEN	1:57,71
5	AJ Brits	12	AMX	1:58,26
6	Jack de Beer	12	FHK	2:10,10
7	Troy Biddulph	12	KB	NT
8	Ivan Swart	12	BBAY	NT

Heat 3 of 3 Finals

1	Callan MacIntyre	12	SEN	1:49,25
2	Liam Visage	12	BEL	1:41,22
3	Nicholas Pretorius	12	SS	1:26,00
4	Daniel Pappas	12	SS	1:25,00
5	Leon Dupper	12	SS	1:25,00
6	Ruan Hotzhausen	12	HART	1:36,24
7	Luke Jones	12	BKS	1:48,27
8	Lino Fouche	12	HART	1:52,93

Event 98 Girls 13 Year Olds 100 LC Meter Rescue Medley POOL NIPPEI

SA REC 2022: 1:16,62 05 May 2014 Guilma Lausberg

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

2	Jacqui Brown	13	MRN	NT
3	Isabelle Allison	13	SGLS	NT
4	Aarifah Haffijee	13	KB	NT
5	Rebecca Fury	13	CLF	NT
6	Samiya Vencencie	13	KB	NT
7	Janey-Heather Wood	13	ELS	NT

Heat 2 of 4 Finals

1	Kendra Begley	13	KB	NT
2	Jaedyn Smith	13	ROX	NT
3	Grace Coetzer	13	ROX	NT
4	Tyra Jenniker	13	SGLS	NT
5	Jessi Whitebooi	13	KB	NT
6	Hannah McClelland	13	CLF	NT
7	Emma Glock	13	BBAY	NT
8	Anna Allen	13	CLF	NT

Heat 3 of 4 Finals

1	Jemma Ascott	13	MLN	2:29,68
2	Madison Eskinazi	13	CLF	2:01,75
3	Meg Wentzel	13	SS	1:50,00
4	Jenna Loubser	13	BBAY	1:45,84
5	Lerato Molobye	13	HART	1:49,86
6	Maria dos Santos	13	HART	1:56,39
7	Jaime Schweitzer	13	SS	2:01,91
8	Azarlia Jansen	13	SGLS	NT

Heat 4 of 4 Finals

1	Tayla Wilson	13	SS	1:44,95
2	Rone Joubert	13	TUKS	1:36,88
3	Madison Fourie	13	SS	1:32,02
4	Erin Burke	13	BBAY	1:25,91
5	Xanthe Nagel	13	HART	1:31,66
6	Leane Gouws	13	HART	1:34,66
7	Nicole Norman	13	TUKS	1:42,12
8	Lane Fouche	13	HART	1:45,77

Event 99 Boys 13 Year Olds 100 LC Meter Rescue Medley POOL NIPPEI

SA REC 2022: 1:09,69 05 Oct 2021 Christiaan van Eeden

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

1	Firaan Jones	13	SGLS	NT
2	Mikhaile Goliath	13	SGLS	NT
3	Tristan Nel	13	MRN	NT
4	James Brice	13	KB	NT
5	Dominic Stegmann	13	ELS	NT
6	Morgan Owen	13	ELS	NT
7	Jayden van Rooyen	13	KB	NT
8	Gal Bittencourt Marks	13	ROX	NT

Heat 2 of 3 Finals

1	Marcelle Maree	13	KB	NT
2	Samuel Jibson	13	BBAY	2:24,70
3	Rocco Colonello	13	FHK	1:52,09
4	Sebastian Steer	13	CLF	1:44,50
5	Abraham Pienaar	13	FHK	1:47,96
6	Matthew Jibson	13	BBAY	2:12,60
7	Hayden Thomas	13	KB	NT
8	Alex Sawyer	13	BBAY	NT

Heat 3 of 3 Finals

1	Michael Hodges	13	MLN	1:44,16
2	Hugo Taljaard	13	AMX	1:36,48
3	Tom Carter-Hutton	13	BBAY	1:28,09
4	Noah Souter	13	CLF	1:24,32
5	Derick Kotze	13	BLM	1:25,31
6	Troy McWilliam	13	CLF	1:28,53
7	Michael van der Flaes	13	BBAY	1:40,26
8	Sebastian Kastern	13	FHK	1:44,17