



LIFESAVING SOUTH AFRICA

2025 | ANNUAL REPORT



DHL

OUR VISION

Lifesaving South Africa is the National Authority in the effort to prevent drowning and the promotion and delivery of Lifesaving Sport in building an active and winning lifesaving sporting nation in South Africa.

OUR MISSION

Lifesaving South Africa is the National Association for Lifesaving and Lifesaving Sport in South Africa. In these roles Lifesaving South Africa leads, supports and partners with national and international organisations committed to drowning prevention, water safety supervision, emergency response and sport.

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MESSAGE FROM THE SPONSOR



Our partnership with Lifesaving South Africa continues to make a real impact. This past season marked another important step forward in our shared mission to Connect People and Save Lives, with initiatives that have elevated both the visibility and value of lifeguards across the country.

We were honoured that our sponsorship of Lifesaving SA received industry-wide recognition, winning Team or Individual Sponsorship of the Year at the 2024 Sport Industry Awards. This accolade speaks to the purpose-driven nature of our partnership, which goes far beyond branding to enable real-world change in communities that rely on LSA's vital work.

Over 1,000 professional lifeguards across 14 municipalities were supported with essential DHL duty kit and equipment this year, including gazebos, umbrellas, and patrol flags. For the voluntary clubs, we delivered 2,700 sets of kit, including shirts, shorts, hats and anoraks, and — for the first time — introduced branded duty swimming costumes for over 4,500 lifeguards nationwide.

The DHL Watersmart Program continues to be a cornerstone of our partnership. In 2024, over 54,000 learners took part in face-to-face training, while the new e-learning hub attracted nearly 25,000 active users, broadening access to water safety education in under-resourced communities.

The programme now includes content for Grades R–3 and, to date, has reached more than 1.47 million children across the country.

Together with clubs around the country, we delivered 12 engaging summer activations — from Clifton to Kings Beach to the Midmar Mile — all aimed at promoting awareness, safety, and lifesaving as a sport and service.

Our national teams once again flew the flag proudly, competing at the 2024 World Lifesaving Championships in Australia, where several members returned as world champions. We were proud to provide team kit and support to help them represent South Africa on the global stage.

The DHL Lifesaving SA Champs took place in Gqeberha, with Kings Beach and Newton Park hosting another unforgettable week of competition. From SA Champs to Interprovincial Champs and Open Water events, we continue to be inspired by the dedication of every athlete and volunteer.

A heartfelt thank you to the lifeguards, clubs, coaches, officials, and partners who bring this community to life. It remains a privilege for DHL to be part of a movement that saves lives, empowers youth, and strengthens coastal communities across South Africa.

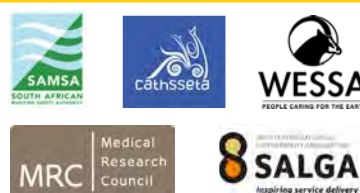
MEGAN COLLINICOS

Marketing Director, DHL Express South Africa

GOVERNMENT PARTNERS



INDUSTRY PARTNERS



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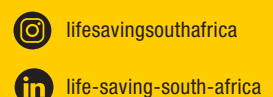
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PRESIDENT'S REPORT DHAYA SEWDUTH

A consistent highlight of the year under the review is the fact that the voluntary duty lifeguards of Lifesaving SA (LSA) has once again executed on its mandate of ensuring that the drownings are reduced under their watch. Thankfully, the sacrifices and commitment of our duty lifesavers and members who assisted with patrols, alongside the professional lifeguards have ensured that drownings remain below the one percent mark during duty hours. This feat is remarkable especially considering huge crowds over the festive season.

There were no drownings during the duty hours from November 2024 through to January 2025 despite the massive number of beachgoers along the coastline, but sadly, while our voluntary lifesavers deliver on our mandate, little support for our voluntary services flows back into the movement.

Lifesaving Sport

Lifesaving sports continues to provide a platform for our athletes to shine. Lifesaving South Africa's Open and Youth teams excelled at Lifesaving World Champs 2024 in Gold Coast, Australia. With four world champions at the event and the teams' performing exceptionally well in the surf and pool events, LSA continues to build on its pool of young athletes. Our national team also cemented their place as Africa's champions at the ILS Africa Champs in Durban in March 2024. By the time this report is read, we would have hoped to receive great news on outstanding performances from the Commonwealth Pool Championships in Swansea, Wales taking place in July 2025 and we would have capped the International Surf Rescue Challenge (ISRC) team for their participation in ISRC2025 in New Zealand in December 2025.

Sadly, mother nature dealt a severe blow to our flagship National Champs in 2024, cutting short a well organised major event in Durban. Despite that setback, it is heartening to note that LSA is

considered a viable host for the Lifesaving World Champs (LWC) in 2026. Once again, the biggest challenge will be to get the requisite financial support from government and corporates to ensure that we are in a favourable position to submit a bid to bring the premier international event to our shores.

Lifesaving Matters

On the Lifesaving front, a major development for the year is the Lifeguard Award (LA) Qualifications review process. The review got underway in 2024 and will hopefully be completed in 2025. The process to review our qualifications, driven by the Qualifications Council on Trade and Occupations (QCTO), once finalised, will look at expanding the Government Gazette to include Pool Lifeguard Qualification alongside the Surf and Open Water Awards. Furthermore, the institutionalizing of the Swift Water Rescue as well as Helicopter rescue components will be developed in the new revised qualifications.

LSA has already initiated processes to ensure that Municipalities, an important stakeholder, and the biggest employer of lifeguards is taken on this journey of the qualifications' review. This initiative has also presented an opportunity to revisit the notion of the "image of the lifeguard and professionalizing lifeguarding" as a service. We remain optimistic that the biannual webinar Series with Municipal beach and pool Managers/ Supervisors will not only continue to grow but will bring our relationship with municipalities closer to the point that some sort of professional or regulatory body for all lifesavers/ lifeguards can be established in the near future. A successful webinar on the Qualifications review and "Improving on the Image of the lifeguards" was convened on 18 June 2025.

Work has progressed on the initiative to develop an automated duty APP. It will be based on the similar platform developed by Surf Lifesaving

Australia (SLSA). A pilot project is currently underway and hopefully will be ready for testing before the next summer peak season.

Governance and Strategy:

Several communiques and meetings have been expedited to ensure that we get an audience with the Ministries of Sport, Art and Culture (DSAC) as well as Tourism. At the time of compiling this report, the leadership of LSA had already presented to the Minister of Sport, Honourable Mr Gayton McKenzie and we had received positive feedback on our intent to bring major international events to SA shores. We were also assured of the participation of the Minister in the World Drowning Prevention Day (WDPD25), 25 Jul 2025. A meeting had also been convened with senior official from the Ministry of Tourism and we are confident that we would be able to position LSA in the SA Tourism marketing collateral.

With the effects of climate change and the increasing frequency of flooding disasters, we have persisted in meetings with the Department of Cooperative Governance and Traditional Affairs (COGTA), specifically with Disaster Management officials. LSA had already begun work on training and development to produce Swift Water Rescue and Helicopter rescue practitioners. In the previous financial year, we had reported on the successful completion of the training of 42 lifesavers in Swift Water Rescue and Helicopter training in Western Cape. The plan is to expand the training in other provinces.

A process has been initiated to develop an MoU with the Disaster Management office. This will enable us to expand on our capacity building in KZN. Furthermore, intense discussions were convened with Rescue SA. It is heartening to note that an organisation like Rescue SA is willing to expand training opportunities for LSA as well as access to specialised rescue equipment from their caches built over the years. The Director of



Lifesaving will provide direction in this regard and report on progress of training in Eastern Cape and KZN.

We continue to grow the media presence and the social media acumen of LSA. During the peak summer holiday period through to the Easter long weekend, we ratcheted up on our outputs of media releases. In the Dec2024 to Jan2025 there was almost a media release or interview every second day to advise the bathing public to be safe. There was also concerted efforts to get more of our young members to be interviewed on radio and TV. The momentum continued during the national champs and to foreground our national team members.

A significant output was to create a Social Media officers' group with representation from across the clubs and provinces. A training workshop was convened, and the group was launched successfully. Our efforts to increase "visibility and exposure" continued during the valley duty periods in some parts of the country culminating in videos and interviews running during Child Protection Week and during Youth Month. It is anticipated that this momentum will result in a very comprehensive campaign being run over a 25-day daily output campaign in the run up to and on World Drowning Prevention Day 25 July 2025.

In an effort to take care and support clubs which do not have club houses, we are happy to announce that representations were made to DHL to acquire more duty trailers for indigent clubs. The effort resulted in positive outcomes as DHL, has gone above and beyond to commission new trailers to be constructed and handed over to clubs in the Eastern Cape.

Successes in receiving National Lotteries Commission grants resulted in new projects being rolled out. The project funding resulted in firstly a national project to train and qualify young citizens from disadvantaged and rural communities to become qualified lifeguards. This project has been run by the Director of Sport, as there is an opportunity to expand on the panel of coaches simultaneously. The project would have been completed in the year under review but had to be extended into the next financial year, due to the fact that in some provinces, the municipal pools are non-operational. A further Lifesaving project that will hopefully be completed during the year is the one that involves developing a series of instructional videos used both for training purposes, but to also ensure that the general public could be sensitised on lifesaving practices.

Drowning Prevention:

While my introductory paragraph highlighted significant highlights on Drowning Prevention, the DP Commission has ramped up on preparations for World Drowning Prevention Day 2025. Lifesaving South Africa would have executed a 25-day social media campaign to observe World Drowning Prevention Day on 25 July 2025. Our campaign also included an activation on 25 July 2025.

The PKF Report 2025: An evidenced based impact of the economic contribution of LSA.

While there is much to celebrate about in Lifesaving SA, it is disappointing indeed that the movement has not attracted more funding to support our noble objectives as well as fund our athletes. I am confident that several building blocks that have been put in place, that enables

LSA to become more attractive. Our meetings with national departments of Sport as well as with Tourism should begin to see results. A significant development in the publication of an independent report, conducted by PKF and sponsored by Velocity Trade, involved an actuarial analysis of the values of the duties performed and lives saved. The PKF report analysed duty reports data over a 16-year period from 1998 to 2024 and concluded that:

- ▶ LSA's Value of Lives Saved (VSL) indicator was calculated at R9.8 billion, and
- ▶ The Benefit to Cost ratio (BCR) was 1:18 i.e. for every one rand invested in LSA, we gave back the value of eighteen rands

It is hoped that evidence-based reports like the one undertaken by PKF will ensure that LSA attracts more funding and sponsorships.

Conclusion

It has been an honour indeed to serve as President of Lifesaving for the past six years since 2019 as well as complete a second stint in the capacity as President. I express immense gratitude and admiration to every single lifesaver sitting on duty in the hot sun, wind and rain. I further express thanks to the Management Boards and Advisory Boards that I presided over as well as the hard-working head office staff, without whom, one would not be able to represent our organization.

Last, but not least, I express heartfelt thanks to our sponsors DHL without whom we would not be able to achieve our noble intent. Service and Vigilance!

MANAGEMENT BOARD MEMBERS



Vice President
Warren Prins



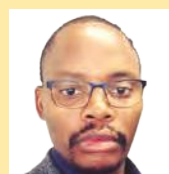
Director of Lifesaving
Melvyn Shaw



Director of Finance
Bruce Roberts



Director of Sport
Craig van Rooyen



Director of Drowning Prevention
Mzi Mayedwa



Member
Dylan Tommy



Member
Gerald De Jager



Member
Mandy Thompson



Member
Winston Meyer



Member
Ciska Bobbert



Co-opted Member
Nkosi Ngcobo



Co-opted Member
Colleen Saunders



Athletes Committee Chair
Zack Waters



HEAD OFFICE REPORT HELEN HERBERT - General Manager

Lifesaving South Africa's values includes the belief in:

- ▶ humanitarian principles
- ▶ effective governance
- ▶ tolerance and respect for all
- ▶ ethical conduct and behaviour
- ▶ equity through diversity
- ▶ environmental responsibility
- ▶ evidence-based decisions
- ▶ learning
- ▶ friendship and camaraderie

The past year has seen these values put into action.

Lifeguarding

Our lifeguards continue their humanitarian activities, donating their time and personal safety to ensure the safety of others in and around aquatic venues and events. We commend all our lifeguards for their hours spent in the sun and rain. The past season has seen a zero drowning season whilst on duty and within the duty areas.

We note that there are a number of our clubs that have experienced challenges in the past season to record their duties and to that end LSA is working with both Surf Lifesaving Australia and

DHL to ensure we have a digital platform to record duties and rescues seamlessly.

Lifeguard Services SA

Lifeguard Services South Africa has continued to positively impact the training that Lifesaving SA undertakes.

The Lifeguard Award is currently under review by the South African Qualifications Authority through the Quality Council for Trades and Occupations and changes to the programmes being offered have been delayed but are expected in the next year. We look forward to expanding the footprint of LSSA going forward.

Ethical and accessible training remains a focal point for LSA and LSSA going forward.

Drowning Prevention

Drowning prevention remains a massive task that LSA must partner with other similar minded entities to reduce. It is estimated that as many as 2600 people die annually due to drowning.

The Watersmart Programme continues to grow and is now being offered 12 months of the year. The use of the DHL Watersmart Learning Hub is continuing to grow and is now available in many schools.

Raising awareness around the prevention of drowning is evidence based and ongoing.

Sport

Lifesaving Sport remains the only sport where one first needs to demonstrate humanitarian principles before one can participate in the sport. Lifesaving Surf Sport is being presented to be a potential new sport at the Olympics in 2032.

The past season has seen the revival of the Coaching Framework and there have been coaches training taking place across the provinces. We thank the coach developers and high-performance management for their dedication in achieving many new coaches for the new season.

A number of provinces have hosted new Technical Officials Courses, and the new officials served well at the 2025 DHL Lifesaving SA National Championships.

Lifesaving Sport remains the drawcard for youth skills training and the pinnacle reward for the duties performed for our youth and open athletes. Nipper participation remains a focal point for sport development and LSA thanks the National Lotteries Commission for their support with programmes to develop our Nippers and Juniors.



Continental and International events

The International events participated this past season have seen the SA Teams and Athletes perform to their best abilities with excellent results in all disciplines.

The HP Management and Selectors have selected athletes with potential and the ability to put South Africa on the World Stage repeatedly, with due consideration for long term participation and athlete development. The success of the selection process is demonstrated in the results achieved at the Lifesaving World Championships and the Orange cup.

Sponsorships and Grants received

I am glad to advise that Lifesaving South Africa has received a grant of R1 039 000.00 from the National Lotteries commission for Administration, Sport Access to coaching for youth and Preventative Programmes for Drowning Prevention and Lifesaving. As this was received in November 2024, we are not able to apply for a new tranche in 2025.

DHL South Africa has extended their support for Lifesaving South Africa for another 3 years and we appreciate their continued support and look forward to growing the Lifesaving base in South Africa.

In closing

Lifesaving SA would not be successful without each person involved from the Management Board and efficient staff at head office to each member of the clubs, all have specific inputs to the Association. I thank all for the dedication and time given to ensure that members experience their best times with Lifesaving.





DROWNING PREVENTION COMMITTEE MZI MAYEDWA - Director

Lifesaving South Africa operates as a Non-Profit Organisation and serves as the national association for lifesaving and lifesaving sport in South Africa. The organisation leads national drowning prevention efforts through coordinated media engagement, public education campaigns, and strategic partnerships with government agencies and international lifesaving bodies. As a member of the International Life Saving Federation and member of the Royal Life Saving Society, LSA carries significant authority in water safety communications and serves as the primary source for drowning statistics, prevention strategies, and expert commentary on aquatic safety issues in South Africa.

South Africa's extensive coastline, numerous inland water bodies, and socioeconomic disparities create a complex environment for water safety management. Drowning incidents disproportionately affect children, young adults, and communities with limited access to swimming education and water safety resources. Lifesaving South Africa plays a crucial role in addressing these challenges through prevention, education, and rescue services.

Current Drowning Statistics and Trends

South Africa records approximately 1,500 to 2,000 drowning deaths annually, representing a mortality rate that is significantly high. Key demographic patterns include children aged 1-14 years accounting for the highest of drowning fatalities, with males representing approximately 80% of victims across all age groups. Rural and peri-urban communities experience disproportionately higher drowning rates due to limited access to formal swimming facilities and water safety education.

Seasonal variations show peak drowning incidents during summer months (November to February), coinciding with increased recreational water activities and holiday periods. Coastal areas report higher absolute numbers, while inland provinces often show elevated per capita rates, particularly in areas with informal swimming locations such as rivers, dams, and quarries.

Risk Factor Analysis

Environmental factors contributing to drowning incidents include unguarded natural water bodies, lack of barriers around domestic water storage, and inadequate signage at hazardous locations. Many drowning sites lack proper safety infrastructure, emergency communication systems, or nearby rescue capabilities.

Socioeconomic factors play a significant role, with communities experiencing higher poverty rates showing increased drowning vulnerability. Limited access to formal swimming instruction, reduced supervision capacity due to working parents, and reliance on unsafe water sources for recreation contribute to elevated risk levels.

Behavioural factors include risk-taking behaviours among adolescents and young adults, alcohol consumption near water bodies, and overestimation of swimming abilities. Cultural attitudes toward water safety and gender-specific swimming participation patterns also influence drowning risk profiles.

Current Prevention Initiatives

Lifesaving South Africa coordinates multiple prevention programmes including school-based water safety education, community outreach initiatives, and lifeguard training programmes. Through 85+ volunteer lifesaving clubs, LSA operates coastal and inland rescue services while promoting water safety awareness through public campaigns and educational materials. Watersmart educational initiatives focus on basic water safety principles, recognition of aquatic emergencies, and development of swimming competency. Programmes target various age groups from early childhood through adult education, with specialised curricula for high-risk communities.

Analysis and Strategic Communication

Lifesaving South Africa (LSA), as the country's peak water safety and drowning prevention authority, has maintained an active media presence to raise awareness about drowning prevention and water safety issues. The below data analyses LSA's media briefing activities, communication strategies, and their impact on public awareness campaigns related to drowning prevention in South Africa.

Media Briefing Framework and Approach

LSA's media briefings typically focus on several key areas including annual drowning statistics and trends, seasonal safety warnings and prevention campaigns, major incident responses and emergency alerts, policy advocacy and regulatory recommendations, and community education programme announcements.

The organisation utilises multiple communication channels including traditional print and broadcast media, digital platforms and social media engagement, community outreach events and presentations, and partnerships with educational institutions and government agencies.

► Key Media Messages and Themes

Statistical awareness campaigns consistently highlight that approximately 1,500 people drown in South Africa annually, with drowning being the second-biggest killer of young children. These briefings emphasise the disproportionate impact on vulnerable populations and the preventable nature of most drowning incidents.

Seasonal prevention campaigns typically intensify during summer months, with targeted messaging around holiday periods when water-related activities increase. These campaigns focus on supervision requirements, recognition of dangerous water conditions, and basic water safety principles for families and recreational water users.

Emergency preparedness messaging emphasises rapid response protocols, community-based rescue capabilities, and the importance of professional lifeguard services at popular swimming locations. LSA media briefings often highlight success stories and rescue statistics to demonstrate the effectiveness of their prevention and response programmes.

► World Drowning Prevention Day Activities

LSA has used World Drowning Prevention Day (July 25) as a key media opportunity to amplify

drowning prevention messages. Past campaigns have emphasised themes such as "Anyone Can Drown, But No One Should" and have called for integrated water literacy programmes in child safety policies.

These annual campaigns serve as focal points for media engagement, allowing LSA to present comprehensive data on drowning trends, highlight prevention successes, and advocate for enhanced policy support and resource allocation for water safety initiatives.

► Digital Media and Social Engagement

LSA maintains active social media presence through platforms including Facebook, Instagram, and other digital channels. The organisation's Facebook page shows significant engagement with over 12,000 followers, indicating strong community interest in water safety content.

