

**LIFESAVING SOUTH AFRICA**  
**DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2023**

**Results - Masters Pool**

**Event 59 Women 35-39 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2023: 1:22,69 R 22 Feb 2020 Nolene MacIntyre

Name	AgeTeam	Finals Time
1 Jade Shield	35 Milnerton	1:15,33R
2 Victoria Donaldson	38 Big Bay	1:19,68R
3 Lauren Allott	38 Big Bay	1:20,02R
4 Natalie Goedhals	38 Summerstrand	1:31,19

**Event 59 Women 40-44 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2023: 1:17,51 R 05 Mar 2022 Nolene MacIntyre

Name	AgeTeam	Finals Time
1 Michelle Lamprecht	42 Fish Hoek	1:12,10R
2 Nolene MacIntyre	42 Senathla	1:18,88

**Event 59 Women 45-49 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2023: 1:23,82 R 25 Mar 2019 Tanya Osborne

Name	AgeTeam	Finals Time
1 Tanya Osborne	49 Rox	1:14,60R
2 Gina Holloway Mulder	45 Durban Surf	1:30,83
3 Heidie Steyn	48 Harties	1:41,17
4 Andrea Botha	47 Rox	2:00,92

**Event 59 Women 55-59 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2023: 1:34,89 R 09 Oct 2021 Carryl van Bassen Jongbloet

Name	AgeTeam	Finals Time
1 Carryl van Bassen Jongbloet	57 Rox	1:23,76R
2 Michele Davey	58 Senathla	1:43,23

**Event 59 Women 60-64 100 LC Meter Manikin with fins POOL MASTERS**

Name	AgeTeam	Finals Time
1 Kim Adamson	61 Durban Surf	1:40,84

**Event 60 Men 30-34 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2023: 53,97 R 30 Apr 2016 Barjo van Niekerk

Name	AgeTeam	Finals Time
1 Ruan Marais	30 Harties	58,29

**Event 60 Men 35-39 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2023: 1:04,90 R 09 Oct 2021 Johan Heath

Name	AgeTeam	Finals Time
1 Devon Daniels	37 Rox	1:08,54
2 Ryan Engel	36 Rox	1:13,55
3 Earl Rensburg	35 Summerstrand	1:21,28
4 Franklin Coetzee	38 Kings Beach	1:27,14

**Event 61 Men 40-44 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2023: 1:04,84 R 09 Oct 2021 Bradley Reen

Name	AgeTeam	Finals Time
1 Tate Skordis	43 Fish Hoek	1:11,41
2 Scott Sowman	41 Rox	1:12,53
3 Garth Bruwer	43 Big Bay	1:14,24
4 Eugene Such	42 HOB	1:23,69
5 Sergio Smith	42 Seagulls	1:27,83
6 Mark Jonas	40 HOB	1:44,47
--- Paul Quigly	40 Rox	DQ

**Event 61 Men 45-49 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2023: 1:16,93 R 22 Feb 2013 Douglas Herbert

Name	AgeTeam	Finals Time
1 Claudio Jooste	45 HOB	1:25,04
2 Christopher Mowbray	45 Summerstrand	1:25,71
3 Bryan Allott	48 Big Bay	1:27,05
--- Melvin Trotter	45 Seagulls	DQ

**Event 62 Men 50-54 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2023: 1:17,69 R 25 Mar 2019 Douglas Herbert

Name	AgeTeam	Finals Time
1 Marco Zumpt	51 Milnerton	1:06,86R
2 Wayne Thompson	54 Durban Surf	1:09,17R
3 Nic Horn	54 Rox	1:19,22
4 Rob Gault	54 Kings Beach	1:24,54
5 Bernard Lodewyk	51 HOB	1:38,24
6 Allister Beckett	52 HOB	2:01,32
7 Gordon Potgieter	51 Seagulls	2:10,34

