

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2022**  
**Results - LSA Masters Championships**

**Event 1 Women 30-34 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2022: 1:17,94 R 01 May 2015 Regina van den Bout

Aquamartina

Name	Age	Team	Finals Time
1 Lauren Thusi	32	Marine Lifesaving Club	1:26,62

**Event 1 Women 45-49 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2022: 1:23,82 R 25 Mar 2019 Tanya Osborne

Marine

Name	Age	Team	Finals Time
1 Andrea Botha	46	Umhlanga Rocks Club	1:38,52

**Event 1 Women 55-59 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2022: 1:34,89 R 09 Oct 2021 Carryl van Bassen Jongbloet

Umhlanga Rocks

Name	Age	Team	Finals Time
1 Carryl van Bassen Jongbloet	56	Umhlanga Rocks Club	1:33,91 R

**Event 1 Men 35-39 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2022: 1:04,90 R 09 Oct 2021 Johan Heath

Summerstrand

Name	Age	Team	Finals Time
1 Thando Thusi	35	Marine Lifesaving Club	1:12,54
2 Franklin Coetzee	37	Kings Beach Lifesaving Club	1:40,92

**Event 1 Men 40-44 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2022: 1:04,84 R 09 Oct 2021 Bradley Reen

Summerstrand

Name	Age	Team	Finals Time
1 Johan Heath	41	Summerstrand Lifesaving Club	1:09,40
2 Byron Smith	43	Umhlanga Rocks Club	1:30,29
3 Sergio Smith	41	Seagulls Lifesaving Club	1:37,01
4 Ross Clephane	43	Kings Beach Lifesaving Club	1:37,21
5 Roland Jerling	44	Seagulls Lifesaving Club	1:50,44

**Event 1 Men 45-49 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2022: 1:16,93 R 22 Feb 2013 Douglas Herbert

Linden

Name	Age	Team	Finals Time
1 Paul Herbert	49	Umhlanga Rocks Club	1:14,23 R

**Event 1 Men 50-54 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2022: 1:17,69 R 25 Mar 2019 Douglas Herbert

Linden

Name	Age	Team	Finals Time
1 Marco Zumpt	50	Milnerton Lifesaving Club	1:07,34 R
2 Robert Gault	53	Kings Beach Lifesaving Club	1:24,94
3 Mark Hultzer	52	Umhlanga Rocks Club	1:24,98
4 Gordon Potgieter	50	Seagulls Lifesaving Club	2:03,81

**Event 1 Men 55-59 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2022: 1:24,08 R 12 Feb 2022 Douglas Herbert

Linden

Name	Age	Team	Finals Time
1 Brian Clarke	56	Kings Beach Lifesaving Club	1:17,03 R
2 Douglas Herbert	55	Linden Lifesaving Club	1:19,53 R

**Event 1 Men 60-64 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2022: 1:19,72 R 25 Mar 2019 Derek Morris

Umhlanga Rocks

Name	Age	Team	Finals Time
1 Derek Morris	63	Umhlanga Rocks Club	1:19,01
2 Eugene Coetzee	63	Umhlanga Rocks Club	1:21,96

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**(Event 1 Men 60-64 100 LC Meter Manikin with fins POOL MASTERS)**

Name	Age	Team	Finals Time
3 Patrick Lewis	61	Seagulls Lifesaving Club	2:09,72

**Event 2 Women 30-34 50 LC Meter Manikin Carry POOL MASTERS**

Name	Age	Team	Finals Time
SA REC 2022: 45,89 R 29 Apr 2016 Regina van den Bout			AquaMartina
1 Lauren Thusi	32	Marine Lifesaving Club	59,22

**Event 2 Women 45-49 50 LC Meter Manikin Carry POOL MASTERS**

Name	Age	Team	Finals Time
SA REC 2022: 51,19 R 25 Mar 2019 Tanya Osborne			Marine
1 Andrea Botha	46	Umhlanga Rocks Club	1:00,37

**Event 2 Women 55-59 50 LC Meter Manikin Carry POOL MASTERS**

Name	Age	Team	Finals Time
SA REC 2022: 53,73 R 09 Oct 2021 Carryl van Bassen Jongbloet			Umhlanga Rocks
1 Carryl van Bassen Jongbloet	56	Umhlanga Rocks Club	54,09

**Event 2 Men 35-39 50 LC Meter Manikin Carry POOL MASTERS**

Name	Age	Team	Finals Time
SA REC 2022: 42,37 R 10 Apr 2021 Theuns Smit			Harties Reflect
1 Thando Thusi	35	Marine Lifesaving Club	44,03
2 Franklin Coetzee	37	Kings Beach Lifesaving Club	1:06,31