Digital communication strategies include visual content sharing, real-time safety alerts, educational video content, and community engagement through interactive posts and safety challenges. These platforms allow for immediate response to emerging safety concerns and rapid dissemination of prevention messages.

► Challenges in Media Communication

Resource constraints affect the frequency and reach of media briefings, with limited staffing and budget allocation impacting comprehensive communication strategies. Geographic challenges in reaching diverse South African communities require targeted approaches for different regions and languages.

Competing media priorities and seasonal attention cycles mean that drowning prevention messages must compete with other public safety and health communications for media attention and public engagement.

► Impact Assessment and Effectiveness

Media briefing effectiveness can be measured through several indicators including media coverage volume and reach, public engagement on digital platforms, inquiries about education programmes following media campaigns, and collaboration requests from community organisations and government agencies.

Anecdotal evidence suggests that consistent media engagement has contributed to increased awareness of water safety issues, though comprehensive impact evaluation requires ongoing research and data collection efforts.

Recommendations for Enhanced Media Strategy

Message consistency across all communication channels should be maintained to reinforce key prevention themes and ensure clarity in public understanding of water safety priorities. Coordinated messaging calendars can optimise timing and impact of major communications.

Stakeholder engagement should be expanded to include more diverse voices in media briefings, including community leaders, education officials, and emergency services representatives. This approach can broaden message appeal and demonstrate comprehensive support for prevention efforts.

Technology utilisation should be enhanced through improved digital content creation, real-time communication capabilities, and data visualisation tools for presenting complex drowning statistics in accessible formats.

Resource Requirements and Support Needs

Effective media communication requires dedicated personnel with public relations expertise, technology infrastructure for digital content creation and distribution, and training resources for spokespersons and community representatives.

Financial support for comprehensive media strategies should include budgets for professional content development, media monitoring services, and evaluation activities to assess communication effectiveness.

Conclusion

Drowning prevention in South Africa requires comprehensive, coordinated, and sustained efforts addressing the complex interplay of environmental, social, and behavioural risk factors. Lifesaving South Africa is well-positioned to lead these efforts through expanded prevention programmes, strategic partnerships, and evidence-based interventions.

Lifesaving South Africa's media briefings serve as critical tools for drowning prevention education

and public safety advocacy. The organisation's established credibility and comprehensive approach to water safety communications provide strong foundations for expanded media engagement.

Enhanced strategic communication planning, increased resource allocation, and strengthened partnership development can significantly improve the impact of LSA's media briefings on drowning prevention outcomes. Consistent, evidence-based messaging through multiple channels will continue to be essential for raising awareness and promoting water safety behaviours across South African communities.

The success of drowning prevention efforts depends significantly on effective public communication, making LSA's media briefing activities essential components of the organisation's overall prevention strategy. Continued investment in communication capabilities will support broader goals of reducing drowning mortality and creating safer aquatic environments throughout South Africa.

Success in reducing drowning mortality also require commitment from multiple stakeholders, adequate resource allocation, and recognition of water safety as a fundamental public health priority. The recommendations outlined in this report

provide a framework for achieving significant improvements in water safety outcomes for South African communities.

The urgency of this public health challenge demands immediate action while building toward long-term solutions. With proper implementation of comprehensive prevention strategies, South Africa can achieve substantial reductions in drowning deaths and create safer aquatic environments for all citizens.



DUTY SQUAD DETAILS - April 2024 to March 2025

	Total Days	Total Members	Total Hours		Total Days	Total Members	Total Hours		Total Days	Total Members	Total Hours
LIFESAVING EASTERN CAPE				JPTSR Military	-	-	-	False Bay	24	130	822
East London	18	116	982	Killer Whales	-	-	-	Fish Hoek	33	409	2,518
Driftswood	26	77	539	Trident Lifesaving	16	195	1,110	Hout Bay	32	212	1,256
Jeffrey's Bay	4	24	210	Tshwane	-	-	-	Kogelbay	6	59	421
Woodridge	11	76	605	Tuks	17	26	118	Llandudno	35	366	2,574
Bluewater Bay	18	104	686	LIFESAVING KZN				Macassar	10	49	292
Hobie Beach	7	30	237	Amanzimtoti	33	182	1,584	Milnerton	33	308	1,914
Kings Beach	18	170	1,401	Durban Central	-	-	-	Mnandi	34	208	1,110
Sardinia Bay	-	-	-	Durban Lifeguard Professional	-	-	-	Monwabisi	5	23	144
Seagulls	31	224	1,482	Durban Surf	92	1,264	11,099	Strand	30	209	1,262
Summerstrand	18	121	838	Durban Undersea	33	165	1,529	Strandfontein	38	305	1,786
Coffee Bay	-	-	-	Fast Track	-	-	-	UWC Aquatics	-	-	-
Fossil	-	-	-	Marine	89	855	7,750	Warobile Lifesaving	-	-	-
Mbashe	27	108	864	Pirates	77	586	5,957	X-Stream	-	-	-
Msikaba	65	279	1,755	Sunkist	1	4	40	Hartenbos	38	266	1,430
Mzamba	13	42	378	Umhlanga Rocks	45	269	2,142	Hessequa	-	-	-
Nyadeni	-	-	-	Warnadoone	60	432	3,462	Great Brak	-	-	-
Port St Johns	-	-	-	Winklespruit	35	66	541	Knysna	-	-	-
Tigers	40	130	1,164	Scottburgh	59	380	3,082	Marlin	8	46	263
Umngazi Dolphin	3	36	288	Umtamvuna	24	51	336	Mossel Bay	9	36	180
Umzimvubu	-	-	-	Aquafin Ladysmith	18	39	100	Outeniqua	-	-	-
LIFESAVING FREE STATE				LIFESAVING LIMPOPO				Plett	28	167	1,314
Bloemfontein	15	32	160	Forever Resorts Professional	-	-	-	Southern Cross	9	58	367
Manguang	-	-	-	LIFESAVING NORTH WEST				Totals	1,440	10,535	78,268
LIFESAVING GAUTENG				Harties Reflections	28	90	453				
The North Lifesaving	-	-	-	Sun City Professional	-	-	-				
Mandeville Dolphins	7	14	100	Torro Academy	-	-	-				
City of Johannesburg Professional	-	-	-	LIFESAVING WESTERN CAPE							
Ellis Park	4	7	50	Alpha	26	128	659				
Linden	2	4	48	Belville	4	31	228				
Rapid Rescue	-	-	-	Big Bay	40	821	5,105				
Soweto Sharks	-	-	-	Clifton	36	498	3,488				
Aqua Martina	8	8	45								
Hammanskraal	-	-	-								



LIFESAVING COMMITTEE MELVYN SHAW - Director

I would like to take this opportunity to extend my heartfelt thanks and appreciation to each one of you for your hard work, professionalism, and continued dedication.

Over the past year your efforts have made a significant impact on our ability to operate smoothly and achieve our goals. Whether through your consistent attention to detail, willingness to support each other, or commitment to providing exceptional service, you have demonstrated the strength and spirit that make this office a truly special place to work.

Here are just a few highlights worth recognizing:

- ▶ **Teamwork and Collaboration:** The way you support one another and work together to overcome challenges is truly commendable.
- ▶ **Adaptability:** You have shown great flexibility and resilience in the face of change, adapting quickly to new systems, procedures, and tasks.
- ▶ **Positive Attitudes:** Your professionalism and positive attitudes help create a welcoming and productive workplace for everyone.

Please know that your hard work does not go unrecognized, and we are sincerely grateful for all you do. On behalf of the leadership team, thank you once again for your outstanding efforts. We look forward to continued success together and are proud to have such a resolute team.

RCE Activity Report

The Regional Chief Examiner (RCE) and the LAB remains actively engaged in maintaining the highest standards for lifesaving. Their efforts include conducting regular lifeguard drills, facilitating coordinated response training with external emergency services, and reinforcing protocols to ensure operational readiness.

Status Report

Emergency response and rescue operations are currently robust. This consistent implementation of training programs, timely equipment upgrades, and ongoing evaluation of rescue strategies. Lifeguards are always equipped, and there has been a positive trend in rescue outcomes and public safety awareness campaigns. It is recommended that coordination with helicopter rescue services further enhanced to optimize operational efficiency.

Power Craft

Power craft vessels, vital for rapid response in maritime rescue operations, undergo routine maintenance and is equipped with safety features. Designed for swift access to challenging rescue locations, these vessels outperform conventional methods hindered by environmental constraints. Regular inspections ensure compliance with stringent safety standards, while ongoing operator training maintains important levels of emergency response proficiency.

Lifeguard Training and Duties

Lifeguards bear responsibility for vigilant monitoring, rapid emergency response, and enforcing safety regulations to mitigate risk to the public.

Lifeguard training is a fundamental pillar of beach safety, equipping personnel with the skills

necessary to protect lives in dynamic aquatic environments.

Key components of this training include:

- ▶ **Water Rescue Skills:** Proficiency in swimming, reaching assists, and the use of specialized rescue equipment such as boards and tubes.
- ▶ **First Aid and CPR:** Comprehensive training in casualty care, including life support and emergency medical response.
- ▶ **Public Safety Communication:** Risk assessment, hazard warnings, and effective coordination during emergency situations.
- ▶ **Search and Rescue Techniques:** Application of structured search methods to locate missing persons in water environments.

Lifeguards carry the critical responsibility of continuous surveillance, prompt emergency response, and enforcement of beach safety regulations—ensuring the well-being of all beachgoers.

Blue Flag Beaches

Blue Flag accreditation signifies adherence to international standards for water quality, safety, and environmental management.

Requirements include:

- ▶ Rigorous water quality monitoring.
- ▶ Adequate lifeguard coverage, clear signage, and emergency equipment availability.
- ▶ Environmental education initiatives promoting sustainability and eco-friendly tourism.
- ▶ Public awareness campaigns focused on water safety and environmental protection.

The program continues to serve as an essential benchmark for public beach safety and environmental stewardship.

AMS/LSA Helicopter Rescue

Helicopter rescue operations play a vital role in rapid response for inaccessible or remote locations. Effective coordination between AMS and LSA is imperative, particularly under challenging weather or terrain conditions.

Operations typically include

- ▶ High-risk rescues in isolated coastal or deep-water areas.
- ▶ Medical evacuations requiring urgent hospital transfer.
- ▶ Search and Rescue (SAR) missions utilizing advanced technology such as night vision and thermal imaging, often in collaboration with ground units.

Continuous workshop and training are vital to keep our Rescue Team up to date and well prepared in the field when deployed. LSA and AMS has a good understanding and collaborating with other services is almost important for us.

Swift Water Rescue

Swift water rescue involves extracting individuals from fast-moving water bodies, including rivers, streams, and flood zones. This type of rescue requires specialized training and equipment due to hazards like strong currents and submerged obstacles.

Key focus areas include:

- ▶ Detailed risk assessment of water conditions

and hazards.

- ▶ Use of specialized rescue equipment such as life vests, throw ropes, and rescue boards.
- ▶ Intensive training in water navigation, victim extraction, and survival techniques specific to swift water environments.

Swift water rescues are conducted by trained professionals working alongside fire departments, paramedics, and other emergency teams to ensure a coordinated and effective response.

Rescues, Exams, and First Aid

Best Practices:

- ▶ Assess the situation before intervening.
- ▶ Call for professional help immediately.
- ▶ Use personal protective equipment (PPE).
- ▶ Prioritize the safety of the rescuer and victim.
- ▶ Follow a structured approach like DR ABC (Danger, Response, Airway, Breathing, Circulation)

Examination:

- ▶ **Primary Survey (Initial Assessment):**
 - ▶ Check responsiveness.
 - ▶ Ensure airway is clear.
 - ▶ Assess breathing and circulation.
- ▶ **Secondary Survey (Head-to-Toe Check):**
 - ▶ Conducted once life-threatening conditions.
 - ▶ Identifies non-immediate injuries and gathers medical history.

Best Practices:

- ▶ Remain calm and communicate clearly with the victim.
- ▶ Perform assessments systematically.
- ▶ Document findings when possible.
- ▶ Monitor the victim continuously for changes.

First Aid

Common First Aid Techniques:

- ▶ CPR (Cardiopulmonary Resuscitation) for cardiac arrest.
- ▶ Wound care, including cleaning and dressing.
- ▶ Choking relief (Heimlich manoeuvre).
- ▶ Splinting fractures and immobilizing injuries.
- ▶ Burn treatment, including cooling and covering.
- ▶ Managing shock, heat stroke, and hypothermia.

Best Practices:

- ▶ Stay informed and trained in first aid and CPR.
- ▶ Always get consent before providing aid (if the person is conscious).
- ▶ Avoid moving victims unless necessary.
- ▶ Reassure and comfort the injured.

Conclusion

The Lifesaving Advisory Board plays a critical role in enhancing public safety along beaches and coastal waters through its ongoing commitment to training, equipment maintenance, and inter-agency collaboration. Continued investment in these key areas is vital to maintaining and improving the effectiveness of rescue operations, ensuring the safety of beachgoers and swimmers. The integrated efforts of lifeguard teams, helicopter rescue units, and swift water response personnel form a cohesive and robust framework for managing water-related emergencies.

PROVINCE	CLUBS	CLUB NO	DUTY HOURS 2024/25	NO OF EXAMINERS	NO OF EXAMS
LIFESAVING EASTERN CAPE	Driftwood, Fossil, Mzamba, East London, Jeffreys Bay, Woodridge, Bluewater Bay, Hobie Beach, Kings Beach, Sardinia Bay, Seagulls, Summerstrand, Coffee Bay, Mbhashe, Mdumbi, Msikaba, Nyandeni, Port St. Johns, Tigers, Umngazi Dolphin, 'Umzimvubu	21	11 429	LA = 24 Nipper = 10 IRB = 2 Still = 2	Surf = 641 Pool = 0 O/W = 6 S/W = 0 Spec = 6
LIFESAVING GAUTENG	Mandeville Dolphins, City of Johannesburg, Ellis Park, Linden, Rapid Rescue, Soweto Sharks, Trident, Aqua Martina, Hamaanskraal, JPTSR, Killer Whales, The North Club, Tshwane, Tuks	14	1 471	LA = 19 Nipper = 1 IRB = 1	Surf = 2 Pool = 219 O/W = 68 S/W = 3 Spec = 0
LIFESAVING KWAZULU-NATAL	Amanzimtoti, Durban Central, Durban Professional Lifeguard, Durban Surf, Durban Undersea, Marine, Pirates, Sunkist, Umhlanga Rocks, Warnadoone, Winklespruit, Scottburgh, Umtamvuna, Aquafin (Ladysmith)	14	37 622	LA = 17 Nipper = 15 IRB = 3 Still = 4	Surf = 901 Pool = 80 O/W = 0 S/W = 0 Spec = 0
LIFESAVING FREE STATE	Bloemfontein, Mangaung	2	160	Still = 2	Surf = 0 Pool = 3 O/W = 16 S/W = 0 Spec = 0
LIFESAVING LIMPOPO	Forever Resorts	1	0		Surf = 0 Pool = 18 O/W = 0 S/W = 0 Spec = 0
LIFESAVING WESTERN CAPE	Alpha, Bellville, Big Bay, Clifton, False Bay, Fish Hoek, Hout Bay, Kogel bay, Llandudno, Macassar, Milnerton, Mnandi, Monwabisi, Strand, Strandfontein, UWC Aquatics, Warobile, X-Stream, Great Brak, Hartenbos, Hessequa, Marlin, Mossel Bay, Outeniqua, Plett, Southern Cross	26	27 133	LA = 37 Nipper = 15 IRB = 8 Still LA = 9 Still Nip = 5 Heli = 2 SWR = 2	Surf = 1 670 Pool = 150 O/W = 10 S/W = 3 Spec = 23
LIFESAVING NORTH WEST	Harties Reflection, Toro Academy, Sun City	3	453	Still = 1	Surf = 0 Pool = 3 O/W = 64 S/W = 0 Spec = 0
ASSOCIATE MEMBERS	EcoActive, Grootbos Foundation, Life Aquatics Consultants, Lifesaving Medical Rescue Services and Training, Magnar Consulting, NSRI, Oceans Alive, Personal Lifeguard Services, Pirates Surf Rescue Dubai, Reinhardt Drewel Foundation, Siyasindisa Academy, St Andrews International High School	12			Surf = 61 Pool = 81 O/W = 28 S/W = 0 Spec = 0
PRIVATE					Surf = 3 Pool = 11 O/W = 7 S/W = 0 Spec = 0





SPORT COMMITTEE CRAIG VAN ROOYEN - Director

This past year was a great year for lifesaving sport, starting off the season with World champs in the Gold Coast Australia was a highlight, with 24 team members representing both RSA youth and open teams they achieved fantastic results in the pool and surf. Competing against some of the worlds top athletes our team rose to the challenge and landed up with several medals including 4 golds and an overall surf placement of 4th was a great achievement, showing not just our strength but diversity across the various disciplines. Some of the other highlights for the season included a very successful tour to Netherlands for the 2024 Orange cup. The competition ended on high notes with 34 Personal bests, 20 top ten placements and 3 national records.

LSA Sports Committees

- ▶ Sports Advisory Board
- ▶ Athletes Committee
- ▶ Coaches Commission
- ▶ Rules Commission
- ▶ National Selectors
- ▶ High Performance Commission
- ▶ Technical Officials

The Sports Advisory Board and Sub Committees hosted 47 virtual meetings and also had representation at the 2024 AGM, international Sports Commission meetings and various events / strategic meetings throughout the year. We hosted a High Performance strategic workshop which included all our provincial High-Performance officers, national Coaches and Management Commissions and members of the HP Commission. The workshop focused on upliftment of HP Athletes and Coaches and led to the implementation of the new requirements and pool of national Coaches and Managers.

We hosted several successful coaches level 1 courses which saw over 72 newly qualified coaches across the provinces, with aims and

plans to increase this number prior to the start of next season.

I have also been voted in to serve on the ILS Sports Commission for the next 2 years which gives great direct insight and inclusion into the international rules and planning of lifesaving sport.

A new Athletes Commission was appointed and Chairman Zack Waters was chosen to lead the commission for the up and coming season, wasting no time they have had several meetings direct input into the various national competitions, event rules and most importantly athlete feedback on concerns and suggestions to better the sport of lifesaving going forward. Chairman Zack Waters was not only chosen to represent the SASCOC Athletes Commission but also got appointed as the spokesperson for the commission.

Lifesaving Western Cape together with Solid Oak hosted the first season of the rescue sport series, which proved to be a great success for the sport of lifesaving with hosting 4 Surf competitions, 3 Stillwater competitions and included participation from 17 clubs and 588 competitors across the pool and beach. With high levels of competition the highlight was focus been not just results but the acknowledgment and awards for competitor spirit, outstanding officials, club participation and club growth.

The Sports Board also welcomed the Velocity Trade partnership with several of the countries top athletes which has helped these athletes to achieve their goals through participation and various programs in place to not only increase their foot print as athletes but also through a mentorship program which has proved to be a great success.

A great sporting initiative funded by National lottery commission has allowed me to run an access to coaching project which has and currently is been run in various provinces. This project has allowed us to take disadvantaged children from various

communities and introduce them to lifesaving through a program that covers, learn to swim, introduction to lifesaving and lifesaving sport skills and development training, the initial project has been run in Bloemfontein, Durban, Wild Coast, Nelson Mandela Bay and Cape town with inclusion of over 60 candidates.

2025 Inter Provincial Champs – LWC

The 2025 Surf IP event was most certainly a challenge with only having support from Lifesaving Eastern Cape and Lifesaving Western Cape which lead to the inclusion of an Invitational team. The event was successfully hosted by Lifesaving Eden at Santos beach in Mossel bay and the overall Winner of the surf division was Western Cape.

2025 Inter Provincial Stillwater Champs – GPLA

GPLA hosted a fantastic Stillwater champs in Pretoria despite the challenge of weather, teams showed great support, sportsmanship and comrade to ensure they most the most of the conditions and showed great racing and a high level of competition.

