



LIFESAVING SOUTH AFRICA

2023 ANNUAL REPORT



WWW.LIFESAVING.CO.ZA

Official Logistics Partner



OUR VISION

Lifesaving South Africa is the National Authority in the effort to prevent drowning and the promotion and delivery of Lifesaving Sport in building an active and winning lifesaving sporting nation in South Africa.

OUR MISSION

Lifesaving South Africa is the National Association for Lifesaving and Lifesaving Sport in South Africa. In these roles Lifesaving South Africa leads, supports and partners with national and international organisations committed to drowning prevention, water safety supervision, emergency response and sport.

INDEX

GOVERNMENT PARTNERS



INDUSTRY PARTNERS



CORPORATE SPONSORS



AFFILIATION



SUPPORTERS



- 3 MESSAGE FROM THE SPONSOR
- 3 MESSAGE FROM PRINCESS CHARLENE OF MONACO FOUNDATION SA
- 4 PRESIDENT'S REPORT
Dhaya Sewduth
- 6 HEAD OFFICE REPORT - Helen Herbert
- 8 DROWNING PREVENTION COMMITTEE
Mzi Mayedwa
- 10 LIFESAVING COMMITTEE - Melvyn Shaw
- 12 SPORT COMMITTEE - Craig van Rooyen
- 13 LSA COMMITTEES AND SUB COMMITTEES
- 14 FINANCE REPORT & ANNUAL FINANCIAL STATEMENT
Bruce Roberts
- 20 GAUTENG PROVINCIAL LIFESAVING ASSOCIATION
Annelie Lourens
- 20 GAUTENG NORTH - Esmé Thompson
- 20 EKURHULENI DISTRICT - Bridget du Toit
- 21 JOZI LIFESAVING - Doug Herbert
- 21 LIFESAVING WESTERN CAPE - Sean Gordon
- 21 CAPE TOWN DISTRICT - Christine Kennedy
- 22 EDEN DISTRICT - Richard Botha
- 22 NORTH WEST LIFESAVING - Rethabile Thwala
- 23 FREE STATE LIFESAVING - Wynand Kotze
- 24 LIFESAVING EASTERN CAPE - Earl Ingram
- 25 OR TAMBO DISTRICT - Riches Mndiyata
- 25 LIFESAVING KWAZULU-NATAL - Troye Brown
- 27 INTERNATIONAL LIFESAVING FEDERATION - Jelle Meintsma
- 28 BRAVERY AWARDS COMMITTEE
Stanford Slabbert
- 30 IN REMEMBRANCE
- 32 ANNUAL AWARDS
- 33 AWARDS STATISTICS
- 34 FATAL DROWNING STATISTICS
- 35 NON-FATAL DROWNING STATISTICS
- 36 MEMBERSHIP STATISTICS
- 38 RESCUE & FIRST AID STATISTICS

MESSAGE FROM THE SPONSOR



Our partnership with Lifesaving SA continues to grow from strength to strength, and this past year serves testament to that, with many rewarding moments in between. We are so proud to see our distinctive yellow DHL brand growing throughout the wider lifesaving community. Through this purpose driven partnership, we are thrilled to play our part in Connecting people, and saving lives – by delivering Water Safety for all. It has also been encouraging to see more collaboration with the municipalities, with a successful pilot project with Bitou Municipality which saw us provide branded DHL LSA kit for their pro-lifeguards. Our aim is to partner with more municipalities across the country, to further amplify a unified lifeguard brand and community.

The past year also delivered some remarkable achievements in the Lifesaving professional sport arena, with a special shoutout to the Lifesaving SA National Squad who showcased their class at the ILS Lifesaving World Championships held in Riccione, Italy, in September 2022. The Proteas finished 3rd in the Championships in both the Open and Youth Surf competitions and placed 8th overall in the combined Open and Youth for Surf and Pool. An excellent achievement and great motivation to all the aspiring athletes. We also delivered another successful DHL Lifesaving National Champs in Gqeberha in March 2023 – it's always an honour to witness the commitment and passion shown by the thousands of athletes who loyally serve LSA.

We are also incredibly proud of the strides that the Watersmart program has made in educating school children on Water Safety with over 48 000 children having gone through the program in 2022. LSA have trained over 3100 teachers in the KZN Department of Education who have delivered the program to more than 250 000 learners since its inception. We are also working closely with the LSA team help create digital content to support a nationwide roll-out of the Watersmart program.

The December holiday season saw some exciting beach activations take place in Cape Town to drive water safety knowledge as we brought the Resci mascot to life. He made appearances on the beach during the holidays and made a surprise appearance for the nippers at this year's DHL LSA National Championships. As the summer season approaches, we look forward to getting Resci out across the country to help increase awareness of the importance of water safety.

A big thank you to the selfless volunteers who risk their lives on a daily basis, to save others. We are incredibly proud to be associated with LSA and look forward to growing our partnership in the years to come.



PRINCESS CHARLENE OF MONACO FOUNDATION SOUTH AFRICA (PCMFA)

The Princess Charlene of Monaco Foundation South Africa focuses on the fact that drowning is a preventable epidemic that predominantly affects children and youth.

It aims to end death and disability caused by drowning by saving and transforming young lives from all backgrounds through the power of education and sport.

Since its inception, the Foundation has established 149 projects in 33 countries.

It has reached nearly half a million people, teaching them to swim, essential water safety skills, and appreciation of the values of sport.

Every year, approximately 360 000 people lose their life to drowning. The tragedy is that over 90% of these deaths are in low and middle-income countries, and children under the age of five are at the greatest risk. Each life lost changes a family forever – but many of these deaths are avoidable, which is why HSH Princess Charlene began the Foundation.

The Foundation has also recently branched out with new, exciting initiatives.

We believe that it's time for our youth to speak about nature and wildlife conservation, helping the underprivileged, water safety, and so much more.





PRESIDENT'S REPORT Dhaya Sewduth - President

Lifesaving South Africa has shown its resilience in the face of adversity to chart an upward trajectory. The year under review concluded with a very successful National Championships in Gqeberha. The feedback on the social media platforms and via correspondence received from clubs and provinces lead us to believe that the 2023 #DHL National Championships was a major success.

The 2023 Nationals followed on the successful tour where our national team won the ILS Africa Lifesaving Championships in Alexandria, Egypt in 2022 and then our Protea Lifesaving team performed extremely well at Lifesaving World Champs in Riccione, in September 2022.

As alluded to in the opening line, the Funding challenges persists as a major hurdle to achieving some of our strategic objectives in the sporting arena. Our apex athletes and team management have to self-fund to travel on tours and this becomes quite debilitating. Many deserving athletes are not able to tour and achieve national colours due to the funding constraints. However, there may be some light at the end of the tunnel, with the Management Board (MB) embarking on a brave new decision to appoint a Fund-raising gent to achieve on fill in this gap.

It is further hoped that with the new Minister of Sport, the funding models for sport federations as well as the way the Lotto disbursements are allocated will be revisited and implemented differently from past years. A workshop called by the Ministry of Sport, Arts and Culture (DSAC) at the end of March 2023, signals a new way of doing things and we await in expectation.

Despite the funding challenges, our noble movement continues to forge ahead in line with our core contribution to our country – that of Voluntary Duties. Another remarkable peak season during the December 2022 holidays through to the Easter break in 2023, saw clubs perform drowning -free duty hours. This was a remarkable achievement considering that beaches and inland recreational waterways saw larger than usual crowds who came out after the Covid-19 lockdowns.

It is worth reminding ourselves that as a movement, that our core business is "Water safety and Drowning Prevention". Through the efforts of our voluntary lifeguard movement we continue to ramp up in this regard. In the light of increased drownings, particularly an unnerving trend of drownings during baptismal ceremonies, our voluntary members can claim that their efforts had prevented a much bigger loss of line, the flagship #WaterSmart Programme

contributes immensely to drowning prevention. LSA has increased its efforts since 2022 to run DP Workshops for the KZN Department of Education (DOE). It was satisfying to see that the partnership with the Provincial Department of Education, together with the long-standing support of the KZN Department of Sport and Recreation, our efforts in the Province continue to grow. The most recent achievement by LSA was to join the efforts to train teachers to learn to swim!

The Drowning Prevention (DP) commission reports that the number of research outputs in DP has also ramped up. There is every likely hood that at least three oral presentations will be made at the World Conference on Drowning Prevention (WCDP2023) by LSA leadership figures. But at the same time, we do not enjoy the support of our national government to announce and promote international events like the UN Declared World Drowning Prevention Day. But we continue to advocate and lobby to ascertain the support and the acknowledge WDPD.

We are looking forward to measuring contribution to saving lives in SA by conducting a study with an actuarial company who will contribute to the research by way of monetary and value-in-kind sponsorship because they see that what we do is quite an important humanitarian effort. This kind of



MANAGEMENT BOARD MEMBERS



Vice President
Warren Prins



Director of Lifesaving
Melvyn Shaw



Director of Finance
Bruce Roberts



Director of Sport
Craig van Rooyen



Director of Drowning Prevention
Mzi Mayedwa

partnership will augur well to present our case to the highest decision makers.

Elsewhere in the report we see the drowning stats tabulated for the year under review. It is a worrying trend that the drowning statistics remains high in our country. Most of the drownings have occurred outside of our voluntary duty hours or in environments where there are no lifeguards. This points to the need for greater community and public awareness of tragedies which are preventable.

Another core area of our work is the Lifesaving training, qualification and standards setting. The training sessions have continued to grow under the stewardship of the Lifesaving Advisory Board. Our training and qualifications are in demand across the country with a bigger demand coming from lifesaving bodies in countries across the border as well as from non-lifesaving club entities. The engagement with Training and Qualification authorities could usher in a new era for Lifesaving South Africa growing in stature.

We also look forward to a partnership to develop an automated Duty APP with the assistance of our long-standing ally in Surf Lifesaving Australia as well as a corporate partner. There have been intense discussions during the year under review

and we look forward to make pronouncements with our partners in due course. Another eagerly awaited initiative will be the development of swift water rescue techniques and qualifications. The fact that climate change has brought on unprecedented flooding in the recent past, means that we will have to continue to be a four-runner in this regard.

While we continue to forge ahead with stakeholder developments with a large number of external stakeholders which positions Lifesaving South Africa in a strong position to deliver on much of its strategic intent and elevate the status of the organization in many sectors. However, we are cognisant of the apparent disconnect with our own internal stakeholders – our members. This is largely due to the reliance on virtual engagement since the COVID-19 years, we do intend to convene more physical engagements with members of our movement during the new financial year

Lifesaving South Africa is proud to take the lead in rolling out the Safeguarding courses to our members. As one of the federations which has pioneered the implementation of policies of Safeguarding, we realise weekly that there is so much more that we have to learn. This has prompted the MB to drive the process to run a series of webinars and masterclasses on implementing Safeguarding.

WE also find ourselves as one of the smaller sport federations in our parent body, SASCOC, taking a leading role in participation and we hope to increase our value within the broader sport development scenario in SA. For example, even though Lifesaving as a sport code is not an Olympic code as yet, our voluntary members and Lifesavers, the world over live the ideals of Olympism 365 [hyperlink]

I conclude by once again expressing extreme gratitude to our principal sponsor DHL, who has not just extended generous financial sponsorship to Lifesaving South Africa but has included us in their global family of affirming and elevating our humanitarian ideals and volunteerism efforts to ensure that we all contribute to Sustainable Development Goals (SDGs) [hyperlink]. Being part of the DHL Brand goes beyond marketing targets, rather it contributes to a global family starching from the Asia Pacific zone through to South America.

My thanks also go out to the Management Board members and the head office staff who have worked tirelessly to ensure that we all contribute towards the goals and targets of achieving the strategy of our noble organization.



Member
Dylan Tommy



Member
Gerald De Jager



Member
Mandy Thompson



Member
Winston Meyer



Co-opted
Nkosi Ngcobo



Athletes Committee
Chair Tove Van Zyl



HEAD OFFICE REPORT Helen Herbert - General Manager

Lifesaving South Africa has once again had a productive period for the year under review, the activities in each of the Provinces show a steady return to duties, community outreaches and sport.

Lifesaving SA has been privileged to have DHL remain for the second year of their term as our Naming Rights Corporate Partner, we thank them for their Purpose Driven Partnership with us, Connecting Lives, Saving Lives. We look forward to the relationship continuing.

Lifesaving SA's Management Board under the guidance of the President Dhaya Sewduth has had a busy year and following meetings with the Department of Sport Arts and Culture as well as with SASCOC, SALGA and other Government Departments has raised the profile of Lifesaving South Africa within these bodies. Thanks goes to Winston Meyer, Warren Prins and Gerald de Jager for being available to attend these meetings.

Safeguarding and youth development has been the focus with several bodies, and meetings were held with SASCOC, the IOC and United Nations on these topics. The LSA Safeguarding policy is updated and ready for ratification at the AGM. Enabling our members to participate in lifesaving at all levels without discrimination, fear or prejudice remains the top priority in the safeguarding process. I thank Mandy Thompson for her invaluable work in this regard.

The portfolio directors have focussed on their relative responsible areas, and I need to thank them all for the hard work done, the details of which are in their reports.

- Bruce Roberts the Director of Finance and the finance team, thank you for the oversight of the accounts and the advice given.
- Craig van Rooyen and the Sport Committee, thank you for the oversight of the sport rules, selections, championships, technical officials and coach development, we look forward to the

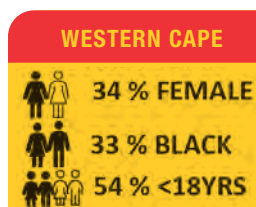
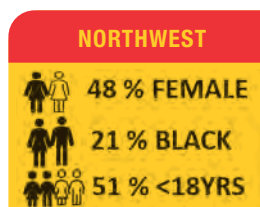
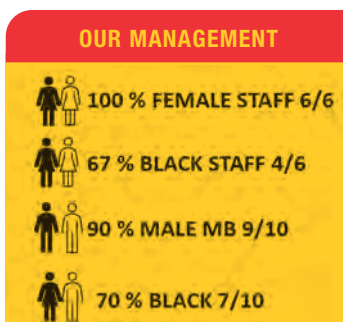
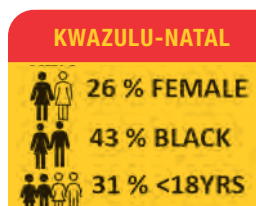
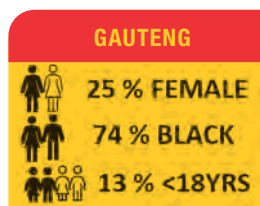
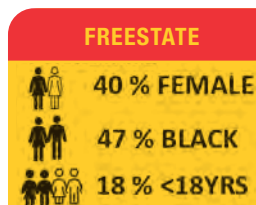
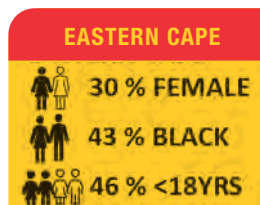
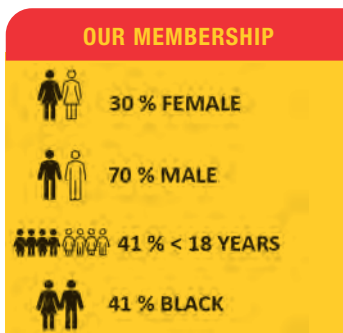
long-term sport development programmes currently under discussion to be rolled out. Thanks goes to Tove van Zyl and the Athlete's Committee for their activities over this past year.

- Mzi Mayedwa and the Drowning Prevention Committee, whose focus has remained the education and training of external body on living safely around water thank you for the roll out of the Survival Swimming and Watersmart programmes, we look forward to the research currently underway to be concluded in time for presentation at the World Conference on Drowning Prevention.
- Melvyn Shaw and the Lifesaving Committee, who have undertaken the review of the Radio Operator, Helicopter Jumper, Squad Leader, Jet Ski Skipper and current awards for continued improvement in the Lifeguard's pathways. The Pool Lifeguard award reciprocity programme between Canada, UK, Australia and South Africa is currently reaching the demonstration phase and will roll out at the WDPC conference in Perth.

Lifesaving South Africa ends the year with a stable financial result for the year, however we still remain vulnerable as we currently have a single corporate partner, and we will be appointing a fundraising officer to assist us with this going forward.

Lifesaving South Africa's membership has declined slightly, especially in clubs based in KZN. The main reasons for the membership churn within the clubs across the country are listed as construction impacts on training venues, relocating, emigrating and the ecological disasters experienced in the provinces, especially along the coastline following severe storms and civil unrest. Western Cape and Gauteng have shown stability and the largest increases in membership.

Lifesaving South Africa has certified over 970 new lifeguards in the season under review and has seen a steady increase in the numbers of lifeguard retests undertaken; of note is the increase in Instructors and Examiners, IRB crewmen and Skippers, Technical officials and Coaches which indicates that the clubs are remaining active in their districts and provinces. We hand the reigns of the Instruction for Lifesaving SA Awards over to Lifeguard Services SA as from 1 April 2023, and wish the new company well as it



continues with the certification of LSA Awards. The Lifesaving Committee remains the governing body for the awards.

The year under review saw the clubs return to their normal sporting activities and 89 Sports Carnivals and events were hosted across the provinces, along with the SA Championships, Inter Provincials and Lifesaving World Championships taking place. The introduction of the Live Heats scoring platform for the surf events has raised the bar for sport going forward.

The club duties have returned in most districts to an almost normal status. Some areas are still experiencing challenges with the closure of venues due to loadshedding, sewerage spills or ecological reasons. We have seen an increase in the numbers of hours completed and submitted from 2022. The number of duties performed in the year under review was 12 536 which returned 94 710.75 voluntary duty hours. The voluntary hours performed, based at the nominal municipal rate for Sundays and Public Holiday returns a community contribution of R19 415 704. Voluntary lifeguards have saved a recorded 2061 lives and assisted with 1769 first aid cases including 16 requiring CPR.

The Watersmart Programme has once again reached out to over 400 schools around South Africa and the partnership with the KZN DOE has created an increased interest from other regions as well. The support given from the Royal Life Saving Society commonwealth has seen to creation and roll out of the Survival Swimming Programme, thanks to Grantham Manchest and the regional Facilitators for the first round. The programme continues with the training of more facilitators and additional funding from RLSS.

Media coverage through the year has more than doubled year on year with the support of the Treble Group who have maintained the social media pages and assisted with our various media inserts. Clubs and Provinces social media footprints have also improved. The 2023 media coverage has returned over 1156 social media posts, 381 print articles, 67 broadcast interviews, inserts and programmes. The media circulation for the year has reached over 802,5Billion persons and has returned an AVE of R22 492 469.

Lifesaving South Africa is proud to continue their activities under the patronage of Her Serene Highness Princess Charlene of Monaco and thank her South African foundation for the support given to the Watersmart and Drowning Prevention Programmes. We are excited to continue our relationship with the foundation. We are however saddened to hear of the passing of one of our Vice Patrons, Mr Neil Langner, we offer condolences to his family and friends.

We note as well the other members from within our lifesaving fraternity that have left our shores in the past year and offer to all who knew them our sincerest condolences and wishes for strength and peace to carry on.

My thanks for the daily operations of LSA must go to each member of staff at LSA Head Office, Janelle Naidoo, Stephanie Moodley, Melinda Pather, Kate Cibane, Queen Mkhize, and Sino Khwezi without whom no certificate or project would be delivered.

Lifesaving continues to look forward rather than backwards and we are positive that we will continue to be the leader in Lifeguarding and Drowning Prevention in Southern Africa.



Join His and Her Serene Highnesses, the Prince and Princess of Monaco, at Sun City this year for the first ever Water Bike Challenge on African soil!

Be the first to participate in the action and event packed weekend, aimed at raising funds for the amazing projects that are being run by the Princess Charlene of Monaco Foundation South Africa.

Meet international sports stars and celebrities either at the Golf Day, Game Drive or Boma Dinner. Have fun at the Beach Party and help us raise funds for these worthy causes.



www.pcmfsa.com



DROWNING PREVENTION COMMITTEE Mzi Mayedwa - Director

Firstly, I would like to thank my Drowning Prevention Committee members for their commitment to Drowning Prevention and Water Safety, I would also like to thank the sub-committee members from the Bravery Award and Scientific Advisory Committee. The drowning prevention initiatives would not be possible without all of your contributions. The Head Office is also one of the major key players in assisting and helping the DPC to achieve their goals and I would like to thank every member of staff.