**Event 2 Men 40-44 50 LC Meter Manikin Carry POOL MASTERS**

Name	Age	Team	Finals Time
SA REC 2022: 37,22 R 09 Oct 2021 Bradley Reen			Summerstrand
1 Johan Heath	41	Summerstrand Lifesaving Club	44,45
2 Sergio Smith	41	Seagulls Lifesaving Club	59,66
3 Ross Clephane	43	Kings Beach Lifesaving Club	59,72
4 Byron Smith	43	Umhlanga Rocks Club	1:03,59

**Event 2 Men 45-49 50 LC Meter Manikin Carry POOL MASTERS**

Name	Age	Team	Finals Time
SA REC 2022: 46,77 R 20 Nov 2021 Justin Fletcher			Linden
--- Paul Herbert	49	Umhlanga Rocks Club	DQ

**Event 2 Men 50-54 50 LC Meter Manikin Carry POOL MASTERS**

Name	Age	Team	Finals Time
SA REC 2022: 50,95 R 09 Oct 2021 PJ Duffy			Kings Beach
1 Marco Zumpt	50	Milnerton Lifesaving Club	41,90 R
2 Robert Gault	53	Kings Beach Lifesaving Club	59,62
3 Mark Hultzer	52	Umhlanga Rocks Club	1:01,00
4 Gordon Potgieter	50	Seagulls Lifesaving Club	1:32,88

**Event 2 Men 55-59 50 LC Meter Manikin Carry POOL MASTERS**

Name	Age	Team	Finals Time
SA REC 2022: 50,53 R 09 Oct 2021 Brian Clarke			Kings Beach
1 Douglas Herbert	55	Linden Lifesaving Club	54,78
--- Brian Clarke	56	Kings Beach Lifesaving Club	DQ

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**Event 2 Men 60-64 50 LC Meter Manikin Carry POOL MASTERS**

SA REC 2022: 45,54 R 25 Mar 2019 Derek Morris

Umhlanga Rocks

Name	Age	Team	Finals Time
1 Derek Morris	63	Umhlanga Rocks Club	49,45
2 Eugene Coetzee	63	Umhlanga Rocks Club	57,49
3 Stanford Slabbert	62	Summerstrand Lifesaving Club	1:36,82
--- Patrick Lewis	61	Seagulls Lifesaving Club	DQ

**Event 3 Mixed 70 & Over 100 LC Meter 4 X 25m Manikin Relay POOL MASTERS**

SA REC 2022: 2:07,49 R 09 Oct 2021 Summerstrand

Tracy Gous, Luke Manthe, Bradley Reen, Johan Heath

Team	Relay	Finals Time
*1 Umhlanga Rocks Club	A	2:02,83 R
1) Eugene Coetzee M63	2) Derek Morris M63	3) Paul Herbert M49
*1 Kings Beach Lifesaving Club	A	J2:38,82
1) Robert Gault M53	2) Ross Clephane M43	3) Brian Clarke M56
2 Seagulls Lifesaving Club	B	J3:14,77
1) Ridwaan Rajaal M43	2) Melvin Trotter M44	3) Sergio Smith M41
		4) Patrick Lewis M61

**Event 4 Women 30-34 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2022: 1:24,08 R 01 May 2015 Regina van den Bout

AquaMartina

Name	Age	Team	Finals Time
1 Lauren Thusi	32	Marine Lifesaving Club	1:24,63

**Event 4 Women 45-49 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2022: 1:21,67 R 09 Oct 2021 Tanya Osborne

Marine

Name	Age	Team	Finals Time
1 Andrea Botha	46	Umhlanga Rocks Club	1:37,59

**Event 4 Women 55-59 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2022: 1:34,86 R 09 Oct 2021 Carryl van Bassen Jongbloet

Umhlanga Rocks

Name	Age	Team	Finals Time
1 Carryl van Bassen Jongbloet	56	Umhlanga Rocks Club	1:30,56 R

**Event 4 Men 35-39 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2022: 1:08,77 R 20 Nov 2021 Theuns Smit

Harties Reflect

Name	Age	Team	Finals Time
1 Thando Thusi	35	Marine Lifesaving Club	1:15,44
2 Franklin Coetzee	37	Kings Beach Lifesaving Club	1:32,98