2025 Openwater Champs – Buffelspoort Dam GP

Second year been hosted by GPLA at Buffelsport has shown this to be the new favorite venue for open water racing, which brought a great day of competition on the dam and seen support from all the inland provinces and a few competitors from the coastal provinces, with Harties taking the overall trophy.

2025 DHL SA National Championships: 27 March to 3 April 2025

With over a 1000 competitors and 7 days of racing across the beach and pool in both the sunshine and the rain gave athletes a taste of all 4 seasons throughout the week, LNMB and Kings beach LC club hosted a really great and successful champs.

After completing all events in both pool and surf, Fishhoek took the overall win for all age groups and dismiss included.



LIFESAVING SOUTH AFRICA COMMITTEES AND SUB COMMITTEES

SPORT COMMITTEE PROVINCE

Director: Sport	Craig Van Rooyen	LEC
Deputy Director	Grant Breetzke	LEC
Members	Annelie Lourens Earl Ingram Desmond Kiewiets Tommy Veldhuis Dale Duke Evan Pieterse	GPLA LEC GPLA LWC LKZN LNW
Co-opted Members	Heather Morris-Eyton Dave Clement	GPLA LKZN

HP COMMISSION

HP manager	Heather Morris-Eyton	GPLA
Members	Nic Horn Grant Breetzke Jill Fortuin Annelie Lourens Dean Marais Maronell van den Berg Tracy Gous Valencia Walker Marna Pieterse	LKZN LEC LWC GPLA LKZN LFS LEC GPLA LNW

RULES COMMISSION

Members	Jelle Meintsma Dale Duke Graham Lewis Annelie Lourens Tommy Veldhuis Marna Pieterse	LKZN LKZN LWC GPLA LWC LNW
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SELECTION PANEL

Convenor	Nic Horn	LKZN
Surf Selectors	Tyrrel Murray Andrew Stone	LWC LEC
Stillwater Selectors	Valencia Walker Marna Pieterse	GPLA LNW

ATHLETES COMMITTEE

Athletes Liaison	Paul Lynch	LEC
Chairperson	Zack Waters	GPLA
Secretary	Kendra Du Toit	GPLA
Members	Aiden Bornman Caden Button Caitlin Brouckaert Caitlin Forword Christian Van Heerden Len Dougals-Mackay Mikaila Brown Rudi Boer Zanje Van Rensburg	GPLA KZN LWC LEC LWC LEC KZN LWC LNW

TECHNICAL OFFICIALS COMMISSION

Members	Annelie Lourens Jelle Meintsma Graham Lewis	GPLA LKZN LWC
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COACHES EDUCATION

Convenor	Ciska Bobbert	LNW
Members	Maronell van den berg Valencia Walker Tracy Gous	LFS GPLA LEC

COACHES COMMISSION

Chairman	Dean Marais	LKZN
Member	Lynette van Rensburg	LNW

LIFESAVING COMMITTEE

Director	Melvyn Shaw	LWC
Members	Deon Woodley Carlo Klaasen Darren Willars Martina Van Den Bout Pamela Diesel Tess Kotze Ciska Bobbert	LKZN LWC LWC GPLA GPLA LEC LNW
Co-opted Members	Salim Ngcamu Grantham Manchest	LKZN LWC

MEDICAL ADVISORY COMMITTEE

Members	Dr Craig Springate Kian Du Toit Roland Jerling	LKZN GPLA LEC
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LSA AIR SEA RESCUE COMMITTEE

Members	Richard Botha Roland Jerling	LWC LEC
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NIPPER EXAM AND HANDBOOK REVIEW COMMITTEE

Members	Diane Craemer Martina Van Den Bout Tanya Pieterse	LWC GPLA LWC
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DROWNING PREVENTION COMMITTEE

Director	Mzi Mayedwa	LWC
Deputy Director	Colleen Saunders	LWC
Members	Deon Woodley Martina Van Den Bout Thabani Dube Stanford Slabbert Jennifer Taylor Bridget Du Toit Shaun Lloyd	KZN GPLA GPLA LEC LNW GPLA LEC

RESEARCH COMMITTEE

Convenor	Colleen Saunders	LWC
Members	Martina Van Den Bout Pamela Diesel Belinda Minter	GPLA GPLA LWC

EDUCATION COMMITTEE

Members	Deon Woodley Pamela Diesel Garth Crickmore-Thompson Obakeng Dithebe Belinda Minter	KZN GPLA GPLA LNW LWC
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BRAVERY AND DROWNING PREVENTION AWARD SUBCOMMITTEE

Convenor	Stanford Slabbert	LEC
Members	Lance Harrison Ken Bentall Richard Davidson Wendy Gibson-Taylor Charles Khumalo Eric Maceba	LKZN LKZN GPLA LKZN LKZN LWC

FINANCE COMMITTEE

Director	Bruce Roberts	LKZN
Member (SW) Rep	Liesje Jubber	GPLA
Member (Surf Rep)	Adrienne Brown	LKZN

DISCIPLINARY COMMITTEE

Convenor	Siyanda Buthelezi	KZN
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HONORARY LEGAL ADVISORS

	Adv SC Marius Oosthuizen Chad Levendal Nkosi Ngcobo	
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HONORARY MEDICAL ADVISOR

	Dr Mike Marshall	
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HONORARY AUDITOR

	Vinesh Kandailal and Associates	
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FINANCE COMMITTEE BRUCE ROBERTS - Director

The Annual Financial Statements for the year ended 31 March 2025 are included in the 2025 Annual Report. These were approved by the Management Board on 31 May 2025 and will require approval by the National Council on 26 July 2025.

The financial affairs of LSA were well controlled throughout the year under review and the financial results reflect a small surplus of R131 605 (2023/24: R4 646 deficit).

Income

After deducting the R1 012 035 DHL - Watersmart donation received during the financial year and the DSAC Grant (R700 000), normal operating income increased by R199 859 to R3 940 564.

The increase in revenue is basically due to the additional R750 000 administration costs recovered from Lifeguard Services South Africa NPC (LSSA), partially offset by a R625 229 decrease in competition surpluses. The 2025 SA Champs were held during April/May 2025 and therefore did not fall within this financial year. A deficit of R81 006 was incurred as a result of the Interprovincial and Openwater Champs.

All examinations were conducted through (LSSA) and examination revenue amounted to R433 400. As above mentioned, LSA recovered administration costs amounting to R1 060 000 from LSSA. LSSA managed to obtain various external training contracts and a surplus of R543 185 was generated from these. Hopefully this income stream will continue to grow in future years.

Expenditure

After excluding expenses that are not related to normal operating expenditure – DSAC Grant expenditure R691 957 and Watersmart expenditure R1 139 691, total expenditure increased by R63 608 to R3 908 959. If we take last year's Unredeemed exam vouchers cost of R278 716 into account, the increase in this year's total expenditure amounted to R343 324.

The major items impacting on our increased expenditure – increase in salaries R112 091, marketing expenses R83 100, AGM expenses R51 201 and meeting expenses R45 083.

Lotto Grants

LSA received the first tranche of R727 300 (total Project Grant R1 039 000) during the year under

review. Expenditure of R129 997 was incurred during the year and the balance of R597 666 as at 31 March 2025, is still to be spent.

Department of Sport, Arts and Culture ("DSAC") – Grants

During the year LSA received an amount of R700 000 from DSAC. Expenditure of R691 957 was incurred and R100 000 was allocated to LSA administration costs. A balance of R118 907 is still to be spent as at 31 March 2025 (Unspent as at 31 March 2024: R210 864).

DHL - Watersmart Programme

During the financial year LSA received a R1 012 035 Section 18A donation from DHL and incurred expenditure amounting to R1 139 691. A balance of R134 054 is still to be spent as at 31 March 2025 (Unspent as at 31 March 2024: R261 710).

Fixed Assets

The freehold land and buildings situate at 35 Livingston Road, Durban ("Surf House") were previously registered in the name of the Surf Lifesaving Association of South Africa. The transfer to Lifesaving South Africa was registered in the Deeds Office on 5 September 2018.

The 2022 Municipal property valuation was R4 280 000, however the Management Board valued the property during June 2022 at R2 500 000. This valuation was based on independent advice from Chalupsky Properties and the property value was based on the "market rental valuation method". This valuation method is more pertinent to a commercial property.

The building is currently insured for the (estimated replacement) value of R6 848 767.

Financially Disadvantaged Athletes Fund (FDAF)

National Council confirmed the establishment of a FDF at the 2022 AGM and R200 000 was injected into the Fund during the 2021/22 financial year. The balance of the Fund as at 31 March 2024 was R281 359 and a further R30 916 has been credited to the Fund from the additional R5 Capitation levy and the R10 levy included in the SA Champs entry fees. The Fund balance now stands at R312 275.

Prospects for 2025/26 Financial Year

The 2025/26 financial year is once again going to be a year of financial survival and LSA is fortunate

to retain the ongoing support from our DHL sponsorship contract.

Fixed expenses are approximately R261 000 per month and our financial estimates for the year ending 31 March 2026 reflect an operating deficit of R136 000. This excludes the R560 300 deficit from the 2025 SA Champs, therefore the total estimated deficit for the year is R696 300.

At the 2024 AGM it was decided to move the 2025 SA Champs back to Gqeberha, based on the assumption that the Nelson Mandela Bay Municipality would sponsor the event as per previous Champs held there. Discussions/negotiations dragged on for many months and eventually we were advised that our sponsorship application was too late to fall within their current financial year. Further discussions continued with the possibility of Value in Kind sponsorship but that also evaporated just before the Champs.

The total cost of running our SA Champs event is +/- R2 700 000. This is partially offset by entry fees revenue R700 000, DHL sponsorship R900 000, tent revenue R100 000, and DSAC Grants R300 000, resulting in total revenue of +/- R2 000 000. Therefore future SA Champs events will incur losses of +/- R700 000 without sponsorship from the hosting Municipality or from other sources. Going forward, and in order to mitigate our financial risks, once National Council has awarded the SA Champs to a Provincial member (end of July), we need to receive written confirmation of sponsorship amounts by the end of October each year. Without such guarantees at that point in time, National Council must make a decision whether to proceed or not.

Thanks

I would like to thank Adrienne Brown and Liesje Jubber for their contributions to the financial affairs of LSA via their valuable inputs to the Financial Committee.

Once again, many thanks to Helen Herbert and her Head Office team (including Liesl Swanepoel from Optimal Accounting).

Lastly, thanks to thank Vinesh (from our auditors V N Kandailal and Company) for his continued support and advice.



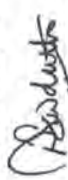
LIFESAVING SOUTH AFRICA ANNUAL FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025


The reports and statements set out below comprise the annual financial statements presented to members:

Index	Page
Report of the independent auditors	2 - 3
Report of the management board and financial committee	4
Statement of financial position	5
Statement of comprehensive income	6 - 7
Statement of changes in equity	8
Statement of cash flows	9
Notes to the annual financial statements	10 - 12
Other schedules	13 - 14

Approval and statement of responsibility

The financial statements which appear on pages 5 to 14 were approved by the National Council of the Association on 26 July 2025 and signed on their behalf by:


D Seduth
President


H M Herbert
General Manager


B Darbyshire-Roberts
Director of Finance

INDEPENDENT AUDITOR'S REPORT

We have audited the annual financial statements of Lifesaving South Africa, which comprise the statement of financial position as at 31 March 2025, the statement of comprehensive income, and statement of cash flows for the year then ended, a summary of significant accounting policies and other explanatory notes, as set out on pages 3 to 14.

Management Board Members' Responsibility for the Financial Statements

The organisation's Management Board members and Financial Committee members are responsible for the preparation and fair presentation of these annual financial statements in accordance with International Financial Reporting Standard for Small and Medium-sized Entities, and in the manner required by the constitution. This responsibility includes: designing, implementing and maintaining internal controls relevant to the preparation and fair presentation of annual financial statements that are free from material misstatement, whether due to fraud or error, selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditors' Responsibility

Our responsibility is to express an opinion on these annual financial statements based on our audit. We conducted our audit in accordance with International Standards on Auditing. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance whether the annual financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the annual financial statements. The procedures selected depend on the auditors' judgement, including the assessment of the risks of material misstatement of the annual financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the annual financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the Management Board members and Financial Committee members, as well as evaluating the overall presentation of the annual financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Opinion

In our opinion, the annual financial statements present fairly, in all material respects, the financial position of Lifesaving South Africa as of 31 March 2025, and its financial performance and its cash flows for the year then ended in accordance with International Financial Reporting Standard for Small and Medium-sized Entities, and in the manner required by the constitution.

V N Kandallal and Company
Chartered Accountants (S.A.)
Registered Accountants and Auditors

Durban
09 June 2025

MANAGEMENT BOARD AND FINANCIAL COMMITTEE MEMBERS RESPONSIBILITIES AND APPROVAL

FOR THE YEAR ENDED 31 MARCH 2025

The Management Board and Financial Committee members are required to maintain adequate accounting records and are responsible for the content and integrity of the annual financial statements and related financial information included in this report. It is their responsibility to ensure that the annual financial statements satisfy the financial reporting standards as to form and content in the presentation of the statement of financial position, results of operations and business of the organisation, and explain the transactions and financial position of the business of the organisation at the end of the financial year. The annual financial statements are based upon appropriate accounting policies consistently applied throughout the organisation and supported by reasonable and prudent judgements and estimates.

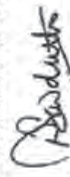
The Management Board and Financial Committee members acknowledge that they are ultimately responsible for the system of internal financial control established by the organisation and place considerable importance on maintaining a strong control environment. To enable management to meet these responsibilities, the management committee sets standards for internal control aimed at reducing the risk of error or loss in a cost effective manner. The standards include the proper delegation of responsibilities within a clearly defined framework, effective accounting procedures and adequate segregation of duties to ensure an acceptable level of risk. These controls are monitored throughout the organisation and all employees are required to maintain the highest ethical standards in ensuring the organisations business is conducted in a manner that in all reasonable circumstances is above reproach.

The focus of risk management in the organisation is on identifying, assessing, managing and monitoring all known forms of risk across the organisation. While operating risk cannot be fully eliminated, the organisation endeavours to minimise it by ensuring that appropriate infrastructure, controls, systems and ethical behaviour are applied and managed within predetermined procedures and constraints.

The Management Board and Financial Committee are of the opinion, based on the information and explanations given by management, that the system of internal control provides reasonable assurance that the financial records may be relied on for the preparation of the annual financial statements. However, any system of internal financial control can provide only reasonable, and not absolute, assurance against material misstatement or loss. The going-concern basis has been adopted in preparing the financial statements. Based on forecasts and available cash resources, the Management Board and Financial Committee have no reason to believe that the organisation will not be a going concern in the foreseeable future. The financial statements support the viability of the organisation.

The financial statements have been audited by the independent auditing firm, V N Kandallal and Company, who have been given unrestricted access to all financial records and related data, including minutes of all meetings. Management believes that all representations made to the independent auditor during the audit were valid and appropriate. The external auditors' unqualified audit report is presented on pages 2 to 3.

The annual financial statements as set out on pages 5 to 14 were approved by the Management Board and Financial Committee on 31 May 2025 and were signed on its behalf by:



President - D Sewduth



Director of Finance - B Darbyshire-Roberts

STATEMENT OF FINANCIAL POSITION AS AT 31 MARCH 2025

	Notes	31 March 2025 R	31 March 2024 R
Assets			
Non-current assets			
Property, plant and equipment	2	2,635,880	2,590,159
Current assets			
Inventories	3	6,763,998	5,594,370
Accounts receivable		330,462	358,532
Prepayments	4	961,772	995,730
Bank balances and cash	5	70,554	144,622
		5,401,210	4,095,486
Total assets		9,399,878	8,184,529
Equity and liabilities			
Capital and reserves			
Accumulated funds	6	5,791,179	5,659,574
Reserve - Fixed Property - Lifesaving South Africa		3,385,178	3,253,573
Reserve - Fixed Property - Surf Fund		940,118	940,118
Founder Members		1,465,883	1,465,883
Current liabilities			
Accounts payable and accruals		3,608,699	2,524,955
National Lotteries Commission - funds carried forward		2,758,072	2,052,018
- Project - M60564	7	597,666	363
Department of Sport, Arts and Culture - funds carried forward	8	118,907	210,864
Watersmart Programmes - funds carried forward	9	134,054	261,710
Total equity and liabilities		9,399,878	8,184,529

STATEMENT OF COMPREHENSIVE INCOME
FOR THE YEAR ENDED 31 MARCH 2025

	31 March 2025 R	31 March 2024 R
Income	5,652,599	5,292,150
Administration costs recovered	1,060,000	310,000
Affiliation fees - capitation fees	268,459	247,705
Affiliation fees - members	135,674	116,958
Annual registration fees	17,739	20,696
Bad debts recovered	18,885	
Competition (deficits) / surpluses - schedule 1	(81,006)	544,223
Constitutional tariffs	10,700	39,161
Grants - Department of Sport, Arts and Culture	700,000	700,000
Interest received	322,054	302,352
Sponsorship - DHL	2,010,942	1,915,183
- DHL Courier Services (prior year)	-	121,900
Sundry revenue	16,955	4,455
Surplus on sale of stock	160,162	118,072
Watersmart Programme	1,012,035	851,445
Total Income	5,652,599	5,292,150
Expenditure	5,740,607	5,294,153
Accounting fees	228,960	215,880
Affiliation fees	37,774	15,667
AGM and Annual report - schedule 3	206,393	155,192
Auditors remuneration	10,000	10,000
Bad debts	10,997	25,972
Bank charges	48,324	46,676
Bravery awards	4,824	8,094
Cleaning	37,724	43,613
Computer expenses	82,066	79,168
Department of Sport, Arts and Culture expenses:		
- 2024 / 2025	691,957	513,916
Depreciation	47,153	41,052
DHL sponsorship expenses	6,500	6,682
Electricity and water	83,923	66,539
Exam vouchers - unredeemed	-	278,716
Hire of equipment	13,548	13,775
Insurance	51,255	38,823
Legal fees	-	131
Marketing expenses	312,114	229,014
Meetings - local and overseas - schedule 4	286,233	241,150
National team competitions - schedule 2	10,707	12,965
Office general expenses	29,936	6,027

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STATEMENT OF COMPREHENSIVE INCOME
FOR THE YEAR ENDED 31 MARCH 2025

Presentations and trophies	17,937	16,632
Printing, postage and stationery	33,484	38,939
Repairs and maintenance	63,883	86,724
Safekeeping - police clearance subsidies	10,228	84,620
Salaries	1,482,471	1,370,380
Security	4,049	3,160
Sponsorship commission - Treble	569,846	542,711
Staff benefits	107,657	99,622
Staff welfare	20,762	13,735
Staff uniforms	3,120	14,694
Telephone and data costs	61,849	60,261
Transport and courier expenses	22,184	(24,586)
Watersmart Programme expenses:		
- 2024 / 2025	9	934,886
Workmens compensation	3,058	3,323
Deficit	(88,008)	(2,003)
Department of Sport, Arts and Culture :		
Unutilised funds - 1 April 2024	(1 April 2023) 8	210,864
- 31 March 2025	(31 March 2024) 8	(118,907)
Watersmart Programmes :		
Unutilised funds - 1 April 2024	(1 April 2023) 9	261,710
- 31 March 2025	(31 March 2024) 9	(134,054)
Surplus / (Deficit) for the year	6	(4,646)

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STATEMENT OF CHANGES IN EQUITY
FOR THE YEAR ENDED 31 MARCH 2024

	Accumulated funds R	Reserve - LSA R	Fixed Property - Surf Fund Founder Members R	Total R
Balance at 01 April 2023	3,258,219	940,118	1,465,883	5,664,220
Net deficit for the year	(4,646)	-	-	(4,646)
Balance at 31 March 2024	3,253,573	940,118	1,465,883	5,659,574
Net surplus for the year	131,605	-	-	131,605
Balance at 31 March 2025	3,385,178	940,118	1,465,883	5,791,179

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STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2025

	31 March 2025	31 March 2024
Notes	R	R
Cash flows from operating activities		
Net surplus / (deficit)	131,605	(4,646)
Adjustments for:		
Depreciation	47,153	41,052
Investment income	(322,054)	(302,352)
	(143,296)	(265,946)
Movements in working capital		
Decrease in inventories	28,070	471
Decrease in accounts receivable & prepayments	108,026	310,878
Increase in current liabilities	1,083,744	531,939
Cash inflow from operations	1,076,544	577,342
Interest received	322,054	302,352
Cash inflow from operating activities	1,398,598	879,694
Cash flows from investing activities		
Property, plant and equipment acquired	(92,874)	(83,881)
Net increase in cash and cash equivalents	1,305,724	795,813
Cash and cash equivalents at beginning of the year	4,095,486	3,299,673
Cash and cash equivalents at end of the year	5,401,210	4,095,486

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NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Basis of preparation

The financial statements are prepared in accordance with International Financial Reporting Standards. The financial statements have been prepared on the historical cost basis and incorporate the principal accounting policies set out below.

