

LIFESAVING SOUTH AFRICA
DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2023
Results - Nipper Day 3

Event 33 Girls 12 Year Olds 100 LC Meter Super Nipper POOL NIPPERS

SA REC 2023: 1:20,48 R 05 Oct 2021 Ruth Dredge

Tuks

Name	Age	Team	Seed Time	Finals Time
1 Sienna Gous	12	Summerstrand Lifesaving Club	1:27,55	1:23,07
2 Casey Bruwer	12	Big Bay Slc	1:26,19	1:25,74
3 Caitlin Rossiter	12	Harties Reflections	1:23,57	1:29,41
4 Sulize Henning	12	Harties Reflections	1:31,81	1:33,02
5 Sadie Bothma	12	Harties Reflections	1:31,42	1:33,82
6 Riziki Magotsi	12	Clifton Lifesaving Club	1:40,82	1:33,99
7 Katya Bova-Olsen	12	Fish Hoek Surf Lifesaving Club	1:40,68	1:34,49
8 Miya Krog	12	Fish Hoek Surf Lifesaving Club	1:48,35	1:37,04
9 Jana Swanepoel	12	Bloemfontein Sentraal LC	1:47,01	1:38,21
10 Emme Wentzel	12	Summerstrand Lifesaving Club	1:35,44	1:41,92
11 Kyla Allott	12	Big Bay Slc	2:12,59	1:58,84
12 Jenica Visser	12	Harties Reflections	2:12,28	1:59,53
--- Heyle Ficher	12	Seagulls Lifesaving Club	NT	DQ

Event 34 Boys 12 Year Olds 100 LC Meter Super Nipper POOL NIPPERS

SA REC 2023: 1:19,65 R 05 May 2018 Antonie Pieterse

Northwest

Name	Age	Team	Seed Time	Finals Time
1 Troy Steer	12	Clifton Lifesaving Club	1:38,50	1:28,91
2 James Barber	12	Summerstrand Lifesaving Club	1:31,58	1:33,89
3 Jan-Lukas van der Westhuizen	12	Big Bay Slc	1:46,50	1:38,59
4 Ethan Darke	12	Summerstrand Lifesaving Club	1:31,58	1:44,08
5 Nathan Brown	12	Kings Beach Lifesaving Club	NT	1:45,46
6 Charles Frost	12	Kings Beach Lifesaving Club	NT	2:11,04
7 Tyde Geddes	12	Kings Beach Lifesaving Club	NT	2:34,99
8 Brynn Isaacs	12	Kings Beach Lifesaving Club	NT	3:20,79
--- Kai Bittencourt Marks	12	Umhlanga Rocks Club	NT	DQ

Event 35 Girls 13 Year Olds 100 LC Meter Super Nipper POOL NIPPERS

SA REC 2023: 1:19,12 R 05 Oct 2021 Nika Maartens

Tuks

Name	Age	Team	Seed Time	Finals Time
1 Zoe Steyn	13	Harties Reflections	1:23,57	1:21,59
2 Jesse-Leah Laderach	13	Summerstrand Lifesaving Club	1:25,68	1:22,00
3 Grace Prince	13	Senathla Lifesaving Club	1:23,79	1:23,05
4 Hanna Burke	13	Big Bay Slc	1:30,02	1:25,22
5 Layla Nixon	13	Boksburg Lifesaving Club	1:30,01	1:27,75
6 Zia Petersen	13	Clifton Lifesaving Club	1:35,59	1:29,61
7 Maria King	13	Umhlanga Rocks Club	NT	1:33,67
8 Elizabeth Viljoen	13	Harties Reflections	1:35,20	1:35,61
9 Arabella Fox	13	Big Bay Slc	1:42,84	1:40,81
10 Melissa Johannes	13	Senathla Lifesaving Club	1:58,12	1:48,83
11 Abigail Kirkland	13	Big Bay Slc	NT	1:52,46
12 Jenna Charles	13	Seagulls Lifesaving Club	NT	2:41,82

Event 36 Boys 13 Year Olds 100 LC Meter Super Nipper POOL NIPPERS

SA REC 2023: 1:09,77 R 05 Oct 2021 Christiaan van Eeden

Harties Reflect

Name	Age	Team	Seed Time	Finals Time
1 Daniel Pappas	13	Summerstrand Lifesaving Club	1:21,26	1:12,62
2 Xander Swanepoel	13	Boksburg Lifesaving Club	1:22,13	1:13,31
3 Nicholas Pretorius	13	Summerstrand Lifesaving Club	1:30,88	1:16,01
4 Ruan Hotzhausen	13	Harties Reflections	1:27,46	1:16,30
5 Andrew Ahmad	13	Milnerton Lifesaving Club	1:31,21	1:21,80
6 Leon Dupper	13	Summerstrand Lifesaving Club	1:24,67	1:23,22
7 Troy Biddulph	13	Kings Beach Lifesaving Club	NT	1:24,36
8 Matt McCraw	13	Milnerton Lifesaving Club	1:39,62	1:25,82

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Name	Age	Team	Seed Time	Finals Time
9 Lino Fouche	13	Harties Reflections	1:29,77	1:26,96
10 Daniel Moynihan	13	Durban Surf Lifesaving Club	NT	1:27,60
11 Jack Allott	13	Big Bay Slc	1:27,32	1:28,40
12 AJ Brits	13	Aquamix Lifesaving Club	1:29,67	1:33,01
13 Joshua Huntingford	13	Clifton Lifesaving Club	1:47,47	1:34,49
14 Caleb Ambrose	13	Durban Surf Lifesaving Club	NT	1:35,87
15 Callan MacIntyre	13	Senathla Lifesaving Club	1:38,76	1:37,44
16 Tauro Botha	13	Kings Beach Lifesaving Club	NT	1:57,19