**Event 62 Men 55-59 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2023: 1:24,08 R 12 Feb 2022 Douglas Herbert

Name	AgeTeam	Finals Time
1 Mark Norton	57 Rox	1:16,92R
2 Brian Clarke	57 Kings Beach	1:17,82R
3 Douglas Herbert	56 Senathla	1:20,16R

**Event 63 Men 60-64 100 LC Meter Manikin with fins POOL MASTERS**

SA REC 2023: 1:19,72 R 25 Mar 2019 Derek Morris

Name	AgeTeam	Finals Time
1 Derek Morris	64 Rox	1:25,20
2 Rob Smith	61 Durban Surf	1:31,48
3 Patrick Lewis	62 Seagulls	2:12,03
4 Stanford Slabbert	63 Summerstrand	3:00,85

**Event 63 Men 65 & Over 100 LC Meter Manikin with fins POOL MASTERS**

Name	AgeTeam	Finals Time
1 Andre van Rooyen	71 Kings Beach	1:47,64

**Event 64 Women 35-39 50 LC Meter Manikin Carry POOL MASTERS**

SA REC 2023: 1:05,23 R 25 Mar 2019 Nicolette Brand

Name	AgeTeam	Finals Time
1 Lauren Allott	38 Big Bay	46,21R
2 Jade Shield	35 Milnerton	46,71R
3 Victoria Donaldson	38 Big Bay	51,68R
4 Natalie Goedhals	38 Summerstrand	1:05,28

**Event 64 Women 40-44 50 LC Meter Manikin Carry POOL MASTERS**

SA REC 2023: 49,64 R 09 Oct 2021 Tracy Gous

Name	AgeTeam	Finals Time
1 Michelle Lamprecht	42 Fish Hoek	50,39

**Event 64 Women 45-49 50 LC Meter Manikin Carry POOL MASTERS**

SA REC 2023: 51,19 R 25 Mar 2019 Tanya Osborne

Name	AgeTeam	Finals Time
1 Tanya Osborne	49 Rox	50,50R
2 Gina Holloway Mulder	45 Durban Surf	1:00,75
3 Heidie Steyn	48 Harties	1:15,47

**Event 64 Women 55-59 50 LC Meter Manikin Carry POOL MASTERS**

SA REC 2023: 53,73 R 09 Oct 2021 Carryl van Bassen Jongbloet

Name	AgeTeam	Finals Time
1 Carryl van Bassen Jongbloet	57 Rox	53,44
2 Michele Davey	58 Senathla	1:09,18

**Event 64 Women 60-64 50 LC Meter Manikin Carry POOL MASTERS**

Name	AgeTeam	Finals Time
1 Kim Adamson	61 Durban Surf	1:11,52

**Event 65 Men 30-34 50 LC Meter Manikin Carry POOL MASTERS**

SA REC 2023: 31,72 R 29 Apr 2016 Barjo van Niekerk

Name	AgeTeam	Finals Time
1 Ruan Marais	30 Harties	36,51

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**Event 65 Men 35-39 50 LC Meter Manikin Carry POOL MASTERS**

SA REC 2023: 42,37 R 10 Apr 2021 Theuns Smit

Name	AgeTeam	Finals Time
1 Devon Daniels	37 Rox	41,94R
2 Ryan Engel	36 Rox	47,45
3 Earl Rensburg	35 Summerstrand	50,85
4 Franklin Coetzee	38 Kings Beach	1:10,98

**Event 66 Men 40-44 50 LC Meter Manikin Carry POOL MASTERS**

SA REC 2023: 37,22 R 09 Oct 2021 Bradley Reen

Name	AgeTeam	Finals Time
1 Scott Sowman	41 Rox	43,05
2 Tate Skordis	43 Fish Hoek	45,93
3 Garth Bruwer	43 Big Bay	48,81
4 Paul Quigly	40 Rox	49,41
5 Eugene Such	42 HOB	51,55
6 Sergio Smith	42 Seagulls	53,92