Unless otherwise specifically stated, this basis is consistent with that of the previous year.

1.1 Property, plant and equipment

Freehold land and buildings are shown at valuation or at cost. Valuations are carried out by the Management Board annually and by professional valuers from time to time.

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Other property, plant and equipment is shown at their original cost less accumulated depreciation.

Depreciation is calculated on the straight-line method to write off the cost of each asset, or the revalued amounts, to their residual values over their estimated useful lives as follows:

- Furniture and fittings 6 years
- Office equipment 3 years
- Computer equipment 3 years
- Computer software 3 years

1.2 Inventories

Inventories are stated at the lower of cost and net realisable value. Cost is determined on a first in, first out basis and includes transport and handling costs. Where necessary, provision is made for obsolete, slow moving and defective inventories.

2. Property, plant and equipment

	2025		2024			
	Cost / valuation	Accumulated depreciation	Carrying value	Cost / valuation	Accumulated depreciation	Carrying value
<i>Owned assets</i>						
Fixed property	2,500,000	-	2,500,000	2,500,000	-	2,500,000
Furniture and fittings	130,181	66,956	63,225	76,995	61,252	15,743
Office equipment	57,644	44,873	12,771	57,644	33,927	23,717
Computer equipment	188,642	128,758	59,884	166,375	115,676	50,699
Computer software	98,733	98,733	-	98,733	98,733	-
	2,975,200	339,320	2,635,880	2,899,747	309,588	2,590,159

The carrying amounts of can be reconciled as follows:

2025	Carrying value at beginning of year	Additions & revaluation of fixed property	Depreciation	Carrying value at end of year
Owned assets				
Fixed property	2,500,000	-	-	2,500,000
Furniture and fittings	15,743	53,186	(5,704)	63,225
Office equipment	23,717	-	(10,946)	12,771
Computer equipment	50,699	39,688	(30,503)	59,884
	2,590,159	92,874	(47,153)	2,635,880

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2.1. Land and buildings

The freehold land and buildings situate at 35 Livingstone Road, Durban were previously registered in the name of the Surf Lifesaving Association of South Africa. The transfer to Lifesaving South Africa was registered in the Deeds Office on 5 September 2018.

The July 2022 Municipal property valuation is R4280000, however the Management Board has currently valued the property at R2500000. This valuation is based on independent advice from Chalursky Properties, and the property value was based on the "market rental valuation method". This type of valuation is more pertinent to a commercial property. The building is currently insured for the value of R6848767.

	2025 R	2024 R
3. Inventories		
The amounts attributable to the different categories are as follows:		
Handbooks	-	37,013
Kit Stock - National Teams	79,862	50,731
Lifesaving equipment and other stock items	250,600	270,788
	<u>330,462</u>	<u>358,532</u>
4. Prepayments		
Insurance	28,072	20,587
Sundries	42,482	124,035
	<u>70,554</u>	<u>144,622</u>
5. Bank balances and cash		
First National Bank of SA Limited - current account	1,412,849	378,323
Nedbank Private Wealth (Pty) Limited - call account	3,963,912	3,608,251
Sundry accounts	23,769	100,712
Peity Cash	680	8,200
	<u>5,401,210</u>	<u>4,095,486</u>
6. Accumulated funds		
Opening balance	3,253,573	3,258,219
Net surplus / (deficit) for the year	101,605	(4,646)
Balance at end of the year	<u>3,355,178</u>	<u>3,253,573</u>
7. National Lotteries Commission - Project M60564		
Total grant approved - R 1 039 000		216,766
Opening balance	363	-
Grant funds received	727,300	-
Expenditure incurred	(129,997)	(216,403)
Balance at end of the year	<u>597,666</u>	<u>363</u>

8. Department of Sport, Arts and Culture

Opening balance	210,864	124,780
Grant funds received	700,000	700,000
Administration	100,000	100,000
ILS World Lifesaving Championships - 2024	200,000	-
Talent identification and Skills development	110,000	-
ILS Africa championships	-	115,000
Squad leader training	-	90,000
Access to coaching	-	105,000
National championships	290,000	290,000
	<u>910,864</u>	<u>824,780</u>
Allocated to administration costs	(100,000)	(100,000)
Expenditure incurred - (per Statement of Comprehensive Income)	(691,957)	(513,916)
National championships	(290,000)	(290,196)
ILS World Lifesaving Championships - 2024	(200,000)	-
Talent identification and Skills development	(108,007)	-
Schools League	(27,565)	-
ILS Africa championships	-	(114,512)
Squad leader training	(5,130)	(67,093)
Access to coaching	(61,255)	(37,606)
World Games - 2022	-	(4,509)
Balance at end of the year	<u>118,907</u>	<u>210,864</u>

9. Watersmart Programmes

Opening balance	261,710	345,151
Donation funds received - DHL	1,012,035	851,445
	<u>1,012,035</u>	<u>851,445</u>
Educational expenditure incurred - 2024	(1,139,691)	(934,886)
Educational expenditure incurred - 2025	-	(934,886)
	<u>(1,139,691)</u>	<u>-</u>
Balance at end of the year	<u>134,054</u>	<u>261,710</u>

11. Taxation

The Association is exempt from taxation in terms of Section 10 (1) (cN) of the Income Tax Act of 1962, as amended.



GAUTENG PROVINCIAL LIFESAVING ASSOCIATION ANNELIE LOURENS - President

As we close the 2024-2025 season, I am proud and humbled to reflect on a year marked by resilience, innovation, and an unwavering commitment to lifesaving. The Gauteng Provincial Lifesaving Association (GPLA) has continued to uphold its mission with strength and unity, ensuring progress across lifesaving sport, water safety education, and organisational development - even in the face of significant challenges.

Organisational Challenges and Triumphs

This season tested our adaptability. One of the most significant challenges emerged in October 2024, when Level 1 water restrictions imposed by the City of Tshwane resulted in the immediate closure of all municipal pools in the Tshwane region. The impact was far-reaching - training was disrupted, examinations were delayed, employment opportunities were suspended, and event planning was significantly affected.

Yet, in true lifesaving spirit, our Gauteng members stood "inside the circle," unwavering in their commitment to ensuring a successful season. I extend my heartfelt thanks to every member who gave their time, effort, and energy to support the organisation and its mission.

Lifesaving Sport

Despite logistical setbacks, GPLA successfully hosted six competitive galas - five pool galas and one open water gala - and proudly facilitated two major national events: the LSA Open Water Club Nationals at Prime View as well as the LSA Interprovincial Championships at St Benedict's, Bedfordview.

On the international stage, GPLA athletes proudly represented South Africa at the 2024 Lifesaving World Championships in Australia (2 athletes, 1 team manager), the 2024 Orange Cup in the Netherlands (2 athletes, 1 coach), and the upcoming 2025 Commonwealth Lifesaving Championships in Wales (3 athletes, 1 team manager).

Nationally, two GPLA clubs competed at the National Club Championships in Gqeberha recently, contributing to an impressive 22 Gauteng records and 10 Gauteng North records.

In support of technical excellence, GPLA presented a pool Technical Officials course via zoom which was extended to participants from the Western Cape, Eastern Cape, Bloemfontein, and North West. While several of the candidates are now nearing final assessment, the shortage of timekeepers at GPLA galas remains a challenge.

We urge all parents to volunteer for this vital role to help ensure the continued success of our competitions in the next competition season.

Development & Transformation

This season marked a period of strong growth and meaningful impact for the GPLA Development and Marketing portfolio, with 27 learners trained as instructors to support the expanded rollout of the Water Smart Program across the province. Through 17 activation days, the team successfully reached over 400 learners. A key highlight was the partnership with five schools that committed to integrating lifesaving into their learners' educational journey, aiming to equip these learners with formal Lifesaving certifications.

While challenges around time and funding persist - especially in underserved communities - the impact of the programme continues to grow. We remain inspired by the progress made and are excited to build on this momentum in the coming season.

Lifesaving Qualifications

In a difficult season, GPLA's qualification and assessment efforts continued through the dedication of our Provincial Chief Examiners (PCEs) and assessors. Examinations extended beyond Gauteng to provinces such as North

SCHEDULES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

	Note	Income R	Expenses R	Surplus / (Deficit) R
Competition surpluses - Schedule 1				
2025				
Openwater Champs - 2025		50,622	(67,144)	(16,522)
Interprovincial Champs - 2024		59,478	(77,604)	(18,126)
Interprovincial Champs - 2025		46,391	(88,774)	(42,383)
National Champs - 2024			(3,975)	(3,975)
		<u>156,491</u>	<u>(237,497)</u>	<u>(81,006)</u>
2024				
National Champs - 2024		644,631		
DHL		851,445		
DSAC		290,000		
DSAC - KZN		450,000		
Ethekeini Municipality - VIK		240,900	(2,466,370)	10,606
ILS Africa Champs - 2024		333,262		
DSAC		115,000		
DHL		20,000	(545,422)	(77,160)
National Champs - 2023		813,472		
DHL		795,000		
DSAC		368,000		
NMB Municipality		1,200,000	(2,483,816)	692,656
Interprovincial Champs - 2023		52,696	(119,296)	(66,600)
Openwater Champs - 2024		59,302	(74,581)	(15,279)
		<u>6,233,708</u>	<u>(5,689,486)</u>	<u>544,223</u>
National team competitions - Schedule 2				
2025				
ILS World Champs - August 2024 - Australia		556,288		
DSAC		200,000	(762,136)	(5,848)
Orange Cup December 2024 - Netherlands		1,224,622	(1,224,823)	(201)
ILS Africa 2024 and 2025 SA International			(4,658)	(4,658)
		<u>1,980,910</u>	<u>(1,991,617)</u>	<u>(10,707)</u>
2024				
ISRC September 2023 - USA		720,155	(725,564)	(5,409)
RLSS Commonwealth Champs September 2023 - Canada		1,311,630	(1,316,428)	(4,798)
Orange Cup December 2023 - Netherlands		591,930	(594,688)	(2,758)
		<u>2,623,715</u>	<u>(2,636,680)</u>	<u>(12,965)</u>
AGM and Annual report - Schedule 3				
2025				
Annual report costs		37,600	32,970	
AGM - airfares and other travel costs		76,044	68,740	
- accommodation and venue hire		88,667	50,522	
- other costs (photography etc)		4,082	2,960	
		<u>206,393</u>	<u>155,192</u>	
2024				
Meetings - local and overseas - Schedule 4				
Management Board				
Local		70,633	53,830	
Overseas		215,600	187,320	
		<u>286,233</u>	<u>241,150</u>	
Note 1.				
ILS World Champs and ILS Meetings - Perth August 2024		201,443		
Dhaya Sewduth, Craig van Rooyen				
ILS Africa Meetings - Egypt April 2025		14,157		
Helen Herbert				
World Drowning Prevention Conference - Perth December 2023			157,640	
Dhaya Sewduth, Colleen Saunders, Mzi Mayedwa, Melvin Shaw				
RLSS - Meeting - Canada September 2023			29,680	
Helen Herbert				
		<u>215,600</u>	<u>187,320</u>	

West and Limpopo, placing additional pressure on the small group of committed Gauteng North assessors who stepped in to support them.

One key concern remains: a lack of protocol awareness and POE (Portfolios of Evidence) completion among some examiners, largely due to missed workshops. To address this, a compulsory examiner and instructor workshop will be held in the upcoming season to standardize procedures and enhance exam quality.

We also continue to face an assessor shortage, including specialised awards such as Skippers. A sincere thanks to all the assessors for their continued commitment to uphold the high standards in Lifesaving training.

Lifesaving Patrols

This season, our lifeguards provided support at open water events and school galas across the province.

While no serious incidents occurred, we continue to face challenges with patroller availability due to lower membership numbers and a shortage of volunteers, often impacted by school and work commitments. We sincerely thank all those who gave their time—your commitment to water safety reflects the true spirit of lifesaving.

Strategic Goals and the Road Ahead

Organisational consistency remains a key priority. Following a successful administrative workshop in December 2024, we plan a compulsory follow-up session for the new season to further strengthen

club governance, streamline operations, and ensure alignment across all structures.

Equally important is the need for increased participation in fundraising initiatives to secure the long-term sustainability of our shared vision. We strongly encourage all clubs to engage actively and collaboratively in these efforts, recognising that our growth depends on shared responsibility and support.

In addition, GPLA members have continued to serve at national level, contributing to LSA sub-committees. Their involvement spans vital portfolios, including medical advisory, education, drowning prevention, athlete representation, sport governance, technical officiating, research, and

team management. We sincerely thank each one of them for their dedication to shaping the future of lifesaving in South Africa.

Closing

Finally, to the GPLA Executive Committee, Clubs, volunteers, athletes, examiners, parents, and sponsors. Thank you! Your commitment and belief in the mission of lifesaving continue to make a meaningful impact in our province.

Let us carry the momentum forward into 2025-2026, embracing every challenge as an opportunity and continuing to grow this life-saving movement across Gauteng.



EKURHULENI DISTRICT KARI PRINCE - President

Membership

ELA is currently only made up of one club: Mandeville Dolphins Lifesaving Club (MDOL), following the closure of Boksburg Aquatic Saints. MDOL now incorporates the 47 Ekurhuleni Municipal lifeguards. Our active competitive numbers sit at.

Competition & Selection

We are proud of our prominent representation in the GPLA provincial team as well as two international teams in 2024/25.

Senior Kendra Du Toit competed at the World Lifesaving Championships held on the Gold Coast in Australia.

For the Orange cup in December 2024, five of our athletes attended. In the President's team we had Layla Nixon, Xander Swanepoel and Jessica Sardinha and our National team athletes were Kendra Du Toit and Kian Du Toit. The National coach was Heather Morris-Eyton. Xander was part of the relay teams that broke two SA records. Small but mighty!

At the DHL National Championships in Gqeberha, our swimmers did exceptionally well. Nippers won 5 gold and 2 silver medals with FC Rosslee earning the Victor Ladorum for the 13year old nippers. Our junior team won a silver in the SERC competition. We placed 7th overall in the junior pool section with only 4 competitors. Across the junior and senior individual events, 6 silver and 4 bronze medals were obtained. The Masters

swimmers had a total medal tally of 11 gold, 2 silver and 1 bronze medal.

Open Water Galas

The beautiful and well-equipped adventure park, Prime View, in Midrand was the venue for both the ELA and National Open Water galas this season. The National Open Water Championship was well attended with an entry of 110 swimmers from 4 provinces.



Watersmart Outreach

Lifesaving Examiner Nkosana Mabena facilitated several Watersmart outreach mornings to learners at primary schools and ECD Centres on the East Rand.

We appreciate the valuable input of our coaches, instructors, examiners, and parents who show incredible commitment to the progress of our athletes and lifeguards.





LIFESAVING WESTERN CAPE CHRISTINE KENNEDY - Chairlady

We received an additional R50 000 from DSAC which was put towards the Swift Water programme - for which equipment was bought. The training will take place during the off season in the Eden area when it is flooding.

Provincially we did extremely well at Nationals held in Port Elizabeth. Three of our clubs were at the top and the remaining clubs also featured and did well. Overall we are very proud to be a member of our province. It was also great to see more competitors from the Eden area.

Inter Provincials were held at Mossel Bay and our athletes did very well, ending up being the winners in all categories.

Some of the challenges both districts face is the facilities are not adequate for our needs - ie too small or situated too far from where we need to

EXAM TOTALS 2024-2025	LA	JLA	QC		POOL	NIPPER 1	NIPPER 2	NIPPER 3	INSTRUCTOR LA	IRB CREWMAN	IRB DRIVER	IRB INSTRUCTOR	TOTAL EXAMS	RETEST	TOTAL EXAMS & RETEST
			LA	JLA											
GREAT BRAK	3												3	19	22
HARTENBOS	10	3							1	5	2		21	19	40
MARLIN	18	11				12	6	9			1	1	58	19	77
MOSSSEL BAY	11	10											21	28	49
OUTENIQUA	18	1											19	36	55
PLETTENBERG BAY	20				4	25	7	7	4				67	70	137
SOUTHERN CROSS	9		2	1		1	1	2			2	1	19	44	63
TOTAL	89	25	2	1	4	38	14	18	5	5	5	2	208	235	443

do duties. Safety is a concern as some of the clubs are in remote areas and get broken into and essential equipment stolen.

Lifeguards in both areas are struggling to keep there swim fitness up as there are no pools in which to train.

LIFESAVING CAPE TOWN CHRISTINE KENNEDY - Chairlady

We have a new club that is affiliated to our region – Warobile. They will be operating out of Maitland and Bellville areas. It will be a community based swimming club that offers lifesaving as an additional option.

We managed to secure a three year sponsorship of R1.7 million with Solid Oak Insurance. This is to incentivise lifeguards by boosting lifesaving sports, recruiting lifeguards and building safer communities. The Rescue Sports Series was managed by Christina Mallion. Over the season each lifeguard competition results were taken into consideration and at the end totalled to show who the winners of the various categories were. This also created a marketing and media platform to highlight lifesaving and lifeguards and this was extremely successful.

Another initiative was the Swift Water programme which trains lifeguards on how to react and actively save lives during flooding. The training is taking place in the district but the course is run by the province. This is a new skill set for the lifeguards to add to their CV.

Locally all competitions were well attended and Nationals this year was held in Port Elizabeth. Our Province did extremely well ending off with Overall Champion won by Fish Hoek, Lifesaving Senior Surf won by Clifton and Stillwater won by Big Bay. These are all clubs from our province showcasing our strength.

We are still working on our relationship with the City of Cape Town but each year it gets stronger. The City contacts us prior to issuing contracts to make sure all candidates are qualified lifeguards in good standing. We work together with the City of Cape Town and NSRI when there are rescues. One of our biggest challenges is preventing drownings during the off season and when lifeguards are not on duty.

We ended the season with no drownings during lifeguard duty times. There was one unfortunate incident at Fish Hoek which ended up being fatal, but this was not a drowning as the patient jumped off the rocks and broke his neck.

21 retests	Alpha Surf LSC
20 retests, 9 new exams	Bellville LSC
113 retests, 47 new exams,	Big Bay SLC
2 new IRB drivers, 2 new crewmen	
99 retests, 106 new exams,	Clifton SLC
5 IRB drivers, 5 new crewmen	
26 retests, 1 new exam	False Bay SLC
83 retests, 46 new exams,	Fish Hoek SLC
5 new IRB drivers, 9 new crewmen	
15 retests	Hout Bay SLC
11 retests, 2 new IRB drivers,	Kogel Bay SLC
1 new crewman	
32 retests, 45 new exams	Llandudno SLC
7 retests, 2 new exams	Macassar SLC
54 retests, 20 new exams,	Milnerton SLC
1 new IRB driver, 7 new crewmen	
17 retests, 56 new exams	Mnandi LS
7 retests	Monwabisi SLC
42 retests, 11 new exams	Strand SLC
4 new IRB drivers, 5 new crewmen	
17 retests, 10 new exams,	Strandfontein
1 new driver, 2 new crewmen	SLC
8 retests, 10 new exams	UWC
43 retests, 10 new exams,	X- Steam LC
4 new IRB drivers, 3 new crewmen	





EDÉN DISTRICT HILARY FERRIS - *Chairperson*

We look back on a fruitful year with successes in lifesaving as sport and water safety/rescue program. Capacity building and development were the focus of 2024/2025 and was very well executed. Edén's athletes who took part in the high-performance and Interprovincial excelled with a good outcome. Edén lifesaving managed to train IRB skippers/Helicopter rescue candidates which will be beneficial for future training.