**Event 4 Men 40-44 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2022: 1:11,12 R 30 Apr 2016 Morne Muller

Aquamix

Name	Age	Team	Finals Time
1 Johan Heath	41	Summerstrand Lifesaving Club	1:15,60
2 Ross Clephane	43	Kings Beach Lifesaving Club	1:28,37
3 Earl Ingram	43	Seagulls Lifesaving Club	1:35,75
--- Byron Smith	43	Umhlanga Rocks Club	DQ

**Event 4 Men 45-49 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2022: 1:17,91 R 22 Feb 2013 Douglas Herbert

Linden

Name	Age	Team	Finals Time
1 Paul Herbert	49	Umhlanga Rocks Club	1:22,96

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**Event 4 Men 50-54 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2022: 1:18,61 R 04 Mar 2017 Douglas Herbert

Linden

Name	Age	Team	Finals Time
1 Mark Hultzer	52	Umhlanga Rocks Club	1:27,01
2 Robert Gault	53	Kings Beach Lifesaving Club	1:30,33
3 Marco Zumpt	50	Milnerton Lifesaving Club	1:40,30
4 Gordon Potgieter	50	Seagulls Lifesaving Club	1:45,96

**Event 4 Men 55-59 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2022: 1:20,91 R 12 Feb 2022 Douglas Herbert

Linden

Name	Age	Team	Finals Time
1 Douglas Herbert	55	Linden Lifesaving Club	1:21,75
2 Brian Clarke	56	Kings Beach Lifesaving Club	1:29,42

**Event 4 Men 60-64 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2022: 1:31,70 R 09 Oct 2021 Derek Morris

Umhlanga Rocks

Name	Age	Team	Finals Time
1 Eugene Coetzee	63	Umhlanga Rocks Club	1:34,65
2 Patrick Lewis	61	Seagulls Lifesaving Club	2:03,91
3 Stanford Slabbert	62	Summerstrand Lifesaving Club	2:20,98
--- Derek Morris	63	Umhlanga Rocks Club	DQ

**Event 5 Mixed 70 & Over 200 LC Meter 4 x 50 Medley Rescue Relay POOL MASTERS**

SA REC 2022: 2:07,93 R 09 Oct 2021 Summerstrand

J.Heath, L.Manthe, B.Reen, A.Saporta

Team	Relay	Finals Time
1 Kings Beach Lifesaving Club	A 1) Brian Clarke M56 2) Ross Clephane M43 3) Franklin Coetzee M37	2:14,81 4) Robert Gault M53
2 Umhlanga Rocks Club	B 1) Andrea Botha W46 2) Nic Horn M53 3) Mark Hultzer M52	2:22,90 4) Byron Smith M43
3 Seagulls Lifesaving Club	A 1) Shannon Cain M51 2) Roland Jerling M44 3) Patrick Lewis M61	2:50,12 4) Earl Ingram M43

**Event 6 Women 30-34 200 LC Meter Obstacle POOL MASTERS**

SA REC 2022: 2:49,33 R 01 May 2015 Regina van den Bout

Aquamartina

Name	Age	Team	Finals Time
1 Lauren Thusi	32	Marine Lifesaving Club	3:06,30

**Event 6 Women 45-49 200 LC Meter Obstacle POOL MASTERS**

SA REC 2022: 2:48,36 R 09 Oct 2021 Tanya Osborne

Marine

Name	Age	Team	Finals Time
1 Andrea Botha	46	Umhlanga Rocks Club	3:23,06

**Event 6 Men 35-39 200 LC Meter Obstacle POOL MASTERS**

SA REC 2022: 2:48,50 R 09 Oct 2021 Johan Heath

Summerstrand

Name	Age	Team	Finals Time
1 Thando Thusi	35	Marine Lifesaving Club	3:03,06
--- Franklin Coetzee	37	Kings Beach Lifesaving Club	DNF
Did not finish			

**Event 6 Men 40-44 200 LC Meter Obstacle POOL MASTERS**

SA REC 2022: 2:27,30 R 09 Oct 2021 Bradely Reen

Summerstrand

Name	Age	Team	Finals Time
1 Johan Heath	41	Summerstrand Lifesaving Club	2:57,38

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**(Event 6 Men 40-44 200 LC Meter Obstacle POOL MASTERS)**

Name	Age	Team	Finals Time
2 Earl Ingram	43	Seagulls Lifesaving Club	4:01,05
--- Byron Smith	43	Umhlanga Rocks Club	DQ