A huge special thanks go to our volunteer lifeguards who have ensured that we had another drowning-free season in all the places where we operate. When the Director of Lifesaving (Mr. Melvyn Shaw) and Director of Drowning Prevention (Dr. Mziwoxolo Mayedwa) embarked on travelling over 220 kilometers to visit the coastal Lifesaving Clubs, we were so encouraged to witness and experience the spirit of voluntarism. We travelled starting at Kogel Bay, Strand, Macassar, Monwabisi, Mnandi, Alpha, False Bay, Fish Hoek, Hout Bay, Llandudno, and Clifton. It was so wonderful to meet the lifeguards from all different clubs, speak to them and thank them individually for the wonderful work that they have done.

The club visitation symbolised Lifesaving South Africa (LSA) leadership appreciation of the selfless work our lifeguards do. It is without a shadow of a doubt that LSA through our members has greatly contributed to drowning prevention and water safety.

DROWNING FREE SEASON 2022/2023

LSA has reached well over 133 000 rescues performed to date with lifeguards attending to over 5000 first aid cases in the year under review. Voluntary lifeguards have contributed over 94 710 duty hours at the beaches, pools and dams as the venues continue to face ecological and infrastructure challenges through the past year.

The WATERSMART outreach programme has reached over 400 schools through in class volunteer presentations and over 6000 classes through the Department of Education KZN, educator training programmes in this past year.

PRESS PUBLICATION ON DROWNING PREVENTION

As a DP committee, we understand that preventing drowning goes beyond physical activities such as conducting rescues within the bathing areas. The office of the President and Drowning Prevention office has embarked on releasing a number of press publications to educate and provide informative knowledge on how to be safe during the festive season. There was an increase in press publications on drowning prevention and water safety. Radio interviews were conducted and ongoing engagement with the office of the General Manager assisted greatly in setting up the interviews. There has been an improved collegial collaboration which contributed to increasing the image of LSA as far as drowning prevention is concerned. Here are some of the televised interviews that were conducted to inform the members of the public:

- Discussion / Baptism drownings / Lifesaving SA offers to make rituals safer televised by ENCA (interviewee LSA Director of Drowning Prevention)
- Discussion / Concern over increased drownings

televised by ENCA (interviewee LSA President Dhaya Seduwth)

- Discussion / Durban beaches following New Year celebrations televised by ENCA (interviewee LSA President Dhaya Seduwth)
- And many social media activities shared by lifesaving clubs.

The publications and media engagements placed LSA in the forefront of Drowning Prevention and changed the narrative from the focus on death by drowning to the rescues performed to save lives. LSA's role in the creation of safe swimming zones, especially at the 83+ clubs around the country and the supply into formal employment of professional lifeguards through the volunteer programmes. I would like to thank Dhaya for endless phone call conversations where we deliberated on a number of issues about the publications including the interviews that we have conducted.

WORLD DROWNING PREVENTION DAY 2022 CAMPAIGNS

Lifesaving clubs carried out many programmes highlighting the UN declared day calling for action around the prevention of drowning in South Africa. A special mention must be made of Blue Water Bay Lifesaving club in Gqeberha whose programme was highlighted in the SABC and ENCA news and can be found on the YouTube Channel for review. Further activities included interviews on the Espresso Show with a sunrise session of activities and interviews on Muizenberg Beach in Cape Town. These were collaborative events with the inclusion of the Directors of Drowning Prevention, and Lifesaving as well as Mrs Belinda Minter from Eco Active a WATERSMART facilitator and a number of school children from the local lifesaving clubs.

- Lifeguards chat Water Safety & Drowning Prevention televised by Espresso Show on SABC 3 (Interviewees LSA Director of Lifesaving and Lifeguard Busisiwe Matshoba)

- Lifesaving Showing their Fitness televised by Espresso Show on SABC 3 (Interviewee LSA Lifeguards)
- Water safety for children televised on ENCA (Interviewee LSA President)

The campaign highlighted the risks that children face without competent or designated supervision in and around water with the provision of "designated supervisor" cards attached to a lanyard which was distributed to the lifesaving clubs. The card helps not only children identify who is watching them but other bystanders can ensure that the supervisor is carrying out their responsibility correctly and is not being interrupted. This campaign provided the following information:

A designated supervisor:

- Is a sober adult
- Stays within arm's reach of child swimmers
- Pays attention & keeps watch
- Is not distracted by their cell phone, book, or magazine
- Actively passes responsibility on to somebody else when they step away
- Secures the pool area or pool cover when children are finished swimming
- Calls for help in an emergency

RESEARCH AND DEVELOPMENT

Research and development by Scientific Advisory Committee led by Dr. Colleen Saunders.

Research and development is one of the cornerstones in terms of ensuring LSA provides credible information on drowning prevention and water safety. The Director of Drowning Prevention Dr. Mziwoxolo Mayedwa together with the Deputy Director of Drowning Prevention who is also also the Convenor of the Scientific Advisory Committee Dr Colleen Saunders were asked to collaborate on the write-up of the Flood Disaster awareness seminars which were hosted by Lifesaving South Africa in



2021. The title of the manuscript is "*Flood response challenges, training needs, and the Impact of online flood training for Lifeguards and water safety professionals in South Africa.*" This manuscript was submitted for publication but requires some further edits and work with our collaborators Dr. Shayne Baker, Dr Amy Peden, and Andy Mayhew.

Dr. Saunders also has the following current activities in collaboration with the UCT Division of Emergency Medicine

- A retrospective analysis of the circumstantial factors contributing to drowning incidents reported in the South African media: An analysis of LSA's media drowning reports database. This was analysed and written up by an MPhil student but the data analysis is currently being updated and double-checked. This will be presented at WCDP 2023 and written up in a report for publication and LSA information.
- A University of Cape Town MSc (Emergency Medicine) student was funded to conduct a study to map out the policy and legislation environment in South Africa, as it relates to drowning prevention. She will do a policy analysis to explore how drowning prevention is represented across different sectors. The anticipated completion date is the end of 2024.

Dr. Saunders also has 2 projects on offer for the UCT undergraduate medical students for completion July-August 2023. Students on this project will work together to perform a scoping review of published research evidence on coastal drowning, beach, and surf lifesaving and map these publications against pre-identified topics and settings. This will generate an evidence map for this area that will help to guide future research activities in South Africa. In addition, the scoping review of the published evidence will be provided to Lifesaving South Africa to assist in developing and improving lifeguarding practices in South Africa based on the available evidence and guide the activities of their Scientific Advisory Committee. Furthermore, the UCT Division of Emergency Medicine has sub-contracted with the HPCSA to develop evidence-informed clinical algorithms from the Prehospital Clinical Practice Guidelines. Dr. Saunders is working on the algorithm for the prehospital management of drowning.

There are non-research, advisory projects led by Dr. Saunders that also serve in the World Health Organisation Technical Advisory Group for the development of the Global Drowning Status report by the end of 2024. She travelled to Geneva in February 2023 for a 2-day workshop in which they discussed and finalised the survey tool which

will be completed by every country. Country WHO officers will be/have been contacted by WHO Regional Officers. They in turn make contact with their Ministry of Health counterparts to request that they complete the survey tool. The survey tool is multisectoral in nature and the intention is that many different stakeholders across the country will have input into the survey. The project will fund a consensus stakeholder meeting in each country to complete the survey tool. It is imperative that Lifesaving SA is part of that stakeholder meeting, and LSA head office has reached out to the Director General of the MoH to offer our support and assistance.

PLANNED FUTURE RESEARCH ACTIVITIES

- We would like to do a formal evaluation of the LSA Watersmart programme, but this hasn't been started yet.
- We are exploring a proposal with Prof Ashley van Niekerk at UNISA to do a piece of work on the social impact of lifesaving as a movement i.e. addressing unemployment, social upliftment, physical health, child development, etc
- We would also really like to explore an economic evaluation of the contribution of volunteerism by Lifesaving South Africa, but struggling to find people with the right expertise (economics) to collaborate on this.

DUTY SQUAD DETAILS - April 2022 to March 2023

	Total Days	Total Members	Total Hours		Total Days	Total Members	Total Hours		Total Days	Total Members	Total Hours
LIFESAVING EASTERN CAPE				Hammanskraal	-	-	-	LIFESAVING WESTERN CAPE			
East London	30,00	248,00	1 973,00	JPTSR	-	-	-	Alpha	42,00	230,00	1 304,00
Jeffrey's Bay	3,00	23,00	200,00	Killer Whales	2,00	3,00	10,00	Arena	-	-	-
Woodridge	12,00	89,00	694,00	Trident Lifesaving	15,00	128,00	719,00	Belville	5,00	30,00	144,00
Bluewater Bay	28,00	175,00	1 398,00	Tshwane	-	-	-	Big Bay	37,00	755,00	4 634,00
Hobie Beach	-	-	-	Tuks	18,00	33,00	175,00	Clifton	37,00	523,00	3 538,00
Kings Beach	30,00	302,00	2 532,00	LIFESAVING KZN				False Bay	35,00	209,00	1 247,00
Sardinia Bay	-	-	-	Amanzimtoti	40,00	259,00	2 313,00	Fish Hoek	35,00	542,00	3 205,00
Seagulls	22,00	157,00	1 301,00	Durban Central	-	-	-	Hout Bay	29,00	159,00	968,00
Summerstrand	12,00	106,00	794,00	Durban Lifeguard	-	-	-	Kogelbay	3,00	13,00	72,00
Coffee Bay	7,00	55,00	402,00	Durban Surf	100,00	1 024,00	9 702,00	Llandudno	22,00	221,00	1 598,00
Fossil	11,00	82,00	592,00	Durban Undersea				Macassar	6,00	60,00	427,00
Mbashe	48,00	213,00	1 720,00	Lifesaving Club	22,00	215,00	1 239,00	Milnerton	40,00	498,00	3 174,00
Msikaba	22,00	165,00	1 155,00	Fast Track	22,00	106,00	954,00	Mnandi	44,00	248,00	1 166,00
Mzamba	19,00	69,00	500,00	Kwadukuza				Monwabisi	41,00	179,00	1 117,00
Nyadeni	6,00	47,00	392,00	Lifesaving Club	-	-	-	Strand	32,00	355,00	2 323,00
Port St Johns	-	-	-	Marine	95,00	698,00	6 362,00	Strandfontein	32,00	258,00	1 694,00
Tigers	12,00	37,00	327,00	Suncoast Pirates	93,00	632,00	6 528,00	UWC Aquatics	-	-	-
Umgazi Dolphin	50,00	538,00	3 859,00	Sunkist	17,00	91,00	917,00	X-Stream	4,00	34,00	306,00
Umzimvubu	-	-	-	Thekwini	34,00	270,00	2 571,00	Hartenbos	41,00	210,00	1 329,00
LIFESAVING FREE STATE				Umhlanga Rocks	34,00	245,00	1 978,00	Hessequa	31,00	106,00	1 000,00
Bloemfontein	15,00	72,00	410,00	Warnadoone	43,00	273,00	2 334,00	Great Brak	16,00	59,00	504,00
Manguang	-	-	-	Winklespruit	54,00	252,00	2 215,00	Knysna	-	-	-
Kroonstad	-	-	-	Margate	-	-	-	Marlin	7,00	76,00	656,00
LIFESAVING GAUTENG				Scottburgh	53,00	288,00	2 349,00	Mossel Bay	26,00	105,00	572,00
Boksburg	9,00	23,00	100,50	Umtamvuna	36,00	142,00	980,00	Outeniqua	4,00	15,00	104,00
Senathla	25,00	59,00	441,00	Aquafin Ladysmith	-	-	-	Plett	25,00	144,00	1 116,00
City of Johannesburg	-	-	-	Empangeni Lifesaving	13,00	46,00	414,00	Southern Cross	22,00	189,00	1 182,00
Ellis Park	-	-	-	LIFESAVING LIMPOPO				Totals	1 716,00	12 536,00	94 710,75
Linden	3,00	17,00	104,00	Forever Resorts	-	-	-	Average to October 2022 - March 2023			
Rapid Rescue	-	-	-	LIFESAVING NORTH WEST					7,31	7,56	
Soweto Sharks	-	-	-	Aquamix	10,00	30,00	79,25				
Aqua Martina	6,00	7,00	15,00	Harties Reflections	29,00	99,00	582,00				
				Sun City	-	-	-				



LIFESAVING COMMITTEE Melvyn Shaw - Director

OFFICE TEAM:

I'm always amazed by the exceptional service provided by Head Office, whether it's for matters concerning the Province or the Club. Helen and her incredible team deserve a big thank you. Whenever I'm in need of information, I know that all it takes is a single phone call to get exactly what I need. Their seamless collaboration and meticulous organization before sharing any information is truly impressive. They operate like a well-oiled machine, and it's all thanks to the exceptional leadership of the GM. Congratulations to this amazing team for their outstanding work.

LIFESAVING ADVISORY BOARD (LAB)

The Lifesaving Advisory Board (LAB) is at the core of the organization, bringing together a team of experienced individuals who consistently deliver exceptional results. Whether it's engaging in exams or having discussions where differing opinions arise, the LAB always finds a way to reach resolutions and provide valuable recommendations. Each member of the LAB team possesses extensive expertise in various lifeguarding domains, including pool, open water, and surf activities, making their contributions invaluable. Lifesaving South Africa (LSA) recognizes and appreciates the depth of knowledge and the significant impact they bring. It's not just about the quantity of their contributions; it's the unwavering commitment to quality that sets them apart.

ROYAL LIFESAVING SAVING SOCIETY COMMONWEALTH

The RLSS award reciprocity programme continues to operate across the UK, Canada, Australia and South Africa. The programme has identified the gaps in the lifeguard learning content between the countries in an attempt to make it simpler for lifeguards to travel and work through the Commonwealth. This programme is nearing the final testing and implementation phase and once that is completed further Commonwealth countries will join the programme.

LIFESAVING PROGRAMMES

LSA continues to make significant strides in the development of the lifeguard programmes with the current piloting of Helicopter Search and Rescue with Air Medical Services (AMS) and Western Cape Disaster Management in the Mossel Bay and Cape Town Areas. Only the most skilled and physically fit individuals are selected to participate in the programme. We are proud to have members within our organization possessing the specific expertise required to conduct this training. Further skills training in Swift Water Rescue Programmes are being developed as well. The ultimate goal is to establish dedicated swift water and search and rescue teams in each province, equipped with the necessary skills and training to handle emergencies effectively.

INSTRUCTOR AND EXAMINER TRAINING

Instructor and examiner training is ongoing, aimed at elevating LSA's lifeguard standards. These courses have been designed to uplift our members and equip them with the necessary tools to operate professionally and responsibly. Helen has done an outstanding job in organizing and facilitating this training, even incorporating four weeks of online classes to ensure comprehensive understanding. Each module required participants to submit their work before progressing to the next phase. The shift towards online classes within LSA is a positive step in the right direction, and we must actively embrace this approach. Online platforms offer convenience and accessibility, enabling us to adapt to changing circumstances and needs. While financial considerations are important, it is crucial that we prioritize adaptability and continue to develop smarter, more efficient programmes to deliver our courses effectively. The rapidly evolving nature of the IT world serves as a testament to the possibilities that lie ahead. Online communication platforms such as Zoom, Teams, VOD, VoIP, and Skype have revolutionized accessibility, enabling individuals with disabilities to participate without leaving their homes. It is imperative that we monitor and adapt our processes to stay at the forefront and

provide inclusive learning opportunities.

BLUE FLAG

The Blue Flag programme under the auspices of WESSA continues. The infrastructure maintenance and loadshedding experienced within the Municipal structures has caused much disruption within the programme, with many Blue Flag beaches being affected by the sewerage and pump failures across the country. WESSA has been developing more effective methods of water quality testing, pushing to have this done fortnightly and not monthly as is the current municipal process.

WESSA is responsible for 4820 beaches in 49 countries, and have expressed the importance of LSA's involvement in ensuring beach conditions and standards. Collaborating with LSA will provide them with peace of mind, knowing that all necessary checks have been conducted, the beaches are in good condition, and emergency equipment is in place.

VISITING CLUBS

I have had the opportunity to visit several clubs, in Durban, Port Elizabeth, Mossel Bay, and Western Cape. These visits have been truly eye-opening for me, as I've witnessed the facilities and conditions under which volunteers carry out their duties. It was disheartening to discover that many clubs lack awareness of the board members and their roles. Smaller clubs, struggling to fulfill their duty obligations, face challenges in conducting effective recruitment drives to attract new members and build their clubs. Provinces require intervention to kick-start programmes and address these issues. LSA along with the Directors, need to find ways to support the smaller clubs otherwise we risk the potential of losing them. While it may not be feasible to assist every province or club individually, proactive intervention is crucial to secure the future of our membership. Time and commitment are necessary to address the logistical challenges at the grassroots level. The intervention needs to happen now rather than later to ensure the sustainability and growth of our clubs.



PROVINCE:	CLUBS:	CLUB NO:	DUTY HOURS 2022/23:	NUMBER OF EXAMINERS:	NO OF EXAMS:
LIFESAVING EASTERN CAPE	East London, Jeffrey's Bay, Woodridge, Bluewater Bay, Hobie Beach, King's Beach, Sardinia Bay, Scorpion Aquatics, Seagulls, Summerstrand, Coffee Bay, Fossil, Mbhashe, Mdumbi, Msikaba, Mzamba, Nyadeni, Port St. Johns, Tigers, Umngazi Dolphin, Umzimvubu	20	17 839	LA = 23 Nipper = 8 IRB = 3 Still = 2	Surf = 685 Pool = 4 O/W = 0 S/W = 0 Total = 689
LIFESAVING GAUTENG	Boksburg, Senathla, City of Johannesburg, Eligwa Aquatics, Ellis Park, Linden, Rapid Rescue, Soweto Sharks, Trident, Aqua Martina, Hammanskraal, JPTSR, Killer Whales, Tshwane, Tuks	15	1 564.50	LA = 19 Nipper = 2 IRB = 3	Surf = 0 Pool = 232 O/W = 93 S/W = 3 Total = 328
LIFESAVING KWAZULU-NATAL	Amanzimtoti, Durban Central, Durban Professional Lifeguard, Durban Surf, Durban Undersea, Fast Track, Marine, Pirates, Sunkist, Thekwini, Umhlanga Rocks, Warnadoone, Winkelspruit, Scottburgh, Umtamvuna, Aquafin (Ladysmith), Empangeni	17	40 856	LA = 20 Nipper = 18 IRB = 5 Still = 4	Surf = 821 Pool = 63 O/W = 0 S/W = 0 Total = 884
LIFESAVING FREE STATE	Bloemfontein, Manguang	2	410	Still = 2	Surf = 0 Pool = 0 O/W = 18 S/W = 0 Total = 18
LIFESAVING LIMPOPO	Forever Resorts	1	0		Surf = 0 Pool = 17 O/W = 0 S/W = 0 Total = 17
LIFESAVING NORTH WEST	Harties Reflection, Aquamix, Sun International Sun City	3	661.25	Still = 2	Surf = 0 Pool = 18 O/W = 68 S/W = 0 Total = 86
LIFESAVING WESTERN CAPE	Alpha, Arena, Bellville, Big Bay, Clifton, False Bay, Fish Hoek, Hout Bay, Kogel Bay, Llandudno, Macassar, Milnerton, Mrandi, Monwabisi, Strand, Strandfontein, UWC Aquatics, X-Stream, Great Brak, Hartenbos, Hessequa, Marlin, Mossel Bay, Outeniqua, Plett, Southern Cross	26	33 380	LA = 30 Nipper = 12 IRB = 8 Still LA = 6 Still Nip = 5	Surf = 1 730 Pool = 83 O/W = 5 S/W = 0 Total = 1 818
ASSOCIATE MEMBERS	EcoActive, Grootbos Foundation, Life Aquatics Consultants, Lifesaving Medical Rescue Services and Training, NSRI, Oceans Alive, Personal Lifeguard Services, Reinhardt Drewel Foundation, Siyasindisa Academy, Western Cape Metro Rescue	10			Surf = 33 Pool = 93 O/W = 5 S/W = 0 Total = 131
PRIVATE					Surf = 2 Pool = 1 O/W = 0 S/W = 0 Total = 3





SPORT COMMITTEE Craig van Rooyen - Director

LSA SPORTS COMMITTEES

- Sports Advisory Board
- Athletes Committee
- Nipper Sports Board
- Rules Committee
- National Selectors
- High Performance Committee
- Technical Officials

The Sports Advisory Board and sub-committees hosted several virtual meetings throughout the year and also had representation at the strategic meeting, AGM, and face to face at the various events throughout the year, and have been involved in many discussions and proposals on the various subcommittees, sport structures, appointments and aims of LSA. The SAB together with the sub committees accomplished what was set out over the annual period despite challenges that test the strengths of the members.