Event 37 Girls 8 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2023: 51,98 R 30 Apr 2016 Lauren Bates

Ballito

Name	Age	Team	Seed Time	Finals Time
1 Courtney Grant	8	Durban Surf Lifesaving Club	NT	1:01,50
2 Bianca van der Westhuizen	8	Big Bay Slc	1:14,79	1:01,78
3 Isla Conradie	8	Fish Hoek Surf Lifesaving Club	1:07,03	1:06,04
4 Yama Loni	8	Summerstrand Lifesaving Club	1:29,56	1:06,36
5 Isabelle de Beer	8	Harties Reflections	1:07,48	1:09,87
6 Ava Diedericks	7	Kings Beach Lifesaving Club	NT	1:10,65
7 Hannah Stearn	8	Kings Beach Lifesaving Club	NT	1:11,06
8 Charley Springate	8	Durban Surf Lifesaving Club	NT	1:12,57
9 Ruby Darke	8	Summerstrand Lifesaving Club	NT	1:13,06
10 Scarlett Meiring	8	Kings Beach Lifesaving Club	NT	1:17,07
11 Marlien Nell	8	Harties Reflections	1:20,31	1:17,90
12 Omphile Mahlohela	8	Harties Reflections	1:24,48	1:23,47
13 Kano Molefe	7	Harties Reflections	1:44,37	1:26,31
14 Hayley-Jade van Vught	8	Seagulls Lifesaving Club	NT	1:28,92
15 Leah Verdon	8	Kings Beach Lifesaving Club	NT	1:30,31

Event 38 Boys 8 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2023: 54,60 R 30 Apr 2016 Aiden Nel

Harties

Name	Age	Team	Seed Time	Finals Time
1 Nolan Froneman	8	Big Bay Slc	1:05,90	1:01,94
2 Boyd Skordis	8	Fish Hoek Surf Lifesaving Club	1:13,72	1:03,21
3 Alec-Jude du Preez	8	Summerstrand Lifesaving Club	NT	1:12,32
4 James Smith	7	Summerstrand Lifesaving Club	NT	1:14,60
5 Daniel van der Westhuizen	8	Big Bay Slc	1:20,31	1:16,54
6 Cheyenne Mukototsi	8	Senathla Lifesaving Club	1:23,09	1:18,85
7 Mikhail Kannemeyer	7	Kings Beach Lifesaving Club	NT	1:25,41
8 Finn Theunissen	7	Kings Beach Lifesaving Club	NT	1:28,64
9 Gian-Franco Fouche	8	Harties Reflections	1:35,50	1:31,87
10 Charles Brown	7	Summerstrand Lifesaving Club	NT	1:34,91
11 Nicholas Lockem	7	Kings Beach Lifesaving Club	NT	2:00,80

Event 39 Girls 9 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2023: 46,93 R 01 May 2015 Luchelle Oosthuizen

Bloemfontein

Name	Age	Team	Seed Time	Finals Time
1 Emilie Conradie	9	Fish Hoek Surf Lifesaving Club	56,81	53,35
2 Amelie van Staden	9	Harties Reflections	1:01,65	54,99
3 Rebecca Roux	9	Kings Beach Lifesaving Club	NT	58,05
4 Anna Salustiano Silva	9	Durban Surf Lifesaving Club	1:04,47	58,34
5 Lienke Bester	9	Harties Reflections	1:03,62	1:00,66
6 Taliyah Eveleigh	9	Harties Reflections	1:04,13	1:00,67
7 Addison Shaw	9	Summerstrand Lifesaving Club	1:10,54	1:03,83
8 Kenzie du Preez	9	Kings Beach Lifesaving Club	NT	1:05,24
9 Racquelle Saporta	9	Summerstrand Lifesaving Club	1:17,72	1:05,69

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Name	Age	Team	Seed Time	Finals Time
10 Lika Baird	9	Harties Reflections	1:09,36	1:05,95
11 Aziza Zuma	9	Durban Surf Lifesaving Club	NT	1:05,96
12 Jana Serdyn	9	Summerstrand Lifesaving Club	1:07,37	1:07,05
13 Rebecca Joubert	9	Summerstrand Lifesaving Club	1:18,91	1:08,00
14 Katherine Allen	9	Kings Beach Lifesaving Club	NT	1:14,41
15 Daniella Gatangi	9	Summerstrand Lifesaving Club	1:24,05	1:18,84
16 Emily Buchner	9	Kings Beach Lifesaving Club	NT	1:23,66
17 Nazeem Alexander	9	Seagulls Lifesaving Club	NT	1:28,99
--- Riandi Muller	9	Kings Beach Lifesaving Club	NT	DNF