**Event 6 Men 45-49 200 LC Meter Obstacle POOL MASTERS**

SA REC 2022: 2:32,26 R 09 Oct 2021 Dylan Botha

Umhlanga Rocks

Name	Age	Team	Finals Time
1 Paul Herbert	49	Umhlanga Rocks Club	3:20,97

**Event 7 Women 55-59 100 LC Meter Obstacle POOL MASTERS**

SA REC 2022: 1:24,06 R 09 Oct 2021 Carryl van Bassen Jongbloet

Umhlanga Rocks

Name	Age	Team	Finals Time
1 Carryl van Bassen Jongbloet	56	Umhlanga Rocks Club	1:29,09

**Event 7 Men 50-54 100 LC Meter Obstacle POOL MASTERS**

SA REC 2022: 1:13,42 R 09 Oct 2021 PJ Duffy

Kings Beach

Name	Age	Team	Finals Time
1 Marco Zumpt	50	Milnerton Lifesaving Club	1:12,03 R
2 Robert Gault	53	Kings Beach Lifesaving Club	1:27,41
3 Mark Hultzer	52	Umhlanga Rocks Club	1:35,15
4 Gordon Potgieter	50	Seagulls Lifesaving Club	1:58,03

**Event 7 Men 55-59 100 LC Meter Obstacle POOL MASTERS**

SA REC 2022: 1:17,98 R 09 Oct 2021 Brian Clarke

Kings Beach

Name	Age	Team	Finals Time
1 Brian Clarke	56	Kings Beach Lifesaving Club	1:18,37
2 Douglas Herbert	55	Linden Lifesaving Club	1:41,08

**Event 7 Men 60-64 100 LC Meter Obstacle POOL MASTERS**

SA REC 2022: 1:16,80 R 25 Mar 2019 Marcus Burri

Kings Beach

Name	Age	Team	Finals Time
1 Derek Morris	63	Umhlanga Rocks Club	1:29,71
2 Stanford Slabbert	62	Summerstrand Lifesaving Club	2:02,19
3 Patrick Lewis	61	Seagulls Lifesaving Club	2:02,69

**Event 7 Men 70 & Over 100 LC Meter Obstacle POOL MASTERS**

SA REC 2022: 1:56,11 R 25 Mar 2019 Kenneth Kingma

Fish Hoek

Name	Age	Team	Finals Time
--- Ross Clephane	43	Kings Beach Lifesaving Club	DQ

**Event 8 Mixed 70 & Over 200 LC Meter 4 X 50M Obstacle Relay POOL MASTERS**

SA REC 2022: 2:11,21 R 09 Oct 2021 Summerstrand Lifesaving Club

T Gous, L Manthe, B Reen, A Saporta

Team	Relay	Finals Time
*1 Kings Beach Lifesaving Club	A	2:35,75
1) Brian Clarke M56	2) Ross Clephane M43	3) Franklin Coetzee M37
*1 Umhlanga Rocks Club	A	J2:35,88
1) Eugene Coetzee M63	2) Derek Morris M63	3) Paul Herbert M49
2 Seagulls Lifesaving Club	A	J3:08,93
1) Shannon Cain M51	2) Earl Ingram M43	3) Roland Jerling M44
--- Invitational Team	A	X2:39,15

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**Event 9 Mixed 30 & Over 50 LC Meter Line Throw Relay POOL MASTERS**

SA REC 2022: 19,38 R 09 Oct 2021 Umhlanga Rocks

Derek Morris, Mike Rodda

Team	Relay	Finals Time
*1 Umhlanga Rocks Club	D	19,54
1) Mark Hultzer M52	2) Nic Horn M53	
*1 Marine Lifesaving Club	A	J20,22
1) Lauren Thusi W32	2) Thando Thusi M35	
*1 Umhlanga Rocks Club	A	J22,34
1) Byron Smith M43	2) Paul Herbert M49	
*1 Kings Beach Lifesaving Club	A	J45,72
1) Ross Clephane M43	2) Franklin Coetzee M37	
--- Kings Beach Lifesaving Club	B	DQ
1) Brian Clarke M56	2) Robert Gault M53	
--- Umhlanga Rocks Club	C	DQ
1) Andrea Botha W46	2) Carryl van Bassen Jongbloet W5	
--- Summerstrand Lifesaving Club	A	DQ
1) Stanford Slabbert M62	2) Johan Heath M41	
--- Linden Lifesaving Club	A	DQ
1) Douglas Herbert M55		
--- Seagulls Lifesaving Club	C	DQ
1) Gordon Potgieter M50	2) Ridwaan Rajaal M43	
--- Umhlanga Rocks Club	B	DQ
1) Eugene Coetzee M63	2) Derek Morris M63	
--- Seagulls Lifesaving Club	A	DQ
1) Shannon Cain M51	2) Earl Ingram M43	