NATIONAL COMPETITIONS

After finishing the 2022 National champs in April gave our athletes a great opportunity to train and stay active in the winter months to the build up of the 2022 Lifesaving SA inter-provincial champs. The event took place on the 6th and 7th of August at the Stellenbosch university and Strand beach as a back to back event hosted by Lifesaving Western Cape to cover both Stillwater and surf disciplines. We had participation from all 6 provinces with the LEC nipper team proving themselves in the pool and LWC taking the overall top position. Surf Boating was represented by all 3 coastal provinces with KZN taking the title.

2022 Inter Provincial Champs - 6 & 7 August 2022

- Pool events – Stellenbosch University Pool
- Surf Events – Strand Beach

Winner – Western Cape with 550 points

Openwater champs was hosted at the Vaal dam by LFS in conjunction with GPLA which was a great success in February despite the torrential rains flooded dam and access points, all events were completed and Harties took the overall top position winning the national open water champs 2023.

2023 Openwater Champs 18th February 2023 at Vaal Dam

1st	Harties	836 pts
2nd	Tuks	637 pts
3rd	Bloem	299 pts

LNMB and Kings Beach Lifesaving Club hosted the 2023 national championship for the 8th consecutive period, starting on the 28 March 2023, the event covered all age disciplines and both still water and surf.

The event was run over 7 days and attracted over 1400 competitors and 34 clubs from all 6 provinces, Clifton took the overall surf aggregate while Fish hoek and Summerstrand were strong contenders not far behind. The event proved as a great success and assisted LSA financing with over R700 000 in income.

2023 DHL SA National Championships 30th March – 5th April in Gqeberha

1st	Clifton	1410.5 pts
2nd	Fish Hoek	1390 pts
3rd	Summerstrand	1373 pts

INTERNATIONAL EVENTS

The only ILS international event in the period was Lifesaving World Champs hosted by Italy in September 2022. LSA sent both Junior and senior fully capped teams across both genders and disciplines. SA achieved a 3rd in surf overall and 12th in still water.

LIFESAVING WORLD CHAMPS NATIONAL TEAM

20th September – 9th October 2022 in the city of Riccione, Italy

Junior Female

- Tatum Botha
- Nicolette Challenor
- Holly Cleworth
- Georgia Singe
- Jenna Tarr
- Savannah Voigt

Junior Male

- Max Davidson
- Christian Davidson
- Naor Lombard
- Aiden Bornman
- Levi Mayes
- Samuel Booysen

Senior Female

- Amica de Jager
- Melissa Corbett
- Tove Van Zyl
- Ellen Kleinschmidt
- Kendra du Toit
- Sasha Lee Corris

Senior Men

- Ryle de Morny
- Chevan Clarke
- Mark Keeling
- Cheyne Haupt
- Luke Nisbet
- Len Mackay Douglas

Team Management

- Manager (Surf and Overall) – Mike Rodda
- Pool Manager – Dayle Bornman
- Surf coach – Dean Marais
- Pool coach – Lynette van Rensburg

Team Captains

Youth Captains

- Tatum Botha & Naor Lombard

Senior Captains

- Chevan Clarke & Melissa Corbett

The Sports Board and myself are grateful for having Grant Breetzke step up as a Deputy Director of Sport in the season and has changed the dynamics with leadership as well input from a management perspective and sub-committee guidance.

We are looking forward to the season ahead ensuring we focus on athlete needs, development and great competition both nationally and internationally.



LIFESAVING SOUTH AFRICA COMMITTEES AND SUB COMMITTEES

SPORT COMMITTEE PROVINCE

Director: Sport	Craig Van Rooyen	LEC
Deputy Director:	Grant Breetzke	LEC
Members	Annelie Lourens Earl Ingram Tommy Veldhuis Troye Brown Evan Pieterse	GPLA LEC LWC LKZN LNW
Co-opted Members	Heather Morris-Eyton Dave Clement Desmond Kiewiets	GPLA LKZN GPLA

SUB COMMITTEE FOR RULES, TECHNICAL OFFICIALS AND CHAMPIONSHIPS

Members	Jelle Meintsma Allen Pembroke Graham Lewis John Coyne Annelie Lourens Marna Pieterse	LKZN LKZN LWC LKZN GPLA LNW
---------	---	--

SELECTION PANEL

Convenor	Nic Horn	LKZN
Surf Selectors	Tyrrel Murray Dylan Botha	LWC LKZN
Stillwater Selectors	Valencia Walker Marna Pieterse	GPLA LFS

ATHLETES COMMITTEE

Chairperson	Tove Van Zyl	GPLA
Secretary	Courtney Davidson	LEC
Members	Johan Lourens Zenobia Van Heerden Christy Gilmour Jordaan Deeble Zanri Pieterse Len Douglas-Mackay Lana Loots	GPLA LWC LKZN LKZN LNW LFS LFS

NIPPER SPORT COMMITTEE

Chairlady	Jane Lewis	LWC
Members	Tim White Martina van den Bout Johan Lourens Liesel van Rooyen Robert Stegmann Hannah Geyser	LKZN GPLA GPLA LEC LEC LFS

COACHES COMMISSION

Members	Lynette Van Rensburg Dean Marais Claudio Miller Valencia Walker Ceasar Plaatjies Prof Heather Morris-Eyton	LNW LKZN LWC GPLA LEC
---------	---	-----------------------------------

LIFESAVING COMMITTEE

Director	Melvyn Shaw	LWC
Members	Deon Woodley Ciska Bobbert Carlo Klaasen Darren Willars Martina Van Den Bout Pamela Diesel Tess Kotze	LKZN LNW LWC LWC GPLA GPLA LEC
Co-opted Members	Pat Wilcox Sheldon Roux	GPLA LKZN

MEDICAL ADVISORY COMMITTEE

Members	Dr Mike Marshall Dr Glen Hagemann Dr Craig Springate	LKZN LKZN LKZN
---------	--	----------------------

NIPPER EXAM AND HANDBOOK REVIEW COMMITTEE

Convenor	Peter Gilmore	LKZN
Members	Ciska Bobbert Martina van den Bout Anthony Cocks Jane Lewis Sheldon Roux	LNW GPLA LEC LWC LKZN

DROWNING PREVENTION COMMITTEE

Director: Drowning Prevention	Mzi Mayedwa	LWC
Deputy Director: Drowning Prevention and Convener of Scientific Advisory Committee	Dr. Colleen Saunders	LWC
Convenor of Bravery Awards	Mr Stanford Slabbert	LEC
Members	Keith Matthews Challenge Karumah Deon Woodley Martina Van Den Bout Jennifer Taylor Richard Botha Willem Van Der Merwe	LWC GPLA LKZN GPLA LNW LWC LEC

BRAVERY AND DROWNING PREVENTION AWARD SUBCOMMITTEE

Convener	Stanford Slabbert	LEC
Members	Lance Harrison Ken Bentall Bevin Worlock Richard Davidson Ken Honeysett Winston Meyer Sue Gutsche Wendy Gibson-Taylor Charles Khumalo Eric Maceba	LKZN LKZN LKZN GPLA LKZN GPLA LWC LKZN LKZN LWC

FINANCE COMMITTEE

Director: Finance	Bruce Roberts	LKZN
Finance Committee Member (SW) Rep	Liesje Jubber	GPLA
Finance Committee Member (Surf Rep)	Adrienne Brown	LKZN

DISCIPLINARY COMMITTEE

Convener	Siyanda Buthelezi	KZN
----------	-------------------	-----

HONORARY LEGAL ADVISORY COMMITTEE

	Adv SC Marius Oosthuizen Chad Levendal Roux Potgieter	
--	---	--





FINANCE COMMITTEE Bruce Roberts - Director

The Annual Financial Statements for the year ended 31 March 2023 are included in the 2023 Annual Report.

These were approved by the Management Board on 3 June 2023 and will require approval by the National Council on 29 July 2023.

The financial affairs of LSA were well controlled throughout the year under review and the financial results reflect a small surplus of R47 359 (2021/22: R1 537 057).

INCOME

After deducting the R795 000 DHL- Watersmart donation received during the financial year and the DSAC Grant (R900 000), normal operating income decreased by R1 275 419 to R3 263 364.

The major items impacting on our decreased revenue streams - the previous year's R600 000 Wimpy Sponsorship and Competition surpluses of R920 243 from the 2021 and 2022 SA Championships. The 2023 SA Champs were held during March/April 2023 and the surplus therefrom will be included in the 2023/24 financial year.

EXPENDITURE

After excluding expenses that are not related to normal operating expenditure - DSAC Grant expenditure R720 015 and the Watersmart expenditure R885 371, total expenditure increased by R114 299 to R3 416 005.

The major items impacting on our increased expenditure - AGM and Annual Report costs R127 264 (physical meeting), Meeting expenses R151 416 (physical meetings - Strategic Planning & others) and National Team competitions R140 385. These were offset by lower expenditure on Obsolete Stock write offs R85 823 and the once-off Provision for Financially Disadvantaged Athletes subsidy R200 000.

LOTTO GRANTS

LSA did not receive any Lotto Grants during the year under review. Expenditure of R276 996 was incurred during the year and the balance of R216 766 as at 31 March 2023, is still to be spent.

DEPARTMENT OF SPORT, ARTS AND CULTURE ("DSAC") - GRANTS

During the year LSA received an amount of R900 000 from DSAC. During the year under review expenditure of R720 015 was incurred and R200 000 was allocated to LSA administration costs. A balance of R124 780 is still to be spent as at 31 March 2023 (Unspent as at 31 March 2022: R144 795).

DHL - WATERSMART PROGRAMME

During the financial year LSA received a R795 000 Section 18A donation from DHL and incurred expenditure amounting to R885 371. A balance of R345 151 is still to be spent as at 31 March 2023 (Unspent as at 31 March 2022: R435 522).

FIXED ASSETS

The freehold land and buildings situate at 35 Livingston Road, Durban ("Surf House") were previously registered in the name of the Surf Lifesaving Association of South Africa. The transfer to Lifesaving South Africa was registered in the Deeds Office on 5 September 2018.

The 2022 Municipal property valuation is R4 280 000, however the Management Board valued the property during June 2022 at R2 500 000. This valuation was based on independent advice from Chalupsky Properties and the property value was based on the "market rental valuation method". This valuation method is more pertinent to a commercial property.

FINANCIALLY DISADVANTAGED ATHLETES FUND (FDAF)

National Council confirmed the establishment of a FDAF at the 2022 AGM and R200 000 was injected into the Fund during the 2021/22 financial year. During the year under review a further R38 741 was credited to the Fund from the additional R5 Capitation levy and other sundry contributions. A further R12 554 has been credited to the Fund during the 2023/24 financial year ex the R10 levy included in the SA Champs entry fees. The Fund balance now stands at R251 295.

PROSPECTS FOR 2023/24 FINANCIAL YEAR

The 2023/24 financial year is once again going to be a year of financial survival and LSA is fortunate to retain the ongoing support from our DHL sponsorship contract. The 2023 SA Championships were held in March/April 2023 and the estimated surplus of R743 654 will be included in the 2023/24 results.

Fixed expenses are approximately R258 000 per month and our financial estimates for the year ending 31 March 2024 reflect a surplus of R777 400 (this is effectively from SA Champs surplus).

We need to continue with our slow build-up of our financial reserves in order to ensure our continued financial sustainability.

THANKS

I would like to thank Adrienne Brown and Liesje Jubber for their contributions to the financial affairs of LSA via their valuable inputs to the Financial Committee.

Once again, many thanks to Helen Herbert and her Head Office team (including Liesl Swanepoel from Optimal Accounting).

Lastly, thanks to Vinesh (from our auditors V N Kandailal and Company) for his continued support and advice.

LIFESAVING SOUTH AFRICA FINANCIAL STATEMENTS for the year ended 31 March 2023

The reports and statements set out below comprise the annual financial statements presented to members:

Index	Page
Report of the independent auditors	2
Report of the management board and financial committee	3
Statement of financial position	4
Statement of comprehensive income	5 - 6
Statement of changes in equity	7
Statement of cash flows	8
Notes to the financial statements	9 - 12
Other schedules	13

Approval and statement of responsibility

The financial statements which appear on pages 5 to 15 were approved by the National Council of the Association on 20 August 2023 and signed on their behalf by:

D Sewduth
President

H M Herbert
General Manager

B Darbyshire-Roberts
Director of Finance

INDEPENDENT AUDITOR'S REPORT

Opinion

We have audited the financial statements of LIFESAVING SOUTH AFRICA set out on pages 5 to 15, which comprise the statement of financial position as at 31 March 2023, and the statement of comprehensive income, the statement of changes in reserves and the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the financial statements of LIFESAVING SOUTH AFRICA for the year ended 31 March 2023 are prepared, in all material respects, in accordance with the basis of accounting as described in note 1 to the financial statements.

Basis for Opinion

We conducted our audit in accordance with International Standards on Auditing (ISAs). Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report.

We are independent of the organisation in accordance with the Independent Regulatory Board for Auditors' Code of Professional Conduct for Registered Auditors (IRBA Code) and other independence requirements applicable to performing audits of financial statements in South Africa. We have fulfilled our other ethical responsibilities in accordance with the IRBA Code and in accordance with other ethical requirements applicable to performing audits in South Africa. The IRBA Code is consistent with the corresponding sections of the International Ethics Standards Board for Accountants' International Code of Ethics for Professional Accountants (including International Independence Standards). We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Other Information

The Management Board members and Financial Committee members are responsible for the other information. The other information comprises the information included in the document titled "LIFESAVING SOUTH AFRICA Annual Financial Statements for the year ended 31 March 2023", which includes the Management's Report, and the supplementary information set out on pages 14 to 15. The other information does not include the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and we do not express an audit opinion or any form of assurance conclusion thereon. In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Responsibilities of the Management Board for the Financial Statements

The Management Board and Financial Committee members are responsible for the preparation of the financial statements in accordance with the basis of accounting as described in note 1 to the financial statements, and for such internal control as the management determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Management Board are responsible for assessing the organisation's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Management Board either intend to liquidate the organisation or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the organisation's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the management.
- Conclude on the appropriateness of the management's use of the going concern basis of accounting and based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the organisation's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the organisation to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.
- We communicate with the management regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

V N Kandailal and Company



Per: V N Kandailal
Partner
Registered Auditor

21 June 2023

103 Mathews Meyiwa Road
Wundermeer
Durban
4001

LIFESAVING SOUTH AFRICA
MANAGEMENT BOARD AND FINANCIAL COMMITTEE MEMBERS' RESPONSIBILITIES
AND APPROVAL

for the year ended 31 March 2023

The Management Board and Financial Committee members are required to maintain adequate accounting records and are responsible for the content and integrity of the annual financial statements and related financial information included in this report. It is their responsibility to ensure that the annual financial statements satisfy the financial reporting standards as to form and content in the presentation of the statement of financial position, results of operations and business of the organisation, and explain the transactions and financial position of the business of the organisation at the end of the financial year. The annual financial statements are based upon appropriate accounting policies consistently applied throughout the organisation and supported by reasonable and prudent judgements and estimates.

The Management Board and Financial Committee members acknowledge that they are ultimately responsible for the system of internal financial control established by the organisation and place considerable importance on maintaining a strong control environment. To enable management and place responsibilities, the management committee sets standards for internal control aimed at reducing the risk of error or loss in a cost effective manner. The standards include the proper delegation of responsibilities within a clearly defined framework, effective accounting procedures and adequate segregation of duties to ensure an acceptable level of risk. These controls are monitored throughout the organisation and all employees are required to maintain the highest ethical standards in ensuring the organisation's business is conducted in a manner that in all reasonable circumstances is above reproach.

The focus of risk management in the organisation is on identifying, assessing, managing and monitoring all known forms of risk across the organisation. While operating risk cannot be fully eliminated, the organisation endeavours to minimise it by ensuring that appropriate infrastructure, controls, systems and ethical behaviour are applied and managed within predetermined procedures and constraints.

The Management Board and Financial Committee are of the opinion, based on the information and explanations given by management, that the system of internal control provides reasonable assurance that the financial records may be relied on for the preparation of the annual financial statements. However, any system of internal financial control can provide only reasonable, and not absolute, assurance against material misstatement or loss. The going-concern basis has been adopted in preparing the financial statements. Based on forecasts and available cash resources, the Management Board and Financial Committee have no reason to believe that the organisation will not be a going concern in the foreseeable future. The financial statements support the viability of the organisation.

The financial statements have been audited by the independent auditing firm, V N Kandailal and Company, who have been given unrestricted access to all financial records and related data, including minutes of all meetings. Management believes that all representations made to the independent auditor during the audit were valid and appropriate. The external auditors' unqualified audit report is presented on pages 2 to 3.

The annual financial statements as set out on pages 5 to 15 were approved by the Management Board and Financial Committee on 13 June 2023 and were signed on its behalf by:



President - D Sewduth



Director of Finance - B Darbyshire-Roberts

LIFESAVING SOUTH AFRICA
STATEMENT OF COMPREHENSIVE INCOME
for the year ended 31 March 2023

	Notes	31 March 2023 R	31 March 2022 R
Income		4,958,364	6,831,663
Affiliation fees - capitation fees		241,977	211,010
Affiliation fees - members		122,696	114,032
Annual registration fees		20,696	23,652
Competition (deficits) / surpluses - schedule 1		(72,686)	920,243
Constitutional tariffs		28,500	25,800
Watersmart Programme	10	795,000	750,000
Examination fees		615,805	483,386
Grants - Department of Sport, Arts and Culture	9	900,000	748,000
Grants - Department of Sport, Arts and Culture PESP Job Retention Subsidy	9	-	794,900
Interest received		164,460	125,044
Sponsorship - DHL		1,788,220	1,802,000
Sponsorship - Wimpy		-	600,000
Sundry revenue		-	180
Surplus on sale of stock		353,696	233,416
Total income		4,958,364	6,831,663
Expenditure		5,021,391	5,020,161
Accounting fees		202,752	192,000
Affiliation fees		66,018	31,276
AGM and Annual report - schedule 3		127,264	14,137
Auditors remuneration		10,000	10,000
Bad debts		334	8,391
Bank charges		39,236	41,073
Bravery awards		11,937	1,599
Cleaning		31,492	26,053
Computer expenses		89,067	111,055
Department of Sport, Arts and Culture expenses:			
- 2022 / 2023	9	720,015	409,102
- PESP Job Retention Subsidy	9	-	794,900
Depreciation		16,771	24,632
DHL sponsorship expenses		35,267	24,459
Electricity and water		63,488	45,939
Financially Disadvantaged Athletes - provision		-	200,000
Watersmart Programme expenses:			
- 2023	10	885,371	514,453
Hire of equipment		13,677	11,525
Insurance		42,360	43,627
Legal fees		-	49,200

LIFESAVING SOUTH AFRICA
STATEMENT OF FINANCIAL POSITION
as at 31 March 2023

	Notes	31 March 2023 R	31 March 2022 R
Assets			
Non-current assets			
Property, plant and equipment	2	2,547,330	2,540,888
Current assets		5,109,906	5,444,087
Inventories	3	359,003	304,911
Accounts receivable		1,129,407	2,087,084
Prepayments	4	321,823	261,453
Bank balances and cash	5	3,299,673	2,790,639
Total assets		7,657,236	7,984,975
Equity and liabilities			
Capital and reserves			
Accumulated funds	6	5,664,220	5,616,861
Reserve - Fixed Property - Lifesaving South Africa		3,258,219	3,210,860
Reserve - Fixed Property - Surf Fund		940,118	940,118
Founder Members		1,465,883	1,465,883
Current liabilities		1,993,016	2,368,114
Accounts payable and accruals		1,287,279	1,251,397
National Lotteries Commission - funds carried forward			
- Project - M28893	7	216,766	493,762
- On behalf of individual Lifesaving Clubs	8	19,040	42,638
Department of Sport, Arts and Culture - funds carried forward	9	124,780	144,795
Watersmart Programmes - funds carried forward	10	345,151	435,522
Total equity and liabilities		7,657,236	7,984,975

LIFESAVING SOUTH AFRICA
STATEMENT OF COMPREHENSIVE INCOME
for the year ended 31 March 2023

Marketing expenses	220,902	199,322
Meetings – local and overseas – schedule 4	151,416	60,192
National team competitions - schedule 2	140,385	23,100
Obsolete stock – write off	-	85,823
Office general expenses	5,338	3,849
Presentations and trophies	12,180	2,239
Printing, postage and stationery	74,651	78,848
Repairs and maintenance	71,323	70,679
RLSS Commonwealth Project	6,751	-
Safeguarding – police clearance subsidies	82,603	59,094
Salaries	1,244,625	1,139,915
Security	4,019	35,520
Sponsorship commission – Treble	506,733	568,050
Staff benefits	90,190	71,464
Staff welfare	16,143	11,074
Staff uniforms	-	2,106
Telephone and fax	54,311	59,042
Transport and courier expenses	(19,134)	(5,714)
Workmens compensation	3,906	2,137
(Deficit) / Surplus	(63,027)	1,811,502
Department of Sport, Arts and Culture :		
Unutilised funds – 1 April 2022	(1 April 2021) 9	105,897
- 31 March 2023	(31 March 2022)9	(144,795)
Watersmart Programmes :		
Unutilised funds – 1 April 2022	(1 April 2021) 10	199,975
- 31 March 2023	(31 March 2022)10	(435,522)
Surplus for the year	6	1,537,057

LIFESAVING SOUTH AFRICA
STATEMENT OF CHANGES IN EQUITY
for the year ended 31 March 2023

			Accumulated funds	Reserve Fixed Property - LSA	Reserve Fixed Property - Surf Fund Founder Members	Total
			R	R	R	R
Balance at 01 April 2021			1,673,803	940,118	1,465,883	4,079,804
Net surplus for the year			1,537,057	-	-	1,537,057
Balance at 31 March 2022			3,210,860	940,118	1,465,883	5,616,861
Net surplus for the year			47,359	-	-	47,359
Balance at 31 March 2023			3,258,219	940,118	1,465,883	5,664,220

LIFESAIVING SOUTH AFRICA
STATEMENT OF CASH FLOWS
for the year ended 31 March 2023

	Notes	31 March 2023 R	31 March 2022 R
Cash flows from operating activities			
Net surplus		47,359	1,537,057
Adjustments for :			
Depreciation		16,771	24,632
Investment income		(164,460)	(125,044)
		(100,330)	1,436,645
Movements in working capital			
Increase in inventories		(54,092)	(50,515)
Decrease / (increase) in accounts receivable & prepayments		897,307	(861,285)
(D)crease / increase in current liabilities		(375,098)	643,363
Cash inflow from operations		367,787	1,168,208
Interest received		164,460	125,044
Cash inflow from operating activities		532,247	1,293,252
Cash flows from investing activities			
Property, plant and equipment acquired	2	(23,213)	(41,355)
Net increase in cash and cash equivalents		509,034	1,251,917
Cash and cash equivalents at beginning of the year		2,790,639	1,538,722
Cash and cash equivalents at end of the year	5	3,299,673	2,790,639

LIFESAVING SOUTH AFRICA
NOTES TO THE FINANCIAL STATEMENTS
at 31 March 2023

1 Basis of preparation

The financial statements are prepared in accordance with International Financial Reporting Standards. The financial statements have been prepared on the historical cost basis and incorporate the principal accounting policies set out below.