**Event 66 Men 45-49 50 LC Meter Manikin Carry POOL MASTERS**

SA REC 2023: 46,77 R 20 Nov 2021 Justin Fletcher

Name	AgeTeam	Finals Time
1 Jason Carlson	48 Durban Surf	48,74
2 Bryan Allott	48 Big Bay	49,74
3 Soeren Bendixen	47 Fish Hoek	55,75
4 Claudio Jooste	45 HOB	1:01,38
--- Christopher Mowbray	45 Summerstrand	DQ
--- Melvin Trotter	45 Seagulls	DQ

**Event 67 Men 50-54 50 LC Meter Manikin Carry POOL MASTERS**

SA REC 2023: 50,95 R 09 Oct 2021 PJ Duffy

Name	AgeTeam	Finals Time
1 Marco Zumpt	51 Milnerton	41,18R
2 Wayne Thompson	54 Durban Surf	43,24R
3 Morne Truter	51 Durban Surf	49,97R
4 Bernard Lodewyk	51 HOB	51,02
5 Rob Gault	54 Kings Beach	57,59
6 Gordon Potgieter	51 Seagulls	1:15,19
7 Allister Beckett	52 HOB	1:28,77

**Event 67 Men 55-59 50 LC Meter Manikin Carry POOL MASTERS**

SA REC 2023: 50,53 R 09 Oct 2021 Brian Clarke

Name	AgeTeam	Finals Time
1 Mark Norton	57 Rox	51,35
2 Douglas Herbert	56 Senathla	54,48
3 Brian Clarke	57 Kings Beach	55,29

**Event 68 Men 60-64 50 LC Meter Manikin Carry POOL MASTERS**

SA REC 2023: 45,54 R 25 Mar 2019 Derek Morris

Name	AgeTeam	Finals Time
1 Derek Morris	64 Rox	47,93
2 Rob Smith	61 Durban Surf	1:06,13
3 Patrick Lewis	62 Seagulls	1:32,43
4 Stanford Slabbert	63 Summerstrand	1:44,49

**Event 68 Men 65 & Over 50 LC Meter Manikin Carry POOL MASTERS**

Name	AgeTeam	Finals Time
--- Andre van Rooyen	71 Kings Beach	DQ

**Event 69 Women 70 & Over 100 LC Meter 4 X 25m Manikin Relay POOL MASTERS**

Team	Relay	Finals Time
1 Rox	C	2:30,19
1) Tanya Osborne 49	2) Andrea Botha 47	
3) Carryl van Bassen Jongbloet 57	4) Shelly Bergset 47	

**Event 69 Men 70 & Over 100 LC Meter 4 X 25m Manikin Relay POOL MASTERS**

Team	Relay	Finals Time
1 Rox	C	2:30,19
1) Tanya Osborne 49	2) Andrea Botha 47	
3) Carryl van Bassen Jongbloet 57	4) Shelly Bergset 47	

**Event 69 Mixed 40-49 100 LC Meter 4 X 25m Manikin Relay POOL MASTERS**

Team	Relay	Finals Time
1 Big Bay	A	1:59,51
1) Bryan Allott M48	2) Lauren Allott W38	
3) Garth Bruwer M43	4) Victoria Donaldson W38	
--- Rox	B	DQ
1) Scott Sowman M41	2) Ryan Engel M36	
3) Paul Quigly M40	4) Byron Smith M45	

**Event 69 Mixed 50-59 100 LC Meter 4 X 25m Manikin Relay POOL MASTERS**

Team	Relay	Finals Time
1 Durban Surf	A	2:00,15
1) Wayne Thompson M54	2) Rob Smith M61	
3) Jason Carlson M48	4) Morne Truter M51	
2 Summerstrand	A	2:36,06
1) Natalie Goedhals W38	2) Christopher Mowbray M45	
3) Earl Rensburg M35	4) Stanford Slabbert M63	
3 Seagulls	A	2:52,93
1) Roland Jerling M45	2) Gordon Potgieter M51	
3) Sergio Smith M42	4) Melvin Trotter M45	
--- HOB	A	DQ
1) Bernard Lodewyk M51	2) Mark Jonas M40	
3) Claudio Jooste M45	4) Eugene Such M42	