Events hosted for the year

Edén Nipper workshop with participation of 48 club/community members.

Cape Champs: 90 participants with clubs from Edén/Western cape attended.

Edén nipper champs: 63 participants from clubs

in Edén district.

LSA interprovincial competition in collaboration: this was an excellent learning experience. Seven nippers participated as Edén invitational team while three of the Edén athletes participated as guests in the IP team. These athletes excelled in their different items and confirmed that Edén Lifesaving District should investigate our own HP team in preparation for our athletes to grow and be ready for WC HP team. One of our Edén athletes is now selected as part of the HP team.

Capacity building

Admin training for club committee members to ensure that committee members understand lifesaving administrative functions.

Technical official course: IRB crewman training - completed the instructor/skipper/helicopter training that started three years ago.

Examiners workshop: To ensure that coaches, instructors and examiners understand the process and completion of forms for lifeguard training.

Coaching course: supported in hosting LSA level 1/level 2 course for Mossel Bay lifesaving clubs.

Beach duties rendered by lifeguards

Voluntary and Pro-season services rendered throughout the year. Most lifeguards just want to work pro-season because of the income thus just do compulsory voluntary hours. We plan to have more open days in our district as to motivate youngsters to enrol earlier in lifesaving activities so as to have a pool of candidates for lifeguard training.



NORTH WEST LIFESAVING JENNIFER TAYLOR - *Chairlady*

Despite facing significant operational and environmental challenges, the 2024/2025 season has showcased the resilience, talent, and growth of the North West Lifesaving community. From world-stage representation to national podium finishes, our athletes, coaches, and volunteers have continued to push boundaries and achieve outstanding results. Here's a look at the highlights from the past season:

SPORTING ACHIEVEMENTS

International Representation:

- ▶ At the 2024 Lifesaving World Championships, Antonie Pieterse was selected for the South African National Team, and Christiaan van Eeden represented the National Junior Team.
- ▶ During the 2024 Orange Cup in the Netherlands (December), Zanje van Rensburg competed as part of the National Open Team, while Christiaan Bothma and Zoe Steyn represented the Presidential Youth Team.

National Competitions:

- ▶ At the Lifesaving SA Open Water Championships in February 2025, Harties Reflections placed 1st overall.
- ▶ North West Lifesaving earned a 2nd place overall at the LSA Interprovincial Pool Championships 2025, a notable achievement given the absence of many top athletes due to

a scheduling conflict with the SA National Schools Swimming Championships.

- ▶ At the DHL SA Nationals Lifesaving Competition 2025, Harties Reflections debuted its first-ever Masters team, which went on to win 1st place overall in the Masters Pool Competition. A standout moment was Barjo van Niekerk breaking four world records (pending ILS ratification). Across our Nipper, Junior, and Senior categories, solid performances were seen. However, participation was impacted by overlapping events, including the SSA National Junior Age Group Championships and Cambridge exams.

Membership and Growth

We've seen a modest increase in membership numbers this season, driven by:

- ▶ Toro Academy's initiative to professionally qualify municipal lifeguards.
- ▶ The launch of the Harties Reflections Masters division, encouraging participation across all age groups. We are hoping this development will support long-term sustainability and foster a family-oriented culture in the sport, challenging without a clubhouse.

Challenges and Limitations

- ▶ Patrol opportunities declined over the past season.

- ▶ The Hartbeespoort Dam remains unusable for open water training due to hazardous pollution levels and an overgrowth of water hyacinths.

- ▶ The North West Province currently has only one operational 50m pool (in Potchefstroom), limiting competition and training options.

Club Landscape

North West Lifesaving is currently made up of two clubs:

- ▶ Toro Academy, a non-competitive club consisting of active, professional lifeguards, is still finding its footing.

- ▶ Harties Reflections, the competitive hub, includes predominantly under-18 members, a handful of 19-30 year old members, and a small but growing Masters division. Unfortunately, we experience significant member attrition when athletes transition to university.

Many of Harties Reflections' board members also serve on the LSA Board and various national committees to ensure inland clubs are properly represented.

Governance Outlook

The North West Provincial Board is at a critical crossroads. With too few experienced members available to serve in leadership roles, we are increasingly unable to meet the basic governance,

operational, and reporting requirements outlined by Lifesaving South Africa (LSA). This season's functioning was only made possible by the return of two former board members who stepped back into office-bearing roles out of necessity.

We do not currently have a clear or sustainable way forward. What is evident is that continuing as we are is no longer effective. We are not even in a position to offer financial support to athletes selected for provincial or international competition, which places a heavy burden on families and limits opportunities for deserving athletes.

Given this reality, LSA will need to seriously consider the future of the province, including the possibility of stepping in to take over certain administrative functions, or, if no alternative structure can be maintained, formally disbanding or closing the North West Provincial Board.

Without immediate and meaningful support - either through renewed volunteer involvement, structural change, or intervention - our ability to function as a province is at risk. We remain committed to exploring all options but acknowledge that the current model is no longer viable.

We would like to extend our heartfelt thanks to the Head Office of Lifesaving South Africa, especially Helen and Janelle, for their continued guidance,

patience, and support throughout the 2024/2025 season. Your willingness to assist and advise is truly appreciated.



FREE STATE LIFESAVING WYNAND KOTZE - Chairman

Free State Lifesaving had a successful season, and we are very proud of our young swimmers.

Despite having a low membership, our team of swimmers showed dedication and passion for the sport and an unbreakable commitment to saving lives. Our small squad still managed to achieve goals and grow in the sport as well as in their personal life.

Bloemfontein Sentraal took part in the Open Water Championships at Olifantsfontein and good results were achieved. The following athletes won their respective age groups: Pieter Viviers (Boys U13 years), Janika Wessels (Girls U14 years) and Kaylin and Cayla Visser (Girls U19 years). All the athletes thoroughly enjoyed the team spirit and camaraderie of the Championships. Congratulations and thank you to Gauteng for once again hosting a great event.

Free State Lifesaving provided lifesaving services at various aquatic events throughout the season, including the Kopsie Aquatic open water, several triathlons and biathlon events held in the Free State.

During the April 2025 the Bloemfontein Club went down to Gqeberha to take part in the DHL SA National Lifesaving Championship. We had great days in the swimming pool and new friendships were made. Most of the swimmers swam new personal best times.

The Free State team took part in the SA Pool Interprovincial Championships held in Johannesburg in March 2025. Our swimmers competed very well against the stronger provinces.

Congratulations to our coach, Chantel Smith who was selected as Head Coach of the pool team participating at the Lifesaving Worlds Championship in Australia, which were held in August 2024. Chantel is also the head coach of the Presidents Team taking part in the Commonwealth Champs in Wales in July 2025. We are super proud of Chantel on her well-deserved appointments and wish her and the team all the very best for success.

We wish to thank all our parents for their continued support during the season. We travel a lot for competitions and lifesaving duties, and

we rely on our parents to assist. There are many arrangements and activities where you helped during the season. Without your support and assistance our participation in competitions and service duties would not have been possible.

A huge thank you to our coach, Chantel Smith. We are privileged for having a National Coach in our midst, her passion, technical skills and knowledge of the rules is a huge asset for Free State Lifesaving. You are a mentor and example to our kids. Your hard work, dedication, passion, and love for lifesaving rubs off on each of our swimmers and allow each athlete to grow to their full potential.

We thank our national sponsor, DHL, for making lifesaving possible.

Thank you to the team of Lifesaving South Africa. Your hard work behind the scenes does not go unnoticed. We truly appreciate your efforts and dedication to the sport.





LIFESAVING EASTERN CAPE EARL INGRAM - *Chairman*

The 2024-2025 season has been an exciting one for Lifesaving Eastern Cape and Lifesaving Nelson Mandela Bay. While we witnessed growth in our Districts, we still have room for much more growth.

Club Duty

Club duty participation has been consistent from all clubs, and we extend our heartfelt thanks to them for their outstanding efforts. We have recorded zero drowning during the 2024 – 2025 season while our clubs were on duty. Thank you once again.

It is good to see our club's duty squads grow as it takes lots of pressure from other members. However, I would love to see it grow even bigger.

Competition

I must admit that we do have enough competitions as we would like to have. Especially when it comes to Stillwater galas. This needs focus if we want to remain one of the top Provinces. Arranging competitions has become difficult as we seem to be competing with an ever-growing demand from school sports and other sporting codes. We are however pushing on to be able to compete at the highest level.

Eastern Cape Champs

Eastern Cape champs are becoming one of JBay's flagship events. Thanks to Kouga municipality for funding the event. We are excited for the 2026 EC Champs. Our numbers are looking good. 2025 EC Champs had all competitors digging very deep as JBay lived up to its surfing waves. Thank you to all involved in making EC champs a success and better than before. Thank you to JBay Lifesaving Club for hosting the EC Champs. Not forgetting Gariël Jewelers for sponsoring Casio watches to our top overall athletes from Nippers to Seniors. Thank you very much. My wish for 2026 is to see JBay and clubs from OR Tambo and Alfred Nzo District compete at EC Champs.

Inter Provincial Champs

Inter Provincials is always tricky for the Eastern Cape. We find it easy to select nippers and junior teams but really struggle to get seniors due to availability. This makes it difficult to present a full-strength squad. Eastern Cape managed very good results under circumstances. We remain positive for the future. Thank you to our team management for leading our team.

SA Champs

2025 SA Champs were once again successful. One for the history books as a couple of records

were broken in the pool including a world record. Amazing performances all round. Outstanding records from Len Douglas Mackay and Bryce Minderon. Thank you to DHL for your amazing sponsorship. Thank you to everyone who made the SA Champs a success.

Watersmart

Thank you to our watersmart team for the massive outreach in our Metro. Making learners aware of the dos and don'ts when in and around water. Thank you to Gordon, Fernando, Moses and Geraldo. A job well done.

Access to coaching program

Thank you to Lifesaving South Africa for introducing the program. This program is what makes lifesaving grow Nationally. Please continue with programs like these. Thank you to Sipheleli Gaza and Melvin Trotter for running these programs in conjunction with Craig Van Rooyen. Thank you for transferring your valuable skills.

Lifesaving Eastern Cape extends our deepest gratitude to everyone who contributed to our growth and success this past season. We are growing stronger every year and look forward to even greater achievements in the future.



LIFESAVING ALFRED NZO LUYANDA GASA - *Chairman*

Introduction

It is with great pleasure that I submit the 2024/25 Annual Report for the Lifesaving Alfred Nzo District.

First and foremost, we extend our sincere gratitude to Lifesaving South Africa (LSA) and Lifesaving Eastern Cape (LEC) for warmly welcoming us into the Lifesaving family as a newly affiliated district.

Your support and guidance have been instrumental in our growth and development.

Membership

Our membership has shown consistent growth each quarter, which is a positive reflection of increasing interest in our programs. However, due to factors such as employment changes and member relocations, we have experienced an increase in inactive members.

To address this, we have implemented a policy of either charging inactive members or reclassifying them as private members if they do not comply with club participation requirements. This measure aims to maintain an active and engaged membership base.

Club Administration

While our clubs are putting in commendable efforts, there are notable challenges in meeting administrative requirements. These include:

- ▶ Applications for holding classes
- ▶ Applications for clearance transfers
- ▶ Requests for assessments outside primary clubs

This is a matter of concern, as strong club administration is foundational to the effectiveness of our district.

We commend clubs for their progress in timely reporting, maintaining basic financial records, following instructional procedures, and adhering to examination protocols. However, there is a pressing need to improve the hosting of Annual General Meetings (AGMs) and the submission of Audited Financial Statements (AFS). The absence of these documents continues to hinder access to funding and broader financial support.

Lifesaving

Lifeguarding Skills Program
LFG/LIFEGUARD/4/0088 & LFG/
ASSLIFEGUARD/4/0089

We have seen a significant increase in participation in the Lifeguarding Skills Program. This is largely due to collaboration with Lifesaving KZN, their districts, and clubs, who have allowed members to be assessed outside their primary clubs or through clearance transfers.

We are grateful for this trust and partnership. A special thank you goes to our dedicated Water Safety Officers, Instructors, Examiners, and Moderators – your contributions are invaluable and deeply appreciated.

Other Awards

The current statistics show that more training and development are required. In response, our Nippers Class began in February 2025, with the goal of graduating at least 12 candidates by April 2025.

Drowning Prevention Lifesaving Duty Patrols

Our partnership with the Winnie Madikizela-Mandela Local Municipality (WMMLM) and Wild Coast Sun (WCS) has expanded our patrol services. We now cover Mzamba Beach from Thursday to Sunday, beyond just Sundays and public holidays.

This has also created seasonal employment opportunities for our members during public school holidays, and we are committed to nurturing and growing these valuable relationships.

Water Smart Program

We have continued our Water Smart educational outreach to schools and further strengthened the program through collaboration with the Wild Waves Waterpark team at WCS. Schools visiting the Waterpark now receive structured Water Smart training, with enthusiastic feedback and promises to return in the next financial year.

In 2025/26, we plan to formalize this program by appointing dedicated facilitators who will conduct sessions and report to LSA accordingly.

SPORT

Competitions

An inter-club competition was held at Mzamba Beach on 25 March 2025, with the following overall results:

Club	Ranking	Nippers	Juniors	Seniors	Masters	Sub-Total
Driftwood	3	6	3	2	0	14
Fossil	1	15	9	6	0	30
Mzamba	2	9	6	4	0	19

Coaching & Technical Officials / Judges

Two members attended the Level 1 Coaching Course hosted by Lifesaving KZN in Durban. They are currently completing their Portfolios of Evidence (POEs). It is our goal for each club to have at least one qualified coach and one Technical Official/Judge by the end of the 2025/26 financial year.

Nippers & Juniors Athletes

Training began in February and is ongoing, aiming for at least 12 graduates by April 2025. We are especially thankful to Craig Van Rooyen, Director of Sport, for visiting our district and providing hands-on guidance and support.

The Nippers program is a cornerstone of our future, fostering both sporting excellence and long-term friendships. Rivalries are already budding, and we aim to carry this momentum to the national championships in 2025/26.

Seniors & Masters Athletes

Many of our senior members have taken part in the DHL Lifesaving National Championships as Water

Safety Officers. While we appreciate their service, we are now encouraging dual participation – both as officials and competitors – especially since LSA covers accommodation, transport, and meals.

Conclusion

I would like to extend heartfelt thanks to all club chairpersons, executive members, and affiliated volunteers for your dedication and perseverance in keeping our district active and impactful.

Gratitude also goes to our partners:

- ▶ Winnie Madikizela-Mandela Local Municipality (WMMLM)
- ▶ Wild Coast Sun (WCS)
- ▶ Amadiba Welfare Association (AWA)

Your continued support makes a tangible difference in our mission.

Lastly, to the LSA administrative staff – we could not do this without your tireless support. Please continue the incredible work.



OR TAMBO DISTRICT RICHES MNDIYATA - Chairman

It is with great pleasure that we report zero drowning incidents in our bathing areas during the 2024/2025 duty season. This is a significant achievement, and we commend all involved for their dedication to water safety.

We are also excited to share that we are expanding our reach to include another district – Alfred Nzo – within our boundaries. In this process, we are actively supporting examiners with the necessary resources, including exam and WaterSmart equipment. We believe in sharing and growing together – united as one.

We have successfully collaborated in delivering coaching programs and the WaterSmart Education Program, ensuring our communities are better prepared and safer around water.

All our clubs have received DHL kits, and we extend our sincere thanks to Head Office for this invaluable support. These kits have made a big difference in our operations, and we truly appreciate the continued assistance.

We are proud to note that many of our members served as Safety Officers at the 2025 DHL SA National Lifesaving Championships, a great honour and responsibility that we carried out with pride.

A heartfelt thank you to all Head Office staff for their wonderful administrative support. Your hard work behind the scenes enables our success in

the field.

Lastly, we would like to especially thank Bruce Robert, who continues to assist our district financially. Your support is deeply appreciated.

Together we grow. Together we protect. Sibambaneni!





LIFESAVING KWAZULU-NATAL TROYE BROWN - *Chairman*

It gives me great pleasure to report on the activities and highlights of our lifesaving clubs within KwaZulu-Natal which encompasses the Surf and Stillwater aspects of lifesaving.

Tourism once again benefited from Lifesaving KZN with clubs safeguarding those near the water at beaches and pools. Whilst we still have some issues during heavy rain rainfall periods with contamination that flow down the rivers, for most of the previous year our water has been stable. The eThekweni Municipality has made major inroads into repairing broken infrastructure. Our local clubs are still working hard to build voluntary numbers.

Transformation and Development

Although the profile of active lifesaving patrols at KZN clubs reflect how far this association has progressed in transformation, there is a need for greater involvement in administration of clubs and at District and Provincial level. This is a work in progress and us as an executive will keep trying to transform wherever possible.

Members

The number of lifesaving clubs in KZN stands at 13 spanning the entire coastline and including our freshwater club in Ladysmith. Our total active membership across all divisions including nippers, our up-and-coming lifeguards, exceeds 1000 and includes men and women from all race groups.

Lifesaving Patrols

Clubs performed duties on Sundays and Public Holidays and the bigger clubs once again extended their voluntary commitment to include Saturdays which is a testament to their commitment to the community. There was a noticeable increase in availability of lifeguards but we noticed a shortage of lifeguards during the December peak period. There are still a large number KZN lifeguards that take up employment in other provinces. A special thanks to all the clubs and duty members that have supplied duty squads throughout the season.

Our lifesavers and duty towers are looking very professional in their duty uniform and duty area branding, proudly displaying our sponsor DHL. We also thank DHL for the sponsorship of

eThekweni pro lifeguards.

Well done to all our duty lifeguards!

Lifesaving Awards

Our Provincial Chief Examiner, Deon Woodley produced the following reports and extended his thanks to our KZN Board of Examiners.

Examination Statistics

Lifeguard Awards	120
Junior Lifeguard Awards	33
Nipper Awards	169
Annual Retests	617
QC Awards	26
RPL Awards	10
Technical Officials – Level 1-6	6
IRB Driver and Crewman Awards	1
Examiner	1
Nipper Examiner	3
TOTAL	986

I would like to take this opportunity to offer a special thanks to Deon and his team of examiners for the hard work and perseverance put in this year.

Lifesaving Sport

The season got off to an early start with our annual KZN Series aimed at encouraging our members to participate as part of their training for competitions. Carnivals were hosted for the Nippers and these events were well attended by members. We were able to complete KZN Champs for all categories, and all scheduled Series and Carnivals. The competitions were all well attended and enjoyed by all. There is a definite lack of numbers within the sport of lifesaving, this is contributed to by water polo growing substantially and a lot of members being on aquatic scholarships at school.

KZN had to make an unfortunate decision not to attend the 2025 Surf Interprovincial Championships, this was because of the championships being placed in Mossel bay. The cost of travel to Mossel Bay unfortunately put it outside the means for the KZN competitors. This

was most disappointing as I do believe it was the first time in history that KZN was not represented at a provincial championship.

KZN clubs sent a very small contingent of 135 Athletes to SA Champs in Gqeberha. The lack of numbers traveling to SA Champs is of major concern however, members seem to just not be willing to spend to travel every year.