Unless otherwise specifically stated, this basis is consistent with that of the previous year.

LIFESAVING SOUTH AFRICA
NOTES TO THE FINANCIAL STATEMENTS
at 31 March 2023

1.1 Property, plant and equipment

Freehold land and buildings are shown at valuation or at cost. Valuations are carried out by the Management Board annually and by professional valuers from time to time.

Other property, plant and equipment is shown at their original cost less accumulated depreciation.

Depreciation is calculated on the straight-line method to write off the cost of each asset, or the revalued amounts, to their residual values over their estimated useful lives as follows:

- Furniture and fittings 6 years
- Office equipment 3 years
- Computer equipment 3 years
- Computer software 3 years

1.2 Inventories

Inventories are stated at the lower of cost and net realisable value. Cost is determined on a first in, first out basis and includes transport and handling costs. Where necessary, provision is made for obsolete, slow moving and defective inventories.

2. Property, plant and equipment

	2023		2022			
	Cost / valuation	Accumulated depreciation	Carrying value	Cost / valuation	Accumulated depreciation	Carrying value
<i>Owned assets</i>						
Fixed property	2,500,000	-	2,500,000	2,500,000	-	2,500,000
Furniture and fittings	76,995	53,550	23,445	65,877	46,927	18,950
Office equipment	24,805	24,805	-	24,805	24,805	-
Computer equipment	116,833	92,948	23,885	137,506	115,568	21,938
Computer software	98,733	98,733	-	98,733	98,733	-
	<u>2,817,366</u>	<u>270,036</u>	<u>2,547,330</u>	<u>2,826,921</u>	<u>286,033</u>	<u>2,540,888</u>

The carrying amounts of can be reconciled as follows:

	2023	2022
<i>Owned assets</i>		
Fixed property	2,500,000	2,500,000
Furniture and fittings	18,950	11,118
Computer equipment	21,938	12,095
	<u>2,540,888</u>	<u>2,523,213</u>
		<u>(16,771)</u>
		<u>2,547,330</u>

LIFESAVING SOUTH AFRICA
NOTES TO THE FINANCIAL STATEMENTS
at 31 March 2023

2.1. Land and buildings

The freehold land and buildings situate at 35 Livingstone Road, Durban were previously registered in the name of the Surf Lifesaving Association of South Africa. The transfer to Lifesaving South Africa was registered in the Deeds Office on 5 September 2018.

The July 2022 Municipal property valuation is R4280000, however the Management Board has currently valued the property at R2500000. This valuation is based on independent advice from Chalupsky Properties, and the property value was based on the "market rental valuation method". This type of valuation is more pertinent to a commercial property.

3. Inventories

The amounts attributable to the different categories are as follows:

	2023	2022
	R	R
Handbooks	33,979	164,673
Kit Stock - National Teams	55,206	42,499
Lifesaving equipment and other stock items	269,818	97,739
	<u>359,003</u>	<u>304,911</u>

4. Prepayments

	2023	2022
	R	R
Insurance	15,822	17,942
National Champs - 2023	302,408	-
World Games - 2022	-	171,608
Commonwealth Drowning Prevention	-	20,887
Live Heats	-	34,120
Sundries	3,593	16,896
	<u>321,823</u>	<u>261,453</u>

5. Bank balances and cash

	2023	2022
	R	R
First National Bank of SA Limited - current account	142,904	154,087
Nedbank Private Wealth (Pty) Limited - call account	3,123,488	2,602,705
Sundry accounts	31,501	31,699
Petty Cash	1,780	2,148
	<u>3,299,673</u>	<u>2,790,639</u>

6. Accumulated funds

	2023	2022
	R	R
Opening balance	3,210,860	1,673,803
Net surplus for the year	47,359	1,537,057
Balance at end of the year	<u>3,258,219</u>	<u>3,210,860</u>

7. National Lotteries Commission - Project M28893

	2023	2022
	R	R
Total grant approved - R 1 215 000	493,762	-
Opening balance	-	1,215,000
Grant funds received	(276,996)	(721,238)
Expenditure incurred	216,766	493,762
Balance at end of the year	<u>216,766</u>	<u>493,762</u>

LIFESAVING SOUTH AFRICA
NOTES TO THE FINANCIAL STATEMENTS
at 31 March 2023

8. National Lotteries Commission - On behalf of individual Lifesaving Clubs

Opening balance	42,638
Expenditure - purchases on clubs' behalf	(23,598)
Balance at end of the year	<u>19,040</u>
	<u>42,638</u>

9. Department of Sport, Arts and Culture

Opening balance	144,795
Grant funds received	900,000
Administration	200,000
World Games - 2022	130,500
ILS Africa championships - 2022	-
Interprovincial championships	121,500
Talent identification / local competitions - disadvantaged members	80,000
National championships	368,000
	853,897
Allocated to administration costs	1,044,795
Expenditure incurred - (per Statement of Comprehensive Income)	(200,000)
IRB Training	(720,015)
Schools League	-
National championships	-
Talent identification / local competitions - disadvantaged members	(368,270)
Interprovincial championships	(1,100)
World Games - 2022	(121,670)
Access to Schools Sport	(228,975)
Squad Leaders Training	-
ILS Africa championships - 2022	-
PDI Assistance	(13,100)
Balance at end of the year	<u>124,780</u>
	<u>144,795</u>

10. Watersmart Programmes

Opening balance	435,522
Donation funds received - DHL	795,000
	<u>795,000</u>
Educational expenditure incurred - 2022	(885,371)
Educational expenditure incurred - 2023	-
Balance at end of the year	<u>(885,371)</u>
	<u>435,522</u>

11. Taxation

The Association is exempt from taxation in terms of Section 10 (1) (cN) of the Income Tax Act of 1962, as amended.

LIFESAVING SOUTH AFRICA
SCHEDULES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2023

Competition surpluses - Schedule 1	Note	Income R	Expenses R	Surplus / (Deficit) R
2023				
National Champs - 2020 (adjustment NMB Municipality)			(65,885)	(65,885)
National Champs - 2022 (adjustments)		15,000		15,000
Interprovincial Champs - 2022		36,696		
DSAC		121,670	(168,742)	(10,376)
Openwater Champs - 2023		49,217	(60,642)	(11,425)
		<u>222,583</u>	<u>(295,269)</u>	<u>(72,686)</u>
2022				
National Champs - 2021		584,822	(1,936,061)	363,761
Nelson Mandela Bay Metropolitan Municipality		1,100,000		
DHL		375,000		
General Tire		240,000		
National Champs - 2022		787,830	(1,908,114)	622,716
Nelson Mandela Bay Metropolitan Municipality		1,200,000		
DHL		375,000		
DSAC		168,000		
Interprovincial Champs - 2021		33,913	(94,439)	(60,526)
Openwater Champs - 2022		40,348	(46,056)	(5,708)
		<u>4,904,913</u>	<u>(3,984,670)</u>	<u>920,243</u>
National team competitions - Schedule 2				
2023				
World Lifesaving Champs - Italy 2022		544,533		
DSAC		228,975	(911,116)	(137,608)
ILS Africa Cup - Egypt (adjustments)			(2,777)	(2,777)
		<u>773,508</u>	<u>(913,893)</u>	<u>(140,385)</u>
2022				
ILS Africa Cup - Egypt		543,092	(566,192)	(23,100)
AGM and Annual report - Schedule 3				
2023				
Annual report costs		14,160	13,820	
AGM - airfares and other travel costs		61,520		
- accommodation and venue hire		45,670		
- other costs (photography etc)		5,914	317	
		<u>127,264</u>	<u>14,137</u>	
Meetings - local and overseas - Schedule 4				
2023				
Management Board			10,441	
Local - Strategic Planning		89,532		
Local - Other		61,884	15,553	
Overseas			34,198	
	1	<u>151,416</u>	<u>60,192</u>	
Note 1:				
ILS Africa Meeting - Egypt (DS) - February 2022			34,198	
			<u>34,198</u>	



GAUTENG PROVINCIAL LIFESAVING ASSOCIATION Annelie Lourens - President

It gives me great pleasure to report on the activities and highlights of Gauteng Lifesaving.

LIFESAVING SPORT

Regardless of a few challenges faced during the competition season, GPLA stood tall and exhilarated in our accomplishments. We were privileged to host several competitions - 2 short course galas, 5 pool and 1 open water gala, the LSA Open water Club Championship in February at the Vaaldam, in partnership with Free State and Northwest and finally we also hosted the LSA Inter-Provincial Championship for pool at Hillcrest in May. Thank you to everyone involved, we acknowledge and appreciate your dedications, contribution, and hard work to make all these competitions truly successful.

Furthermore, Gauteng applaud the following achievements as the GPLA team have won the 2023 Inter-Provincial pool. While one of our Gauteng Clubs - Tuks Lifesaving won the senior pool and over all pool category at the 2023 National Club Championship in PE and the senior category in the 2023 Open Water Club Championship. To top Gauteng's achievement, we boast with 4 new junior records. Congratulations to all athletes, your passion and great sportsmanship is greatly appreciated.

As a province we would like to thank every participant, parent, coach, team manager, diver, and qualified official for contributing to the success of this past competition season.

LIFESAVING AWARDS

Despite a small group of examiners and the inclusion of Northwest under our wing, we can report on a very busy but successful season, as most of our examinations were successfully completed by our highly qualified handful of examiners. We however recognise the shortage of examiners in the province and therefore would like to urge each district to identify at least 2 new candidates to train as examiners. Consequently, to a successful season, we would like to take this opportunity to thank Martina van den Bout and her team of examiners and instructors for your dedication, sacrifice and time to keep and maintain the required standards high.

LIFESAVING PATROLS

Patrols for the past season can be described as work in progress, while we tried to overcome obstacles that we encounter due to the lack of lifeguard availability, equipment, skippers, and crewman within the various clubs and districts. One of the resolutions was to consolidate patrol requests received from the various organisers and operate as a province and not as per individual district or club. As a result, we have successfully

completed several open water and pool patrols across Gauteng, without any serious incidents. Our gratitude is extended to all who were willing and able to do patrol duties. Also, a big thank you to DHL/LSA for the patrol kit provided, it is much appreciated and proudly worn by our members.

Last, but not least, we as a Province would like to express our appreciation to ALL involved in this voluntary organisation called Lifesaving. We salute you for your contribution and commitment. Please always stay hopeful and optimistic about Lifesaving on all levels - Sport, Education, and Service.

"A LIFEGUARD is like a storm shelter, you may never need it but if you do it can be a LIFE SAVER..."



GAUTENG NORTH Esmé Thompson - Vice President

I want to start by thanking all my co-executive board members of Gauteng Lifesaving as well as Gauteng

North Lifesaving for all your efforts, sacrifices, advice and contributions.

The highlights of the past season, as manager of the Gauteng Lifesaving team as well as the manager for the Tuks Lifesaving team, were most definitely the following:

- Lifesaving SA Openwater Championships which

took place at the Stillbaai Yacht Club in Midvaal on 18 February 2023

- DHL SA National Lifesaving Championships held at the Newton Park Swimming Pool in Gqeberha from 30 March 2023 until 5 April 2023
- Inter-Regionals which was held on 6 May 2023 at Hillcrest Pool in Pretoria

I am also very excited for the Surf Inter Regionals which will be held in Durban on 27 May 2023.

It remains my goal to grow membership numbers and to promote Lifesaving.



EKURHULENI DISTRICT Bridget du Toit - ELA President

2022/23 started off with a bang and ended with nothing short of that.

A full season filled with short course and long course galas and even more still water competitions which were a welcome addition to the seasons program.

Boksburg Aquatics Saints (BAS) grew with the sign up of 3 boys, 2 of which namely Xander Swanepoel and FC Rosslee both took home victor ludorum in their age group at Nationals in PE.

Many ELA records and SA Records were broken this season! Aiden Bornman and Tiago Gonsalves secured spots in record history and Aiden was crowned victor in his age group and took home a medal in the surf swim yet again.

Jessica Sardinha transitioned well and adapted to the new environment of lifesaving, taking home the victix in her age group at nationals in PE.

All of our Jnrs and Snrs (Aiden, Armand Jubber,

Tiago and Jessica) were selected for the HP squad for still water and Aiden for Surf is an amazing achievement!

Senthala has also had a wonderful season this year despite some challenges regarding pool venues etc. Despite these challenges Branden Willows received the Victor Ladorum for the senior men. Rinus Hatting did exceptionally well at Nationals, medalling in three events after recovering from a shoulder injury.

The Masters who always make us proud, especially with Doug Herbert.

All of our Masters did achieve podium positions at Nationals.

Our Nippers have also done the club proud, with 5 of our Nippers getting their Provincial Colours.

At the Open water Nationals Senathla finished 4th out of 7 competitors and at Nationals pool events we finished 9th out of 14 competitors.

Grace Prince was a finalist in the Gauteng sports awards and we are very proud of her achievement.

This was also an opportunity to shed some light on lifesaving as a sport.

Unfortunately, we have not had any more Technical officials qualify from ELA this year.

I urge all the kids to give their parents a big hug to say thank you for all the fetching and carrying to and from training, galas and patrols. For putting up with you on the days when you didn't want to attend, but getting you there anyway, and for making your dreams a reality.

ELA thanks LSA and all management and parents for their tireless support this past season.



JOZI LIFESAVING Doug Herbert - President

Jozi Lifesaving has been slowly recovering from the effects of the Covid-19 Pandemic.

The clubs have slowly begun to regain their spaces at their preferred training venues and are beginning to function once again. Access to venues remains a constant pressure point as loadshedding leaves swimming pools without operational pumps, filtration and heaters. Clubs with access to dams and lakes are utilising these spaces for Openwater training.

The district has retained their 6 clubs as independently operational.

Our close working relationship with the City of Johannesburg has returned much needed activity to the professional lifeguards in and around Johannesburg. The updates and retests taking place through the Ellis Park Club and instructors is greatly appreciated. Our MOU with them will continue.

Jozi lifesaving has seen an increase in the numbers of new awards completed and a stable number of

retests being conducted.

Our membership base of 514 members has 433 or 84% black representation and with 61 black females representing 63% of the black membership in the district. Our focus for 2024 going forward will be the growth and development of our Nipper and Youth members.

Thanks must go to my executive and stalwart members who have stayed the course through some of the toughest times for the movement over the past 2 years.



LIFESAVING WESTERN CAPE Sean Gordon - Chairman

Yet another season gone by, it's been a busy one for all clubs in both districts, yet a drowning free season, our lifesavers are truly remarkable, without them, how many lives would've be lost if it isn't for our heroes in the red and yellow, patrolling our shores and not asking anything in return. Their dedication and commitment to saving lives is truly remarkable and I salute each one of them throughout our country. Without you, the loss of lives would be so much greater, thank you for offering up your time to serve communities, job well done.

I would also like to thank our districts for managing their respective areas and ensuring that we comply to request from our national body. It just makes things easier. To the execs, both LCT and Eden districts, hats off, keep up with the good work you doing. To Lifesaving SA head office staff, a big thank you for your continues support and guidance given, much appreciated.

Herewith are some stats as received from the districts of Lifesaving Western Cape;

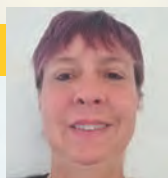
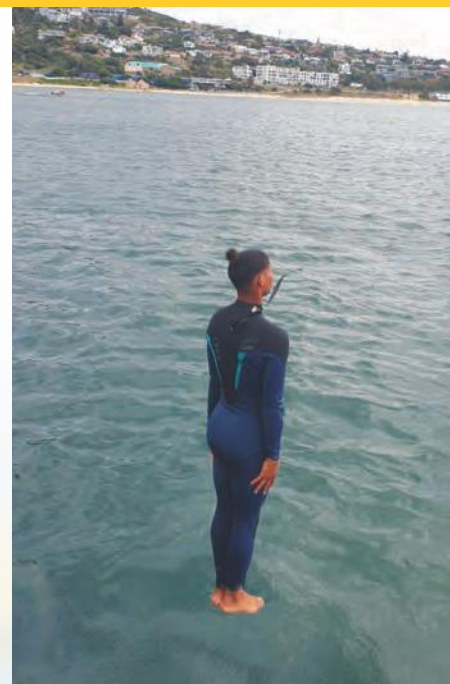
CLUBS

We currently have 27 lifesaving clubs, which is from both Lifesaving Cape Town and Eden Districts.

EXAMINATIONS COMPLETED

Jnr/Snr Retest	854
New Lifeguard Award	306
New Jnr Lifeguard Award	159
New Technical Officials, Instructors and Examiners	37
New Nipper Awards	405
New IRB Drivers	17
New IRB Crewmen	41

Our movement is growing at a steady pace, lots needs to be done for the continues growth thereof, changing to the modern way of doing things, to ensure we stay ahead of our game. We must continue doing what we do best, SAVING LIVES!!!



CAPE TOWN DISTRICT Christine Kennedy - Chairlady

We arranged a Squad Leader Course at the beginning of the season for all squad leaders

and 2IC for all the clubs and include the City of Cape Town representative for each zone. We discussed the role of the squad leader and what was expected from them. This was well attended and enjoyed by all.

Again at the end of the Season we had all the squad leaders attend a debrief on how the season went and whether they found the two workshops of value and the response was yes they did and we will hopefully continue and improve this next season and the seasons going forward.

We would like to thank all the examiners and instructors for assisting us in achieving these targets and getting our members qualified.

In this last season we had National Champs held in PE and the Cape Town clubs were well represented and ended up winning. This shows the training and dedication during the off season and start of the season.

STATS FOR CAPE TOWN

New Officials (TO'S, Instructors, Examiners etc)	20
Retests	622
LA	217
JLA	138
IRB Driver	14
Crewman	29
Nipper u10	87
Nipper u12	121
Nipper u14	111

We would like to thank our sponsors for their continued support and assistance and this makes it possible for us to continue doing our work and



performing a valuable service to the community. A special thanks must go to Irvin & Johnson, Cape Town Sailors Home and Department of Cultural Affairs and Sport who have been consistent in their assistance over the years. Your help has enabled us to provide an ongoing level of service to the community and for this we are grateful and give our thanks. Also thanks to DHL for their continued support of the voluntary lifeguards on duty.

To the LCT committee and Ed, thank you for your assistance and support this past season.