**Event 69 Mixed 60-69 100 LC Meter 4 X 25m Manikin Relay POOL MASTERS**

Team	Relay	Finals Time
1 Rox	A	2:02,23
1) Devon Daniels M37	2) Mark Norton M57	
3) Nic Horn M54	4) Derek Morris M64	
2 Kings Beach	A	2:43,13
1) Brian Clarke M57	2) Franklin Coetzee M38	
3) Rob Gault M54	4) Andre van Rooyen M71	

**Event 69 Mixed 70 & Over 100 LC Meter 4 X 25m Manikin Relay POOL MASTERS**

SA REC 2023: 2:02,83 R 20 Mar 2022 Umhlanga Rocks Club

Team	Relay	Finals Time
1 Rox	C	2:30,19
1) Tanya Osborne W49	2) Andrea Botha W47	
3) Carryl van Bassen Jongbloet W5	4) Shelly Bergset W47	
2 Durban Surf	B	2:52,74
1) Gina Holloway Mulder W45	2) Craig Springate M60	
3) Graham Holm M66	4) Kim Adamson W61	

**Event 70 Women 35-39 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2023: 1:31,45 R 22 Feb 2020 Nolene MacIntyre

Name	AgeTeam	Finals Time
1 Jade Shield	35 Milnerton	1:16,87R
2 Natalie Goedhals	38 Summerstrand	1:34,26
3 Lauren Allott	38 Big Bay	1:37,75

**Event 70 Women 40-44 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2023: 1:20,67 R 05 Mar 2022 Nolene MacIntyre

Name	AgeTeam	Finals Time
1 Michelle Lamprecht	42 Fish Hoek	1:18,33R
2 Nolene MacIntyre	42 Senathla	1:20,98

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**Event 70 Women 45-49 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2023: 1:21,67 R 09 Oct 2021 Tanya Osborne

Name	AgeTeam	Finals Time
1 Tanya Osborne	49 Rox	1:16,65R
2 Andrea Botha	47 Rox	1:28,48
3 Gina Holloway Mulder	45 Durban Surf	1:29,83
4 Heidie Steyn	48 Harties	1:35,39
5 Shelly Bergset	47 Rox	1:41,96

**Event 70 Women 55-59 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2023: 1:34,86 R 09 Oct 2021 Carryl van Bassen Jongbloet

Name	AgeTeam	Finals Time
1 Carryl van Bassen Jongbloet	57 Rox	1:22,54R
2 Michele Davey	58 Senathla	1:36,93

**Event 70 Women 60-64 100 LC Meter Manikin Tow + Tube POOL MASTERS**

Name	AgeTeam	Finals Time
1 Kim Adamson	61 Durban Surf	1:40,76

**Event 71 Men 30-34 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2023: 1:11,53 R 22 Feb 2013 Craig Dingle

Name	AgeTeam	Finals Time
1 Ruan Marais	30 Harties	1:01,72R

**Event 71 Men 35-39 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2023: 1:08,77 R 20 Nov 2021 Theuns Smit

Name	AgeTeam	Finals Time
1 Ryan Engel	36 Rox	1:15,65
2 Devon Daniels	37 Rox	1:22,54
3 Earl Rensburg	35 Summerstrand	1:25,15
--- Franklin Coetzee	38 Kings Beach	DQ

**Event 72 Men 40-44 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2023: 1:11,12 R 30 Apr 2016 Morne Muller

Name	AgeTeam	Finals Time
1 Scott Sowman	41 Rox	1:20,71
2 Paul Quigly	40 Rox	1:22,62
--- Eugene Such	42 HOB	DQ
--- Sergio Smith	42 Seagulls	DQ
--- Mark Jonas	40 HOB	DQ
--- Tate Skordis	43 Fish Hoek	DQ

