

Lifesaving South Africa Safeguarding

KNOW YOUR RIGHTS



Safeguarding means protecting a person's health, well-being and human rights; enabling them to live free from harm, abuse and neglect. Safeguarding in Sport is the protection of children and adults from harm by providing a safe space in which to play sport and be active.

Everyone in has the right to be protected from non-accidental violence, harassment and abuse. Safeguarding applies to everyone without any distinction of age, gender, race, religion, creed, ethnical origin, physical attributes, sexual orientation, or ability.

You have the Right to:

- Respect and protection
- Healthy relationships with appropriate boundaries between you and your coach
- Not to be threatened, intimidated or bullied
- Not to be treated differently based on your characteristics

You can expect Adults to:

- Treat you with respect & never intimidate or bully you
- Put your welfare and well-being first
- To listen to and act on any concerns you have
- Know and understand their safeguarding responsibilities, and how to keep you safe from harm and abuse

Non-accidental violence includes all forms of harassment & abuse and occurs worldwide. The types of dangers we must protect children and vulnerable adults from are harassment, abuse, neglect and bullying. It is important that all our members are aware of the indicators and impact of all forms of non-accidental violence to ensure a safe sporting environment. All adults are responsible to protect children and vulnerable people from potential dangers.

Safeguarding children, young people and adults is a collective responsibility.