Our relationship with the City of Cape Town is still improving yearly and we hope that together we can ensure that less drownings occur in our Province. This season the City verified that the lifeguards they hired were in fact current and retested lifeguards and those that weren't were not allowed to work until they got this sorted. Our biggest problem is alcohol and members of the public swimming in areas that are not safe as well as areas where there are no lifeguards on duty. With the City of Cape Town we hope to keep communicating with the public that we are there to prevent drownings and that we need their co-operation.



EDÉN DISTRICT Richard Botha - Chairman

The year 2022/2023 has come to an end and it is with great pleasure that I present to you our District Report.

TRANSFORMATION AND DEVELOPMENT

Staying current is of utmost importance. As a region we have to make sure that the skills and knowledge of our members are updated on a continuous basis. An Instructors and Examiners Refresher Workshop was held and there was a great attendance cumulatively by our clubs.



The helicopter rescue swimmers' program was started in our region and since then, 4 lifeguards successfully completed the entry requirements.

They are currently busy with the training programme. This is a great highlight for us in the region.

We qualified 12 IRB Crewmen and 4 IRB Drivers. We also held a Technical Official's workshop.

Gerald de Jager has been appointed as a LSA Board member.

Joy Gouloozee was selected as one of the final 3 nominees for the SA Sport Awards in the category Volunteer of the Year.

CLUBS AND MEMBERSHIP

Our Region consists of 9 Clubs of which Hartenbos SLC is new.

LIFESAVING PATROLS

Our lifeguards serve our communities with voluntary duties by making sure that our beaches are safe. The bathers can enjoy their visits. Thank you to all lifeguards that have contributed.

LIFESAVING SPORT

Both the Cape Champs and a Nipper Carnival were hosted in Mossel Bay. Three of our clubs attended Nationals. Our athletes were well represented and have given their best in participating. They achieved good results in the competitions. Well done to all our athletes and we are proud of you all.

I want to conclude with a word of thanks to our clubs and their management for their support. You have made Lifesaving a proud and enjoyable experience in our region. Thank you to Edén Lifesaving District, our Executive Team, for their dedication and hard work in our District.



NORTH WEST LIFESAVING Rethabile Thwala - Chairlady

The 2022-2023 season was the first time post the pandemic where everything had normalised (almost). The pre-existing issues of personnel shortages in the province were more pronounced as everyone tried to settle in and keep the remaining athletes in the sport. Northwest therefore embarked on a journey to relook the organisation's structure and ease the pressure from the team that had carried us through the years while short-staffed and still ensured the province remained functional. This entailed electing a new executive team whilst the old members took new positions on national levels and refocusing their energies on other portfolios within the sport. We are thankful to GPLA under the guidance of Chairlady Annelie Lourens who took us under their wing as we tried to find our footing. This was both a strategic and necessary move to ensure that as Stillwater provinces we continue to hold a valuable presence within the fraternity.

MEMBERSHIP

North West Lifesaving is made up of only 2 two clubs to date, Harties Reflections and Aquamix. We have been in the process of bringing Sun City back and currently all members have undergone training and testing. We have 1 pending application for a 4th club based in Rustenburg that we hope will be concluded in the new season. The provincial membership currently stands as follows:

Nippers	52
Juniors	16
Seniors	12
Active/Non-competitive	24

DEVELOPMENT AND EXAMINATIONS

We are thankful to Lifesaving South Africa for donating Ruth Lee Submersible Rescue Mannikins from Survival Technologies designed for full body

pool rescue training. These prepared our athletes for LSA championships SERC event as they were used in training as patients to simulate various emergency scenarios. We would also like to thank the instructors and examiners that assisted with the examinations for the season and can report that a total of 65 members were examined this season.

Nippers	27
RPL	5
LA - New	5
JLA - New	10
Retest	18

COMPETITION AND AWARDS

Our athletes continued to make us proud at various competitions held during the season. At national level, we participated at the Openwater championships held at Stillbaai in February where our lifesavers received 10 victrix ludorum and 6 victor ludorum awards in their respective age groups (15 Harties and 1 Aquamix).

At the LSA National championships held in Gqeberha, once more our small province performed exceptionally well, with the nippers breaking the record for the Mixed 8-9 200m 4 x 25 Manikin relay in the pool and a victor ludorum award for U16 boys

LIFESAVING PATROLS

As a province, we logged just under 900 patrol hours between April 2022 and March 2023. We are encouraged by the quick uptake in patrols by our newly qualified Junior and Senior Lifeguards who have been assisting on their first patrols within Northwest province and crossing the border to help on patrols in Gauteng.

In addition to the above, we also supply our local schools with lifeguards at their galas as well as our own clubs each time they host their lollipop galas. Great skills are learned on each patrol, and it is very rewarding to see our swimmers grow from little "learn to swim fish" up into responsible young adult lifeguards at these events serving as mentors for our little ones.

THANKS

A big thanks to Garth from Trident Lifesaving for always taking our lifeguards under his wing for open water patrols.

A final vote of thanks goes out to the Lifesaving South Africa head office team for their help and prompt attention to our needs and queries. A special shout out to Helen who has been very instrumental in assisting us with the Sun City club until where the process is now.





FREE STATE LIFESAVING Wynand Kotze - Chairman

Free state Lifesaving can once again look back on a successful lifesaving season. Although we have our challenges and the low membership is a concern, we are still very proud of our lifesavers. The passion, not only for the sport, but also the opportunity to save lives is infectious. Although it is a small squad, the companionship and team spirit are a privilege to all.

Lifesaving has become an integral part of aquatic activities in the Free State. Lifesaving duties have taken place at both the Inter Primary, as well as the Inter High School Swimming Championship, we have relocated to Hoërskool Sentraal in Bloemfontein's new swimming pool, and we are very excited about the attention we are drawing from the school kids, as well as club swimmers training at the new venue. We are actively busy promoting the sport of lifesaving in the Free State.

Free State Lifesaving supported numerous aquatic events during the season and lifesaving services were again provided at the Kopsie Aquatic open water event, as well as various tri-athlon, FS Biathlon and SA Pentathlon events held in the Free State.

Free State Lifesaving were privileged to co-host the LSA Open Water National Championships on the 18th of February 2023 at the Vaal Dam. During this event Bloemfontein Lifesaving won the junior category. Numerous medals were won by our competitors. The following athletes had the honour of winning their respected age groups, Derick Kotze (Boys 14 years) and Len-Douglas Mac Kay (Boys 18 years) and Kaeli-Peace Armour came second (Girls 16 years). All the athletes thoroughly enjoyed the diversity, team spirit and camaraderie that were made at the Championships.

During the week of 29 March 2023 to 5 April 2023 the Bloemfontein Club went down to Gqeberha to take part in the DHL SA National Lifesaving Championship. We had great days in the swimming pool, and we are very proud of our swimmers. There were some Free State records broken, and personal best times were swum. Derick Kotze was first in his age group (boys 14 years) and Len-Douglas Mackay achieved a third place in his age group (Boys 17-18 years). The surf events were tough for the Bloemfontein team, but the athletes had great fun, and learned some new surf skills. Len-Douglas Mackay was our strongest competitor in the surf events.

The Free State team took part in the SA Pool Interprovincial Championships held in Pretoria on 6 May 2023. Our swimmers swam some personal best times and competed very well against the stronger provinces in the relay events.

We want to congratulate Len-Douglas Mackay who was included in the Protea team who travelled to Italy in 2022. Len-Douglas has also been selected for the LSA High Performance squad from which the Protea and President's teams traveling overseas later this year will be selected.



We wish to thank all our parents for their support and assistance during the season. There are many arrangements and activities where you helped. Without your support and assistance our projects, competitions, and service duties would not have been possible.

A huge thank you to our coach, Chantel Smith. You are more than a coach, but also a mentor and example to our kids. Your hard work, dedication, passion, and love for lifesaving rubs off on each of our swimmers. Sometimes circumstances are difficult, but your perseverance and passion allow each athlete to grow to their full potential.

We thank our national sponsor, DHL, for making lifesaving great. Without your support a lot of the goals and achievements would not have been reached.

Thank you to the team of Lifesaving South Africa. You are all stars! Without your hard work behind the scenes, there would not be a sport as Lifesaving to love and live as part of our daily being.





LIFESAVING EASTERN CAPE Earl Ingram - Chairman

Lifesaving Eastern Cape and Lifesaving Nelson Mandela Bay has had a good 2022 – 2023 season. Club duty has been great and we would like to thank all clubs for the outstanding work. We have seen positive growth all round.

Lifesaving in the Eastern Cape is growing at a steady rate. Jeffreys Bay Lifesaving Club has shown that they can make Kouga Municipality proud by stepping up their game in the Sarah Baartman District. We are expecting big things from Jeffreys Bay Lifesaving club. Hobie Beach Lifesaving Club has been doing an awesome job and is growing bigger and stronger. This is a positive sign for the Eastern Cape and lifesaving. Thank you to LSA and DHL for making our lifeguards look neat and tidy with the new duty kit.

Lifesaving Eastern Cape would like to thank Kouga Municipality for their generous donation and opening their doors for us to host the East Cape Champs on Jeffreys Bay Main Beach. The event was a great success. We would like to thank Gabriel Jewelers for their Casio watch sponsor for East Cape Champs Victor and Victrix Ludorum. We appreciate all the assistance. We are looking forward to a bigger and better 2024 East Cape Champs.

Our provincial team brings tears of joy to one's eyes. What a brilliant achievement by our still water team. Our Nippers have retained the still water title for the 3rd consecutive year. Our junior team won for the 2nd consecutive year. Thanks to Coach

Tracy Gous - this team has achieved great things. We do lack senior still water competitors but are working on it. With a senior team we are sure to take the overall title.

As always, the National Championships was a great success. Lots of hours went into planning an event of such magnitude. Thank you to Kings Beach Lifesaving Club for hosting a great surf event. Special thanks to the following people that made sure the event ran smoothly. The LOC made up of Craig van Rooyen, Gary Woodhead, Liesel Van Rooyen, Willem Van Der Merwe, Tess Kotze and Desire Mills.

Thank you to Seagulls Lifesaving Club for hosting an amazing pool National Champs. The team made up of Earl Ingram, Melvin Trotter, Gordon Potgieter, Gadija Ingram, Claudia Charles and Ridwaan Rajaal who made sure the event ran smoothly. Thank you to each Technical Official that gave up their time. Without you, the event would not have been possible. To the swimmers who placed manikins at the pool, no words can describe the gratitude towards you. You did an amazing job.

Lastly, Our watersmart programme is about to kick off. We are hoping to touch the lives of many children around the province who want to learn how to swim. We wish our team good luck. Eastern Cape needs more watersmart facilitators - a focus for the coming season.

Lifesaving Eastern Cape wish to thank everyone who has had an impact on the province's growth and performance this last season. Lifesaving Eastern Cape is growing even stronger.





OR TAMBO DISTRICT Riches Mndiyata - Chairman

This year we had around 60 members joining our association.

Few incidents were reported

on our beaches.

We had many LA, retest and RPL undertaken in the district. I would like to thank our Instructor and

Examiners for successful examinations.

LSA survival swimming was done successfully, and I would like to thank RLSS for making this programme possible.

Water smart education programme is about to reach the target.

I would like to thank the head office team and Bruce Robert for their assistance to OR Tambo district.

Sibambangazbini!!



LIFESAVING KWAZULU-NATAL Troye Brown - Chairman

It gives me great pleasure to report on the activities and highlights of our lifesaving clubs within KwaZulu-Natal

which encompasses the Surf and Stillwater aspects of lifesaving.

Tourism once again benefited from Lifesaving KZN with clubs safeguarding those near the water at beaches and pools. Unfortunately, KZN has had to endure a lot of infrastructure damage due to the floods which occurred in April of 2022. There was substantial damage to sewage infrastructure which ended up with substantial pollution in our oceans. This has resulted with a lot of our beaches being closed for use for extended periods of time. This in turn has made it very difficult for our Clubs to retain members as well as build depth.

TRANSFORMATION AND DEVELOPMENT

Although the profile of active lifesaving patrols at KZN clubs reflect how far this association has progressed in transformation, there is a need for greater involvement in administration of clubs and at District and Provincial level.

MEMBERS

The number of lifesaving clubs in KZN stands at 17, spanning the entire coastline and inland to Ladysmith. Our total gross membership across all divisions including nippers, our up and coming lifeguards, exceeds 2500 and includes men and women from all race groups.

LIFESAVING PATROLS

Clubs performed duties on Sundays and Public Holidays and the bigger clubs once again extended their voluntary commitment to include Saturdays which is a testament to their commitment to the community. A special thanks to all the clubs and duty members that have supplied duty squads throughout the time when beaches were closed. Thanks to our Patrol Officers, Mike Raubenhiemer and Dale Duke for sacrificing weekends to carry out inspections on the KZN coastal clubs.

Our lifesavers and duty towers are looking very professional in their duty uniform and duty area branding, proudly displaying our sponsor DHL.

Well done to all our duty lifeguards!





LIFESAVING AWARDS

The current award structure has had many challenges in our province. We are applying all possible resources to overcome the current hurdles for our candidates and administration. Our Provincial Chief Examiner, Deon Woodley produced the following reports and extended his thanks to our KZN Board of Examiners.

EXAMINATION STATISTICS

Lifeguard Award	105
Junior Lifeguard Awards	31
Nipper Awards	178
Annual Retests	572
QC Awards	3
Technical Officials – Level 1	3
Technical Officials – Level 2	0
IRB Driver and Crewman Awards	0
TOTAL	892



I would like to take this opportunity to offer a special thanks to Deon and his team of examiners for the hard work and perseverance put in this year.

LIFESAVING SPORT

The season got off to an early start with our annual KZN Series aimed at encouraging our members to participate as part of their training for competitions. Carnivals were hosted for the Nippers and these events were well attended by members. We were able to complete KZN Champs for all categories, and all scheduled Series and Carnivals even though we had to reschedule some of the competitions due to certain beaches being closed. The competitions were all well attended and enjoyed by all.

There was a reduced representation of KZN clubs at the DHL National Championships held in 2023.

This is unfortunately due to the major hurdles that KZN has had to endure, this has had a major financial impact on a lot of our Lifesaving families and thus some could not afford to travel.

The highlight in the sports arena was of course the World Champs tour in Italy. I would like to formally congratulate all our members that were chosen for the tour, Dean Marris (Coach), Mike Rodda (Manager), Claudia Rodda (Chaperone), Tatum Botha, Nicolette Challenor, Chevan Clarke, Sasha Lee Corris, Melissa Corbett, Amica de Jager, Ryle de Morny, Luke Nisbet, Max Davidson.

ADMINISTRATION

Without prudent administration no Association can run efficiently, and I am extremely thankful

for the top-notch administrators and committees within the province, district and clubs. To you and the club Chairs of KZN I say well done and thank you for your commitment. Our provincial executive committee performed superbly, and I must firstly acknowledge Lesley Lunn (Secretary), for always making sure the administration is in order, and the efforts of Alastair Bond (Vice Chairman), Michelle Swart (Treasurer), Mike Raubenheimer (Central Patrol Officer), Gary Bowler (Equipment Officer), Tim White (Competition Officer), Carien Button (Nipper Officer), Deon Woodley (Provincial Examiner and Development Officer), Dale Duke (Southern Patrol Officer) and our long serving President, John Coyne for his words of wisdom and always keeping

us grounded. I would like to take this opportunity to thank my Executive Committee for their support and guidance during this year as Chairman of the Province.

PARTNERS

The Department of Sport and Recreation in KZN is to be commended for their sterling role in supporting Lifesaving KZN and our sincere thanks is extended to Vijay Balram and Sihle Ngubane and their team. Furthermore, our thanks to the local Municipalities within KZN for their continued support.

Finally, to our provincial examiners, instructors, judges and lifesavers I commend you on your willingness to contribute to voluntary lifesaving.





INTRODUCTION

I serve on the International Lifesaving Federation's (ILS) Sport Commission and hold the position of Secretary to the Commission.

This period under review (April 2022 to March 2023) has been as usual busy after a very quiet Covid-19 period. In the period under review the Sport Commission has been involved in the preparation and event management of the postponed Lifesaving World Championships held in Riccione, Italy and the World Games held in Birmingham, USA. In addition, work has commenced of the Lifesaving World Championships 2024 – Gold Coast, Australia.

Listed below are some of the key areas of activities and achievements for the ILS Lifesaving Sport Commission.

MEETINGS

A face-to-face meeting was held of the Commission at the Lifesaving World Championships 2022 Riccione, Italy in September 2022. Minutes of the meeting are available.

STRUCTURE OF THE SPORT COMMISSION

The structure of the Sport Commission is that there are 9 Committees, each committee consisting of a Chairman, Secretary and members. The Chairmen and Secretaries are members of the Sport Commission and members are "specialists" members for the execution of certain work. This format spreads the workload to all Commission members and also gets more federations and members involved in sport management and spreads the workload to all Commission members.

The Sport Commission shall comprise of the following Committees:

- i. Lifesaving Sport Regulations Committee: The Committee shall be responsible for all technical rules - the drafting thereof, the revision and research. The regulations should be available as public documents, be clearly drafted and identify the process for amendment.
- ii. Lifesaving Sport Equipment Committee: The Committee shall define rules of equipment, setting specifications, develop a scrutinising system. It shall also research and develop new lifesaving sport equipment.
- iii. Lifesaving Sport Education Committee: The Committee shall develop education streams and develop educational criteria and appropriate manuals for Technical Officials, Coaches/Trainers, Team Managers and other competition officials etc. through training and modern technology including e-learning.
- iv. Future of Lifesaving Sport Committee: The Committee shall conduct research on the format of lifesaving sport, events, qualification for World Lifesaving Championships, World Games, Multi-Sport Games and other lifesaving competitions, research new events and format of these events and look at innovative events and format of these.
- v. Lifesaving Sport Development Committee: The Committee shall develop and expand the sport of lifesaving in emerging nations and nations that have not yet developed the sport of lifesaving. It shall develop and promote lifesaving sport at all levels in nations and develop new events, techniques, officiating and officiating equipment. It shall also monitor the development of Technical Officials – positions held at LWC, level gained and attendance at LWC.
- vi. Lifesaving Sport for All Committee: The Committee shall encourage and support the efforts and developments disseminating the health and social benefits to be gained by all members of society through regular practice of lifesaving sport and develop the inclusion of minority groups into lifesaving sport – such

as disability, diversity, trans-gender and developing nations.

- vii. Lifesaving Sport Administration Committee: The Committee shall set up a system to stimulate people to become lifesaving sport administrators, registration specialists, result handling specialists, software specialists, etc. It shall collect and develop the fields of lifesaving sport research, organise sport symposia and lifesaving sport research conferences, create databases of all functions detailed above and oversee the Anti-Doping and World Records.
- viii. Multi-Sport Games Committee: The Committee shall advocate the lifesaving sport for inclusion into the various multi-sport games and monitor.
- ix. Sport Liaison Committee: The Committee shall develop, monitor and maintain liaison between the various interest groups in lifesaving sport – such as Referees, Athletes, Coaches and Team Managers through regular updates of the Sport Commission's work through social media, bulletins, circulars and other means. Establish contact and liaise with the Regional Sport Commissions. The committee will also liaise with other Commission of ILS to monitor their work that possibly could impact on sport.

PROJECTS AND INITIATIVES

Based on the Projects and Initiatives identified by the Sport Commission at their initial meeting and Projects and Initiatives identified during the term of office the Sport Commission can report positive progress for most projects, set out below are some of the "high lights" of projects:

- i. Lifesaving World Championships 2022 Riccione Italy: Due to Covid, the LWC 2020 were postponed and were held in September 2022. Unfortunately, it was an abridged version – no Interclub Pool and Ocean, IRB and Surf Boat and SERC Championships were held. The Championships were successful.

Lifesaving World Championships 2024 Gold Coast Australia: Planning for this event has commenced. In July 2022 I attend the first Local Organising Committee on the Gold Coast. The ocean and pool venues are ideal. A full programme will be run: National Teams: Open and Youth – Pool, Ocean/Beach and SERC; Interclub Team: Open and Youth – Pool, Ocean/Beach and SERC; Masters: Pool and Ocean/Beach; Interclub: Surf Boats (Masters and all age categories); IRB: National Teams and Interclub; March Past; 2 km Beach Run and 3 x 1 km Beach Run Relay.

The Ocean and Beach venue is at Kurrawa Beach, an ideal venue for a LWC 2024. It has been the venue of a number of international lifesaving competitions such as Rescue 88 (the LWC 1988), International Surf Rescue Challenge and the Goodwill Games. It has been the regular venue for the Australia Surf Lifesaving Championships – the Aussies. It is a nice wide and long beach and at that time of the year the surf will be ideal. It has a brand new clubhouse offering meeting and briefing rooms and has an excellent restaurant. Just behind the beach is a park which will be used for the LWC Village, Administration, medical and operations, scrutineering, and craft storage, etc. All Pool Rescue events will be held at the Gold Coast Aquatic Centre in the Broadwater Park, a world class swimming pool and aquatic centre.