**Event 72 Men 45-49 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2023: 1:17,91 R 22 Feb 2013 Douglas Herbert

Name	AgeTeam	Finals Time
1 Bryan Allott	48 Big Bay	1:25,28
2 Melvin Trotter	45 Seagulls	1:32,13
--- Claudio Jooste	45 HOB	DQ
--- Christopher Mowbray	45 Summerstrand	DQ

**Event 73 Men 50-54 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2023: 1:18,61 R 04 Mar 2017 Douglas Herbert

Name	AgeTeam	Finals Time
1 Wayne Thompson	54 Durban Surf	1:08,56R
2 Marco Zumpt	51 Milnerton	1:14,03R
3 Nic Horn	54 Rox	1:17,98R
4 Rob Gault	54 Kings Beach	1:30,50
5 Bernard Lodewyk	51 HOB	1:36,03
--- Gordon Potgieter	51 Seagulls	DQ

**Event 73 Men 55-59 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2023: 1:20,91 R 12 Feb 2022 Douglas Herbert

Name	AgeTeam	Finals Time
1 Mark Norton	57 Rox	1:22,44
2 Douglas Herbert	56 Senathla	1:23,78
--- Brian Clarke	57 Kings Beach	DQ

**Event 74 Men 60-64 100 LC Meter Manikin Tow + Tube POOL MASTERS**

SA REC 2023: 1:31,70 R 09 Oct 2021 Derek Morris

Name	AgeTeam	Finals Time
1 Derek Morris	64 Rox	1:26,67R
2 Craig Springate	60 Durban Surf	1:29,49R
3 Rob Smith	61 Durban Surf	1:30,36R
4 Patrick Lewis	62 Seagulls	1:58,34
5 Stanford Slabbert	63 Summerstrand	2:37,19

**Event 74 Men 65 & Over 100 LC Meter Manikin Tow + Tube POOL MASTERS**

Name	AgeTeam	Finals Time
1 Graham Holm	66 Durban Surf	1:34,49
2 Andre van Rooyen	71 Kings Beach	1:42,28

**Event 75 Mixed 40-49 200 LC Meter 4 x 50 Medley Rescue Relay POOL MASTERS**

Team	Relay	Finals Time
--- Rox	B	DQ
1) Ryan Engel M36	2) Scott Sowman M41	
3) Paul Quigly M40	4) Byron Smith M45	

**Event 75 Mixed 50-59 200 LC Meter 4 x 50 Medley Rescue Relay POOL MASTERS**

Team	Relay	Finals Time
1 Big Bay	A	2:09,23
1) Bryan Allott M48	2) Lauren Allott W38	
3) Jon Vickers M46	4) Victoria Donaldson W38	
2 Rox	C	2:33,14
1) Shelly Bergset W47	2) Andrea Botha W47	
3) Tanya Osborne W49	4) Sara Norton W50	
3 Summerstrand	A	2:38,67
1) Natalie Goedhals W38	2) Christopher Mowbray M45	
3) Earl Rensburg M35	4) Stanford Slabbert M63	
--- HOB	A	DQ
1) Bernard Lodewyk M51	2) Mark Jonas M40	
3) Claudio Jooste M45	4) Eugene Such M42	
--- Seagulls	A	DQ
1) Roland Jerling M45	2) Gordon Potgieter M51	
3) Sergio Smith M42	4) Melvin Trotter M45	

**Event 75 Mixed 60-69 200 LC Meter 4 x 50 Medley Rescue Relay POOL MASTERS**

Team	Relay	Finals Time
1 Rox	A	2:08,34
1) Devon Daniels M37	2) Nic Horn M54	
3) Mark Norton M57	4) Derek Morris M64	
2 Durban Surf	A	2:13,43
1) Wayne Thompson M54	2) Rob Smith M61	
3) Jason Carlson M48	4) Morne Truter M51	
--- Kings Beach	A	DQ
1) Brian Clarke M57	2) Franklin Coetzee M38	
3) Rob Gault M54	4) Andre van Rooyen M71	