The highlight in the sports arena was, of course, World Champs hosted in Australia. I would like to formally congratulate all our members that were chosen for the tour, Tyne van Achterbergh, Dayna Deeble and Saskia Hockly.

Administration

Without prudent administration no Association can run efficiently, and I am extremely thankful for the top-notch administrators and committees within the province, district and clubs. To you and the club Chairs of KZN, I say well done and thank you for your commitment. Our provincial executive committee performed superbly, and I must firstly acknowledge Lesley Lunn (Secretary), for always making sure the administration is in order, and the efforts of, Dale Duke (Vice Chairman), Michelle Swart (Treasurer), JJ Joubert (Competition Officer), Carien Button (Nipper Officer), Deon Woodley (Provincial Examiner and Development Officer), and our President, Jelle Meintsma, his endless amount of knowledge is always welcomed. I would like to take this opportunity to thank my Executive Committee for their support and guidance during this year as Chairman of the Province.

Partners

The Department of Sports Arts and Culture in KZN is to be commended for their sterling role in supporting Lifesaving KZN and our sincere thanks is extended to Vijay Balram, Manqoba Bhengu and Sihle Ngubane and their team. Furthermore, our thanks to the local Municipalities within KZN for their continued support.

Finally, to our provincial examiners, instructors, judges and lifesavers I commend you on your willingness to contribute to voluntary lifesaving.





RLSS DIPLOMA REVIEW COMMITTEE WINSTON A MEYER - Member

The Committee had one meeting held on 12th February 2025. Matters discussed included:

- ▶ Only one submission for the Diploma was received and is currently under review.
- ▶ Consideration should be given to the possible future revision of the Diploma and Levels.
- ▶ Consideration to reward sustained efforts.
- ▶ The impact of NQF credits (where applicable) held by applicants towards the Diploma.
- ▶ A concerted effort must be made to encourage people to access the Diploma. The current process is emailing our member branch database and promoting on social media. CW HQ to look into LinkedIn. Creating a database of researchers/academics to promote the Diploma through them and for them to share with their contacts.
- ▶ Process to consider individuals for the Research Diploma as we would like to award this around WDPD 2025) and potentially record some interviews with the recipients.

Other ideas forwarded:

- ▶ Leverage Social Media Campaigns - Utilize

platforms like Facebook (aim to increase to 10 000 followers), target Twitter, Instagram, and LinkedIn to create engaging content about the award. Better promotion of the RLSS YouTube channel. Share success stories, testimonials from past recipients, and behind-the-scenes looks at the award process. Use hash tags like #RLSSDiploma to increase visibility.

- ▶ Partner with influencers in the watersafety and lifesaving community to spread the word. Ambassadors can share their experiences and the importance of the award, reaching a broader audience.
- ▶ Host Webinars and Workshops - Organize online events where experts discuss the significance of the RLSS Commonwealth Diploma Award, its impact, and how to apply. These sessions can provide valuable insights and encourage participation.
- ▶ Engage with Educational Institutions - Reach out to colleges and universities with strong sports and health programmes. Offer presentations or workshops to students and faculty about the award and its benefits. Devise a 2-minute sound

byte promoting the diploma that can be sent to all 275 lifesaving clubs across the UK and to the 1450 lifesaving clubs worldwide.

- ▶ Create Informative Content - Develop blog posts, articles, and videos that explain the award, its criteria, and the application process. Highlight the achievements of past winners and the positive impact of their work.
- ▶ Utilize Email Marketing - Send newsletters to RLSS members and other relevant organisations. Include updates about the award, application deadlines, and success stories to keep the audience informed and engaged.
- ▶ Participate in Industry Events - Attend conferences, expos, and other events related to water safety and lifesaving. Set up booths or give presentations to promote the award and network with potential applicants.
- ▶ Offer Incentives for applying, such as recognition in RLSS publications, opportunities for further training, or small grants for projects related to water safety and drowning prevention.



COMMONWEALTH DROWNING PREVENTION HONOURS COMMITTEE

AJ PEMBROKE - LSA International Representative

The purpose of the Commonwealth Honours Committee is to recognise outstanding contributions to individuals and organisations. The Honours system recognises outstanding contributions by volunteers, member and non-member organisations, but does not recognise paid work, even if that work falls in line with the Royal Life Saving Society aims and objectives, such as the work of paid lifeguards, council / government officials or teachers.

Eligibility

Professional staff of the Society or any of its Member Organisations are ineligible to receive any honour, except for the Commonwealth Headquarters Commendation Certificate and the Commonwealth Service Order. Nominees for Awards and Honours are not required to be members

of the Society, except where specifically noted.

Nomination Procedure

Each Member Organisation in good standing is eligible to nominate Individuals or Organisations for relevant Honours, and Member Organisations should make every effort to ensure that all those who are eligible for honours are recognised. Individuals and Organisations are eligible for recognition if they provide any contribution to the furthering of the Society's mission of drowning prevention (at any level - Local, Regional, National or Commonwealth).

SUMMARY OF HONOURS

Honours available for individuals - volunteers

- ▶ Certificate of Thanks
- ▶ Commonwealth Headquarters Commendation

- ▶ Service Commendation
- ▶ Service Medal & Bar to Service Medal
- ▶ Service Cross & Bar to Service Cross
- ▶ Commonwealth Honorary Life Member
- ▶ Commonwealth Honorary Life Governor
- ▶ Commonwealth Vice President

Honours available for organisations

- ▶ Certificate of Thanks
- ▶ Commonwealth President's Award

Honours available for staff members

/ professional officers

- ▶ Commonwealth Headquarters Commendation
- ▶ Commonwealth Service Order

Conclusion

I have had the honour of representing Lifesaving South Africa as a representative on the Commonwealth Honours Committee since 2016.



SAFEGUARDING PORTFOLIO REPORT MANDY THOMPSON - National Safeguarding Officer

Lifesaving South Africa is committed to protecting all its members from non-accidental harm in lifesaving and in lifesaving sport through safeguarding.

The Lifesaving South Africa Safeguarding Policy is reviewed annually to ensure it remains up-to-date and is in the best interest of our members.

Over the past year, a Safeguarding Policy & Procedures Information document and acknowledgement policy has been released to all Provinces, Districts and Clubs. In addition to the Safeguarding Policy, a Member Protection Policy has been circulated to the members through the provinces.

Courses on Safeguarding Awareness Training,

Designated Safeguarding Officer Training and Designated Safeguarding Officer Refresher training have been offered to the members of LSA. The Safeguarding Awareness training is open to all members, but especially to those working regularly with minors like our coaches, managers, squad leaders, committee members and officials. The Designated Safeguarding Officer training is open to all members wishing to take on the role of DSO at provincial, district and club level.

Designated Safeguarding Officers are appointed at all provincial and district levels. Clubs are encouraged to appoint their own Designated Safeguarding Officer if resources and capacity allows, and if not, their first line of reporting becomes their district officer.

The vetting process of all our members working with minors has been streamlined and made more accessible to all members to ensure compliance.

All the Safeguarding information, policies and procedures are available to all our members on our website along with a dedicated email address for all reporting all and any concerns.

Commitment Statement:

Our organisation acknowledges the duty of care to safeguard, protect and promote the welfare of children and is committed to ensuring safeguarding practice reflects statutory responsibilities, government guidance and complies with best practice and Lifesaving South Africa requirements.



BRAVERY AWARDS COMMITTEE STANFORD SLABBERT - *Convenor*

Fish Hoek SLC's Braedon Powell (15) has been awarded the RLSS highest award for Bravery in 2024, the **Mountbatten Medal**, for his brave rescue on Wednesday, 27th March, 2024, alongside Whalebone Pier, Umhlanga Rocks, KZN.



"Mid-afternoon, the Fish Hoek junior saw an adult man lose his footing and get pulled out to sea in the cyclonic surf conditions which had resulted in beaches being closed. The man was quickly pulled towards the backline after a big set. Braedon grabbed a nearby pink RTB, jumped over the railings and swam out after him in the treacherous conditions. He managed to secure & pull the large victim close to shore, where 5 by-standers hauled the patient up the steep beach. Braedon was pulled back out to sea again and had to fight hard to reach safety, injuring himself as he clambered over the rocks. Thanks to Braedon's immediate action and bravery, the man survived the ordeal", read his award-winning citation.

Braedon is the fifth and youngest South African lifesaver to win the Mountbatten Medal in the past seven years, highlighting the high standards of lifesaving within the countries volunteer lifesaving movement, headed up by Lifesaving South Africa.

Previous LSA winners of the **Royal Lifesaving Society's** top bravery award are Lee Maree (2023), Dax Lamb (2021), Clifford Coombe (2019) and Matthew Maroun (2018).

In addition to the five winners, South Africa's Edward Gutsche was awarded the Prince Michael of Kent Award for Bravery in 2022, as a runner-up to the Mountbatten winner. Only one Mountbatten Medal is awarded per year. However, in special circumstances, the RLSS awards the PMK medal to recognise extraordinary acts of bravery, such as when Edward rescued 3 members of the Majeke family off Port Alfred's Kellys Beach.

A total of 17 incidents were adjudicated over the past year. However, 3 were abandoned, leaving 14 for consideration. An incident at Swartkops, PE, became the subject of a SAPS investigation. A rescue at Sea Park, KZN South Coast, on 29th December, had to be abandoned when we could not contact the rescuer. Another "rescue" at Big Bay in October was turned into a media circus by social media and the "hero" was not the actual rescuer!

For the period under review, July, 2024, to June, 2025, the BAC is pleased to acknowledge that 14 incidents yielded 19 worthy LSA award recipients, who are our rescue heroes of the year. Seven of the incidents involved a single rescuer and two incidents involved CPR by the rescuers. A rescue at Strand on 31st January resulted in one rescuer getting a BA2 award and the other a DP1 award.

▶ Bravery Awards	= 7 - 6 incidents
▶ Drowning Prevention	= 12 - 9 incidents
▶ Recognition Award	= nil

Highlights of the past year include a father & daughter duo, who effected a daring rescue together, and three SA lifesavers who saved lives in other parts of the world, notably Bali & Abu Dhabi, UAE.

Looking at the geographic spread of the incidents, 6 were in the Cape Town area, 3 in the Western Cape, 3 in the Eastern Cape and nil in KZN. Two incidents were outside SA. Of the 19 award recipients, 2 have no formal lifesaving training, making the efforts of Warren Talbot and Nic Rosslee even more special.

This year, 15 males and 4 females are recognised. Our oldest award recipient is Nicola De Jager (48), of Big Bay LSC, and the youngest is 10-year-old Kings Beach LSC nipper, Jaed Beaton.

Strand's Mila Watson becomes a double award recipient, having previously been acknowledged with a Drowning Prevention - Letter of Commendation (DP2) for her successful CPR of a drowned child on 28th February, 2021. This year she receives a DP1 award.

Lifesaving SA has three award categories covering Bravery and Drowning Prevention, and these are summarised as follows:

Bravery Awards: There are 4 levels, with a Letter of Appreciation, BA1, followed by a Letter of Commendation, BA2, and a Certificate of Commendation, BA3. The highest level, BA4, is our Silver Medallion, LSA's highest award for exceptional bravery. Since inception in 1943, only 18 medallions have been awarded for Bravery of the highest order, over the past 82 years.

Drowning Prevention Awards: These incidents do not involve bravery or risk, but recognise actions taken to prevent a drowning. There are 3 levels, with a Letter of Appreciation, DP1, for actions taken to prevent a drowning. DP2 is a Letter of Commendation for actions taken to prevent a drowning, which might also involve some CPR. DP3 is the highest DP award, the Certificate of Commendation, for preventing a drowning, which might also include extensive CPR.

Recognition Awards are considered when a qualified lifesaver uses their lifesaving skills to render assistance and/or save a life in a non-aquatic environment or emergency situation.

Once again, several duty squad nominations were not considered, as it is stated in the BAC Operating Procedures that, unless there are exceptional circumstances of bravery, duty squads are doing what they are supposed to do, protecting our bathers and assisting at incidents.

Clubs must please note that any lifesaving club nomination must reach LSA within 30 days of the actual incident, with a fully completed BAC01 nomination form and supporting statements. Our goal is to adjudicate incidents as soon as possible after the event. Contact details of each rescuer must be supplied, as part of our adjudication procedure is to speak to each individual rescuer.

LSA Bravery Awards for 2024 / 2025

BA3	Certificate of Commendation	2
BA2	Letter of Commendation	3
BA1	Letter of Appreciation	2

A brief summary of each Bravery incident and award, in date sequence, per category, follows:

BA3 - Certificate of Commendation x2

Nicola De Jager (48) 28.09.2024 – 13h30



The Big Bay SLC member, Coastal Watch standby group volunteer and DHL employee reacted when alerted to two persons in distress off Blouberg. Nicola immediately

drove to the scene, donned her wetsuit, fins and RTB and swam out through a gap in the rocks and through the big shore-break. She found the two large wetsuit clad men about 500m off the coast and towed them back, negotiating through the big swells and turbulent ocean. She found a gully between the rocks where she pulled them ashore. "It was an overcast and horrible day and I could not stand by and watch two people drown" said Nicola, who was the only rescuer who braved the treacherous conditions.

Warren Talbot (43) 26.12.2024 – 10h00



Whilst enjoying a family outing to Kabeljous River mouth lagoon, Milnerton Nipper parent, Warren, was alerted to a group of four bathers caught in a strong rip

current. Warren immediately swam out into the strong onshore easterly wind driven waves and rescued the nearest of the 4 distressed victims. He returned the first youngster to the shallows and went back in to rescue another one, who tried to climb onto him. Realizing that he could be drowned, Warren managed to get the youngster into a grip and pulled him ashore, while an angler reeled in the third victim. Warren was too exhausted to go back into the surf to search for the missing 4th victim. Sadly, the angry sea claimed the 19-year-old youth, whose body was recovered hours later.

BA2 - Letter of Commendation x3

Douglas (46) & Lily (18) Day 01.01.2025 - 11h30



Walking along the Blouberg beachfront, opposite a non-bathing beach, the Day family were alerted to a person in distress about 500m offshore,

behind the large backline waves. Realising that they had to act quickly, the father and daughter stripped down to their underwear, grabbed a nearby RTB and swam out through the big surf, while mom alerted rescue services. They lost sight of the victim several times but eventually secured the large man and tried CPR before realizing that the victim was non-responsive. They kept the person afloat as they drifted out, waiting about 20min for the rescue IRB to collect them and take them ashore. Sadly, the victim was declared deceased by waiting medics. The Days are members of Big Bay SLC and this is the BAC's first father / daughter rescue combo!

Mark Pedersen (45) 31.01.2025 – 19h10

Strand Nipper parents were concluding a session when alerted to two bathers caught in a strong rip current about 1 kilometre down the beach. Mark grabbed a RTB and ran to the scene and swam out about 200m and secured the two victims. He calmed the frantic brother and sister and battled to tow them out of the powerful "Topaz" rip current, injuring muscles in his neck and shoulder during the rescue. After about 20 minutes of hard towing, when about 50m off the beach, Mila Watson arrived on a malibu board and assisted Mark to return the two patients safely to the beach.

BA1 – Letter of Appreciation x2**Jaed Beaton (10) 01.01.2025 – 14h00**

The Kings Beach nipper was playing ball in the shallows at the Keurbooms River mouth, at Plettenberg Bay, when she realized that a toddler in their group of five was caught in a rip current. The incoming tidal surge caught them off-guard and Jaed reacted immediately and calmly told the toddler to float on his back while she held him afloat for several minutes, until adults arrived to assist both of them. Jaed remained calm throughout the scary ordeal. The young nipper is our youngest award recipient this year.

Luke Johnson (26) 10.01.2025 – 17h30

Bonza Bay beach, East London, was busy when East London lifesaver, Luke, arrived to resume pro-duty, as he was on shift until midnight. The fresh easterly onshore was blowing and a rip tide suddenly pulled 8 bathers out as he approached the tower. He grabbed a malibu board and proceeded to pull 7 bathers, some intoxicated, from the turbulent 2/3 foot surging waves. He grabbed two at a time, hauled them onto the board and paddled them to the shallows, before going out again. His colleague did CPR on one victim before Medics arrived and assisted with the mass rescue. Sadly, one youth drowned in the turbulent conditions.

LSA Drowning Prevention Awards for 2024 / 2025 x 12

DP2	Letter of Commendation	2
DP1	Letter of Appreciation	10

DP 2 Letters of Commendation x2**Dean Morris (34) & Ryan Chandler (23) 10.10.2024 – 18h30**

The two South African lifeguards with the patients father, were relaxing near the Bab Al Qasr hotel pool, Abu Dhabi, UAE, when alerted to a drowning. A 4-year-old girl had just been pulled lifeless from the water. They reacted immediately. They assessed the little victim and commenced Cardio Pulmonary Resuscitation. After several cycles of CPR the little girl recovered and was rushed to hospital, where she made a full recovery. Ryan is a member of Milnerton SLC and Dean hails from Durban.

DP 1 - Letters of Appreciation x 10**Matisse Vermeiren (20) 07.07.2024 – midday**

The former Clifton SLC member was on holiday at a popular surf spot at Nusa Lembongan beach, Bali, when he noticed that a tourist, who had jumped off the cliff, (a popular tourist activity) was struggling in a strong rip current. Big waves were rolling over the floundering man and Matisse paddled to him, secured him, and paddled him to safety.

Andile Maluleka (29) & Nic Rosslee (38) 02.09.2024 – 18h30

Off-duty lifeguard and Clifton member, Andile, was relaxing and jumping off Bun Rock, at Cliftons 4th Beach, when he heard two women screaming for help. They were caught in a strong rip current and were being swept out to sea. Andile immediately swam 50m to them and took one back to shore while a member of the public, Nic Rosslee, secured the other one and kept her afloat. Andile swam back out, about 30m, and assisted both Nic and the other patient back to shore. No rescue equipment was used in the rescue.

Jonah Lustig (18) 05.10.2024 – 11h30

As the off-duty Clifton lifesaver was walking off Camps Bay beach after surfing, Jonah heard screams and realised that a bather was caught in a strong rip current. He immediately paddled out on his surfboard and secured the victim about 50m off the beach. He was soon joined by a City of Cape Town lifeguard and a member of the public. They assisted the young man back to the beach, where the patient received oxygen and medical treatment.

Sinethemba Jikela (30) & Dominic Smith (38) 24.10.2024 – 12h00

The two Mnandi SLC members and on-duty Pro lifeguards were alerted by a motorist that fisherman, Heinrich Hans, was caught in a rip current about 400m from the Mnandi clubhouse. The two rescuers ran 400m to the rocky gully and swam out about 300m, with RTB's, using the rip. They secured the 120kg drowning angler, who was bobbing in the turbulent waves. They struggled to tow him ashore, as his boots were pulling him under. The man was hospitalized but survived the ordeal, thanks to the immediate reaction of the lifeguards.

**Zitobile Msesiwe (32) 24.11.2024 – 14h00**

Hours after passing his lifesaving exam, the newly qualified East London SLC member was chilling at Sugarshack, Eastern Beach, when he noticed a bather get caught in a strong rip current, away from the bathing area. He immediately grabbed his surfboard and paddled out about 50m to rescue the intoxicated bather.

Mpilo Madonsela (37) 01.12.2024 – 8h41

During an organised open water swim event at Cliftons 4th Beach, one of the turn buoys was blown out to sea by the strong offshore wind. One of the competitors, Oscar, swam after the buoy and found himself too far offshore and in trouble. Mpilo, the event lifeguard, radioed for assistance and went after him on a rescue craft and secured the distressed swimmer. The two were rescued by the NSRI a short while later. Once ashore, Clifton LSC responders treated the victim for hyperthermia. The swimmer recovered.

Oliver Levinthal (19) 09.12.2024 – 15h00

Three off-duty Clifton lifesavers were relaxing at Onrus Beach, near Hermanus, when they noticed a swimmer in distress, about 250m offshore, caught in a strong rip current. The duty lifeguards were battling to get through the big surf. Oliver grabbed a pair of flippers and swam out, using the powerful rip. He secured the victim about 350m offshore. Whilst towing the victim back towards the beach, he was joined by a local Municipal lifeguard for the final 150m and together they returned the victim safely back to shore.