Did not finish

Event 40 Boys 9 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2023: 50,29 R 27 Apr 2012 Seyuren Perumal			KwaZulu-Natal	
Name	Age	Team	Seed Time	Finals Time
1 Vidar Bendixen	9	Fish Hoek Surf Lifesaving Club	1:07,78	57,81
2 Keegan Shapiro	9	Kings Beach Lifesaving Club	NT	58,87
3 Joshua Richter	9	Summerstrand Lifesaving Club	1:09,82	1:00,71
4 Ahadi Magotsi	9	Clifton Lifesaving Club	1:04,06	1:02,11
5 Tristan van den Heever	9	Big Bay Slc	NT	1:03,42
6 Connor Louw	9	Summerstrand Lifesaving Club	1:16,78	1:03,49
7 Samueul Steyn	9	Harties Reflections	1:09,79	1:03,84
8 Ross Muller	9	Summerstrand Lifesaving Club	1:23,76	1:06,36
9 Daniel-Louis Evans	9	Harties Reflections	1:17,81	1:07,23
10 Jeff Larter	9	Summerstrand Lifesaving Club	1:15,05	1:07,60
11 Jude Theunissen	9	Kings Beach Lifesaving Club	NT	1:11,20
12 James Hope	9	Kings Beach Lifesaving Club	NT	1:12,35
13 Oliver Steer	9	Clifton Lifesaving Club	1:14,81	1:12,72
14 Juann Brits	9	Aquamix Lifesaving Club	1:10,95	1:13,45
15 Cody Strydom	9	Kings Beach Lifesaving Club	NT	1:15,80
16 Ethan Rossiter	9	Harties Reflections	1:25,80	1:16,12
17 Kallon Allott	9	Big Bay Slc	1:42,56	1:20,62

Event 41 Girls 10 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2023: 45,53 R 06 Apr 2018 Trinity Magamura			Senathla	
Name	Age	Team	Seed Time	Finals Time
1 Emma de Viliers	10	Summerstrand Lifesaving Club	1:00,43	48,11
2 Sarah Mocke	10	Fish Hoek Surf Lifesaving Club	55,81	52,62
3 Amieka Henning	10	Harties Reflections	1:01,23	55,77
4 Jessica Hoflinger	10	Kings Beach Lifesaving Club	NT	56,30
5 Hannah van Heerden	10	Big Bay Slc	1:00,43	58,24
6 Caitlin Barnes	10	Fish Hoek Surf Lifesaving Club	1:02,37	58,67
7 Katherine Pappas	10	Summerstrand Lifesaving Club	1:00,49	58,83
8 Lumka Zamisa	10	Harties Reflections	1:16,14	59,16
9 Olivia Latimer	10	Fish Hoek Surf Lifesaving Club	58,75	1:00,44
10 Miya de Villiers	10	Summerstrand Lifesaving Club	55,92	1:02,83
11 Lyra Harmse	10	Kings Beach Lifesaving Club	NT	1:02,95
12 Sloan Warner	10	Summerstrand Lifesaving Club	1:10,29	1:05,01
13 Hayley Holmes	10	Summerstrand Lifesaving Club	1:01,17	1:05,75
14 Sienna Louw	10	Summerstrand Lifesaving Club	1:10,29	1:07,60
15 Jodi Marais	10	Big Bay Slc	NT	1:08,91
16 Marizelle Vermaak	10	Harties Reflections	1:20,63	1:11,96
17 Emma Darke	10	Summerstrand Lifesaving Club	1:11,77	1:14,34
18 Sydney Howes	10	Harties Reflections	1:22,42	1:14,43
19 Emma Pretorius	10	Summerstrand Lifesaving Club	1:17,10	1:25,24
20 Ashleigh Petersen	10	Seagulls Lifesaving Club	NT	2:00,76

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Event 42 Boys 10 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2023: 47,39 R 30 Apr 2016 Elijah Dredge

Tuks

Name	Age	Team	Seed Time	Finals Time
1 Jaydon Allott	10	Big Bay Slc	56,12	50,34
2 Dylan Froneman	10	Big Bay Slc	1:05,66	56,89
3 Aran Garrett	10	Summerstrand Lifesaving Club	1:00,43	56,99
4 CJ Hutchinson	10	Fish Hoek Surf Lifesaving Club	56,97	57,00
5 Migael-Reuven van der Merwe	10	Harties Reflections	1:05,88	57,02
6 Ryn Abrie	10	Harties Reflections	1:08,28	58,56
7 Hiram Robertson	10	Kings Beach Lifesaving Club	NT	1:03,46
8 Gustav Visser	10	Harties Reflections	1:19,64	1:05,43
9 Keegan Perel	10	Big Bay Slc	1:14,57	1:06,42

Event 43 Girls 11 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2023: 40,72 R 30 Apr 2016 Cloe Le Roux

Mangaung

Name	Age	Team	Seed Time	Finals Time
1 Morgan Gous	11	Summerstrand Lifesaving Club	50,34	41,40
2 Bellame Mostert	11	Kings Beach Lifesaving Club	NT	44,14
3 Thandi Bosman	11	East London Lifesaving Club	NT	47,43
4 Megan Waters	11	Big Bay Slc	53,22	49,40
5 Tyler-Rose Nel	11	Big Bay Slc	53,08	50,22
6 Lune Fouche	11	Harties Reflections	53,81	52,41
7 Olivia Morris	11	Umhlanga Rocks Club	NT	57,09
8 Carly Vencencie	11	Kings Beach Lifesaving Club	NT	58,17
9 Tlotliso Rakubutu	11	Harties Reflections	1:00,49	58,49
10 Mary Scowby	11	Summerstrand Lifesaving Club	1:06,29	59,38
11 Zoey Woods	11	Kings Beach Lifesaving Club	NT	1:00,83
12 Wilmari Nortman-Gobey	11	Harties Reflections	1:12,01	1:02,91
13 Kaitlyn Richter	11	Summerstrand Lifesaving Club	1:10,19	1:03,00
14 Sophia Gatangi	11	Summerstrand Lifesaving Club	1:10,29	1:03,11
15 Ava Larter	11	Summerstrand Lifesaving Club	1:06,29	1:05,33
16 Hannah Warren	11	Kings Beach Lifesaving Club	NT	1:05,97
17 Ashley Smith	11	Umhlanga Rocks Club	NT	1:06,41
18 Mikaela Pillemer	11	Umhlanga Rocks Club	NT	1:11,45
--- Isabella Brooker	11	Big Bay Slc	46,69	DQ
False start				