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**Results - Masters Pool**

**Event 75 Mixed 70 & Over 200 LC Meter 4 x 50 Medley Rescue Relay PO**

SA REC 2023: 2:07,93 R 09 Oct 2021 Summerstrand

J.Heath, L.Manthe, B.Reen, A.Saporta

Team	Relay	Finals Time
1 Durban Surf	B	3:05,00
1) Gina Holloway Mulder W45	2) Craig Springate M60	
3) Graham Holm M66	4) Kim Adamson W61	

**Event 76 Women 35-39 200 LC Meter Obstacle POOL MASTERS**

SA REC 2023: 3:07,68 R 25 Mar 2019 Nicolette Brand

Name	AgeTeam	Finals Time
1 Natalie Goedhals	38 Summerstrand	2:51,19R

**Event 76 Women 40-44 200 LC Meter Obstacle POOL MASTERS**

SA REC 2023: 2:37,92 R 09 Oct 2021 Tracey Gous

Name	AgeTeam	Finals Time
1 Carina Bruwer	42 Clifton	3:00,87
2 Michelle Lamprecht	42 Fish Hoek	3:06,24
3 Nolene MacIntyre	42 Senathla	3:42,49

**Event 76 Women 45-49 200 LC Meter Obstacle POOL MASTERS**

SA REC 2023: 2:48,36 R 09 Oct 2021 Tanya Osborne

Name	AgeTeam	Finals Time
1 Tanya Osborne	49 Rox	2:44,79R
2 Andrea Botha	47 Rox	3:13,94
3 Gina Holloway Mulder	45 Durban Surf	3:20,43
4 Heidie Steyn	48 Harties	4:17,00

**Event 77 Men 30-34 200 LC Meter Obstacle POOL MASTERS**

SA REC 2023: 4:00,89 R 25 Mar 2019 Franklin Coetzee

Name	AgeTeam	Finals Time
1 Ruan Marais	30 Harties	2:27,90R

**Event 77 Men 35-39 200 LC Meter Obstacle POOL MASTERS**

SA REC 2023: 2:48,50 R 09 Oct 2021 Johan Heath

Name	AgeTeam	Finals Time
1 Earl Rensburg	35 Summerstrand	2:03,50R
2 Ryan Engel	36 Rox	2:51,83
--- Franklin Coetzee	38 Kings Beach	DNF
Did not finish		

**Event 78 Men 40-44 200 LC Meter Obstacle POOL MASTERS**

SA REC 2023: 2:27,30 R 09 Oct 2021 Bradely Reen

Name	AgeTeam	Finals Time
1 Scott Sowman	41 Rox	2:38,06
2 Tate Skordis	43 Fish Hoek	3:05,56
3 Paul Quigly	40 Rox	3:06,86
4 Eugene Such	42 HOB	3:20,71

**Event 78 Men 45-49 200 LC Meter Obstacle POOL MASTERS**

SA REC 2023: 2:32,26 R 09 Oct 2021 Dylan Botha

Name	AgeTeam	Finals Time
1 Christopher Mowbray	45 Summerstrand	2:41,12
2 Bryan Allott	48 Big Bay	3:01,00
3 Melvin Trotter	45 Seagulls	3:33,19
4 Soeren Bendixen	47 Fish Hoek	3:43,35

**Event 79 Women 50-54 100 LC Meter Obstacle POOL MASTERS**

SA REC 2023: 1:26,38 R 25 Mar 2019 Lynne Callanan

Name	AgeTeam	Finals Time
1 Sara Norton	50 Rox	2:08,37

**Event 79 Women 55-59 100 LC Meter Obstacle POOL MASTERS**

SA REC 2023: 1:24,06 R 09 Oct 2021 Carryl van Bassen Jongbloet

Name	AgeTeam	Finals Time
1 Carryl van Bassen Jongbloet	57 Rox	1:24,83
2 Michele Davey	58 Senathla	2:00,86