Mila Watson (23) 31.01.2025 – 19h10

The off-duty Strand lifesaver was at their clubhouse when alerted by Nipper parents that two bathers were caught in a strong rip current about a km down the beach. Mila immediately drove to the scene and swam out and rescued a floundering bystander, who had tried to assist the two victims. She saw Mark Pedersen battling against the rip with his two patients and paddled out on a malibu board, provided by Jamii Hamlin, and assisted Mark to get his two victims safely ashore.

In Closing

As Convenor of the BAC for the past 13 years, I again had the privilege of speaking to 19 wonderful citizens who have gone the extra mile to save a life or prevent a drowning. These are special people.

We also thank those who took the time to submit nominations for these rescuers, as they ensured that we could recognise these wonderful human beings.

Going forward, Clubs are reminded that any nominations must reach the LSA head-office within 30 days of the actual incident, as we want to adjudicate incidents as soon as possible after the actual event. It is also a process that cannot be rushed, as we have high standards to uphold.

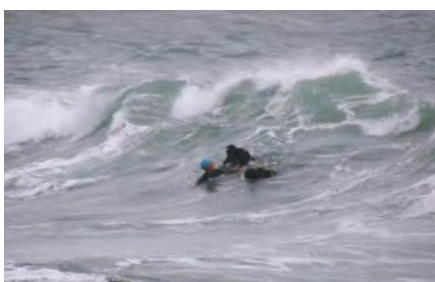
Stalwarts Ken Bentall, Lance Harrison, Wendy Gibson-Taylor and Richard Davidson, along with Charles Khumalo, have worked tirelessly to assist me. My grateful thanks are extended to each team member for their hours and hours of dedication and adjudication.



Sadly, Richard Davidson (pictured left) has decided to retire from the BAC after 17 years of sterling effort and support. Richard joined the Lifesaving movement through Mandeville Club in 1988 and became part of the BAC in 2008. We thank Richard for his wonderful guidance and support and we wish him well in the years ahead.

We salute our 19 award recipients and our 2024 Mounbatten Medal winner, Braedon Powell.

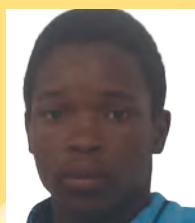
Heads up and walk tall You are all heroes.



Big Bay SLC member Nicola De Jager (48) seen approaching the rocky shoreline with the two wetsuit clad divers that she rescued from 500m out, caught in a rip current.



FALLEN HEROES



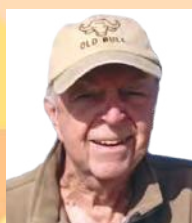
Zamisu Ngcobo
Durban Surf
26/11/1991 –
31/3/2025



Benathi Dimane
Mzamba SLC
14/5/1990 –
December 2024



Chris 'Flossy' Mangold
Summerstrand
16/3/1945 –
20/11/ 2024



Colin Moodie
Scottburgh
18/7/1934 –
15/10/ 2024



Rob Connacher
Summerstrand
5/3/1934 –
15/8/2024



John Thompson
Amanzimtoti
Passed away
June 2024



Jon Parton
Pirates
29/8/1951 –
18/2/2025



Thulani Ntuli
Durban Surf
3/5/1971 –
1/2/2024



Patrick "Pip" Kauffman
Summerstrand
4/5/1944 –
16/6/2025

Sean Cassie
Strandfontein
19/9/1964 – June 2024

Ruth Valentyne
Ex Boksburg
Passed away 1 July 2024

Kevin George
Ex Sonwabe
11/1/1957 – 15/10/ 2024

*Also passed away
this past year*

Archie Plumb
East London

Neil Schultz
Kings Beach



LIFESAVING SOUTH AFRICA'S ANNUAL AWARDS

NAME OF AWARD	2024 RECIPIENTS	
Long Service Awards 25+ Years	Mike Rodda Russel Sadler Densal Woodington Mzi Mayedwa	Umlanga Rocks SLC Scottburgh SLC Kogel Bay SLC Monwabisi SLC
Long Service Awards 50+ Years	Stanford Slabbert	Summerstrand SLC
Honours Service Awards	Lesley Lunn Mzi Mayedwa	Lifesaving KZN Lifesaving Western Cape
Meritorious Award	Ant Cocks Gerald De Jager Stanford Slabbert	Lifesaving Eastern Cape Eden Lifesaving District Summerstrand SLC
Male Athlete of the Year	Antonie Pieterse	Harties Reflection Lifesaving Club
Female Athlete of the Year	Kendra Du Toit	Mandeville Dolphins Lifesaving Club
Junior Male Athlete of the Year	Levi Mayes	Fish Hoek Surf Lifesaving Club
Junior Female Athlete of the Year	Nicola Marcus	Woodridge Surf Lifesaving Club
Coach of the Year	Paul Lynch	Kings Beach Surf Lifesaving Club
Surf Patroller of the Year	Sisanda Andiswa Mvuyana	Durban Surf Lifesaving Club (279 hours)
Stillwater Patroller of the Year	Kyle Carbonell-Taylor	Harties Reflection Lifesaving Club (165.5 hours)
Instructor of the Year	Oliver Bergmann	Pirates Surf Rescue Dubai
Medical Safety Trophy (Surf)	Lifesaving Western Cape	
Medical Safety Trophy (Stillwater)	Gauteng Provincial Lifesaving Association	
Bavo Verheyden	EcoActive	
Administration Cup	Lifesaving Western Cape	
Daphne Nel Trophy	Northwest Lifesaving	
Lifesaver of the Year	Tove Van Zyl	Tuks Lifesaving Club
Club of the Year	Mandeville Dolphins Lifesaving Club	
Honorary Life Membership	Pat Wilcox Winston Meyer Rob Smith	Gauteng Provincial Lifesaving Association Lifesaving Eastern Cape
President's Award	Carlo Klaasen	Eden Lifesaving District

BRAVERY AWARDS

Letter of Appreciation

Charl Jones Milnerton Surf Lifesaving Club

Letters of Commendation

Ian Barnard Hartenbos Surf Lifesaving Club
Phakamani Ngeleka Glenmore, KZN
Mnqobi Ngeleka Glenmore, KZN
Djebbe Hiscock Big Bay Surf Lifesaving Club
Enzo Alfonso Big Bay Surf Lifesaving Club

Certificate of Commendation

Braedon Powell Fish Hoek Surf Lifesaving Club

DROWNING PREVENTION AWARDS

Letters of Appreciation

Ms Anina Nortier Bali Vredendal
Idi Teubes Vredendal
Theuns Viljoen Vredendal
Ms Chantell Shaw Marine Surf Lifesaving Club
Patrick Loram Clifton Surf Lifesaving Club
Storm Williamson Milnerton Surf Lifesaving Club
Nico Zumpt Milnerton Surf Lifesaving Club
Pierre vd Merwe Bluewater Bay Surf Lifesaving Club
Jody Africa Bluewater Bay Surf Lifesaving Club
Jaco Kruger Bluewater Bay Surf Lifesaving Club
Wayne Kerr Umlanga Rocks Surf Lifesaving Club
Ariel Mausenbaum Milnerton Surf Lifesaving Club
Luca Zumpt Milnerton Surf Lifesaving Club
Brandon Ribbink Durban Surf Lifesaving Club
David Jansen Big Bay Surf Lifesaving Club
Linda Hlophe KwaDukuza Lifeguard, KZN
Robert Shaff Llandudno Surf Lifesaving Club

Letters of Commendation

Naor Lombard Clifton Surf Lifesaving Club
Zack Waters Big Bay Surf Lifesaving Club
Djebbe Hiscock Big Bay Surf Lifesaving Club

RECOGNITION AWARD

Andrea Parrello Clifton Surf Lifesaving Club
Alex Neusch Big Bay Surf Lifesaving Club
Darren Willars Big Bay Surf Lifesaving Club
Liam Gerber Big Bay Surf Lifesaving Club
Leya Moser Clifton Surf Lifesaving Club

INTERNATIONAL AWARD

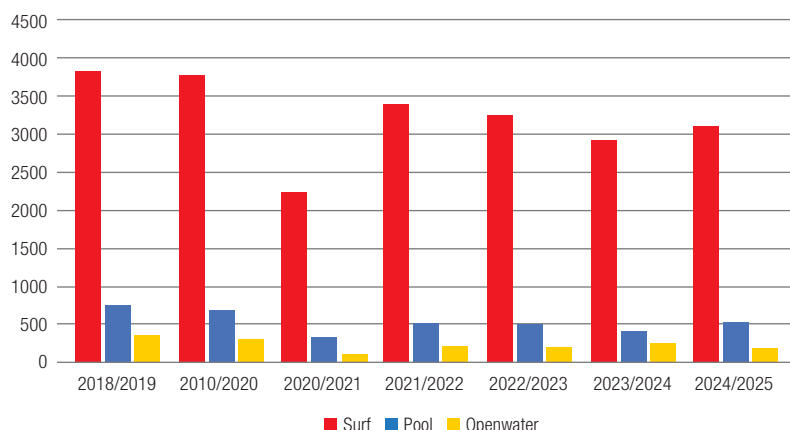
RLSS Mountbatten Medal 2023
(received in 2024)
Lee Maree KZN South



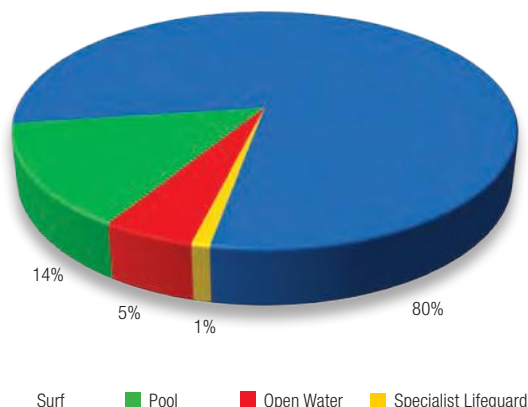


AWARDS STATISTICS

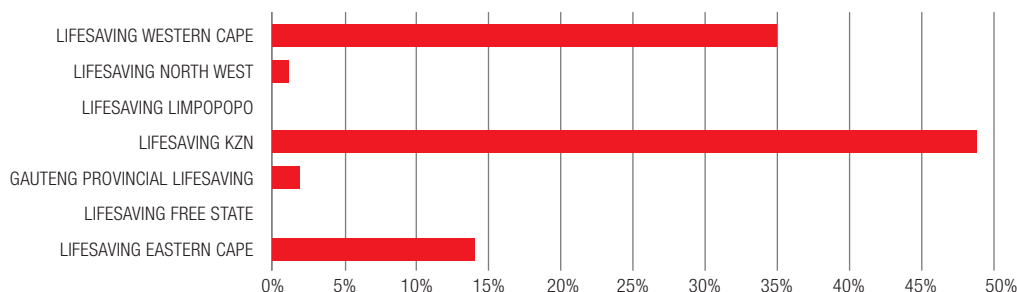
STILLWATER AWARDS: SURF, POOL AND OPENWATER AWARDS



LIFESAVING AWARDS 2024 - 2025



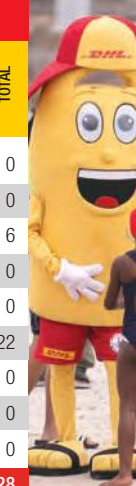
PATROL HOURS 2024 - 2025



Based on information received

EXAM TOTALS 2024-2025	SURF																			POOL							
	JLA	JQC	LA	QC	RPL	NIPPER INSTRUCTOR	INSTRUCT	IRB CREWMAN	IRB DRIVER	IRB INSTRUCT	IRB EXAMINER	TECHNICAL OFFICIALS	EXAMINER	NIPPER EXAMINER	RETEST	NIPPER 1	NIPPER 2	NIPPER 3	TOTAL	JLA	LA	QC	RPL	RETEST	NIPPER 1	NIPPER 2	TOTAL
GAUTENG PROVINCIAL LIFESAVING	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	0	0	0	2	1	65	0	10	143	0	0	219
FREESTATE LIFESAVING	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	1	0	0	0	3
LIFESAVING E.CAPE	42	2	81	5	37	0	1	0	0	0	0	0	2	0	344	55	27	45	641	0	0	0	0	0	0	0	0
LIFESAVING KZN	33	1	117	17	10	0	0	0	1	0	0	6	1	3	548	44	75	50	906	0	3	8	0	69	0	0	80
LIFESAVING N.WEST	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	0	1	0	0	0	3
LIFESAVING W.CAPE	130	2	276	6	2	4	8	39	33	5	1	11	1	1	783	127	129	117	1675	4	86	0	0	57	2	1	150
LIMPOPO	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18	0	0	18	
ASSOCIATE MEMBERS	19	0	27	0	3	0	3	0	0	0	0	0	0	0	9	0	0	0	61	4	16	17	9	35	0	0	81
PRIVATE	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3	0	0	0	3	0	0	0	11	0	0	11	
TOTAL	224	5	501	28	52	4	12	39	34	5	1	17	4	4	1689	226	231	212	3288	9	173	26	21	333	2	1	565

EXAM TOTALS 2024-2025	OPENWATER									STILLWATER				LIFEGUARD SPECIALIST AWARDS					
	JLA	LA	QC	RPL	RETEST	NIPPER 1	NIPPER 2	NIPPER 3	TOTAL	INSTRUCTOR	INSTRUCTOR RPL	EXAMINER	TOTAL	HELICOPTER RESCUE LIFEGUARD	HELICOPTER RESCUE INSTRUCTOR	SWIFT WATER RESCUE EXAMINER	WATERSMART FACILITATOR	TOTAL	
	GAUTENG PROVINCIAL LIFESAVING	3	12	0	1	35	4	6	7	68	1	0	2	3	0	0	0	0	0
	FREESTATE LIFESAVING	0	2	0	0	10	1	1	2	16	0	0	0	0	0	0	0	0	0
	LIFESAVING EASTERN CAPE	0	3	0	0	3	0	0	0	6	0	0	0	0	0	0	6	6	
	LIFESAVING KWAZULU NATAL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	LIFESAVING NORTH WEST	5	16	0	0	15	9	9	10	64	0	0	0	0	0	0	0	0	0
	LIFESAVING WESTERN CAPE	0	0	0	0	10	0	0	0	10	1	2	0	3	17	3	2	0	22
	LIMPOPO	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	ASSOCIATE MEMBERS	3	14	5	0	6	0	0	0	28	0	0	0	0	0	0	0	0	0
PRIVATE	0	0	0	0	7	0	0	0	7	0	0	0	0	0	0	0	0	0	
TOTAL	11	47	5	1	86	14	16	19	199	2	2	2	6	17	3	2	6	28	

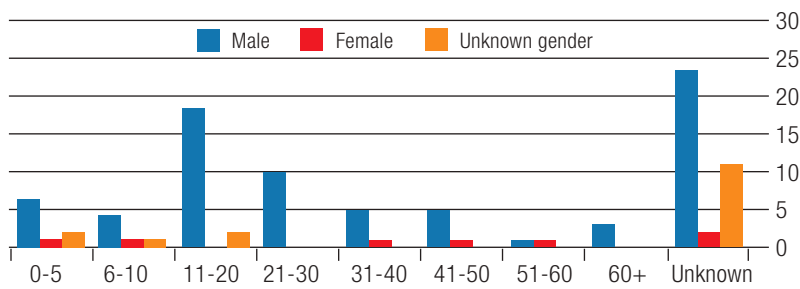




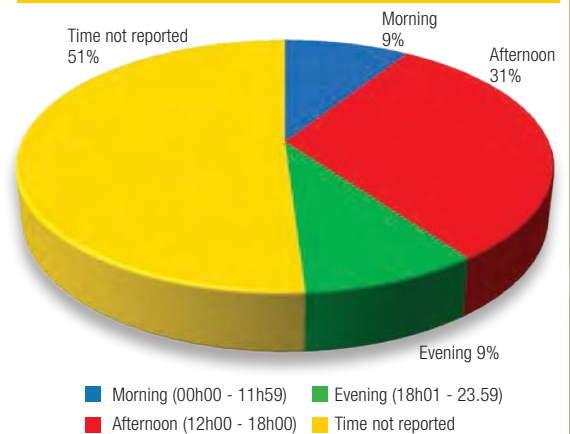


FATAL DROWNING STATISTICS (as per media reports)

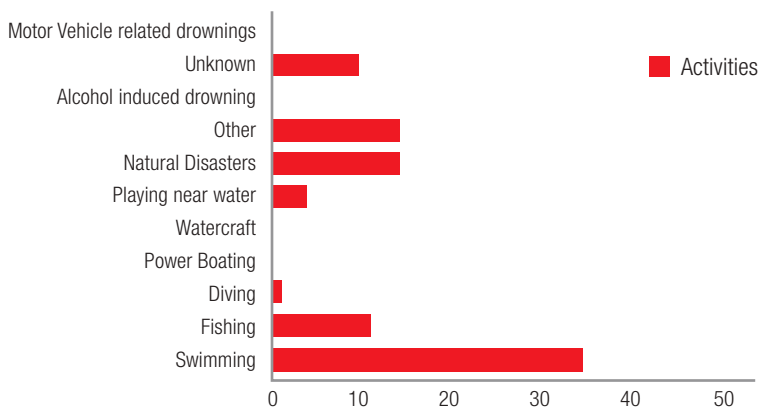
DROWNINGS - AGES



TIME



DROWNINGS - ACTIVITIES

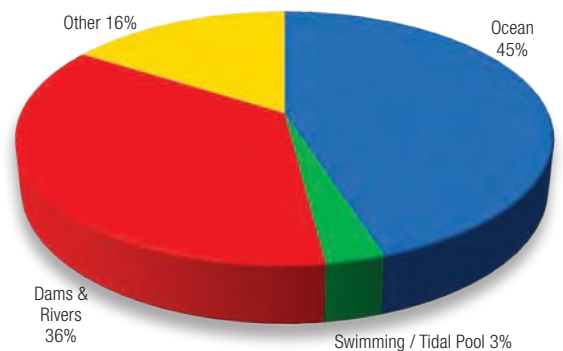


- **Swimming** – Includes paddling and wading
- **Diving** – Includes scuba, spear, and snorkelling
- **Watercraft** – Includes surfing, canoeing and kayaking
- **Natural Disasters** – includes river crossings and floods
- **Other** – includes cultural ceremonies, bath tubs, spas and waterparks
- **Unknown** – takes into account deceased victims found in various locations of water and alleged acts of homicide

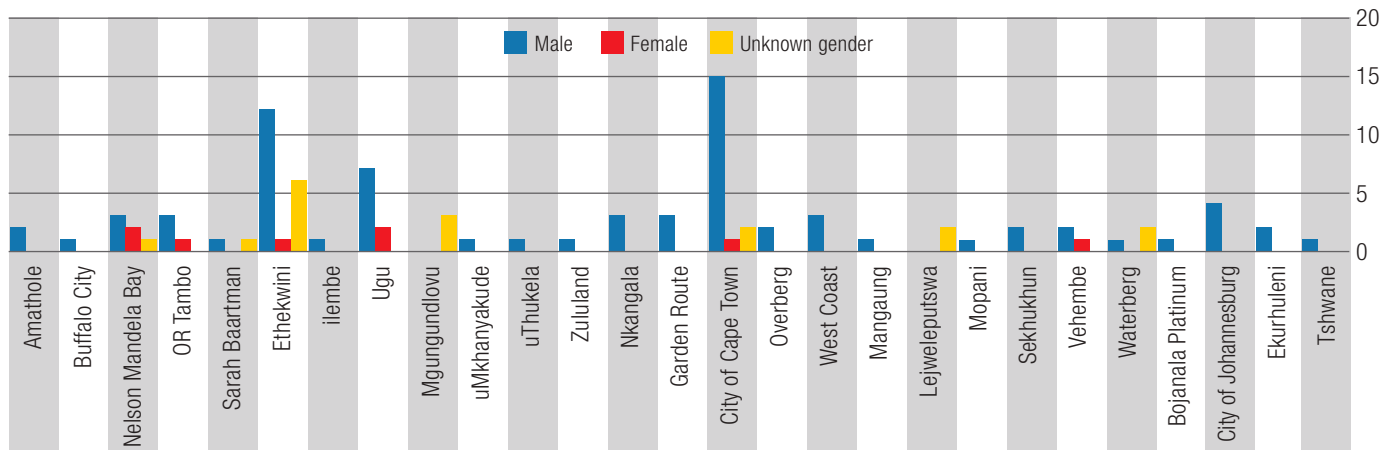
PROVINCE AND GENDER

Province	Male	Female	Unknown	%
KwaZulu Natal	23	3	9	35
Western Cape	23	1	2	26
Eastern Cape	10	3	2	15
Gauteng	7	0	0	7
Mpumalanga	3	0	0	3
North West	1	0	0	1
Northern Cape	0	0	0	0
Limpopo	6	1	2	9
Free State	1	0	2	3