I'm responsible for the liaison and appointment of all Technical Officials, overall and detail programmes, briefings and general enquiries.

- ii. World Games 2022: These games were scheduled to be held in July, 2021 in Birmingham, USA. As the 2020 Olympic Games were postponed to 2021, the dates of the World

Games also had to be changed to 2022. With the format changed and LWC 2020 being postponed, the Sport Commission had to devise a system for qualifying for the games. This was successfully done. The Games were run and successful and positive feedback was received from the World Games federation. It has been proposed to increase the participation from 100 to 120 athletes.

- iii. Maccabi Games: Lifesaving was introduced to the 2022 Maccabi Games as a demonstration sport. The Maccabi Games are the third largest multi-sports event behind the Olympics and Paralympics. Allen Pembroke attended the Games on behalf of the Sport Commission to run the lifesaving section, together with a member from Germany. The event was staged successfully and Lifesaving will now form part of the games.
- iv. Anti-Doping: The World Doping Agency (WADA) and the International Olympic Committee (IOC) informed ILS that it is fully compliant with the code. No issues regarding WADA other than on-going problems with ADAMS access and organisation of out of competition tests. The Anti-Doping Rules have been updated to a newer version (according directives given by WADA).
- v. Medalists Data Base: The Sport Commission with Phil McGibbon from Australia and myself with the assistance of John Martin and David Vervaecke, prepared a data-base of all LWC medalist (from 1994 onwards) for all LWC Championships, apart from a few LWC's results that are missing the project is now complete. The system will be able to show medals won by a particular athlete in what events and in what years. This information can also be extracted for clubs. The Sport Commission has also sourced the results of the World Lifesaving Championships, from 1974 to 1992 and these have been placed on the ILS website.

vi. Competition Manuals:

- ILS Competition Manual: The manual was revised again with input of the various LWC Chief Referees for LWC 2024. The latest version has been published and placed on the ILS website. The manual has now been translated into Spanish, Japanese, Chinese, Russian and French.
- LWC Handbook: This manual is specific for the LWC 2024. This was published on time. This has been updated from the LWC 2022 manual.

Lifesaving South Africa is represented on a couple of ILS Sport Commission Committees:

- Lifesaving Sport Regulations Committee: John Coyne
- Lifesaving Sport Education: Heather Morris-Eyton
- Lifesaving Sport Administration: Allen Pembroke

CONCLUSION

I believe it is important for LSA to be represented on ILS and maintains a presence. It gives LSA the opportunity of contact and to liaise with other lifesaving federation's people in terms of exchanging ideas and be aware of what is happening in the lifesaving world.

I would like to thank LSA for the opportunity to serve on the ILS Sport Commission and attend meetings. I appreciate LSA and Sport and Recreation South Africa for their continuing support and assistance to me to attend the meetings and undertake my ILS duties.





BRAVERY AWARDS COMMITTEE Stanford Slabbert - Convenor

Four highlights of the past year: The brave family rescue off Port Alfred's Kelly's Beach, with businessman

Edward Gutsche the Hero of the Majeke family. Another dramatic rescue unfolded off Umhlanga's Whalebone Pier. "The finest thing a man can do is to save the life of a fellow being", and Reza Yon drowned during his rescue of three youths at Mnandi Beach, now recognised with a posthumous award. The ongoing loadshedding that is crippling our economy and delaying all work.



Pictured left, at the popular Kelly's Beach viewing deck, is Edward Gutsche with Mlibo Majeke, the father who was rescued along with 3 young family members on Saturday, 1st October. Ed had just completed 1.5 hours of bodyboarding when alerted to the plight of the family. His rescue has earned him the Bravery Certificate of Commendation, BAC's highest award for the year.

A total of 24 incidents were submitted for adjudication over the past year. Clubs please note, in future, any lifesaving club nomination must reach LSA within 30 days of the actual incident, otherwise it will not be considered. Our goal is to shorten the awards process and all club's must please co-operate, otherwise their nominees will lose out on the recognition that they deserve.

Five duty squad incidents were not considered, as it is stated in our BAC Operating Procedures that unless there are exceptional circumstances of bravery, duty squads are doing what they are supposed to do, protecting our bathers. Another submission involved assistance at a rescue at Muizenberg, but there was neither bravery nor drowning prevention involved, so no award.

A supposed rescue at Oslo Beach could not be confirmed, as the rescuer nominated himself and the patient did not submit a statement, despite many attempts to get it. With no proof, this incident was abandoned. Please note that rescuer statements and eye-witness accounts are imperative for our adjudication processes, as media reports are usually grossly exaggerated or factually incorrect.

Lifesaving SA has three award categories covering Bravery and Drowning Prevention, and they are summarised as follows:

Bravery Awards: There are 4 levels, with a Letter of Appreciation, BA1, followed by a Letter of Commendation, BA2, and a Certificate of Commendation, BA3. The highest level, BA4, is our Silver Medallion, LSA's highest award for exceptional bravery. Since inception in 1943, only 18 medallions have been awarded for Bravery of the highest order, over the past 80 years.

Drowning Prevention Awards: Three levels, with Letter of Appreciation.

DP1 - for actions taken to prevent a drowning.

DP2 - Letter of Commendation for actions taken that also includes some CPR to prevent a non-fatal drowning.

DP3 - the highest award, the Certificate of Commendation, for preventing a drowning, including extensive CPR. These incidents do not involve bravery or risk.

Recognition Awards are considered when a qualified lifesaver uses their lifesaving skills to render assistance and/or save a life in a non-aquatic environment or emergency situation.

For the period under review, July, 2022, to June, 2023, the BAC panel is pleased to acknowledge the following 23 award recipients from 17 incidents. Only 3 incidents involved more than 1 rescuer.

Bravery Awards = 12 - 8 incidents

Drowning Prevention = 8 - 7 incidents

Recognition Award = 3 - 2 incidents

Looking at the geographic spread of the incidents, 6 were in the Cape Town area, 5 along the KZN South Coast, 2 in the Durban area, 2 in Gauteng and 1 in the Western Cape and 1 in the Eastern Cape. Of the 23 award recipients, 8 have no formal lifesaving training, making the efforts of Kenneth Kleinhans, Reza Yon, Lloyd de Gier, Jean-Luc Koenig, Toby Finneran, Edward Gutsche, Heather Clark and Troy van Niekerk, at 13 this year's youngest award recipient, even more special.

LSA Bravery Awards for 2022 / 2023 x 12

BA1 - Letter of Appreciation = 4.

BA2 - Letter of Commendation = 7.

BA3 - Certificate of Commendation = 1.

BA4 - Silver Medallion = nil.

The oldest Bravery Award recipients this year were Lloyd de Gier (52) and Ezio Arrigo (52), who jointly rescued a drunk woman off Whalebone Pier, and Reza Yon (48), who died during his valiant attempt to save four youngsters at Mnandi Beach. The youngest recipient is Liam Gallagher, who was 17 at the time of his daring rescue in the shark infested Umzimkulu River mouth.

A brief summary of each Bravery incident and award, in date sequence, per category, follows:

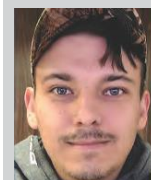
BA1 – Letters of Appreciation = 4

Armand de Koker (26), Tyler Bingham (30), Bryan Paul (31) – 27.08.2022

The three Marine LC boaties responded to a capsized Seine Netters rubber duck in the surf zone off South Beach, Durban, just before 8.30am. They swam out, Tyler retrieved one crewman from under the boat, then all three ensured that the crew were returned safely to shore. They secured the boat and righted it, using the waves, keeping it away from other bathers.



Kenneth Kleinhans (21) - 09.12.2022



Torrential rain caused the Kliprivierspruit to come down in flood, and two vehicles were caught by the rising floodwaters whilst crossing the low-level bridge in Kibler Park, Gauteng. Alerted to the situation at about 8pm, Kenneth raced to the scene, but could not reach the victims when his vehicle became flooded. A large truck arrived and Kenneth jumped aboard and they edged closer. In the darkness, he tied a rope from the truck around his waist, and waded through the rising strong current to rescue three people from their flooded vehicles.

BA2 - Letters of Commendation = 7

Reza Yon (48) – 25.09.2023
Posthumous Award



Media referred to him as the Hero Dad. Father of four, Reza was boogie boarding at False Bays Mnandi Beach, when three 14-year-old youths started shouting for help. They were caught in a strong rip current and Reza immediately grabbed the youth nearest to him and pulled him into shallower water. He then went after the other two and gave them his boogie board to hold onto, before a big wave rolled over and pulled him under. It was mid-afternoon.

Sadly, Reza drowned before help arrived. The two youths held onto the boogie board until they were rescued by the NSRI a while later, as there were no lifesavers on duty at the busy beach.

Reza Yon paid the ultimate price for his selfless act, and LSA bestows a Posthumous Letter of Commendation to his loved ones, recognising his bravery in saving three young lives that day.

Lloyd de Gier (52), Ezio Arrigo (52),
Jean-Luc Koenig (31) – 26.09.2022



The 3 men were in the vicinity of Whalebone Pier, Umhlanga Rocks, at 17h30, when each one heard screams and realised that a 25-year-old woman was drowning in the rough surf behind the rocks. Each responded immediately, stripping down and clambering over the rocks and swimming out to the woman, who was bobbing in the outgoing backwash and rip current. Ezio and Lloyd knew each other, but they did not know Jean-Luc. They arrived at the patient simultaneously and they teamed up to pull the unconscious woman towards the rocks, losing her a few times as large waves rolled over them. A large wave washed them over the rocks and bystanders assisted to get the woman onto the sand. CPR was applied before lifeguards arrived and took over. The woman survived, thanks to the quick reactions of each of her three rescuers, who risked their lives in the treacherous surf. Ezio is an oldies member of Umhlanga Rocks LC. Both Lloyd and Jean-Luc have no formal lifesaving training.

Liam Gallagher (17) – 21.01.2023

Midday, returning from a deep-sea fishing trip, and having just navigated through the large surf in the river mouth, Skipper Brian Lange and Liam, a NSRI volunteer, were alerted to a drowning happening at Sand Spit Beach, alongside the river mouth. They immediately went back into the mouth and Brian manoeuvred the boat close to the patient. Ignoring his own safety, Liam jumped into the shark infested backline surf zone, swam to the man and placed a lifejacket on him. Liam then swam the man back through the rough surf to shore.

Lee Maree (41) – 11.02.2023

It was a hot day and the former Margate nipper was enjoying a beach braai with friends at Oslo Beach, at about 13h00, when alerted to a 21-year-old student who was being swept out to sea by a strong rip current. Lee reacted immediately and swam out through the turbulent surf, reaching the drowning man at the backline. He secured the patient and returned him safely to the beach, after a difficult 600m swim. Medics treated the man for secondary drowning

Toby Finneran (31) – 07.05.2023

It was 16h30 and the UK tourist and Ironman Triathlete, who had been in SA for just a week, was walking along the Seapoint promenade, at Queens Beach, when he noticed a person holding a RTB about to enter the water. He saw that a youngster was in trouble in the wave zone, just behind the rocks. He stripped down, grabbed the RTB and swam out 50m, through a gap in the rocks, and secured the young boy whilst being pounded by large waves. After getting out of the strong rip current, he swam the boy back through the gap to safety. He then attended to another distressed person on the beach.

BA3 - Certificate of Commendation = 1**Edward Gutsche (46) – 01.10.2022**

Wearing a shortie wetsuit and flippers, Ed had been bodyboarding for over 1.5 hours at "Halfways", between Kelly's Beach and West Beach Pier. It was 9.30am and he was walking back towards Kelly's when alerted to 4 family members caught in a strong rip current and being swept out to sea. He immediately relaunched into the surf, secured a young girl, gave her the bodyboard, and swam after the others. He brought each one back to the bodyboard, having to dive down to secure one of them. After getting them all together, and calming them, they were past the backline and 200m offshore. He used the leash to tow them out of the rip and shore-wards, through a gap in the rocks. The family rescue took about 30 minutes, and they did not require medical attention.

LSA Drowning Prevention Awards for 2022 / 2023 x 8

DP1 - Letter of Appreciation: 8 awards

DP2 - Letter of Commendation: no award.

DP3 - Certificate of Commendation: no award.

Congratulations are extended to the 8 award recipients, who prevented possible drownings in each incident. This seasons oldest Drowning Prevention Award recipient is Port Shepstone resident and surfing icon, Heather Clark (51), and the youngest recipient is Troy van Niekerk (13) of Warnadoone.

DP1 - Letters of Appreciation x 8**Liam Bottomley (20) and John Jones (20) – 27.09.2022**

It was midday when the two Milnerton LC members, at home, were alerted to a person being swept out to sea by a strong rip current off Sunset Beach, Milnerton. Liam paddled out on a long surfboard, while John ran along the beach for 400m before swimming out 100m with a RTB. They secured the semi-conscious male patient and were assisted by two NSRI rescue swimmers to return the large patient to the beach.

**Kai Blatch (20) – 20.11.2022**

At about 17h35, the off-duty Clifton Lifesaver was surfing the large waves at Glen Beach when he noticed a young girl being dragged under water in the surf zone and 2 elderly men were trying to assist her. He immediately paddled into the surf line and pulled all three onto his surfboard. He got them away from the breakers and then swam them safely ashore, where he assisted with first aid, as the father had broken his ribs. All three patients were taken to hospital.

Sam Button (20) – 04.12.2022

Just after 14h00, the off-duty Clifton lifesaver was surfing at Glen Beach, when he heard screaming and saw a woman drowning in the surf zone alongside the rocks. He immediately paddled across to her, dived down and pulled her to surface and rescued her. Once back on the beach, he ensured that she was recovering and friends then took her to hospital for observation.

Heather Clark (51) – 20.02. 2023

At about 14h00 the Surfing icon and Instructor was busy with a lesson at St Mike's beach. The strong easterly wind had created rough and messy surf conditions. She heard shouting and saw large man caught in a rip current and being swept seawards. She immediately paddled after him and grabbed him as he was about to go under. The drunk man froze once on the board and lifeguards eventually arrived and took him to shore and Heather paddled their malibu board back to the beach.

Trevor Burger (49) – 20.02.2023

Whilst walking his dogs on Glenmore beach, at 16h30, Trevor noticed a man in distress at the backline in the strong rip and rough surf. He grabbed a rescue malibu board from locals who had broken into the lifesavers clubhouse to get it, paddled out and reached the drowning man as he was about to go under. He effected the rescue and once back on the beach medics took over and transported the 35 year-old man to hospital.

Ryan Chandler (21) – 05.04.2023

The Milnerton LC member stopped for a surf at Victoria Bay en-route home after the DHL Surf Lifesaving Nationals in PE. Just after 16h00, when surfing in on the shore-break, he noticed a youth, aged 11, drowning in the rip current alongside the rocks. He grabbed the submerged youth and hauled him onto his surfboard and alerted the duty lifeguards, who assisted him to get the patient safely back to shore.

Troy van Niekerk (13) – 07.04.2023

Just after midday, the young school-boy was sitting on Baggies Beach, Warnadoone, after a swim, when he heard screams. Two adult males had got into difficulties in the rough surf and the lifeguard on duty was effecting a rescue. Troy ran 20 metres, swam out 15 meters, and rescued the other adult male, swimming him ashore unaided. His quick action prevented a possible drowning.

LSA Recognition Award x 3**Kyle Carbonell Taylor (23) & Kyle Jansen van Vuuren (18) – 26.12.2022**

Just after 20h00, the two off-duty Harties Reflections lifesavers were alerted to an incident at the Swadini Forever Resort cold water pool, where Ernst de Waal had hit his head when he had dived into the shallow end. Using their lifesaving knowledge and training, they stabilised the seriously injured young man, before safely removing him from the water, using a folding table as a stretcher. They monitored and treated the patient until medics arrived.

**Rod Bloom (57) – 25.03.2023**

The Clifton LC member, who only qualified as a lifesaver last year, was jogging along the Seapoint Promenade at 10am, when he came across his friend who had suffered a heart attack. A young Doctor was already checking the man's vitals when Rod heard him say, "no pulse". Using his recently learnt CPR skills, Rod immediately started CPR and continued for over 7 minutes, during which time the patient was revived several times. It was touch and go but they kept him alive until paramedics arrived. The man survived the ordeal, thanks to Rod's immediate commencement of the life saving CPR.

INTERNATIONAL AWARD NOMINATIONS



South African lifesavers won the RLSS Mountbatten Medal in both 2018 (Matthew Maroun) and 2019 (Clifford Coombe). We had no nominee for the 2020 calendar year.

For the 2021 calendar year, our BAC nomination for Dax Lamb, of Umhlanga Rocks Lifesaving Club, was again successful. We congratulate Dax, pictured, for his rescue at Umdloti Beach on 20th February, 2021. LSA has dominated, with three Mountbatten winners over the past 4 years.

IN CLOSING

As Convenor of the BAC for the past 11 years, I have had the privilege of speaking to wonderful citizens who have gone the extra mile to save a life or prevent a drowning. They are special people. I thank all recipients for their helpfulness in assisting the BAC to conclude its work over the past season.

I again had the privilege of working with 8 very special people over the past year. With wonderful support and assistance from Ken Bentall, Richard Davidson, Wendy Gibson-Taylor, Sue Gutsche, Lance Harrison, Charles Khumalo, Eric Maceba and Bevin Worlock, our task was made easier. My grateful thanks are extended to each team member

for their hours of adjudication.

The 9-strong BAC team has a combined 382 years of lifesaving experience, including 103 years of serving on the BAC itself. The sum of the members ages is 586. Impressive stats for a great team!

We salute our 23 award recipients. Heads up You are all heroes.



IN REMEMBRANCE

Lifesaving South Africa celebrates the life, and acknowledges the passing of members who were part of our family.



Amy Roberts
Strandfontein
28 April 2023



Deon Greyling
Kings Beach SLC



Errol (Sandy) Sanders
Umhlanga Rocks SLC
23 December 2022



Gavin Stocker
Kings Beach SLC



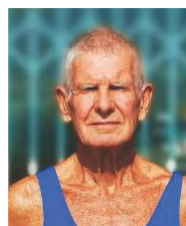
Grant Butterworth
Eden Lifesaving



Ken Clark
Kings Beach SLC



Peter Swan
Eastern Cape
1944-2023



Mike Liddle
Scottburgh SLC
12 November 2022



Shawn Thompson
Gauteng North
Lifesaving
19 August 2022



Sizwe Shongwe
Pirates SLC
April 2023



Kevin Vincent
Marine





CONNECTING PEOPLE. SAVING LIVES

As a truly purpose driven partnership, we are excited to continue our part in delivering water safety to all. Connecting People and Improving Lives, by Saving Lives.