**Event 79 Women 60-64 100 LC Meter Obstacle POOL MASTERS**

Name	AgeTeam	Finals Time
1 Kim Adamson	61 Durban Surf	1:33,54

**Event 80 Men 50-54 100 LC Meter Obstacle POOL MASTERS**

SA REC 2023: 1:13,42 R 09 Oct 2021 PJ Duffy

Name	AgeTeam	Finals Time
1 Marco Zumpt	51 Milnerton	1:10,84R
2 Wayne Thompson	54 Durban Surf	1:13,63
3 Rob Gault	54 Kings Beach	1:24,94
4 Bernard Lodewyk	51 HOB	1:32,80
5 Gordon Potgieter	51 Seagulls	2:02,03

**Event 80 Men 55-59 100 LC Meter Obstacle POOL MASTERS**

SA REC 2023: 1:17,98 R 09 Oct 2021 Brian Clarke

Name	AgeTeam	Finals Time
1 Mark Norton	57 Rox	1:16,31R
2 Brian Clarke	57 Kings Beach	1:18,88
3 Douglas Herbert	56 Senathla	1:36,82

**Event 81 Men 60-64 100 LC Meter Obstacle POOL MASTERS**

SA REC 2023: 1:16,80 R 25 Mar 2019 Marcus Burri

Name	AgeTeam	Finals Time
1 Derek Morris	64 Rox	1:27,72
2 Rob Smith	61 Durban Surf	1:33,94
3 Patrick Lewis	62 Seagulls	1:59,32
4 Stanford Slabbert	63 Summerstrand	2:06,27

**Event 81 Men 65 & Over 100 LC Meter Obstacle POOL MASTERS**

Name	AgeTeam	Finals Time
1 Graham Holm	66 Durban Surf	1:35,03
2 Andre van Rooyen	71 Kings Beach	1:47,95

**Event 82 Mixed 40-49 200 LC Meter 4 X 50M Obstacle Relay POOL MAS'**

Team	Relay	Finals Time
1 Rox	B	2:21,96
1) Ryan Engel M36	2) Scott Sowman M41	
3) Paul Quigly M40	4) Byron Smith M45	

**Event 82 Mixed 50-59 200 LC Meter 4 X 50M Obstacle Relay POOL MAS'**

Team	Relay	Finals Time
1 Big Bay	A	2:23,03
1) Bryan Allott M48	2) Lauren Allott W38	
3) Garth Bruwer M43	4) Victoria Donaldson W38	
2 HOB	A	2:39,54
1) Mark Jonas M40	2) Claudio Jooste M45	
3) Bernard Lodewyk M51	4) Eugene Such M42	
3 Summerstrand	A	2:41,77
1) Natalie Goedhals W38	2) Christopher Mowbray M45	
3) Earl Rensburg M35	4) Stanford Slabbert M63	
4 Rox	C	2:55,01
1) Shelly Bergset W47	2) Tanya Osborne W49	
3) Sara Norton W50	4) Carryl van Bassen Jongbloet W5	
5 Seagulls	A	2:59,91
1) Gordon Potgieter M51	2) Sergio Smith M42	
3) Melvin Trotter M45	4) Roland Jerling M45	