Event 44 Boys 11 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2023: 38,71 R 29 Apr 2017 Elijah Dredge

Tuks

Name	Age	Team	Seed Time	Finals Time
1 FC Rosslee	11	Boksburg Lifesaving Club	48,35	46,35
2 Nirvaan Bapoo	11	Senathla Lifesaving Club	55,12	46,91
3 Rourke Louw	11	Big Bay Slc	47,78	49,65
4 Puneet Nagendrakumar	11	Big Bay Slc	1:00,46	50,64
5 Ethan Rentze	11	Summerstrand Lifesaving Club	55,92	50,86
6 Tshepahalalo Pebane	11	Harties Reflections	55,11	54,21
7 Diego Jansen	11	Big Bay Slc	58,50	54,26
8 Christian van Heerden	11	Big Bay Slc	1:02,09	54,40
9 Rourke Saporta	11	Summerstrand Lifesaving Club	1:04,75	55,00
10 Jude Davis	11	East London Lifesaving Club	NT	56,72
11 Eden Whitaker	11	Kings Beach Lifesaving Club	NT	1:00,62
12 Wian Bester	11	Harties Reflections	1:01,71	1:03,52
13 Joshua Steyn	11	Harties Reflections	1:11,53	1:09,83
--- Diveroux Felkers	11	Summerstrand Lifesaving Club	NT	DQ
--- Lunathi Plata	11	Seagulls Lifesaving Club	NT	DQ

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Event 45 Girls 12 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2023:		37,12	R	29 Apr 2017	Guilma Lausberg	Mangaung	
Name	Age	Team	Seed Time			Finals Time	
1	Sienna Gous	12	Summerstrand Lifesaving Club	43,22		39,83	
2	Riziki Magotsi	12	Clifton Lifesaving Club	43,18		41,83	
3	Casey Bruwer	12	Big Bay Slc	42,45		43,70	
4	Sulize Henning	12	Harties Reflections	48,48		46,55	
5	Miya Krog	12	Fish Hoek Surf Lifesaving Club	48,65		49,87	
6	Caitlin Rossiter	12	Harties Reflections	51,31		50,89	
7	Jana Swanepoel	12	Bloemfontein Sentraal LC	57,21		51,76	
8	Sadie Bothma	12	Harties Reflections	51,81		54,13	
9	Emme Wentzel	12	Summerstrand Lifesaving Club	1:03,62		54,18	
10	Jenica Visser	12	Harties Reflections	1:19,84		1:05,27	
11	Kyla Allott	12	Big Bay Slc	1:09,69		1:07,20	
12	Heyle Ficher	12	Seagulls Lifesaving Club	NT		1:43,04	

Event 46 Boys 12 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2023:		35,21	R	05 May 2018	Elijah Dredge	Gauteng Province	
Name	Age	Team	Seed Time			Finals Time	
1	Troy Steer	12	Clifton Lifesaving Club	46,00		40,91	
2	James Barber	12	Summerstrand Lifesaving Club	51,37		41,63	
3	Jan-Lukas van der Westhuizen	12	Big Bay Slc	47,01		45,10	
4	Ethan Darke	12	Summerstrand Lifesaving Club	53,29		49,42	
5	Nathan Brown	12	Kings Beach Lifesaving Club	NT		51,49	
6	Levi Ludick	12	Kings Beach Lifesaving Club	NT		58,05	
7	Kai Bittencourt Marks	12	Umhlanga Rocks Club	NT		1:03,11	
8	Charles Frost	12	Kings Beach Lifesaving Club	NT		1:08,94	
9	Tyde Geddes	12	Kings Beach Lifesaving Club	NT		1:10,85	
---	Brynn Isaacs	12	Kings Beach Lifesaving Club	NT		DQ	

Event 47 Girls 13 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2023:		36,71	R	05 May 2018	Guilma Lausberg	Freestate	
Name	Age	Team	Seed Time			Finals Time	
1	Jesse-Leah Laderach	13	Summerstrand Lifesaving Club	41,72		39,27	
2	Grace Prince	13	Senathla Lifesaving Club	42,76		40,15	
3	Zoe Steyn	13	Harties Reflections	43,81		40,77	
4	Hanna Burke	13	Big Bay Slc	46,56		44,29	
5	Layla Nixon	13	Boksburg Lifesaving Club	46,93		45,38	
6	Zia Petersen	13	Clifton Lifesaving Club	45,00		45,68	
7	Maria King	13	Umhlanga Rocks Club	NT		46,31	
8	Elizabeth Viljoen	13	Harties Reflections	48,90		47,08	
9	Arabella Fox	13	Big Bay Slc	47,90		50,44	
10	Melissa Johannes	13	Senathla Lifesaving Club	1:01,09		55,31	
11	Abigail Kirkland	13	Big Bay Slc	1:03,97		1:01,25	
12	Jenna Charles	13	Seagulls Lifesaving Club	NT		1:31,17	