[dhl.com](https://www.dhl.com)



Official Logistics Partner



LIFESAVING SOUTH AFRICA'S ANNUAL AWARDS

NAME OF AWARD	2022 RECIPIENTS
Long Service Awards 25+ Years	Lynette Van Rensburg from Harties Reflection LC Steven Jones from Scottburgh SLC Thabani Jubilee Mthiyane from Scottburgh SLC Jeffrey Fletcher from Port St Johns SLC Gerald Fletcher from Port St Johns SLC Jill Fortuin Abrahams from Strandfontein SLC Doug Herbert from Linden LC Dean Marais from Marine Surf Lifesaving Club Gordon Potgieter from Seagulls SLC
Long Service Awards 50+ Years	Leon Du Preez from Marine SLC
Honours Service Awards	No applications received.
Meritorious Award	Doug Herbert from Linden LC
Male Athlete of the Year	Kyle Hultzer from Umhlanga Rocks Surf Lifesaving Club
Female Athlete of the Year	Amica De Jager from Durban Surf Lifesaving Club.
Junior Male Athlete of the Year	Neil Holtzhausen from Harties Reflection Lifesaving Club.
Junior Female Athlete of the Year	Kiera Van Heerden from Summerstrand Surf Lifesaving Club.
Coach of the Year	Tracy Gous from Summerstrand Surf Lifesaving Club.
ILS Africa Cup Trophy	Mike Rodda Team Manager/ Dean Marais Team Coach.
Surf Patroller of the Year	Ayanda Mhlungu from Durban Surf LC with 604.25 hours.
Stillwater Patroller of the Year	Kai Davey from Senathla LC with 198 hours.
Instructor of the Year	Bronson Leeroy Jethro Godlonton Shaw from Milnerton SLC.
Medical Safety Trophy (Surf)	Lifesaving Western Cape
Medical Safety Trophy (Stillwater)	Gauteng Provincial Lifesaving Association
Bavo Verheyden	Bluewater Bay Surf Lifesaving Club
Administration Cup	Lifesaving Western Cape
Daphne Nel Trophy	Lifesaving Eastern Cape
Lifesaver of the Year	Lia Anke Seagrave-Sutton from Killer Whales
Club of the Year	Kings Beach Surf Lifesaving Club
Honorary Life Membership	Helen Herbert
President's Award	Craig Van Rooyen

BRAVERY AWARDS LETTERS OF APPRECIATION

Edwin Van Niekerk	Umhloti, Durban
Robert Dunn	Betty's Bay
Amber-Rose Berry	Fish Hoek Surf Lifesaving Club
Jamii Hamlin	Strand Surf Lifesaving Club
Michael Gerber	Somerset West, Cape Town
Tongai Matandirotya	Cape Town
Sihle Xaba	Durban Surf Lifesaving Club
Mthokozisi Cele	Durban Pro Lifeguard
Shane Govender	Durban Pro Lifeguard
Keown Delomoney	Durban Pro Lifeguard
Leonard Pillay	Durban Pro Lifeguard
Mark Barber	Winklespruit Surf Lifesaving Club
John Willis	Winklespruit Surf Lifesaving Club
Neville Hazelle	Winklespruit Surf Lifesaving Club
Cadien Button	Winklespruit Surf Lifesaving Club
Cruz Barber	Winklespruit Surf Lifesaving Club
Luvo Tsarwa	Reunion Surf Lifesaving Club
Jayseelan Govender	Amanzimtoti Surf Lifesaving Club
Sandiso Nala	Fast Track Surf Lifesaving Club
Mark Gounder	Isipingo
Roy Ramnath	Isipingo
Donald Naidoo	Isipingo
Prian David	Isipingo
Wayne Easton	Isipingo
Muhammed Kajee	Isipingo
Chad Holm	KZN South Coast
Mahomed Aaroon	Isipingo
Renesh Rajaswar	KZN South
Pieter Jacobs	KZN South
Manogran Govender	KZN South
Deolan Govender	KZN South
Cllr Andre Beetge	Amanzimtoti



DROWNING PREVENTION AWARDS LETTERS OF COMMENDATION

Sgt Deon Dampies	Heidedal SAPS, Bloemfontein
------------------	-----------------------------

LETTERS OF APPRECIATION

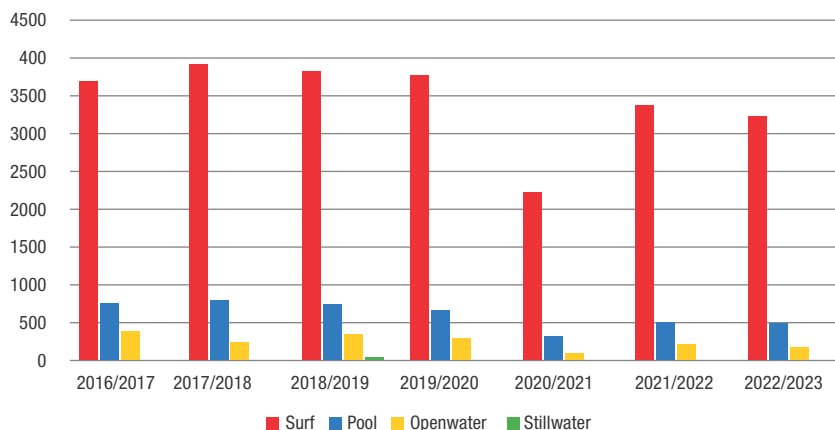
Tyren Bezuidenhout	Mossel Bay Surf Lifesaving Club
Ben Renicke	Mossel Bay Surf Lifesaving Club
Luke Swinney	East London Surf Lifesaving Club
Jamii Hamlin	Strand Surf Lifesaving Club
Armand Van Niekerk	Strand Surf Lifesaving Club
Cara Wade	Umhloti, Durban
Ryan Martyn	Strand, Cape Town
Jamii Hamlin	Strand Surf Lifesaving Club
Coetzer Cooke	Gordons Bay
Keira Hall	Warnadoone Surf Lifesaving Club

RECOGNITION AWARD

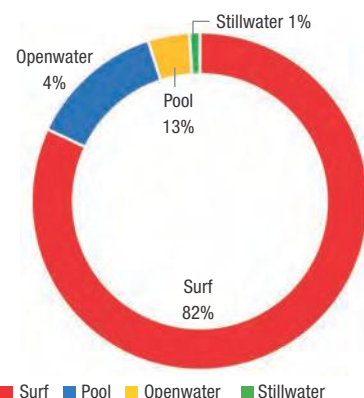
Steven Heesterbeek	Muldersdrift, JHB
--------------------	-------------------

AWARDS STATISTICS

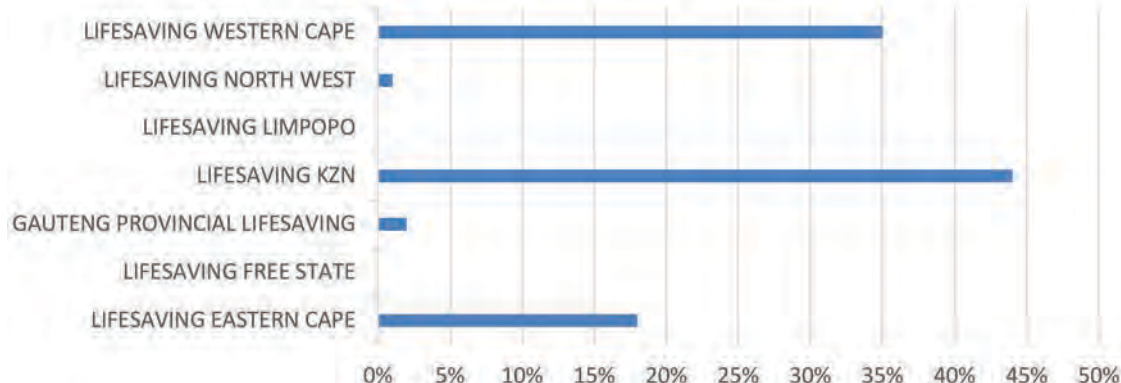
STILLWATER AWARDS: SURF, POOL AND OPENWATER AWARDS



LIFESAVING AWARDS: 2022-2023



PATROL HOURS (from information received)



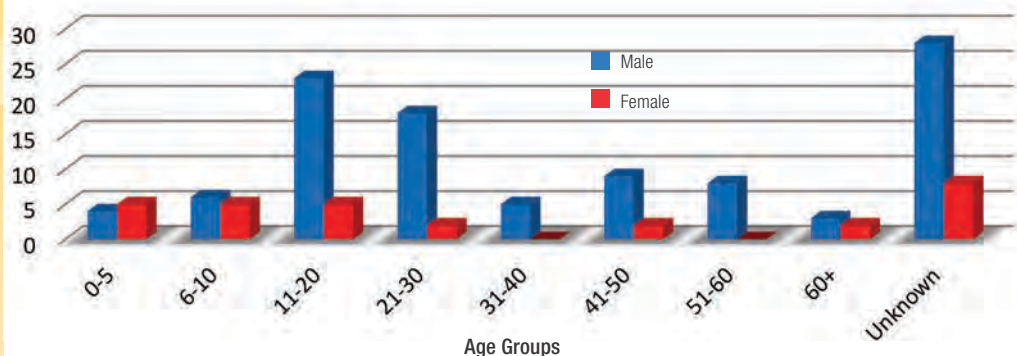
EXAM TOTALS 2022-2023	SURF																				POOL									
	JLA	JQC	LA	QC	RPL	INSTRUCT	IRB CREWMAN	IRB DRIVER	IRB INSTRUCT	IRB EXAMINER	TECHNICAL OFFICIALS	COACHES	EXAMINER	NIPPER EXAMINER	IRB RETEST	RETEST	NIPPER 1	NIPPER 2	NIPPER 3	TOTAL	JLA	JQC	LA	QC	RPL	RETEST	NIPPER 1	NIPPER 2	NIPPER 3	TOTAL
GAUTENG PROVINCIAL LIFESAVING	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3	0	47	0	19	163	0	0	0	232
FREESTATE LIFESAVING	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
LIFESAVING EASTERN CAPE	44	3	103	9	22	3	5	0	0	0	0	0	2	0	0	350	49	49	46	685	4	0	0	0	0	0	0	0	0	4
LIFESAVING KWA ZULU NATAL	32	0	67	9	1	0	0	0	0	0	0	0	1	2	0	536	52	61	60	821	0	0	7	1	0	55	0	0	0	63
LIFESAVING NORTH WEST	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4	0	0	14	0	0	0	18
LIFESAVING WESTERN CAPE	117	4	282	11	1	12	45	19	0	0	6	8	4	1	0	817	105	152	146	1730	4	1	38	0	0	32	0	3	5	83
LIMPOPO	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4	0	0	13	0	0	0	17
ASSOCIATE MEMBERS	0	0	26	0	0	1	0	0	0	0	0	0	0	0	0	6	0	0	0	33	34	0	12	3	0	44	0	0	0	93
PRIVATE	0	0	1	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	2	0	0	1	0	0	0	0	0	0	1
TOTAL	193	7	479	29	24	16	50	19	0	0	6	8	7	3	1	1709	206	262	252	3271	151	113	4	19	321	0	3	5	511	

EXAM TOTALS 2022-2023	OPENWATER														STILLWATER					
	JLA	JQC	LA	QC	RPL	IRB CREWMAN	IRB DRIVER	IRB INSTRUCT	IRB EXAMINER	RETEST	NIPPER 1	NIPPER 2	NIPPER 3	TOTAL	INSTRUCT	EXAMINER	NIPPER EXAMINER	TECHNICAL OFFICIALS	COACHES	TOTAL
GAUTENG PROVINCIAL LIFESAVING	5	1	18	2	0	0	0	0	0	44	4	11	8	93	2	0	0	0	1	3
FREESTATE LIFESAVING	4	0	5	0	0	0	0	0	0	8	0	0	1	18	0	0	0	0	0	0
LIFESAVING EASTERN CAPE	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LIFESAVING KWA ZULU NATAL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LIFESAVING NORTH WEST	10	0	4	0	4	0	0	0	0	21	11	12	6	68	0	0	0	0	0	0
LIFESAVING WESTERN CAPE	0	0	1	0	0	0	0	0	0	0	0	2	2	5	0	0	0	0	0	0
LIMPOPO	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ASSOCIATE MEMBERS	0	0	5	0	0	0	0	0	0	0	0	0	0	5	0	0	0	0	0	0
PRIVATE	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
TOTAL	19	1	33	2	4	0	0	0	0	73	15	25	17	189	2	0	0	0	1	3

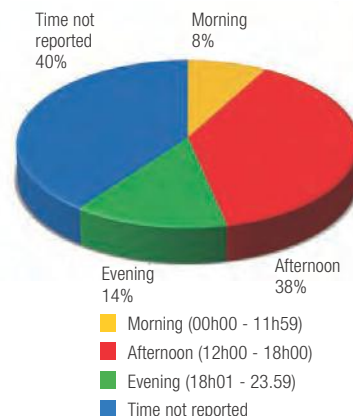


FATAL DROWNING STATISTICS

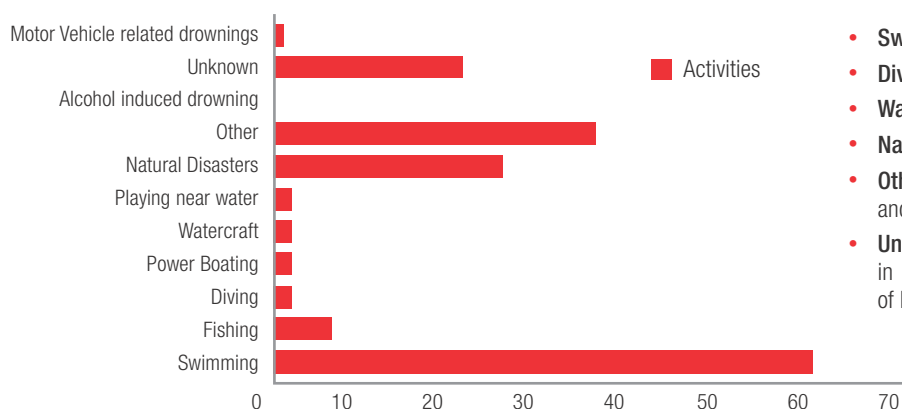
AGE



TIME



DROWNING - ACTIVITIES

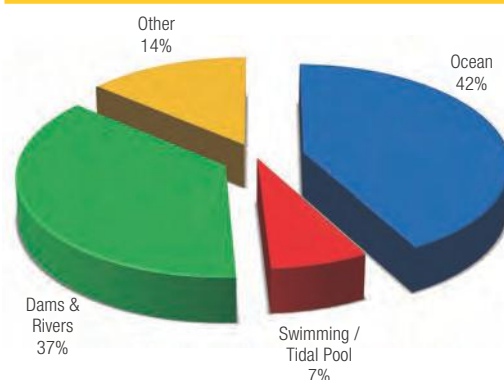


- **Swimming** – Includes paddling and wading
- **Diving** – Includes scuba, spear, and snorkelling
- **Watercraft** – Include surfing, canoeing and kayaking
- **Natural Disasters** – include river crossings and floods
- **Other** – include cultural ceremonies, bath tubs, spas and waterparks
- **Unknown** – takes into account deceased victims found in various locations of water and alleged acts of homicide

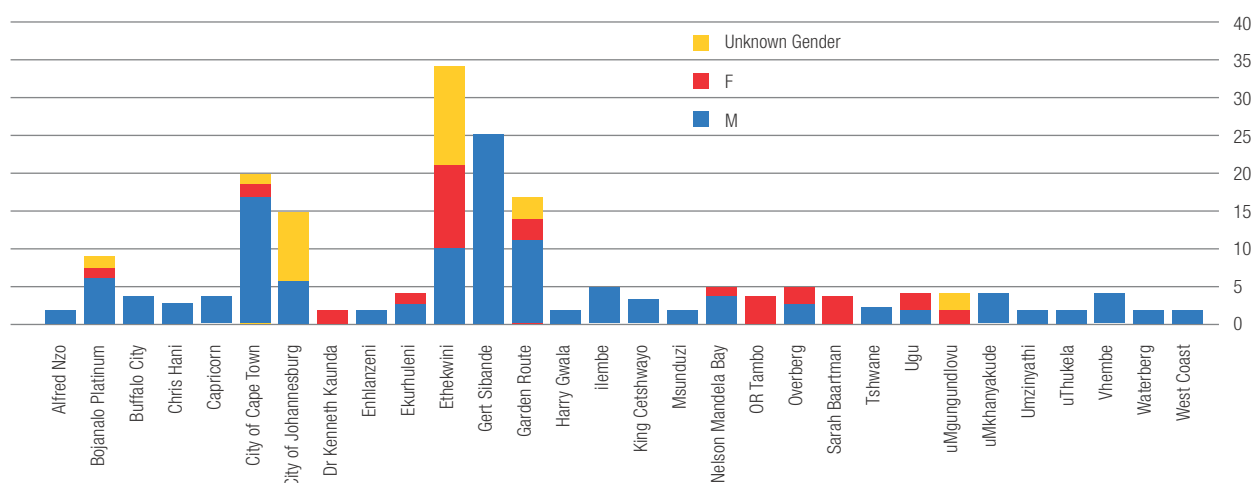
PROVINCE AND GENDER

Province	Male	Female	%
KwaZulu Natal	27	16	33
Western Cape	32	6	29
Eastern Cape	14	5	14
Gauteng	10	1	8
Mpumalanga	4	0	3
North West	7	2	7
Northern Cape	0	0	0
Limpopo	8	0	6
Free State	0	0	0

AQUATIC SETTINGS

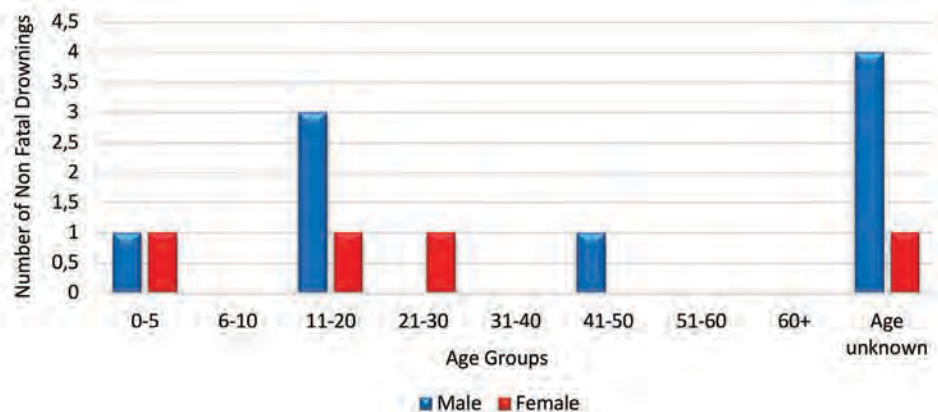


DROWNING - DISTRICT

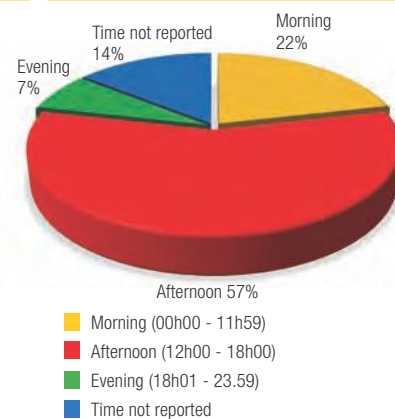


NON-FATAL DROWNING STATISTICS

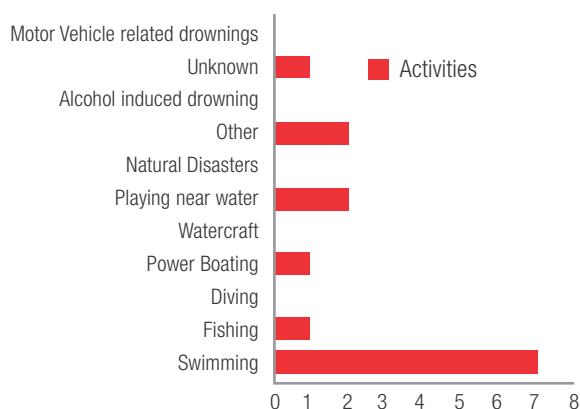
AGE



TIME

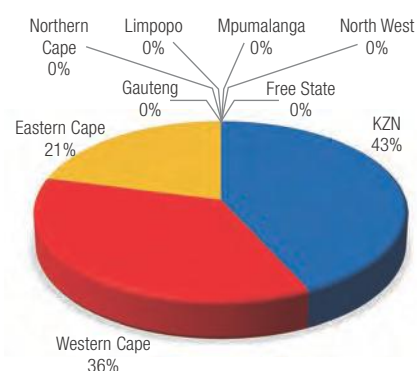


NON-FATAL DROWNING - ACTIVITIES



- **Swimming** – Includes paddling and wading
- **Diving** – Includes scuba, spear, and snorkelling
- **Watercraft** – Include surfing, canoeing and kayaking
- **Natural Disasters** – include river crossings and floods
- **Other** – include cultural ceremonies, bath tubs, spas and waterparks
- **Unknown** – takes into account deceased victims found in various locations of water and alleged acts of homicide