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<b>Event 82 Mixed 60-69 200 LC Meter 4 X 50M Obstacle Relay POOL MASTERS</b>			---	Durban Surf	D	DQ
<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>		1) Morne Truter M51	2) Kim Adamson W61	
1 Rox	A	2:20,94	---	Rox	B	DNF
1) Devon Daniels M37	2) Mark Norton M57			Did not finish		
3) Nic Horn M54	4) Derek Morris M64			1) Mark Norton M57	2) Paul Herbert M50	
2 Durban Surf	A	2:23,50	<b>Event 83 Mixed 55-59 50 LC Meter Line Throw Relay POOL MASTERS</b>			
1) Wayne Thompson M54	2) Rob Smith M61		<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>	
3) Jason Carlson M48	4) Morne Truter M51		1 Senathla	A	21,85	
3 Kings Beach	A	2:37,47	1) Michele Davey W58	2) Douglas Herbert M56		
1) Brian Clarke M57	2) Franklin Coetzee M38		---	Rox	H	DQ
3) Rob Gault M54	4) Andre van Rooyen M71		1) Andrea Botha W47	2) Carryl van Bassen Jongbloet W5		
<b>Event 82 Mixed 70 &amp; Over 200 LC Meter 4 X 50M Obstacle Relay POOL MASTERS</b>			---	Kings Beach	A	DNF
<b>SA REC 2023: 2:11,21 R 09 Oct 2021 Summerstrand Lifesaving Club</b>				Did not finish		
<b>T Gous, L Manthe, B Reen, A Saporta</b>				1) Brian Clarke M57	2) Franklin Coetzee M38	
<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>	<b>Event 83 Mixed 60-64 50 LC Meter Line Throw Relay POOL MASTERS</b>			
1 Durban Surf	B	2:46,16	<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>	
1) Gina Holloway Mulder W45	2) Craig Springate M60		1 Rox	A	41,85	
3) Graham Holm M66	4) Kim Adamson W61		1) Derek Morris M64	2) Andre van Bassen Jongbloet M60		
<b>Event 83 Mixed 30-34 50 LC Meter Line Throw Relay POOL MASTERS</b>			---	Durban Surf	A	DNF
<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>		Did not finish		
1 Harties	A	42,13	1) Gina Holloway Mulder W45	2) Craig Springate M60		
1) Ruan Marais M30	2) Heidie Steyn W48		<b>Event 83 Mixed 65-69 50 LC Meter Line Throw Relay POOL MASTERS</b>			
<b>Event 83 Mixed 35-39 50 LC Meter Line Throw Relay POOL MASTERS</b>			<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>	
<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>	---	Durban Surf	C	DQ
1 Summerstrand	B	28,40	1) Rob Smith M61	2) Graham Holm M66		
1) Earl Rensburg M35	2) Stanford Slabbert M63		<b>Event 83 Mixed 70 &amp; Over 50 LC Meter Line Throw Relay POOL MASTERS</b>			
---	Rox	DQ	<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>	
1) Devon Daniels M37	2) Ryan Engel M36		1 Kings Beach	B	39,92	
<b>Event 83 Mixed 40-44 50 LC Meter Line Throw Relay POOL MASTERS</b>			1) Rob Gault M54	2) Andre van Rooyen M71		
<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>				
1 Rox	D	21,99				
1) Paul Quigly M40	2) Scott Sowman M41					
2 Big Bay	A	22,30				
1) Bryan Allott M48	2) Garth Bruwer M43					
---	Senathla	DQ				
1) Nolene MacIntyre W42						
---	HOB	DQ				
1) Mark Jonas M40	2) Eugene Such M42					
<b>Event 83 Mixed 45-49 50 LC Meter Line Throw Relay POOL MASTERS</b>						
<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>				
1 Rox	C	19,53				
1) Nic Horn M54	2) Byron Smith M45					
2 Seagulls	B	20,34				
1) Sergio Smith M42	2) Melvin Trotter M45					
3 Durban Surf	B	24,55				
1) Wayne Thompson M54	2) Jason Carlson M48					
4 Summerstrand	A	32,25				
1) Natalie Goedhals W38	2) Christopher Mowbray M45					
---	HOB	DQ				
1) Allister Beckett M52	2) Claudio Jooste M45					
---	Rox	DQ				
1) Shelly Bergset W47	2) Tanya Osborne W49					
<b>Event 83 Mixed 50-54 50 LC Meter Line Throw Relay POOL MASTERS</b>						
<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>				
1 Seagulls	A	29,71				
1) Patrick Lewis M62	2) Gordon Potgieter M51					