Event 48 Boys 13 Year Olds 50 LC Meter Manikin Carry POOL NIPPERS

SA REC 2023:		32,96	R	29 Apr 2017	Dieter Roux	Aquamix	
Name	Age	Team	Seed Time			Finals Time	
1	Xander Swanepoel	13	Boksburg Lifesaving Club	38,52		34,35	
2	Daniel Pappas	13	Summerstrand Lifesaving Club	37,99		34,59	
3	Nicholas Pretorius	13	Summerstrand Lifesaving Club	41,63		35,15	
4	Leon Dupper	13	Summerstrand Lifesaving Club	46,39		38,79	
5	Ruan Hotzhausen	13	Harties Reflections	43,79		40,07	
6	Matt McCraw	13	Milnerton Lifesaving Club	41,47		40,32	
7	Lino Fouche	13	Harties Reflections	43,56		40,36	
8	Andrew Ahmad	13	Milnerton Lifesaving Club	41,46		40,65	

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Name	Age	Team	Seed Time	Finals Time
9 AJ Brits	13	Aquamix Lifesaving Club	45,21	42,34
10 Daniel Moynihan	13	Durban Surf Lifesaving Club	NT	43,65
11 Jack de Beer	13	Fish Hoek Surf Lifesaving Club	49,85	43,98
12 Joshua Huntingford	13	Clifton Lifesaving Club	44,97	44,81
13 Jack Allott	13	Big Bay Slc	42,37	45,08
14 Caleb Ambrose	13	Durban Surf Lifesaving Club	NT	49,79
15 Callan MacIntyre	13	Senathla Lifesaving Club	50,37	49,88
16 Tauro Botha	13	Kings Beach Lifesaving Club	NT	59,28

Event 49 Mixed 8-9 200 LC Meter 4x50 Pool Lifesaver Relay POOL NIPPERS

SA REC 2023: 3:13,37 R 30 Mar 2019 Durban Surf

E Allen, C Ambrose, N Taylor, E Springate

Team	Relay	Seed Time	Finals Time
1 Harties Reflections	A	NT	3:13,40
1) Lika Baird W9	2) Taliyah Eveleigh W9	3) Samuel Steyn M9	4) Amelie van Staden W9
2 Fish Hoek Surf Lifesaving Club	A	NT	3:32,31
1) Vidar Bendixen M9	2) Emilie Conradie W9	3) Isla Conradie W8	4) Boyd Skordis M8
3 Summerstrand Lifesaving Club	A	NT	3:34,54
1) Yama Loni W8	2) Joshua Richter M9	3) Racquelle Saporta W9	4) Addison Shaw W9
4 Durban Surf Lifesaving Club	A	NT	3:35,32
1) Courtney Grant W8	2) Anna Salustiano Silva W9	3) Charley Springate W8	4) Aziza Zuma W9
5 Harties Reflections	B	NT	3:45,46
1) Isabelle de Beer W8	2) Lienke Bester W9	3) Daniel-Louis Evans M9	4) Kano Molefe W7
6 Big Bay Slc	A	NT	3:59,60
1) Kallon Allott M9	2) Nolan Froneman M8	3) Bianca van der Westhuizen W8	4) Daniel van der Westhuizen M8
7 Harties Reflections	C	NT	4:06,10
1) Gian-Franco Fouche M8	2) Omphile Mahlohela W8	3) Marlien Nell W8	4) Ethan Rossiter M9
8 Kings Beach Lifesaving Club	A	NT	4:06,97
1) Katherine Allen W9	2) Keegan Shapiro M9	3) Hannah Stearn W8	4) Leah Verdon W8
9 Kings Beach Lifesaving Club	C	NT	4:49,36
1) Emily Buchner W9	2) Mikhail Kannemeyer M7	3) Scarlett Meiring W8	4) Riandi Muller W9
--- Invitational	A	NT	X4:18,20
--- Summerstrand Lifesaving Club	C	NT	DQ
1) Ruby Darke W8	2) Daniella Gatangi W9	3) Jeff Larter M9	4) Alec-Jude du Preez M8
--- Kings Beach Lifesaving Club	B	NT	DQ
1) Kenzie du Preez W9	2) James Hope M9	3) Rebecca Roux W9	4) Jude Theunissen M9
--- Summerstrand Lifesaving Club	B	NT	DQ
1) Rebecca Joubert W9	2) Jana Serdyn W9	3) Ross Muller M9	4) Connor Louw M9

Event 50 Mixed 10-11 200 LC Meter 4x50 Pool Lifesaver Relay POOL NIPPERS

SA REC 2023: 2:47,76 R 04 Oct 2021 Harties Reflections

L.Fouche, N.Hartman, R.Holtzhausen, Z.Steyn

Team	Relay	Seed Time	Finals Time
1 Summerstrand Lifesaving Club	A	NT	2:51,05
1) Emma de Villiers W10	2) Ethan Rentze M11	3) Miya de Villiers W10	4) Morgan Gous W11
2 Harties Reflections	A	NT	2:59,77
1) Ryn Abrie M10	2) Lune Fouche W11	3) Wian Bester M11	4) Amieka Henning W10
3 Big Bay Slc	A	NT	2:59,88
1) Isabella Brooker W11	2) Rourke Louw M11	3) Jaydon Allott M10	4) Megan Waters W11
4 Big Bay Slc	B	NT	3:13,89
1) Puneet Nagendrakumar M11	2) Diego Jansen M11	3) Tyler-Rose Nel W11	4) Christian van Heerden M11
5 Harties Reflections	B	NT	3:22,46
1) Tshpahalo Pebane M11	2) Tlotliso Rakubutu W11	3) Joshua Steyn M11	4) Migaël-Reuven van der Merwe M
6 Harties Reflections	C	NT	3:23,89
1) Sydney Howes W10	2) Wilmari Nortman-Gobey W11	3) Lumka Zamisa W10	4) Gustav Visser M10
7 Kings Beach Lifesaving Club	A	NT	3:25,43
1) Carly Vencencie W11	2) Zoey Woods W11	3) Eden Whitaker M11	4) Bellame Mostert W11