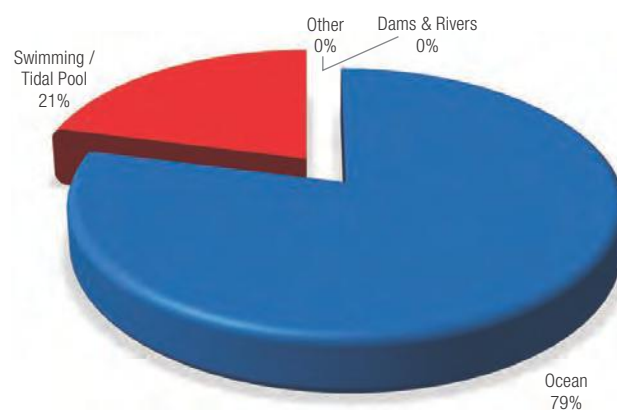
PROVINCE



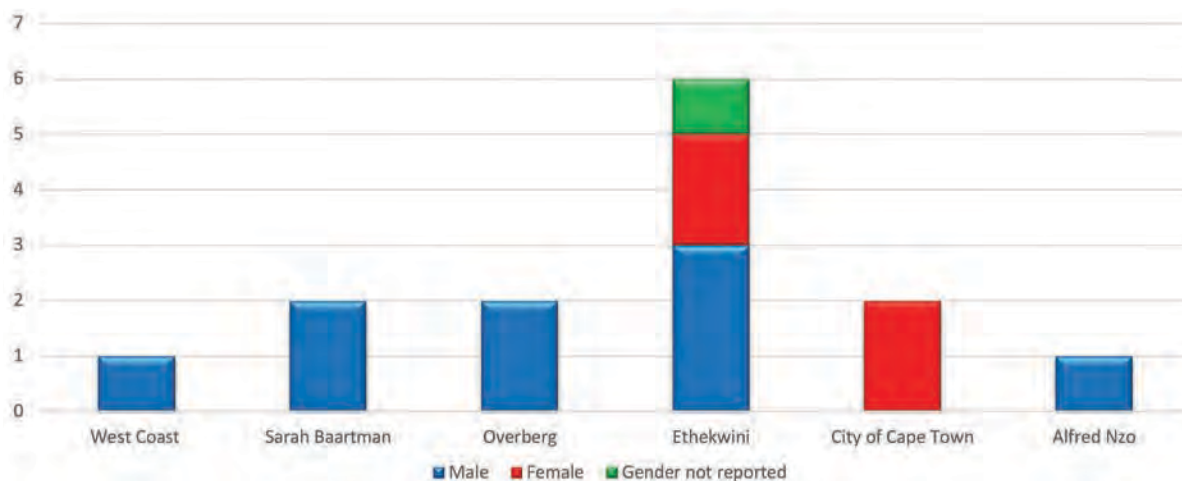
PROVINCE AND GENDER

Province	Male	Female	%
KwaZulu Natal	3	2	38
Western Cape	3	2	38
Eastern Cape	3	0	24
Gauteng	0	0	0
Mpumalanga	0	0	0
North West	0	0	0
Northern Cape	0	0	0
Limpopo	0	0	0
Free State	0	0	0

AQUATIC SETTINGS



NON-FATAL DROWNING - DISTRICT



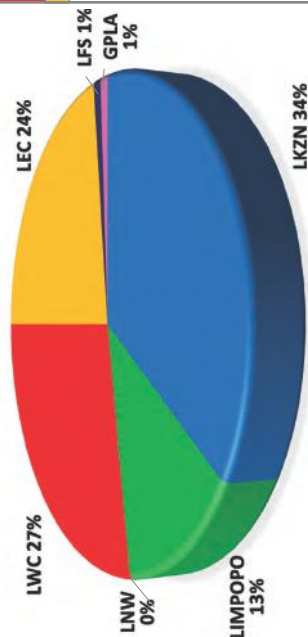
36

36

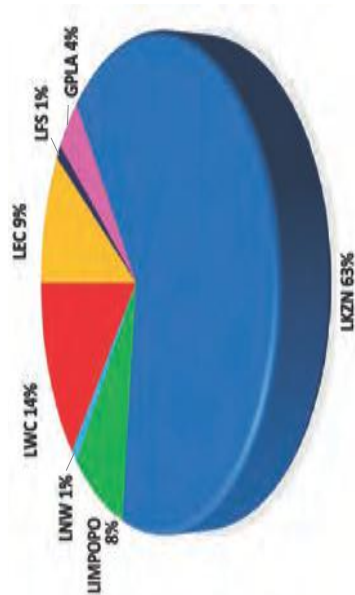
Durban Surf	59	46	0	0	19	8	0	0	24	18	43	26	1	0	11	4	0	0	22	11	136	87	43	12	10	71	136	27	6	5	49	87	
Durban Under Sea	4	5	2	2	1	0	1	5	11	1	15	8	0	0	0	0	0	0	0	0	19	13	11	2	1	5	19	2	4	0	7	13	
Fast Track	0	0	0	0	0	0	0	0	14	1	14	1	0	0	0	0	0	0	0	0	14	1	14	0	1	0	14	1	0	0	0	1	
Marine	31	26	0	1	15	12	22	9	87	20	124	42	0	0	29	6	269	126	14	6	467	206	73	1	26	367	47	4	5	13	184	206	
Pirates	29	21	2	2	23	10	0	0	59	11	84	23	1	0	45	0	10	5	4	3	173	52	54	2	20	97	173	13	1	7	31	52	
Sunkist	0	0	0	0	0	0	0	0	13	1	13	1	0	0	0	0	0	0	0	0	13	1	10	2	1	0	13	0	1	0	0	1	
Thekwini	0	0	0	0	0	0	12	4	211	0	223	4	0	0	0	0	0	0	0	0	223	4	182	1	40	0	223	0	4	0	0	4	
Umlhlanga Rocks	43	45	0	3	12	15	16	7	39	12	67	37	1	0	0	0	0	0	36	21	147	103	13	0	8	126	147	3	2	4	94	103	
Wamadone	14	11	0	0	6	4	0	0	6	1	12	5	2	0	0	0	0	0	0	0	28	16	0	0	0	28	28	1	0	0	15	16	
Winklespruit	0	0	0	0	0	0	0	0	9	6	9	6	0	0	0	0	1	6	0	0	10	12	2	0	0	8	10	0	0	0	12	12	
Ugu District	15	8	0	0	7	3	0	2	26	3	33	8	0	0	38	2	3	3	5	9	94	30	17	2	0	75	94	0	0	0	30	30	
Scottburgh	9	9	0	1	4	4	0	0	55	3	59	8	0	0	0	0	0	0	0	0	68	17	46	3	1	18	68	2	1	2	12	17	
Umtamwuna	5	5	0	3	0	0	2	1	4	1	6	5	0	0	0	0	0	0	2	0	13	10	8	0	1	4	13	1	0	2	7	10	
Uthukela District	0	0	0	0	0	0	0	0	19	0	22	0	0	0	0	0	0	0	0	0	22	0	21	0	0	1	22	0	0	0	0	0	
Aquafin, Ladysmith	0	0	0	0	0	0	0	0	0	0	22	0	0	0	0	0	0	0	0	0	22	0	21	0	0	1	22	0	0	0	0	0	
Uthungulu District	209	176	4	12	88	56	56	28	748	81	896	177	5	0	156	24	283	140	83	50	1632	567	677	31	114	810	1632	68	25	33	441	567	
Empangeni Lifesaving	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	B	C	A	W	TOTAL	B	C	A	W	TOTAL	
LIFESAVING LIMPOPO	17	22	0	0	4	8	5	9	6	12	15	29	0	0	3	0	0	1	0	0	35	52	2	0	0	33	35	9	2	0	41	52	
Waterberg District	4	0	0	0	3	0	0	0	17	2	20	2	0	0	0	0	0	0	0	0	24	2	10	1	0	13	24	0	0	0	2	2	
Forever Resorts	21	22	0	0	7	8	5	9	23	14	35	31	0	0	3	0	0	1	0	0	59	54	12	1	0	46	59	9	2	0	43	54	
Sub Total	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	B	C	A	W	TOTAL	B	C	A	W	TOTAL	
LIFESAVING NORTH WEST	0	0	0	0	0	0	0	0	11	1	11	1	0	0	0	0	0	0	0	0	11	1	10	0	0	1	11	0	0	1	0	1	
Bojanala Platinum District	0	0	0	0	0	0	0	0	0	0	22	0	0	0	0	0	0	0	0	0	22	0	21	0	0	1	22	0	0	0	0	0	
Harles Reflections	0	0	0	0	0	0	0	0	19	0	22	0	0	0	0	0	0	0	0	0	22	0	21	0	0	1	22	0	0	0	0	0	
Dr Kenneth Kaunda District	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Aquamix	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Sub Total	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	B	C	A	W	TOTAL	B	C	A	W	TOTAL	
LIFESAVING WESTERN CAPE	0	0	1	0	0	0	0	1	11	5	12	6	0	0	0	0	0	0	0	0	12	6	0	12	0	0	12	0	6	0	0	6	
Cape Town District	4	3	0	0	1	1	1	1	2	3	4	5	0	0	1	1	0	0	0	0	9	9	0	9	0	0	9	0	9	0	0	9	
Alpha	1	2	0	0	0	0	0	0	26	11	26	11	0	0	0	0	0	0	0	0	27	13	0	16	0	11	27	0	7	0	6	13	
Belville	69	42	0	0	10	8	0	0	96	50	106	58	0	0	0	0	0	0	0	0	100	100	10	12	1	152	175	4	7	0	89	100	
Big Bay	62	66	9	6	72	70	11	6	13	6	105	88	0	0	73	39	58	26	0	0	298	219	22	18	2	256	298	6	9	3	201	219	
Clifton	19	4	5	2	2	0	0	9	2	19	10	35	14	0	0	0	0	0	0	0	54	18	2	49	0	3	54	1	16	0	1	18	
False Bay	115	72	0	0	90	55	0	0	45	12	135	67	0	0	76	31	0	0	46	45	372	215	14	31	27	300	372	4	17	22	172	215	
Fish Hoek	1	0	1	0	1	0	18	2	41	5	61	7	1	0	0	0	0	0	0	0	63	7	29	27	0	7	63	0	6	0	1	7	
Hout Bay	8	4	5	0	3	0	10	0	17	1	35	1	0	0	5	0	10	6	0	0	58	11	0	58	0	0	58	0	11	0	0	11	
Kogel Bay	64	60	13	7	39	30	2	0	29	8	83	45	0	0	0	0	0	0	0	0	147	105	1	1	2	143	147	1	2	0	102	105	
Llandudno	6	0	5	0	1	0	7	0	13	0	26	0	0	0	0	0	6	0	6	0	44	0	0	44	0	0	44	0	0	0	0	0	
Macassar	20	24	0	0	13	7	4	4	38	24	55	35	0	0	4	1	0	0	5	7	84	67	2	17	0	65	84	2	11	1	53	67	
Milnerton	0	0	0	0	0	0	0	0	36	0	36	0	1	0	0	0	0	2	0	0	37	2	16	21	0	0	37	0	2	0	0	2	
Mnandi	0	0	0	0	0	0	0	0	8	0	8	0	0	0	0	0	0	0	0	8	0	8	0	0	0	8	0	0	0	0	0	0	
Monwabisi	50	41	0	0	22	16	0	0	26	6	48	22	0	0	0	0	0	0	0	0	98	63	1	14	0	83	98	0	2	0	61	63	
Strand	16	24	10	8	5	3	30	12	12	3	57	26	0	0	4	1	0	0	2	1	79	52	3	40	12	24	79	0	37	5	10	52	
Strandfontein	0	0	0	0	0	0	6	4	5	1	11	5	0	0	0	0	0	0	0	0	11	5	3	8	0	0	11	3	1	0	1	5	
UWC Aquatics	3	3	0	0	1	3	0	0	14	6	15	9	0	0	5	2	0	0	0	0	23	14	3	20	0	0	23	4	10	0	0	14	
X-Stream	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Eden District	0	0	0	0	0	0	2	0	27	0	29	0	0	0	0	0	0	0	0	0	29	0	1	28	0	0	29	0	0	0	0	0	0
Great Brak	9	3	4	3	1	1	4	6	10	4	19	14	0	0	0	0	3	2	0	0	31	19	2	5	0	24	31	0	0	0	19	19	
Hartenbos	0	0	0	0	0	0	0	0	0	0	48	1	0	0	0	0	0	0	0	0	48	1	2	31	0	15	48	0	1	0	0	1	
Hessequa	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Knysna	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Marlin	29	6	0	0	9	2	0	0	16	5	25	7	0	0	0	0	0	0	0	0	54	13	1	44	0	9	54	0	7	0	6	13	
Mossel Bay	0	0	0	0	2	0	2	3	28	7	32	10	0	0	1	0	0	0	0	1	33	11	0	1	0	32	33	0	0	0	11	11	
Ouwerika	0	0	0	0	0	0	18	11	33	13	51	24	0	0	0	0	0	0	0	0	51	24	2	13	0	36	51	0	6	0	18	24	
Plett	55	42	3	0	21	15	5	3	21	5	50	23	0	0	0	0	0	0	0	0	105	65	8	19	0	78	105	2	11	0	52	65	
Southern Cross	6	1	0	0	4	0	0	0	1	46	2	50	3	0	0	0	0	0	0	0	56	4	10	46	0	0	56	0	4	0	0	4	
Sub Total	537	397	56	26	297	211	129	298	680	188	1162	481	2	0	169	75	77	36	59	54	206	1043	140	584	44	1238	2066	27	182	31	803	1043	
GRAND TOTAL FOR 2023	1000	778	85	44	490	367	298	138	2328																								

RESCUE AND FIRST AID STATISTICS

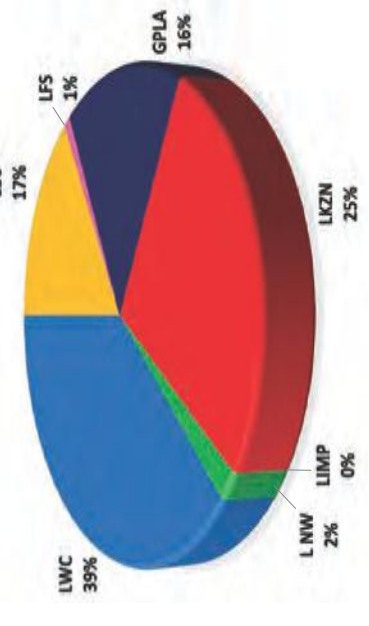
TOTAL FIRST AID TO DATE 2022 - 2023



TOTAL RESCUES TO DATE 2022 - 2023

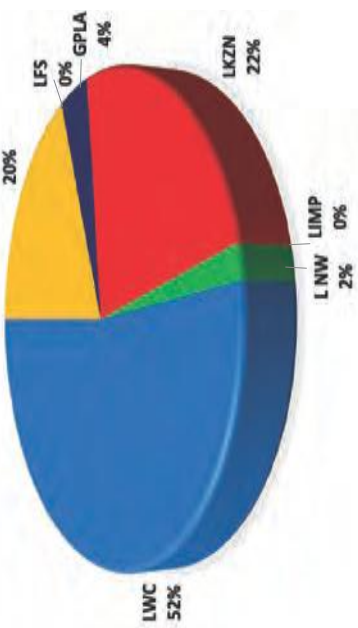


TOTAL ACTIVE MEMBERSHIP 2022 - 2023

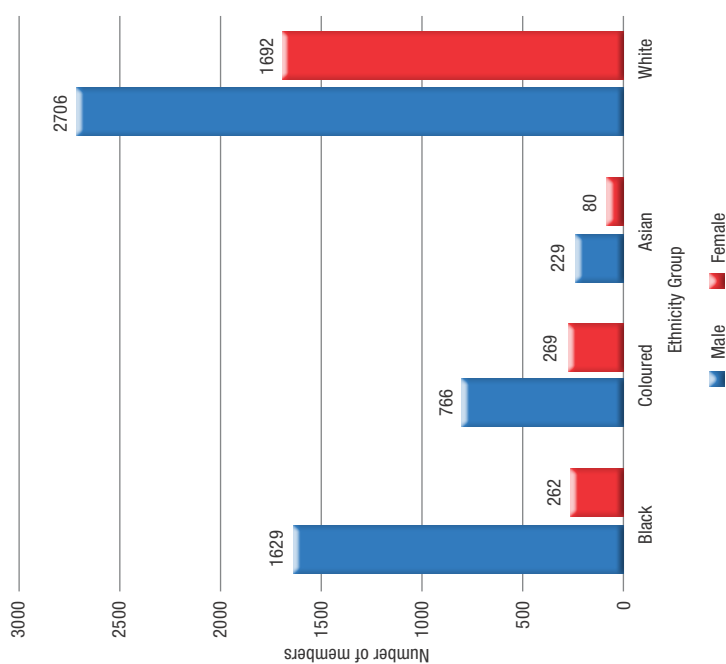


RESCUES - RESULTS AND TYPE 2022/23															ANALYSIS OF FIRST AID CASES						
	Total Rescues as at 31 March 2022	Helipout & T-buoy	Line or belt	Board or ski	Boat or IIR	Spinal Management	Total Rescues for 2022/23	Total Rescues to date	CPR required	Cuts & abrasions	Fractures & sprains	Sunburn	Stings	Other	Total First Aid cases treated						
LIFESAVING EASTERN CAPE																					
Anatole/ Buffalo City District																					
East London	1578	17	0	2	0	0	19	1597	0	5	0	0	0	4	9						
Sarah Baartman District																					
Woodridge	354	0	0	0	0	0	0	354	0	0	0	0	0	0	0						
Nelson Mandela District																					
Bluewater Bay	403	7	0	0	0	0	7	410	0	0	0	0	0	0	0						
Hobie Beach	326	0	0	0	0	0	0	326	0	0	0	0	0	0	0						
Kings Beach	1244	7	0	4	0	0	11	1255	0	1	0	0	0	2	3						
Sardinia Bay	248	0	0	0	0	0	0	248	0	0	0	0	0	0	0						
Seagulls	122	2	0	0	0	0	2	124	0	3	0	2	30	0	35						
Summerstrand	674	14	0	0	0	0	14	688	0	2	1	0	29	9	41						
OR Tambo District																					
Fossil	148	0	0	0	0	0	0	148	0	0	0	0	0	0	0						
Mbashe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0						
Mskaba	3	3	0	2	0	0	5	8	0	0	0	0	0	0	0						
Mzamba	433	22	0	0	0	0	22	455	0	0	0	0	0	0	0						
Mdumbi	22	13	0	0	0	2	15	37	12	6	6	0	1	1	26						
Nyadeni	1258	43	17	0	0	0	60	1318	0	21	9	16	6	0	52						
Port St. Johns	1511	47	1	2	0	1	51	1562	0	37	10	21	43	0	111						
Tigers	0	26	3	9	0	0	38	38	2	15	0	1	26	7	51						
Umgazi Dolphins	485	99	21	21	0	0	141	626	0	11	2	30	40	0	83						
Unzimvubu	133	23	7	4	4	6	44	177	2	5	0	3	0	0	10						
Sub Total	8942	323	49	44	4	9	429	9371	16	106	28	73	175	23	421						
LIFESAVING FREE STATE																					
Mangaung District																					
Bloemfontein	220	19	0	22	7	0	48	268	0	2	0	2	0	1	5						
Manguang	231	0	0	0	0	0	0	231	0	0	0	0	0	0	0						
Fezile Dabi District																					
Kroonstad Aqua	150	0	0	0	0	0	0	150	0	0	0	0	0	0	0						
Sub Total	601	19	0	22	7	0	48	649	0	2	0	2	0	1	5						
LIFESAVING GAUTENG																					
Ekurhuleni District																					
Boksburg	16	0	0	0	0	0	0	16	0	0	0	0	0	0	0						
Senathla	156	1	0	0	0	0	1	157	0	2	0	0	0	0	2						
Johannesburg District																					
City of Johannesburg	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0						
Ellis Park	104	0	0	0	0	0	0	104	0	0	0	0	0	0	0						
Linden	1773	0	0	0	0	0	0	1773	0	0	0	0	0	0	0						
Rapid Rescue	532	0	0	0	0	0	0	532	0	0	0	0	0	0	0						
Soweto Sharks	148	0	0	0	0	0	0	148	0	0	0	0	0	0	0						
Trident	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0						
Tshwane District																					
Aqua Martina	1105	0	0	0	0	0	0	1105	0	1	0	0	0	1	2						
JPTSR	14	0	0	0	0	0	0	14	0	0	0	0	0	0	0						
Killer Whales	73	40	0	0	3	0	43	116	0	3	0	0	0	0	3						
Hamaanskraal	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0						
Tshwane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0						
Tuiks	394	2	0	0	0	0	2	396	0	0	0	0	0	0	0						
Sub Total	4315	43	0	0	3	0	46	4361	0	6	0	0	0	1	7						
LIFESAVING KZN																					
Ethekwini District																					
Ananzimtoti	6674	0	0	0	0	0	0	6674	0	0	0	0	0	0	0						
Durban Central	18	0	0	0	0	0	0	18	0	0	0	0	0	0	0						
Durban Lifeguard	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0						
Durban Surf	19718	219	0	120	231	1	571	20289	0	4	2	0	421	1	428						
Durban Undersea	0	3	0	3	0	0	6	6	0	0	0	0	26	0	26						

TOTAL NIPPERS 2022 - 2023



DEMOGRAPHIC REPORT ON MEMBERSHIP 2022 - 2023

[illegible]




35 Livingstone Road • Windermere, Durban, 4001
Tel: 031 312 9251 • Email: headoffice@lifesaving.co.za


WWW.LIFESAVING.CO.ZA

NPO 002-584 PBO 18/11/13/1112


Official Logistics Partner



 [LifesavingSouthAfrica](https://www.facebook.com/LifesavingSouthAfrica)

 [lifesavingsouthafrica](https://www.instagram.com/lifesavingsouthafrica)

 [lifesavingsa](https://twitter.com/lifesavingsa)

 [life-saving-south-africa](https://www.linkedin.com/company/life-saving-south-africa)