AQUATIC SETTINGS



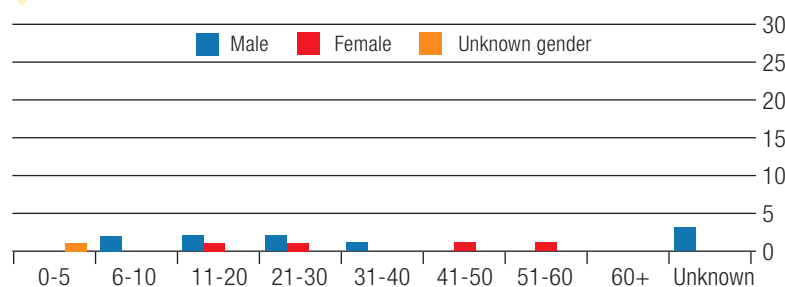
DROWNINGS - DISTRICT



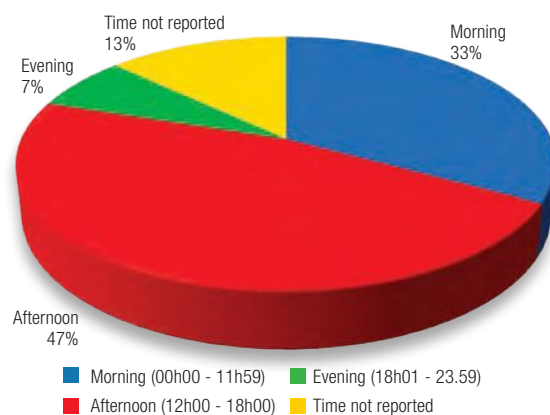


NON-FATAL DROWNING STATISTICS *(as per media reports)*

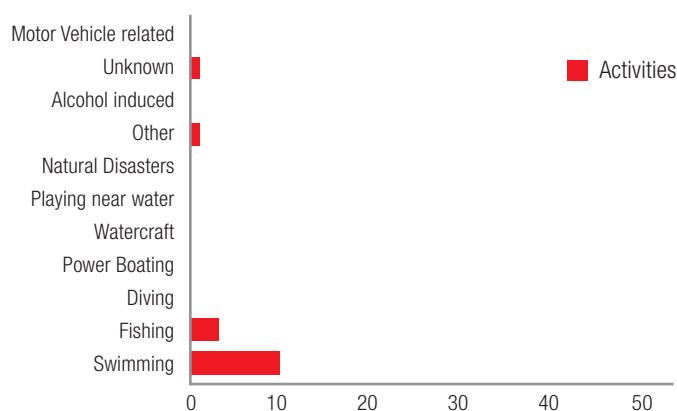
NON FATAL-DROWNINGS - AGES



TIME



NON-FATAL DROWNINGS - ACTIVITIES

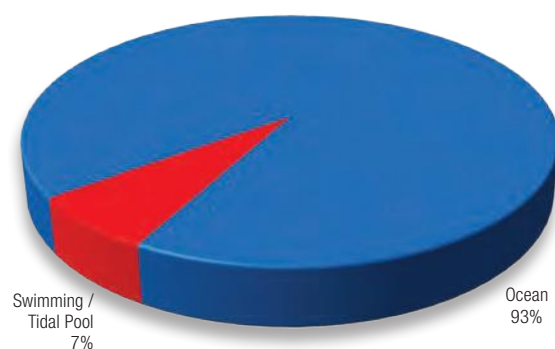


- **Swimming** – Includes paddling and wading
- **Diving** – Includes scuba, spear, and snorkelling
- **Watercraft** – Includes surfing, canoeing and kayaking
- **Natural Disasters** – includes river crossings and floods
- **Other** – includes cultural ceremonies, bath tubs, spas and waterparks
- **Unknown** – takes into account victims found in various locations of water and alleged acts of attempted homicide

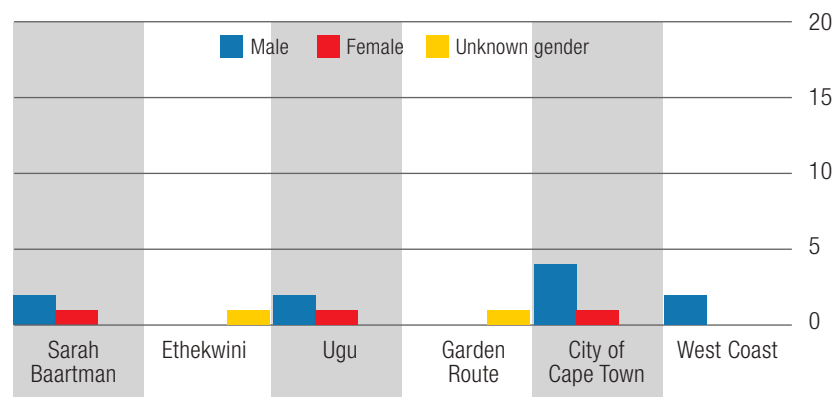
PROVINCE AND GENDER

Province	Male	Female	Unknown	%
KwaZulu Natal	2	1	1	27
Western Cape	6	2	0	53
Eastern Cape	2	1	0	20
Gauteng	0	0	0	0
Mpumalanga	0	0	0	0
North West	0	0	0	0
Northern Cape	0	0	0	0
Limpopo	0	0	0	0
Free State	0	0	0	0

AQUATIC SETTINGS



NON-FATAL DROWNINGS - DISTRICT



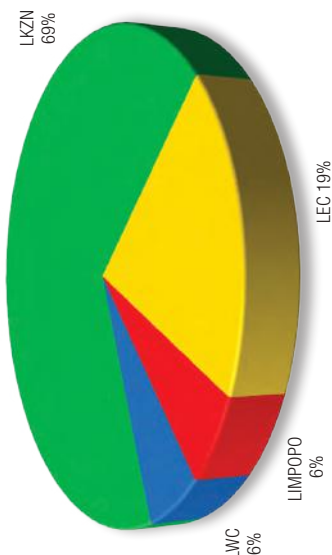
36



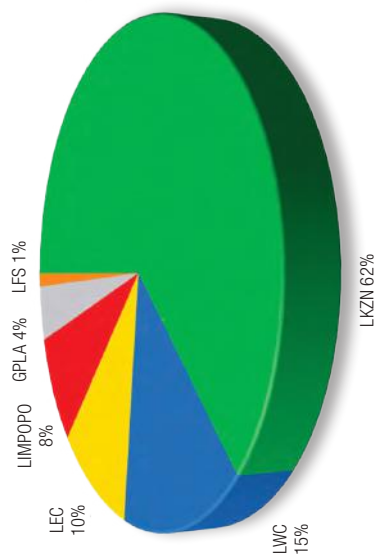
RESCUE AND FIRST AID STATISTICS

		RESQUES - RESULTS AND TYPE 2024/25							ANALYSIS OF FIRST AID CASES							
		Total Rescues as at 31 March 2024	Helpout & T/buoy	Line or belt	Board as at or ski	Boat or iFB	Spinal Management	CPR required	Total Rescues for 2024/25	Total Rescues to date	Cuts & abrasions	Fractures & sprains	Sunburn	Stings	Other	Total First Aid cases treated
LIFESAVING EASTERN CAPE																
Alfred Nzo District		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Driftwood		148	0	0	0	0	0	0	0	148	0	0	0	0	0	0
Fossil		455	0	0	0	0	0	0	0	455	0	0	0	0	0	0
Mzamba																
Amatole/ Buffalo City District		1602	0	0	0	0	0	0	0	1602	0	0	0	0	0	0
East London																
Sarah Baartman District		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Jeffreys Bay		356	2	0	0	0	0	0	2	358	0	0	0	0	0	0
Woodridge																
Nelson Mandela District		423	0	0	2	0	0	0	2	425	0	0	0	525	0	525
Bluewater Bay		326	0	0	0	0	0	0	0	326	0	0	0	0	0	0
Hobie Beach																
Kings Beach		1257	24	0	0	0	0	0	24	1281	2	0	0	290	0	292
Sardinia Bay		248	0	0	0	0	0	0	0	248	0	0	0	0	0	0
Seagulls		124	0	0	0	0	0	0	0	124	0	0	0	0	0	0
Summerstrand		694	0	0	0	0	0	0	0	694	0	0	0	0	0	0
OR Tambo District																
Coffee Bay		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Mbhashe		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Mdumbi		51	4	0	0	0	0	0	4	55	3	1	0	4	0	8
Mskaba		17	0	0	0	0	0	0	0	17	0	0	0	0	0	0
Nyadeni		1452	3	0	0	0	0	0	3	1455	0	0	0	0	0	0
Port St. Johns		1603	19	0	3	0	0	0	22	1625	4	0	0	10	0	14
Tigers		43	32	0	14	0	1	2	49	92	0	1	0	0	0	1
Umnigazi Dolphin		638	0	0	0	0	0	0	0	638	0	0	0	0	0	0
Umnzimvubu		182	27	11	8	4	7	12	69	251	24	16	20	30	0	90
Sub Total		9619	111	11	27	4	8	14	175	9794	33	18	20	859	0	930
LIFESAVING FREE STATE																
Mangaung District																
Bloemfontein		324	35	0	6	0	0	0	41	365	0	0	0	0	0	0
Manguang		231	0	0	0	0	0	0	0	231	0	0	0	0	0	0
Sub Total		555	35	0	6	0	0	0	41	596	0	0	0	0	0	0
LIFESAVING GAUTENG																
Ekurhuleni District																
Mandeville Dolphins		160	0	0	0	0	0	0	0	160	0	0	0	0	0	0
Johannesburg District																
City of Johannesburg		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Ellis Park		104	0	0	0	0	0	0	0	104	0	0	0	0	0	0
Linden		1773	0	0	0	0	0	0	0	1773	0	0	0	0	0	0
Rapid Rescue		532	0	0	0	0	0	0	0	532	0	0	0	0	0	0
Soweto Sharks		148	0	0	0	0	0	0	0	148	0	0	0	0	0	0
Trident		25	0	0	0	0	0	0	0	25	0	0	0	0	0	0
Tshwane District																
Aqua Marina		1107	0	0	0	0	0	0	0	1107	6	0	0	0	0	6
Hamaanskraal		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
JPTSR		14	0	0	0	0	0	0	0	14	0	0	0	0	0	0
Killer Whales		116	0	0	0	0	0	0	0	116	0	0	0	0	0	0
The North Club		0	15	0	0	0	0	0	15	15	5	0	0	3	4	12
Tshwane		60	0	0	0	0	0	0	0	60	0	0	0	0	0	0
Tuks		428	0	0	0	0	0	0	0	428	0	0	0	0	0	0
Sub Total		4467	15	0	0	0	0	0	15	4482	11	0	0	3	4	18

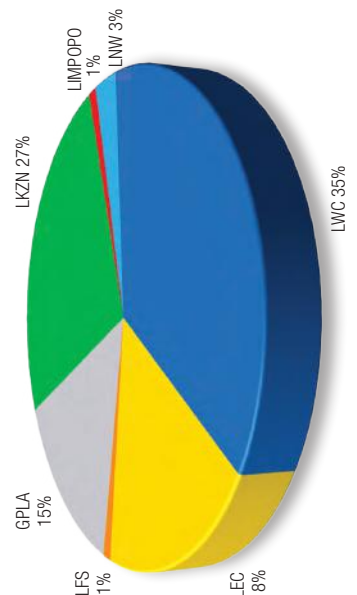
TOTAL FIRST AID TO DATE 2024 - 2025



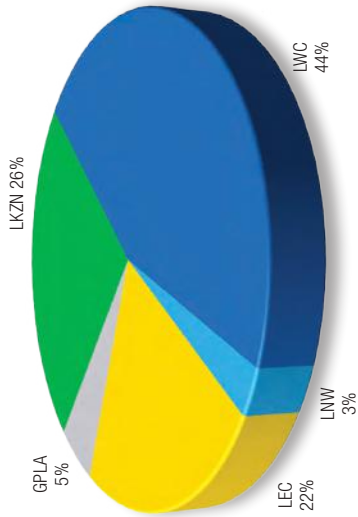
TOTAL RESCUES TO DATE 2024 - 2025



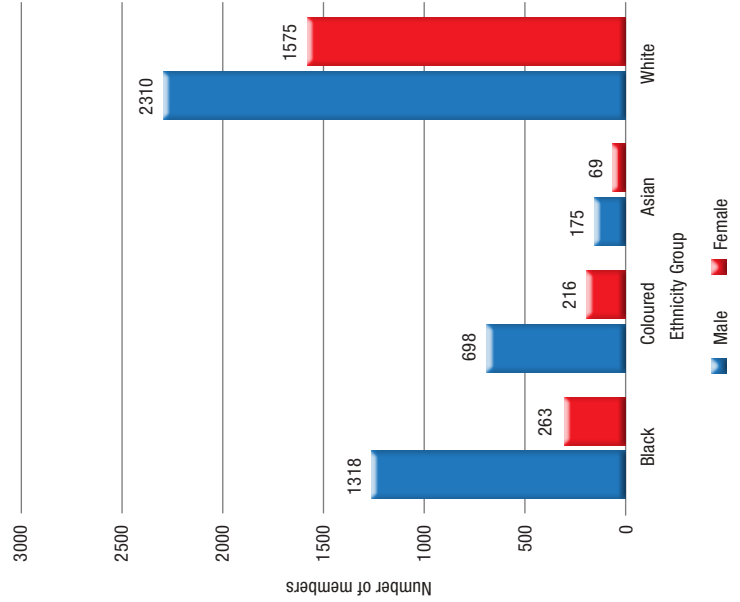
TOTAL ACTIVE MEMBERSHIP 2024 - 2025



TOTAL NIPPERS 2024 - 2025



DEMOGRAPHIC REPORT ON MEMBERSHIP 2024 - 2025



LIFESAVING KZN																
Ethekwini District	6674	0	0	0	0	0	0	0	0	6674	0	0	0	0	0	0
Amanzimtoti	18	0	0	0	0	0	0	0	0	18	0	0	0	0	0	0
Durban Central	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Durban Lifeguard	20308	8	0	23	2	0	1	34	20342	4	0	1	2416	0	2421	0
Durban Surf	6	0	0	0	0	0	0	0	6	0	0	0	0	0	0	0
Durban Undersea	3291	0	0	1	9	0	0	10	3301	2	0	0	0	0	3	5
Marine	6532	0	0	0	0	0	0	0	6532	2	1	0	381	0	384	0
Pirates	442	0	0	0	0	0	0	0	442	0	0	0	0	0	0	0
Sunkist	9019	18	0	6	1	0	0	25	9044	18	1	0	154	2	175	0
Umlhlanga Rocks	2203	12	0	1	0	0	0	13	2216	4	2	0	72	1	79	0
Warnadoone	2596	32	0	14	3	0	0	49	2645	5	4	0	249	0	258	0
Winklespruit																
Ugu District	10179	0	0	0	0	0	0	0	10179	16	1	0	64	0	81	0
Scottburgh	360	0	0	0	0	0	0	0	360	0	0	0	0	0	0	0
Umtamvuna																
Uthukela District																
Aquafin, Ladysmith	180	0	0	0	0	0	0	0	180	3	0	0	0	0	0	3
Sub Total	61808	70	0	45	15	0	1	131	61939	54	9	1	3336	6	3406	0
LIFESAVING LIMPOPO																
Waterberg District	7946	0	26	0	0	1	2	29	7975	162	22	8	46	52	290	0
Forever Resorts	7946	0	26	0	0	1	2	29	7975	162	22	8	46	52	290	0
LIFESAVING NORTH WEST																
Bojanala Platinum District	270	0	0	0	0	0	0	0	270	0	0	0	0	0	0	0
Harles Reflections	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Toro Academy	270	0	0	0	0	0	0	0	270	0	0	0	0	0	0	0
LIFESAVING WESTERN CAPE																
Cape Town District	650	15	0	0	0	0	0	15	665	3	0	0	2	1	6	0
Alpha	465	4	0	0	0	0	0	4	469	0	0	0	0	0	0	0
Belville	811	0	0	14	43	1	0	58	869	27	6	2	11	9	55	0
Big Bay	973	9	0	3	2	0	0	14	987	46	7	2	4	2	61	0
Clifton	203	3	0	0	0	0	0	3	206	1	0	0	0	0	1	0
False Bay	662	6	1	1	1	1	0	10	672	9	4	2	22	0	37	0
Fish Hoek	1	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Hout Bay	472	0	0	0	0	0	0	0	472	0	0	0	0	0	0	0
Kogelbay	1017	7	0	10	4	0	0	21	1038	11	2	0	6	2	0	0
Llandudno	226	46	0	14	0	0	0	60	286	0	0	0	0	0	0	0
Macassar	640	97	0	2	1	0	0	100	740	8	0	0	1	3	12	0
Milnerton	2696	28	0	0	0	0	0	28	2724	27	0	3	33	0	63	0
Mnandi	1964	107	17	47	4	0	0	175	2139	0	0	0	0	0	0	0
Monwabisi	760	2	0	2	0	0	1	5	765	5	0	0	0	0	0	0
Strand	915	13	0	1	0	0	0	14	929	4	0	0	0	0	4	0
Strandfontein	2	0	0	0	0	0	0	0	2	8	0	0	0	0	0	0
UWC Aquatics	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Warobile	48	0	0	0	0	0	0	0	48	0	0	0	0	0	0	0
X-Stream																
Eden District																
Great Brak	28	0	0	0	0	0	0	0	28	0	0	0	0	0	0	0
Hartenbos	0	0	0	0	0	0	1	1	4	0	0	0	0	0	4	0
Hessequa	671	0	0	0	0	0	0	0	671	0	0	0	0	0	0	0
Knysna	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Marlin	44	0	0	0	0	0	0	0	44	0	0	0	0	0	0	0
Mossel Bay	948	0	0	0	0	0	0	0	948	0	0	0	0	0	0	0
Oudeniqua	478	0	0	0	0	0	0	0	478	0	0	0	0	0	0	0
Plett	86	0	0	0	0	0	0	0	86	0	0	0	0	0	0	0
Southern Cross	213	0	0	0	0	0	0	0	213	0	0	0	0	0	0	0
Sub total	14973	337	18	94	55	2	2	508	15481	153	19	9	91	24	286	0
SUMMARY TOTAL	99638	568	55	172	74	11	19	899	100537	413	68	38	4335	86	4940	0
Clubs not operational	35158	0	0	0	0	0	0	0	35158	0	0	0	0	0	0	0
GRAND TOTAL FOR 2025	134796	568	55	172	74	11	19	899	135695	413	68	38	4335	86	4940	0



CONNECTING PEOPLE. SAVING LIVES

As a truly purpose driven partnership, we are excited to continue our part in delivering water safety to all. Connecting People and Improving Lives, by Saving Lives.

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