LIFESAVING SOUTH AFRICA
DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2023

Results - Nipper Day 3

(Event 50 Mixed 10-11 200 LC Meter 4x50 Pool Lifesaver Relay POOL NIPPERS)

Team	Relay	Seed Time	Finals Time
8 Summerstrand Lifesaving Club	C	NT	3:31,37
1) Kaitlyn Richter W11	2) Hayley Holmes W10	3) Ava Larter W11	4) Sophia Gatangi W11
9 Summerstrand Lifesaving Club	B	NT	3:33,61
1) Mary Scowby W11	2) Katherine Pappas W10	3) Rourke Saporta M11	4) Aran Garrett M10
10 Kings Beach Lifesaving Club	B	NT	3:43,81
1) Hiram Robertson M10	2) Jessica Hoflinger W10	3) Hannah Warren W11	4) Lyra Harmse W10
11 Big Bay Slc	C	NT	3:47,84
1) Dylan Froneman M10	2) Jodi Marais W10	3) Keegan Perel M10	4) Hannah van Heerden W10
12 Summerstrand Lifesaving Club	D	NT	3:59,80
1) Sienna Louw W10	2) Emma Darke W10	3) Sloan Warner W10	4) Emma Pretorius W10

Event 51 Mixed 12-13 200 LC Meter 4X50 Pool Lifesavers Relay POOL NIPPERS

SA REC 2023: 2:16,92 R 05 Oct 2021 Kings Beach

C.Brice, W.Ludick, J.Brice, B.Minderon

Team	Relay	Seed Time	Finals Time
1 Summerstrand Lifesaving Club	A	NT	2:15,28 R
1) Leon Dupper M13	2) Jesse-Leah Laderach W13	3) Daniel Pappas M13	4) Nicholas Pretorius M13
2 Harties Reflections	A	NT	2:32,09
1) Lino Fouche M13	2) Ruan Hotzhausen M13	3) Zoe Steyn W13	4) Elizabeth Viljoen W13
3 Clifton Lifesaving Club	A	NT	2:41,02
1) Troy Steer M12	2) Joshua Huntingford M13	3) Zia Petersen W13	4) Riziki Magotsi W12
4 Big Bay Slc	A	NT	2:41,98
1) Jack Allott M13	2) Hanna Burke W13	3) Arabella Fox W13	4) Casey Bruwer W12
5 Summerstrand Lifesaving Club	B	NT	2:46,75
1) James Barber M12	2) Ethan Darke M12	3) Sienna Gous W12	4) Emme Wentzel W12
6 Senathla Lifesaving Club	A	NT	2:49,69
1) Nirvaan Bapoo M11	2) Melissa Johannes W13	3) Callan MacIntyre M13	4) Grace Prince W13
7 Harties Reflections	B	NT	2:55,39
1) Sadie Bothma W12	2) Sulize Henning W12	3) Caitlin Rossiter W12	4) Jenica Visser W12
8 Kings Beach Lifesaving Club	A	NT	3:00,62
1) Troy Biddulph M13	2) Nathan Brown M12	3) Charles Frost M12	4) Kellen Jones M12

Event 52 Girls 12 Year Olds 100 LC Meter Rescue Medley POOL NIPPERS

SA REC 2023: 1:19,93 R 29 Apr 2017 Guilma Lausberg

Mangaung

Name	Age	Team	Seed Time	Finals Time
1 Sienna Gous	12	Summerstrand Lifesaving Club	1:35,00	1:24,23
2 Riziki Magotsi	12	Clifton Lifesaving Club	1:48,37	1:35,65
3 Casey Bruwer	12	Big Bay Slc	1:35,78	1:37,51
4 Sulize Henning	12	Harties Reflections	1:39,39	1:38,65
5 Caitlin Rossiter	12	Harties Reflections	1:32,31	1:43,39
6 Katya Bova-Olsen	12	Fish Hoek Surf Lifesaving Club	1:46,59	1:46,58
7 Sadie Bothma	12	Harties Reflections	1:46,16	1:49,82
8 Miya Krog	12	Fish Hoek Surf Lifesaving Club	1:58,56	1:53,05
9 Emme Wentzel	12	Summerstrand Lifesaving Club	1:43,66	1:56,60
10 Jana Swanepoel	12	Bloemfontein Sentraal LC	NT	2:00,09
11 Kyla Allott	12	Big Bay Slc	2:24,97	2:24,09
--- Heyle Ficher	12	Seagulls Lifesaving Club	NT	DQ
--- Jenica Visser	12	Harties Reflections	2:30,10	DQ

Event 53 Boys 12 Year Olds 100 LC Meter Rescue Medley POOL NIPPERS

SA REC 2023: 1:15,60 R 05 May 2018 Elijah Dredge

Gauteng Province

Name	Age	Team	Seed Time	Finals Time
1 Troy Steer	12	Clifton Lifesaving Club	1:40,62	1:30,67
2 James Barber	12	Summerstrand Lifesaving Club	1:30,66	1:37,87
3 Jan-Lukas van der Westhuizen	12	Big Bay Slc	NT	1:38,79
4 Ethan Darke	12	Summerstrand Lifesaving Club	1:30,66	1:55,18

LIFESAVING SOUTH AFRICA
DHL SOUTH AFRICAN LIFESAVING POOL CHAMPIONSHIPS 2023

Results - Nipper Day 3

(Event 53 Boys 12 Year Olds 100 LC Meter Rescue Medley POOL NIPPERS)

Name	Age	Team	Seed Time	Finals Time
5 Nathan Brown	12	Kings Beach Lifesaving Club	NT	2:03,72
6 Levi Ludick	12	Kings Beach Lifesaving Club	NT	2:20,39
--- Brynn Isaacs	12	Kings Beach Lifesaving Club	NT	DQ
--- Charles Frost	12	Kings Beach Lifesaving Club	NT	DQ
--- Tyde Geddes	12	Kings Beach Lifesaving Club	NT	DQ

Event 54 Girls 13 Year Olds 100 LC Meter Rescue Medley POOL NIPPERS

SA REC 2023: 1:16,62 R 05 May 2014 Guilma Lausberg

Freestate

Name	Age	Team	Seed Time	Finals Time
1 Jesse-Leah Laderach	13	Summerstrand Lifesaving Club	1:33,55	1:25,81
2 Zoe Steyn	13	Harties Reflections	1:32,31	1:30,45
3 Grace Prince	13	Senathla Lifesaving Club	1:33,43	1:33,56
4 Layla Nixon	13	Boksburg Lifesaving Club	1:39,91	1:33,97
5 Hanna Burke	13	Big Bay Slc	1:35,62	1:36,10
6 Elizabeth Viljoen	13	Harties Reflections	1:40,30	1:36,79
7 Zia Petersen	13	Clifton Lifesaving Club	1:44,40	1:38,78
8 Arabella Fox	13	Big Bay Slc	1:57,37	1:59,63
9 Melissa Johannes	13	Senathla Lifesaving Club	2:13,30	2:11,55
10 Abigail Kirkland	13	Big Bay Slc	NT	2:11,93
--- Jenna Charles	13	Seagulls Lifesaving Club	NT	DQ

Event 55 Boys 13 Year Olds 100 LC Meter Rescue Medley POOL NIPPERS

SA REC 2023: 1:09,69 R 05 Oct 2021 Christiaan van Eeden

Harties Reflect

Name	Age	Team	Seed Time	Finals Time
1 Nicholas Pretorius	13	Summerstrand Lifesaving Club	1:30,66	1:11,98
2 Xander Swanepoel	13	Boksburg Lifesaving Club	1:26,35	1:15,80
3 Daniel Pappas	13	Summerstrand Lifesaving Club	1:27,51	1:16,88
4 Leon Dupper	13	Summerstrand Lifesaving Club	1:34,55	1:25,44
5 Lino Fouche	13	Harties Reflections	1:44,96	1:26,53
6 Ruan Hotzhausen	13	Harties Reflections	1:30,50	1:26,55
7 Jack Allott	13	Big Bay Slc	1:31,15	1:30,80
8 Andrew Ahmad	13	Milnerton Lifesaving Club	1:34,31	1:32,73
9 AJ Brits	13	Aquamix Lifesaving Club	1:37,99	1:36,77
10 Matt McCraw	13	Milnerton Lifesaving Club	1:41,41	1:39,22
11 Callan MacIntyre	13	Senathla Lifesaving Club	1:42,84	1:41,10
12 Joshua Huntingford	13	Clifton Lifesaving Club	1:49,75	1:45,85
--- Tauro Botha	13	Kings Beach Lifesaving Club	NT	DQ

Event 56 Mixed 8-9 200 LC Meter 4 x 50 Medley Rescue Relay POOL NIPPERS

SA REC 2023: 2:31,39 R 30 Mar 2019 Durban Surf

E Allen, C Ambrose, E Springate, N Taylor

Team	Relay	Seed Time	Finals Time
1 Summerstrand Lifesaving Club	A	NT	2:40,69
1) Yama Loni W8	2) Joshua Richter M9	3) Addison Shaw W9	4) Racquelle Saporta W9
2 Harties Reflections	A	NT	2:45,27
1) Lienke Bester W9	2) Taliyah Eveleigh W9	3) Samuel Steyn M9	4) Amelie van Staden W9
3 Fish Hoek Surf Lifesaving Club	A	NT	2:54,90
1) Vidar Bendixen M9	2) Emilie Conradie W9	3) Isla Conradie W8	4) Boyd Skordis M8
4 Kings Beach Lifesaving Club	A	NT	2:56,32
1) Katherine Allen W9	2) Keegan Shapiro M9	3) Hannah Stearn W8	4) Leah Verdon W8
5 Durban Surf Lifesaving Club	A	NT	2:59,74
1) Courtney Grant W8	2) Anna Salustiano Silva W9	3) Charley Springate W8	4) Aziza Zuma W9
6 Summerstrand Lifesaving Club	B	NT	3:09,74
1) Rebecca Joubert W9	2) Connor Louw M9	3) Ross Muller M9	4) Jana Serdyn W9
7 Kings Beach Lifesaving Club	B	NT	3:13,11
1) Kenzie du Preez W9	2) Mikhail Kannemeyer M7	3) Rebecca Roux W9	4) Jude Theunissen M9

LIFESAVING SOUTH AFRICA
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Results - Nipper Day 3

(Event 56 Mixed 8-9 200 LC Meter 4 x 50 Medley Rescue Relay POOL NIPPERS)

Team	Relay	Seed Time	Finals Time
8 Kings Beach Lifesaving Club	C	NT	3:15,32
1) James Hope M9	2) Scarlett Meiring W8	3) Riandi Muller W9	4) Cody Strydom M9
9 Harties Reflections	B	NT	3:19,95
1) Lika Baird W9	2) Isabelle de Beer W8	3) Daniel-Louis Evans M9	4) Kano Molefe W7
10 Summerstrand Lifesaving Club	C	NT	3:35,52
1) James Smith M7	2) Charles Brown M7	3) Jeff Larter M9	4) Daniella Gatangi W9
11 Harties Reflections	C	NT	3:43,04
1) Gian-Franco Fouche M8	2) Omphile Mahlohela W8	3) Marlien Nell W8	4) Ethan Rossiter M9
--- Invitational	A	NT	X3:16,19
--- Big Bay Slc	A	NT	DQ
1) Bianca van der Westhuizen W8	2) Nolan Froneman M8	3) Daniel van der Westhuizen M8	4) Tristan van den Heever M9

Event 57 Mixed 10-11 200 LC Meter 4 x 50 Medley Rescue Relay POOL NIPPERS

SA REC 2023: 2:11,22 R 04 Oct 2021 Summerstrand

JL Laderach, L.Dupper, PD Jacobs, D.Pappas

Team	Relay	Seed Time	Finals Time
1 Summerstrand Lifesaving Club	A	NT	2:21,31
1) Miya de Villiers W10	2) Morgan Gous W11	3) Ethan Rentze M11	4) Emma de Viliers W10
2 Harties Reflections	A	NT	2:24,92
1) Ryn Abrie M10	2) Wian Bester M11	3) Amieka Henning W10	4) Tshepahalalo Pebane M11
3 Big Bay Slc	A	NT	2:26,38
1) Isabella Brooker W11	2) Diego Jansen M11	3) Rourke Louw M11	4) Megan Waters W11
4 Summerstrand Lifesaving Club	C	NT	2:33,46
1) Kaitlyn Richter W11	2) Katherine Pappas W10	3) Hayley Holmes W10	4) Sophia Gatangi W11
5 Harties Reflections	C	NT	2:37,97
1) Sydney Howes W10	2) Wilmari Nortman-Gobey W11	3) Gustav Visser M10	4) Lumka Zamisa W10
6 Kings Beach Lifesaving Club	B	NT	2:40,36
1) Carly Vencencie W11	2) Hiram Robertson M10	3) Jessica Hoflinger W10	4) Lyra Harmse W10
7 Harties Reflections	B	NT	2:41,01
1) Lune Fouche W11	2) Tlotliso Rakubutu W11	3) Joshua Steyn M11	4) Migael-Reuven van der Merwe M
8 Big Bay Slc	C	NT	2:53,00
1) Jodi Marais W10	2) Christian van Heerden M11	3) Keegan Perel M10	4) Hannah van Heerden W10
--- Kings Beach Lifesaving Club	A	NT	DQ
1) Zoey Woods W11	3) Bellame Mostert W11	4) Hannah Warren W11	
--- Summerstrand Lifesaving Club	D	NT	DQ
1) Sloan Warner W10	2) Emma Pretorius W10	3) Diveroux Felkers M11	4) Sienna Louw W10
--- Big Bay Slc	B	NT	DQ
1) Jaydon Allott M10	2) Dylan Froneman M10	3) Tyler-Rose Nel W11	4) Puneet Nagendrakumar M11
--- Summerstrand Lifesaving Club	B	NT	DQ
1) Mary Scowby W11	2) Ava Larter W11	3) Aran Garrett M10	4) Rourke Saporta M11

Event 58 Mixed 12-13 200 LC Meter 4 x 50 Medley Rescue Relay POOL NIPPERS

SA REC 2023: 1:57,22 R 05 Oct 2021 Harties Reflections

L.Fouche, N.Holtzhausen, C.van Eeden, X.Nagel

Team	Relay	Seed Time	Finals Time
1 Summerstrand Lifesaving Club	A	NT	1:55,91 R
1) Leon Dupper M13	2) Jesse-Leah Laderach W13	3) Daniel Pappas M13	4) Nicholas Pretorius M13
2 Harties Reflections	A	NT	2:02,23
1) Lino Fouche M13	2) Sulize Henning W12	3) Ruan Hotzhausen M13	4) Zoe Steyn W13
3 Clifton Lifesaving Club	A	NT	2:09,00
1) Troy Steer M12	2) Zia Petersen W13	3) Riziki Magotsi W12	4) Joshua Huntingford M13
4 Big Bay Slc	A	NT	2:14,56
1) Jack Allott M13	2) Hanna Burke W13	3) Arabella Fox W13	4) Casey Bruwer W12
5 Harties Reflections	B	NT	2:17,27
1) Sadie Bothma W12	2) Caitlin Rossiter W12	3) Elizabeth Viljoen W13	4) Jenica Visser W12
6 Summerstrand Lifesaving Club	B	NT	2:17,55
1) James Barber M12	2) Sienna Gous W12	3) Emme Wentzel W12	4) Ethan Darke M12

LIFESAVING SOUTH AFRICA
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Results - Nipper Day 3

(Event 58 Mixed 12-13 200 LC Meter 4 x 50 Medley Rescue Relay POOL NIPPERS)

Team	Relay	Seed Time	Finals Time
7 Senathla Lifesaving Club	A	NT	2:21,88
1) Nirvaan Bapoo M11	2) Melissa Johannes W13	3) Callan MacIntyre M13	4) Grace Prince W13
8 Kings Beach Lifesaving Club	A	NT	2:42,46
1) Troy Biddulph M13	2) Nathan Brown M12	3) Charles Frost M12	4) Kellen Jones M12